

new mexico dulce

new mexico dulce is more than just a sweet treat—it's a celebration of the vibrant culinary heritage and diverse cultures that have shaped New Mexico. From iconic confections like biscochitos and natillas to the fusion of Native American, Spanish, and Mexican influences, New Mexico dulce represents a unique world of desserts that are beloved throughout the Southwest. In this comprehensive guide, you'll discover the origins and traditions behind these cherished sweets, learn about the most popular varieties, explore traditional preparation methods, and even find tips for enjoying or making your own New Mexico dulce at home. Whether you're a food lover, a traveler seeking authentic flavors, or simply curious about the rich tapestry of New Mexican cuisine, this article delivers everything you need to know about new mexico dulce.

- Understanding New Mexico Dulce: History and Cultural Roots
- The Most Popular Types of New Mexico Dulce
- Traditional Ingredients and Preparation Techniques
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Understanding New Mexico Dulce: History and Cultural Roots

New Mexico dulce, which translates to "New Mexico sweets" or "New Mexican desserts," embodies centuries of culinary evolution in the Southwest. The roots of New Mexico dulce can be traced back to the blending of Native American, Spanish, and Mexican food traditions that have influenced the region for hundreds of years. Early indigenous peoples cultivated corn, beans, squash, and native fruits, while Spanish settlers introduced new ingredients such as cinnamon, sugar, wheat flour, and lard. Over time, these ingredients merged, resulting in a creative array of desserts that are distinctively New Mexican. Many recipes have been lovingly passed down through generations, often reserved for special occasions, religious celebrations, and family gatherings.

Today, new mexico dulce is recognized not only for its delicious flavors but also for its cultural significance. These desserts are a testament to the state's storied past and serve as edible links to ancestors, traditions, and community. Whether enjoyed during holidays or as an everyday treat, New Mexico dulce continues to bring people together and preserve a shared heritage.

The Most Popular Types of New Mexico Dulce

New Mexico dulce encompasses a wide variety of beloved sweets, each with unique flavors and stories behind them. Some are enjoyed year-round, while others are tied to specific holidays or seasons. Here are some of the most iconic types of new mexico dulce:

- **Biscochitos:** The official state cookie of New Mexico, these anise and cinnamon-flavored shortbread cookies are traditionally made with lard for a tender crumb. Biscochitos are especially popular at Christmas, weddings, and fiestas.
- **Natillas:** A creamy custard dessert with roots in Spanish cuisine, natillas are flavored with vanilla and cinnamon, often served chilled and dusted with ground cinnamon.
- **Empanaditas:** Small turnovers filled with sweet fruit preserves (such as apricot or prune), pumpkin, or even sweetened meat, these pastries are a cherished part of New Mexico's dessert landscape.
- **Capirotada:** A bread pudding made with layers of bolillo bread, raisins, cheese, nuts, cinnamon, and a piloncillo syrup, capirotada is traditionally eaten during Lent.
- **Buñuelos:** Crispy, fried dough discs sprinkled with cinnamon sugar, buñuelos are a festive treat often enjoyed during the holidays or at fairs.
- **Churros:** Though of Spanish origin, churros have been embraced in New Mexico and are often served with a rich chocolate dipping sauce.

These sweets showcase the diversity and creativity of new mexico dulce, each offering a taste of the region's rich history.

Traditional Ingredients and Preparation Techniques

Authentic new mexico dulce relies on a handful of key ingredients, many of which reflect the state's agricultural heritage and multicultural influences. The use of lard, anise, cinnamon, piloncillo (unrefined cane sugar), vanilla, and native fruits are common threads throughout many desserts. Traditional preparation methods often involve time-honored techniques, such as hand-mixing dough, slow-cooking custards, or frying dough in cast-iron skillets.

Some quintessential ingredients found in new mexico dulce include:

- **Lard or butter:** Used in cookies and pastries for rich flavor and texture.
- **Anise seed:** Provides a distinct licorice-like flavor, especially in biscochitos.
- **Cinnamon:** Adds warmth and spice to cookies, custards, and syrups.

- **Piloncillo:** Unrefined cane sugar used in syrups and puddings for depth of flavor.
- **Wheat flour:** Forms the base of many cookies and pastries, introduced by Spanish settlers.
- **Native fruits:** Apricots, prunes, and pumpkin are common fillings for empanaditas.
- **Eggs and milk:** Essential for custards like natillas.

Handcrafted preparation remains important, as does the use of family recipes, which are often guarded secrets passed from one generation to the next.

Regional Variations in New Mexico Dulce

The landscape and communities of New Mexico are diverse, and regional differences in new mexico dulce reflect this variety. In northern New Mexico, for example, biscochitos may be flavored with additional spices or shaped differently, while southern regions might favor sweets with more pronounced Mexican influences, such as cajeta (goat's milk caramel) or tres leches cake.

Some communities incorporate local ingredients like piñon nuts, blue corn, or chile into their desserts, resulting in unique twists that highlight the agricultural bounty of the area. The presence of Pueblo, Hispano, and Anglo communities throughout the state means that recipes and dessert traditions can vary significantly even between neighboring towns.

Celebrations, Traditions, and Dulce in New Mexican Culture

New mexico dulce plays a vital role in the celebrations and rituals of New Mexican life. Many sweets are prepared for specific holidays, religious observances, and community gatherings. Biscochitos are a staple at Christmas, baptisms, weddings, and quinceañeras, symbolizing hospitality and joy. Natillas and capirotada are often associated with Lent and Easter, while empanaditas may appear at harvest festivals or family reunions.

The act of making and sharing dulce is a cherished tradition, fostering community bonds and honoring ancestors. In many families, preparing desserts together is an opportunity for storytelling and preserving culinary heritage. New Mexico's fiestas and cultural events frequently feature dulce booths and baking competitions, highlighting the pride residents take in their sweets.

How to Enjoy and Make New Mexico Dulce at Home

Enthusiasts of southwestern cuisine can easily incorporate new mexico dulce into their home baking repertoire. While some recipes require practice and patience, many can be recreated using standard

kitchen equipment and readily available ingredients. Here are some tips for enjoying or making New Mexico dulce at home:

1. Seek out authentic recipes from trusted sources, such as New Mexican cookbooks or community elders.
2. Source quality ingredients—fresh anise, real cinnamon, and unrefined sugars make a noticeable difference.
3. Respect tradition, but don't be afraid to experiment with fillings or spices according to personal taste.
4. Pair new mexico dulce with coffee, atole, or Mexican hot chocolate for a true regional experience.
5. Share your creations with friends and family to honor the communal spirit of New Mexico's dessert culture.

Whether baking biscochitos for the holidays or experimenting with natillas for a family gathering, making new mexico dulce is a rewarding way to connect with New Mexico's rich culinary legacy.

Where to Find Authentic New Mexico Dulce

For those eager to sample new mexico dulce firsthand, New Mexico boasts a wealth of bakeries, restaurants, and markets specializing in traditional sweets. Santa Fe, Albuquerque, and Las Cruces are home to renowned bakeries that craft biscochitos, empanaditas, and other local favorites using time-honored recipes. Many family-owned establishments take pride in their heritage, offering seasonal treats and custom orders for special occasions.

Farmers markets, food festivals, and community fiestas across the state are excellent opportunities to try a variety of dulce, often made by local artisans. Travelers can also find packaged versions of popular desserts in specialty food shops, making it easy to bring a taste of New Mexico home.

Whether enjoyed on a road trip, at a community event, or in your own kitchen, new mexico dulce remains an enduring symbol of New Mexico's hospitality, creativity, and history.

Q: What does "new mexico dulce" mean?

A: "New Mexico dulce" refers to the traditional sweets and desserts originating from New Mexico, reflecting the region's blend of Native American, Spanish, and Mexican culinary influences.

Q: What is the most famous New Mexico dulce?

A: The biscochito is the most famous New Mexico dulce, recognized as the official state cookie and

beloved for its unique flavor profile featuring anise and cinnamon.

Q: Which ingredients are commonly used in new mexico dulce?

A: Common ingredients include lard or butter, anise seed, cinnamon, piloncillo (unrefined cane sugar), wheat flour, native fruits like apricots and prunes, eggs, and milk.

Q: Are new mexico dulce recipes difficult to make at home?

A: Many new mexico dulce recipes are accessible to home bakers, though some require practice to perfect traditional techniques and achieve authentic flavors.

Q: Can you find new mexico dulce outside of New Mexico?

A: While authentic new mexico dulce is best experienced in New Mexico, select bakeries and specialty food shops in other states, especially in the Southwest, may offer these traditional desserts.

Q: What occasions are new mexico dulce typically served at?

A: These sweets are often served during holidays such as Christmas and Easter, as well as at weddings, baptisms, fiestas, and family gatherings.

Q: How is New Mexico dulce different from Mexican or Spanish desserts?

A: New Mexico dulce incorporates local ingredients and regional traditions, resulting in unique variations that differ from Mexican or Spanish desserts, although they share some common roots.

Q: Are there any gluten-free options for new mexico dulce?

A: While traditional recipes use wheat flour, some modern adaptations offer gluten-free versions using alternative flours to accommodate dietary needs.

Q: What is natillas, and how is it served?

A: Natillas is a creamy custard dessert flavored with vanilla and cinnamon, often served chilled and dusted with ground cinnamon as a comforting treat.

Q: What are some tips for making authentic biscochitos?

A: Use lard for the best texture, fresh anise seeds for authentic flavor, and roll the cookies in cinnamon sugar while warm for a traditional finish.

New Mexico Dulce

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Unraveling the Enchantment of New Mexico Dulce: A Journey Beyond the Ordinary

Are you yearning for an escape to a place steeped in history, brimming with natural beauty, and offering a unique cultural experience? Look no further than New Mexico's Dulce, a captivating destination often overlooked but brimming with untold stories and breathtaking landscapes. This comprehensive guide delves deep into the heart of Dulce, New Mexico, unveiling its hidden gems, historical significance, and the unforgettable experiences waiting for you. Prepare to be captivated by the magic of New Mexico Dulce.

A Glimpse into Dulce's Rich History (New Mexico Dulce)

Dulce, nestled in the northern reaches of New Mexico, boasts a history as rich and layered as the surrounding mesas. Originally inhabited by Indigenous peoples for centuries, the area holds significant archaeological and cultural importance. The arrival of Spanish colonists brought about a dramatic shift, leaving behind a legacy visible in the area's architecture and social fabric. Understanding this history is key to appreciating Dulce's unique character. The Jicarilla Apache Nation plays a central role in the region's identity, shaping its cultural landscape and contributing to its vibrant traditions.

The Jicarilla Apache Nation: Keepers of the Land and Culture

The Jicarilla Apache Nation's presence in Dulce is not merely historical; it's the very heart and soul of the community. Their rich cultural heritage, expressed through art, storytelling, and traditional ceremonies, offers visitors a rare opportunity to connect with a vibrant and resilient culture. Respectful engagement with the Jicarilla Apache Nation's history and present-day life is paramount when visiting Dulce. Learning about their unique governance, traditions, and contributions to the state is integral to experiencing the true essence of Dulce.

Exploring the Natural Wonders Surrounding Dulce (New Mexico Dulce)

Beyond its historical significance, Dulce boasts breathtaking natural beauty. The surrounding landscapes offer a plethora of outdoor activities and stunning vistas. From towering mesas and canyons to pristine forests and sparkling rivers, the area's natural wonders beckon exploration.

Hiking and Outdoor Recreation in the Dulce Area

Whether you're an avid hiker or simply enjoy a leisurely stroll amidst nature's grandeur, Dulce offers a range of trails catering to all skill levels. The diverse terrain provides opportunities for exploring ancient ruins, discovering hidden waterfalls, and enjoying panoramic views that will leave you breathless. Remember to plan your hikes appropriately, checking weather conditions and trail difficulty beforehand.

Fishing and Water Activities in Northern New Mexico

The rivers and streams surrounding Dulce provide excellent opportunities for fishing and other water activities. Anglers can cast their lines in hopes of catching trout and other native species. The serene waters also offer opportunities for kayaking, canoeing, or simply relaxing by the water's edge, enjoying the peace and tranquility of the natural surroundings.

Planning Your Trip to Dulce, New Mexico

Visiting Dulce requires careful planning, as it's a somewhat remote destination. Accommodation options are available, ranging from hotels to RV parks, catering to different budgets and preferences. It's essential to book accommodations in advance, especially during peak season.

Accessibility and Transportation in Dulce

While Dulce offers a tranquil escape, it's important to be aware of its accessibility. Having a personal vehicle is highly recommended, as public transportation options are limited. Ensure your vehicle is suitable for potentially rough terrain, especially if you plan on exploring backcountry trails.

Respecting the Local Culture and Environment

When visiting Dulce, remember that you are a guest in a community with a rich history and culture. Treat the environment with respect, leave no trace behind, and engage with the local community in a mindful and respectful manner. Learning a few basic phrases in the Jicarilla Apache language can be a gesture of goodwill and appreciation.

Conclusion: Discover the Undiscovered Charm of New Mexico Dulce

New Mexico Dulce offers a unique and enriching travel experience, blending history, culture, and natural beauty. It's a place where you can immerse yourself in the vibrant traditions of the Jicarilla Apache Nation, explore breathtaking landscapes, and discover a side of New Mexico often missed by the usual tourist routes. By respecting the local culture and planning your trip carefully, you can create an unforgettable and meaningful journey to this hidden gem.

FAQs:

1. What is the best time of year to visit Dulce, New Mexico? The best time to visit is during the spring or fall when the weather is mild and the crowds are smaller. Summers can be hot, while winters can be cold and snowy.
2. Are there any guided tours available in Dulce? While there may not be extensive organized tours, contacting the Jicarilla Apache Nation directly might reveal opportunities for culturally sensitive guided experiences.
3. What kind of accommodations are available in Dulce? You'll find a range of options, from motels and hotels to RV parks and potentially some private rentals. Booking in advance is always recommended.
4. Is it safe to hike in the Dulce area? Generally, the area is safe, but as with any outdoor activity, proper preparation is key. Inform someone of your hiking plans, stick to marked trails, and be aware of weather conditions.
5. What should I pack for a trip to Dulce? Pack layers of clothing suitable for varying temperatures, sturdy hiking shoes, sunscreen, insect repellent, a hat, and plenty of water. Consider binoculars for wildlife viewing.

new mexico dulce: Dulce Base Greg Strandberg, 2015-02-16 The U.S. government has allowed the Grays, a race of extra-terrestrials from the Zeta Reticuli system, to establish a foothold on Earth at a place called Dulce Base, a secret underground base near the Archuleta Mesa in New Mexico. This came about after President Eisenhower signed a treaty with them at Holloman Air Force Base in 1953, but following a surprise attack on the humans of the base in 1975, the treaty was deemed worthless and the U.S. government was in a bind. Fast forward to 1979. A group of Special Forces – all “dead” Vietnam vets – are assembled with the sole task of taking the base back or destroying it. When ungodly horrors are discovered on the base's deepest levels, however, the mission changes from one of search and destroy to one of rescue. Aided by six super soldiers impervious to the mind attacks of the Grays, the men fight for humanity in an epic sci-fi battle you can't afford to miss.

new mexico dulce: The Dulce Wars Branton, 1999 IN THE CORNER OF A SMALL TOWN IN AMERICA'S SOUTHWEST SOMETHING VERY STRANGE IS GOING ON IS AN ALIEN FIFTH

COLUMN ALREADY ACTIVE ON EARTH PREPARING TOTAL CONQUEST VIA IMPLANTATION'S AND MIND CONTROL? According to the author -- who only used his first name for privacy reasons (and because he is deathly afraid) -- The repercussions of what is taking place here will soon be felt throughout the whole country, when the beast has reached out with its deadly tentacles to invade our seemingly impregnable fortress, causing it to crumble and fall. Did U.S. Military Forces perish recently in hand-to-hand combat with a group of hostile Greys who subsequently seized control of one of our Top-Secret underground bases? And has the New World order established an unholy alliance with this group of ETs? In Dulce, New Mexico, seemingly everything has gone haywire, becoming the epicenter of: Cattle mutilation phenomena. . .Energy Grids. . .Secret Societies. . .Underground Anomalies. . .Conspiracies Between Townsfolk and Outsiders. . . Unexplained Legends and Mythology Concerning Various Lost Civilizations. . . Geomagnetic Enigmas. . .Abductions and Missing Time. . .Hostile Alien Beings. . .Peculiar Sounds and Movements Coming From Beneath The Earth. As discussed on the History Channel, Coast to Coast, and TheParaCast.Com

new mexico dulce: Dulce Base Greg Valdez, 2013-07-05

new mexico dulce: *The Jicarilla Apache of Dulce* Veronica E. Velarde Tiller, Mary M. Velarde, 2012 Now the headquarters of the Jicarilla Apache, Dulce (meaning sweet in Spanish) was named by the impoverished and relocated Indians who associated the place with the sugar and candy that came with government-supplied rations. Since the establishment of the reservation in 1887, Dulce has become the hub of everything associated with the Jicarillas. From the early timber operations, farming, and livestock raising, the Jicarilla Apache have become an economic powerhouse of northern New Mexico. Dulce is now a community living in two worlds, fully immersed in the American mainstream economy with a world-class hunting lodge, significant oil and gas operations, and widely diversified investments while fiercely maintaining the centuries-old language, culture, religion, and ceremonies of Jicarilla Apache Indians.

new mexico dulce: Underground Alien Bio Lab at Dulce: The Bennewitz UFO Papers Timothy Green Beckley, Sean Casteel, 2012-03 IS THE TOWN OF DULCE, NEW MEXICO THE LOCATION OF AN UNDERGROUND BASE GUARDED BY U.S. FORCES AND INHABITED BY A GROUP OF SINISTER EXTRATERRESTRIALS? OR IS ALL THE UFO AND PARANORMAL ACTIVITY IN THE AREA MERELY A FALSE FLAG DESIGNED TO ACT AS A CONVENIENT COVER STORY FOR SECRET BLACK PROJECT OPERATIONS? OR PERHAPS SOMETHING EVEN MORE SINISTER IS TAKING PLACE AT THIS LOCAL AS SUGGESTED BY RADIO HOST JC JOHNSON WHEN HE ASKS, Are the beings working with the government there in fact demons whose evil exceeds anything we may think we know about aliens in Dulce? It is an absolutely incredible story, says Timothy Green Beckley, editor of the Conspiracy Journal. Since the mid to late 1970s there have been all sorts of rumors about an underground laboratory beneath the town of Dulce. The UFO Hunters show on the History Channel recently featured the entire saga of what has been taking place on Native American soil, and a few days later George Noory and Coast to Coast AM plunged head first trying to make sense out of the various accounts that have surfaced. Beckley admits that it is difficult to pin-point exactly when this macabre saga started to develop. But he gives credit to an engineer named Paul Bennewitz for getting the ball rolling when Bennewitz says he was called to the area when aliens started to communicate with him over a radio receiver. He had been directed to Dulce after observing UFOs over Kirkland Air Force Bases nuclear storage facility. Standing near the tall cliffs outside Dulce, Bennewitz took a series of photographs showing unidentified craft diving into the mountains through what he claimed were entrance ways that could be opened and closed. Around the same time there was a dramatic increase in animal mutilations in the vicinity and at least one person, Christa Tilton came forward to claim that she was abducted and taken to this subterranean facility. Her full report and all the information which makes for a startling cosmic Dragnet story are included in this far reaching work. One individual in the U.S. military who was involved in the early stages of this investigation claims he engaged in hand to hand combat with ETs who had taken over level seven of the Dulce Base after a conflict with our soldiers. Another person involved in this epic committed suicide shortly after the Dulce affair was made public. Much has been speculated upon

regarding this sinister matter. But this is the complete work that contains balanced information and details from all sides. First time ever interview with Paul Bennewitz who was pushed over the edge never to return to sanity.

new mexico dulce: Dulce: GreysÕ Hell in America. AliensÕ Factory of Human BodiesÕ Parts Maximillien De Lafayette, 2015-02-24 Published by Times Square Press, New York. Officially, Dulce Base does not exist. The Base was jointly created by the Grays and a shadow government. Aliens who work at Dulce speak perfectly English. It was reported that many of them, especially the tall ones, are not considered and/or called aliens by their human counterparts. Some very well-informed co-workers and insiders believe they are HH, acronym for human-hybrids, others call them Intraterrestrials. The IM, acronym for the Internal Manifesto classifies them into three separate categories. The precise & astonishing information and data about Dulce as provided in this report were obtained directly from: 1-A meeting at Area 51, which gathered some of the most powerful personalities from our government, top brass, and members of a Shadow Government. 2-A sudden inspection of the base by one of our most descent generals. 3-Eyewitnesses' reports and official attestations.

new mexico dulce: New World Sourdough Bryan Ford, 2020-06-16 Best-selling cookbook New World Sourdough offers an inviting, nontraditional approach to baking delicious, inventive sourdough breads at home. Learn how to make a sourdough starter, basic breads, as well as other innovative baked goods from start to finish with Bryan Ford, Instagram star (@artisanbryan) and host of The Artisan's Kitchen on Chip and Joanna Gaines' Magnolia Network. With less emphasis on perfecting crumb structure or obsessive temperature monitoring, Bryan focuses on the tips and techniques he's developed in his own practice, inspired by his Honduran roots and New Orleans upbringing, to ensure your success and a good return on your time and effort. Bryan's recipes include step-by-step instructions and photographs of all of the mixing, shaping, and baking techniques you'll need to know, with special attention paid to developing flavor as well as your own instincts. New World Sourdough offers practical, accessible techniques and enticing, creative recipes you'll want to return to again and again, like: Pan de Coco Ciabatta Pretzel Buns Challah Focaccia Pizza dough Cuban Muffins Pita Bread Flour Tortillas Queen Cake Straightforward and unintimidating, New World Sourdough will get you started with your starter and then inspire you to keep experimenting and expanding your repertoire.

new mexico dulce: Project Beta Greg Bishop, 2005-02-08 The shocking true story of the United States government's quest to hide the reality of extraterrestrial contact, even at the cost of its citizens. In 1978, Paul Bennewitz, an electrical physicist living in Albuquerque, New Mexico, became convinced that the strange lights he saw hovering in the night sky were extraterrestrial. He reached out to newspapers, senators, and even the president before anyone responded. Air Force investigators listened to his story, as did Bill Moore, the author of the first book on the infamous Roswell UFO incident. Unbeknownst to Bennewitz, Moore was hired by a group of intelligence agents to keep tabs on Bennewitz while the Air Force ran a psychological profile and disinformation campaign on the unsuspecting physicist. In return, Air Force Intelligence would let Moore in on classified UFO material. What follows is a scandalous true tale of disinformation, corruption, and exploitation, all at the hands of the United States intelligence community.

new mexico dulce: The Real Story of the Superheroes Dulce Pinzón, 2012 The Mexican immigrant worker in New York is a perfect example of the hero who has gone unnoticed. It is common for a Mexican worker in New York to work extraordinary hours in extreme conditions for very low wages which are saved at great cost and sacrifice and sent to families and communities in Mexico who rely on them to survive [...]. This project consists of twenty color photographs of Mexican and Latino immigrants dressed in the costumes of popular American and Mexican superheroes. Each photo pictures the worker/superhero in their work environment, and is accompanied by a short text including the worker's name, their hometown, and the amount of money they send to their families each week.

new mexico dulce: Dulce Joseluis Flores, Laura Zimmerman Maye, 2010-05-04 The exciting

new mode in desserts can be found in this cookbook featuring the flavors of the Latino world. While savory Latin-American cuisine is well known, the sweeter side of this vibrant culinary culture has been overlooked. The countries of Central and South America combined Spanish techniques with native ingredients into an entirely distinct dessert tradition. This will be the first cookbook devoted to Latin-American sweets, uncovering a whole new world of exotic flavors. The desserts presented range from baked cakes to ice cream to chocolate, with step-by-step recipes for both traditional favorites, such as flans, churros with chocolate, and tres leches cake, as well as original creations from Chef Joseluis Flores's restaurants.

new mexico dulce: My Sweet Mexico Fany Gerson, 2010-09-14 After years spent traveling and sampling sweets throughout her native Mexico, celebrated pastry chef Fany Gerson shares the secrets behind her beloved homeland's signature desserts in this highly personal and authoritative cookbook. Skillfully weaving together the rich histories that inform the country's diverse culinary traditions, My Sweet Mexico is a delicious journey into the soul of the cuisine. From yeasted breads that scent the air with cinnamon, anise, sugar, fruit, and honey, to pushcarts that brighten plazas with paletas and ice creams made from watermelon, mango, and avocado, Mexican confections are like no other. Stalwarts like Churros, Amaranth Alegrías, and Garibaldis—a type of buttery muffin with apricot jam and sprinkles—as well as Passion Fruit-Mezcal Trifle and Cheesecake with Tamarind Sauce demonstrate the layering of flavors unique to the world of dulces. In her typical warm and enthusiastic style, Gerson explains the significance of indigenous ingredients such as sweet maguey plants, mesquite, honeys, fruits, and cacao, and the happy results that occur when combined with Spanish troves of cinnamon, wheat, fresh cow's milk, nuts, and sugar cane. In chapters devoted to breads and pastries, candies and confections, frozen treats, beverages, and contemporary desserts, Fany places cherished recipes in context and stays true to the roots that shaped each treat, while ensuring they'll yield successful results in your kitchen. With its blend of beloved standards from across Mexico and inventive, flavor-forward new twists, My Sweet Mexico is the only guide you need to explore the delightful universe of Mexican treats.

new mexico dulce: Flora of New Mexico Elmer Ottis Wooton, Paul Carpenter Standley, 1915

new mexico dulce: The Cuisine of Hubert Keller Hubert Keller, John Harrison, 1996 The executive chef and owner of Fleur de Lys in San Francisco shares recipes stemming from both his French background and his commitment to California-style healthfulness

new mexico dulce: Haunted Places Dennis William Hauck, 2002 Describes over 2,000 sites of supernatural occurrences in the United States, including places visited by ghosts, UFOs, and unusual creatures.

new mexico dulce: Absolute Solitude Dulce María Loynaz, 2016-05-24 In the first comprehensive selection and translation of Dulce María Loynaz's poetry, James O'Connor invites us to hear the haunting voice of Cuba's celebrated poet, whom the Nobel Laureate Juan Ramón Jiménez terms in his Foreword, archaic and new...tender, weightless, rich in abandon. Widely published in Spain during the 1950s, Loynaz's poetry was almost forgotten in Cuba after the Revolution. International recognition came to her late: at the age of ninety she was living in seclusion in Havana when the Royal Spanish Academy awarded her the 1992 Cervantes Prize, the highest literary accolade in the Spanish language. The first English publication of her work, Absolute Solitude contains a selection of poems from each of Loynaz's books, including the acclaimed prose poems from Poems with No Names, a selection of posthumously published work.

new mexico dulce: New Mexico Van Beacham, 2010-08-15 A Wilderness Adventures Press flyfishing guidebook--Cover.

new mexico dulce: Oaxaca Bricia Lopez, Javier Cabral, 2019-10-22 A colorful celebration of Mexican cuisine from LA's landmark Oaxacan restaurant—with recipes for moles, salsa, cocktails, family meals and more. Oaxaca is the culinary heart of Mexico, and since opening its doors in 1994, Guelaguetza has been the center of life for the Oaxacan community in Los Angeles. Founded by the Lopez family, Guelaguetza has been offering traditional Oaxacan food for twenty-five years. In this delightful introduction to Oaxacan cuisine, each dish articulates the Lopez family story, from Oaxaca

to the streets of Los Angeles and beyond. Showcasing the “soul food” of Mexico, Oaxaca offers 140 authentic, yet accessible recipes using some of the purest pre-Hispanic and indigenous ingredients available. From their signature pink horchata to the formula for the Lopez’s award-winning mole negro, Oaxaca demystifies this essential cuisine.

new mexico dulce: Underground Alien Bases Commander X, 1990 Bizarre stories about alien underground bases and first-hand reports from people who have been abducted, and survived genetic experiments.

new mexico dulce: New Mexico Magazine , 1956

new mexico dulce: The 37th Parallel Ben Mezrich, 2016-09-06 A real-life mix of The X-Files and Close Encounters of the Third Kind, Mezrich “writes vividly and grippingly...A terrific story...[that] will make a heck of a movie” (The Washington Post). Here is the “fascinating” (Publishers Weekly) true story of a computer programmer who tracks paranormal events in remote areas of the western United States and is drawn deeper and deeper into a mysterious conspiracy. Like Agent Mulder of The X-Files, microchip engineer and sheriff’s deputy Chuck Zukowski is obsessed with tracking down UFO reports in Colorado. He even takes the family with him on weekend trips to look for evidence of aliens. But this innocent hobby takes on a sinister urgency when Zukowski learns of mutilated livestock—whose exsanguination is inexplicable by any known human or animal means. Along an expanse of land stretching across the southern borders of Utah, Colorado, and Kansas, Zukowski documents hundreds of bizarre incidences of mutilations, and discovers that they stretch through the heart of America. His pursuit of the truth draws him deeper into a vast conspiracy, and he journeys from Roswell and Area 51 to the Pentagon and beyond; from underground secret military caverns to Native American sacred sites; and to wilderness areas where strange, unexplained lights traverse the sky at extraordinary speeds. Inspiring and terrifying, Mezrich’s “dramatic narrative...connects dots we didn’t even know existed...Something’s clearly happening out there in the high meadows and along desert highways” (Kirkus Reviews). The 37th Parallel will make you, too, wonder if we are really alone.

new mexico dulce: Pati Jinich Treasures of the Mexican Table Pati Jinich, 2021 The buoyant and brainy Mexican cooking authority (New York Times) and star of the three-time James Beard Award-winning PBS series Pati’s Mexican Table brings together more than 150 iconic dishes that define the country’s cuisine

new mexico dulce: New Mexico Brian Bell, John Gattuso, 2004 Insight Guides, the world’s largest visual travel guide series, in association with Discovery Channel, the world’s premier source of nonfiction entertainment, provides more insight than ever. From the most popular resort cities to the most exotic villages, Insight Guides capture the unique character of each culture with an insider’s perspective. Inside every Insight Guide you’ll find:.Evocative, full-colour photography on every page.Cross-referenced, full-colour maps throughout.A brief introduction including a historical timeline .Lively, essays by local writers on the culture, history, and people.Expert evaluations on the sights really worth seeing.Special features spotlighting particular topics of interest.A comprehensive Travel Tips section with listings of the best restaurants, hotels, and attractions, as well as practical information on getting around and advice for travel with children

new mexico dulce: Federal Register , 1980-02-15

new mexico dulce: Tierra Dulce Jesse Logan Nusbaum, Rosemary Nusbaum, 1980-01-01 This book is for anyone who has a passion for New Mexico letters, the American Southwest or the life and work of Jesse Nusbaum, one of America’s leading archaeologists—a man who was lauded by Life Magazine with a cover story when he brought Mesa Verde out of the mire of time to make it living history. Nusbaum fought to preserve the integrity of a large section of southwestern America which otherwise would have been lost. * * * * Rosemary L. Nusbaum was born and grew up in Marquette, Michigan. Of her many honors and awards, she holds in great esteem her place as a member of Composers, Authors and Artists of America, and the Sophrosyne Award presented to her by the St. John’s College Class of 1969. Her first full-length book, The City Different and The Palace, the story of the Palace of the Governors and its role in Santa Fe history, was also published by Sunstone

Press.

new mexico dulce: A Culture of Conspiracy Michael Barkun, 2003 Unravelling the genealogies and permutations of conspiracist worldviews, this work shows how this web of urban legends has spread among sub-cultures on the Internet and through mass media, and how this phenomenon relates to larger changes in American culture.

new mexico dulce: Underwater & Underground Bases Richard Sauder Ph.D., 2014-01-22 Dr. Richard Sauder's second book *Underwater and Underground Bases* is an explosive, eye-opening sequel to his best-selling, *Underground Bases and Tunnels: What is the Government Trying to Hide?* Dr. Sauder lays out the amazing evidence and government paper trail for the construction of huge, manned bases offshore, in mid-ocean, and deep beneath the sea floor! Bases big enough to secretly dock submarines! Official United States Navy documents, and other hard evidence, raise many questions about what really lies 20,000 leagues beneath the sea. Many UFOs have been seen coming and going from the world's oceans, seas and lakes, implying the existence of secret underwater bases. Hold on to your hats: Jules Verne may not have been so far from the truth, after all! Dr. Sauder also adds to his incredible database of underground bases onshore. New, breakthrough material reveals the existence of additional clandestine underground facilities as well as the surprising location of one of the CIA's own underground bases. Plus, new information on tunneling and cutting-edge, high speed rail magnetic-levitation (MagLev) technology. There are many rumors of secret, underground tunnels with MagLev trains hurtling through them. Is there truth behind the rumors? *Underwater and Underground Bases* carefully examines the evidence and comes to a thought provoking conclusion!

new mexico dulce: *United States Earthquakes*, 1968

new mexico dulce: Department of the Interior and Related Agencies Appropriations for 1978 United States. Congress. House. Committee on Appropriations. Subcommittee on Department of the Interior and Related Agencies, 1977

new mexico dulce: Wooden Ritual Artifacts from Chaco Canyon, New Mexico R. Gwinn Vivian, Dulce N. Dodgen, Gayle Harrison Hartmann, 1978 The Anthropological Papers of the University of Arizona is a peer-reviewed monograph series sponsored by the School of Anthropology. Established in 1959, the series publishes archaeological and ethnographic papers that use contemporary method and theory to investigate problems of anthropological importance in the southwestern United States, Mexico, and related areas.

new mexico dulce: *Secrets of the Dulce Base Alien Underground* Gil Carlson, 2014-01-26 Warning! This is not science fiction, this is so much worse! Of all the strangeness going on here on Planet Earth, Dulce Base has always struck me as one of the most interesting. Maybe because it has such a morbid darkness to it and the strangeness of the residents of the town of Dulce, as well as what I perceive to be a very powerful response to any mention or speculation about Dulce. So for your own good, I would strongly advise against going to this area and snooping around or asking questions. You don't need to, I've done it for you in this book! You will soon discover that *Secrets of the Dulce Base Alien Underground* is not only the most complete book on Dulce Base, but is stuffed full of the latest secrets! Secrets that may shock you, facts you never knew existed, amazing feats of construction, research and secrecy you never realized that the U.S. Government was capable of. And the aliens: This book will bring home to you what is really happening with aliens on the surface of our planet and especially under the surface! You have probably never realized how extensive this situation really is so you will be amazed that so much information exists today. From photos and drawings that have been smuggled out of Dulce Base, to eyewitness reports and even testimony from Remote Viewers! Are these aliens friendly? Are you at risk? Do you know how to protect yourself in the future? The revelations in this book are so revealing of the problems that exist today because of the Dulce Base and the massiveness of the government cover-up, that I wouldn't be surprised to see sales and distribution of this book somehow blocked in the near future! The extensive research done by myself and others points to the possibility that some of those brave souls who risked everything to reveal what was really happening at Dulce Base and many similar sites may have lost their freedom

and even their lives! So please don't take this book lightly!

new mexico dulce: Dictionary Catalog of the Department Library United States. Department of the Interior. Library, 1969

new mexico dulce: Sandia National Laboratories/New Mexico , 1999

new mexico dulce: A Guide to Contemporary Southwest Indians Bernard L. Fontana, 1999
Discover the diversity of Indian tribes living in the Southwest. Historian Bernard Fontana explores the distinctive cultures of this region, explaining various reservation and tribal activities available to the public with an insider's knowledge of culture and etiquette. Hiking, birding, horseback riding, boating, and fishing--along with many other recreational pastimes and cultural celebrations--are profiled in A Guide to Contemporary Southwest Indians. More than 100 color photographs celebrate the beautiful area these people call home.

new mexico dulce: Testimony of public witnesses for indian programs United States. Congress. House. Committee on Appropriations. Subcommittee on Department of the Interior and Related Agencies, 1990

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new mexico dulce: Federal Coal Leasing Policy and the Bisti Badlands Wilderness Proposal United States. Congress. House. Committee on Interior and Insular Affairs. Subcommittee on Mining, Forest Management, and Bonneville Power Administration, 1984

new mexico dulce: The Earth Gate Chris Comish, 2012-07-11 The Earth Gate takes you on an extraordinary adventure from Earth to the City of Shamballa, the Solar System, the Center of the Galaxy and beyond. Join the characters Ra-Sol-El, Qan Rahn, Master Sirius-Ra, Elohim Ha-ar-El, Sophia Magdalena and Yin Dek as they venture through the Cosmos and experience life in the Fifth Dimension. The Earth Gate is a journey through the Portal of Life filled with action, suspense and love as the characters discover multiple other dimensions and how to influence the physical world. Little do they know, there are beings known as the Slavers from Orion who will do anything to stop the reunification of Planet Earth with the Cosmos. Let the journey begin. Reviews I have no reservations in highly recommending this groundbreaking work from a spiritual pioneer who has made it his life's mission to bring the Light to all mankind. -Mary Keating, Reiki master, owner and founder of Ai Kansha cat sanctuary Chris is an amazing person with a strong will and unlimited talent. He can do anything that he puts his mind to. -Neal Parks, founder, Parks Paranormal Research and Investigation, host of the show Paranormally Speaking Overall, The Earth Gate is a strong offering from a writer who has immersed himself in his subject matter. Comish, who maintains a City of Shamballa social network, genuinely believes in the supervening etheric realities that he depicts, and his conviction illuminates this engaging work of spiritualized science fiction. -ForeWord Clarion Reviews

new mexico dulce: Aliens Stuart A. Kallen, 2011 In 2010, renowned physicist Stephen Hawking proposed that it was highly likely that space aliens were real. Hawking is not alone in this belief--polls consistently show that one-third of the population believes extraterrestrials have visited Earth. Aliens covers this subject in riveting detail with new information concerning close encounters, alien characteristics, abductions, and extraterrestrial conspiracies.

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