

the last lecture book

the last lecture book is an inspiring memoir written by Randy Pausch, a computer science professor at Carnegie Mellon University, with contributions from journalist Jeffrey Zaslow. This article explores the essence of the book, its central themes, the background of its author, and why it continues to resonate with readers around the world. You'll learn about the origins and impact of the last lecture book, its valuable life lessons, and the reasons for its enduring popularity. Discover how Randy Pausch's words encourage us to overcome obstacles, chase our childhood dreams, and live life with purpose. Whether you're a student, educator, or someone interested in personal development, this comprehensive guide will provide insight into the story, messages, and legacy of the last lecture book. Read on for a detailed overview, summaries of major themes, and practical takeaways from one of the most influential memoirs of the 21st century.

- Overview and Background of The Last Lecture Book
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Overview and Background of The Last Lecture Book

The last lecture book originated from a tradition at Carnegie Mellon University, where professors were asked to deliver a hypothetical "last lecture"—a talk on what matters most if it were their final opportunity to impart wisdom. Randy Pausch, facing a terminal diagnosis of pancreatic cancer, turned this tradition into a powerful, real-life event. His lecture, titled "Really Achieving Your Childhood Dreams," captivated audiences both in person and online, eventually leading to the creation of the book. The last lecture book captures the essence of Pausch's speech, expanding on his experiences, philosophies, and the lessons he wished to leave for his children and students.

Published in 2008, the last lecture book quickly became a bestseller, celebrated for its honesty, wit, and emotional depth. The book not only chronicles Pausch's final months but also provides readers with practical advice for living a fulfilling life. Its unique blend of autobiography, guidance, and inspiration sets it apart as a must-read for anyone seeking motivation or perspective.

About Randy Pausch: The Author's Journey

Early Life and Academic Career

Randy Pausch was an accomplished computer science professor, researcher, and mentor. He earned his Ph.D. from Carnegie Mellon and made significant contributions to virtual reality, human-computer interaction, and education. His dedication to teaching and his innovative approach in the classroom earned him widespread recognition among peers and students.

Diagnosis and Motivation for The Last Lecture

In 2006, Pausch was diagnosed with pancreatic cancer. Despite facing a limited prognosis, he chose to continue inspiring others through his teaching and public speaking. The decision to deliver his “last lecture” was motivated by a desire to leave a legacy for his children and share his most important lessons with the world. The event was attended by a large audience and quickly gained viral attention online, prompting the development of the last lecture book.

Collaboration with Jeffrey Zaslow

To bring the book to life, Pausch partnered with journalist Jeffrey Zaslow, who attended the lecture and helped transform Pausch's story and teachings into written form. Their collaboration ensured that the book retained the authenticity, humor, and heartfelt messages present in the original lecture.

Key Themes and Messages in The Last Lecture Book

Achieving Childhood Dreams

One of the central themes of the last lecture book is the importance of pursuing childhood dreams. Pausch recounts his own aspirations, from experiencing zero gravity to working with Disney Imagineers, and encourages readers to nurture their own ambitions. The book emphasizes that achieving dreams is possible through perseverance, creativity, and hard work.

Overcoming Obstacles and Resilience

Pausch discusses the “brick walls” that we encounter in life—challenges and setbacks that test our determination. The last lecture book teaches readers to view obstacles as opportunities for growth and to persist in the face of adversity. Pausch's battle with cancer serves as a powerful example of resilience and optimism.

Living with Integrity and Gratitude

Integrity is a recurring motif in the last lecture book. Pausch stresses the importance of honesty, humility, and sincerity in both personal and professional relationships. He also highlights the value of expressing gratitude, appreciating the support of others, and recognizing the positive moments in life.

Teaching and Mentoring

As an educator, Pausch believed in the transformative power of teaching and mentorship. The last lecture book shares stories about influential teachers and colleagues who shaped his journey, and offers advice for fostering meaningful connections with students, peers, and loved ones.

- Perseverance and hard work
- Creativity and problem-solving
- Building strong relationships
- Embracing failure as a learning opportunity
- Celebrating life's small victories

Life Lessons and Practical Takeaways

Advice for Personal Development

The last lecture book is filled with actionable advice for personal growth. Pausch encourages readers to set clear goals, maintain a positive outlook, and take responsibility for their actions. The book's practical tips are designed to help individuals navigate challenges and make the most of their talents.

Strategies for Facing Adversity

Pausch's experience with terminal illness provides insight into coping with hardship. He advocates for focusing on what can be controlled, seeking support from loved ones, and maintaining hope even under difficult circumstances. These strategies are applicable to anyone facing personal or professional obstacles.

Guidance for Building Relationships

The last lecture book emphasizes the importance of nurturing relationships. Pausch advises readers to communicate openly, show appreciation, and invest time in building trust. These lessons are relevant for family, friendships, and workplace dynamics.

1. Set ambitious goals and work towards them consistently.

2. Don't let setbacks define you—learn and adapt.
3. Value honesty and admit mistakes when they happen.
4. Find joy in everyday experiences and express gratitude.
5. Help others achieve their dreams whenever possible.

Impact and Reception of The Last Lecture Book

Critical Acclaim and Bestseller Status

Upon release, the last lecture book received widespread acclaim from critics and readers. It topped bestseller lists and was translated into more than 40 languages. Reviewers praised its authenticity, moving narrative, and universal appeal.

Influence on Readers and Culture

The book's messages have influenced millions of readers worldwide. Educators use it as a teaching tool, while individuals draw inspiration for their personal lives. The last lecture book has become a touchstone for discussions on resilience, legacy, and the importance of living with purpose.

Legacy of Randy Pausch's Teachings

Randy Pausch's legacy endures not only through the last lecture book but also through the continued impact of his lecture, writings, and educational innovations. His emphasis on dreaming big, overcoming obstacles, and cherishing relationships continues to inspire new generations.

Frequently Asked Questions about The Last Lecture Book

Q: What is the main message of the last lecture book?

A: The main message of the last lecture book is to pursue your dreams, overcome obstacles with resilience, and live life with integrity and gratitude.

Q: Who wrote the last lecture book?

A: The last lecture book was written by Randy Pausch, a computer science professor, with

contributions from journalist Jeffrey Zaslow.

Q: Why did Randy Pausch deliver the “last lecture”?

A: Randy Pausch gave his “last lecture” as a legacy for his children and students after being diagnosed with terminal pancreatic cancer, sharing his most important life lessons.

Q: What are some key themes in the last lecture book?

A: Key themes include achieving childhood dreams, overcoming adversity, living with integrity, and the value of teaching and mentorship.

Q: How has the last lecture book impacted readers?

A: The last lecture book has inspired millions, encouraging readers to pursue their goals, face challenges, and appreciate the people in their lives.

Q: Is the last lecture book suitable for young readers?

A: Yes, the last lecture book is appropriate for young readers, particularly high school and college students, as it offers valuable lessons for personal development.

Q: What practical advice does the last lecture book offer?

A: The book advises setting ambitious goals, staying positive, learning from failure, and building strong relationships.

Q: How did the last lecture book become so popular?

A: Its popularity grew from the viral success of Pausch’s lecture, word-of-mouth recommendations, and its universal, relatable messages.

Q: What is Randy Pausch’s legacy after the last lecture book?

A: Randy Pausch’s legacy includes his teachings, innovations in education, and the enduring impact of his words and actions on readers and students.

Q: Where can I find more information about the last lecture book?

A: More information is available through libraries, bookstores, and educational resources that feature analyses and summaries of the last lecture book.

The Last Lecture Book

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The Last Lecture Book: A Legacy of Inspiration and Life Lessons

Are you searching for a book that will move you, challenge you, and leave you pondering life's greatest questions? Look no further than Randy Pausch's *The Last Lecture*. This isn't just another memoir; it's a powerful testament to living a life of meaning, even in the face of mortality. This comprehensive guide delves into the core themes of the book, exploring its impact, key takeaways, and lasting legacy. We'll unpack the profound wisdom shared within its pages, helping you understand why *The Last Lecture* remains a timeless classic and a must-read for anyone seeking inspiration.

H2: Randy Pausch: A Professor's Final Lesson

The Last Lecture isn't merely a recounting of a professor's final lecture; it's a vibrant tapestry woven from the threads of a life lived fully. Randy Pausch, a renowned computer science professor at Carnegie Mellon University, delivered this lecture knowing he was facing terminal pancreatic cancer. Instead of dwelling on his illness, he chose to share life lessons gleaned from his experiences, offering invaluable advice on achieving childhood dreams, overcoming obstacles, and embracing the joy of life. His genuine vulnerability and unwavering optimism resonate deeply with readers, making his message universally relatable.

H2: Key Themes Explored in "The Last Lecture"

Pausch's lecture, and subsequently the book, isn't structured as a chronological biography. Instead, it focuses on several key thematic pillars, each meticulously explored with anecdotes and heartfelt reflections.

H3: The Importance of Achieving Childhood Dreams

Pausch emphasizes the importance of pursuing childhood dreams, not necessarily for the sake of

achieving them perfectly, but for the journey itself. He recounts his personal triumphs and setbacks, demonstrating how persistence and a positive attitude can overcome seemingly insurmountable hurdles. His story inspires readers to reflect on their own aspirations and encourages them to actively pursue their passions.

H3: Embracing Failure and Learning from Mistakes

The book doesn't shy away from Pausch's failures. He openly discusses setbacks and disappointments, emphasizing that failure is an integral part of the learning process. He uses these experiences to illustrate the importance of resilience and the ability to learn from mistakes. This candid honesty makes his message all the more powerful and relatable.

H3: The Power of Gratitude and Appreciation

Throughout the book, Pausch highlights the significance of gratitude and appreciation. He expresses immense thankfulness for the people in his life, his family, friends, colleagues, and mentors. This emphasis on gratitude underscores the importance of human connection and the positive impact of expressing appreciation.

H3: Leaving a Legacy and Making a Difference

Pausch's final message centers on the importance of leaving a positive legacy. He emphasizes the need to contribute meaningfully to the world, to make a difference in the lives of others, and to inspire future generations. This overarching theme resonates deeply, prompting readers to consider their own impact and how they can leave the world a better place.

H2: Why "The Last Lecture" Remains Relevant Today

Years after its publication, *The Last Lecture* continues to resonate with readers of all ages and backgrounds. Its timeless message transcends cultural boundaries and speaks to the fundamental human experience. The book's enduring popularity stems from its ability to connect with readers on an emotional level, offering inspiration, hope, and a renewed perspective on life's priorities. It's a powerful reminder to live each day to the fullest, to cherish relationships, and to strive for a life filled with purpose and meaning. It encourages readers to evaluate their own lives and to actively pursue a path that aligns with their values and aspirations.

H2: Beyond the Pages: The Impact of "The Last Lecture"

The impact of *The Last Lecture* extends far beyond its pages. It has inspired countless individuals to re-evaluate their lives, pursue their passions, and embrace the present moment. Its message of hope and resilience has provided comfort and inspiration to those facing difficult circumstances. The book's enduring legacy is a testament to the power of storytelling and the profound impact a single individual can have on the world.

Conclusion

Randy Pausch's *The Last Lecture* is more than just a book; it's an experience. It's a call to action, an invitation to reflect on our lives, and a reminder to live each day with intention and gratitude. Its enduring power lies in its honesty, its vulnerability, and its ultimately hopeful message. Pick up a copy, and prepare to be inspired.

FAQs

1. Is "The Last Lecture" suitable for all ages? While the subject matter deals with mortality, the book's overall message of hope and inspiration makes it suitable for teenagers and adults alike. Younger readers may need guidance and discussion.
2. What makes "The Last Lecture" different from other memoirs? Its unique structure, focusing on thematic life lessons rather than chronological storytelling, sets it apart. The candid and optimistic tone, despite the heartbreaking context, also contributes to its distinct appeal.
3. Where can I buy "The Last Lecture"? The book is widely available online and in most bookstores. You can easily purchase it through Amazon, Barnes & Noble, or other major retailers.
4. Is there a movie adaptation of "The Last Lecture"? While there isn't a feature-length movie adaptation, there are several videos of the original lecture available online.
5. What is the most important lesson from "The Last Lecture"? The most important lesson is subjective and depends on the individual reader. However, many readers cite the importance of achieving childhood dreams, embracing failure, and living a life filled with purpose and gratitude as key takeaways.

the last lecture book: The Last Lecture Randy Pausch, Jeffrey Zaslow, 2010 The author, a computer science professor diagnosed with terminal cancer, explores his life, the lessons that he has learned, how he has worked to achieve his childhood dreams, and the effect of his diagnosis on him and his family.

the last lecture book: The Last Lecture Randy Pausch, 2010-07-01 'A phenomenon' SUNDAY TIMES A lot of professors give talks titled 'The Last Lecture'. Professors are asked to consider their demise and to ruminate on what matters most to them: What wisdom would we impart to the world if we knew it was our last chance? If we had to vanish tomorrow, what would we want as our legacy? When Randy Pausch, a computer science professor at Carnegie Mellon, was asked to give such a lecture, he didn't have to imagine it as his last, since he had recently been diagnosed with terminal cancer. But the lecture he gave, 'Really Achieving Your Childhood Dreams', wasn't about dying. It was about the importance of overcoming obstacles, of enabling the dreams of others, of seizing every moment (because time is all you have and you may find one day that you have less than you think). It was a summation of everything Randy had come to believe. It was about living. In this book, Randy Pausch has combined the humour, inspiration, and intelligence that made his lecture such a phenomenon and given it an indelible form. It is a book that will be shared for generations to

come.

the last lecture book: Dream New Dreams Jai Pausch, 2012-05-24 'I asked Jai what she has learned since my diagnosis,' Randy Pausch wrote about his wife in *THE LAST LECTURE*. 'Turns out, she could write a book titled *Forget the Last Lecture; Here's the Real Story*.' *DREAM ON* traces Jai's experiences since Randy's diagnosis, from the constant struggle she faced as a mother of three small children, to the burdens and dilemmas that accompany the role of caregiver: navigating the steep medical learning curve; managing finances; often neglecting one's one's needs; making gut-wrenching decisions; and dealing with emotions ranging from guilt and resentment, to our greatest human qualities of compassion and love. With concrete advice woven artfully into a personal narrative, *DREAM ON* will resonate and appeal not only to the legions of readers who made *THE LAST LECTURE* a phenomenal bestseller, but also to all those who have lost -- or are in the process of losing -- a loved one.

the last lecture book: The Girls from Ames Jeffrey Zaslow, 2010-04-06 The instant New York Times bestseller, now in paperback: a moving tribute to female friendships, with the inspiring story of eleven girls and the ten women they became, from the coauthor of the million-copy bestseller *The Last Lecture* As children, they formed a special bond, growing up in the small town of Ames, Iowa. As young women, they moved to eighth different states, yet they managed to maintain an extraordinary friendship that would carry them through college and careers, marriage and motherhood, dating and divorce, the death of a child, and the mysterious death of the eleventh member of their group. Capturing their remarkable story, *The Girls from Ames* is a testament to the enduring, deep bonds of women as they experience life's challenges, and the power of friendship to overcome even the most daunting odds. The girls, now in their forties, have a lifetime of memories in common, some evocative of their generation and some that will resonate with any woman who has ever had a friend. *The Girls from Ames* demonstrates how close female relationships can shape every aspect of women's lives-their sense of themselves, their choice of men, their need for validation, their relationships with their mothers, their dreams for their daughters-and reveals how such friendships thrive, rewarding those who have committed to them. With both universal events and deeply personal moments, it's a book that every woman will relate to and be inspired by.

the last lecture book: The Penguin Lessons Tom Michell, 2015-10-27 A unique and moving real-life story of the extraordinary bond between a young teacher and a penguin, this book will delight readers who loved *Marley & Me*, *Dewey the Library Cat*, *The Good Good Pig*, and any book by Jon Katz. In 1975, twenty-three-year-old Englishman Tom Michell follows his wanderlust to Argentina, where he becomes assistant master at a prestigious boarding school. But Michell's adventures really begin when, on a weekend in Uruguay, he rescues a penguin covered in oil from an ocean spill, cleans the bird up, and attempts to return him to the sea. The penguin refuses to leave his rescuer's side. "That was the moment at which he became my penguin, and whatever the future held, we'd face it together," says Michell in this charming memoir. Michell names the penguin Juan Salvador ("John Saved"), but Juan Salvador, as it turns out, is the one who saves Michell. After Michell smuggles the bird back to Argentina and into his campus apartment, word spreads about the young Englishman's unusual roommate. Juan Salvador is suddenly the center of attention—as mascot of the rugby team, confidant to the dorm housekeeper, co-host of Michell's parties, and an unprecedented swimming coach to a shy boy. Even through the collapse of the Perónist government and amid the country's economic and political strife, Juan Salvador brings joy to everyone around him—especially Michell, who considers the affectionate animal a compadre and kindred spirit. Witty and heartwarming, *The Penguin Lessons* is a classic in the making, a story that is both absurd and wonderful, exactly like Juan Salvador. Praise for *The Penguin Lessons* "I loved this book, and you will, too! It's as charming, heartwarming, and surprising as a penguin on a roof terrace. What's more, *The Penguin Lessons* teaches an important truth: that a single act of compassion can be repaid a thousand-fold."—Sy Montgomery, author of *The Good Good Pig* and the National Book Award finalist *The Soul of an Octopus* "[Tom Michell's] tone suits the material perfectly. . . . You believe every word. . . . No fool, this penguin. No fools, these publishers, who have unleashed such a

delightful and charming book just in time for Christmas.”—Daily Mail (U.K.) “Heart-warming is a wholly inadequate phrase to describe this captivating story that is pure delight from beginning to end.”—The Bookseller (U.K.)

the last lecture book: He's Not Lazy Adam Price, 2017-08-01 “Clinical psychologist Price offers one of the most significant books of the year in this new look at an old problem—the underperforming teenage boy... Price’s book brings an important voice to a much needed conversation.” —Library Journal (Starred review) On the surface, capable teenage boys may look lazy. But dig a little deeper, writes child psychologist Adam Price in *He’s Not Lazy*, and you’ll often find conflicted boys who want to do well in middle and high school but are afraid to fail, and so do not try. This book can help you become an ally with your son, as he discovers greater self-confidence and accepts responsibility for his future. Why are some teenage boys unmotivated? Why do they spend endless hours playing video games or glued to their phones and social media sites instead of studying? Is this a sign of laziness or something more troubling? As a clinical psychologist, Dr. Adam Price has found that teenage boys are extremely sensitive to the stress of our competitive achievement-oriented culture—one that has created a pressure cooker for today’s adolescent. In *He’s Not Lazy*, Dr. Price, a renowned expert on ADHD and learning disabilities, explains how to help a boy who is not lazy, but rather, is conflicted about trying his best. Dr. Price will guide you to discover hidden obstacles to your son’s success, set expectations, and empower him to accept responsibility for his own future. *He’s Not Lazy* will help you become your son’s ally, as he discovers greater self-confidence and becomes more self-reliant. Rather than reacting to pressure by shunning academic responsibilities altogether or propping up fear-based rebellion with justifications like “I am not going to be one of those nerds who have no life,” or “Tests don’t measure intelligence or help you learn, so what’s the point of studying for them?” your teenage son can work with you using the guidance in this book.

the last lecture book: *Steve Jobs Life by Design* George Beahm, 2014-06-01 In 2005 Steve Jobs gave his first and only ‘commencement address’ – a lecture given to the graduating class at Stanford University in the US, an audience of 23,000 students. This lecture was to be the most famous such address and resulted in 26 million viewers once it hit the web. It was an opportunity for Jobs to pause and reflect, to provide a personal and professional summation of his remarkable life. *Steve Jobs Life By Design*, is based on this lecture, with the author, George Beahm connecting the dots and providing the examples, context and perspective from Jobs’ life to expand on each lesson. George Beahm is a New York Times bestselling author. Beahm has also published more than thirty books on popular culture subjects, including Michael Jordan, J.K. Rowling, Philip Pullman, C.S. Lewis, J.R.R. Tolkien, Indiana Jones, Anne Rice, Patricia Cornwell, the Big Bang Theory television show, Caribbean Pirates, censorship, and Stephen King (several books). Among his most recent books is *I, Steve: Steve Jobs in His Own Words* which debuted on the New York Times bestseller list at #3, and has sold more than two dozen foreign language editions. Its worldwide success led to a line of business-related quote books on media mogul Rupert Murdoch, Facebook’s Mark Zuckerberg, and the Google co-founders, Sergey Brin and Larry Page.

the last lecture book: *For the Love of Physics* Walter Lewin, 2011-05-03 “YOU HAVE CHANGED MY LIFE” is a common refrain in the emails Walter Lewin receives daily from fans who have been enthralled by his world-famous video lectures about the wonders of physics. “I walk with a new spring in my step and I look at life through physics-colored eyes,” wrote one such fan. When Lewin’s lectures were made available online, he became an instant YouTube celebrity, and The New York Times declared, “Walter Lewin delivers his lectures with the panache of Julia Child bringing French cooking to amateurs and the zany theatricality of YouTube’s greatest hits.” For more than thirty years as a beloved professor at the Massachusetts Institute of Technology, Lewin honed his singular craft of making physics not only accessible but truly fun, whether putting his head in the path of a wrecking ball, supercharging himself with three hundred thousand volts of electricity, or demonstrating why the sky is blue and why clouds are white. Now, as Carl Sagan did for astronomy and Brian Green did for cosmology, Lewin takes readers on a marvelous journey in *For the Love of*

Physics, opening our eyes as never before to the amazing beauty and power with which physics can reveal the hidden workings of the world all around us. "I introduce people to their own world," writes Lewin, "the world they live in and are familiar with but don't approach like a physicist—yet." Could it be true that we are shorter standing up than lying down? Why can we snorkel no deeper than about one foot below the surface? Why are the colors of a rainbow always in the same order, and would it be possible to put our hand out and touch one? Whether introducing why the air smells so fresh after a lightning storm, why we briefly lose (and gain) weight when we ride in an elevator, or what the big bang would have sounded like had anyone existed to hear it, Lewin never ceases to surprise and delight with the extraordinary ability of physics to answer even the most elusive questions. Recounting his own exciting discoveries as a pioneer in the field of X-ray astronomy—arriving at MIT right at the start of an astonishing revolution in astronomy—he also brings to life the power of physics to reach into the vastness of space and unveil exotic uncharted territories, from the marvels of a supernova explosion in the Large Magellanic Cloud to the unseeable depths of black holes. "For me," Lewin writes, "physics is a way of seeing—the spectacular and the mundane, the immense and the minute—as a beautiful, thrillingly interwoven whole." His wonderfully inventive and vivid ways of introducing us to the revelations of physics impart to us a new appreciation of the remarkable beauty and intricate harmonies of the forces that govern our lives.

the last lecture book: Feynman's Lost Lecture David L Goodstein, Judith R Goodstein, 2014-08-21 On 14 March 1964 Richard Feynman, one of the greatest scientific thinkers of the 20th Century, delivered a lecture entitled 'The Motion of the Planets Around the Sun'. For thirty years this remarkable lecture was believed to be lost. But now Feynman's work has been reconstructed and explained in meticulous, accessible detail, together with a history of ideas of the planets' motions. The result is a vital and absorbing account of one of the fundamental puzzles of science, and an invaluable insight into Feynman's charismatic brilliance.

the last lecture book: Last Lectures on the Prevention and Intervention of Genocide Samuel Totten, 2017-09-29 Last Lectures on the Prevention and Intervention of Genocide is a collection of hypothetical 'last lectures' by some of the top scholars and practitioners across the globe in the fields of human rights and genocide studies. Each lecture purportedly constitutes the last thing the author will ever say about the prevention and intervention of genocide. The contributions to this volume are thought-provoking, engaging, and at times controversial, reflecting the scholars' most advanced thinking about issues of human rights and genocide. This book will be of great interest to professors, researchers, and students of political science, international relations, psychology, sociology, history, human rights, and genocide studies.

the last lecture book: Forecasting: principles and practice Rob J Hyndman, George Athanasopoulos, 2018-05-08 Forecasting is required in many situations. Stocking an inventory may require forecasts of demand months in advance. Telecommunication routing requires traffic forecasts a few minutes ahead. Whatever the circumstances or time horizons involved, forecasting is an important aid in effective and efficient planning. This textbook provides a comprehensive introduction to forecasting methods and presents enough information about each method for readers to use them sensibly.

the last lecture book: Leaders Eat Last Simon Sinek, 2014-01-09 Leadership is not a rank, it is a responsibility. Leadership is not about being in charge, it is about taking care of those in your charge. When we take care of our people, our people will take care of us. They will help see that our cause becomes a reality. In Leaders Eat Last, Simon Sinek, internationally bestselling author of Start With Why, investigates these great leaders from Marine Corps Officers, who don't just sacrifice their place at the table but often their own comfort and even their lives for those in their care, to the heads of big business and government - each putting aside their own interests to protect their teams. 'Simple and elegant, it shows us how leaders should lead' William Ury, co-author of Getting to Yes

the last lecture book: Deep Learning for Coders with fastai and PyTorch Jeremy Howard,

Sylvain Gugger, 2020-06-29 Deep learning is often viewed as the exclusive domain of math PhDs and big tech companies. But as this hands-on guide demonstrates, programmers comfortable with Python can achieve impressive results in deep learning with little math background, small amounts of data, and minimal code. How? With fastai, the first library to provide a consistent interface to the most frequently used deep learning applications. Authors Jeremy Howard and Sylvain Gugger, the creators of fastai, show you how to train a model on a wide range of tasks using fastai and PyTorch. You'll also dive progressively further into deep learning theory to gain a complete understanding of the algorithms behind the scenes. Train models in computer vision, natural language processing, tabular data, and collaborative filtering Learn the latest deep learning techniques that matter most in practice Improve accuracy, speed, and reliability by understanding how deep learning models work Discover how to turn your models into web applications Implement deep learning algorithms from scratch Consider the ethical implications of your work Gain insight from the foreword by PyTorch cofounder, Soumith Chintala

the last lecture book: ISE the Last Dance: Encountering Death and Dying Lynne Ann DeSpelder, Albert Lee Strickland, Jeanette M. Potts, Marion Mason, 2019-05-19 The Last Dance: Encountering Death and Dying provides a comprehensive, up to date, and readable introduction to the study of death and dying. It directs attention to the evolving understanding of death and dying in today's culturally diverse environment. In a straightforward, conversational style, with an extensively illustrated format, The Last Dance provides a solid grounding in theory and research as well as in methods for applying what is learned to readers' own circumstances, both personal and professional. No other textbook so successfully combines the research and theories of such diverse disciplines as anthropology, art, ethics, health science, literature, philosophy, psychology, public policy, religion, and sociology. The eleventh edition of The Last Dance includes coverage of key topics yet retains the focus, writing, and pedagogy instructors have come to expect from the best-selling text in death studies. Instructors and students can now access their course content through the Connect digital learning platform by purchasing either standalone Connect access or a bundle of print and Connect access. McGraw-Hill Connect® is a subscription-based learning service accessible online through your personal computer or tablet. Choose this option if your instructor will require Connect to be used in the course. Complete system requirements to use Connect can be found here:

<http://www.mheducation.com/highered/platforms/connect/training-support-students.html>

the last lecture book: Deep Learning Ian Goodfellow, Yoshua Bengio, Aaron Courville, 2016-11-10 An introduction to a broad range of topics in deep learning, covering mathematical and conceptual background, deep learning techniques used in industry, and research perspectives. "Written by three experts in the field, Deep Learning is the only comprehensive book on the subject." —Elon Musk, cochair of OpenAI; cofounder and CEO of Tesla and SpaceX Deep learning is a form of machine learning that enables computers to learn from experience and understand the world in terms of a hierarchy of concepts. Because the computer gathers knowledge from experience, there is no need for a human computer operator to formally specify all the knowledge that the computer needs. The hierarchy of concepts allows the computer to learn complicated concepts by building them out of simpler ones; a graph of these hierarchies would be many layers deep. This book introduces a broad range of topics in deep learning. The text offers mathematical and conceptual background, covering relevant concepts in linear algebra, probability theory and information theory, numerical computation, and machine learning. It describes deep learning techniques used by practitioners in industry, including deep feedforward networks, regularization, optimization algorithms, convolutional networks, sequence modeling, and practical methodology; and it surveys such applications as natural language processing, speech recognition, computer vision, online recommendation systems, bioinformatics, and videogames. Finally, the book offers research perspectives, covering such theoretical topics as linear factor models, autoencoders, representation learning, structured probabilistic models, Monte Carlo methods, the partition function, approximate inference, and deep generative models. Deep Learning can be used by

undergraduate or graduate students planning careers in either industry or research, and by software engineers who want to begin using deep learning in their products or platforms. A website offers supplementary material for both readers and instructors.

the last lecture book: *The Magic Room* Jeffrey Zaslow, 2011-12-27 The New York Times bestselling journalist and author of *The Girls from Ames*, Jeffrey Zaslow, takes us to a multi-generational family owned small-town bridal shop to explore the emotional lives of women in the 21st century. You may not have heard of Fowler, Michigan, much less Becker's Bridal. But for the thousands of women who have stepped inside, Becker's is the site of some of the most important moments of their lives-moments that speak to us all. Housed in a former bank, the boutique owners transformed the vault into a magic room, with soft church lighting, a circular pedestal, and mirrors that make lifelong dreams come true. Illuminating the poignant aspects of a woman's journey to the altar, *The Magic Room* tells the stories of memorable women on the brink of commitment. Run by the same family for years, Becker's has witnessed transformations in how America views the institution of marriage; some of the shop's clientele are becoming stepmothers, or starting married life for a second time. In *The Girls from Ames*, beloved author Jeffrey Zaslow used friendships to explore the emotional lives of women. In *The Magic Room*, he turns his perceptive eye to weddings and weaves together secrets, memories and family tales to explore the hopes and dreams we have for our daughters.

the last lecture book: *Be Where Your Feet Are* Scott O'Neil, 2021-06-01 Scott O'Neil, one of America's most successful sports executives, shares seven principles to keep you present, grounded, and thriving. When we're moving at 115 MPH, we rarely see the wall coming. But it comes for all of us and when it does, we grasp for lessons, for meaning, for purpose. Each moment (good or bad) and each win or loss, provides us an opportunity to learn, and if we choose to take it, that opportunity can change our lives-and the world- for the better. The human spirit craves connection. Authenticity. Belonging. Touch. Gratitude. Purpose. We need to make our interactions count. Whether it's the death of a friend, loss of a job, a bad break-up or the isolation of COVID-19, those who manage to be where their feet are will grow, stretch and emerge stronger, smarter and more prepared as we find peace and gratitude in the pause. In *Be Where Your Feet Are*, Scott O'Neil, CEO of the Philadelphia 76ers and New Jersey Devils, offers his own story of grief and healing, and shares his most valuable lessons in what keeps him present, grounded and thriving as a father, husband, coach, mentor, and leader. Scott avails his network to share poignant life lessons from an array of people including professional athletes and sports executives, a world-famous Movie Director, Saudi royalty; and his teenage daughters, among many others. *Be Where Your Feet Are* provides a humbling and vulnerable peek behind the curtain as well as a framework, anecdotes, and exercises to guide the reader towards self-discovery. A gifted storyteller with an uncanny ability and willingness to bare raw emotion, Scott weaves in and out of stories that have left deep imprints on him and are written to lift and inspire.

the last lecture book: *The Christmas Shoes* Donna VanLiere, 2008-05-27 Already a Christmas classic, *The Christmas Shoes* is an extraordinary tale based on the remarkably popular song of the same name, and adapted to a made-for-TV movie. The heartwarming story by NewSong instantly soared to the top of the charts, mesmerizing listeners. Donna VanLiere has captured the hearts of readers everywhere. The story follows the paths of a man and a boy through one fateful, snowy Christmas. Beautifully rendered and poignantly touching *The Christmas Shoes* tells a tale of hope, love and faith.

the last lecture book: *Gabby* Gabrielle Giffords, Mark Kelly, 2012-10-11 A deeply personal account of Congresswoman Gabrielle Giffords' and astronaut Mark Kelly's lives together, recounting their courtship, Ms Giffords' rise in politics, and the tragic 8th January 2011 shooting in Arizona which killed six people and gravely wounded Representative Gifford and twelve others. The book also tells the story of her recovery progress and traces Kelly's career from decorated Desert Storm combat pilot to his recent mission as the commander of Space Shuttle Endeavour's final flight.

the last lecture book: *Lecture* Mary Cappello, 2020-09-08 An energetic and irreverent essay

on the forgotten art of the lecture, part of Transit's new Undelivered Lectures series.

the last lecture book: The Leader in You Dale Carnegie, 2020-03-16 The book focuses on identifying your own leadership strengths to get success. Leadership is never easy. But thankful, something else is also true. Everyone of us has the potential to be a leader every day. Many people still have a narrow understanding of what leadership really is. But the fact of the matter is that leadership doesn't begin and end at the very top. It is every bit as important, perhaps more important, in the place most of us live and work. The leadership techniques that will work best for you are the ones you nurture inside. The best selling book on Human relations.

the last lecture book: The Purple Decades Tom Wolfe, 2018-06-21 The Purple Decades brings together the author's own selections from his list of critically acclaimed publications, including the best from *The Electric Kool-Aid Acid Test*, *Radical Chic*, *From Bauhaus to Our House*, *The Right Stuff* and the complete text of *Mau-Mauing and the Flak Catchers*. An essential introduction to the non-fiction writing of the inventor of New Journalism.

the last lecture book: Professor Berman Hyman Berman, Jay Weiner, 2019 'Professor Berman' provides a unique and conversational contribution to Minnesota history and a revealing memoir of the late University of Minnesota professor, Hy Berman, who was one of the state's most well-known and beloved political observers. The book is a collection of Berman's stories that have been gathered and curated by longtime Twin Cities journalist, Jay Weiner. From Berman's life as a young Communist to his friendship with, and political advising to Governor Rudy Perpich, from his brush with some of the 20th century's top historians to his groundbreaking lectures in 1980s China, from his close, personal understanding of Hubert Humphrey to his rejection of esoteric scholarship, 'Professor Berman' is a conversational self-portrait of the incomparable University of Minnesota historian, Hy Berman--

the last lecture book: Light From Many Lamps Lillian Watson, 1988-01-15 A classic treasury of inspiration featuring hundreds of passages and quotations—selected from the wisdom of the ages—offering invaluable insight and guidance on the challenges of daily life. Here are not only the best of the world's most inspiring thoughts and ideas, but the stories behind them: how they came to be written and what their impact has been on others. A storehouse of inspired and inspiring reading, it is a collection of brief, stimulating biographies as well. There are selections from John Burroughs, Alfred Tennyson, Robert Browning, Elizabeth Barrett Browning, Abraham Lincoln, Franklin D. Roosevelt, William Cullen Bryant, Ralph Waldo Emerson, William Shakespeare, Hippocrates, Confucius, and many others. A distillation of the greatest thoughts, ideas, and philosophies that have been handed down to us through the ages, this is a book to turn to over and over again—a book of moral, spiritual, and ethical guidance—an unfailing source of comfort and inspiration for all.

the last lecture book: Lectures On Computation Richard P. Feynman, 1996-09-08 Covering the theory of computation, information and communications, the physical aspects of computation, and the physical limits of computers, this text is based on the notes taken by one of its editors, Tony Hey, on a lecture course on computation given b

the last lecture book: Speech & Language Processing Dan Jurafsky, 2000-09

the last lecture book: Man Down Charlie Hoare, 2020-03-12 How often do you put on a 'coping' front, when in reality you're troubled with insecurities and anxieties? Do you find it difficult to open up about how you're feeling? You might be surprised to learn that you are not alone, and that many men find it challenging to talk about their worries. From tips on how to reach out, to advice on navigating mental health issues, this volume is full of guidance on how to look out for your well-being. Topics covered include: Anxiety and depression Stress Suicidal thoughts Dealing with traditional gender expectations Self-care and mindfulness methods How to open up and communicate Where to seek help With personal experiences and insights, this book will improve your awareness of mental health, offer tools and techniques to enable you to manage it better, and help you to live a happier, healthier life.

the last lecture book: Make Your Bed William H. McRaven, 2017-06-15 Make a new start in 2023 with positive daily habits for a healthy mind, from the incredible No. 1 New York Times

bestseller THE INCREDIBLE NO. 1 NEW YORK TIMES BESTSELLER 'SUPERB, SMART, AND SUCCINCT' FORBES _____ Struggling to find structure? Finding yourself lacking motivation? Start by making your bed. Maintaining routine and structure is more important than ever in the age of home working, flexi-time and the general chaos of life. In *Make Your Bed*, Admiral William H. McRaven shares 10 life lessons he learned during his Navy Seal training that helped him overcome challenges not only in his long Naval career, but also throughout his life. He will teach you how to . . .

- Master the essential daily habits for staying grounded
- Learn how to keep your mind calm and ready for the day ahead
- Find solace and companionship in the people around you
- Cope with setbacks and keep moving forward
- Stray beyond your comfort zone and take risks

Written with great humility and optimism, this timeless book provides simple and universal wisdom, practical advice, and words of encouragement that will inspire every reader. _____ 'A book to inspire your children and grandchildren to become everything that they can' *The Wall Street Journal*

the last lecture book: *The Last Alchemist* Erik Hamre, 2015-10-16 DAVID DYPSTVIK, A BROKE AND DEPRESSED MBA STUDENT IS GIVEN A SECRET ASSIGNMENT BY HIS UNIVERSITY PROFESSOR. FORTY YEARS EARLIER, IN THE 1970S, ONE OF THE WORLD'S RICHEST MEN VANISHED MYSTERIOUSLY FROM THE FACE OF THE EARTH. THE BILLIONAIRE HAD JUST COMPLETED A LECTURE SERIES CALLED 'THE PRINCIPLES OF WEALTH' AT OXFORD UNIVERSITY. DID HE SHARE SOME SECRETS HE SHOULDN'T HAVE AT THAT LAST LECTURE? AND WHAT REALLY HAPPENED THE MORNING OF HIS DISAPPEARANCE? *The last Alchemist* is a roller-coaster ride of a novel. It will take you on a journey through the history of wealth-creation and ancient mysteries. We follow a reluctant hero, an average wanna-get-rich-quick MBA student, in his relentless search for the missing billionaire and the secret of riches. But nothing could have prepared our reluctant hero for what he is about to face. Nobody is who they claim to be, and the stakes are high when the prize is abundant riches. Or maybe something else entirely.....

the last lecture book: *A Little Life* Hanya Yanagihara, 2016 Moving to New York to pursue creative ambitions, four former classmates share decades marked by love, loss, addiction, and haunting elements from a brutal childhood.

the last lecture book: *How to Do Nothing* Jenny Odell, 2019-04-23 ** A New York Times Bestseller ** NAMED ONE OF THE BEST BOOKS OF THE YEAR BY: Time • The New Yorker • NPR • GQ • Elle • Vulture • Fortune • Boing Boing • The Irish Times • The New York Public Library • The Brooklyn Public Library A complex, smart and ambitious book that at first reads like a self-help manual, then blossoms into a wide-ranging political manifesto.—Jonah Engel Bromwich, *The New York Times Book Review* One of President Barack Obama's Favorite Books of 2019 Porchlight's Personal Development & Human Behavior Book of the Year In a world where addictive technology is designed to buy and sell our attention, and our value is determined by our 24/7 data productivity, it can seem impossible to escape. But in this inspiring field guide to dropping out of the attention economy, artist and critic Jenny Odell shows us how we can still win back our lives. Odell sees our attention as the most precious—and overdrawn—resource we have. And we must actively and continuously choose how we use it. We might not spend it on things that capitalism has deemed important ... but once we can start paying a new kind of attention, she writes, we can undertake bolder forms of political action, reimagine humankind's role in the environment, and arrive at more meaningful understandings of happiness and progress. Far from the simple anti-technology screed, or the back-to-nature meditation we read so often, *How to do Nothing* is an action plan for thinking outside of capitalist narratives of efficiency and techno-determinism. Provocative, timely, and utterly persuasive, this book will change how you see your place in our world.

the last lecture book: *Dreaming the Soul Back Home* Robert Moss, 2012-05-08 In this extraordinary book, shamanic dream teacher Robert Moss shows us how to become shamans of our own souls and healers of our own lives. The greatest contribution of the ancient shamans to modern healing is the understanding that in the course of any life we are liable to suffer soul loss — the loss of parts of our vital energy and identity — and that to be whole and well, we must find the means of soul recovery. Moss teaches that our dreams give us maps we can use to find and bring home our

lost or stolen soul parts. He shows how to recover animal spirits and ride the windhorse of spirit to places of healing and adventure in the larger reality. We discover how to heal ancestral wounds and open the way for cultural soul recovery. You'll learn how to enter past lives, future lives, and the life experiences of parallel selves and bring back lessons and gifts. "It's not just about keeping soul in the body," Moss writes. "It's about growing soul, becoming more than we ever were before." With fierce joy, he incites us to take the creator's leap and bring something new into our world.

the last lecture book: Beyond the Wisdom of Walt Jeffrey Barnes, 2017-09

the last lecture book: *Oathbringer* Brandon Sanderson, 2018-10-04 'Brandon Sanderson is one of the greatest fantasy writers' FANTASY BOOK REVIEW From the bestselling author who completed Robert Jordan's epic Wheel of Time series comes a new, original creation that matches anything else in modern fantasy for epic scope, thrilling imagination, superb characters and sheer addictiveness. In *Oathbringer*, the third volume of the New York Times bestselling Stormlight Archive series, humanity faces a new Desolation with the return of the Voidbringers, a foe whose numbers are as great as their thirst for vengeance. The Alethi armies commanded by Dalinar Kholin won a fleeting victory at a terrible cost: The enemy Parshendi summoned the violent Everstorm, and now its destruction sweeps the world and its passing awakens the once peaceful and subservient parshmen to the true horror of their millennia-long enslavement by humans. While on a desperate flight to warn his family of the threat, Kaladin Stormblessed must come to grips with the fact that their newly kindled anger may be wholly justified. Nestled in the mountains high above the storms, in the tower city of Urithiru, Shallan Davar investigates the wonders of the ancient stronghold of the Knights Radiant and unearths the dark secrets lurking in its depths. And Dalinar realizes that his holy mission to unite his homeland of Alethkar was too narrow in scope. Unless all the nations of Roshar can put Dalinar's blood-soaked past aside and stand together - and unless Dalinar himself can confront that past - even the restoration of the Knights Radiant will not avert the end of civilization. 'I loved this book. What else is there to say?' Patrick Rothfuss, New York Times bestselling author of *The Name of the Wind*, on *The Way of Kings*

the last lecture book: The Attention Revolution B. Alan Wallace, 2010-10-08 Shamatha meditation is a method for achieving previously inconceivable levels of concentration. Author B. Alan Wallace, an active participant in the much-publicized dialogues between Buddhists and scholars, has more than 20 years' practice in the discipline, some of it under the guidance of the Dalai Lama. This book is a definitive presentation of his knowledge of shamatha. It is aimed at the contemporary seeker who is distracted and defocused by the dizzying pace of modern life, as well as those suffering from depression and other mental maladies. Beginning by addressing the inherent problems.

the last lecture book: Extinguish Burnout Robert Bogue, Terri Bogue, 2019 An authoritative and relevant guide that provides practical advice for how to avoid and recover from burnout and embark on the pathway to thriving. Trapped. Stuck. Helpless. These are the words that people experiencing burnout use to describe their lives, but they don't have to. The words used after extinguishing burnout are hopeful, thriving, flourishing, and powerful. Nearly everyone has experienced burnout. Some have escaped burnout's grips, but at what cost, and after how long? When we find ourselves succumbing to the pressures of today that move us towards burnout, we need a clear path to get out and avoid it in the future. That's what Rob and Terri Bogue have put together - a clear path out of burnout. In the book, you'll learn: - What causes burnout and how to escape - How to more realistically value the results you're getting - When to ask for and receive more support - What four simple physical self-care activities reduce burnout - How to change your self-talk for the better - What to do to manage your demands so you're not so exhausted - How to better recognize your personal value - How to integrate your self-image and reduce your stress - How to identify and eliminate barriers to your efficacy - How to build resilience against setbacks - Why hope is essential - Why failure isn't final - How to be detached without being disengaged Rob and Terri convert abstract concepts into tangible activities that you can do to escape burnout. They convert nearly incomprehensible research into practical steps anyone can take. Intentionally short

chapters can be read in only a few minutes, so you don't have to commit to a long book or chapter to start feeling better. If you need to read one book about well-being, this is absolutely it. - Sharlyn Lauby, Author of HR Bartender

the last lecture book: Summary of The Last Lecture by Randy Pausch & Jeffrey Zaslow Abbey Beathan, 2019-06-10 The Last Lecture by Randy Pausch Book Summary Abbey Beathan (Disclaimer: This is NOT the original book.) If we were destined to perish tomorrow, what would we want as our legacy? How would your Last Lecture be? The Last Lecture is not about dying, it is about the dedication to overcome your obstacles and seizing every single moment of your life. You could summarize it as carpe diem but it's not so simple. The book is about the accumulation of the life of a brilliant man whom after facing terminal cancer, notices he is near his last lecture, the last mark he would leave. And it can be a lesson to all of us, to live like we were going to give our last lecture in order to make the most of it. (Note: This summary is wholly written and published by Abbey Beathan. It is not affiliated with the original author in any way) We cannot change the cards we are dealt, just how we play the hand. - Randy Pausch Pausch's book is a combination of inspiration, intelligence and humor which is the reason why The Last Lecture was such a successful release. A book to encourage living our lives and continue moving forward despite how grim the situation might be. An inspirational tool to make you adopt an attitude of not giving up. A book to encourage us to leave a memorable legacy. P.S. The Last Lecture is an extraordinary book that will make you seize every moment as it is your last so you can enjoy life to the fullest. P.P.S. It was Albert Einstein who famously said that once you stop learning, you start dying. It was Bill Gates who said that he would want the ability to read faster if he could only have one superpower in this world. Abbey Beathan's mission is to bring across amazing golden nuggets in amazing books through our summaries. Our vision is to make reading non-fiction fun, dynamic and captivating. Ready To Be A Part Of Our Vision & Mission? Scroll Up Now and Click on the Buy now with 1-Click Button to Get Your Copy. Why Abbey Beathan's Summaries? How Can Abbey Beathan Serve You? Amazing Refresher if you've read the original book before Priceless Checklist in case you missed out any crucial lessons/details Perfect Choice if you're interested in the original book but never read it before Disclaimer Once Again: This book is meant for a great companionship of the original book or to simply get the gist of the original book. One of the greatest and most powerful gift in life is the gift of knowledge. The way of success is the way of continuous pursuit of knowledge - Abbey Beathan

the last lecture book: Judy Moody Declares Independence Megan McDonald, 2010-02-09 When a visit to Boston spurs Judy's interest in Revolutionary heroes and heroines, she's soon on a quest for more independence in this hilarious episode from Megan McDonald and Peter H. Reynolds. Huzzah! She, Judy Moody, would hereby, this day, make the Judy Moody Declaration of Independence. With alien rights and her own Purse of Happiness and everything. Hear ye! Hear ye! Everyone knows that Judy Moody has a mood for every occasion, and now a visit to Boston has put our famous third grader in a revolutionary mood. When Judy meets an English girl named Tori at the Tea Party ship, she is gobsmacked to learn how many liberties her British friend enjoys — her very own phone, private loo, and pounds of allowance. When a day of cheerfully doing her chores doesn't earn Judy Moody more rights, and staging a revolt in the form of a tea-throwing Boston Tub Party has her dad reading the riot act, Judy is forced into temporary retreat. Who would guess that a real-life crisis involving her brother, Stink, would finally give Judy a chance to show her courageous quick thinking — and prove her independence, once and for all?

the last lecture book: The New Age Handbook on Death and Dying Carol W. Parrish-Harra, Carol Elizabeth Parrish-Harra, 1989

the last lecture book: This Is Water Kenyon College, 2014-05-22 Only once did David Foster Wallace give a public talk on his views on life, during a commencement address given in 2005 at Kenyon College. The speech is reprinted for the first time in book form in THIS IS WATER. How does one keep from going through their comfortable, prosperous adult life unconsciously? How do we get ourselves out of the foreground of our thoughts and achieve compassion? The speech captures Wallace's electric intellect as well as his grace in attention to others. After his death, it became a

treasured piece of writing reprinted in The Wall Street Journal and the London Times, commented on endlessly in blogs, and emailed from friend to friend. Writing with his one-of-a-kind blend of causal humor, exacting intellect, and practical philosophy, David Foster Wallace probes the challenges of daily living and offers advice that renews us with every reading.

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