

spell to make someone sick

spell to make someone sick is a topic that evokes curiosity, caution, and a deep sense of responsibility. In this article, we will explore the origins and beliefs behind illness-inducing spells, their cultural significance, ethical concerns, and the psychological impact of believing in such magic. Readers will gain insight into how these spells are perceived in folklore and modern contexts, safety considerations, and the distinction between myth and reality. The article will also address common questions about the practice, offering an objective and informative perspective for those seeking knowledge about spell to make someone sick and related magical practices.

- Understanding Spells to Make Someone Sick
- Historical and Cultural Context
- Common Ingredients and Rituals
- Psychological and Ethical Considerations
- Modern Perspectives on Illness Spells
- Safety and Legal Implications
- Frequently Asked Questions

Understanding Spells to Make Someone Sick

Spells to make someone sick are often discussed within the realms of folk magic, witchcraft, and occult practices. These spells are said to harness supernatural forces, directing negative energy towards a target with the intention of causing physical discomfort or illness. The concept has been present in many cultures, sometimes viewed as a form of hexing or cursing.

In modern times, discussions about spell to make someone sick often surface in online forums, books on magic, and among practitioners of various traditions. However, the effectiveness and morality of such spells are widely debated. Many view them as symbolic acts rather than literal causes of illness, emphasizing the psychological impact of believing one has been cursed.

Understanding the distinction between myth and reality is crucial. While historical accounts and folklore abound with tales of illness caused by spells, scientific evidence does not support the supernatural transmission of disease. Nonetheless, these beliefs persist and continue to influence cultural attitudes toward health and magic.

Historical and Cultural Context

Throughout history, spells to make someone sick have played a significant role in various societies. In ancient civilizations, illness was often attributed to curses or the displeasure of spirits. Shamans, witches, and healers were consulted to both inflict and lift such maladies.

Spells in Ancient Traditions

Many ancient cultures, such as the Egyptians and Babylonians, believed in the power of words and rituals to cause harm. Texts from these eras describe incantations and symbolic acts intended to transfer sickness. The use of dolls, effigies, and written curses was common, serving as conduits for negative energy.

Folklore and Superstitions

European folklore is rich with tales of witches casting sickness spells. Villagers often attributed mysterious illnesses to magical attacks, leading to witch hunts and trials. Similarly, African and indigenous traditions feature rituals for both cursing and healing, with illness sometimes viewed as a sign of spiritual imbalance or malevolent influence.

Common Ingredients and Rituals

Spells to make someone sick typically involve symbolic objects, incantations, and ritualistic actions. The ingredients and steps may vary depending on the tradition, but there are recurring themes across cultures.

Typical Spell Components

- Personal items belonging to the target (hair, clothing, photographs)
- Effigies or poppets representing the person
- Herbs associated with sickness (nightshade, belladonna, black pepper)
- Written curses or hex symbols
- Dark candles and ritual oils

These items are used in conjunction with spoken words, chants, or prayers. The spell caster often focuses on the intent to cause illness, believing that the energy will manifest in the target's life.

Sample Rituals and Techniques

Common rituals may include binding a poppet with string, anointing it with oil, and reciting specific phrases. Some traditions emphasize the timing of the spell, such as performing it under a waning moon to symbolize diminishing health. Rituals may vary in complexity, from simple spoken curses to elaborate ceremonies.

Psychological and Ethical Considerations

The psychological impact of believing in a spell to make someone sick should not be underestimated. Placebo and nocebo effects demonstrate that belief alone can influence health outcomes, sometimes leading to psychosomatic symptoms.

Ethical Implications of Illness Spells

Casting a spell with the intent to harm raises serious ethical concerns. Many magical traditions warn against the misuse of power, emphasizing karma, the rule of three, or moral responsibility. Engaging in harmful magic can lead to psychological distress for both the caster and the target, and may damage relationships and reputations.

Social Consequences

Accusations of casting sickness spells have historically led to social ostracism, witch hunts, and even violence. In modern times, such accusations may cause fear, anxiety, or paranoia within communities. It is important to approach these topics with sensitivity and awareness of their potential impact.

Modern Perspectives on Illness Spells

Today, most practitioners of magic and witchcraft focus on positive intentions, healing, and personal growth. The idea of casting spells to make someone sick is generally discouraged within ethical frameworks and contemporary spiritual communities.

Many modern witches and occultists view illness spells as part of historical lore, not as practices to be emulated. Discussions about spell to make someone sick are often academic or cautionary, highlighting the importance of intent and the psychological effects of belief in magic.

Legal and Social Attitudes

In some regions, laws exist against the practice of harmful magic or witchcraft, though enforcement varies widely. Social stigma may also deter individuals from engaging in or admitting to such activities. Education and critical thinking are encouraged to dispel myths and promote healthy attitudes toward illness and personal responsibility.

Safety and Legal Implications

Attempting to cast spells to make someone sick can have serious legal and moral consequences. In many countries, actions perceived as harmful magic are subject to investigation or prosecution under laws pertaining to harassment, threats, or endangerment.

It is crucial to consider the safety of all parties involved. Engaging in harmful rituals, even symbolically, can lead to unintended psychological or social harm. Responsible practitioners advocate for ethical use of magic, emphasizing healing and protection rather than harm.

Responsible Practice of Magic

1. Respect personal boundaries and consent.
2. Avoid casting spells with harmful intent.
3. Educate yourself on the historical and cultural context of spells.
4. Seek guidance from reputable sources and experienced practitioners.
5. Prioritize ethical considerations in all magical practices.

Frequently Asked Questions

This section addresses common queries related to spell to make someone sick, providing clear answers based on historical, cultural, and ethical perspectives.

Q: Is there any scientific evidence that spells can make someone sick?

A: No, scientific evidence does not support the idea that spells can physically cause illness. Illness is caused by biological, environmental, or psychological factors, not supernatural forces.

Q: What are the most common ingredients used in illness spells?

A: Common ingredients include personal items from the target, symbolic herbs associated with sickness, effigies or poppets, dark candles, ritual oils, and written curses.

Q: Are spells to make someone sick considered ethical in modern magic?

A: Most contemporary magical practitioners discourage harmful spells. Ethical frameworks prioritize healing, protection, and positive intent, viewing illness spells as unethical.

Q: Can believing in a curse cause real symptoms?

A: Yes, belief in being cursed can trigger psychosomatic symptoms due to the nocebo effect, where negative expectations lead to real physical or psychological discomfort.

Q: What should I do if I believe someone has cast a spell to make me sick?

A: Seek support from medical professionals, mental health counselors, and trusted community members. Addressing stress and anxiety can help alleviate symptoms attributed to magical curses.

Q: Are there legal consequences for casting illness spells?

A: Depending on local laws, casting spells with intent to harm may be subject to legal action, especially if it involves harassment or threats.

Q: How can I protect myself from harmful magic?

A: Protective rituals, personal boundaries, and critical thinking are effective ways to safeguard against perceived magical harm. Many cultures have specific rituals for warding off curses.

Q: Why do people believe in spells to make someone sick?

A: Cultural traditions, folklore, and psychological factors contribute to the belief in illness spells. Such beliefs often arise in societies where supernatural explanations for illness are common.

Q: Are illness spells mentioned in popular culture?

A: Yes, illness spells appear in literature, movies, and television, often as elements of fantasy or horror genres. They reflect historical beliefs about magic's power to harm.

Q: Is it possible to reverse an illness spell?

A: In magical traditions, reversal rituals, cleansing ceremonies, and protective charms are used to counteract perceived curses. However, medical and psychological intervention is recommended for real health concerns.

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The Dangers and Irresponsibility of Seeking a "Spell to Make Someone Sick"

Introduction:

Have you ever found yourself consumed by anger, resentment, or a desire for revenge so intense that you've considered resorting to the seemingly mystical power of a "spell to make someone sick"? The internet is rife with such claims, promising quick and easy solutions to complex emotional problems. This post will delve into the ethical, practical, and spiritual implications of seeking such spells, exploring the dangers involved and offering alternative, healthier ways to cope with negative feelings. We'll examine why these spells are often ineffective, potentially harmful, and ultimately a waste of time and energy. It is crucial to understand the gravity of wishing harm upon another person and the repercussions this can have on your own well-being.

H2: The Illusion of Control and the Ethical Implications

The allure of a "spell to make someone sick" often stems from a desperate need for control. When we feel powerless in the face of difficult circumstances, the idea of wielding magical influence can seem incredibly tempting. However, attempting to control another person's health through mystical means is profoundly unethical. It violates their autonomy and disrespects their inherent right to well-being. Furthermore, it shifts the responsibility for your own emotional state onto someone else, preventing you from addressing the root causes of your anger or frustration.

H3: The Law of Karma and Spiritual Consequences

Many belief systems, including various forms of Wicca and Paganism, emphasize the principle of karma or the law of cause and effect. The intention behind an action, even a seemingly harmless one, carries significant weight. Wishing harm upon another person, regardless of the method employed, can create negative karmic repercussions. This means that the negativity you project onto someone else can ultimately rebound on you, causing emotional and spiritual distress.

H2: The Practical Ineffectiveness of "Spells"

Beyond the ethical considerations, there's the simple fact that there is no credible scientific evidence to support the effectiveness of spells designed to inflict illness. Claims of success are often anecdotal, relying on coincidence or confirmation bias. Genuine illnesses have complex biological causes, and attempting to influence them through ritual or incantation is a misguided approach.

H3: The Risk of Misinformation and Exploitation

The internet is a breeding ground for misinformation, and those seeking a "spell to make someone sick" are particularly vulnerable to exploitation. Many websites offering such spells are scams designed to extract money from desperate individuals. They prey on emotional vulnerabilities and offer false promises, leaving their victims feeling even more disillusioned and hopeless.

H2: Healthy Alternatives for Dealing with Negative Emotions

Instead of resorting to harmful and ineffective practices, focusing on healthy and constructive ways to deal with anger, resentment, and difficult situations is crucial. Consider the following alternatives:

H3: Seeking Professional Help:

Talking to a therapist or counselor can provide a safe space to explore your emotions, understand the root causes of your anger or resentment, and develop healthy coping mechanisms. Professional help offers practical strategies for managing negative emotions and building healthier relationships.

H3: Practicing Forgiveness:

Holding onto anger and resentment is detrimental to your own well-being. Forgiveness, while challenging, is a powerful tool for emotional healing. It doesn't mean condoning harmful actions, but rather releasing the burden of anger and bitterness. This process can be facilitated through journaling, meditation, or therapy.

H3: Focusing on Self-Care:

Prioritizing self-care activities, such as exercise, healthy eating, and mindfulness practices, can

significantly improve your emotional well-being. When you prioritize your physical and mental health, you're better equipped to handle difficult emotions and relationships.

H2: The Importance of Ethical Spellcasting (for those interested in Magick)

If you're interested in the practice of magick, it's essential to understand its ethical implications. Responsible spellcasting focuses on personal growth, healing, and positive transformation. Causing harm to others goes against the ethical principles of most magickal traditions.

Conclusion:

Seeking a "spell to make someone sick" is a misguided and potentially harmful approach to dealing with negative emotions. It's unethical, ineffective, and can have unintended spiritual repercussions. Instead of resorting to such practices, prioritize ethical, healthy, and constructive methods for managing your feelings, building stronger relationships, and improving your overall well-being. Seek professional help, practice forgiveness, and prioritize self-care. Remember that true power lies not in attempting to control others, but in taking responsibility for your own emotional growth and well-being.

FAQs:

1. Is there any legitimate form of magic that can influence someone's health? No, there is no scientifically proven method of magic that can directly cause illness in another person. Claims to the contrary are unsubstantiated.
2. What if I'm worried about someone's health and believe they need help? Express your concerns directly and respectfully. Encourage them to seek professional medical attention if necessary.
3. Can I use spells to improve my own health? Focusing on self-care practices, healthy lifestyle choices, and seeking appropriate medical treatment are far more effective than any supposed spell for improving your physical or mental health.
4. Are there any ethical ways to use magic to influence situations? Ethical magick often focuses on personal transformation, positive change, and helping others through healing and protection. Intending harm is generally discouraged.
5. What if I accidentally cast a spell with negative intent? Acknowledge the mistake, sincerely repent, and take steps to mitigate any potential negative consequences. Focus on positive actions to counteract the negative energy.

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1986 This complete self-study course in modern Wicca is a treasured classic - an essential and trusted guide that belongs in every witch's library.---Back cover

spell to make someone sick: The Wheel Jennifer Lane, 2021-10-07 Do you ever find that the earth stills and you suddenly feel acutely alive? Have you ever looked into an animal's eyes and felt the pull of a more primal world? Do you sometimes feel panic rise, or isolation sink upon you, or simply feel out of kilter with the modern world? 'Inside my cauldron is a thick fistful of paper, old diary entries, work to do lists, notes I wrote while I was in a bad place and feeling trapped in a life that was keeping my mind small and narrow; thoughts and feelings that are holding me back, keeping me tied to a time I want to let go of. These papers are flashes of lightning across a darkened room and I want them gone. As they curl and burn, twisting in their black spirals like the farewell flourish of a travelling cloak, a sense of calm sweeps through my chest and shoulders. I feel it so strongly, like a blast of ice to my system, shivering out the old thoughts. I'm burning a path for something new to come in.' One winter, Jennifer Lane reached breaking point in her fast-paced office life. In the year that followed her stress-related illness, she set out to rediscover the solace and purpose that witchcraft had given her as a teenager. The Wheel is an immersive, engaging read - exploring the life-long draw of witchcraft and our vulnerability to toxic working environments and digital demands. In her year-long journey Jennifer explores ancient festivals and rituals, and visits fellow pagans and wild landscapes, in search of wisdom and peace. For those who are sick at heart of noise, anger and disconnection, The Wheel is full of wise words, crackling rituals and natural beauty. This is a quest to discover how to live fully connected to the natural world while firmly in the twenty-first century.

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examination of the long history of spells & gives clear explanations as to their true nature, as well as tips on the proper way they should be used. A number of spells, from healing spells to love spells, are covered in more depth, making this an easy to use practical workbook. Chapters: Witchcraft Past & Present; The Basics of Tools & Rituals; Magic in Many Guises; The Spell's the Thing; The Book of Shadows; Spells to Find Love; Spells for When Love Is Dead; Spells to Settle Arguments; Spells for Health; Spells to Attract Money; Spells for Job Seekers; & a Miscellany of Spells. Illus.

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later, she is doing what her teenage self swore she never would: living a quiet existence on the misty, remote shores of Saoirse Island and running the family's business, Blackwood's Tea Shoppe Herbal Tonics & Tea Leaf Readings. But when the island, rooted in folklore and magic, begins to show signs of strange happenings, Emery knows that something is coming. The morning she wakes to find that every single tree on Saoirse has turned color in a single night, August returns for the first time in fourteen years and unearths the past that the town has tried desperately to forget. August knows he is not welcome on Saiorse, not after the night everything changed. As a fire raged on at the Salt family orchard, Lily Morgan was found dead in the dark woods, shaking the bedrock of their tight-knit community and branding August a murderer. When he returns to bury his mother's ashes, he must confront the people who turned their backs on him and face the one wound from his past that has never healed—Emery. But the town has more than one reason to want August gone, and the emergence of deep betrayals and hidden promises spanning generations threaten to reveal the truth behind Lily's mysterious death once and for all.

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Organization, 2013 The Pocket Book is for use by doctors nurses and other health workers who are responsible for the care of young children at the first level referral hospitals. This second edition is based on evidence from several WHO updated and published clinical guidelines. It is for use in both inpatient and outpatient care in small hospitals with basic laboratory facilities and essential medicines. In some settings these guidelines can be used in any facilities where sick children are admitted for inpatient care. The Pocket Book is one of a series of documents and tools that support the Integrated Managem.

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Presents doll spells drawn from New Orleans Voodoo and hoodoo traditions as well as those from ancient Greece, Egypt, Malaysia, Japan, and Africa, intended to produce fast-acting, long-lasting magic.

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Exhausted? Angry? Broke? The Goddesses are here to help! Goddess magic is powerful magic: with the help of the right goddess, simple spells can yield amazing results. In this book, author Jen McConnel offers spells imbued with the vibrant force of twenty-five goddesses from around the globe. Call upon Athena for memory retention, Aphrodite to gain confidence, Persephone to find your path, and Sekhmet to prevent illness. As easy as taking a bath or boiling a pot of noodles, McConnel shows you how to transform everyday items from your pantry or from your purse to create the magic and life you need. For the busy woman who wants it all but needs help getting it, *Goddess Spells for Busy Girls* can help you achieve love, balance, protection, and abundance in your life. Remember, there's a goddess for that!

spell to make someone sick: *Witchcraft* Ly De Angeles, 2000 The thinking person's approach to Witchcraft, this manual to the theory and practice of Witchcraft is aimed at the serious student: specifically, the practicing Witch. It is written conversationally, taking to the individual as though the student were being trained through the author's coven.

spell to make someone sick: *I Know This Much Is True* Wally Lamb, 1998-06-03 With his stunning debut novel, *She's Come Undone*, Wally Lamb won the adulation of critics and readers with his mesmerizing tale of one woman's painful yet triumphant journey of self-discovery. Now, this brilliantly talented writer returns with *I Know This Much Is True*, a heartbreaking and poignant multigenerational saga of the reproductive bonds of destruction and the powerful force of forgiveness. A masterpiece that breathtakingly tells a story of alienation and connection, power and abuse, devastation and renewal--this novel is a contemporary retelling of an ancient Hindu myth. A proud king must confront his demons to achieve salvation. Change yourself, the myth instructs, and you will inhabit a renovated world. When you're the same brother of a schizophrenic identical twin, the tricky thing about saving yourself is the blood it leaves on your hands--the little inconvenience of the look-alike corpse at your feet. And if you're into both survival of the fittest and being your brother's keeper--if you've promised your dying mother--then say so long to sleep and hello to the middle of the night. Grab a book or a beer. Get used to Letterman's gap-toothed smile of the absurd, or the view of the bedroom ceiling, or the influence of random selection. Take it from a godless insomniac. Take it from the uncrazy twin--the guy who beat the biochemical rap. Dominick Birdsey's entire life has been compromised and constricted by anger and fear, by the paranoid schizophrenic twin brother he both deeply loves and resents, and by the past they shared with their adoptive father, Ray, a spit-and-polish ex-Navy man (the five-foot-six-inch sleeping giant who snoozed upstairs weekdays in the spare room and built submarines at night), and their long-suffering mother, Concettina, a timid woman with a harelip that made her shy and self-conscious: She holds a loose fist to her face to cover her defective mouth--her perpetual apology to the world for a birth defect over which she'd had no control. Born in the waning moments of 1949 and the opening minutes of 1950, the twins are physical mirror images who grow into separate yet connected entities: the seemingly strong and protective yet fearful Dominick, his mother's watchful monkey; and the seemingly weak and sweet yet noble Thomas, his mother's gentle bunny. From childhood, Dominick fights for both separation and wholeness--and ultimately self-protection--in a house of fear dominated by Ray, a bully who abuses his power over these stepsons whose biological father is a mystery. I was still afraid of his anger but saw how he punished weakness--pounced on it. Out of self-preservation I hid my fear, Dominick confesses. As for Thomas, he just never knew how to play defense. He just didn't get it. But Dominick's talent for survival comes at an enormous cost, including the breakup of his marriage to the warm, beautiful Dessa, whom he still loves. And it will be put to the ultimate test when Thomas, a Bible-spouting zealot, commits an unthinkable act that threatens the tenuous balance of both his and Dominick's lives. To save himself, Dominick must confront not only the pain of his past but the dark secrets he has locked deep within himself, and the

sins of his ancestors--a quest that will lead him beyond the confines of his blue-collar New England town to the volcanic foothills of Sicily 's Mount Etna, where his ambitious and vengefully proud grandfather and a namesake Domenico Tempesta, the *sostegno del famiglia*, was born. Each of the stories Ma told us about Papa reinforced the message that he was the boss, that he ruled the roost, that what he said went. Searching for answers, Dominick turns to the whispers of the dead, to the pages of his grandfather's handwritten memoir, *The History of Domenico Onofrio Tempesta, a Great Man from Humble Beginnings*. Rendered with touches of magic realism, Domenico's fablelike tale--in which monkeys enchant and religious statues weep--becomes the old man's confession--an unwitting legacy of contrition that reveals the truth's of Domenico's life, Dominick learns that power, wrongly used, defeats the oppressor as well as the oppressed, and now, picking through the humble shards of his deconstructed life, he will search for the courage and love to forgive, to expiate his and his ancestors' transgressions, and finally to rebuild himself beyond the haunted shadow of his twin. Set against the vivid panoply of twentieth-century America and filled with richly drawn, memorable characters, this deeply moving and thoroughly satisfying novel brings to light humanity's deepest needs and fears, our aloneness, our desire for love and acceptance, our struggle to survive at all costs. Joyous, mystical, and exquisitely written, *I Know This Much Is True* is an extraordinary reading experience that will leave no reader untouched.

spell to make someone sick: *Enchantments* Edain McCoy, 2001 Since before recorded time, women have performed spells using perfumes, hair brushes, mirrors, lotions, masks, and face coloring. These spells not only sought love but conferred protection, purified the spirit, opened the psychic senses, and prepared the woman for sacred ritual. *Enchantments* shows you how to reclaim the conviction that beauty already exists in each of us as daughters of the Goddess. Now you can witness this magickal transformation in yourself as you make your own fertility soap, use a hair braid to attract a lover, or enact a glamour spell to draw the eyes of everyone in the room.

spell to make someone sick: *All Spell Breaks Loose* Lisa Shearin, 2012-05-29 From national bestselling author Lisa Shearin comes a new chapter in one of the best fantasy series currently on the market. (Night Owl Reviews) My name is Raine Benares—and it sucks to be me right now. I'm a seeker who found the Saghred, a soul-stealing stone that gave me unlimited powers I never wanted. Now I've lost the rock—and the magic it gave me—to a goblin dark mage whose main goals are my death and world domination. This is more than incentive enough for a little trip to the goblin capital of Regor with a small band of good friends, not-so-good friends, and one outright enemy. Don't ask. All we need to do is destroy the Saghred, kill the mage, and put a renegade goblin prince on the throne. Did I mention I'll be doing that with no magic?

spell to make someone sick: *Study Less, Study Smart* Marty Lobdell, 2015-03-16 This book present proven strategies to enhance learning and reduce wasted study time in any learning situation.

spell to make someone sick: *The Big Book of Practical Spells* Judika Illes, 2016-06-01 Publisher's Note: Now available under the title *Pure Magic*. This new edition includes a new preface by the author and a foreword by Mat Auryn, author of *Psychic Witch: A Metaphysical Guide to Meditation, Magick & Manifestation*. Practical, inspirational, and comprehensive, *The Big Book of Practical Spells* is a useful tool and resource for beginners and experienced devotees of the magical arts. Here in one majestic volume is a basic introduction to magic; a psychic glossary; a primer on the four elements, colors, and magical supplies (including minerals and botanicals); and a compendium of spells for any situation you may face. With Judika Illes as your guide, you will learn how to enhance your psychic power, cleanse your aura, protect yourself from malevolent powers, and create and use a wide variety of spells. There are spells for marriage, fertility, pregnancy prevention, babies and children, money, healing, and transitioning to the next life. These are spells that will help make life easier, more productive, and stress free.

spell to make someone sick: *Protection Spells* Arin Murphy-Hiscock, 2018-08-07 Banish bad energy, ward off unpleasant people, and defend your belongings, your spirit and your space with this spellbook focused specifically on protection. In our modern world there is a lot to worry about, from

the global-scale—climate change, political uncertainty—to the personal—a toxic ex, cyber bullying. Spellcrafting can help you find comfort in a stressful world. This book will give you the tools to take charge of defending yourself in both energy and physicality. With over 100 spells for protection and defense, and a glossary of protective symbols, stones, and other objects to keep on hand, this book can help you cleanse your room and cast out old negative energies, put a protective and peace-preserving bubble around yourself as you ride the bus, deflect grumpiness and negativity from people you work with—and so much more!

spell to make someone sick: *The Cult of Water* David Bramwell, 2020-11-18 Aided by a witch and the magician Alan Moore, David Bramwell takes an occult journey back in time up the river Don, in search of the supernatural secrets of our waterways and to solve the mystery of a drowned village which has long haunted his memories. Travelling through the industrial destruction of our landscape he arrives in a pre-Christian era when well and springs were worshipped as living as deities, bringing him face to face with Danu, the goddess of primordial waters, who gave her name to the Don. Can Bramwell face his demons and unravel the symbolic mysteries of our ancient ancestors? Who is the mysterious Vulcan? And will there be a pie and a pint waiting for him at the end of it all?

spell to make someone sick: *The Elements of Spellcrafting* Jason Miller, 2018-02-19 In *The Elements of Spellcrafting*, Jason Miller shares his knowledge, experience, and insights with us and he does it with grace, good humour, and practical common sense. This book will be of interest to anyone interested in the magical arts or wishing to become a better spellcaster.—Judika Illes, author of *The Element Encyclopedia of 5000 Spells* There is no shortage of spells out there. Some books highlight thousands of spells, but do any of them actually work? And how well do they work? I don't mean just getting a result—I mean getting a result that matters, a result that will impact your life or the lives of those you work for. *The Elements of Spellcrafting* provides the most effective and efficient ways to get things done with magic. *The Elements of Spellcrafting* identifies and explains 21 keys to successful sorcery—a best practices of sorcery—in three sections: Principals and strategies for how best to apply magic before you begin. Methods and tactics that will ensure a positive outcome. How to take spells to the next level—building a life of spiritual accomplishment and material success beyond the basics. If you have ever cast a spell that didn't work, *The Elements of Spellcrafting* will help you figure out why. If you regularly cast spells that seem to work but you still wind up in the same circumstances, this book will definitely help you chart a new course for victorious spellcrafting.

spell to make someone sick: *We Have Always Lived in the Castle* Shirley Jackson, 1962 *We Have Always Lived in the Castle* is a deliciously unsettling novel about a perverse, isolated, and possibly murderous family and the struggle that ensues when a cousin arrives at their estate.

spell to make someone sick: *Advanced Magick for Beginners* Alan Chapman, 2008-12-31 A new paradigm that delivers a genuine transformation of occultism. The author assumes no previous knowledge, only a willingness to explore what magick offers, yet it is apparent to anyone with a background in the subject that Alan Chapman is drawing on a wide range of experience, from classical Crowleyean Magick, to eastern metaphysics, and back again to Discordianism and Chaos Magick. Chapman's writing-style is humorous, direct, seductively logical, and his enthusiasm for the benefits of magick is both tangible and infectious. The novice magician will indeed find themselves equipped to commence all sorts of magickal operations: trance work, enchantment, divination, and even some of the higher forms of spiritual development. To experienced magicians, Chapman offers a subtler challenge: he revitalises magick by cutting it free from the extreme relativism Chaos Magick bequeathed, provocatively redefining it as: the art, science and culture of experiencing truth.

spell to make someone sick: *Pranic Healing* Choa Kok Sui, 1990 *Pranic Healing* presents a unique holistic approach used to treat a variety of ailments, from fever to heart conditions to cancer. By tapping into pranic or ki (chi) energy - the universal force which is our life force - the author presents techniques for beginning, intermediate and advanced healing.

spell to make someone sick: *The Real Witches' Kitchen* Kate West, 2002 The modern

witch's hearth is the kitchen, and for many witches it is their work-center. The Real Witches' Kitchen contains 100 spells and recipes for oils, soaps, brews, soups, incenses, and more.

spell to make someone sick: Composing Magic Elizabeth Barrette, 2007 You've attended rituals that took your breath away. You've borrowed spells out of books. You've read splendid Pagan poetry in magazines. Now learn to compose all these types of magical writing yourself! Composing Magic guides you through the exciting realm of magical and spiritual writing. You'll explore the process of writing, its tools and techniques, individual types of composition, and ways of sharing your work with other people. The book shows you how to write: Basic and advanced forms of poetry Spells Chants and rounds Prayers Blessings Solitary and group rituals Each type of writing includes its history and uses, which cover diverse traditions. Step-by-step instructions lead you through the creative process, such as how to: Brainstorm ideas for a topic Choose the right type of composition Write a rough draft Polish your work to perfection Examples demonstrate finished compositions of each type, while exercises help you develop your skills by practicing what you've just read. You'll discover that magical writing has more impact when it comes from the heart. Anyone can develop the skills needed to create effective compositions, but the most successful writers reveal their souls. Composing Magic will also show you ways of deepening your craft through performance and publication. Whether you practice solitary or in a group, this book will help you write with more power, more beauty, and less effort.

spell to make someone sick: Threadneedle (Threadneedle) Cari Thomas, 2021-05-27 The Sunday Times No.4 bestseller Within the boroughs of London, nestled among its streets, hides another city, filled with magic.

spell to make someone sick: Spellbound Sophie Page, Marina Wallace, Owen Davies, Malcolm Gaskill, Ceri Houlbrook, 2018 Spellbound' explores the concept of 'magical thinking', which describes how people in all ages and cultures have sought to connect with an unseen world of perceived power. This concept of magical thinking is used here to explore the history of medicine and the mind, focusing in particular on magic's secular expressions. Spells, magical objects and rituals are engines of hope, and hope is essential to physical and mental health, indeed to survival. These ideas are explored and conveyed through the extraordinary visual culture of magic, offering an introduction to diverse magical objects, from the exquisite, such as engraved rings and illuminated manuscripts, to the unsettling - a shoe embedded in a wall or a bull's heart pierced with nails. Exhibition: Ashmolean Museum, Oxford, UK (31.08.2018 -- 06.01.2019)

spell to make someone sick: The Power of Hex Shawn Engel, 2020-10-06 In The Power of Hex, author Shawn Engel shows young witches how to use their own power in an inclusive way and empowers them to create their own spells with their new knowledge. Beginning with the definition of hexing, unpacking the ethics, and showing how disenfranchised groups have used this type of magic throughout history for protection, The Power of Hex leads into modern takes on the practice. From there, an overview of focusing energy in different rituals leads into four main spell chapters, rounding out to a chapter dedicated to building your own spells using aligned ingredients--Google Books

spell to make someone sick: Magic Spells of All Kinds Draja Mickaharic, 2008-11-16 Some spells from my notes, including some from the famous Papa Jim of San Antonio Texas. I have also included the story of the Unicorn, the Melchadizak myth and several other interesting things. A few spells on domestic concerns are also included

spell to make someone sick: I, the Aboriginal Douglas Lockwood, 2022-11 The autobiography, as told to Douglas Lockwood, of Waipuldanya, a full blood Aboriginal of the Alawa tribe at Roper River in Australia's Northern Territory. In his youth, Waipuldanya was taught to track and hunt wild animals, to live off the land and to provide for his family with the aid only of his spears and woomeras. This is the gripping story of his boyhood and youth, and how he trained as a skilled medical assistant, to become a citizen of both the Aboriginal and whitefella worlds.

spell to make someone sick: Cambridge Advanced Learner's Dictionary Kate Woodford, Guy Jackson, 2003 The Cambridge Advanced Learner's Dictionary is the ideal dictionary for advanced

EFL/ESL learners. Easy to use and with a great CD-ROM - the perfect learner's dictionary for exam success. First published as the Cambridge International Dictionary of English, this new edition has been completely updated and redesigned. - References to over 170,000 words, phrases and examples explained in clear and natural English - All the important new words that have come into the language (e.g. dirty bomb, lairy, 9/11, clickable) - Over 200 'Common Learner Error' notes, based on the Cambridge Learner Corpus from Cambridge ESOL exams Plus, on the CD-ROM: - SMART thesaurus - lets you find all the words with the same meaning - QUICKfind - automatically looks up words while you are working on-screen - SUPERwrite - tools for advanced writing, giving help with grammar and collocation - Hear and practise all the words.

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