parenting authority questionnaire

parenting authority questionnaire is a valuable tool used to assess and understand the styles and strategies parents use in guiding their children. This comprehensive article explores the concept of a parenting authority questionnaire, its significance in evaluating parenting practices, and its role in developing effective family dynamics. Readers will discover the main types of parenting authority, the structure of these questionnaires, and how results can be interpreted to support positive parenting. Additionally, the article covers the benefits of implementing such assessments, how professionals and families utilize the results, and tips for leveraging findings to enhance parental effectiveness. Whether you are a parent, educator, counselor, or researcher, this article provides essential insights, evidence-based information, and practical advice on the use of parenting authority questionnaires.

- Understanding Parenting Authority Questionnaires
- The Importance of Assessing Parenting Authority
- Main Types of Parenting Authority
- Structure and Components of Parenting Authority Questionnaires
- Interpreting Questionnaire Results
- Benefits of Parenting Authority Assessments
- Utilizing Results to Improve Parenting Practices
- Frequently Asked Questions

Understanding Parenting Authority Questionnaires

Parenting authority questionnaires are standardized assessment tools designed to evaluate the approach parents take in raising their children. These questionnaires often measure parental attitudes, behaviors, and decision-making processes. By providing a structured format, parenting authority questionnaires help identify dominant parenting styles and the impact of these approaches on child development. The results can be instrumental for parents seeking to understand their strengths and areas for improvement, as well as for professionals supporting family well-being.

Purpose of Parenting Authority Questionnaires

The primary purpose of parenting authority questionnaires is to provide objective data on parental authority and discipline strategies. They facilitate self-reflection, enable comparison with normative data, and guide interventions in family counseling or educational settings. These tools are widely

used in research to study relationships between parenting styles and child outcomes, including emotional regulation, academic achievement, and social competence.

The Importance of Assessing Parenting Authority

Assessing parenting authority is crucial for understanding the dynamics within families and the potential influence on children's development. Parenting authority questionnaires offer insights into how parents set boundaries, enforce rules, and communicate expectations. By systematically identifying areas of strength and concern, these assessments help parents and professionals make informed decisions about raising children in a healthy and supportive environment.

Impact on Child Development

Parental authority greatly affects a child's emotional health, behavior, and ability to interact with others. Authoritative parenting, characterized by balanced discipline and support, has consistently been linked to positive outcomes such as self-esteem and academic success. Alternatively, authoritarian or permissive styles may contribute to behavioral challenges or emotional problems. Understanding one's parenting authority through a questionnaire enables proactive adjustments that promote healthy development.

Main Types of Parenting Authority

Parenting authority is generally categorized into three main styles that reflect differing approaches to discipline, support, and autonomy. Parenting authority questionnaires help determine which style predominates in a given household and the potential effects on children.

Authoritative Parenting

Authoritative parenting combines firm guidance with warmth and responsiveness. Parents who score high in this category set clear expectations but encourage independence and open communication. Research shows that authoritative parenting is associated with higher academic achievement, emotional stability, and social skills in children.

Authoritarian Parenting

Authoritarian parents prioritize obedience and strict discipline, often maintaining high expectations with limited flexibility. This approach can lead to compliance but may also foster resentment or anxiety in children. Parenting authority questionnaires identify the degree of authoritarianism, helping parents recognize the need for balanced discipline.

Permissive Parenting

Permissive parents tend to be lenient, providing minimal structure or limits. While this style can encourage creativity and independence, it may result in behavioral difficulties due to a lack of boundaries. Parenting authority questionnaires reveal tendencies toward permissiveness, guiding parents to establish more effective routines and expectations.

- Authoritative: Balanced, supportive, and communicative
- Authoritarian: Strict, controlling, and less responsive
- Permissive: Lenient, indulgent, and non-directive

Structure and Components of Parenting Authority Questionnaires

Parenting authority questionnaires typically consist of multiple-choice or Likert-scale items that assess parental attitudes and behaviors across various domains. The structure ensures comprehensive evaluation and reliable results.

Common Questionnaire Sections

Most questionnaires include sections covering discipline strategies, communication patterns, emotional support, and expectations for children's behavior. Each section is designed to measure specific aspects of parenting authority, providing a holistic view of parental style.

Sample Items and Scoring

Items may ask parents to rate statements such as "I explain the reasons for rules" or "I expect my child to obey without question." Responses are typically scored on a scale, with higher or lower totals indicating the dominance of a particular parenting style. Scoring guidelines help interpret results and identify actionable areas for improvement.

- 1. Discipline and Rule Enforcement
- 2. Emotional Support and Warmth
- 3. Communication and Reasoning

- 4. Expectations and Autonomy
- 5. Responsiveness to Child's Needs

Interpreting Questionnaire Results

Results from parenting authority questionnaires provide a profile of parental style, highlighting strengths and potential challenges. Interpretation involves comparing individual scores to established norms and considering contextual factors such as family culture, child temperament, and developmental stage.

Using Results for Self-Improvement

Parents can use the findings to reflect on their approach and make targeted changes. For example, a predominance of authoritarian traits may indicate the need for greater flexibility, while permissive tendencies could signal the importance of establishing clearer boundaries. Professionals may use these insights to tailor interventions for families in counseling or educational settings.

Benefits of Parenting Authority Assessments

Utilizing a parenting authority questionnaire offers several advantages for families and professionals. It provides objective feedback, fosters self-awareness, and supports the development of effective parenting strategies.

Advantages for Parents

Parents gain a clearer understanding of their strengths and areas for growth, enabling more intentional and informed parenting. Regular assessment can track progress and highlight improvements over time.

Advantages for Professionals

Counselors, educators, and researchers benefit from reliable data to support interventions and study outcomes. Parenting authority questionnaires also facilitate communication between professionals and families, ensuring that recommendations are relevant and actionable.

· Enhances self-awareness and reflection

- Guides targeted interventions
- Supports positive child development
- Strengthens family relationships
- Provides measurable outcomes for research

Utilizing Results to Improve Parenting Practices

Applying the insights gained from a parenting authority questionnaire can lead to meaningful changes in family dynamics. Parents can develop new strategies, set realistic goals, and foster stronger bonds with their children.

Implementing Changes Based on Assessment

After reviewing questionnaire results, parents may choose to adopt more effective communication strategies, establish clear routines, or adjust discipline methods. Progress can be monitored through regular reassessment, ensuring that changes are both sustained and impactful.

Role of Support Resources

Support resources such as parenting workshops, family counseling, and educational materials can further aid parents in making positive changes. Many families find that ongoing support enhances their confidence and ability to address challenges constructively.

Frequently Asked Questions

Q: What is a parenting authority questionnaire?

A: A parenting authority questionnaire is an assessment tool that helps identify the dominant parenting style and authority approach used by parents, measuring factors such as discipline, communication, and emotional support.

Q: Why are parenting authority questionnaires important?

A: Parenting authority questionnaires are important because they provide objective data on parental practices, helping parents and professionals understand how authority is established and its impact on children's development.

Q: How are results from a parenting authority questionnaire interpreted?

A: Results are interpreted by analyzing scores across different domains, comparing them to normative data, and considering factors such as family context and child development stage.

Q: Can parenting authority questionnaires be used for all age groups?

A: Most parenting authority questionnaires are suitable for parents of children of various ages, though some may be tailored for specific developmental stages.

Q: What are the main types of parenting authority assessed?

A: The main types assessed are authoritative, authoritarian, and permissive parenting, each reflecting different combinations of discipline, support, and autonomy.

Q: How can parents use the results to improve their parenting?

A: Parents can use the results to identify strengths and areas for growth, implement new strategies, and monitor progress in developing more effective parenting practices.

Q: Are parenting authority questionnaires evidence-based?

A: Many widely-used parenting authority questionnaires are based on established psychological theories and research, ensuring reliable and valid results.

Q: What professionals use parenting authority questionnaires?

A: Professionals such as family therapists, counselors, educators, and researchers often utilize these questionnaires to support family interventions and study parenting outcomes.

Q: Can parenting authority questionnaires help address behavioral issues?

A: Yes, by identifying parenting styles and authority approaches, the questionnaires can guide parents and professionals in making adjustments that address behavioral challenges.

Q: How often should parents complete a parenting authority

questionnaire?

A: Regular completion, such as annually or during significant life changes, can help track progress and ensure that parenting practices remain effective and supportive.

Parenting Authority Questionnaire

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Parenting Authority Questionnaire: Understanding Your Parenting Style

Are you constantly questioning your parenting approach? Do you wonder if you're being too strict, too lenient, or somewhere in between? Navigating the complex world of parenting is challenging, and understanding your parenting authority style is a crucial step towards effective and fulfilling family life. This comprehensive guide provides a detailed look at parenting authority questionnaires, their benefits, how to interpret the results, and ultimately, how to use them to improve your family dynamics. We'll delve into the various types of questionnaires available and offer advice on choosing the right one for your needs. Let's embark on this journey towards better understanding your parenting style and fostering a healthier relationship with your children.

What is a Parenting Authority Questionnaire?

A parenting authority questionnaire is a self-assessment tool designed to help parents understand their parenting style and its impact on their children. These questionnaires typically present a series of statements or scenarios related to discipline, communication, and overall parenting approach. Parents respond by indicating their level of agreement or disagreement, often on a Likert scale (e.g., Strongly Disagree, Disagree, Neutral, Agree, Strongly Agree). The responses are then analyzed to categorize the parent's parenting style into one or more established models, such as authoritative, authoritarian, permissive, or uninvolved.

Types of Parenting Authority Questionnaires

Several questionnaires are available, each with its unique approach and focus. Some focus on specific aspects of parenting, like discipline or communication, while others offer a broader assessment of the overall parenting style. They may vary in length, complexity, and the specific parenting styles they identify. It's important to research and choose a questionnaire that aligns with your specific needs and goals. Look for questionnaires developed by reputable researchers or organizations specializing in child development and family dynamics.

Popular Examples & Considerations:

While specific questionnaires aren't readily available online in a standardized, universally recognized format (due to copyright and validation issues), the principles remain consistent. Imagine a questionnaire incorporating questions like:

Discipline: "How often do you use physical punishment?" "How do you typically respond to a child's misbehavior?"

Communication: "How often do you explain the reasons behind your rules?" "Do you encourage your child to express their feelings?"

Expectations: "What are your expectations for your child's behavior and academic performance?" Emotional Support: "How often do you show your child affection and support?"

The key is the breadth and depth of the questioning; a good questionnaire should explore these various dimensions of parenting.

Benefits of Using a Parenting Authority Questionnaire

Understanding your parenting style through a questionnaire offers numerous benefits:

Self-awareness: It provides valuable insight into your parenting strengths and weaknesses, helping you identify areas for improvement.

Improved parent-child relationship: By understanding your style, you can adapt your approach to better meet your child's needs and foster a stronger bond.

More effective discipline: Identifying your disciplinary approach can help you refine techniques and move away from less effective strategies.

Reduced parental stress: A clearer understanding of your approach can minimize parental conflict and stress related to parenting challenges.

Improved communication: It can highlight communication gaps and provide strategies to communicate more effectively with your children.

Interpreting the Results and Taking Action

Once you've completed the questionnaire and received your results, carefully review the interpretation provided. Most questionnaires offer a detailed description of the identified parenting style(s) along with their potential implications for your child's development. Don't simply label yourself; use the feedback as a starting point for self-reflection and positive change. Focus on the specific areas needing improvement, and actively work towards a more balanced and effective parenting style.

Finding and Using a Parenting Authority Questionnaire

While searching for a specific named questionnaire may prove difficult online, the key is to seek out reliable sources of information on parenting styles. Look for resources from reputable organizations like the American Academy of Pediatrics or the National Association of School Psychologists. These organizations often provide articles, guides, and perhaps even informal self-assessment tools based on established models of parenting styles.

Conclusion

Using a parenting authority questionnaire is a proactive step toward becoming a more effective and understanding parent. By gaining insight into your parenting style, you can adapt your approach to better meet your children's needs, foster a stronger parent-child relationship, and ultimately create a more harmonious family environment. Remember, there is no "perfect" parenting style; the goal is to understand your approach and continually strive for improvement.

FAQs

- 1. Are parenting authority questionnaires scientifically valid? While specific questionnaires might not be rigorously validated publically available tools, the underlying concepts of parenting styles (authoritative, authoritarian, permissive, uninvolved) are well-established in developmental psychology, and questionnaires based on these models provide valuable insights.
- 2. Can I use a parenting authority questionnaire for multiple children? Yes, but remember that each child is unique, and your parenting approach might need adjustments based on their individual personalities and needs. What works well for one child may not work as well for another.

- 3. What if the questionnaire results indicate a less-than-ideal parenting style? This is an opportunity for growth! The results shouldn't be viewed negatively, but rather as a roadmap for improvement. Identify specific areas needing adjustment and seek resources or support to make positive changes.
- 4. Are these questionnaires suitable for all ages of children? While the underlying principles apply across ages, the specific questions and interpretations might need to be adjusted based on the age of your child(ren). A questionnaire designed for teenagers will differ from one designed for toddlers.
- 5. Where can I find more information on different parenting styles? Start by researching the four main parenting styles (authoritative, authoritarian, permissive, uninvolved) in reputable sources. Many books, articles, and websites dedicated to parenting offer detailed explanations and insights into each style. Remember to look for information from credible sources focusing on evidence-based parenting practices.

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always go right or well. Information, education, and support programs can remedy potential ills. The chapters in Part II, on Applied Issues in Parenting, begin with how parenting is measured and follow with examinations of maternal deprivation, attachment, and acceptance/rejection in parenting. Serious challenges to parenting—some common, such as stress and depression, and some less common, such as substance abuse, psychopathology, maltreatment, and incarceration—are addressed as are parenting interventions intended to redress these trials.

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Catherine S. Tamis-LeMonda, 2013-05-07 This second edition reviews the new research findings and theoretical advances on fathers, families, child development, programs, and policies that have occurred in the past decade. Contributors from a range of disciplines and countries showcase contemporary findings within a new common chapter structure. All of the chapters are either extensively revised or entirely new. Biological, evolutionary, demographic, developmental, cultural, sociological, economic, and legal perspectives of father involvement are described along with policy and program implications. Now with a greater international perspective, this edition considers demographic shifts in families in the United States and Europe. All chapters now follow a common structure to enhance readability and interdisciplinary connections. Each chapter features: Historical Overview and Theoretical Perspectives; Research Questions; Research Methods and Measurement; Empirical Findings; Bridges to other Disciplines; Policy Implications; and Future Directions. In addition, each chapter highlights universal and cultural processes and mechanisms. This structure illuminates the ways that theories, methods, and findings are guided by disciplinary lenses and encourages multidisciplinary perspectives. This extensively revised edition now features: • Expanded section on Biological and Evolutionary Perspectives that reviews fathering in animal populations and the genetic and hormonal underpinnings that feed into fathering behaviors within and across species. • New section on Economic and Legal Perspectives that addresses the economics of fatherhood, marriage, divorce, and child custody issues, and family dispute resolution. • New section on Child Development and Family Processes that covers topics on father-child relationships, the father' role in children's language, cognitive, and social development, and father risk, family context, and co-parenting. • Separate chapters on Black, Latino, and Asian American fathers. • Now includes research on cohabitation and parenting, gender roles and fathering, intergenerational parenting, and fatherhood implications for men in the section on Sociological Perspectives. • The latest demographics, policies, and programs influencing father involvement in both the US and Europe. • Coverage of methodological and measurement topics and processes that are universal across ethnic groups and cultures in each chapter. Intended for advanced students, practitioners, policymakers, and researchers interested in fatherhood and family processes from a variety of disciplines including psychology, family studies, economics, sociology, and social work, and anyone interested in child and family policy.

parenting authority questionnaire: Child Welfare Revisited Joyce Everett, Sandra Stukes Chipungu, Bogart R. Leashore, 2004 Why are there proportionally more African American children in foster care than white children? Why are white children often readily adoptable, while African American children are difficult to place? Are these imbalances an indication of institutional racism or merely a coincidence? In this revised and expanded edition of the classic volume, Child Welfare, twenty-one educators call attention to racial disparities in the child welfare system by demonstrating how practices that are successful for white children are often not similarly successful for African American children. Moreover, contributors insist that policymakers and care providers look at African American family life and child-development from a culturally-based Africentric perspective. Such a perspective, the book argues, can serve as a catalyst for creativity and innovation in the formulation of policies and practices aimed at improving the welfare of African American children. Child Welfare Revisited offers new chapters on the role of institutional racism and economics on child welfare; the effects of substance abuse, homelessness, HIV/AIDS, and domestic violence; and the internal strengths and challenges that are typical of African American families. Bringing together timely new developments and information, this book will continue to be essential reading for all child welfare policymakers and practitioners.

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parenting authority questionnaire: Mixed Methods Research Donna M. Mertens, 2023-03-23 In this book, Mertens provides a brief history of the emergence of mixed methods research and numerous examples to illustrate its application in different disciplines and geographic areas. Mixed methods approaches offer researchers an exciting opportunity to explore new combinations of

methods in diverse contexts: the design possibilities are endless and can be incorporated in many different approaches. The book presents case studies to illustrate different philosophical lenses for mixed methods design, including post-positivism, constructivism, pragmatism, transformative, Indigenous, and dialectical pluralism. The book features interviews with researchers about their experiences and practices. They discuss a variety of topics including innovative research design, use of technology and big data, preparation of mixed methods researchers, and how this research can contribute to a more just and equitable future.

parenting authority questionnaire: Handbook of Self-Regulation of Learning and Performance Dale H. Schunk, Barry Zimmerman, 2011-05-15 Self-regulated learning (or self-regulation) refers to the process whereby learners personally activate and sustain cognitions, affects, and behaviours that are systematically oriented toward the attainment of learning goals. This is the first volume to integrate into a single volume all aspects of the field of self-regulation of learning and performance: basic domains, applications to content areas, instructional issues, methodological issues, and individual differences. It draws on research from such diverse areas as cognitive, educational, clinical, social, and organizational psychology. Distinguishing features include: Chapter Structure - To ensure uniformity and coherence across chapters, each chapter author addresses the theoretical ideas underlying their topic, research evidence bearing on these ideas, future research directions, and implications for educational practice. International - Because research on self-regulation is increasingly global, a significant number of interntional contributors are included (see table of contents). Readable - In order to make the book accessible to students, chapters have been carefully edited for clarity, conciseness, and organizational consistency. Expertise - All chapters are written by leading researchers from around the world who are highly regarded experts on their particular topics and are active contributors to the field.

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Parenting authority questionnaire: Social and Emotional Development in Infancy and Early Childhood Janette B. Benson, Marshall M. Haith, 2010-05-21 Research is increasingly showing the effects of family, school, and culture on the social, emotional and personality development of children. Much of this research concentrates on grade school and above, but the most profound effects may occur much earlier, in the 0-3 age range. This volume consists of focused articles from the authoritative Encyclopedia of Infant and Early Childhood Development that specifically address this topic and collates research in this area in a way that isn't readily available in the existent literature, covering such areas as adoption, attachment, birth order, effects of day care, discipline and compliance, divorce, emotion regulation, family influences, preschool, routines, separation anxiety, shyness, socialization, effects of television, etc. This one volume reference provides an essential, affordable reference for researchers, graduate students and clinicians interested in social psychology and personality, as well as those involved with cultural psychology and developmental psychology. - Presents literature on influences of families, school, and culture in one source saving users time searching for relevant related topics in multiple places and literatures

in order to fully understand any one area - Focused content on age 0-3- save time searching for and wading through lit on full age range for developmentally relevant info - Concise, understandable, and authoritative for immediate applicability in research

parenting authority questionnaire: Guide to Psychological Assessment with Hispanics Lorraine T. Benuto, 2012-09-19 This book focuses on diversity, culture, and ethnicity as they relate to psychological assessment of Hispanics. It is a how-to guide for clinicians, researchers, and instructors working with Hispanic clients. Each chapter contains an overview of cultural considerations needed for assessing the Hispanic client followed by a specific exploration of the assessment measures available and the research that has been conducted on these measures with Hispanic participants. An exploration of the strengths and limitations of each assessment measure is included. Considering that ethnocultural minority individuals who are of Hispanic/Latino origin make up the largest ethnocultural minority group in the United States, guidelines for working with this population are a must. Given that a large subset of this percentage is composed of immigrants many of whom do not speak English or who have learned English as a second language, special considerations for effective psychological assessment are neccessary. This book fills a gap in the scientific literature by consolidating the research on psychological assessment with Hispanic samples into one comprehensive volume and providing simple recommendations for the psychological assessment of Hispanic clients. An exploration of the general psychological assessment domains (e.g., personality, intelligence) is included with references to research on the major assessment measures used in the field. A more specific exploration of psychodiagnostic assessment measures follows, including the assessment of mood disorders, anxiety disorders, sexual dysfunction, psychosis, etc. Several chapters are dedicated to specialized assessment, including neuropsychological assessment, forensic assessment, and school-based assessment, overall creating the most comprehensive, up-to-date, research-based compendium of psychological assessment measures for use with Hispanic clients.

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parenting authority questionnaire: Social Work for the Twenty-first Century Francis K. O. Yuen, 2006-04-30 This work is a critical analysis of the various aspects of social work education and practice. It argues that social work is still a profession searching for a firm identity and a clear and respectful image. The incorporation of science and scientific approach into social work education and practice appears to be the key for the profession to continue to grow and gain its rightful place in the professional and academic communities. Lastly, this book is intended to generate productive dialogues to advance the profession and its educational processes.

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always expected to be the best at everything we do. We are often pressurized into doing things that we are not interested in. Society always has a say in our life. This book is a collection of emotions from children who want to convey a tiny message to their parents.

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parenting authority questionnaire: National College Entrance Exam in China Yu Zhang, 2016-01-29 This book focuses on the National College Entrance Exam (NCEE), an important measurement of education quality in China, from both education economics and education policy perspectives. It provides a better understanding and stimulates more sophisticated evaluations of NCEE-related policies in China from the perspectives of education equity, the effectiveness of education input, and education quality. This book reports inspiring findings based on high-quality individual level data, innovative measurement design, and various appropriate identification strategies. The most import conclusion is that both education equity and quality can be achieved using well-designed policies based on solid empirical evidence. This is likely the first book published in English to discuss the NCEE so extensively from multiple perspectives using concrete evidence.

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looking for dependable information about today's parenting controversies.

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Jerf W. K. Yeung, 2020-12-30 Religion is a fundamental cultural factor profoundly influential on
human mental health and behavioural choices, and, in addition, family is the most proximal and
intimate socialization agent contributive to youth development. Religion, Family, and Chinese Youth
Development explores how religious involvement of Chinese parents affects their psychological
health and family socialization, which leads to various aspects of the development of Chinese youths.
Specifically, a structural relationship between religion, family socialization, and youth development
was constructed theoretically and tested empirically in the Chinese context, which can portray the
linked lives of religious involvement of Chinese parents, parental psychological health, family
processes, parenting practices, the development of psychosocial maturity, and the internalizing and
externalizing outcomes of Chinese youths. Undeniably, the findings of this book provide insightful
social and policy implications for researchers and human service practitioners related to Chinese
societies. By clearly depicting and empirically testing the connections between religion, family, and
Chinese youth development, the book can be a reference for clergy, family practitioners,
researchers, policy makers, management of NGOs, and graduate students of social sciences.

parenting authority questionnaire: Higher Education: Handbook of Theory and Research John C. Smart, 2010-04-28 Published annually since 1985, the Handbook series provides a compendium of thorough and integrative literature reviews on a diverse array of topics of interest to the higher education scholarly and policy communities. Each chapter provides a comprehensive review of research findings on a selected topic, critiques the research literature in terms of its conceptual and methodological rigor, and sets forth an agenda for future research intended to advance knowledge on the chosen topic. The Handbook focuses on twelve general areas that encompass the salient dimensions of scholarly and policy inquiries undertaken in the international higher education community. The series is fortunate to have attracted annual contributions from distinguished scholars throughout the world.

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