## the millionaire breakthrough

the millionaire breakthrough is a concept that captures the pivotal moment when individuals transition from financial struggle to achieving substantial wealth. This article presents a comprehensive guide to understanding the millionaire breakthrough, exploring the essential mindset shifts, proven strategies, and actionable steps that have helped countless people build lasting wealth. Whether you're starting your financial journey or seeking to scale your success, this guide covers key topics such as wealth-building principles, investment strategies, habits of high net-worth individuals, and common obstacles to financial growth. With practical insights and evidence-based techniques, readers will discover how to unlock their millionaire potential and navigate the path to financial freedom. Continue reading to uncover the secrets behind the millionaire breakthrough and learn how you can apply these principles to your own life.

- Understanding the Millionaire Breakthrough
- Key Mindset Shifts for Wealth Creation
- · Essential Strategies for Building Wealth
- · Habits of Millionaires
- Overcoming Common Barriers to Wealth
- Actionable Steps to Achieve Your Breakthrough
- Conclusion

## **Understanding the Millionaire Breakthrough**

The millionaire breakthrough refers to the critical transformation that propels individuals from their current financial state into the realm of lasting wealth. This shift is not simply about earning more money; it's about adopting a new perspective on wealth creation, financial management, and personal growth. Many who achieve this breakthrough attribute their success to a combination of mindset changes, strategic actions, and consistent habits. Recognizing the factors that contribute to the millionaire breakthrough is essential for anyone seeking financial independence and security. By understanding what sets successful individuals apart, readers can better prepare themselves to embark on their own journey toward substantial wealth.

## **Key Mindset Shifts for Wealth Creation**

## **Embracing Abundance and Possibility**

A fundamental component of the millionaire breakthrough is the shift from a scarcity mindset to one of abundance. Those who achieve significant wealth believe that opportunities are plentiful and that they have the power to create their own financial destiny. This belief system fosters resilience, creativity, and a willingness to take calculated risks. Adopting an abundance mindset enables individuals to see possibilities where others see obstacles, ultimately paving the way for financial growth.

## Commitment to Lifelong Learning

Successful millionaires prioritize continuous learning and personal development. They understand that financial markets, investment strategies, and economic conditions are constantly evolving. Staying informed and adaptable is crucial to maintaining and growing wealth. Whether it's reading books, attending seminars, or seeking mentorship, the commitment to education distinguishes those who

achieve the millionaire breakthrough from those who remain stagnant.

## Taking Responsibility for Financial Outcomes

Personal accountability is another key mindset shift. Individuals who experience the millionaire breakthrough take full ownership of their financial decisions, both successes and failures. This proactive approach encourages disciplined money management, strategic investments, and the ability to learn from mistakes. By embracing responsibility, aspiring millionaires position themselves as active participants in their financial journey.

## **Essential Strategies for Building Wealth**

## Multiple Streams of Income

One of the most effective strategies for achieving the millionaire breakthrough is developing multiple sources of income. Relying on a single salary or business can limit financial growth and increase vulnerability to economic downturns. Millionaires diversify their income through investments, side businesses, real estate, and intellectual property. This approach not only accelerates wealth accumulation but also provides a safety net during uncertain times.

- Investing in stocks, bonds, and mutual funds
- Launching and scaling businesses
- · Real estate investments and rental properties
- Royalties from creative works or patents

· Online ventures and digital assets

## **Smart Investment Strategies**

Investing is a cornerstone of wealth creation. The millionaire breakthrough often involves developing a sophisticated understanding of various investment vehicles and risk management techniques.

Millionaires allocate their resources strategically, balancing growth opportunities with capital preservation. They prioritize assets that offer compounding returns and leverage tax-advantaged accounts to maximize their wealth. Effective investment strategies are built on research, patience, and a willingness to adapt to changing market conditions.

## **Mastering Money Management**

Financial discipline is essential for building and preserving wealth. Millionaires implement budgets, monitor expenses, and avoid unnecessary debt. They understand the importance of cash flow management and regularly review their financial statements. By maintaining control over their finances, they can allocate resources to high-yield opportunities and avoid common pitfalls that derail wealth accumulation.

## Habits of Millionaires

## Goal Setting and Visualization

The millionaire breakthrough is often preceded by clear goal setting and consistent visualization of success. Millionaires define specific financial targets, break them into actionable steps, and regularly

track their progress. Visualization techniques help reinforce motivation, focus, and the belief in achieving desired outcomes.

## **Effective Time Management**

Time is a valuable asset for those pursuing the millionaire breakthrough. Successful individuals prioritize high-impact activities, delegate tasks, and eliminate distractions. By managing their time effectively, they can focus on initiatives that generate the greatest return on investment and accelerate their path to financial freedom.

## **Networking and Relationship Building**

Building a robust network of mentors, peers, and industry experts is a common habit among millionaires. These relationships provide access to valuable insights, opportunities, and resources. Millionaires invest in developing meaningful connections and regularly participate in professional and social events that expand their influence and support their financial goals.

## Overcoming Common Barriers to Wealth

## Limiting Beliefs and Fear of Failure

Many individuals struggle to achieve the millionaire breakthrough due to deep-seated limiting beliefs and a fear of failure. These psychological barriers can prevent them from taking necessary risks or pursuing ambitious goals. Millionaires confront and reframe negative beliefs, viewing setbacks as learning opportunities rather than permanent obstacles.

#### Lack of Financial Education

A lack of financial literacy is a widespread barrier to wealth creation. Without understanding basic economic principles, investment strategies, or money management techniques, individuals are vulnerable to poor decisions and missed opportunities. Millionaires prioritize financial education, seeking expert advice and staying informed about market trends.

#### Procrastination and Lack of Action

Procrastination is a significant obstacle on the path to the millionaire breakthrough. It leads to missed opportunities and stagnation. Millionaires distinguish themselves by taking decisive action, setting deadlines, and maintaining momentum even during challenging times.

## Actionable Steps to Achieve Your Breakthrough

#### **Assess Your Current Financial Situation**

Begin by evaluating your income, expenses, assets, and liabilities. Understanding your financial baseline is essential for setting realistic goals and identifying areas for improvement.

## Set Clear, Achievable Goals

Define your financial objectives in detail. Whether it's saving a specific amount, starting a business, or investing in real estate, clear goals provide direction and motivation.

#### 1. Write down your goals

- 2. Break them into actionable steps
- 3. Establish deadlines for each milestone
- 4. Track progress regularly

## **Educate Yourself and Seek Mentorship**

Invest time in learning about personal finance, investment strategies, and wealth-building techniques. Seek mentorship from experienced individuals who have achieved the millionaire breakthrough.

## Take Consistent, Strategic Action

Implement your plan with discipline and persistence. Evaluate results, adjust strategies as needed, and remain committed to your long-term vision.

## Conclusion

Achieving the millionaire breakthrough is a multifaceted journey that involves shifting your mindset, adopting proven strategies, and developing habits that support lasting wealth. By understanding the principles outlined in this guide, individuals can position themselves for financial success and overcome common barriers to wealth creation. The path to becoming a millionaire is accessible to anyone willing to learn, act, and persevere. Applying these insights can help unlock your financial potential and pave the way for a future of abundance and prosperity.

## Q: What is the millionaire breakthrough?

A: The millionaire breakthrough is the transformative process where individuals shift from financial limitation to achieving significant wealth by adopting new mindsets, strategies, and habits.

## Q: What are the key mindset shifts required for wealth creation?

A: Key mindset shifts include embracing abundance, committing to lifelong learning, and taking responsibility for financial outcomes, all of which are critical for building and sustaining wealth.

## Q: How do millionaires create multiple streams of income?

A: Millionaires diversify their income by investing in stocks, real estate, launching businesses, creating intellectual property, and leveraging online ventures.

## Q: What habits contribute to the millionaire breakthrough?

A: Habits such as goal setting, effective time management, networking, and continuous learning are commonly practiced by those who achieve the millionaire breakthrough.

## Q: What are common barriers to wealth?

A: Common barriers include limiting beliefs, lack of financial education, fear of failure, and procrastination.

## Q: How can I start my journey toward the millionaire breakthrough?

A: Begin by assessing your financial situation, setting clear goals, educating yourself, seeking mentorship, and taking consistent, strategic action.

## Q: Why is financial education important for wealth creation?

A: Financial education equips individuals with the knowledge to make informed investment decisions, manage money wisely, and avoid common financial pitfalls.

## Q: Are investment strategies essential for becoming a millionaire?

A: Yes, smart investment strategies are crucial for growing and preserving wealth, offering compounding returns and financial security.

# Q: What role does networking play in achieving the millionaire breakthrough?

A: Networking provides access to valuable opportunities, insights, and resources that support financial growth and open doors to new ventures.

## Q: Can anyone achieve the millionaire breakthrough?

A: With the right mindset, education, and consistent action, anyone can pursue and potentially achieve the millionaire breakthrough, regardless of their starting point.

## The Millionaire Breakthrough

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## The Millionaire Breakthrough: Unlocking Your Path to Financial Freedom

#### Introduction:

Are you tired of living paycheck to paycheck, dreaming of financial independence but feeling stuck? Do you yearn for the freedom to pursue your passions, travel the world, and secure your future without the constant worry of money? This isn't just a pipe dream; it's a achievable reality. This post delves into "The Millionaire Breakthrough," exploring the mindset shifts, strategic actions, and practical steps you can take to create lasting wealth and achieve significant financial freedom. We'll move beyond generic advice and delve into actionable strategies backed by proven principles. Prepare to unlock your potential and embark on your journey towards millionaire status.

H2: Shifting Your Mindset: The Foundation of Wealth Creation

The journey to financial success begins not with a specific investment strategy, but with a fundamental shift in your mindset. Many aspiring millionaires stumble because they haven't addressed their core beliefs about money.

H3: Overcoming Limiting Beliefs:

Do you believe money is evil? That rich people are greedy? These limiting beliefs act as invisible barriers, preventing you from taking the necessary risks and making the crucial decisions required for wealth building. Actively identify and challenge these beliefs. Replace them with empowering affirmations, focusing on abundance and your capability to create wealth.

H3: Cultivating a Growth Mindset:

Embrace continuous learning. The financial landscape is constantly evolving. Read books, attend seminars, and network with successful individuals. A growth mindset allows you to adapt, learn from failures, and consistently refine your strategies. Don't be afraid to experiment and try new approaches.

H2: Strategic Actions: Building Your Financial Empire

Mindset is crucial, but it's only half the battle. Successful wealth creation requires strategic action.

H3: Diversification: Don't Put All Your Eggs in One Basket:

Diversifying your investments is paramount. Don't rely solely on one income stream or one type of investment. Explore options like stocks, bonds, real estate, and even starting your own business. Spreading your risk minimizes potential losses and maximizes your chances of significant gains.

H3: Smart Investing: Understanding Risk and Reward:

Investing requires understanding risk tolerance. High-risk investments offer the potential for substantial returns, but they also carry the risk of significant losses. Balance your portfolio to align

with your risk tolerance and financial goals. Thoroughly research any investment before committing your capital.

H3: Developing Multiple Income Streams:

Reliance on a single income source limits your earning potential. Explore passive income streams like rental properties, online businesses, or dividend-paying stocks. These supplementary income streams provide financial security and accelerate your wealth-building journey.

H2: The Power of Automation and Discipline

Consistent effort and smart financial habits are essential.

H3: Automating Your Savings and Investments:

Set up automatic transfers from your checking account to your savings and investment accounts. This ensures consistent contributions, even when you're busy or tempted to spend. The power of compounding interest is significantly amplified through consistent contributions.

H3: Tracking Your Expenses and Budgeting:

Understanding where your money goes is crucial. Track your expenses meticulously using budgeting apps or spreadsheets. Identify areas where you can cut back and redirect those funds towards savings and investments. Discipline is key to long-term financial success.

H2: Seeking Guidance and Mentorship

Don't navigate this journey alone.

H3: Financial Advisors and Mentors:

Consider working with a qualified financial advisor who can provide personalized guidance and help you create a comprehensive financial plan. Mentorship from successful individuals can provide invaluable insights and accelerate your progress. Networking with like-minded individuals can also provide support and motivation.

#### Conclusion:

Achieving "The Millionaire Breakthrough" isn't about luck; it's about a combination of mindset, strategic action, and unwavering discipline. By adopting the principles outlined in this post—cultivating a wealth mindset, diversifying your investments, automating your finances, and seeking guidance—you can pave the path towards significant financial freedom and create lasting wealth. Remember, the journey may be challenging, but the rewards are well worth the effort.

#### FAQs:

1. Is it too late to start building wealth at my age? No, it's never too late. Start where you are, with what you have. Even small consistent efforts compound over time.

- 2. What if I make a mistake in my investments? Mistakes are inevitable. Learn from them, adapt your strategy, and don't let fear paralyze you.
- 3. How much money do I need to start investing? You can start with even small amounts. Many investment platforms allow for small initial contributions.
- 4. Is it necessary to give up everything I enjoy to become wealthy? No, it's about balance. Create a budget that allows for both saving and enjoying life's pleasures.
- 5. What's the most important factor in achieving financial success? Consistency and discipline are paramount. Small, consistent actions over time yield significant results.

the millionaire breakthrough: The Millionaire Choice Tony Bradshaw, 2018-09-04 The Millionaire Choice inspires and equips anyone with hopes for a better financial future. Tony Bradshaw grew up in a financially challenged home in a lower income area of Nashville, TN. In his mid 20s, he found himself following in his family's footsteps of debt and financial struggle. Then at age 25, he experienced a financial wake-up call that changed his future forever: he decided to break his family's cycle of financial mismanagement and become a millionaire by 40 years old. It's what Tony calls making the millionaire choice. Regardless of circumstance or family background, everyone has the ability to make choices that affect their future positively or negatively. In The Millionaire Choice, Tony shares the principles and actions he applied during his journey to becoming a millionaire to reveal how, with the right financial knowledge and choices, anyone can become a millionaire.

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millions of others you know deep down that you deserve to do better than where you are today, than
this book is for you. Not a book based on old fashion theories or textbook scenarios, The Millionaire
Dropout is instead based on tried and tested methods of increasing personal skills, increasing your
wealth, improving your life-style and releasing all the personal power that is locked up inside you.
Based on the author's firsthand experience of bootstrapping himself out of failure, The Millionaire
Dropout is for anyone who wants to learn the secrets for increasing their income and their standard
of living. Divided into three sections readers will walk through the stages for taking control of their
life, learning how to make more money, and learning how be smart with their successes. Everyone
owes it to themselves to invest a little time and effort into increasing their standard of living and
releasing the personal power that is locked up inside of us all.

the millionaire breakthrough: The Millionaire Real Estate Agent Gary Keller, Dave Jenks, Jay Papasan, 2004-04-01 Take your real estate career to the highest level! Whether you are just getting started or a veteran in the business, The Millionaire Real Estate Agent is the step-by-step handbook for seeking excellence in your profession and in your life. --Mark Victor Hansen, cocreator, #1 New York Times bestselling series Chicken Soup for the Soul This book presents a new paradigm for real estate and should be required reading for real estate professionals everywhere. --Robert T. Kiyosaki, New York Times bestselling author of Rich Dad, Poor Dad The Millionaire Real Estate Agent explains: Three concepts that drive production Economic, organizational, and lead generation models that are the foundations of any high-achiever's business How to Earn a Million, Net a Million, and Receive a Million in annual income

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the millionaire breakthrough: How to Build A Million-Dollar Company From Your Own Home in Just 90 Days ...Really?!? Dr. Robert C. Worstell, 2014-05-31 To begin with, I was caught by surprise. I was doing my usual, which was working at the daily grind of my slow, but steady home business (of publishing books) when I got this email about a new release coming out. But it said nothing more than Dillard was releasing something new, and did I want to be part of it? I knew of Mike Dillard from his days in Magnetic Sponsoring. This is where he almost single-handedly revolutionized the Network Marketing industry - simply by introducing them to Attraction Marketing, and the Self-Liquidating Offer (Funded Proposal) After that, he'd gone on to build something called the Elevation Group which I hadn't paid much attention to, since it was beyond my price range. Then I got another email saying how to login to the affiliate members area - and once I got in, I started reviewing his descriptions about what was being offered... The reason I'm finally publishing this - is so you can learn from someone who's been there, drunk the Kool-Aid, and survived.

the millionaire breakthrough: Be a Network Marketing Millionaire Deepak Bajaj, If you want to be among the top 1% people, you must do what the top 1% people do. People come into network marketing because they believe they can fulfil their dreams faster here. But many are not able to achieve their dream income and lifestyle in spite of many years of hard work, commitment and motivation. What they lack is the right knowledge, skills, techniques and tools for success. This one of its kind guidebook will teach you everything you need to know to be a top achiever in any network marketing company with any product or income plan. This book will give amazing results to everyone—professionals, business owners, employees, students, retired people or housewives. If you want to be the best, learn from the best. This book is written by an iconic name in the direct selling industry, Deepak Bajaj, who became a multi-millionaire himself and has helped thousands of people become millionaires by using the principles and techniques detailed in this book. Be a network marketing millionaire will teach you how to: establish a new, more empowering belief system multiply your income and team size ten times in record time create a Duplication system for a lifelong passive income secret techniques to make a never-ending prospect list use effective social media strategy for big success put in place a 90-day game plan to turn your business around forever build your personal brand to pull the right people towards you how to invite people without affecting relationships how to build leaders within your team...And much more.

the millionaire breakthrough: The Millionaire's Message Bryan James, 2015-08-04 The Millionaire's Message: Read in an Hour. Reap for Life. Meet Michael Zors. The "Homemade Millionaire." A man who began with nothing and now has a lot. He has a message for you — a message that will make you one of the elite, one of the rich and free. That's right, you can enjoy a life of success and happiness, a life that is just a dream for most people no matter how hard they work, a life where you are the boss and you reap the rewards. What does it take? Only the willingness to learn the simple secrets and processes that people like Zors — the rich and free— use to accomplish anything. "Start using the life-changing ideas in this great little book to build a better life for yourself and your family — you'll be glad you did. Remember, life is tremendous when you seize a good opportunity and make the most of it." —Charlie "Tremendous" Jones

the millionaire breakthrough: How to Become a Millionaire in a Way That Is Dignifying to God (Volume 1) Revised and Upgraded Copy Abimbola Cole Idris, 2009-04 This book will give you the motivation, inspiration and power-packed ideas that you need to bring your legacy to life. It will show you a super successful way of generating money in millions, inspire change, help the needy and reach people of all ages. The mission of the book is to turn millions of ordinary people into multi-millionaires in a way that is pleasing to God. The book will teach you how to make full use of the talent and skills you have been blessed with by God...so that you can build thriving businesses and make more money, become wealthy and prosperous. It will make you expand your vision, clarify your purpose and change your financial situation for life. The book will reveal many more ways leading you to hidden riches. You need to read this book in order to unveil the way to unfailing prosperity. It will also show you healing scripture for many diseases including: - Diabetes, Arthritis,

Asthma, abdominal and stomach problems. Abimbola Cole Idris shares the God given revelation that changed her life and shows you how to apply the same principles of becoming a millionaire to your own life She is a respectable woman of God, her calling is in the area of prosperity, healing and caring. Abi Cole Idris is the writer and author of the best selling books called How to become a millionaire in a way that is dignifying to God and How to spring from a nobody to a millionaire (with all rights reserved). She is a motivational speaker, a coach and a teacher of success skills. She is the CEO and founder of God Transformation Clinic and The Lord's Ambassador Organization. Abimbola Cole Idris is the Pastor and Prophetess of God Promises International Christian Centre. Her passion to see the body of Christ delivered from the spirit of poverty, receive wealth transformation and stay prosperous. Pastor Abimbola is also an editor, a speaker, trainer, coach and consultant on prosperity, healing and wealth creation.

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the millionaire breakthrough: Breakthrough! Janet Bray Attwood, Marci Shimoff, Chris Attwood, 2013-09-12 Breakthrough Your Barriers and Dare to Live an Authentic Life You can live the life of your dreams, and Breakthrough! Inspirational Strategies for an Audaciously Authentic Life will show you how. Learn the secret that New York Times bestselling authors Janet Bray Attwood, Marci Shimoff, Chris Attwood, and 18 other experts know: you can consciously create the life you've always wanted. Here you will find 22 strategies using wit, deep-insight, and heart-centered wisdom to empower you with the knowledge and motivation to create a life of abundance, happiness, health, and love. Covering topics from career to relationships to personal transformation, this international dream team of authors will show you how to finally breakthrough and live the life you were born to live. No matter what your circumstances, there is a way to make a change, and this book will be your guide. You will find the inspiration and tools to create a life that is audaciously authentic in every way. Contributors: Roger Seip, Ellen Rogin, Nancy Falconi, Gina Calvano, Susie Steadman, Jane

Cavanaugh, Una Panting, Dr. Shannon South, Cliff Thomas MD, Shan McLean, Scott Werner, Leslie A. Klocek Pencak, Barbara Edie, Inger Pols, Josephine Auicello, Mary Knight, Maggie Dillon Katz, Wendy Nichols

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the millionaire breakthrough: The Millionaire Was a Soviet Mole Harvey Klehr, 2019-07-16 By the time he died under mysterious circumstances in Paris in 1979 at the age of sixty, David Karr had reinvented himself numerous times. His remarkable American journey encompassed many different worlds—from Communist newspapers to the Office of War Information, from muckraking columnist to public relations flack, from corporate raider to corporate executive, from moviemaker to hotel executive, from international businessman to Soviet asset. Once denounced on the floor of the Senate by Joseph McCarthy, he became a trusted adviser to Sargent Shriver, Scoop Jackson, and Jerry Brown. As a New York businessman Karr orchestrated a series of corporate takeovers, using a variety of unscrupulous tactics. With virtually no business experience, he became CEO of Fairbanks Whitney, a major defense contractor, only to be guickly ousted by outraged stockholders. After settling in Paris, he arranged the building of the first Western hotel in Moscow, obtained North American rights to the marketing of the 1980 Moscow Olympics mascot, and won the contract to sell Olympic commemorative coins. Karr died suddenly and mysteriously in 1979. The French press exploded with claims he had been murdered, naming the KGB, CIA, Mossad, and Mafia as suspects. A British journalist later accused him of plotting with Aristotle Onassis to assassinate Robert Kennedy on behalf of the PLO. With three ex-wives, one widow, five children, an outdated will, and millions of dollars in assets, Karr's estate took a decade to unravel. Based on extensive archival research and numerous interviews, The Millionaire Was a Soviet Mole aims to unravel the perplexing question of whose side he was on during his tumultuous career.

the millionaire breakthrough: The Smart Business Man Collection-millionaire Mindset and Body Language Alan Conor, Paul Robins, 2020-08-19 Feel The Power of Taking Control of your Life Today With this Special 2 book Collection with Millionaire Mindset Mastery and Body language Reading! Body Language: Whether it is about building confidence, identifying lies, appearing approachable or reading the body language of others to refine your own approach in such a manner that you achieve a congruence of thoughts and get acceptance, body language is a concept and technique that can be used to opens doors that some people would only dream of opening in the world of business. Sometimes the right body language is the only difference in closing a huge deal with a client and losing one. Millionaire Mindset: Discover How To Change Your Mindset Fast and for Longterm by avoiding going back to old habits. Do you feel like you are not achieving your full potential?Do you wish your bank account numbers were as long as those on your credit card?With all the opportunities in our modern society You do not need to be a genius anymore to be a millionaire but you do need what is called a Millionaire Mindset. Here is a Sneak Peek of what you will Learn: •Difference between the Rich and Middle-class Mindset •Developing Millionaire habits •Managing your time for productivity •Networking •Developing a business plan •The routines of the wealthy •Misinterpretations Surrounding Body Language •Types of Body Languages •Facial Expressions • Micro Expressions • How to identify lies • How to project a Confident Body Language Are you fed up seeing others get in front of you when you know you deserve success as well? Then Click Buy Today and change your life!

the millionaire breakthrough: Breakthrough Suzanne Somers, 2008-09-09 Life-Altering Secrets from Today's Cutting-Edge Doctors and the #1 New York Times Bestselling Author of Ageless Today's most trusted advocate of antiaging medicine, Suzanne Somers, deepens her commitment to helping people lead healthier, happier lives by opening their eyes to cutting-edge,

proven remedies and preventative care that most doctors just aren't talking about with patients: longevity medicine and the more progressive study of bioidentical hormones. As we age, certain hormones diminish, creating an imbalance that can set off everything from perimenopause to cancer, beginning as early as our thirties. This hormonal imbalance is causing many to feel depressed, anxious, fatigued, sexless, sleepless, and ultimately ill, sometimes even terminally. What's more, Somers and twenty doctors in the field of antiaging medicine argue that the processed chemicals in foods and pharmaceuticals we ply ourselves with are actually slowly eroding our bodies and minds. So we're getting slammed twice. From estrogen dominance to deceptive thyroid problems, people are suffering, and most don't have access to the treatment they truly need to get better and thrive . . . until now. Breakthrough explores cutting-edge science and delivers smart, proactive advice on the newest treatments for breakthrough health and longevity. In addition to being a pioneer in a rapidly growing health field, Somers is a passionate, caring individual whose own life was derailed by disease and brought back to unimaginable, feel good heights that she wants you, too, to experience.

the millionaire breakthrough: The Millionaire Master Plan Roger James Hamilton, 2014-07-29 The Millionaire Master Plan is a unique and fresh approach as to how individuals can not only get a sense of where they stand on the spectrum of personal wealth, but more importantly, how they can learn to ascend from their present state to a higher level. Roger James Hamilton, himself a highly successful entrepreneur and successful investor, has designed nine steps - from barely surviving - all the way to the highest level of ultimate wealth for life - and he lays out his nine steps in an easy-to-understand color-coded manner that ranges from red (barely living paycheck-to-paycheck) all the way to ultra-violet (where generating income is simply no longer a worry). Along the way, the reader first takes a quick test to determine where one is on the financial spectrum, and then Hamilton provides key insights and practical tips as to how one can progress to the next level. You track your progress by ascending from one color to the next.

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The #1 New York Times bestseller from world-renowned advice expert teaches everyday people how to share their story and wisdom with the world and build a lucrative business doing so. In this game-changing book by Brendon Burchard, founder of Experts Academy, you'll discover: Your life story and experience have greater importance and market value than you probably ever dreamed. You are here to make a difference in this world. The best way to do that is to package your knowledge and advice (on any topic, in any industry) to help others succeed. You can get paid for sharing your advice and how-to information, and in the process you can build a lucrative business and a profoundly meaningful life. In The Millionaire Messenger, legendary expert trainer Brendon Burchard pulls back the curtains on the advice industry and shows you a simple ten-step plan for making an impact and an income with what you know. The lessons you've learned in life and business are about to become your greatest asset—and your greatest legacy.

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