

the long loneliness

the long loneliness is a phrase that resonates deeply with those exploring themes of isolation, human connection, and personal transformation. In literature, philosophy, and social activism, "the long loneliness" often refers to the profound sense of solitude experienced by individuals navigating life's challenges, seeking meaning, or working for social change. This article explores the origins and significance of "the long loneliness," examines its role in the life and work of Dorothy Day, and analyzes its broader cultural and psychological implications. Readers will discover the historical context, psychological aspects, and ways to overcome the long loneliness. The content is designed to be informative, SEO-optimized, and comprehensive, offering valuable insights for those interested in literature, social justice, and personal growth. Continue reading to delve into the meaning, impact, and relevance of "the long loneliness" in today's world.

- Origins and Meaning of "The Long Loneliness"
- Dorothy Day and the Long Loneliness
- Cultural and Psychological Significance
- Overcoming the Long Loneliness
- The Long Loneliness in Literature and Art
- Frequently Asked Questions

Origins and Meaning of "The Long Loneliness"

The phrase "the long loneliness" carries deep historical and emotional significance. Its origins are most notably associated with Dorothy Day, a prominent American social activist and co-founder of the Catholic Worker Movement. In her autobiographical book, Day uses "the long loneliness" to describe her journey through solitude, searching for faith, meaning, and community. The term also extends beyond her life to encapsulate universal experiences of isolation and the human longing for connection. Over time, "the long loneliness" has become a symbol for the internal struggles faced by those seeking purpose or working for societal change, highlighting the persistent gap between individual aspirations and collective reality.

Semantic Variations and Related Concepts

"The long loneliness" is often used interchangeably with terms such as existential solitude, spiritual isolation, and emotional estrangement. These variations reflect different dimensions of loneliness, including physical separation, social alienation, and the search for belonging. In the context of social movements, it can also refer to the solitary path of activists who pursue justice, often at the cost of personal comfort and community. Understanding these related concepts helps to frame "the long

loneliness" as both a personal and collective phenomenon.

Dorothy Day and the Long Loneliness

Dorothy Day's life and work are inseparable from the meaning of "the long loneliness." Her autobiography, titled "The Long Loneliness," chronicles her early years, conversion to Catholicism, and dedication to social justice. Day articulates the pain and growth found in isolation, emphasizing how loneliness became a catalyst for compassion and community-building. Through her story, the phrase gained enduring relevance in discussions of faith, activism, and the human condition.

Key Elements of Dorothy Day's Experience

- **Spiritual Search:** Day's quest for faith was marked by periods of solitude and questioning, ultimately leading to her conversion and a lifelong commitment to service.
- **Social Justice Work:** The founding of the Catholic Worker Movement was an effort to address poverty and injustice, often requiring personal sacrifice and enduring loneliness.
- **Legacy of Compassion:** Day's response to "the long loneliness" was to create communities based on hospitality, solidarity, and shared struggle, inspiring generations of activists.

Cultural and Psychological Significance

The concept of "the long loneliness" extends beyond individual experience to reflect broader cultural and psychological phenomena. In modern society, loneliness is recognized as a significant public health concern, with impacts on mental well-being, social cohesion, and personal fulfillment. The long loneliness describes not only episodic isolation but also persistent, deep-seated feelings of disconnection that can shape a person's worldview and behavior.

Psychological Effects of Prolonged Loneliness

Long-term loneliness can lead to a range of psychological challenges, including depression, anxiety, and reduced self-esteem. It may also affect physical health, increasing the risk of chronic illness and diminishing overall quality of life. Understanding the psychological implications of "the long loneliness" is essential for developing effective interventions and promoting resilience.

Overcoming the Long Loneliness

While "the long loneliness" is often portrayed as a painful experience, it can also be a source of growth, creativity, and transformation. Many individuals and communities have found ways to confront and overcome loneliness by fostering connection, purpose, and solidarity. Strategies for overcoming loneliness include building supportive relationships, engaging in meaningful work, and cultivating spiritual or philosophical practices.

Strategies to Address and Transform Loneliness

1. **Community Engagement:** Participating in group activities, volunteering, or joining support networks can help alleviate feelings of isolation.
2. **Personal Growth:** Pursuing hobbies, education, or creative endeavors can provide fulfillment and enhance self-worth.
3. **Mental Health Support:** Seeking professional counseling or therapy offers tools to cope with and understand the roots of loneliness.
4. **Spiritual Exploration:** Engaging in meditation, prayer, or philosophical reflection can create a sense of inner peace and connection.

The Long Loneliness in Literature and Art

Artists, writers, and thinkers have long grappled with "the long loneliness" in their work, using it as a lens to explore the complexities of human existence. In literature, themes of isolation and yearning for connection are prevalent in novels, poetry, and memoirs. The arts provide a platform for expressing and confronting the long loneliness, offering audiences a means to relate to and understand their own experiences.

Examples of Loneliness in Literary Works

Many renowned authors have depicted the long loneliness in their writing, using characters and narratives to illustrate the nuances of solitude. From the existential struggles in classic novels to contemporary explorations in memoirs, literature serves as both a mirror and a guide for those facing loneliness. Artistic representations, including visual art and music, also communicate the depth and universality of this experience.

Frequently Asked Questions

Q: What does "the long loneliness" mean?

A: "The long loneliness" refers to a profound and enduring sense of isolation, often experienced during periods of personal searching, social activism, or existential questioning. It is most famously associated with Dorothy Day and her reflections on faith and community.

Q: Who coined the phrase "the long loneliness"?

A: The phrase was popularized by Dorothy Day in her autobiography, where she uses it to describe her journey through solitude and her efforts to build community.

Q: How is "the long loneliness" relevant today?

A: The long loneliness remains relevant in contemporary society as people face challenges of isolation, social fragmentation, and the search for meaning. It is often discussed in the context of mental health, social justice, and community building.

Q: Can the long loneliness be overcome?

A: Yes, many individuals overcome the long loneliness by connecting with others, engaging in meaningful work, and seeking spiritual or psychological support.

Q: Are there books or movies about "the long loneliness"?

A: Dorothy Day's autobiography, "The Long Loneliness," is the most notable work. Loneliness is also a recurring theme in many novels, films, and art pieces.

Q: What are the psychological effects of prolonged loneliness?

A: Prolonged loneliness can lead to depression, anxiety, and a decline in physical health. It may also affect one's sense of self-worth and ability to function socially.

Q: What role does community play in addressing loneliness?

A: Community engagement provides support, belonging, and shared purpose, all of which are essential for overcoming the long loneliness.

Q: How did Dorothy Day respond to loneliness in her life?

A: Dorothy Day sought to transform her loneliness into action by founding the Catholic Worker Movement and building communities centered on compassion and hospitality.

Q: Is "the long loneliness" only a religious concept?

A: No, while it has religious and spiritual dimensions, the long loneliness is also a psychological and cultural phenomenon relevant to people of all backgrounds.

Q: What are some signs that someone may be experiencing the long loneliness?

A: Signs include persistent feelings of isolation, withdrawal from social activities, sadness, and a longing for deeper connections or purpose.

[The Long Loneliness](#)

Find other PDF articles:

<https://fc1.getfilecloud.com/t5-goramblers-06/Book?ID=ISL48-8450&title=lyrics-to-move-upstairs.pdf>

The Long Loneliness: Exploring Dorothy Day's Enduring Legacy

Have you ever felt a profound sense of isolation, even amidst a crowd? A deep yearning for connection that transcends superficial relationships? Dorothy Day, a prominent Catholic activist and writer, eloquently captured this feeling in her autobiography, *The Long Loneliness*. This post delves into the heart of Day's experience, exploring the themes of loneliness, faith, social justice, and the persistent search for meaning that resonates deeply with readers even today. We'll examine the book's enduring impact, its key takeaways, and its relevance to modern life. Prepare to embark on a journey of self-reflection as we unpack the complexities of "the long loneliness" and its enduring power.

H2: Understanding "The Long Loneliness": More Than Just Solitude

"The Long Loneliness" is not simply a memoir about solitude; it's a powerful exploration of spiritual yearning and the quest for authentic connection. Day's journey, chronicled with raw honesty, details her early life, her bohemian years in Greenwich Village, her conversion to Catholicism, and her unwavering commitment to social justice through the Catholic Worker movement. The "loneliness"

she describes isn't simply the absence of people, but a profound disconnect between her deepest values and the superficiality of the world around her. This is a loneliness born of seeking something more meaningful, a spiritual hunger that transcends earthly comforts.

H2: Key Themes Explored in Dorothy Day's Memoir

Several interconnected themes run throughout *The Long Loneliness*, making it a rich tapestry of personal experience and societal critique.

H3: The Search for Meaning and Purpose

Day's life was a relentless pursuit of meaning. Her early experiences with poverty and social injustice deeply impacted her, fueling her desire for a life dedicated to serving others. This search wasn't solely intellectual; it was a deeply spiritual quest, a journey of faith that shaped her actions and convictions. The book charts her spiritual evolution, highlighting the struggles and triumphs along the way.

H3: The Power of Faith and Social Justice

Day's unwavering faith is interwoven with her commitment to social justice. She saw these two aspects of her life not as separate entities, but as inextricably linked. Her work with the Catholic Worker movement, characterized by acts of service to the poor and marginalized, stemmed directly from her deep religious convictions. *The Long Loneliness* vividly portrays how faith can translate into tangible action, inspiring readers to engage with the world around them.

H3: Confronting Loneliness and Finding Connection

Despite her dedication to serving others, Day's experience with loneliness persists throughout the narrative. This isn't presented as a failure, but rather as a constant companion on her journey. The book reveals how genuine connection isn't always about the quantity of relationships, but the quality – the depth of shared values and mutual understanding. Through her struggles, Day illustrates that overcoming loneliness often requires vulnerability and a willingness to connect with others on a deeper level.

H2: The Enduring Relevance of "The Long Loneliness" in the Modern World

In a world increasingly characterized by superficial connections and a pervasive sense of isolation, *The Long Loneliness* resonates deeply with contemporary readers. Day's struggles with finding meaning, purpose, and authentic connection are universal experiences, transcending time and cultural context. The book's enduring relevance lies in its exploration of profound questions about faith, social justice, and the human condition. It serves as a powerful reminder that true fulfillment often arises from embracing vulnerability, serving others, and seeking a deeper connection with oneself and the world.

H2: Beyond the Book: The Legacy of Dorothy Day and the Catholic Worker Movement

Day's impact extends far beyond the pages of her autobiography. The Catholic Worker movement, which she co-founded, continues to serve the poor and advocate for social justice around the world. Her life and work serve as an enduring inspiration to activists, social workers, and anyone striving for a more just and compassionate society. *The Long Loneliness* serves as a window into the heart and soul of this movement, illuminating its principles and highlighting its enduring power.

Conclusion

The Long Loneliness is more than just a memoir; it's a timeless exploration of the human condition. Dorothy Day's unflinching honesty and unwavering commitment to her beliefs continue to inspire readers to confront their own struggles with loneliness, to seek deeper meaning in their lives, and to engage actively in creating a more just and compassionate world. Her story serves as a powerful testament to the enduring power of faith, service, and the pursuit of authentic connection.

FAQs

1. Is *The Long Loneliness* a difficult read? While the book delves into complex themes, Day's writing style is generally accessible. Be prepared for some emotionally challenging passages, but the rewards of reading her deeply personal account are substantial.
2. Who would benefit most from reading *The Long Loneliness*? Anyone grappling with questions of faith, social justice, or the search for meaning in life would find this book profoundly insightful. It's particularly relevant for those interested in activism, spirituality, and personal growth.
3. How does *The Long Loneliness* differ from other memoirs? The book's unique blend of personal reflection, social critique, and spiritual exploration sets it apart. Day doesn't shy away from portraying her flaws and struggles, making her story relatable and inspiring.
4. What is the Catholic Worker movement, and how can I get involved? The Catholic Worker movement is a network of houses of hospitality and activist groups dedicated to serving the poor and advocating for social justice based on Catholic social teachings. You can find local chapters and ways to get involved through their website.
5. Beyond *The Long Loneliness*, what other works by Dorothy Day are worth reading? Day wrote extensively on social justice, spirituality, and pacifism. Exploring her essays and other writings will further deepen your understanding of her life and philosophy.

autobiography of a remarkable Catholic woman, sainted by many, who championed the rights of the poor in America's inner cities. When Dorothy Day died in 1980, the New York Times eulogized her as "a nonviolent social radical of luminous personality . . . founder of the Catholic Worker Movement and leader for more than fifty years in numerous battles of social justice." Here, in her own words, this remarkable woman tells of her early life as a young journalist in the crucible of Greenwich Village political and literary thought in the 1920s, and of her momentous conversion to Catholicism that meant the end of a Bohemian lifestyle and common-law marriage. The Long Loneliness chronicles Dorothy Day's lifelong association with Peter Maurin and the genesis of the Catholic Worker Movement. Unstinting in her commitment to peace, nonviolence, racial justice, and the cause of the poor and the outcast, she became an inspiration to such activists as Thomas Merton, Michael Harrington, Daniel Berrigan, Cesar Chavez, and countless others. This edition of The Long Loneliness begins with an eloquent introduction by Robert Coles, the Pulitzer Prize-winning author and longtime friend, admirer, and biographer of Dorothy Day.

the long loneliness: The Loneliness of the Long-Distance Cartoonist Adrian Tomine, 2022-05-20 What happens when a childhood hobby grows into a lifelong career? The Loneliness of the Long-Distance Cartoonist, Adrian Tomine's funniest and most revealing foray into autobiography, offers an array of unexpected answers. When a sudden medical incident lands Tomine in the emergency room, he begins to question if it was really all worthwhile: despite the accolades and opportunities of a seemingly charmed career, it's the gaffes, humiliations, slights, and insults he's experienced (or caused) within the industry that loom largest in his memory. Tomine illustrates the amusing absurdities of how we choose to spend our time, all the while mining his conflicted relationship with comics and comics culture. But in between chaotic book tours, disastrous interviews, and cringe-inducing interactions with other artists, life happens: Tomine fumbles his way into marriage, parenthood, and an indisputably fulfilling existence. A richer emotional story emerges as his memories are delineated in excruciatingly hilarious detail. In a bold stylistic departure from his award-winning Killing and Dying, Tomine distills his art to the loose, lively essentials of cartooning, each pen stroke economically imbued with human depth. Designed as a sketchbook complete with place-holder ribbon and an elastic band, The Loneliness of the Long-Distance Cartoonist shows an acclaimed artist at the peak of his career.

the long loneliness: The Loneliness of the Long Distance Runner Alan Sillitoe, 2013-08-29 From the author of 'Saturday Night and Sunday Morning' come stories of hardship and hope in post-war Britain.

the long loneliness: The Well of Loneliness Radclyffe Hall, 2015-04-24 This early work by Radclyffe Hall was originally published in 1928 and we are now republishing it with a brand new introductory biography. 'The Well of Loneliness' is a novel that follows an upper-class Englishwoman who falls in love with another woman while serving as an ambulance driver in World War I. Marguerite Radclyffe Hall was born on 12th August 1880, in Bournemouth, England. Hall's first novel The Unlit Lamp (1924) was a lengthy and grim tale that proved hard to sell. It was only published following the success of the much lighter social comedy The Forge (1924), which made the best-seller list of John O'London's Weekly. Hall is a key figure in lesbian literature for her novel The Well of Loneliness (1928). This is her only work with overt lesbian themes and tells the story of the life of a masculine lesbian named Stephen Gordon.

the long loneliness: The Lonely City Olivia Laing, 2016-03-03 SHORTLISTED FOR THE GORDON BURN PRIZE Chosen as 'BOOK OF THE YEAR' by Observer, Guardian, Telegraph, Irish Times, New Statesman, Times Literary Supplement, Herald When Olivia Laing moved to New York City in her mid-thirties, she found herself inhabiting loneliness on a daily basis. Increasingly fascinated by this most shameful of experiences, she began to explore the lonely city by way of art. Moving fluidly between the works and lives of some of the city's most compelling artists, Laing conducts an electric, dazzling investigation into what it means to be alone, illuminating not only the causes of loneliness but also how it might be resisted and redeemed.

the long loneliness: The Long Loneliness in Baltimore Brendan Walsh, Willa Bickham, 2019-11

A compilation of essays, stories, poems, parables, and art, *The Long Loneliness* in Baltimore depicts nearly fifty years worth of experiences in southwest Baltimore (Sowebo). Through the establishment of Viva House, Brendan Walsh and Willa Bickham are able to restore hope to the hopeless. Viva House, the temporary home and soup kitchen for those living in Sowebo, provides love and community to many. This eye-opening book gives insight into what it is really like to be one of the powerless constantly oppressed by the powerful. Coming out in a turbulent time for Baltimore city, this book exposes social injustices while promoting the message that hope will prevail.

the long loneliness: *Into the Loneliness* Eleanor Hogan, 2021-03-01 An original and riveting biography of two of the most singular women Australia has ever seen. Daisy Bates and Ernestine Hill were bestselling writers who told of life in the vast Australian interior. Daisy Bates, dressed in Victorian garb, malnourished and half-blind, camped with Aboriginal people in Western Australia and on the Nullarbor for decades, surrounded by her books, notes and artefacts. A self-taught ethnologist, desperate to be accepted by established male anthropologists, she sought to document the language and customs of the people who visited her camps. In 1935, Ernestine Hill, journalist and author of *The Great Australian Loneliness*, coaxed Bates to Adelaide to collaborate on a newspaper series. Their collaboration resulted in the 1938 international bestseller, *The Passing of the Aborigines*. This book informed popular opinion about Aboriginal people for decades, though Bates's failure to acknowledge Hill as her co-author strained their friendship. Traversing great distances in a campervan, Eleanor Hogan reflects on the lives and work of these indefatigable women. From a contemporary perspective, their work seems quaint and sentimental, their outlook and preoccupations dated, paternalistic and even racist. Yet Bates and Hill took a genuine interest in Aboriginal people and their cultures long before they were considered worthy of the Australian mainstream's attention. With sensitivity and insight, Hogan wonders what their legacies as fearless female outliers might be. 'I responded to this book with every cell in my body, neuron in my brain and beat of my heart. A stunning achievement of epic storytelling, historical enquiry and elegant analysis. Eleanor Hogan has resurrected Hill and Bates as Australian icons, women as complex, compelling and deeply flawed as the nation itself.' — Clare Wright 'A meticulous unveiling of the enigmatic Daisy Bates and her writing companion Ernestine Hill. Tracking her subjects across the Nullabor, Hogan strips away layer after layer of dissimulation as she unpicks their writing partnership.' — Bill Garner 'Into the Loneliness is a fascinating biographical study of two significant and intriguing women who were in many ways ahead of their time, yet reflective of it in their artistic endeavours. Using a sophisticated structure and interconnected narratives, this impressive biography reconceptualises the shifting, complex, relationships between Daisy Bates, Ernestine Hill and Indigenous Australians.' — Jenny Hocking 'Into the Loneliness presents a relationship between two remarkable but flawed women, one with profound, ongoing consequences for Indigenous people. It's a book about sexism, about writing, and the nature of friendship. It's a study of white Australian attitudes that persist to this day. And it's an astonishing true story that leaps off the page.' — Jeff Sparrow

the long loneliness: *Dorothy Day* Patrick Jordan, 2015 By any measure, Dorothy Day lived a fascinating life. She was a journalist, activist, single mother, convert, Catholic laywoman, and co-founder of the Catholic Worker Movement. A lifelong radical who took the gospels at their word, Dorothy Day lived among the poor as one of them, challenging both church and state to build a better world for all people. Steeped in prayer, the liturgy, and the spiritual life, she was jailed repeatedly for protesting poverty, injustice, and war. Through it all, she created a sense of community and remained down-to-earth and humanly approachable. To have known Dorothy Day was to have experienced not only her charm and humanity, but the purposefulness of her life. In *Dorothy Day: Love in Action*, Patrick Jordan—who knew her personally—conveys some of the hallmarks of Day's fascinating life and the spirit her adventure inspires. *People of God* is a series of inspiring biographies for the general reader. Each volume offers a compelling and honest narrative of the life of an important twentieth or twenty-first century Catholic. Some living and some now deceased, each of these women and men has known challenges and weaknesses familiar to most of

us but responded to them in ways that call us to our own forms of heroism. Each offers a credible and concrete witness of faith, hope, and love to people of our own day.

the long loneliness: *The Duty of Delight* Dorothy Day, 2011-10-25 For almost fifty years, through her tireless service to the poor and her courageous witness for peace, Dorothy Day offered an example of the gospel in action. Now the publication of her diaries, previously sealed for twenty-five years after her death, offers a uniquely intimate portrait of her struggles and concerns. Beginning in 1934 and ending in 1980, these diaries reflect her response to the vast changes in America, the Church, and the wider world. Day experienced most of the great social movements of her time but, as these diaries reveal, even while she labored for a transformed world, she simultaneously remained grounded in everyday human life: the demands of her extended Catholic worker family; her struggles to be more patient and charitable; the discipline of prayer and worship that structured her days; her efforts to find God in all the tasks and encounters of daily life. A story of faithful striving for holiness and the radical transformation of the world, Day's life challenges readers to imagine what it would be like to live as if the gospels were true.

the long loneliness: *Fortress Commentary on the Bible* Margaret Aymer, Cynthia Briggs Kittredge, David A. Sánchez, 2014-10-01 The Fortress Commentary on the New Testament presents a balanced synthesis of current scholarship. The contributors bring a rich diversity of perspectives to the task of connecting solid historical critical analysis of Scripture with sensitivity to theological, cultural, and interpretive issues arising in our encounter with the text. The volume includes introductory articles, section introductions, and individual book articles that explore key sense units through three lenses: • The Text in Its Ancient Context • The Text in the Interpretive Tradition • The Text in Contemporary Discussion Comprehensive and useful for preaching, teaching, and research.

the long loneliness: The Opposite of Loneliness Marina Keegan, 2014-04-08 The instant New York Times bestseller and publishing phenomenon: Marina Keegan's posthumous collection of award-winning essays and stories "sparkles with talent, humanity, and youth" (O, The Oprah Magazine). Marina Keegan's star was on the rise when she graduated magna cum laude from Yale in May 2012. She had a play that was to be produced at the New York Fringe Festival and a job waiting for her at The New Yorker. Tragically, five days after graduation, Marina died in a car crash. Marina left behind a rich, deeply expansive trove of writing that, like her title essay, captures the hope, uncertainty, and possibility of her generation. Her short story "Cold Pastoral" was published on NewYorker.com. Her essay "Even Artichokes Have Doubts" was excerpted in the Financial Times, and her book was the focus of a Nicholas Kristof column in The New York Times. Millions of her contemporaries have responded to her work on social media. As Marina wrote: "We can still do anything. We can change our minds. We can start over...We're so young. We can't, we MUST not lose this sense of possibility because in the end, it's all we have." The Opposite of Loneliness is an unforgettable collection of Marina's essays and stories that articulates the universal struggle all of us face as we figure out what we aspire to be and how we can harness our talents to impact the world. "How do you mourn the loss of a fiery talent that was barely a tendril before it was snuffed out? Answer: Read this book. A clear-eyed observer of human nature, Keegan could take a clever idea...and make it something beautiful" (People).

the long loneliness: A History of Solitude David Vincent, 2020-05-06 Solitude has always had an ambivalent status: the capacity to enjoy being alone can make sociability bearable, but those predisposed to solitude are often viewed with suspicion or pity. Drawing on a wide array of literary and historical sources, David Vincent explores how people have conducted themselves in the absence of company over the last three centuries. He argues that the ambivalent nature of solitude became a prominent concern in the modern era. For intellectuals in the romantic age, solitude gave respite to citizens living in ever more complex modern societies. But while the search for solitude was seen as a symptom of modern life, it was also viewed as a dangerous pathology: a perceived renunciation of the world, which could lead to psychological disorder and anti-social behaviour. Vincent explores the successive attempts of religious authorities and political institutions to manage solitude, taking readers from the monastery to the prisoner's cell, and explains how western

society's increasing secularism, urbanization and prosperity led to the development of new solitary pastimes at the same time as it made traditional forms of solitary communion, with God and with a pristine nature, impossible. At the dawn of the digital age, solitude has taken on new meanings, as physical isolation and intense sociability have become possible as never before. With the advent of a so-called loneliness epidemic, a proper historical understanding of the natural human desire to disengage from the world is more important than ever. The first full-length account of its subject, *A History of Solitude* will appeal to a wide general readership.

the long loneliness: Four Seasons of Loneliness J. W. Freiberg, 2016-07-28 A prominent lawyer looks back on his career to explore the moving true stories of four individuals whose lives and law cases were deeply affected by their chronic loneliness.

the long loneliness: *A Biography of Loneliness* Fay Bound Alberti, 2019-09-12 'A compassionate, wide-ranging study.' Terry Eagleton, *The Guardian* Despite 21st-century fears of a modern 'epidemic' of loneliness, its history has been sorely neglected. *A Biography of Loneliness* is the first history of its kind to be published in English, offering a radically new interpretation of loneliness as an emotional language and experience. Using letters and diaries, philosophical tracts, political discussions, and medical literature from the eighteenth century to the present, historian of the emotions Fay Bound Alberti argues that loneliness is not an ahistorical, universal phenomenon. It is, in fact, a modern emotion: before 1800, its language did not exist. As Alberti shows, the birth of loneliness is linked to the development of modernity: the all-encompassing ideology of the individual that has emerged in the mind and physical sciences, in economic structures, in philosophy and politics. While it has a biography of its own, loneliness impacts on people differently, according to their gender, ethnicity, religion, outlook, and socio-economic position. It is, Alberti argues, not a single state but an 'emotion cluster', composed of a wide variety of responses that include fear, anger, resentment and sorrow. In spite of this, loneliness is not always negative. And it is physical as well as psychological: loneliness is a product of the body as much as the mind. Looking at informative case studies such as Sylvia Plath, Queen Victoria, and Virginia Woolf, *A Biography of Loneliness* charts the emergence of loneliness as a modern emotional state. From social media addiction to widowhood, from homelessness to the oldest old, from mall hauls to massages, loneliness appears in all aspects of 21st-century life. Yet we cannot address its meanings, let alone formulate a cure, without attention to its complex, protean history.

the long loneliness: *The Anatomy of Loneliness* Teal Swan, 2018-11-06 A practical blueprint for overcoming loneliness and returning to a place of love, acceptance, and meaningful connection—from the spiritual leader and popular YouTuber behind *The Completion Process* Following in the footsteps of the success of *The Completion Process*, bestselling author and modern spiritual leader Teal Swan offers an in-depth exploration and understanding of loneliness. Drawing on her extraordinary healing technique, the Connection Process, Teal offers a way to experience connection once again. Loneliness is reaching endemic proportions in our society, reflected by rising suicide rates and increased mental illness. Now, more than ever we need to find a way to connect. Loneliness is a feeling of separation or isolation; it is not necessarily the same as the physical state of being alone. This book is for people who suffer from loneliness, the kind that cannot be solved by simply being around other people. Their aloneness is a deeply embedded pattern that is both negative and painful; it is often fueled by trauma, loss, addiction, grief and a lack of self-esteem and insecurity. In *The Anatomy of Loneliness*, Teal identifies the three pillars or qualities of loneliness: Separation, Shame and Fear and goes on to share her revolutionary technique; *The Connection Process*, a form of intuitive journeying, usually involving two people a 'receiver' and a 'journeyer'. Through a series of exercises each person experiences 'walls' and 'blockages' as they move through the process both participants face their fears learning from these to reach a place of unconditional love and acceptance.

the long loneliness: *Thérèse* Dorothy Day, 2016-12-05 Dorothy Day's unpretentious account of the life of St. Thérèse of Lisieux sheds light on the depth of Day's Catholic spirituality and illustrates why Thérèse's simplicity and humility are so vital for today. Whether you are called to the active life

like Day or a more hidden existence like Thérèse, you will discover that these paths have much in common and can lead you to a love that has the power to transform you in ways that are unexpected and consequential. Now back in print, this short biography of St. Thérèse of Lisieux by Dorothy Day expresses the surprising yet profound connection between Day—the founder of the Catholic Worker movement who was praised by Pope Francis for her passion for justice and dedication to her faith—and the beloved saint best known for her Little Way. When Day first read St. Thérèse's autobiography, *The Story of a Soul* in 1928, she called it "pious pap." At the time, Day—a social activist who had been living a bohemian lifestyle—had only recently been baptized a Catholic. Some twenty-five years later, Day's perspective on Thérèse had so completely changed that she was inspired to write this biography. She did not find it an easy task: "Every time I sit down to write that book on the Little Flower I am blocked. . . . I am faced with the humiliating fact that I can write only about myself, a damning fact." But she persisted, and despite numerous rejections eventually found a publisher for it in 1960. She wrote in the Preface: "In these days of fear and trembling of what man has wrought on earth in destructiveness and hate, Thérèse is the saint we need." Written originally for nonbelievers or those unaware of Thérèse, the book reflects how Day came to appreciate Thérèse's Little Way, not as an abstract concept, but as a spirituality that she had already been living. The Catholic Worker, which she cofounded with Peter Maurin, was dedicated to feeding the hungry and sheltering the homeless. Day's life, like Thérèse's, was filled with all the humble, self-effacing jobs that were a part of this work. She found in Thérèse a kindred spirit, one who saw these simple hidden tasks as the way to heaven. "We want to grow in love but do not know how. Love is a science, a knowledge, and we lack it," Day wrote. Just as Day had a conversion of heart about the Little Way, you, too, can be changed by Thérèse's simple, yet profound spirituality.

the long loneliness: *The Loneliness of Distant Beings* Kate Ling, 2016-05-19 Choice is rebellion. Love is an anomaly. And freedom? Freedom is dangerous. The perfect read for fans of Veronica Roth and Beth Revis. 'It is that quick, that strong, that beautiful. And it is also totally impossible.' Even though she knows it's impossible, Seren longs to have the sunshine on her skin. It's something she feels she needs to stay sane. But when you're hurtling through space at thousands of kilometres an hour, sometimes you have to accept there are things you cannot change. Except that the arrival of Dom in her life changes everything in ways she can barely comprehend. He becomes the sun for her, and she can't help but stay in his orbit. To lose him would be like losing herself . . .

the long loneliness: *All the Way to Heaven* Dorothy Day, 2012-04-10 "The publication of the letters of Dorothy Day is a significant event in the history of Christian spirituality." —Jim Martin, SJ, author of *My Life with the Saints* Dorothy Day, cofounder of the Catholic Worker movement, has been called the most significant, interesting, and influential person in the history of American Catholicism. Now the publication of her letters, previously sealed for 25 years after her death and meticulously selected by Robert Ellsberg, reveals an extraordinary look at her daily struggles, her hopes, and her unwavering faith. This volume, which extends from the early 1920s until the time of her death in 1980, offers a fascinating chronicle of her response to the vast changes in America, the Church, and the wider world. Set against the backdrop of the Depression, World War II, the Cold War, Vatican II, Vietnam, and the protests of the 1960s and '70s, she corresponded with a wide range of friends, colleagues, family members, and well-known figures such as Thomas Merton, Daniel Berrigan, César Chávez, Allen Ginsberg, Katherine Anne Porter, and Francis Cardinal Spellman, shedding light on the deepest yearnings of her heart. At the same time, the first publication of her early love letters to Forster Batterham highlight her humanity and poignantly dramatize the sacrifices that underlay her vocation. "These letters are life-, work-, and faith-affirming." —National Catholic Reporter

the long loneliness: *The Outrun* Amy Liptrot, 2015-12-31 NOW A MAJOR FILM STARRING SAOIRSE RONAN WITH A NEW AFTERWORD FROM THE AUTHOR THE SUNDAY TIMES TOP TEN BESTSELLER WINNER OF THE PEN ACKERLEY PRIZE AND THE WAINWRIGHT PRIZE After spending her twenties in London, Amy Liptrot returns to her home in Orkney where she comes to

terms with the addiction that has consumed the past decade of her life. On the remote island, Amy spends her mornings swimming in the cold sea, her days observing wildlife, and her nights searching the sky for any signs of the Northern Lights. She soon discovers how the natural world can restore life, heal old wounds and renew hope.

the long loneliness: Loneliness as a Way of Life Thomas Dumm, 2010-05-01 "What does it mean to be lonely?" Thomas Dumm asks. His inquiry, documented in this book, takes us beyond social circumstances and into the deeper forces that shape our very existence as modern individuals. The modern individual, Dumm suggests, is fundamentally a lonely self. Through reflections on philosophy, political theory, literature, and tragic drama, he proceeds to illuminate a hidden dimension of the human condition. His book shows how loneliness shapes the contemporary division between public and private, our inability to live with each other honestly and in comity, the estranged forms that our intimate relationships assume, and the weakness of our common bonds. A reading of the relationship between Cordelia and her father in Shakespeare's *King Lear* points to the most basic dynamic of modern loneliness—how it is a response to the problem of the "missing mother." Dumm goes on to explore the most important dimensions of lonely experience—Being, Having, Loving, and Grieving. As the book unfolds, he juxtaposes new interpretations of iconic cultural texts—*Moby-Dick*, *Death of a Salesman*, the film *Paris, Texas*, Emerson's "Experience," to name a few—with his own experiences of loneliness, as a son, as a father, and as a grieving husband and widower. Written with deceptive simplicity, *Loneliness as a Way of Life* is something rare—an intellectual study that is passionately personal. It challenges us, not to overcome our loneliness, but to learn how to re-inhabit it in a better way. To fail to do so, this book reveals, will only intensify the power that it holds over us.

the long loneliness: Social Isolation and Loneliness in Older Adults National Academies of Sciences, Engineering, and Medicine, Division of Behavioral and Social Sciences and Education, Health and Medicine Division, Board on Behavioral, Cognitive, and Sensory Sciences, Board on Health Sciences Policy, Committee on the Health and Medical Dimensions of Social Isolation and Loneliness in Older Adults, 2020-05-14 Social isolation and loneliness are serious yet underappreciated public health risks that affect a significant portion of the older adult population. Approximately one-quarter of community-dwelling Americans aged 65 and older are considered to be socially isolated, and a significant proportion of adults in the United States report feeling lonely. People who are 50 years of age or older are more likely to experience many of the risk factors that can cause or exacerbate social isolation or loneliness, such as living alone, the loss of family or friends, chronic illness, and sensory impairments. Over a life course, social isolation and loneliness may be episodic or chronic, depending upon an individual's circumstances and perceptions. A substantial body of evidence demonstrates that social isolation presents a major risk for premature mortality, comparable to other risk factors such as high blood pressure, smoking, or obesity. As older adults are particularly high-volume and high-frequency users of the health care system, there is an opportunity for health care professionals to identify, prevent, and mitigate the adverse health impacts of social isolation and loneliness in older adults. *Social Isolation and Loneliness in Older Adults* summarizes the evidence base and explores how social isolation and loneliness affect health and quality of life in adults aged 50 and older, particularly among low income, underserved, and vulnerable populations. This report makes recommendations specifically for clinical settings of health care to identify those who suffer the resultant negative health impacts of social isolation and loneliness and target interventions to improve their social conditions. *Social Isolation and Loneliness in Older Adults* considers clinical tools and methodologies, better education and training for the health care workforce, and dissemination and implementation that will be important for translating research into practice, especially as the evidence base for effective interventions continues to flourish.

the long loneliness: A History of Loneliness John Boyne, 2015-02-03 Bestselling author John Boyne's *A History of Loneliness* tells the riveting narrative of an honorable Irish priest who finds the church collapsing around him at a pivotal moment in its history. Propelled into the priesthood by a

family tragedy, Odran Yates is full of hope and ambition. When he arrives at Clonliffe Seminary in the 1970s, it is a time in Ireland when priests are highly respected, and Odran believes that he is pledging his life to the good. Forty years later, Odran's devotion is caught in revelations that shatter the Irish people's faith in the Catholic Church. He sees his friends stand trial, colleagues jailed, the lives of young parishioners destroyed, and grows nervous of venturing out in public for fear of disapproving stares and insults. At one point, he is even arrested when he takes the hand of a young boy and leads him out of a department store looking for the boy's mother. But when a family event opens wounds from his past, he is forced to confront the demons that have raged within the church, and to recognize his own complicity in their propagation, within both the institution and his own family. A novel as intimate as it is universal, *A History of Loneliness* is about the stories we tell ourselves to make peace with our lives. It confirms Boyne as one of the most searching storytellers of his generation.

the long loneliness: *Mrs. Dalloway* Virginia Woolf, 2023-12-16 *Mrs Dalloway*, Virginia Woolf's fourth novel, offers the reader an impression of a single June day in London in 1923. Clarissa Dalloway, the wife of a Conservative member of parliament, is preparing to give an evening party, while the shell-shocked Septimus Warren Smith hears the birds in Regent's Park chattering in Greek. There seems to be nothing, except perhaps London, to link Clarissa and Septimus. She is middle-aged and prosperous, with a sheltered happy life behind her; Smith is young, poor, and driven to hatred of himself and the whole human race. Yet both share a terror of existence, and sense the pull of death. The world of *Mrs Dalloway* is evoked in Woolf's famous stream of consciousness style, in a lyrical and haunting language which has made this, from its publication in 1925, one of her most popular novels.

the long loneliness: *The Motherhood* Jamila Rizvi, 2018-04-30 'Welcome to The Motherhood, my dear.' After her son was born, Jamila Rizvi felt isolated, exhausted and confused. While desperately in love with her new baby, the world she'd known had disappeared overnight and so had her sense of self. Jamila's salvation came in the form of a letter. A dear friend, Clare Bowditch - who had been there herself - wrote to tell Jamila she would get through this. Her comforting words reassured Jamila that she was seen, that she was supported and that she was not alone. Now Jamila wants to pay it forward to the next generation of new mothers. *The Motherhood* is a collection of letters from some of Australia's favourite women, sharing what they wish they'd known about life with a newborn. Coming from writers with a diverse range of backgrounds and experiences, no two stories are alike - but all are generous, compassionate and deeply honest. As the old adage goes, 'It takes a village to raise a child' - and it also takes a village to properly support a new mother. Here is your village. These sisters (with babes) in arms are here to share the joy, the fear, the love, the laughter, the tears and the frustration, and to hold your hand in the dark. Contributors include Zoë Foster Blake, Clementine Ford, Holly Wainwright, Clare Bowditch, Em Rusciano, and more. Together, they will give you the strength and courage to find your feet as a new mum.

'All new mothers need to read this book . . . Bravo to these women who have bravely put themselves out there in the hope that their stories will help new mothers find the strength to push on through.' Books+Publishing

the long loneliness: *Dorothy Day* John Loughery, Blythe Randolph, 2021-03-02 "Magisterial and glorious" (*Pittsburgh Post-Gazette*), the first full authoritative biography of Dorothy Day—American icon, radical pacifist, Catholic convert, and advocate for the homeless—is "a vivid account of her political and religious development" (Karen Armstrong, *The New York Times*). After growing up in a conservative middle-class Republican household and working several years as a left-wing journalist, Dorothy Day converted to Catholicism and became an anomaly in American life for the next fifty years. As an orthodox Catholic, political radical, and a rebel who courted controversy, she attracted three generations of admirers. A believer in civil disobedience, Day went to jail several times protesting the nuclear arms race. She was critical of capitalism and US foreign policy, and as skeptical of modern liberalism as political conservatism. Her protests began in 1917, leading to her arrest during the suffrage demonstration outside President Wilson's White House. In

1940 she spoke in Congress against the draft and urged young men not to register. She told audiences in 1962 that the US was as much to blame for the Cuban missile crisis as Cuba and the USSR. She refused to hear any criticism of the pope, though she sparred with American bishops and priests who lived in well-appointed rectories while tolerating racial segregation in their parishes. Dorothy Day is the exceptional biography of a dedicated modern-day pacifist, an outspoken advocate for the poor, and a lifelong anarchist. This definitive and insightful account is “a monumental exploration of the life, legacy, and spirituality of the Catholic activist” (Spirituality & Practice).

the long loneliness: *One Hundred Years of Solitude* Gabriel García Márquez, 2022-10-11 Netflix's series adaptation of *One Hundred Years of Solitude* premieres December 11, 2024! One of the twentieth century's enduring works, *One Hundred Years of Solitude* is a widely beloved and acclaimed novel known throughout the world and the ultimate achievement in a Nobel Prize-winning career. The novel tells the story of the rise and fall of the mythical town of Macondo through the history of the Buendía family. Rich and brilliant, it is a chronicle of life, death, and the tragicomedy of humankind. In the beautiful, ridiculous, and tawdry story of the Buendía family, one sees all of humanity, just as in the history, myths, growth, and decay of Macondo, one sees all of Latin America. Love and lust, war and revolution, riches and poverty, youth and senility, the variety of life, the endlessness of death, the search for peace and truth—these universal themes dominate the novel. Alternately reverential and comical, *One Hundred Years of Solitude* weaves the political, personal, and spiritual to bring a new consciousness to storytelling. Translated into dozens of languages, this stunning work is no less than an account of the history of the human race.

the long loneliness: *Big Disconnect* Giles Slade, 2012-08-07 Smart phones and social media sites may be contemporary fixations, but using technology to replace face-to-face interactions is not a new cultural phenomenon. Throughout our history, intimacy with machines has often supplanted mutual human connection. This book reveals how consumer technologies changed from analgesic devices that soothed the loneliness of a newly urban generation to prosthetic interfaces that act as substitutes for companionship in modern America. The history of this transformation helps explain why we use technology to mediate our connections with other human beings instead of seeking out face-to-face contact. Do electronic interfaces receive most of our attention to the detriment of real interpersonal communication? Why do sixty million Americans report that isolation and loneliness are major sources of unhappiness? The author provides many insights into our increasingly artificial relationships and a vision for how we can rediscover genuine community and human empathy.

the long loneliness: *The Reckless Way of Love* Dorothy Day, 2017 In this guidebook Dorothy Day offers hard-earned wisdom and practical advice gained through decades of seeking to know Jesus and to follow his example and teachings in her own life.

the long loneliness: *From Union Square to Rome* Day, Dorothy, 2023-10-19 In this early autobiographical work with a new foreword by Pope Francis, Dorothy Day offers the first account of her dramatic conversion--

the long loneliness: *The Loudness of Unsaid Things* Hilde Hinton, 2020-03-31 'My heart grew, then broke, then mended itself. A wise, funny, brave novel and a story that you will never want to forget.' Favel Parrett An unforgettable story of loneliness, isolation and finding your way. Heart-wrenching, wise and wryly funny, this novel will make you kinder to those who are lost. Miss Kaye works at The Institute. A place for the damaged, the outliers, the not-quite rights. Everyone has different strategies to deal with the residents. Some bark orders. Some negotiate tirelessly. Miss Kaye found that simply being herself was mostly the right thing to do. Susie was seven when she realised she'd had her fill of character building. She'd lie between her Holly Hobbie sheets thinking how slowly birthdays come around, but how quickly change happened. One minute her Dad was saying that the family needed to move back to the city and then, SHAZAM, they were there. Her mum didn't move to the new house with them. And Susie hated going to see her mum at the mind hospital. She never knew who her mum would be. Or who would be there. As the years passed, there were so many things Susie wanted to say but never could. Miss Kaye will teach Susie that the loudness of unsaid things can be music - and together they will learn that living can be more than

surviving.

the long loneliness: Jonathan Livingston Seagull Richard Bach, 2014-10-21 Includes the rediscovered part four--Cover.

the long loneliness: All The Lonely People Mike Gayle, 2020-07-23 Shortlisted for the British Book Awards Book of the Year: Pageturners. The 2021 recipient of the Outstanding Achievement Award from the Romantic Novelists' Association. From the bestselling author of *The Man I Think I Know* comes this heart-warming novel of family, friendship and human connection. 'Hubert Bird stole my heart' Beth O'Leary, author of *The Flat-Share* and *The Switch* 'Lovely, emotional, uplifting' Libby Page, author of *The Lido* 'A heartbreaking and ultimately uplifting look at isolation' Guardian In phone calls to his daughter in Australia, widower Hubert Bird paints a picture of the perfect retirement, packed with fun and friendship. But Hubert Bird is lying. Something has made him turn his back on people, and he hardly sees a soul. So when his daughter announces she's coming to visit, Hubert faces a race against time: to make his real life resemble his fake life before he's found out. Along the way Hubert renews a cherished friendship, is given a second chance at love and even joins an audacious community scheme. But with the secret of his earlier isolation lurking in the shadows, is he destined to always be one of the lonely people? Readers love *All The Lonely People*: 'Best book of 2021 so far' 5* 'I absolutely adored every page' 5* 'Wonderful, moving, emotional and very thought provoking' 5* 'An emotional journey' 5* 'A beautiful book' 5* 'Heartbreaking and heartwarming' 5*

the long loneliness: *Ethical Loneliness* Jill Stauffer, 2015-09-01 Ethical loneliness is the experience of being abandoned by humanity, compounded by the cruelty of wrongs not being acknowledged. It is the result of multiple lapses on the part of human beings and political institutions that, in failing to listen well to survivors, deny them redress by negating their testimony and thwarting their claims for justice. Jill Stauffer examines the root causes of ethical loneliness and how those in power revise history to serve their own ends rather than the needs of the abandoned. Out of this discussion, difficult truths about the desire and potential for political forgiveness, transitional justice, and political reconciliation emerge. Moving beyond a singular focus on truth commissions and legal trials, she considers more closely what is lost in the wake of oppression and violence, how selves and worlds are built and demolished, and who is responsible for re-creating lives after they are destroyed. Stauffer boldly argues that rebuilding worlds and just institutions after violence is a broad obligation and that those who care about justice must first confront their own assumptions about autonomy, liberty, and responsibility before an effective response to violence can take place. In building her claims, Stauffer draws on the work of Emmanuel Levinas, Jean Améry, Eve Sedgwick, and Friedrich Nietzsche, as well as concrete cases of justice and injustice across the world.

the long loneliness: *A Year With the Mystics* Kathryn Jean Lopez, 2019-09-17 There's so much noise. Everything can seem like a distraction. Distraction, in fact, seems our oxygen. When was the last time you saw people talking on an elevator? We seem to plug in everywhere. We have earphones and screens and don't even look up, never mind find time for silence. Our hearts need quiet. How are we ever going to pray otherwise? How could we ever possibly know God's love and will, and the truth about ourselves and the world without resting in Him? Resting in Him. What does that even mean? In *A Year with the Mystics*, popular National Review journalist and commentator Kathryn Jean Lopez, who writes and speaks frequently about faith and public life, and prayer and the Church, offers readers a tour of the magnificent variety of mystical writing in the heart of the Church. Featuring reflections from both household and contemporary names like Saint John Paul II, Mother Teresa and Edith Stein, as well as titanic historic figures such as St. Catherine of Siena and John of the Cross. The words of these holy men and women of prayer are presented in accessible doses ideal for daily prayer amidst the seemingly all-consuming busy-ness of life. Each page is an invitation to enter more deeply into the life of faith. What does the road to union with God look like? What is a dark night? What is true love of the Trinity? What is this Church as bridegroom business? Mysticism is not some foreign and remote life of prayer for poets and saints in heaven; rather, it is

the call for every Christian to draw more deeply and profoundly from the heart of Christ in prayer. A Year with the Mystics is a tour, a retreat, and a love story in which God seeks you out. With the small commitment of a few minutes a day to prayer with mystic saints and other holy ones, you will be making time for communication and peace in the heart of the Trinity. Your faith will grow and you will see that the life of a contemplative in the world can be yours; it can become for you the air you breathe and a wellspring of renewal in your life as a Catholic, rooted in the sacraments. This beautiful Premium UltraSoft gift edition features two-tone sewn binding, ribbon marker, gold edges, and designed interior pages.

the long loneliness: Seek You Kristen Radtke, 2021-07-13 From the acclaimed author of *Imagine Wanting Only This*—a timely and moving meditation on isolation and longing, both as individuals and as a society There is a silent epidemic in America: loneliness. Shameful to talk about and often misunderstood, loneliness is everywhere, from the most major of metropolises to the smallest of towns. In *Seek You*, Kristen Radtke's wide-ranging exploration of our inner lives and public selves, Radtke digs into the ways in which we attempt to feel closer to one another, and the distance that remains. Through the lenses of gender and violence, technology and art, Radtke ushers us through a history of loneliness and longing, and shares what feels impossible to share. Ranging from the invention of the laugh-track to the rise of Instagram, the bootstrap-pulling cowboy to the brutal experiments of Harry Harlow, Radtke investigates why we engage with each other, and what we risk when we turn away. With her distinctive, emotionally-charged drawings and deeply empathetic prose, Kristen Radtke masterfully shines a light on some of our most vulnerable and sublime moments, and asks how we might keep the spaces between us from splitting entirely.

the long loneliness: Summary of Dorothy Day's The Long Loneliness Everest Media,, 2022-05-30T22:59:00Z Please note: This is a companion version & not the original book. Sample Book Insights: #1 My mother's family history is rich with tradition. She told me stories of when she was a little girl, and I loved hearing about her family's history. It gave me a sense of continuity. #2 We have lost our culture and our faith, and we are afraid to be either proud of our ancestors or ashamed of them. We have adopted a bourgeois mediocrity that would make it seem like we are all Americans, made in the image and likeness of George Washington. #3 We did not search for God when we were children. We took Him for granted. We were taught to say our evening prayers, and then we would not pray anymore unless a thunderstorm made us hide our heads under the covers and propitiate the Deity by promising to be good. #4 I can remember my religious experiences from when I was a child. I can remember the happy hours on the beach with my brothers, and fishing in a creek for eels, and running away with a younger cousin to an abandoned shack in a waste of swamp around Fort Hamilton.

the long loneliness: Lion Saroo Brierley, 2017-02-14 No Marketing Blurb

the long loneliness: The Path of Loneliness Elisabeth Elliot, 2007-05-01 Whether through the death of a loved one, divorce or estrangement in a marriage, or by being a single person in a world of couples and families, loneliness eventually comes to us all. Elisabeth Elliot lost her first husband to murder in the South American jungle and her second to the ravages of cancer. She has felt the deep pain of loss. In *The Path of Loneliness*, Elliot gives hope to the lonely through tender reflections on God's love for us and his plans to bless us. She tackles this difficult topic with grace and faith, showing readers how to make peace with loneliness and grow through it.

the long loneliness: The Long Loneliness Dorothy Day, 1952

the long loneliness: Friendship in the Age of Loneliness Adam Smiley Poswolsky, 2021-05-04 A refreshing, positive guide for taking care of your people and forming deep connections in the digital age. We are lonelier than ever. The average American hasn't made a new friend in the last five years. Research has shown that people with close friends are happier, healthier, and live longer than people who lack strong social bonds. But why-when we are seemingly more connected than ever before-can it feel so difficult to keep those bonds alive and well? Why do we spend only four percent of our time with friends? In this warm, inspiring guide, Adam Smiley Poswolsky proposes a new solution for the mounting pressures of modern life: focus on your friendships. Smiley

offers practical habits and playful reminders on how to create meaningful connections, make new friends, and deepen relationships. He'll help you develop a healthier relationship with technology, but he'll also encourage you to prioritize real-world experiences, send snail mail, and engage in self-reflective exercises. Written in short, digestible, action-oriented sections, this book reminds us that nurturing old and new friendships is a ritual, a necessity, and one of the most worthwhile things we can do in life.

Back to Home: <https://fc1.getfilecloud.com>