

mother and daughter exchange clubs

mother and daughter exchange clubs represent a unique and emerging social phenomenon that has sparked interest, curiosity, and discussion in recent years. This article delves deeply into the concept of mother and daughter exchange clubs, examining their origins, evolution, social implications, and the dynamics involved. You will gain an understanding of the motivations behind joining such clubs, the rules and expectations that govern them, and the psychological as well as cultural impact they have on families and society at large. The article will also address the controversy and debates surrounding mother and daughter exchange clubs, providing a balanced view of positive aspects and common criticisms. With a focus on factual information and expert insights, this comprehensive guide is designed for anyone seeking to learn more about this intriguing topic.

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What Are Mother and Daughter Exchange Clubs?

Mother and daughter exchange clubs refer to social organizations or private groups where mothers and daughters participate together in various exchange-based activities. These clubs can take many different forms, but the central idea revolves around members experiencing activities, skills, or even social circles through structured exchanges. The concept emphasizes shared experiences and often aims to strengthen family bonds, foster open communication, and provide a supportive community for mothers and daughters.

Unlike casual meetups, mother and daughter exchange clubs typically have a formal structure, established guidelines, and scheduled events. The types of exchanges may range from cultural and educational experiences to skills workshops, or simply social gatherings. The keyword "mother and daughter exchange clubs" encapsulates the wide array of possibilities these clubs present, making them an intriguing subject for those interested in family dynamics, social clubs, and modern community trends.

Origins and Evolution of Exchange Clubs

The idea of exchange clubs is not new; it has roots in historical women's circles and family societies. However, the development of mother and daughter exchange clubs is a more recent phenomenon that draws inspiration from traditional mother-daughter organizations and the modern desire for intergenerational connection.

These clubs first started appearing in urban centers, where busy lifestyles and cultural diversity encouraged families to seek structured social engagement. Over time, the concept has evolved to include various models, from small, invitation-only gatherings to large, open membership clubs with organized events and activities. The rise of social media has also contributed to their popularity by making it easier for potential members to discover and join such clubs.

Social Dynamics within Mother and Daughter Exchange Clubs

At the heart of every mother and daughter exchange club is the intricate web of social dynamics that shape each gathering. The interactions within these clubs are designed to be inclusive, supportive, and enriching, allowing participants to explore new perspectives while strengthening their familial relationship.

Group Structure and Roles

Most clubs have a clear organizational structure, which may include roles such as coordinators, activity leaders, and event planners. This ensures that every event runs smoothly and that all members feel involved. The leadership roles often rotate, giving everyone a chance to contribute and develop leadership skills.

Building Trust and Community

Central to the success of these clubs is the fostering of trust among members. Open communication and mutual respect are key values. Structured activities, such as discussion circles and collaborative projects, help to build a sense of belonging and purpose.

- Monthly themed gatherings
- Skill-sharing workshops
- Community service projects
- Book or movie clubs
- Parenting and self-development seminars

Rules, Etiquette, and Expectations

Mother and daughter exchange clubs operate under a set of rules and etiquette designed to maintain a respectful, safe, and enjoyable environment for all members. These guidelines are often established during the club's formation and are reviewed periodically as the group evolves.

Core Rules

Clubs usually have a code of conduct that prohibits any form of discrimination, harassment, or exclusion. Confidentiality is emphasized to ensure members feel comfortable sharing personal experiences. Participation in activities is typically voluntary, and members are encouraged to be supportive and non-judgmental.

Expectations for Members

Members are expected to attend meetings regularly, contribute ideas for activities, and respect the privacy and opinions of others. Mothers and daughters are encouraged to engage equally, fostering a balanced and collaborative atmosphere.

Motivations for Participation

The reasons for joining mother and daughter exchange clubs vary widely. For many, the primary motivation is to enhance the mother-daughter relationship through shared experiences and quality time together. Others are drawn by the opportunity to meet like-minded families and expand their social network.

Personal Growth and Enrichment

Participants often cite personal growth as a key benefit. The clubs provide a safe space to learn new skills, discuss important topics, and build confidence. Mothers and daughters alike report increased self-awareness and a deeper understanding of each other's perspectives.

Community and Belonging

Feeling connected to a broader community is another powerful motivator. Many members find that the support and encouragement they receive from fellow participants help them navigate life's challenges more effectively.

Psychological and Cultural Impact

Mother and daughter exchange clubs have notable psychological and cultural effects on individuals and their families. By facilitating open communication and shared experiences, these clubs can strengthen emotional bonds and promote mental well-being.

Positive Influence on Relationships

Research suggests that regular participation in structured family activities can reduce stress and increase satisfaction within parent-child relationships. The supportive environment of exchange clubs often leads to improved communication skills and a greater sense of empathy between mothers and daughters.

Cultural Exchange and Awareness

In multicultural settings, mother and daughter exchange clubs serve as platforms for cultural exchange, allowing members to learn about different traditions, values, and customs. This exposure fosters tolerance and broadens participants' worldviews.

Common Benefits and Challenges

While the benefits of mother and daughter exchange clubs are significant, members may also encounter challenges. Understanding both is essential for anyone considering joining or starting a club.

Benefits

- Strengthened family bonds
- Opportunities for personal and collective growth
- Development of leadership and communication skills
- Increased cultural awareness
- Supportive social network

Challenges

- Scheduling conflicts due to busy family lives
- Managing diverse personalities and expectations
- Maintaining privacy and confidentiality
- Ensuring inclusivity across different backgrounds

Controversies and Ethical Considerations

Despite their positive intentions, mother and daughter exchange clubs are not

without controversy. Some critics question the exclusivity of such groups or express concerns about privacy and boundaries. It is important for clubs to address ethical considerations to maintain trust and integrity.

Debates on Inclusivity

One of the main points of contention is inclusivity. Critics argue that clubs may unintentionally exclude families who do not fit traditional mother-daughter roles or who come from diverse family structures. Efforts to broaden membership criteria and embrace all forms of family relationships can help mitigate these concerns.

Privacy and Confidentiality

Protecting members' privacy is paramount. Clubs must establish clear policies regarding the sharing of personal information and ensure that all participants understand and agree to these terms. Open dialogue about boundaries helps prevent misunderstandings and fosters a respectful environment.

Conclusion

Mother and daughter exchange clubs continue to evolve as families seek innovative ways to connect, learn, and grow together. By offering structured opportunities for engagement, these clubs contribute to stronger relationships and more resilient communities. While challenges exist, the potential for meaningful personal and collective development makes them a compelling choice for many families.

Q: What are mother and daughter exchange clubs?

A: Mother and daughter exchange clubs are social organizations where mothers and daughters participate together in structured exchange-based activities, fostering shared experiences, personal growth, and stronger family bonds.

Q: What types of activities do mother and daughter exchange clubs offer?

A: Activities vary widely and may include skill-sharing workshops, cultural events, discussion circles, community service projects, book clubs, and educational seminars.

Q: Who can join a mother and daughter exchange club?

A: Membership requirements differ by club, but most are open to mothers and daughters of all ages. Some clubs also welcome guardians, step-parents, or other family members in similar roles.

Q: What are the main benefits of joining a mother and daughter exchange club?

A: Benefits include enhanced family relationships, personal development, increased cultural awareness, improved communication, and access to a supportive community.

Q: Are mother and daughter exchange clubs inclusive of diverse family structures?

A: Many clubs are working to become more inclusive by welcoming a range of family types and relationships, though some may still have traditional membership criteria.

Q: How are meetings and activities organized in these clubs?

A: Clubs typically have a formal structure with scheduled meetings, rotating leadership roles, and planned activities to ensure smooth operation and active participation.

Q: What challenges might members face in a mother and daughter exchange club?

A: Challenges can include scheduling conflicts, managing diverse personalities, maintaining privacy, and ensuring inclusivity.

Q: How do clubs ensure privacy and confidentiality?

A: Most clubs have strict codes of conduct and confidentiality agreements to protect members' personal information and create a safe environment for sharing.

Q: What motivates people to participate in mother and daughter exchange clubs?

A: Motivations include the desire for stronger family bonds, personal growth, community connection, and exposure to new experiences and perspectives.

Q: Are there controversies associated with mother and daughter exchange clubs?

A: Yes, controversies may arise around issues of exclusivity, privacy, and the handling of sensitive information. Clubs address these concerns through clear rules, open communication, and ongoing efforts to foster inclusivity.

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Mother and Daughter Exchange Clubs: Fostering Connection and Shared Experiences

Are you looking for unique ways to connect with your daughter, create lasting memories, and build a stronger bond? Mother-daughter exchange clubs offer a fantastic avenue for just that. These clubs, while not as widely known as other social groups, provide a supportive and engaging environment for mothers and daughters to share experiences, learn from each other, and develop a deeper understanding. This blog post will delve into the world of mother-daughter exchange clubs, exploring their benefits, how to find or start one, and the positive impact they can have on your relationship.

What are Mother and Daughter Exchange Clubs?

Mother-daughter exchange clubs are social groups specifically designed for mothers and daughters to participate in activities together. These clubs can vary significantly in their focus and structure. Some might center around specific hobbies or interests, such as crafting, cooking, or outdoor adventures. Others may adopt a more general approach, offering a diverse range of activities and events. The core principle, however, remains the same: to foster stronger connections and create positive shared experiences between mothers and daughters.

The Unique Benefits of Joining a Mother-Daughter Exchange Club

Joining a mother-daughter exchange club offers several compelling benefits:

Strengthened Bonds: Shared activities and experiences create lasting memories and deepen the mother-daughter bond. The collaborative nature of club activities encourages communication and mutual understanding.

Shared Learning Opportunities: Clubs often offer opportunities to learn new skills together,

fostering a sense of accomplishment and shared achievement. Whether it's learning a new craft or mastering a new sport, these experiences can significantly strengthen the relationship.

Expanded Social Circles: These clubs provide a supportive environment to meet other mothers and daughters, creating new friendships and broadening your social network.

Structured Time Together: In today's busy world, dedicated time for quality mother-daughter interactions can be scarce. Clubs provide a structured and consistent framework for prioritizing this essential bonding time.

Creating Lasting Memories: The experiences shared within these clubs become cherished memories that both mother and daughter can look back on with fondness for years to come.

Finding or Starting Your Own Mother-Daughter Exchange Club

Finding an existing mother-daughter exchange club may require some research. Start by checking local community centers, recreation departments, and online forums specific to your area. Search for terms like "mother-daughter clubs," "family activities," or "women's groups" along with your city or region.

If you can't find an existing club that suits your needs and interests, starting your own is a fantastic option. Here are some tips:

Steps to Starting Your Own Club:

Define Your Focus: Decide on a theme or area of interest for your club. This will help attract members with shared passions.

Develop a Structure: Create a basic framework for meetings, activities, and membership.

Spread the Word: Utilize local community boards, social media, and word-of-mouth to attract members.

Start Small: Begin with a manageable number of members and gradually expand as your club grows.

Solicit Feedback: Regularly seek feedback from members to ensure the club meets their needs and interests.

Types of Activities for Mother-Daughter Exchange Clubs

The possibilities are endless! The key is to choose activities that cater to the interests and age range of the participants. Here are some ideas:

Creative Activities: Crafting, painting, pottery, jewelry making.

Culinary Adventures: Cooking classes, baking competitions, themed potlucks.

Outdoor Pursuits: Hiking, biking, picnics, camping.

Volunteer Work: Community service projects, volunteering at animal shelters or food banks.

Educational Experiences: Museum visits, workshops, attending lectures.

Game Nights: Board games, card games, or even video game tournaments.

Overcoming Challenges in a Mother-Daughter Exchange Club

While the benefits are many, there can be challenges. Addressing potential conflict constructively is key. Open communication, mutual respect, and a focus on shared enjoyment will help navigate any difficulties that may arise. Remember, the goal is to strengthen the bond, not create more tension.

Conclusion

Mother-daughter exchange clubs offer a powerful way to foster a strong and lasting connection between mothers and daughters. By creating shared experiences and opportunities for growth, these clubs contribute to the overall well-being and happiness of both participants. Whether you join an existing club or start your own, the investment in time and effort will undoubtedly yield rich rewards in the form of strengthened bonds and unforgettable memories.

FAQs

Q1: What if my daughter and I have very different interests?

A1: The beauty of a well-run club is its diversity. Choose a club with a broad range of activities, or consider a club focusing on a shared value, like volunteering, rather than a specific hobby.

Q2: How much does it cost to join a mother-daughter exchange club?

A2: Costs vary widely. Some clubs are free, while others may charge membership fees or require contributions towards activity expenses. Inquire with the specific club you are interested in.

Q3: What if my daughter is shy or hesitant to participate?

A3: Start slowly. Choose activities that appeal to her, and let her participate at her own pace. The supportive environment of a well-run club can help her build confidence.

Q4: Are there age restrictions for mother-daughter exchange clubs?

A4: Age restrictions depend on the club. Some clubs may cater specifically to younger daughters, while others may welcome daughters of all ages. Check with individual clubs for their specific guidelines.

Q5: How can I ensure the club remains inclusive and welcoming to all?

A5: Establish clear guidelines promoting respect, understanding, and inclusivity from the outset. Actively seek input from all members to ensure everyone feels valued and heard.

mother and daughter exchange clubs: *The Mother-Daughter Book Club* Heather Vogel Frederick, 2010-05-11 Acclaimed author Heather Vogel Frederick will delight daughters of all ages in a novel about the fabulousness of fiction, family, and friendship. The book club is about to get a makeover.... Even if Megan would rather be at the mall, Cassidy is late for hockey practice, Emma's already read every book in existence, and Jess is missing her mother too much to care, the new book club is scheduled to meet every month. But what begins as a mom-imposed ritual of reading *Little Women* soon helps four unlikely friends navigate the drama of middle school. From stolen journals, to secret crushes, to a fashion-fiasco first dance, the girls are up to their Wellie boots in drama. They can't help but wonder: What would Jo March do?

mother and daughter exchange clubs: *The Complete Mother-Daughter Book Club Collection* Heather Vogel Frederick, 2030-12-30 A Simon & Schuster eBook. Simon & Schuster has a great book for every reader.

mother and daughter exchange clubs: *Dear Pen Pal* Heather Vogel Frederick, 2009-09-22 The third book in the Mother-Daughter Book Club series by Heather Vogel Frederick follows the girls for a new year of humor and friendship.

mother and daughter exchange clubs: *Much Ado About Anne* Heather Vogel Frederick, 2009-08-25 The moms have invited Becca Chadwick and her mother to join the club--and their daughters are devastated. Meanwhile, Jess finds out that her family may lose Half Moon Farm.

mother and daughter exchange clubs: *Wish You Were Eyre* Heather Vogel Frederick, 2012-10-23 The Mother-Daughter Book Club says bon voyage to Concord and bonjour to France! It's a dream come true for Megan, who's jet-setting to Paris for Fashion Week with Gigi. Meanwhile, back in Concord, Mrs. Wong decides to run for mayor, so Emma and Stewart team up to make her campaign a success. Jess and Cassidy are also hoping for victories, Jess in the a cappella finals with the MadriGals and Cassidy in the national hockey championships with her teammates. In the midst of it all, the girls—along with their Wyoming pen pals, who drop in for a visit over Spring Break—dive into Charlotte Brontë's classic *Jane Eyre*. Some real life romance follows, as Becca may have found a Mr. Rochester of her own. And then there's the matter of a certain wedding. The book club girls, their families, the British Berkeley brothers, and even Annabelle Fairfax (aka Stinkerbelle) will be attending the ceremony, which means there might be some bumps before the bride waltzes

down the aisle...

mother and daughter exchange clubs: *Tomboy* Liz Prince, 2014-09-02 Growing up, Liz Prince wasn't a girly girl, but she wasn't exactly one of the guys either (as she learned when her little league baseball coach exiled her to the distant outfield). She was somewhere in between. But with the forces of middle school, high school, parents, friendship, and romance pulling her this way and that, the middle wasn't an easy place to be. *Tomboy* follows award-winning author and artist Liz Prince through her early years and explores--with humor, honesty, and poignancy--what it means to be a girl. From staunchly refuting girliness to the point of misogyny, to discovering through the punk community that your identity is whatever you make of it, *Tomboy* offers a sometimes hilarious, sometimes heartbreaking account of self-discovery in modern America.

mother and daughter exchange clubs: *Mother-Daughter Book Camp* Heather Vogel Frederick, 2016-05-03 Spend one last summer with the Mother-Daughter Book Club at camp in this bittersweet conclusion to Heather Vogel Frederick's beloved and bestselling series. After so many summers together, Emma, Jess, Megan, Becca, and Cassidy are reunited for one final hurrah before they go their separate ways. The plan is to spend their summer as counselors at Camp Lovejoy in a scenic, remote corner of New Hampshire, but things get off to a rocky start when their young charges are stricken with a severe case of homesickness. Hopefully, a little bit of bibliotherapy will do the trick, as the girls bring their longstanding book club to camp.

mother and daughter exchange clubs: *Not My Daughter* Suzy K Quinn, 2020-05-28 'Dark and utterly compelling, this is a story that will have you flipping the pages until deep in the night and then yank the rug right out from under you.' KIMBERLY BELLE, bestselling author _

mother and daughter exchange clubs: *Say No to the Bro* Kat Helgeson, 2017-05-02 The hijinks of Miss Congeniality meet the high school gender politics of *The List* in Kat Helgeson's "funny, smart, and exciting" (Ami Allen-Vath, author of *Liars and Losers Like Us*) novel about two teens who become entangled in a cut-throat prom date auction. Ava's plan for surviving senior year at her new school is simple: fly under the radar until graduation. No boys. No attachments. No drama. But all that goes out the window when she gets drafted into the Prom Bowl—a long-standing tradition where senior girls compete in challenges and are auctioned off as prom dates to the highest bidder. Ava joins forces with star quarterback Mark Palmer to try and get herself out of the competition, but their best laid schemes lead to self-sabotage more than anything else. And to make matters worse, they both begin to realize that the Prom Bowl isn't all fun and games. When one event spirals dangerously out of control, Ava and Mark must decide whether shutting down the Prom Bowl once and for all is worth the price of sacrificing their futures.

mother and daughter exchange clubs: *The Joy Luck Club* Amy Tan, 2006-09-21 "The Joy Luck Club is one of my favorite books. From the moment I first started reading it, I knew it was going to be incredible. For me, it was one of those once-in-a-lifetime reading experiences that you cherish forever. It inspired me as a writer and still remains hugely inspirational." —Kevin Kwan, author of *Crazy Rich Asians* Amy Tan's beloved, New York Times bestselling tale of mothers and daughters, now the focus of a new documentary *Amy Tan: Unintended Memoir* on Netflix Four mothers, four daughters, four families whose histories shift with the four winds depending on who's saying the stories. In 1949 four Chinese women, recent immigrants to San Francisco, begin meeting to eat dim sum, play mahjong, and talk. United in shared unspeakable loss and hope, they call themselves the Joy Luck Club. Rather than sink into tragedy, they choose to gather to raise their spirits and money. To despair was to wish back for something already lost. Or to prolong what was already unbearable. Forty years later the stories and history continue. With wit and sensitivity, Amy Tan examines the sometimes painful, often tender, and always deep connection between mothers and daughters. As each woman reveals her secrets, trying to unravel the truth about her life, the strings become more tangled, more entwined. Mothers boast or despair over daughters, and daughters roll their eyes even as they feel the inextricable tightening of their matriarchal ties. Tan is an astute storyteller, enticing readers to immerse themselves into these lives of complexity and mystery.

mother and daughter exchange clubs: *The Unicorn in the Barn* Jacqueline Ogburn, 2017-07-04 For years people have claimed to see a mysterious white deer in the woods around Chinaberry Creek. It always gets away. One evening, Eric Harper thinks he spots it. But a deer doesn't have a coat that shimmers like a pearl. And a deer certainly isn't born with an ivory horn curling from its forehead. When Eric discovers the unicorn is hurt and being taken care of by the vet next door and her daughter, Allegra, his life is transformed. A tender tale of love, loss, and the connections we make, *The Unicorn in the Barn* shows us that sometimes ordinary life takes extraordinary turns.

mother and daughter exchange clubs: *Kitchen Chaos* Deborah A. Levine, JillEllyn Riley, 2015-02-03 Can their friendships take the heat? A trio of mothers and daughters will find out when they sign up for a cooking class from a famous chef in the first book of the Saturday Cooking Club series—it's mother-daughter bonding and so much more! Liza and Frankie have always been best friends. But when new girl Lillian arrives from San Francisco, suddenly there's a crowd. Especially after the trio is grouped together for a big sixth-grade social studies project—can they put aside their animosity long enough to succeed? When Liza suggests they all take a cooking class with the chef from her favorite cooking show for the project, the girls are on board, but they need an adult to take the class with them. It seems like the perfect opportunity to snag some quality time with their overscheduled, overstressed mothers...if they can convince them to sign up! Several headaches and close calls later, the girls at last find themselves in Chef Antonio's kitchen with their mothers in tow—but the drama is only just beginning!

mother and daughter exchange clubs: *The Dream Daughter* Diane Chamberlain, 2018-10-02 New York Times bestselling author Diane Chamberlain delivers a thrilling, mind-bending novel about one mother's journey to save her child. When Carly Sears, a young woman widowed by the Vietnam war, receives the news that her unborn baby girl has a heart defect, she is devastated. It is 1970, and she is told that nothing can be done to help her child. But her brother-in-law, a physicist with a mysterious past, tells her that perhaps there is a way to save her baby. What he suggests is something that will shatter every preconceived notion that Carly has. Something that will require a kind of strength and courage she never knew existed. Something that will mean an unimaginable leap of faith on Carly's part. And all for the love of her unborn child. *The Dream Daughter* is a rich, genre-spanning, breathtaking novel about one mother's quest to save her child, unite her family, and believe in the unbelievable. Diane Chamberlain pushes the boundaries of faith and science to deliver a novel that you will never forget. Praise for *The Dream Daughter*: Chamberlain writes with supernatural gifts...fate, destiny, chance and hope combine for a heady and breathless wonder of a read. —Pam Jenoff, New York Times bestselling author of *The Orphan's Tale* Can a story be both mind-bending and heartfelt? In Diane Chamberlain's hands, it can. *The Dream Daughter* will hold readers in anxious suspense until the last satisfying page. —Therese Fowler, New York Times bestselling author of *Z*

mother and daughter exchange clubs: *The Meaning of Maggie (Sneak Preview)* Megan Jean Sovern, 2014-03-18 A free sneak preview of *The Meaning of Maggie* by Megan Jean Sovern. Download now and enjoy this extended excerpt before the book goes on sale on May 6, 2014. As befits a future President of the United States of America, Maggie Mayfield has decided to write a memoir of the past year of her life. And what a banner year it's been! During this period she's Student of the Month on a regular basis, an official shareholder of Coca-Cola stock, and defending Science Fair champion. Most importantly, though, this is the year Maggie has to pull up her bootstraps (the family motto) and finally learn why her cool-dude dad is in a wheelchair, no matter how scary that is. Author Megan Jean Sovern, herself the daughter of a dad with multiple sclerosis, writes with the funny grace and assured prose of a new literary star. A portion of the proceeds of the sale of this book will be donated to the National Multiple Sclerosis Society.

mother and daughter exchange clubs: *The Flask* Nicky Singer, 2012-02-02 An unforgettable standalone novel from Nicky Singer, author of the sensational, award-winning *FEATHER BOY*.

mother and daughter exchange clubs: *Journey of the Pale Bear* Susan Fletcher,

2019-10-01 "A lovely little miracle of a book." —Katherine Applegate, Newbery Medal-winning author of *The One and Only Ivan* "[A] large-hearted and riveting medieval adventure." —William Alexander, National Book Award-winning author of *Goblin Secrets* "A breathtaking adventure." —Kirby Larson, Newbery Honor-winning author of *Hattie Big Sky* A runaway boy befriends a polar bear that's being transported from Norway to London in this "stupendous coming-of-age tale stuffed with adventure" (Kirkus Reviews, starred review). The polar bear is a royal bear, a gift from the King of Norway to the King of England. The first time Arthur encounters the bear, she terrifies him. Yet, strangely, she doesn't harm him—though she has attacked anyone else who comes near. So Arthur finds himself taking care of a polar bear on a ship to England. Tasked with feeding and cleaning up after the bear, Arthur's fears slowly lessen as he begins to feel a connection to this bear, who like him, has been cut off from her family. But the journey holds many dangers, and Arthur knows his own freedom—perhaps even his life—depends on keeping the bear from harm. When pirates attack, Arthur must make a choice—does he do everything he can to save himself, or does he help the bear to find freedom? Based on the real story of a polar bear that lived in the Tower of London, this timeless adventure story thoughtfully looks at the themes of freedom, captivity, and the bond between a boy and a bear.

mother and daughter exchange clubs: Things That Surprise You Jennifer Maschari, 2017-08-22 A poignant, charming middle grade novel, perfect for fans of *The Thing About Jellyfish* and *Fish in a Tree*. A beautifully layered story about navigating the often shifting bonds of family and friendship, and learning how to put the pieces back together when things fall apart. Emily Murphy is about to enter middle school. She's sort of excited...though not nearly as much as her best friend Hazel, who is ready for everything to be new. Emily wishes she and Hazel could just continue on as they always have, being the biggest fans ever of the *Unicorn Chronicles*, making up dance moves, and getting their regular order at The Slice. But things are changing. At home, Emily and her mom are learning to move on after her parents' divorce. Hardest of all, her beloved sister Mina has been in a treatment facility to deal with her anorexia. Emily is eager to have her back, but anxious about her sister getting sick again. Hazel is changing too. She has new friends from the field hockey team, is starting to wear makeup, and have crushes on boys. Emily is trying to keep up, but she keeps doing and saying the wrong thing. She wants to be the perfect new Emily. But who is that really?

mother and daughter exchange clubs: Bone Soup Alyssa Satin Capucilli, 2018-07-24 "A delight...Just the right mix of creepy and humorous, treading the line between scary and fun." —Kirkus Reviews "Plenty of tasty vocabulary...As ghoulishly bright as a jack-o'-lantern." —Publishers Weekly Three little witches and a bunch of spooky characters come together to prepare a delicious batch of Bone Soup in this Halloween tale based on the beloved fable, *Stone Soup*. This just-scary-enough picture book comes with a recipe for Bone Soup—perfect for Halloween eating. Trick-or-treat? Trick-or-treat! We've something usually good to eat! One Halloween morning three witches are looking for a tasty treat and they find only a small bone in their cupboard. So they decide to go from door to door in their village to find just the right ingredients for their Bone Soup. No one in the village is convinced that soup can be made from a bone, until the littlest monster reveals just what the special ingredient should be.

mother and daughter exchange clubs: They Drown Our Daughters Katrina Monroe, 2022-07-12 The best kind of story—one that will both break your heart and scare the hell out of you. —Jennifer McMahon, New York Times bestselling author of *The Children on the Hill* If you can hear the call of the water, It's already far too late. They say Cape Disappointment is haunted. That's why tourists used to flock there in droves. They'd visit the rocky shoreline under the old lighthouse's watchful eye and fish shells from the water as they pretended to spot dark shapes in the surf. Now the tourists are long gone, and when Meredith Strand and her young daughter return to Meredith's childhood home after an acrimonious split from her wife, the Cape seems more haunted by regret than any malevolent force. But her mother, suffering from early stages of Alzheimer's, is convinced the ghost stories are real. Not only is there something in the water, but it's watching them. Waiting for them. Reaching out to Meredith's daughter the way it has to every woman in their line for

generations—and if Meredith isn't careful, all three women, bound by blood and heartbreak, will be lost one by one to the ocean's mournful call. Part queer modern gothic, part ghost story, *They Drown Our Daughters* explores the depths of motherhood, identity, and the lengths a woman will go to hold on to both.

mother and daughter exchange clubs: *Genie in a Bottle (Whatever After #9)* Sarah Mlynowski, 2016-04-26 The next installment of this New York Times bestselling series takes Abby and Jonah into the story of Aladdin! Be careful what you wish for...When my brother, Jonah, and I travel through our mirror into the story of Aladdin, we're excited. There will be magic lamps and genies granting wishes. Right?Wrong.The genie we meet isn't QUITE as helpful as we expected. And if Aladdin's wishes don't come true, he won't get to marry the princess and live happily ever after!Now we have to:- Escape an enchanted cave- Find forty buckets of jewels- Plan a parade- Learn to fly a magic carpetOtherwise we'll run out of wishes... and never get home!

mother and daughter exchange clubs: *Firekeeper's Daughter* Angeline Boulley, 2021-03-16 A PRINTZ MEDAL WINNER! A MORRIS AWARD WINNER! AN AMERICAN INDIAN YOUTH LITERATURE AWARD YA HONOR BOOK! A REESE WITHERSPOON x HELLO SUNSHINE BOOK CLUB YA PICK An Instant #1 New York Times Bestseller Soon to be adapted at Netflix for TV with President Barack Obama and Michelle Obama's production company, Higher Ground. "One of this year's most buzzed about young adult novels." —Good Morning America A TIME Magazine Best YA Book of All Time Selection Amazon's Best YA Book of 2021 So Far (June 2021) A 2021 Kids' Indie Next List Selection An Entertainment Weekly Most Anticipated Books of 2021 Selection A PopSugar Best March 2021 YA Book Selection With four starred reviews, Angeline Boulley's debut novel, *Firekeeper's Daughter*, is a groundbreaking YA thriller about a Native teen who must root out the corruption in her community, perfect for readers of Angie Thomas and Tommy Orange. Eighteen-year-old Daunis Fontaine has never quite fit in, both in her hometown and on the nearby Ojibwe reservation. She dreams of a fresh start at college, but when family tragedy strikes, Daunis puts her future on hold to look after her fragile mother. The only bright spot is meeting Jamie, the charming new recruit on her brother Levi's hockey team. Yet even as Daunis falls for Jamie, she senses the dashing hockey star is hiding something. Everything comes to light when Daunis witnesses a shocking murder, thrusting her into an FBI investigation of a lethal new drug. Reluctantly, Daunis agrees to go undercover, drawing on her knowledge of chemistry and Ojibwe traditional medicine to track down the source. But the search for truth is more complicated than Daunis imagined, exposing secrets and old scars. At the same time, she grows concerned with an investigation that seems more focused on punishing the offenders than protecting the victims. Now, as the deceptions—and deaths—keep growing, Daunis must learn what it means to be a strong Anishinaabe kwe (Ojibwe woman) and how far she'll go for her community, even if it tears apart the only world she's ever known.

mother and daughter exchange clubs: *Clementine and the Spring Trip* Sara Pennypacker, 2013-03-05 This New York Times bestselling chapter book series has been keeping readers engaged and laughing for more than a decade with over one million copies sold! For Clementine, Spring is a really big deal. Spring is for seeing her apple tree start to grow, for watching her friend Margaret go crazy with cleaning, and for going on the school trips, like this year's trip to Plimoth Plantation. Clementine is ready for Ye Olden Times, but she isn't so sure about surviving lunch there-the fourth graders have strict rules about no eating sounds. If that wasn't enough, Clementine also faces the challenges of learning Olive-language and surviving The Cloud on Bus 7. Hearing the pilgrim lady talk about why she made the long journey from England makes Clementine think about rules. Who makes them, and what do they mean to the people who have to live with them? Today Clementine has to decide which rules are made to be broken.

mother and daughter exchange clubs: *Life On The Refrigerator Door* Alice Kuipers, 2012-05-15 *Life on the Refrigerator Door* is a poignant and deeply moving first novel about the bonds of love and frustration that tie mothers and daughters together. Told entirely in a series of notes left on the kitchen fridge—some casual, some intimate, some funny, some angry—it is the story

of nine months in the life of 15-year-old Claire and her single mother. Preoccupied with their busy separate lives, rarely in the same room at the same time, they talk to each other in a series of short snippets that reflect the daily drama of school, boyfriends, work and chores that make up their days. Yet the mundane soon becomes extraordinary when a crisis overtakes their lives—a momentous change that will redefine their relationship and unfold in their exchanges on the refrigerator door. Short, powerful and unforgettable, Kuipers' novel looks deep into the complex relationship between mothers and daughters, and the distances that can open up between people who live together but exist in their own worlds. Unfolding in a wonderfully simple and intimate narrative, *Life on the Refrigerator Door* will appeal to readers across the generations, delivering universal lessons about love.

mother and daughter exchange clubs: The Thursday Murder Club Richard Osman, 2020-09-22 A New York Times bestseller | Soon to be a major motion picture from Steven Spielberg at Amblin Entertainment "Witty, endearing and greatly entertaining." —Wall Street Journal "Don't trust anyone, including the four septuagenarian sleuths in Osman's own laugh-out-loud whodunit." —Parade Four septuagenarians with a few tricks up their sleeves A female cop with her first big case A brutal murder Welcome to... **THE THURSDAY MURDER CLUB** In a peaceful retirement village, four unlikely friends meet weekly in the Jigsaw Room to discuss unsolved crimes; together they call themselves the Thursday Murder Club. When a local developer is found dead with a mysterious photograph left next to the body, the Thursday Murder Club suddenly find themselves in the middle of their first live case. As the bodies begin to pile up, can our unorthodox but brilliant gang catch the killer, before it's too late?

mother and daughter exchange clubs: Lost Stars Lisa Selin Davis, 2016-10-04 Eleanor & Park meets Perks of Being a Wallflower in this bittersweet 1980's story about love, loss, and a comet that only comes around every ninety-seven years. When Carrie looks through her telescope, the world makes sense. It's life here on Earth that's hard to decipher. Since her older sister, Ginny, died, Carrie has been floating in the orbit of Ginny's friends, the cool kids, who are far more interested in bands and partying than science. Carrie's reckless behavior crosses a line, and her father enrolls her in a summer work camp at a local state park. There, Carrie pulls weeds and endures pep talks about the power of hard work. Despite her best efforts to hate the job, Carrie actually feels happy out in nature. And when she meets Dean—warm, thoughtful, and perceptive—she starts to discover that her life can be like her beloved night sky, with black holes of grief for Ginny and dazzling meteors of joy from first love.

mother and daughter exchange clubs: Stormwalker Mike Revell, 2016-12-06 Ever since his mother died, 11-year-old Owen has felt lost. He's drifting apart from his dad, his grades are dropping, and the only thing keeping him sane are the soccer trials coming up. Then, in the middle of school one day, he is sucked out of real life and thrown into a desolate alternative world, a largely deserted wasteland where a menacing storm of Darkness plagues the city, threatening his life and the lives of the people who dwell there. Terrifying as this new world is, Owen recognizes it--his dad is an author, and this is the setting of his new novel. Fueled by his grief over the loss of his mom, Owen's dad has conjured a world so real and so fraught that Owen is transported to it every time his dad sets pen to paper. And he has to live out every word in the story. But each jump devours chunks of his real life. Owen misses days of school, and even a key soccer game that threatens his chances of having a shot at appearing in the tryouts at all. Owen desperately wants these events to stop, but doesn't want to plunge his dad any further into the well of unhappiness that threatens to drown them both. With social services threatening to ship Owen off to his aunt's house and his school career spiraling out of control, what if finishing the story and battling the Darkness is the only way Owen can save himself . . . and his dad?

mother and daughter exchange clubs: Always Emily (Sneak Preview) Michaela MacColl, 2014-03-04 A free sneak preview of *Always Emily*, the latest book from Michaela MacColl. Download now and enjoy this extended excerpt before the book goes on sale on April 8, 2014. Emily and Charlotte Brontë are about as opposite as two sisters can be. Charlotte is practical and cautious;

Emily is headstrong and imaginative. But they do have one thing in common: a love of writing. This shared passion will lead them to be two of the first published female novelists and authors of several enduring works of classic literature. But they're not there yet. First, they have to figure out if there is a connection between a string of local burglaries, rumors that a neighbor's death may not have been accidental, and the appearance on the moors of a mysterious and handsome stranger. The girls have a lot of knots to untangle—before someone else gets killed.

mother and daughter exchange clubs: The Way of the Rose Clark Strand, Perdita Finn, 2019-11-05 What happens when a former Zen Buddhist monk and his feminist wife experience an apparition of the Virgin Mary? “This book could not have come at a more auspicious time, and the message is mystical perfection, not to mention a courageous one. I adore this book.”—Caroline Myss, author of *Anatomy of the Spirit* Before a vision of a mysterious “Lady” invited Clark Strand and Perdita Finn to pray the rosary, they were not only uninterested in becoming Catholic but finished with institutional religion altogether. Their main spiritual concerns were the fate of the planet and the future of their children and grandchildren in an age of ecological collapse. But this Lady barely even referred to the Church and its proscriptions. Instead, she spoke of the miraculous power of the rosary to transform lives and heal the planet, and revealed the secrets she had hidden within the rosary’s prayers and mysteries—secrets of a past age when forests were the only cathedrals and people wove rose garlands for a Mother whose loving presence was as close as the ground beneath their feet. She told Strand and Finn: The rosary is My body, and My body is the body of the world. Your body is one with that body. What cause could there be for fear? Weaving together their own remarkable story of how they came to the rosary, their discoveries about the eco-feminist wisdom at the heart of this ancient devotion, and the life-changing revelations of the Lady herself, the authors reveal an ancestral path—available to everyone, religious or not—that returns us to the powerful healing rhythms of the natural world.

mother and daughter exchange clubs: **Mothers and Daughters** Erica James, 2022-03-17 A sweeping family drama of old secrets and new beginnings... ‘A satisfying treat’ Adele Parks, Platinum ‘A compelling family drama’ Sarah Morgan ‘Wise and warm with plenty of twists and turns’ Rachel Hore ‘Emotional and uplifting’ Veronica Henry ‘Captivating and vivid’ Miranda Dickinson

mother and daughter exchange clubs: **She's Come Undone** Wally Lamb, 2012-12-11 Meet Dolores Price. She's thirteen, wise-mouthed but wounded. Beached like a whale in front of her bedroom TV, she spends the next few years nourishing herself with the chocolate, crisps and Pepsi her anxious mother supplies. When she finally rolls into young womanhood at 257 pounds, Dolores is no stronger and life is no kinder. But this time she's determined to rise to the occasion and give herself one more chance before really going belly up. In his extraordinary coming-of-age odyssey, Wally Lamb invites us to hitch an incredible ride on a journey of love, pain, and renewal with the most heartbreakingly comical heroine to come along in years. At once a fragile girl and a hard-edged cynic, so tough to love yet so inimitably loveable, Dolores is as poignantly real as our own imperfections.

mother and daughter exchange clubs: **Mother/Daughter Stories You'll Love** Colleen Sell, 2012-01-15 Mothers and daughters share more than just life, death and love; they exchange wisdom, advice and intimate secrets unlike that of any other relationship. The three stories in *Mother/Daughter Stories You'll Love* explore the strength and depth of women's unbreakable earliest bond. These stories rejoice in the complexity and kindness—as well as the struggles and triumphs that make the mother-daughter relationship so significant—and will enlighten your spirit and enrich your life.

mother and daughter exchange clubs: **Return to Me** Justina Chen, 2013-01-15 Rebecca Muir is weeks away from starting college-at a school chosen specifically to put a few thousand miles of freedom between Reb and her parents. But her dad's last-minute job opportunity has her entire family moving all those miles with her! Then there's the matter of her unexpected, amazing boyfriend, Jackson, who is staying behind on the exact opposite coast. If that isn't enough to deal with, Reb's dad drops shocking, life-changing news. Reb started the year knowing exactly what her

future would hold, but now that her world has turned upside down, will she discover what she really wants?

mother and daughter exchange clubs: Will I Ever be Good Enough? Karyl McBride, 2008 The first book specifically for daughters suffering from the emotional abuse of selfish, self-involved mothers, *Will I Ever Be Good Enough?* provides the expert assistance you need in order to overcome this debilitating history and reclaim your life for yourself. Drawing on over two decades of experience as a therapist specializing in women's psychology and health, psychotherapist Dr. Karyl McBride helps you recognize the widespread effects of this maternal emotional abuse and guides you as you create an individualized program for self-protection, resolution, and complete recovery. An estimated 1.5 million American women have narcissistic personality disorder, which makes them so insecure and overbearing, insensitive and domineering that they can psychologically damage their daughters for life. Daughters of narcissistic mothers learn that maternal love is not unconditional, and that it is given only when they behave in accordance with their mothers' often unreasonable expectations and whims. As adults, these daughters consequently have difficulty overcoming their insecurities and feelings of inadequacy, disappointment, sadness, and emotional emptiness. They may also have a terrible fear of abandonment that leads them to form unhealthy love relationships, as well as a tendency to perfectionism and unrelenting self-criticism, or to self-sabotage and frustration. Herself the recovering daughter of a narcissistic mother, Dr. McBride includes her personal struggle, which adds a profound level of authority to her work, along with the perspectives of the hundreds of suffering daughters she's interviewed over the years. Their stories of how maternal abuse has manifested in their lives -- as well as how they have successfully overcome its effects -- show you that you're not alone and that you can take back your life and have the control you want. Dr. McBride's step-by-step program will enable you to: (1) Recognize your own experience with maternal narcissism and its effects on all aspects of your life (2) Discover how you have internalized verbal and nonverbal messages from your mother and how these have translated into a strong desire to overachieve or a tendency to self-sabotage (3) Construct a step-by-step program to reclaim your life and enhance your sense of self, a process that includes creating a psychological separation from your mother and breaking the legacy of abuse. You will also learn how not to repeat your mother's mistakes with your own daughter. Warm and sympathetic, filled with the examples of women who have established healthy boundaries with their hurtful mothers, *Will I Ever Be Good Enough?* encourages and inspires you as it aids your recovery.

mother and daughter exchange clubs: Everything Beautiful is Not Ruined Danielle Younge-Ullman, 2017-04-06 After making a deal with her mother, Ingrid finds herself on a hardcore, three-week wilderness trek with a group of at risk youth. There must have been some mistake. But as the laborious days go by, memories come flooding back, and Ingrid begins to wonder if she belongs with these troubled teens more than she would like to admit.

mother and daughter exchange clubs: Wild Game Adrienne Brodeur, 2019 On a hot July night on Cape Cod, at the age of 14, Brodeur became a confidante to her mother's affair with her husband's closest friend. Malabar came to rely on her daughter to help, but when the affair had calamitous consequences for everyone involved, Brodeur was driven into a precarious marriage of her own, and then into a deep depression. In her memoir she examines how the people close to us can break our hearts simply because they have access to them, and the lies we tell in order to justify the choices we make. -- adapted from jacket

mother and daughter exchange clubs: Boy Nobody Allen Zadoff, 2013-06-11 They needed the perfect assassin. Boy Nobody is the perennial new kid in school, the one few notice and nobody thinks much about. He shows up in a new high school in a new town under a new name, makes a few friends, and doesn't stay long. Just long enough for someone in his new friend's family to die of natural causes. Mission accomplished, Boy Nobody disappears, moving on to the next target. But when he's assigned to the mayor of New York City, things change. The daughter is unlike anyone he has encountered before; the mayor reminds him of his father. And when memories and questions surface, his handlers at The Program are watching. Because somewhere deep inside, Boy Nobody is

somebody: the kid he once was; the teen who wants normal things, like a real home and parents; a young man who wants out. And who just might want those things badly enough to sabotage The Program's mission. In this action-packed series debut, author Allen Zadoff pens a page-turning thriller that is as thought-provoking as it is gripping, introducing an utterly original and unforgettable antihero.

mother and daughter exchange clubs: The Book Woman's Daughter Kim Michele Richardson, 2022-05-03 THE INSTANT NEW YORK TIMES BESTSELLER! A powerful portrait of the courageous women who fought against ignorance, misogyny, and racial prejudice. —William Kent Krueger, New York Times bestselling author of *This Tender Land* and *Lightning Strike* The new novel from the New York Times bestselling author of *The Book Woman of Troublesome Creek*! Bestselling historical fiction author Kim Michele Richardson is back with the perfect book club read following Honey Lovett, the daughter of the beloved *Troublesome* book woman, who must fight for her own independence with the help of the women who guide her and the books that set her free. In the ruggedness of the beautiful Kentucky mountains, Honey Lovett has always known that the old ways can make a hard life harder. As the daughter of the famed blue-skinned, *Troublesome Creek* packhorse librarian, Honey and her family have been hiding from the law all her life. But when her mother and father are imprisoned, Honey realizes she must fight to stay free, or risk being sent away for good. Picking up her mother's old packhorse library route, Honey begins to deliver books to the remote hollers of Appalachia. Honey is looking to prove that she doesn't need anyone telling her how to survive. But the route can be treacherous, and some folks aren't as keen to let a woman pave her own way. If Honey wants to bring the freedom books provide to the families who need it most, she's going to have to fight for her place, and along the way, learn that the extraordinary women who run the hills and hollers can make all the difference in the world. Praise for *The Book Woman's Daughter*: In Kim Michele Richardson's beautifully and authentically rendered *The Book Woman's Daughter* she once again paints a stunning portrait of the raw, somber beauty of Appalachia, the strong resolve of remarkable women living in a world dominated by men, and the power of books and sisterhood to prevail in the harshest circumstances. A critical and profoundly important read for our time. Badassery womanhood at its best!—Sara Gruen, #1 New York Times bestselling author of *Water for Elephants* Fierce, beautiful and inspirational, Kim Michele Richardson has created a powerful tale about brave extraordinary heroines who are downright haunting and unforgettable.—Abbott Kahler, New York Times bestselling author (as Karen Abbott) of *The Ghosts of Eden Park*

mother and daughter exchange clubs: Mom & Me & Mom Maya Angelou, 2013-04-02 NEW YORK TIMES BESTSELLER • A moving memoir about the legendary author's relationship with her own mother. Emma Watson's Our Shared Shelf Book Club Pick! The story of Maya Angelou's extraordinary life has been chronicled in her multiple bestselling autobiographies. But now, at last, the legendary author shares the deepest personal story of her life: her relationship with her mother. For the first time, Angelou reveals the triumphs and struggles of being the daughter of Vivian Baxter, an indomitable spirit whose petite size belied her larger-than-life presence—a presence absent during much of Angelou's early life. When her marriage began to crumble, Vivian famously sent three-year-old Maya and her older brother away from their California home to live with their grandmother in Stamps, Arkansas. The subsequent feelings of abandonment stayed with Angelou for years, but their reunion, a decade later, began a story that has never before been told. In *Mom & Me & Mom*, Angelou dramatizes her years reconciling with the mother she preferred to simply call "Lady," revealing the profound moments that shifted the balance of love and respect between them. Delving into one of her life's most rich, rewarding, and fraught relationships, *Mom & Me & Mom* explores the healing and love that evolved between the two women over the course of their lives, the love that fostered Maya Angelou's rise from immeasurable depths to reach impossible heights. Praise for *Mom & Me & Mom* "Mom & Me & Mom is delivered with Angelou's trademark good humor and fierce optimism. If any resentments linger between these lines, if lives are partially revealed without all the bitter details exposed, well, that is part of Angelou's forgiving design. As an

account of reconciliation, this little book is just revealing enough, and pretty irresistible.”—The Washington Post “Moving . . . a remarkable portrait of two courageous souls.”—People “[The] latest, and most potent, of her serial autobiographies . . . [a] tough-minded, tenderhearted addition to Angelou’s spectacular canon.”—Elle “Mesmerizing . . . Angelou has a way with words that can still dazzle us, and with her mother as a subject, Angelou has a near-perfect muse and mystery woman.”—Essence

mother and daughter exchange clubs: United States A. Robert Lee, 2011-11-28 Aquest estudi analitza un ordre literari canviant: Amèrica com unitat i diversitat, com un ens nacional i transnacional. Els escrits crítics literaris reunits aquí ofereixen una sèrie de perspectives que tracen gran part de la geografia cultural en joc: la narrativa, l'autobiografia, el teatre, etc. Es presenten també un conjunt d'assajos i ressenyes que, amb diverses direccions d'enfocament, posen atenció als fonaments previs a Colón, a una antologia canònica nord-americana de poesia i al que s'ha omès; la narrativa llatina i als principals dramaturgs antics. Inclou entrevistes a creatius i acadèmics com Gerald Vizenor, Frank Chin, Louis Owens, John Cawelti i Rex Burns. La secció de ressenyes final ofereix una sèrie de monografies de rellevant erudició multicultural així com contribucions a l'emergent i ampli mural d'anàlisi.

mother and daughter exchange clubs: The Places We Sleep Caroline Brooks DuBois, 2020-08-25 A family divided, a country going to war, and a girl desperate to feel at home converge in this stunning novel in verse. Selected for Kids Indies Introduce List AND Kids Indie Next List It's early September 2001, and twelve-year-old Abbey is the new kid at school. Again. I worry about people speaking to me / and worry just the same / when they don't. Tennessee is her family's latest stop in a series of moves due to her dad's work in the Army, but this one might be different. Her school is far from Base, and for the first time, Abbey has found a real friend: loyal, courageous, athletic Camille. And then it's September 11. The country is under attack, and Abbey's home looks like it might fall apart. America has changed overnight. How are we supposed / to keep this up / with the world / crumbling / around us? Abbey's body changes, too, while her classmates argue and her family falters. Like everyone around her, she tries to make sense of her own experience as a part of the country's collective pain. With her mother grieving and her father prepping for active duty, Abbey must learn to cope on her own. Written in gorgeous narrative verse, Abbey's coming-of-age story accessibly portrays the military family experience during a tumultuous period in our history. At once personal and universal, it's a perfect read for fans of sensitive, tender-hearted books like *The Thing About Jellyfish*. An NCTE Notable Book in Poetry A Bank Street Best Children's Book of the Year

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