profiles of courage

profiles of courage are powerful stories of individuals who have faced adversity, taken risks, and demonstrated unwavering bravery in the pursuit of justice, freedom, or the greater good. Throughout history, many people have exemplified courage in diverse fields, from political leadership and social activism to military service and civil rights. This article explores the concept of courage, highlights historical and contemporary examples, examines the qualities and motivations behind courageous acts, and discusses the lasting impact of these profiles of courage on society. Readers will gain a comprehensive understanding of how courageous individuals have shaped our world and inspired others to act with integrity and conviction. The following sections offer insightful perspectives, detailed analysis, and compelling stories that underscore the enduring relevance of courage in today's society.

- Understanding Courage: Definition and Importance
- Historical Profiles of Courage
- Modern-Day Examples of Courage
- Qualities and Characteristics of Courageous Individuals
- The Impact of Courage on Society
- How to Cultivate Courage in Everyday Life

Understanding Courage: Definition and Importance

Courage is often defined as the ability to confront fear, pain, uncertainty, or intimidation, despite the potential for negative outcomes. It is a vital trait that enables individuals to stand up for their beliefs, protect others, and make difficult decisions in the face of adversity. The concept of courage is celebrated across cultures and is regarded as a cornerstone of ethical behavior and leadership. Understanding profiles of courage helps to recognize that bravery is not limited to grand gestures but can also be found in everyday actions that require moral strength and persistence.

Types of Courage

Courage manifests in various forms, each significant in its own right. Physical courage involves facing bodily harm or danger, while moral courage is the willingness to act ethically despite opposition or criticism. Emotional courage refers to the capacity to confront personal fears and vulnerabilities.

• Physical Courage: Enduring pain or risking safety for a greater cause

- Moral Courage: Standing up for principles, even when unpopular
- Emotional Courage: Facing inner struggles and emotional challenges

The Role of Courage in Leadership

Leaders often distinguish themselves through exceptional courage. Whether making unpopular decisions, advocating for change, or protecting the welfare of others, courageous leadership inspires and motivates followers. Historical and modern profiles of courage frequently feature individuals in leadership positions who have altered the course of history through bold and decisive action.

Historical Profiles of Courage

Throughout history, profiles of courage have shaped societies, transformed nations, and advanced human rights. These individuals faced perilous circumstances with conviction, leaving legacies that continue to inspire future generations.

Political and Social Leaders

Political figures often stand at the forefront of courageous acts, confronting oppressive regimes, championing civil liberties, and fighting for justice. Their profiles of courage are marked by resilience, sacrifice, and a commitment to the common good.

- 1. Abraham Lincoln: Guided the United States through the Civil War and abolished slavery
- 2. Mahatma Gandhi: Led nonviolent resistance against British rule in India
- 3. Nelson Mandela: Endured decades of imprisonment to end apartheid in South Africa

Courage in Wartime

Military heroes exemplify profiles of courage through acts of valor on the battlefield. Their willingness to face danger and protect others often results in extraordinary accomplishments and recognition.

- Audie Murphy: One of the most decorated American combat soldiers of World War II
- Joan of Arc: Inspired French resistance during the Hundred Years' War
- Desmond Doss: Saved numerous lives as a conscientious objector medic during WWII

Modern-Day Examples of Courage

Profiles of courage are not confined to the past; contemporary heroes continue to demonstrate bravery in various fields. These modern stories highlight the ongoing relevance and necessity of courageous action in facing today's challenges.

Civil Rights and Social Justice

Modern activists confront systemic injustice, advocate for marginalized groups, and effect social change through nonviolent resistance and public advocacy. Their actions often involve significant personal risk.

- Malala Yousafzai: Advocated for girls' education despite threats from extremists
- Martin Luther King Jr.: Led the American Civil Rights Movement with peaceful protest
- Greta Thunberg: Raised global awareness about climate change as a young activist

Courage in Health and Science

Medical professionals and scientists also contribute profiles of courage, especially during public health crises and periods of scientific uncertainty. Their dedication protects communities and advances human knowledge.

- Frontline healthcare workers during pandemics
- Dr. Denis Mukwege: Treated survivors of sexual violence in conflict zones
- Researchers who expose themselves to risk in pursuit of lifesaving breakthroughs

Qualities and Characteristics of Courageous Individuals

Examining profiles of courage reveals common traits among individuals who act bravely. These qualities enable them to persevere despite fear, adversity, or uncertainty. Understanding these characteristics provides insight into the psychology of courage and its role in human achievement.

Core Traits of Courage

- Integrity: Adherence to personal and ethical principles
- Resilience: Ability to recover and persist through setbacks

- Empathy: Concern for the wellbeing of others
- Vision: Commitment to long-term goals despite obstacles
- Selflessness: Willingness to sacrifice personal gain for a greater good

Motivations Behind Courageous Acts

Courageous individuals are often driven by a combination of personal values, social responsibility, and the desire to effect positive change. Internal motivation can stem from a sense of duty, compassion, or a deep belief in justice.

The Impact of Courage on Society

Profiles of courage have a transformative effect on communities and nations. Courageous acts often spark social movements, inspire legislative reform, and set new ethical standards. The influence of these individuals extends beyond their immediate achievements, shaping cultural norms and future generations.

Long-Term Effects

- Advancement of human rights
- Improved social and political systems
- Inspiration for future leaders and citizens
- Enhanced community resilience

Legacy and Inspiration

The enduring legacy of profiles of courage is reflected in memorials, literature, and education. These stories serve as reminders of what can be achieved through conviction and bravery, encouraging others to act with courage in their own lives.

How to Cultivate Courage in Everyday Life

While historic and modern profiles of courage are often celebrated for extraordinary feats, everyday acts of bravery are equally important. Developing courage is a lifelong process that involves self-reflection, practice, and support from others.

Practical Steps to Build Courage

- Identify and confront personal fears
- Set clear ethical standards and stand by them
- Seek opportunities to support others in need
- Learn from examples of courageous individuals
- Practice resilience in the face of setbacks

Encouraging Courage in Communities

Creating environments that recognize and reward bravery helps to foster a culture of courage. Encouraging open dialogue, celebrating courageous acts, and providing support for those facing challenges all contribute to stronger, more resilient societies.

Q: What are profiles of courage?

A: Profiles of courage are detailed accounts or stories of individuals who have demonstrated exceptional bravery, integrity, and resilience in the face of adversity, often leading to significant positive change in society.

Q: Who are some famous examples of profiles of courage in history?

A: Notable historical profiles of courage include Abraham Lincoln, Mahatma Gandhi, Nelson Mandela, Joan of Arc, and Audie Murphy, all of whom faced extraordinary challenges with unwavering bravery.

Q: What qualities are common among courageous individuals?

A: Courageous individuals often share traits such as integrity, resilience, empathy, vision, and selflessness, enabling them to overcome fear and act for the greater good.

Q: How do profiles of courage impact society?

A: Profiles of courage inspire social movements, promote human rights, improve political systems, and set ethical standards that influence future generations and societal norms.

Q: Can ordinary people demonstrate profiles of courage?

A: Yes, everyday acts of bravery—such as standing up for others, confronting personal fears, and acting ethically under pressure—are important examples of profiles of courage.

Q: What is the difference between moral and physical courage?

A: Physical courage involves facing physical danger or harm, while moral courage is the willingness to act ethically or speak out against injustice, even when facing opposition or criticism.

Q: How can someone develop courage?

A: Courage can be cultivated through self-reflection, confronting fears, learning from role models, practicing resilience, and seeking opportunities to help others.

Q: Are profiles of courage relevant in modern society?

A: Absolutely. Modern profiles of courage, such as activists, healthcare workers, and scientists, continue to shape society by confronting contemporary challenges with bravery and conviction.

Q: What motivates individuals to act courageously?

A: Motivations for courageous acts often include personal values, a sense of duty, empathy for others, and a desire to effect positive change in society.

Q: Why is it important to share stories of courage?

A: Sharing profiles of courage educates, inspires, and encourages others to act bravely, fostering a culture that values integrity, resilience, and positive social change.

Profiles Of Courage

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Profiles of Courage: Exploring the Essence of Moral Leadership

Are you captivated by stories of individuals who stood up for what's right, even when faced with overwhelming opposition? Do you yearn to understand the motivations and inner strength that fuels courageous action? Then you've come to the right place. This in-depth exploration of "Profiles of Courage" delves into the very essence of moral leadership, examining the defining characteristics of individuals who chose principle over expediency. We'll uncover the lessons learned from historical figures and contemporary examples, inspiring you to cultivate your own courage and contribute to a more just and ethical world.

What Defines Courage? Beyond Physical Bravery

The term "Profiles of Courage" often evokes images of battlefield heroism, but true courage extends far beyond physical bravery. It encompasses moral fortitude, the unwavering commitment to one's values and beliefs, even in the face of potential personal cost. This requires a deep understanding of one's principles and a willingness to act upon them, regardless of social pressure or personal risk.

Recognizing the spectrum of courage:

Political Courage: This involves defying powerful interests or public opinion to uphold ethical principles and serve the greater good. Think of whistleblowers who expose corruption or politicians who champion unpopular but necessary reforms.

Social Courage: This refers to challenging societal norms and injustices, often at significant personal risk. Examples include activists fighting for civil rights or individuals speaking out against discrimination.

Personal Courage: This encompasses overcoming personal fears and insecurities to pursue one's goals and live authentically. It might involve leaving a toxic relationship, pursuing a challenging career path, or confronting a personal addiction.

Historical Examples: Lessons from the "Profiles of Courage"

John F. Kennedy's book, "Profiles in Courage," immortalized the stories of US senators who displayed remarkable political courage. These figures, often defying their own parties and risking their careers, championed causes they believed in, providing powerful case studies of ethical leadership. Their actions demonstrate:

The importance of conviction: Their unwavering belief in their principles fueled their actions, even when faced with severe consequences.

The power of principle over politics: They prioritized ethical considerations over political expediency, often at great personal cost.

The significance of long-term vision: They understood that short-term sacrifices could lead to long-term positive change.

Beyond Kennedy's examples, countless others throughout history have exhibited profound courage. From Harriet Tubman risking her life to liberate enslaved people to Martin Luther King Jr. leading the Civil Rights Movement, these individuals remind us of the transformative power of moral leadership. Their "profiles of courage" serve as beacons, guiding us toward a more ethical and just world.

Cultivating Your Own Profile of Courage

While we may not all face the same challenges as historical figures, we all have opportunities to display courage in our daily lives. Developing your own profile of courage requires:

Self-reflection: Understand your values and beliefs. What principles are you willing to defend? Developing empathy: Connect with the experiences and perspectives of others, recognizing the impact of your actions.

Building resilience: Prepare for criticism and setbacks. Courage isn't the absence of fear, but the ability to act despite it.

Taking small steps: Start with small acts of courage, gradually increasing your comfort level.

Contemporary Profiles of Courage

Courage isn't confined to the past. Today, we see countless individuals displaying remarkable courage in various fields: environmental activists fighting climate change, healthcare workers risking their lives during pandemics, and journalists exposing corruption and injustice. These modern heroes demonstrate that courage continues to be essential for positive societal change. Their actions show us that even small acts of defiance can create ripples of positive change.

Conclusion

The concept of "Profiles of Courage" transcends historical narratives. It's a timeless testament to the human capacity for moral fortitude and the enduring power of ethical leadership. By studying these profiles, we gain invaluable insights into the qualities that define courage, inspiring us to cultivate our own capacity for principled action and contribute to a more just and equitable world. Let the stories of these courageous individuals inspire you to identify your own values and act upon them, regardless of the challenges you may face.

Frequently Asked Questions (FAQs)

- 1. Is courage always about grand gestures? No, courage can be expressed through small, everyday acts of integrity and standing up for what's right, even in seemingly insignificant situations.
- 2. How can I overcome the fear of speaking out? Start small. Practice expressing your opinions in safe environments before tackling larger challenges. Remember, you don't have to be perfect; just authentic.
- 3. What if my actions lead to negative consequences? While negative consequences are possible, the value of acting with courage often outweighs the risks. Learning from setbacks is a crucial part of personal growth.
- 4. Are there different types of courage? Absolutely. Courage manifests in various forms, including physical, moral, emotional, and intellectual courage. Each requires its own unique set of skills and resilience.
- 5. How can I find inspiration for my own courageous actions? Look to historical figures, contemporary heroes, and even individuals in your own life who have shown courage in their own way. Let their stories inspire you to find your own path to courageous action.

profiles of courage: Profiles in Courage John Fitzgerald Kennedy, 1992
profiles of courage: JFK's Ghost David R. Stokes, 2021-06-01 "I'd rather win a Pulitzer Prize
than be President of the United States," John F. Kennedy confided to author Margaret Coit shortly
after his election to the Senate in 1953. Kennedy got his wish four years later, when his book
Profiles in Courage was awarded the Pulitzer for biography—even though it wasn't among the
finalists for the prize. Furthermore, the role of Ted Sorensen in drafting the main chapters in the
book was never acknowledged by Kennedy's inner circle, and Kennedy himself was hyper-sensitive
until his dying day about rumors that cast doubt on his ownership of Profiles in Courage. Still, Jack
Kennedy the writer is part of the Kennedy narrative that helped propel his political career. And he
did indeed work for a time as a journalist, and brought a measures of erudition, wit, and charm to
his speeches. But if the rumors surrounding authorship of Profiles in Courage were proven to be true
prior to his ascendance to the Presidency, there might have been no brief and shining moment in
America called Camelot.

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profiles of courage: Black Profiles in Courage Kareem Abdul-Jabbar, Alan Steinberg, 2000 In this ideal introduction to black history, Kareem Abdul-Jabbar examines the lives of heroic African Americans and offers their stories as inspiring examples for young people, who too rarely encounter positive black role models in history books or in the media. Profiled here are Peter Salem, the volunteer soldier who turned the tide at Bunker Hill; Joseph Cinque, leader of a daring revolt on the slave ship Amistad; Frederick Douglass, self-taught writer-orator and escaped slave who forced President Lincoln to issue the Emancipation Proclamation years ahead of schedule; Harriet Tubman, who led at least three hundred slaves to freedom; Lewis Latimer, whose scientific work was integral to the achievements of Bell and Edison; and many more. Shining a bright light on the touchstones of character, these exemplary stories reemphasize the integral role of African Americans in weaving the fabric of our nation and form an empowering legacy from which Americans of all ages can draw inspiration, wisdom, and pride.

profiles of courage: Profiles in Sports Courage Ken Rappoport, 2006-03-07 A dozen of the twentieth-century's greatest and most courageous athletes show how they overcame difficult obstacles to make a lasting impact not only in their sport but also on society. Veteran author and

journalist Ken Rappoport showcases some lesser-known athletes such as Junko Tabei, the first woman to climb Everest, as well as famous athletes like Jackie Robinson, the first Black American to play in Major League Baseball, and race car pioneer Janet Guthrie, the first woman to qualify for the Indy 500. Each dramatic, action-packed profile shows how these talented athletes overcame such serious challenges as racism, sexism, and severe illness. Young readers will find in each of these inspiring men and women the bravery, perseverance, and dedication that made them outstanding athletes during their own times and strong role models for today.

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profiles of courage: Profiles in Gay and Lesbian Courage Troy D. Perry, Thomas L. P. Swicegood, 1992 Dramatic profiles of eight heroes of the gay movement.

profiles of courage: My Blue Notebooks Liane de Pougy, 2002 Liane de Pougy, known as Paris's most beautiful and notorious courtesan, was a Folies-Bergère dancer who became a princess and died a nun. Between 1919 and 1941 she wrote her intimate memoir, My Blue Notebooks. Making modern tell-alls seem downright tepid by comparison, this long-out-of-print classic is a fascinating look into the mind of an audacious woman of great intelligence and humor. In My Blue Notebooks, de Pougy describes hosting the likes of Jean Cocteau and the poet Max Jacob, her best friend (Never again. Never more than one writer at a time). She shares her literary critiques of her friend Colette (I look down on her with a grimace of disgust), recalls the funeral of Nicholas I (she happened to be in St. Petersburg at the time), and reports the sad early death of her acquaintance Marcel Proust. She writes graphically of her many sexual liaisons with both men and women, including her complex marriage to the too handsome Prince Georges Ghika of Romania and her difficult relationship with Nathalie Clifford Barney, perhaps the real love of her life. Here is a voyeuristic feast of high society living during the first decades of the twentieth century.

profiles of courage: Why Courage Matters John McCain, Mark Salter, 2004-04-13 NEW YORK TIMES BESTSELLER • In this inspiring meditation on courage, Senator John McCain shares his most cherished stories of ordinary individuals who have risked everything to defend the people and principles they hold most dear. "We are taught to understand, correctly, that courage is not the absence of fear but the capacity for action despite our fears," McCain reminds us, as a way of introducing the stories of figures both famous and obscure that he finds most compelling—from the Nobel Peace Prize laureate Aung San Suu Kyi to Sgt. Roy Benavidez, who ignored his own well-being to rescue eight of his men from an ambush in the Vietnam jungle; from 1960s civil rights leader John Lewis, who wrote, "When I care about something, I'm prepared to take the long, hard road," to Hannah Senesh, who, in protecting her comrades in the Hungarian resistance against Hitler's SS, chose a martyr's death over a despot's mercy. These are some of the examples McCain turns to for inspiration and offers to others to help them summon the resolve to be both good and great. He

explains the value of courage in both everyday actions and extraordinary feats. We learn why moral principles and physical courage are often not distinct quantities but two sides of the same coin. Most of all, readers discover how sometimes simply setting the right example can be the ultimate act of courage. Written by one of our most respected public figures, Why Courage Matters is that rare book with a message both timely and timeless. This is a work for anyone seeking to understand how the mystery and gift of courage can empower us and change our lives. Praise for Why Courage Matters "[John] McCain the man remains one of the most inspiring public figures of his generation."—The Washington Post Book World "Thrilling . . . John McCain's profiles in courage offer inspiration. . . . A marvelous collection of stories featuring honest-to-God heroes."—Fort Worth Star-Telegram "Extraordinary . . . McCain proves how courage can change lives and improve the world."—New York Daily News "[McCain] is open and candid, a refuge from spin and arrogance."—The Washington Post "Wise words from a man who personifies courage."—The Sunday Oklahoman

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profiles of courage: Prelude to Leadership John F. Kennedy, 1997-05-01 Prelude to Leadership is the private diary of John F. Kennedy when he was a 28-year-old reporter in Europe. It offers a short yet intimate look into the mind of the man who was to become the 35th President of the United States. As World War II was ending and the Cold War was just beginning, a young naval hero decommissioned before war's end because of his crippling injuries, traveled through a devastated Europe. During the trip, John F. Kennedy kept a diary, never before published. As the diary makes clear, that European trip was a turning point in the future President's life. It was on this trip that Kennedy first confronted the long twilight struggle for the preservation of Western freedom that would define his Presidency. In these few months an agenda for a Presidency began to be forged, and the closing pages of the diary make clear that it was at this moment in time that Kennedy began laying plans for his first run for Congress , the first step in his journey to the White House.

profiles of courage: Everyday Courage for School Leaders Cathy Lassiter, 2017-05-11 Develop and enhance Leadership Courage to exceed every expectation! Everyday Courage for School Leaders examines the inner strength, will power, and resilience with which principals and administrators can face the daily challenges and expectations of educating all students. Based on three foundational ideas at the core of courage, this thought-provoking guide includes: • How to

Take Action: make specific plans to activate moral courage, intellectual courage, empathetic courage, and disciplined courage • Daily Practices: exercises in accountability, trust, and risk-taking maintain courageous leadership for equity, excellence, and inclusion • Courage Quotient: assess and consider your areas of strength and opportunities for growth

profiles of courage: *Mutiny on the Amistad* Howard Jones, 1997-11-20 This volume presents the first full-scale treatment of the only instance in history where African blacks, seized by slave dealers, won their freedom and returned home. Jones describes how, in 1839, Joseph Cinqué led a revolt on the Spanish slave ship, the Amistad, in the Caribbean. The seizure of the ship by an American naval vessel near Montauk, Long Island, the arrest of the Africans in Connecticut, and the Spanish protest against the violation of their property rights created an international controversy. The Amistad affair united Lewis Tappan and other abolitionists who put the law of nature on trial in the United States by their refusal to accept a legal system that claimed to dispense justice while permitting artificial distinctions based on race or color. The mutiny resulted in a trial before the U.S. Supreme Court that pitted former President John Quincy Adams against the federal government. Jones vividly recaptures this compelling drama--the most famous slavery case before Dred Scott--that climaxed in the court's ruling to free the captives and allow them to return to Africa.

profiles of courage: Choosing Courage Jim Detert, 2021-05-18 An inspirational, practical, and research-based guide for standing up and speaking out skillfully at work. Have you ever wanted to disagree with your boss? Speak up about your company's lack of diversity or unequal pay practices? Make a tough decision you knew would be unpopular? We all have opportunities to be courageous at work. But since courage requires risk—to our reputations, our social standing, and, in some cases, our jobs—we often fail to act, which leaves us feeling powerless and regretful for not doing what we know is right. There's a better way to handle these crucial moments—and Choosing Courage provides the moral imperative and research-based tactics to help you become more competently courageous at work. Doing for courage what Angela Duckworth has done for grit and Brene Brown for vulnerability, Jim Detert, the world's foremost expert on workplace courage, explains that courage isn't a character trait that only a few possess; it's a virtue developed through practice. And with the right attitude and approach, you can learn to hone it like any other skill and incorporate it into your everyday life. Full of stories of ordinary people who've acted courageously, Choosing Courage will give you a fresh perspective on the power of voicing your authentic ideas and opinions. Whether you're looking to make a mark, stay true to your values, act with more integrity, or simply grow as a professional, this is the guide you need to achieve greater impact at work.

profiles of courage: Portraits of Courage George W. Bush, 2017-02-28 #1 NEW YORK TIMES BESTSELLER • A vibrant collection of oil paintings and stories by President George W. Bush honoring the sacrifice and courage of America's military veterans. With Forewords by former First Lady Laura Bush and General Peter Pace, 16th Chairman of the Joint Chiefs of Staff. Growing out of President Bush's own outreach and the ongoing work of the George W. Bush Institute's Military Service Initiative, Portraits of Courage brings together sixty-six full-color portraits and a four-panel mural painted by President Bush of members of the United States military who have served our nation with honor since 9/11—and whom he has come to know personally. Our men and women in uniform have faced down enemies, liberated millions, and in doing so showed the true compassion of our nation. Often, they return home with injuries—both visible and invisible—that intensify the challenges of transitioning into civilian life. In addition to these burdens, research shows a civilian-military divide. Seventy-one percent of Americans say they have little understanding of the issues facing veterans, and veterans agree: eighty-four percent say that the public has little awareness of the issues facing them and their families. Each painting in this meticulously produced hardcover volume is accompanied by the inspiring story of the veteran depicted, written by the President. Readers can see the faces of those who answered the nation's call and learn from their bravery on the battlefield, their journeys to recovery, and the continued leadership and contributions they are making as civilians. It is President Bush's desire that these stories of courage and resilience will honor our men and women in uniform, highlight their family and caregivers who bear the

burden of their sacrifice, and help Americans understand how we can support our veterans and empower them to succeed. President Bush will donate his net author proceeds from PORTRAITS OF COURAGE to the George W. Bush Presidential Center, a non-profit organization whose Military Service Initiative works to ensure that post-9/11 veterans and their families make successful transitions to civilian life with a focus on gaining meaningful employment and overcoming the invisible wounds of war.

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profiles of courage: Why England Slept John F. Kennedy, 2016-04-04 Originally published in 1940, Why England Slept was written by then-Harvard student and future American president John F. Kennedy. It was Kennedy's senior thesis that analyzed the tremendous miscalculations of the British leaders in facing Germany on the advent of World War II, and in doing so, also addressed the challenges that democracies face when confronted directly with fascist states. In Why England Slept, at the book's core, John F. Kennedy asks: Why was England so poorly prepared for the war? He provides a comprehensive analysis of the tremendous miscalculations of the British leadership when it came to dealing with Germany and leads readers into considering other questions: Was the poor state of the British army the reason Chamberlain capitulated at Munich, or were there other, less-obvious elements at work that allowed this to happen? Kennedy also looks at similarities to America's position of unpreparedness and makes astute observations about the implications involved. This re-publication of the classic book contains excerpts from the foreword to the 1940 original edition by Henry R. Luce, an American magazine magnate during that era; the foreword to the 1961 edition, also written by Luce; and a new foreword by Stephen C. Schlesinger, written in 2015.

profiles of courage: Param Vir Chakra, 2023

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profiles of courage: A Warning Anonymous, 2019-11-19 #1 New York Times and #1 Wall Street Journal bestseller: An unprecedented behind-the-scenes portrait of the Trump presidency from the anonymous senior official whose first words of warning about the president rocked the nation's capital. On September 5, 2018, the New York Times published a bombshell essay and took the rare step of granting its writer anonymity. Described only as a senior official in the Trump administration, the author provided eyewitness insight into White House chaos, administration instability, and the people working to keep Donald Trump's reckless impulses in check. With the 2020 election on the horizon, Anonymous is speaking out once again. In this book, the original author pulls back the curtain even further, offering a first-of-its-kind look at the president and his record -- a must-read before Election Day. It will surprise and challenge both Democrats and Republicans, motivate them to consider how we judge our nation's leaders, and illuminate the consequences of re-electing a commander in chief unfit for the role. This book is a sobering assessment of the man in the Oval Office and a warning about something even more important -- who we are as a people.

profiles of courage: Chronicles of Courage Jean Kennedy Smith, George Plimpton, 1993 Sixteen disabled artists talk about their lives and how art has made a difference to them.

profiles of courage: When Courage Was the Essence of Leadership Emilio Iodice, 2019-01-18 Success is not final, failure is not fatal: it is the courage to continue that counts. Winston Churchill Your time is limited, so don't waste it living someone else's life...And most important, have the courage to follow your heart and intuition. Steve Jobs I learned that courage was not the absence of fear, but the triumph over it. The brave man is not he who does not feel afraid, but he who conquers that fear. Nelson Mandela All our dreams can come true, if we have the courage to pursue them. Walt Disney It is a voyage. Sometimes the journey is in the dark, through a mist or a storm. The trip is guided by a compass, the sun, the stars, the light of the moon, matched by instinct and experience. It is called leadership. In the worst of times leaders struggle to navigate, survive and reach their port of call. In the best of times they glide smoothly across the horizon to success. The wind in their sails that moves them forward fearlessly, relentlessly and without trepidation is called courage. There was a time when the courage to lead was common place. It was found in many guarters. Politicians, small and large captains of commerce and industry, soldiers and sailors, men and women of the cloth and ordinary citizens expressed themselves with bravery, integrity, character and good example. They did so above the call of duty. Some had choices, others did not. Yet in each instance they knew that to lead, to achieve, to succeed they had to be fearless. They were our models. They were our heroes and heroines. It is their example that we need now more than ever. For decades, experts have searched for the formula that produces great leadership. The list is long and intricate. It varies from one setting to another. There is one trait that cuts across all the elements. It is the fundamental quality that unites them...courage. It is the essence of leadership. History is filled with examples of this unique attribute being the driving force of leaders. Courage is not only a special quality. It is a virtue because to exhibit it requires an act of morality. Each day we face moments where we may need to be heroic. It could be to defend a colleague or to tell the truth, or save a life, even if the consequences could be severe. The obstacle to courage is fear. We live in an age of fear. In the public and private sectors, in our everyday lives, we are gripped by insecurity and anxiety. In this work, we tell about people who overcame fear. It is about the great and the unknown, the rich and famous and the forgotten men and women who truly made a difference in our world. Our stories are organized in three parts: - Political Courage is about choices, integrity, honesty and character that affect principles, values, the public good and the conflict between what is best for country vs. what is best for the politician. - Personal and Professional Courage deals with our daily lives and our careers and our ability to confront pain, agony, intimidation, survival and the willingness to do the right thing in the face of opposition, scandal, shame, personal loss and disappointment. - Spiritual Courage concerns our place in the universe, believing in a higher being and understanding that we are on a mission to improve the lot of mankind and the world. It is living beyond ourselves and for others. From the President to the longshoreman to the fisherman, the peddler to the baseball player, to the nun and the holy man in India, each needed courage to lead themselves and others and each led with conviction and bravery. Their words, their lives are as meaningful to us today as they were years, decades or centuries ago. They are our models and our heroes and heroines to look up to and emulate. You gain strength, courage, and confidence by every experience in which you really stop to look fear in the face. You are able to say to yourself, 'I lived through this horror. I can take the next thing that comes along.' Eleanor Roosevelt

profiles of courage: American Spirit Taya Kyle, Jim DeFelice, 2019-04-02 The New York Times-bestselling author shares "moving and passionate" true stories of people who found their purpose through perseverance and service (Publishers Weekly, starred review). Taya Kyle entered a period of deep grief when she lost her husband, "American Sniper" Chris Kyle. Yet the experience served as a catalyst for profound growth. Taya found her own reserve of strength with the help of family and friends—and also many strangers across America, who shared their own stories of suffering and survival. Inspired by their courage, Taya discovered her calling: spreading a message of how we can triumph over personal pain and heal our communities. Working with trusted collaborator Jim DeFelice (coauthor of American Sniper and American Wife), Taya tells her own story, as well as those of other Americans who have built extraordinary lives after grappling with

loss, illness, all manner of setback: a 9/11 survivor, badly burned over 60% of his body, who asked himself What debt to do I owe to God?; a man with the hole in his heart who runs ultramarathons; a young cancer victim whose lemonade stand inspired a revolutionary new model for fighting cancer; a pastor who became an undercover investigator, and more. The more than thirty individual profiled here embody the "American spirit" of resilience, faith, and togetherness that has built the nation. In the end, their stories teach us that "every action, big or small, has the potential to spark someone else's movement."

profiles of courage: Profiles in Courage (slipcased edition) John F. Kennedy, 2006-10-17 The Pulitzer Prize winning classic by President John F. Kennedy, with an introduction by Caroline Kennedy and a foreword by Robert F. Kennedy. Written in 1955 by the then junior senator from the state of Massachusetts, John F. Kennedy's Profiles in Courage serves as a clarion call to every American. In this book Kennedy chose eight of his historical colleagues to profile for their acts of astounding integrity in the face of overwhelming opposition. These heroes, coming from different junctures in our nation's history, include John Quincy Adams, Daniel Webster, Thomas Hart Benton, and Robert A. Taft. Now, a half-century later, the book remains a moving, powerful, and relevant testament to the indomitable national spirit and an unparalleled celebration of that most noble of human virtues. It resounds with timeless lessons on the most cherished of virtues and is a powerful reminder of the strength of the human spirit. Profiles in Courage is as Robert Kennedy states in the foreword: "not just stories of the past but a book of hope and confidence for the future. What happens to the country, to the world, depends on what we do with what others have left us. Along with vintage photographs and an extensive author biography, this book features Kennedy's correspondence about the writing project, contemporary reviews, a letter from Ernest Hemingway, and two rousing speeches from recipients of the Profile in Courage Award. Introduction by John F. Kennedy's daughter Caroline Kennedy, forward by John F. Kennedy's brother Robert F. Kennedy.

profiles of courage: Scarlet and Black, Volume Two Kendra Boyd, Marisa J. Fuentes, Deborah Gray White, 2020-02-21 The 250th anniversary of the founding of Rutgers University is a perfect moment for the Rutgers community to reconcile its past, and acknowledge its role in the enslavement and debasement of African Americans and the disfranchisement and elimination of Native American people and culture. Scarlet and Black, Volume 2, continues to document the history of Rutgers's connection to slavery, which was neither casual nor accidental—nor unusual. Like most early American colleges, Rutgers depended on slaves to build its campuses and serve its students and faculty; it depended on the sale of black people to fund its very existence. This second of a planned three volumes continues the work of the Committee on Enslaved and Disenfranchised Population in Rutgers History. This latest volume includes: an introduction to the period studied (from the end of the Civil War through WWII) by Deborah Gray White; a study of the first black students at Rutgers and New Brunswick Theological Seminary; an analysis of African-American life in the City of New Brunswick during the period; and profiles of the earliest black women to matriculate at Douglass College. To learn more about the work of the Committee on Enslaved and Disenfranchised Population in Rutgers History, visit the project's website at http://scarletandblack.rutgers.edu

profiles of courage: People Who Said No Laura Scandiffio, 2012-06-21 Sometimes it's okay to ignore the rules or break the law. In fact, it's essential! This thought-provoking book features people who did just that: Sophie and Hans Scholl, siblings who distributed antigovernment pamphlets in Nazi Germany; and Andrei Sakharov, who helped develop the nuclear bomb in Cold War Russia, but then spoke out against its use. Some, like Rosa Parks, were not originally in positions of political power but came out of the ranks of regular citizens to stand up for human rights. Others, like Oscar Romero, archbishop of El Salvador, used their power to change the status quo. Also included are Helen Suzman, a South African member of parliament who fought apartheid; Aung San Suu Kyi, who spent years under house arrest for protesting the dictatorship in Burma; and the people of Egypt, who recently brought down the repressive government of Hosni Mubarak. These inspirational profiles of people who followed their moral compass make for riveting stories as well as excellent

starting points for discussions about ethics and morality.

profiles of courage: JFK Fredrik Logevall, 2020-09-08 A NEW YORK TIMES NOTABLE BOOK OF THE YEAR • A Pulitzer Prize-winning historian takes us as close as we have ever been to the real John F. Kennedy in this revelatory biography of the iconic, yet still elusive, thirty-fifth president. "An utterly incandescent study of one of the most consequential figures of the twentieth century."—Jill Lepore, author of These Truths: A History of the United States WINNER OF THE ELIZABETH LONGFORD PRIZE • NAMED BIOGRAPHY OF THE YEAR BY The Times (London) ONE OF THE BEST BOOKS OF THE YEAR: The Sunday Times (London), New Statesman, The Daily Telegraph, Kirkus Reviews By the time of his assassination in 1963, John F. Kennedy stood at the helm of the greatest power the world had ever seen, a booming American nation that he had steered through some of the most perilous diplomatic standoffs of the Cold War. Born in 1917 to a striving Irish American family that had become among Boston's wealthiest, Kennedy knew political ambition from an early age, and his meteoric rise to become the youngest elected president cemented his status as one of the most mythologized figures in American history. And while hagiographic portrayals of his dazzling charisma, reports of his extramarital affairs, and disagreements over his political legacy have come and gone in the decades since his untimely death, these accounts all fail to capture the full person. Beckoned by this gap in our historical knowledge, Fredrik Logevall has spent much of the last decade searching for the "real" JFK. The result of this prodigious effort is a sweeping two-volume biography that properly contextualizes Kennedy amidst the roiling American Century. This volume spans the first thirty-nine years of JFK's life—from birth through his decision to run for president—to reveal his early relationships, his formative experiences during World War II, his ideas, his writings, his political aspirations. In examining these pre-White House years, Logevall shows us a more serious, independently minded Kennedy than we've previously known, whose distinct international sensibility would prepare him to enter national politics at a critical moment in modern U.S. history. Along the way, Logevall tells the parallel story of America's midcentury rise. As Kennedy comes of age, we see the charged debate between isolationists and interventionists in the years before Pearl Harbor; the tumult of the Second World War, through which the United States emerged as a global colossus; the outbreak and spread of the Cold War; the domestic politics of anti-Communism and the attendant scourge of McCarthyism; the growth of television's influence on politics; and more. JFK: Coming of Age in the American Century, 1917-1956 is a sweeping history of the United States in the middle decades of the twentieth century, as well as the clearest portrait we have of this enigmatic American icon.

profiles of courage: The Strategy of Peace John Fitzgerald Kennedy, 1960 Speeches and statements on U.S. foreign policy.

profiles of courage: Summary and Analysis of Profiles in Courage Worth Books, 2017-04-18 So much to read, so little time? This brief overview of Profiles in Courage tells you what you need to know—before or after you read John F. Kennedy's book. Crafted and edited with care, Worth Books set the standard for quality and give you the tools you need to be a well-informed reader. This short summary and analysis of Profiles in Courage includes: Historical context Chapter-by-chapter overviews Profiles of the main characters Detailed timeline of key events Important quotes Fascinating trivia Glossary of terms Supporting material to enhance your understanding of the original work About Profiles in Courage by John F. Kennedy: John F. Kennedy's Profiles in Courage takes an in-depth look at eight US senators who displayed courage by going against their political party's platform and acting on integrity and convictions. These timeless stories of political courage and inner strength are no less poignant today than upon the book's original publication in 1955. The summary and analysis in this ebook are intended to complement your reading experience and bring you closer to a great work of nonfiction.

profiles of courage: Counselor Ted Sorensen, 2008-05-06 In this gripping memoir, John F. Kennedy's closest advisor recounts in full for the first time his experience counseling Kennedy through the most dramatic moments in American history. Sorensen returns to January 1953, when he and the freshman senator from Massachusetts began their extraordinary professional and

personal relationship. Rising from legislative assistant to speechwriter and advisor, the young lawyer from Nebraska worked closely with JFK on his most important speeches, as well as his book Profiles in Courage. Sorensen encouraged the junior senator's political ambitions—from a failed bid for the vice presidential nomination in 1956 to the successful presidential campaign in 1960, after which he was named Special Counsel to the President. Sorensen describes in thrilling detail his experience advising JFK during some of the most crucial days of his presidency, from the decision to go to the moon to the Cuban Missile Crisis, when JFK requested that the thirty-four-year-old Sorensen draft the key letter to Khrushchev at the most critical point of the world's first nuclear confrontation. After Kennedy was assassinated, Sorensen stayed with President Johnson for a few months before leaving to write a biography of JFK. In 1968 he returned to Washington to help run Robert Kennedy's presidential campaign. Through it all, Sorensen never lost sight of the ideals that brought him to Washington and to the White House, working tirelessly to promote and defend free, peaceful societies. Illuminating, revelatory, and utterly compelling, Counselor is the brilliant, long-awaited memoir from the remarkable man who shaped the presidency and the legacy of one of the greatest leaders America has ever known.

profiles of courage: <u>Jack Kennedy</u> Barbara Leaming, 2006 An account of the friendships and forces that shaped JFK's presidency documents how the relationships and rivalries forged during his college years played pivotal roles in American history, in a volume that offers insight into the sources of Kennedy's intellectual beliefs as well as his presidential goals.

profiles of courage: The Residence Kate Andersen Brower, 2016-03-08 #1 New York Times Bestseller "A revealing look at life inside the White House. . . it's Downton Abbey for the White House staff."— The Today Show A remarkable history with elements of both In the President's Secret Service and The Butler, The Residence offers an intimate account of the service staff of the White House, from the Kennedys to the Obamas. America's First Families are unknowable in many ways. No one has insight into their true character like the people who serve their meals and make their beds every day. In her runaway bestseller, former White House correspondent Kate Andersen Brower pulls back the curtain on the world's most famous address. Full of stories and details by turns dramatic, humorous, and heartwarming, The Residence reveals daily life in the White House as it is really lived through the voices of the maids, butlers, cooks, florists, doormen, engineers, and others who tend to the needs of the President and First Family. These dedicated professionals maintain the six-floor mansion's 132 rooms, 35 bathrooms, 28 fireplaces, three elevators, and eight staircases, and prepare everything from hors d'oeuvres for intimate gatherings to meals served at elaborate state dinners. Over the course of the day, they gather in the lower level's basement kitchen to share stories, trade secrets, forge lifelong friendships, and sometimes even fall in love. Combining incredible first-person anecdotes from extensive interviews with scores of White House staff members—many speaking for the first time—with archival research, Kate Andersen Brower tells their story. She reveals the intimacy between the First Family and the people who serve them, as well as tension that has shaken the staff over the decades. From the housekeeper and engineer who fell in love while serving President Reagan to Jackie Kennedy's private moment of grief with a beloved staffer after her husband's assassination to the tumultuous days surrounding President Nixon's resignation and President Clinton's impeachment battle, The Residence is full of surprising and moving details that illuminate day-to-day life at the White House.

profiles of courage: Citizens of the Green Room Mark Leibovich, 2015-11-10 A collection of award-winning and finely detailed profiles of today's most fascinating political, sports, and pop-culture figures. Mark Leibovich returns to puncture the inflated personas of the powerful and reveal the lives, stories, and peculiarities behind their public masks. On subjects including Hillary Clinton, Glenn Beck, John Kerry, Paul Ryan, Chris Christie, and John McCain, Leibovich maintains a refreshing conviviality even as he renders incisive and unflinching assessments. Confirming his reputation as a master of the political profile (Washington Post), Citizens of the Green Room will delight fans of This Town and the legions of political junkies who avidly read Leibovich's work in The New York Times Magazine.

profiles of courage: Kennedy and King Steven Levingston, 2017-06-06 A New York Times Editors' Choice Pick Kennedy and King is an unqualified masterpiece of historical narrative . . . A landmark achievement. -- Douglas Brinkley, New York Times bestselling author of Rosa Parks Kennedy and King traces the emergence of two of the twentieth century's greatest leaders, their powerful impact on each other and on the shape of the civil rights battle between 1960 and 1963. These two men from starkly different worlds profoundly influenced each other's personal development. Kennedy's hesitation on civil rights spurred King to greater acts of courage, and King inspired Kennedy to finally make a moral commitment to equality. As America still grapples with the legacy of slavery and the persistence of discrimination, Kennedy and King is a vital, vivid contribution to the literature of the Civil Rights Movement.

profiles of courage: JFK Stephen Kennedy Smith, Douglas Brinkley, 2024-05-15 Published in commemoration of the centennial of President John F. Kennedy's birth, here is the definitive compendium of JFK's most important and brilliant speeches, accompanied by commentary and reflections by leading American and international figures—including Senator Elizabeth Warren, David McCullough, Kofi Annan, and the Dalai Lama—and edited by JFK's nephew Stephen Kennedy Smith and renowned historian Douglas Brinkley. Combined with over seven hundred documentary photos, it tells the story, in words and pictures, of JFK's life and presidency, and depicts his compelling vision for America. JFK brings together in one volume John F. Kennedy's greatest speeches alongside essays by America's top historians, analysis from leading political thinkers, and personal insights from preeminent writers and artists. Here is JFK at his best—thought-provoking, inspiring, eloquent, and wise—on a number of wide-ranging topics, including civil rights, the race to the moon, the environment, immigration, the Cuban Missile Crisis, and much more. IFK demonstrates the deep relevance of his words today and his lasting power and influence as an outstanding American leader and orator. Elegantly designed and enriched by more than 500 photographs and facsimiles of Kennedy's marginalia on drafts of speeches, his notes from important meetings, letters, and other fascinating documents, JFK is a major contribution to American history. The august list of contributors includes Secretary John Kerry, Ambassador Samantha Power, Congressman John Lewis, Senator John McCain, Senator Elizabeth Warren, His Holiness the 14th Dalai Lama, Robert Redford, Conan O'Brien, Dave Eggers, Gloria Steinem, Don DeLillo, David McCullough, George Packer, Colum McCann, Michael Beschloss, Robert Dallek, David Kennedy, Ted Widmer, Henry Louis Gates Jr., Drew Faust, Tarig Ramadan, Pastor Rick Warren, Jonathan Alter, E. J. Dionne, Ron Suskind, Paul Krugman, Kofi Annan, Governor Jerry Brown, Paul Theroux, Jorge Domínguez, and many others.

profiles of courage: The Day Kennedy Was Shot Jim Bishop, 2013-10-22 A minute-by-minute narrative account of President John F. Kennedy's assassination, The Day Kennedy Was Shot captures the action, mystery, and drama that unfolded on November 22, 1963. Author Jim Bishop's trademark hour-by-hour suspenseful storytelling drives this account of an unforgettable day in American history. His retelling tracks all of the major and minor characters—JFK, Lee Harvey Oswald, Jack Ruby, Jackie, and more—illuminating a human drama that many readers believe they know well.

profiles of courage: Be Strong and of Good Courage Dennis Ross, David Makovsky, 2019-09-03 Modern Israel's founding fathers provided some of the boldest and most principled leadership of any nation--now Israel needs their example more than ever. Modern Israel's founding fathers provided some of the boldest and most principled leadership of any nation. Now Israel needs their example more than ever. At a time when the political destiny of Israel is more uncertain than at any moment since its modern founding, Be Strong and of Good Courage celebrates the defining generation of leaders who took on the task of safeguarding the country's future. David Ben-Gurion, Menachem Begin, Yitzhak Rabin, and Ariel Sharon were all present at the creation of the new nation in 1948. Over the next sixty years, each experienced moments when the country's existence was directly imperiled. In those moments, Israel needed extraordinary acts of leadership and strategic judgment to secure its future, and these leaders rose to the occasion. The strength they showed allowed them to prevail. Today, Israel may be on the verge of sacrificing the essential character that

its greatest citizens fought to secure. This is the story of that epic struggle.

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