

jennette mccurdy memoir

jennette mccurdy memoir has captured the attention of readers and critics alike, shining a spotlight on the personal journey of the former Nickelodeon star. This comprehensive article delves into the themes, impact, and reception of Jennette McCurdy's memoir, exploring how she uses her story to address childhood fame, mental health, family dynamics, and her experiences within the entertainment industry. Readers will discover insights into the book's background, its major revelations, and the reasons why it resonates so deeply with audiences worldwide. Whether you are interested in celebrity memoirs, psychological healing, or the complexities of growing up in the public eye, this guide will provide everything you need to know about Jennette McCurdy's powerful narrative. Continue reading to explore each facet of this best-selling memoir and understand its place in contemporary literature.

- Overview of the Jennette McCurdy Memoir
- Background and Motivation for Writing
- Major Themes Explored in the Memoir
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Overview of the Jennette McCurdy Memoir

Jennette McCurdy's memoir offers an unfiltered look at her life, from childhood stardom to adulthood. The book is both a personal reflection and a critique of the pressures faced by young celebrities, especially those in children's entertainment. McCurdy uses her platform to recount her experiences on popular TV shows, her complex relationship with her mother, and her struggles with self-identity. The memoir stands out for its honesty, vulnerability, and willingness to address uncomfortable truths, making it a significant work in the genre of celebrity autobiographies.

Background and Motivation for Writing

Jennette McCurdy's Early Life and Career

Jennette McCurdy rose to fame as a child actor, most notably starring as Sam Puckett on Nickelodeon's hit shows "iCarly" and "Sam & Cat." Her early success brought public attention, but behind the scenes, she faced unique challenges that shaped her perspective. The pressures of fame, combined with family expectations, led McCurdy to reflect deeply on her upbringing.

Reasons for Writing the Memoir

The motivation behind Jennette McCurdy's memoir stemmed from her desire to reclaim her narrative and process unresolved trauma. By sharing her story, McCurdy aimed to highlight the darker side of child stardom and provide a voice for those who have experienced similar struggles. She wrote the memoir not only as a therapeutic endeavor but also to raise awareness about issues such as eating disorders, emotional abuse, and the complexities of parental relationships.

Major Themes Explored in the Memoir

Mother-Daughter Relationship

Central to the memoir is the complex relationship between Jennette McCurdy and her mother. The book details how her mother's ambitions and controlling behavior influenced McCurdy's career and personal development. This theme resonates with readers who have experienced complicated family dynamics, offering insight into the lasting impact of parental expectations.

Mental Health and Recovery

Jennette McCurdy addresses her battles with eating disorders, anxiety, and depression, providing an honest account of her journey toward healing. The memoir discusses her path to recovery, highlighting the importance of therapy, self-acceptance, and support systems. McCurdy's willingness to confront these issues helps destigmatize mental health struggles in the entertainment industry and beyond.

Critique of Child Stardom

Another significant theme is the critique of Hollywood's treatment of young performers. McCurdy reveals the pressures to maintain a public image, the lack of autonomy in her career decisions, and the exploitation she faced as a child actor. By exposing these realities, the memoir encourages a broader conversation about the protection and well-being of minors in entertainment.

Key Revelations and Stories

Behind-the-Scenes Experiences

Jennette McCurdy's memoir shares revealing behind-the-scenes stories from her time on Nickelodeon. Readers gain insight into the demanding work environment, interactions with executives, and the unique challenges of balancing school and acting. These anecdotes provide a rare glimpse into the realities of television production for young stars.

Struggles with Identity

A recurring topic in the memoir is McCurdy's struggle to define herself outside the roles she played. She discusses the difficulty of separating her personal identity from her public persona, especially as she transitioned into adulthood. This exploration of self-discovery resonates with anyone who has faced similar questions about belonging and purpose.

Turning Points and Growth

- Decision to leave acting
- Seeking therapy and support
- Rebuilding personal relationships
- Finding new creative outlets
- Embracing authenticity

These pivotal moments illustrate McCurdy's resilience and growth. Her candid accounts of stepping

away from acting and focusing on her well-being demonstrate the importance of prioritizing personal happiness over external success.

Reception and Critical Response

Critical Acclaim

The Jennette McCurdy memoir has been widely praised for its raw honesty, compelling storytelling, and willingness to address sensitive topics. Critics have lauded the book for its literary quality and emotional depth, noting that McCurdy's voice brings authenticity and relatability to her narrative.

Reader Reaction

Readers have responded enthusiastically to the memoir, sharing stories of how it helped them reflect on their own experiences. The book's accessibility and openness have fostered a supportive online community, with many fans expressing gratitude for McCurdy's vulnerability and courage.

Notable Achievements

- Bestseller status on major lists
- Multiple literary award nominations
- Extensive media coverage
- Positive endorsements from fellow authors and celebrities

These achievements highlight the memoir's far-reaching influence and its ability to spark important cultural conversations.

Impact on Readers and Pop Culture

Influence on Mental Health Awareness

Jennette McCurdy's candid discussion of her mental health journey has contributed to greater awareness and destigmatization of mental health issues. Readers and advocacy groups have cited the memoir as a resource for understanding and addressing psychological challenges, particularly among young people and those in high-pressure environments.

Changing Perceptions of Child Stardom

The memoir has played a role in shifting public perceptions of child stars, encouraging audiences to look beyond fame and understand the personal challenges faced by young performers. McCurdy's story has inspired calls for reform in entertainment industry practices and better support for minors.

Cultural Resonance

Jennette McCurdy's memoir continues to resonate in popular culture, sparking discussions about authenticity, healing, and personal growth. Its influence extends beyond the entertainment world, touching readers from all walks of life who relate to its themes of overcoming adversity and embracing self-acceptance.

Jennette McCurdy's Life After the Memoir

Career Evolution

Since the release of her memoir, Jennette McCurdy has shifted her focus away from acting and toward writing, podcasting, and directing. She has embraced new creative projects, using her experiences to inform her artistic vision. This transition reflects her commitment to personal growth and storytelling on her own terms.

Ongoing Advocacy and Public Engagement

McCurdy remains active in mental health advocacy and public speaking, continuing to share her insights and support others facing similar challenges. Her memoir has established her as a respected voice in discussions about emotional wellness, recovery, and the importance of setting boundaries.

Personal Growth and Future Plans

Jennette McCurdy's journey of healing and self-discovery is ongoing. She has expressed interest in pursuing new writing projects and expanding her creative portfolio, guided by the lessons and experiences detailed in her memoir. Her story serves as an example of resilience and the value of authenticity in the face of adversity.

Trending Questions and Answers about Jennette McCurdy

Memoir

Q: What is the title of Jennette McCurdy's memoir?

A: The title of Jennette McCurdy's memoir is "I'm Glad My Mom Died."

Q: What are the main themes addressed in Jennette McCurdy's memoir?

A: Major themes include the complex mother-daughter relationship, mental health struggles, eating disorders, the pressures of child stardom, and personal recovery.

Q: Why did Jennette McCurdy choose to write a memoir?

A: Jennette McCurdy wrote her memoir to process her trauma, reclaim her narrative, and raise awareness about the challenges faced by child stars and those dealing with mental health issues.

Q: How was Jennette McCurdy's memoir received by critics?

A: The memoir received critical acclaim for its honesty, emotional depth, and literary quality, achieving bestseller status and being nominated for several literary awards.

Q: What impact has Jennette McCurdy's memoir had on readers?

A: The memoir has resonated deeply with readers, fostering an online community of support and encouraging open conversations about mental health, family dynamics, and recovery.

Q: What are some key revelations in Jennette McCurdy's memoir?

A: Key revelations include her struggles with eating disorders, the controlling behavior of her mother, and her decision to leave acting to focus on her well-being.

Q: How has the memoir influenced the public perception of child stardom?

A: The memoir has prompted greater awareness of the challenges faced by child actors and has encouraged calls for reform within the entertainment industry to better protect minors.

Q: What is Jennette McCurdy doing after publishing her memoir?

A: Jennette McCurdy has shifted her focus to writing, directing, podcasting, and advocacy work, continuing to share her insights and creative talents.

Q: Does Jennette McCurdy's memoir discuss mental health recovery?

A: Yes, the memoir openly explores her mental health journey, including therapy, recovery from eating disorders, and the importance of self-acceptance.

Q: Why does Jennette McCurdy's memoir stand out among celebrity autobiographies?

A: It stands out for its raw honesty, willingness to address uncomfortable truths, and its focus on emotional healing and personal growth beyond fame.

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Jennette McCurdy Memoir: A Raw and Unflinching Look at Fame, Family, and Healing

Jennette McCurdy's memoir, "I'm Glad My Mom Died," isn't just another celebrity tell-all. It's a visceral, unflinching exploration of trauma, exploitation, and the arduous journey to self-discovery. This post dives deep into the book, analyzing its key themes, McCurdy's compelling narrative, and its lasting impact on readers and the conversation surrounding child stardom and its consequences. We'll explore the critical reception, dissect the most impactful moments, and ultimately consider why this memoir resonates so deeply with so many. Get ready to delve into the raw, honest, and often painful world revealed within the pages of Jennette McCurdy's groundbreaking work.

H2: A Childhood Defined by Control and Manipulation

McCurdy's memoir isn't a glamorous recounting of a successful acting career. Instead, it lays bare the complex and often disturbing relationship she had with her overbearing mother, Debra. Debra, the driving force behind Jennette's early success, exerted a suffocating level of control over her daughter's life, from her diet and body image to her career choices. This control manifested in various ways, from relentless pushing into acting to manipulative emotional tactics.

H3: The Price of Fame: Eating Disorders and Body Image Issues

The relentless pressure to maintain a specific image within the entertainment industry exacerbated existing vulnerabilities. McCurdy details her struggles with body image and the development of an eating disorder, both direct consequences of her mother's criticism and the industry's unrealistic beauty standards. The memoir powerfully illustrates how the pursuit of fame can profoundly impact mental health, especially for young people navigating the complexities of adolescence under intense public scrutiny.

H3: Exploitation and the Dark Side of Hollywood

"I'm Glad My Mom Died" doesn't shy away from addressing the darker side of Hollywood. McCurdy reveals experiences with what she perceives as exploitation and inappropriate behavior within the industry. She recounts uncomfortable encounters and interactions that highlight the power imbalances and potential for abuse within the entertainment world. Her candidness on this subject

has sparked important conversations about the need for greater protection and accountability within the industry for young performers.

H2: The Journey to Healing and Self-Acceptance

Despite the heavy subject matter, McCurdy's memoir isn't simply a catalogue of suffering. It's a testament to the power of resilience and self-discovery. The book charts her journey towards healing, confronting her trauma, and ultimately reclaiming her life. She details her therapy, her efforts to establish healthy boundaries, and the steps she took to break free from the manipulative patterns of her past.

H3: Forgiveness, Acceptance, and Letting Go

A central theme throughout the memoir is McCurdy's struggle with forgiveness, both of herself and her mother. The process of confronting her past, accepting her experiences, and ultimately letting go of the resentment and anger is a pivotal part of her healing journey. Her willingness to share this raw and vulnerable process makes the memoir all the more impactful for readers.

H3: The Power of Reclaiming One's Narrative

Ultimately, "I'm Glad My Mom Died" is a story about reclaiming one's narrative. McCurdy takes control of her story, refusing to let her experiences define her. She uses her voice to expose uncomfortable truths, to advocate for change, and to empower others who have experienced similar struggles.

H2: Critical Reception and Lasting Impact

The memoir has been met with widespread critical acclaim, praised for its unflinching honesty and powerful storytelling. Many reviewers have lauded McCurdy's bravery in sharing such a personal and traumatic account, and the book has resonated deeply with readers who have experienced similar issues with family, body image, or exploitation. It has sparked important conversations about the pressures of child stardom, the importance of mental health, and the need for greater protection for young performers.

H2: Why You Should Read Jennette McCurdy's Memoir

"I'm Glad My Mom Died" is more than just a celebrity memoir; it's a powerful and deeply moving exploration of trauma, healing, and the complexities of family dynamics. Its unflinching honesty and relatable themes make it a compelling read for anyone interested in stories of resilience, self-

discovery, and the fight for personal liberation. The book's impact extends beyond simply recounting McCurdy's experiences; it serves as a catalyst for important conversations about the darker aspects of the entertainment industry and the lasting impact of childhood trauma.

Conclusion

Jennette McCurdy's memoir is a courageous and profoundly moving work that leaves a lasting impression. It's a testament to the power of vulnerability, the importance of healing, and the possibility of finding strength in the face of adversity. It's a story that will stay with you long after you finish reading the final page.

FAQs

1. Is Jennette McCurdy's memoir graphic? While the memoir details traumatic experiences, it does so with sensitivity and avoids gratuitous detail. However, the subject matter is inherently difficult and may be triggering for some readers.
2. What is the central theme of the memoir? The central theme is McCurdy's journey of healing and self-discovery after years of emotional manipulation and exploitation.
3. Is the book solely focused on negative experiences? While the book deals heavily with difficult topics, it also explores McCurdy's resilience, her journey towards self-acceptance, and her ultimate triumph over adversity.
4. Who is the intended audience for this book? The book appeals to a broad audience, including those interested in celebrity memoirs, those who have experienced similar traumas, and those interested in discussions surrounding child stardom and mental health.
5. Where can I purchase Jennette McCurdy's memoir? "I'm Glad My Mom Died" is widely available for purchase at major bookstores and online retailers, both in physical and digital formats.

jennette mccurdy memoir: I'm Glad My Mom Died Jennette McCurdy, 2022-08-09 A memoir by American former actress and singer Jennette McCurdy about her career as a child actress and her difficult relationship with her abusive mother who died in 2013

jennette mccurdy memoir: I'm Glad My Mom Died Jennette McCurdy, 2022-08-09 * #1 NEW YORK TIMES BESTSELLER * #1 INTERNATIONAL BESTSELLER * MORE THAN 2 MILLION COPIES SOLD! A heartbreaking and hilarious memoir by iCarly and Sam & Cat star Jennette McCurdy about her struggles as a former child actor—including eating disorders, addiction, and a complicated relationship with her overbearing mother—and how she retook control of her life. Jennette McCurdy was six years old when she had her first acting audition. Her mother's dream was for her only daughter to become a star, and Jennette would do anything to make her mother happy. So she went along with what Mom called "calorie restriction," eating little and weighing herself five

times a day. She endured extensive at-home makeovers while Mom chided, "Your eyelashes are invisible, okay? You think Dakota Fanning doesn't tint hers?" She was even showered by Mom until age sixteen while sharing her diaries, email, and all her income. In *I'm Glad My Mom Died*, Jennette recounts all this in unflinching detail—just as she chronicles what happens when the dream finally comes true. Cast in a new Nickelodeon series called *iCarly*, she is thrust into fame. Though Mom is ecstatic, emailing fan club moderators and getting on a first-name basis with the paparazzi ("Hi Gale!"), Jennette is riddled with anxiety, shame, and self-loathing, which manifest into eating disorders, addiction, and a series of unhealthy relationships. These issues only get worse when, soon after taking the lead in the *iCarly* spinoff *Sam & Cat* alongside Ariana Grande, her mother dies of cancer. Finally, after discovering therapy and quitting acting, Jennette embarks on recovery and decides for the first time in her life what she really wants. Told with refreshing candor and dark humor, *I'm Glad My Mom Died* is an inspiring story of resilience, independence, and the joy of shampooing your own hair.

jennette mccurdy memoir: *The Anti-Cool Girl* Rosie Waterland, 2015-09-01 Brutal, brave, hilarious -- a full-frontal memoir about surviving the very worst that life can throw at you. Rosie Waterland has never been cool. Growing up in housing commission, Rosie was cursed with a near perfect, beautiful older sister who dressed like Mariah Carey on a Best & Less budget while Rosie was still struggling with various toilet mishaps. She soon realised that she was the Doug Pitt to her sister's Brad, and that cool was not going to be her currency in this life. But that was only one of the problems Rosie faced. With two addicts for parents, she grew up amidst rehab stays, AA meetings, overdoses, narrow escapes from drug dealers and a merry-go-round of dodgy boyfriends in her mother's life. Rosie watched as her dad passed out/was arrested/vomited, and had to talk her mum out of killing herself. As an adult, trying to come to grips with her less than conventional childhood, Rosie navigated her way through eating disorders, nude acting roles, mental health issues and awkward Tinder dates. Then she had an epiphany: to stop pretending to be who she wasn't and embrace her true self -- a girl who loved drinking wine in her underpants on Sunday nights -- and become an Anti-Cool Girl. An irrepressible, blackly comic memoir, Rosie Waterland's story is a clarion call for Anti-Cool Girls everywhere. 'Individual, wounded, brilliant and hilarious' Sydney Morning Herald 'If Augusten Burroughs and Lena Dunham abandoned their child in an Australian housing estate, she'd write this heartbreaking, hilarious book. It made me laugh uproariously, then feel terrible for her, then laugh all over again. Sorry, Rosie.' Dominic Knight, *The Chaser* 'Hilarious, wise, gutsy, clear-eyed, devastating and uplifting. It's a marvel.' Richard Glover *The Anti Cool Girl* was shortlisted for the 2016 Indie Book Awards and for the 2016 ABIA Awards for Biography of the Year, and in addition was the Winner of the 2016 ABIA Awards People's Choice for the Matt Richell Award for New Writer of the Year

jennette mccurdy memoir: *Miss Memory Lane* Colton Haynes, 2023-03-21 "A brutally honest memoir that socks you in the gut with its candor" (Elton John and David Furnish) about lust, abuse, addiction, stardom, and redemption from Arrow and Teen Wolf actor Colton Haynes. In 2018, Colton Haynes woke up in a hospital. He'd had two seizures, lost vision in one eye, almost ruptured a kidney, and been put on an involuntary psychiatric hold. Not yet thirty, he knew he had to take stock of his life and make some serious changes if he wanted to see his next birthday. As he worked towards sobriety, Haynes allowed himself to become vulnerable for the first time and discovered profound self-awareness. He had millions of social media followers who constantly told him they loved him. But what would they think if they knew his true story? If they knew where he came from and the things he had done? Now, Colton bravely pulls back the curtain on his life and career, revealing the incredible highs and devastating lows. From his unorthodox childhood in a small Kansas town, to coming to terms with his sexuality, he keeps nothing back. By sixteen, he had been signed by the world's top modeling agency and his face appeared on billboards. But he was still a broke, lonely, confused teenager, surrounded by people telling him he could be a star as long as he never let anyone see his true self. As Colton's career in television took off, the stress of wearing so many masks and trying to please so many different people turned his use of drugs and alcohol into

full-blown addiction. "In searing, honest prose, he tells a coming-of-age story that is utterly his own, yet surprisingly universal" (Bill Clegg, New York Times bestselling author)—of dreams deferred and dreams fulfilled; of a family torn apart and rebuilt; and of a man stepping into the light as no one but himself.

jennette mccurdy memoir: Summary Of I'm Glad My Mom Died By Jennette McCurdy thomas francis, 2023-10-16 I'm Glad My Mom Died By Jennette McCurdy Jennette McCurdy is redefining what it means to write a celebrity memoir with an attention-grabbing title and the last sentence that leaves you speechless. It would be unfair and insulting to dismiss this book as a celebrity memoir. It is an engrossing, detailed, and intensely personal story of one overcoming many traumatically formative childhood traumas that resulted in adolescence marked by exploitation, eating disorders, drug misuse, and loss. The way this narrative is delivered is quite similar to fiction. She writes in the present tense, dragging us along very closely with her as she grows in what seems like real-time, even though the book is entirely non-fiction. She realistically develops from a helpless little girl to a strong, independent woman who can think critically about the world around her, and we, the readers, get to see this growth and evolution firsthand. McCurdy's voice is crisp, humorous, and well-honed; she has a writing talent, which she notes a few times throughout the book as one of her great joys.

jennette mccurdy memoir: Every Lie I've Ever Told Rosie Waterland, 2017-08-01 'I'm okay!' The bestselling author of The Anti-Cool Girl returns with a devastating, heartbreaking, brilliant, brave and laugh-out-loud funny memoir of telling lies and being on the brink... 'I had made it! All my dreams had come true. I had an operating fridge, I was doing brilliantly, and I had written the memoir to prove it. I even had online haters. I had conquered life at 30 and nothing was ever going to go wrong again!' It was all going so well for Rosie Waterland. Until it wasn't. Until, shockingly, something awful happened and Rosie went into agonising free fall. Until late one evening she found herself in a hospital emergency bed, trembling and hooked to a drip. Over the course of that long, painful night, she kept thinking about how ironic it was, that right in the middle of writing a book about lies, she'd ended up telling the most significant lie of all. A raw, beautiful, sad, shocking - and very, very funny - memoir of all the lies we tell others and the lies we tell ourselves. Praise for The Anti-Cool Girl: 'Hilarious, wise, gutsy, clear-eyed, devastating and uplifting. It's a marvel.' Richard Glover 'Waterland's writing is ... individual, wounded, brilliant and hilarious' Sydney Morning Herald 'If Augusten Burroughs and Lena Dunham abandoned their child in an Australian housing estate, she'd write this heartbreaking, hilarious book.' Dominic Knight, The Chaser The Anti-Cool Girl was shortlisted for the 2016 Indie Book Awards and for the 2016 ABIA Awards for Biography of the Year, and in addition was the Winner of the 2016 ABIA Awards People's Choice for the Matt Richell Award for New Writer of the Year

jennette mccurdy memoir: The Origins of You Jay Belsky, Avshalom Caspi, Terrie E. Moffitt, Richie Poulton, 2020-08-11 A Marginal Revolution Book of the Year After tracking the lives of thousands of people from birth to midlife, four of the world's preeminent psychologists reveal what they have learned about how humans develop. Does temperament in childhood predict adult personality? What role do parents play in shaping how a child matures? Is day care bad—or good—for children? Does adolescent delinquency forecast a life of crime? Do genes influence success in life? Is health in adulthood shaped by childhood experiences? In search of answers to these and similar questions, four leading psychologists have spent their careers studying thousands of people, observing them as they've grown up and grown older. The result is unprecedented insight into what makes each of us who we are. In The Origins of You, Jay Belsky, Avshalom Caspi, Terrie Moffitt, and Richie Poulton share what they have learned about childhood, adolescence, and adulthood, about genes and parenting, and about vulnerability, resilience, and success. The evidence shows that human development is not subject to ironclad laws but instead is a matter of possibilities and probabilities—multiple forces that together determine the direction a life will take. A child's early years do predict who they will become later in life, but they do so imperfectly. For example, genes and troubled families both play a role in violent male behavior, and, though health and

heredity sometimes go hand in hand, childhood adversity and severe bullying in adolescence can affect even physical well-being in midlife. Painstaking and revelatory, the discoveries in *The Origins of You* promise to help schools, parents, and all people foster well-being and ameliorate or prevent developmental problems.

jennette mccurdy memoir: *Brain on Fire* Susannah Cahalan, 2012-11-13 NOW A MAJOR MOTION PICTURE STARRING CHLOË GRACE MORETZ A “captivating” (The New York Times Book Review), award-winning memoir and instant New York Times bestseller that goes far beyond its riveting medical mystery, *Brain on Fire* is a powerful account of one woman’s struggle to recapture her identity. When twenty-four-year-old Susannah Cahalan woke up alone in a hospital room, strapped to her bed and unable to move or speak, she had no memory of how she’d gotten there. Days earlier, she had been on the threshold of a new, adult life: at the beginning of her first serious relationship and a promising career at a major New York newspaper. Now she was labeled as violent, psychotic, a flight risk. What happened? In an “unforgettable” (Elle), “stunningly brave” (NPR), and breathtaking narrative, Susannah tells the astonishing true story of her descent into madness, her family’s inspiring faith in her, and the lifesaving diagnosis that almost didn’t happen. “A fascinating look at the disease that...could have cost this vibrant, vital young woman her life” (People), *Brain on Fire* is an unforgettable exploration of memory and identity, faith and love, and a profoundly compelling tale of survival and perseverance.

jennette mccurdy memoir: *52 Award-Winning Titles Every Book Lover Should Read* American Library Association (ALA), 2021-12-07 The American Library Association presents an award-winning must-read book for every week of the year in this beautiful reading log. Calling all book lovers! Expand your reading list with a one-year reading challenge from the American Library Association (ALA). Including the ALA's insights into each title, notes on the awards they've won, and prompts for further reflection, these recommendations are a must-have for all bibliophiles and library regulars. Includes: 52 Award-Winning book recommendations to keep you reading all year Prompts to reflect on each book as you complete the challenge Inspiration for your personal reading log, perfect for sharing on social media

jennette mccurdy memoir: *Fables and Other Lies* Claire Contreras, 2020-12-20 Do you believe in curses? I never did. Not until that fated night, six years ago, when I sat in The Devil's Chair and made a wish. Not until it came true. Not until I met River Caliban himself, heir to a fortune of curses. My fated sworn enemy. I knew I should have stayed away from him. I should have run the other way when he called out my name, when he flashed that sinful smile of his, but instead, I walked toward him, leaving the light behind. Instead, I go against all reason, against all warning, and attended the gala of the year at his dark, allegedly haunted home at the top of the hill. The moment I step foot inside I know I'm in trouble, but there's something about River that magnetizes me, reels me in, and when he asks for the impossible, I find it impossible to turn him away.

jennette mccurdy memoir: *From Blood and Ash* Jennifer L. Armentrout, 2020-03-30 Captivating and action-packed, *From Blood and Ash* is a sexy, addictive, and unexpected fantasy perfect for fans of Sarah J. Maas and Laura Thalassa. A Maiden... Chosen from birth to usher in a new era, Poppy’s life has never been her own. The life of the Maiden is solitary. Never to be touched. Never to be looked upon. Never to be spoken to. Never to experience pleasure. Waiting for the day of her Ascension, she would rather be with the guards, fighting back the evil that took her family, than preparing to be found worthy by the gods. But the choice has never been hers. A Duty... The entire kingdom’s future rests on Poppy’s shoulders, something she’s not even quite sure she wants for herself. Because a Maiden has a heart. And a soul. And longing. And when Hawke, a golden-eyed guard honor bound to ensure her Ascension, enters her life, destiny and duty become tangled with desire and need. He incites her anger, makes her question everything she believes in, and tempts her with the forbidden. A Kingdom... Forsaken by the gods and feared by mortals, a fallen kingdom is rising once more, determined to take back what they believe is theirs through violence and vengeance. And as the shadow of those cursed draws closer, the line between what is forbidden and what is right becomes blurred. Poppy is not only on the verge of losing her heart and being found

unworthy by the gods, but also her life when every blood-soaked thread that holds her world together begins to unravel. Reviews for *From Blood and Ash*: Dreamy, twisty, steamy escapism. Take me back! -New York Times bestseller Wendy Higgins "Jennifer Armentrout has the power to control my emotions with every word she writes. From swooning to crying to racing through the pages to find out what happens next, I couldn't stop reading about Hawke and Poppy, and you won't be able to either." - Brigid Kemmerer, New York Times Bestselling Author of *A Curse So Dark and Lonely* "Action, adventure, sexiness, and angst! *From Blood and Ash* has it all and double that. So many feels and so many moments it made me cheer for the character. Read. This. Book! You'll be obsessed!" - Tijan NYT bestselling author "From Blood and Ash is a phenomenal fantasy novel that is filled to the brim with danger, mystery and heart melting romance. I loved every single second of it and I couldn't get enough of this new fantastical world. A heart stopping start to what is clearly going to be a stunning series, perfect for both those who love fantasy and those who are new to the genre. A must read." Kayleigh, K-Books If you think you are ready for *From Blood and Ash*, think again. Jennifer L. Armentrout has woven a new fantasy universe that will leave you reeling. Filled with action, heart wrenching twists and the most delicious romance, this unputdownable novel comes with a warning: keep a fan close by, because the temperatures are about to rise. Elena, The Bibliotheque Blo "In this exciting new novel by Jennifer L. Armentrout, she introduces a fantastical world filled with immense detail, and characters who are poignant and fierce, Jennifer truly has out done herself!" - BookBesties "From Blood and Ash is a fantastic fantasy that will hook you immediately from the very first page! I loved every single moment and all of the characters are ones you will fall in love with! Jennifer L. Armentrout has done it again with her amazing writing skills and lots of detail! Get this book immediately!!!" - Amanda @Stuck In YA Books "Jennifer has stepped into the fantasy genre with this absolutely amazing novel. With characters you will love and more than a few twists and turns, get ready for one amazing adventure." -Perpetual Fangirl This magnificent book has so many pieces in it: fantasy, mystery, forbidden romance, supernatural, lies, deceit, betrayal, love, friendship, family. And so, so, so many secrets your head will be spinning. Jennifer L. Armentrout has created another masterpiece that I will be rushing to buy, and will be telling everyone to read it ASAP! ~Jeraca @My Nose in YA Books "From Blood to Ash is the first high fantasy book from Jennifer L Armentrout, but hopefully not the last. Like all her other works, her ability to create worlds, create swoon worthy men, and feisty strong female characters is amazing. Fantasy, mystery, romance, betrayal, love, and steamy scenes, this book has it all." - Lisa @ The Blonde Book Lover "From Blood & Ash is everything we love about JLA's fantasy writing...pumped up on steroids. There's epic world building and plot twists, a strong female lead, a swoon worthy book hottie, a steamy forbidden love story, and side characters that can't help but steal your heart. My mind was blown by the end of this book." - Kris S. (frantic4romantic) "Step into an exciting new fantasy world by Jennifer L. Armentrout, *From Blood And Ash* takes you on a fantastic ride with twists and turns galore. Characters you will love to laugh and cry with. A phenomenal start to an exciting new series." - Lori Dunn an avid reader "From Blood and Ash was everything I wanted in a high fantasy novel. The myths, the legends, the epic romance, and an adventure that will keep you on your toes beginning to end. I couldn't put the book down. Truly a brilliant start to what I believe will be yet another amazing series by Jennifer L. Armentrout. -Sabrina, Books Are My Life "Jennifer L. Armentrout takes her first step into the high fantasy genre with *From Blood and Ash*. A story of forbidden love, lies, secrets, and betrayal - it will leave you wanting more after the very last page." - Love Just Is Books "From Blood and Ash is like reading my favorite book for first time." - Raquel Herrera "With *From Blood and Ash*, Jennifer Armentrout successfully takes on the genre of high fantasy, proving, once again, that she is a master of her craft. Filled with epic adventure, forbidden romance, deceit, lies, and betrayal, *FB&A* draws you in from page one and refuses to let go!" - Erica, The Rest Just Falls Away "Jennifer L. Armentrout comes through once again with *From Blood and Ash* as it kept me enthralled throughout the full book. You won't be able to put down this epic story once you start." - Julalicious Book Paradise "From Blood and Ash strikes the perfect balance between fantasy and romance elements leaving the world feeling

live in and full while allowing the relationship between the main characters feeling real and authentic." - Nads Book Nook, Nadine Bergeron "Be prepared to spend your whole day reading From Blood and Ash. Once you start reading this high fantasy novel, you won't want to put it down." - Love Book Triangle "From Blood and Ash is absolutely breath taking. JLA does what she does best by creating a fantastical world filled with romance, lies, betrayal, adventure and all things we love and expect from JLA characters that melt our hearts and steal our hearts and souls. I cannot wait for the next one!" - Pia Colon "From Blood and Ash, Jennifer L. Armentrout brought to life a high fantasy that is enthralling. Another masterful addition to my collection. Get ready to stay on your toes from start to end." - Amy Oh, Reader by the Mountains "From Blood and Ash is the first high fantasy novel by Jennifer L Armentrout and she absolutely nails it. This is fantasy for skeptics and unbelievers because it makes you want to be a fantasy fan! This page turner makes you want to devour it in one night and at the same time savor every detail. Heart stopping and inspiring and grips you from page one." - Tracy Kirby "An intriguing puzzle of a world, a ruthless hero, a determine heroin, and a plot that will keep you up late, this book is one of the best I've read this year." - Valerie from Stuck In Books "From Blood and Ash, a thrilling high fantasy that packs a punch, each page will leave you wanting more!" - Tracey, Books & Other Pursuits

jennette mccurdy memoir: Quitter Erica C. Barnett, 2020-07-07 Barnett's prose style is brassy and cleareyed, with echoes of Anne Lamott. --Beth Macy, The New York Times Book Review Emotionally devastating and self-aware, this cautionary tale about substance abuse is a worthy heir to Cat Marnell's How to Murder Your Life. --Publishers Weekly (starred review) A startlingly frank memoir of one woman's struggles with alcoholism and recovery, with essential new insights into addiction and treatment Erica C. Barnett had her first sip of alcohol when she was thirteen, and she quickly developed a taste for drinking to oblivion with her friends. In her late twenties, her addiction became inescapable. Volatile relationships, blackouts, and unsuccessful stints in detox defined her life, with the vodka bottles she hid throughout her apartment and offices acting as both her tormentors and closest friends. By the time she was in her late thirties, Erica Barnett had run the gauntlet of alcoholism. She had recovered and relapsed time and again, but after each new program or detox center would find herself far from rehabilitated. Rock bottom, Barnett writes, is a lie. It is always possible, she learned, to go lower than your lowest point. She found that the terms other alcoholics used to describe the trajectory of their addiction--rock bottom and moment of clarity--and the mottos touted by Alcoholics Anonymous, such as let go and let God and you're only as sick as your secrets--didn't correspond to her experience and could actually be detrimental. With remarkably brave and vulnerable writing, Barnett expands on her personal story to confront the dire state of addiction in America, the rise of alcoholism in American women in the last century, and the lack of rehabilitation options available to addicts. At a time when opioid addiction is a national epidemic and one in twelve Americans suffers from alcohol abuse disorder, Quitter is essential reading for our age and an ultimately hopeful story of Barnett's own hard-fought path to sobriety.

jennette mccurdy memoir: Three Pianos Andrew McMahon, 2021-10-26 From beloved indie musician Andrew McMahon comes a searingly honest and beautifully written memoir about the challenges and triumphs of his life and career, as seen through the lens of his personal connection to three pianos. Andrew McMahon grew up in sunny Southern California as a child prodigy, learning to play piano and write songs at a very early age, stunning schoolmates and teachers alike with his gift for performing and his unique ability to emotionally connect with audiences. McMahon would go on to become the lead singer and songwriter for Something Corporate and Jack's Mannequin, and to release his debut solo album, Andrew McMahon in the Wilderness, in 2014. But behind this seemingly optimistic and quintessentially American story of big dreams come true lies a backdrop of overwhelming challenges that McMahon has faced—from a childhood defined by his father's struggle with addiction to his very public battle with leukemia in 2005 at the age of twenty-three, as chronicled in the intensely personal documentary Dear Jack. Overcoming those odds, McMahon has found solace and hope in the things that matter most, including family, the healing power of music and the one instrument he's always turned to: his piano. Three Pianos takes readers on a beautifully

rendered and bitter-sweet American journey, one filled with inspiration, heartbreak, and an unwavering commitment to shedding our past in order to create a better future.

jennette mccurdy memoir: Navigating Autism: 9 Mindsets For Helping Kids on the Spectrum Temple Grandin, Debra Moore, 2021-09-21 Empowering strategies for anyone who works with children and teens on the spectrum. International best-selling writer and autistic Temple Grandin joins psychologist Debra Moore in presenting nine strengths-based mindsets necessary to successfully work with young people on the autism spectrum. Examples and stories bring the approaches to life, and detailed suggestions and checklists help readers put them to practical use. Temple Grandin shares her own personal experiences and anecdotes from parents and professionals who have sought her advice, while Debra Moore draws on more than three decades of work as a psychologist with kids on the spectrum and those who love and care for them. So many people support the lives of these kids, and this book is for all of them: teachers; special education staff; mental health clinicians; physical, occupational, and speech therapists; parents; and anyone interacting with autistic children or teens. Readers will come away with new, empowering mindsets they can apply to develop the full potential of every child.

jennette mccurdy memoir: This Will Be Funny Later Jenny Pentland, 2022-01-18 A funny, biting, and entertaining memoir of coming of age in the shadow of celebrity and finding your own way in the face of absolute chaos that is both a moving portrait of a complicated family and an exploration of the cost of fame. Growing up, Jenny Pentland's life was a literal sitcom. Many of the storylines for her mother's smash hit series, *Roseanne*, were drawn from Pentland's early family life in working-class Denver. But that was only the beginning of the drama. *Roseanne Barr's* success as a comedian catapulted the family from the Rockies to star-studded Hollywood—with its toxic culture of money, celebrity, and prying tabloids that was destabilizing for a child in grade school. By adolescence, Jenny struggled with anxiety and eating issues. Her parents and new stepfather, struggling to help, responded by sending Jenny and her siblings on a grand tour of the self-help movement of the '80s—from fat camps to brat camps, wilderness survival programs to drug rehab clinics (even though Jenny didn't take drugs). Becoming an adult, all Jenny wanted was to get married and have kids, despite *Roseanne's* admonishments not to limit herself to being just a wife and mother. In this scathingly funny and moving memoir, Pentland reveals what it's like to grow up as the daughter of a television star and how she navigated the turmoil, eventually finding her own path. Now happily married and raising five sons on a farm, Pentland has worked tirelessly to create the stable family she never had, while coming to terms at last with her deep-seated anxiety. *This Will Be Funny Later* is a darkly funny and frank chronicle of transition, from childhood to adulthood and motherhood—one woman's journey to define herself and create the life she always wanted.

jennette mccurdy memoir: This Will Only Hurt a Little Busy Philipps, 2019-10-22 A hilarious, heartfelt, and refreshingly honest memoir and New York Times bestseller by the beloved comedic actress known for her roles on *Freaks and Geeks*, *Dawson's Creek*, and *Cougar Town* who has become "the breakout star of Instagram stories...Imagine I Love Lucy mixed with a modern lifestyle guru" (*The New Yorker*). There's no stopping Busy Philipps. From the time she was two and "aced out in her nudes" to explore the neighborhood (as her mom famously described her toddler jailbreak), Busy has always been headstrong, defiant, and determined not to miss out on all the fun. These qualities led her to leave Scottsdale, Arizona, at the age of nineteen to pursue her passion for acting in Hollywood. But much like her painful and painfully funny teenage years, chasing her dreams wasn't always easy and sometimes hurt more than a little. In a memoir "that often reads like a *Real World* confessional or an open diary" (*Kirkus Reviews*), Busy opens up about chafing against a sexist system rife with on-set bullying and body shaming, being there when friends face shattering loss, enduring devastating personal and professional betrayals from those she loved best, and struggling with postpartum anxiety and the challenges of motherhood. But Busy also brings to the page her sly sense of humor and the unshakeable sense that disappointment shouldn't stand in her way—even when she's knocked down both figuratively and literally (from a knee injury at her seventh-grade dance to a violent encounter on the set of *Freaks and Geeks*). The rough patches in

her life are tempered by times of hilarity and joy: leveraging a flawless impression of Cher from *Clueless* into her first paid acting gig, helping reinvent a genre with cult classic *Freaks and Geeks*, becoming fast friends with *Dawson's Creek* castmate Michelle Williams, staging her own surprise wedding, conquering natural childbirth with the help of a *Mad Men*-themed hallucination, and of course, how her Instagram stories became "the most addictive thing on the internet right now" (*Cosmopolitan*). Busy is the rare entertainer whose impressive arsenal of talents as an actress is equally matched by her storytelling ability, sense of humor, and sharp observations about life, love, and motherhood—"if you think you know Busy from her Instagram stories, you don't know the half of it" (Jenni Konner). Her conversational writing reminds us what we love about her on screens large and small. From "candid tales of celebrity life, mom life, and general Busy-ness" (*W Magazine*), *This Will Only Hurt a Little* "is everything we've been dying to hear about" (*Bustle*).

jennette mccurdy memoir: High Conflict Amanda Ripley, 2022-04-05 In the tradition of bestselling explainers like *The Tipping Point*, [this] book [is] based on cutting edge science that breaks down the idea of extreme conflict--the kind that paralyzes people and places--and then shows how to escape it--

jennette mccurdy memoir: When Time Stopped Ariana Neumann, 2020-02-04 In this astonishing story that "reads like a thriller and is so, so timely" (*BuzzFeed*) Ariana Neumann dives into the secrets of her father's past: "Like Anne Frank's diary, it offers a story that needs to be told and heard" (*Booklist*, starred review). In 1941, the first Neumann family member was taken by the Nazis, arrested in German-occupied Czechoslovakia for bathing in a stretch of river forbidden to Jews. He was transported to Auschwitz. Eighteen days later his prisoner number was entered into the morgue book. Of thirty-four Neumann family members, twenty-five were murdered by the Nazis. One of the survivors was Hans Neumann, who, to escape the German death net, traveled to Berlin and hid in plain sight under the Gestapo's eyes. What Hans experienced was so unspeakable that, when he built an industrial empire in Venezuela, he couldn't bring himself to talk about it. All his daughter Ariana knew was that something terrible had happened. When Hans died, he left Ariana a small box filled with letters, diary entries, and other memorabilia. Ten years later Ariana finally summoned the courage to have the letters translated, and she began reading. What she discovered launched her on a worldwide search that would deliver indelible portraits of a family loving, finding meaning, and trying to survive amid the worst that can be imagined. A "beautifully told story of personal discovery" (*John le Carré*), *When Time Stopped* is an unputdownable detective story and an epic family memoir, spanning nearly ninety years and crossing oceans. Neumann brings each relative to vivid life, and this "gripping, expertly researched narrative will inspire those looking to uncover their own family histories" (*Publishers Weekly*).

jennette mccurdy memoir: Sounds Like Me Sara Bareilles, 2019-10-15 Check out *Little Voice* on Apple TV+! *Little Voice* is inspired by a lost song from Sara Bareilles's first studio album. This updated *New York Times* bestselling collection of essays by seven-time Grammy nominated singer songwriter Sara Bareilles "resonates with authentic and hard-won truths" (*Publishers Weekly*)—and features new material on the hit Broadway musical, *Waitress*. Sara Bareilles "pours her heart and soul into these essays" (*Associated Press*), sharing the joys and the struggles that come with creating great work, all while staying true to yourself. Imbued with humor and marked by Sara's confessional writing style, this essay collection tells the inside story behind some of her most popular songs. Well known for her chart-topper "Brave," Sara first broke through in 2007 with her multi-platinum single "Love Song." She has since released seven albums that have sold millions of copies and spawned several hits. "A breezy, upbeat, and honest reflection of this multitalented artist" (*Kirkus Reviews*), *Sounds Like Me* reveals Sara Bareilles, the artist—and the woman—on songwriting, soul searching, and what's discovered along the way.

jennette mccurdy memoir: American Chica Marie Arana, 2011-07-06 In her father's Peruvian family, Marie Arana was taught to be a proper lady, yet in her mother's American family she learned to shoot a gun, break a horse, and snap a chicken's neck for dinner. Arana shuttled easily between these deeply separate cultures for years. But only when she immigrated with her family to the

United States did she come to understand that she was a hybrid American whose cultural identity was split in half. Coming to terms with this split is at the heart of this graceful, beautifully realized portrait of a child who “was a north-south collision, a New World fusion. An American Chica.” Here are two vastly different landscapes: Peru—earthquake-prone, charged with ghosts of history and mythology—and the sprawling prairie lands of Wyoming. In these rich terrains resides a colorful cast of family members who bring Arana’s historia to life...her proud grandfather who one day simply stopped coming down the stairs; her dazzling grandmother, “clicking through the house as if she were making her way onstage.” But most important are Arana’s parents: he a brilliant engineer, she a gifted musician. For more than half a century these two passionate, strong-willed people struggled to overcome the bicultural tensions in their marriage and, finally, to prevail.

jennette mccurdy memoir: *Shifter Wars* Kelly St. Clare, 2020-10-06

jennette mccurdy memoir: *Scrappy Little Nobody* Anna Kendrick, 2016-11-15 The New York Times bestselling collection of humorous autobiographical essays by the Academy Award nominated actress and star of *Up in the Air* and *Pitch Perfect*. Even before she made a name for herself on the silver screen starring in films like *Pitch Perfect*, *Up in the Air*, *Twilight*, and *Into the Woods*, Anna Kendrick was unusually small, weird, and “10 percent defiant.” At the ripe age of thirteen, she had already resolved to “keep the crazy inside my head where it belonged. Forever. But here’s the thing about crazy: It. Wants. Out.” In *Scrappy Little Nobody*, she invites readers inside her brain, sharing extraordinary and charmingly ordinary stories with candor and winningly wry observations. With her razor-sharp wit, Anna recounts the absurdities she’s experienced on her way to and from the heart of pop culture as only she can—from her unusual path to the performing arts (Vanilla Ice and baggy neon pants may have played a role) to her double life as a middle-school student who also starred on Broadway to her initial “dating experiments” (including only liking boys who didn’t like her back) to reviewing a binder full of butt doubles to her struggle to live like an adult woman instead of a perpetual “man-child.” Enter Anna’s world and follow her rise from “scrappy little nobody” to somebody who dazzles on the stage, the screen, and now the page—with an electric, singular voice, at once familiar and surprising, sharp and sweet, funny and serious (well, not that serious).

jennette mccurdy memoir: *A Gift of Magic* Lois Duncan, 2012-06-19 When the old woman died, she left her grandchild Nancy with the extraordinary gift of magic. Nancy can read people’s minds, know their thoughts, and make them do what she wants. Will she use her gift for good, or satisfy her own selfish desire? Lois Duncan presents a paranormal rollercoaster ride with goosebumps at every turn. This edition features updated text and an exclusive Q&A with author Lois Duncan!

jennette mccurdy memoir: *Confessions of a Prairie Bitch* Alison Arngrim, 2010-06-15 *Confessions of a Prairie Bitch* is Alison Arngrim’s comic memoir of growing up as one of television’s most memorable characters—the devious Nellie Oleson on the hit television show *Little House on the Prairie*. With behind-the-scenes stories from the set, as well as tales from her bohemian upbringing in West Hollywood and her headline-making advocacy work on behalf of HIV awareness and abused children, *Confessions of a Prairie Bitch* is a must for fans of everything *Little House*: the classic television series and its many stars like Michael Landon and Melissa Gilbert; Gilbert’s bestselling memoir *Prairie Tale*... and, of course, the beloved series of books by Laura Ingalls Wilder that started it all.

jennette mccurdy memoir: *How to Murder Your Life* Cat Marnell, 2017-01-31 From the New York Times bestselling author and former beauty editor Cat Marnell, a “vivid, maddening, heartbreaking, very funny, chaotic” (The New York Times) memoir of prescription drug addiction and self-sabotage, set in the glamorous world of fashion magazines and downtown nightclubs. At twenty-six, Cat Marnell was an associate beauty editor at *Lucky*, one of the top fashion magazines in America—and that’s all most people knew about her. But she hid a secret life. She was a prescription drug addict. She was also a “doctor shopper” who manipulated Upper East Side psychiatrists for pills, pills, and more pills; a lonely bulimic who spent hundreds of dollars a week on binge foods; a promiscuous party girl who danced barefoot on banquets; a weepy and hallucination-prone

insomniac who would take anything—anything—to sleep. This is a tale of self-loathing, self-sabotage, and yes, self-tanner. It begins at a posh New England prep school—and with a prescription for the Attention Deficit Disorder medication Ritalin. It continues to New York, where we follow Marnell's amphetamine-fueled rise from intern to editor through the beauty departments of NYLON, Teen Vogue, Glamour, and Lucky. We see her fight between ambition and addiction and how, inevitably, her disease threatens everything she worked so hard to achieve. From the Condé Nast building to seedy nightclubs, from doctors' offices and mental hospitals, Marnell "treads a knife edge between glamorizing her own despair and rendering it with savage honesty....with the skill of a pulp novelist" (The New York Times Book Review) what it is like to live in the wild, chaotic, often sinister world of a young female addict who can't say no. Combining "all the intoxicating intrigue of a thriller and yet all the sobering pathos of a gifted writer's true-life journey to recover her former health, happiness, ambitions, and identity" (Harper's Bazaar), *How to Murder Your Life* is mesmerizing, revelatory, and necessary.

jennette mccurdy memoir: Summary of I'm Glad My Mom Died Alexander Cooper, 2022-09-18 *I'm Glad My Mom Died* - A Comprehensive Summary Jennette McCurdy is redefining what it means to write a celebrity memoir with an attention-grabbing title and the last sentence that leaves you speechless. It would be unfair and insulting to dismiss this book as a celebrity memoir. It is an engrossing, detailed, and intensely personal story of one overcoming many traumatically formative childhood traumas that resulted in adolescence marked by exploitation, eating disorders, drug misuse, and loss. The way this narrative is delivered is quite similar to fiction. She writes in the present tense, dragging us along very closely with her as she grows in what seems like real-time, even though the book is entirely non-fiction. She realistically develops from a helpless little girl to a strong, independent woman who can think critically about the world around her, and we, the readers, get to see this growth and evolution firsthand. McCurdy's voice is crisp, humorous, and well-honed; she has a writing talent, which she notes a few times throughout the book as one of her great joys. The fundamental ideas in this book are dismal, yet the author describes them in a style that is both hilarious and brutally honest. Overall, this was an impressive start from a much more unique and prominent person. This isn't going to be a tell-all full of drama, so don't expect it to be. There are a few tidbits regarding her tenure at Nickelodeon, particularly concerning her interactions with The Creator, as she refers to him, but that's about it. She briefly mentions the connections she had with her co-stars, but any discussion of her acting career is only included if it is essential to understanding her whole journey. This book is as gloomy and enlightening as it is mixed with comic relief and informed understanding. As a result of reading her story, I have tremendous respect for this lady. The whole planet owes Jennette. *I'm Glad My Mom Died* chronicles Jennette's detailed and explicit life before and after entering the entertainment business, up to the discussions about publishing this book. It explores her familial dynamics, her mother's very violent and poisonous relationship with her, and all of the interactions that took place in the background. At the same time, she struggled—trying to please her mother and her job, abusing drugs to stay unconscious, engaging in harmful habits, and rarely acting in her own best interests. Here is a Preview of What You Will Get: □ A Detailed Introduction □ A Comprehensive Chapter by Chapter Summary □ Etc Get a copy of this summary and learn about the book.

jennette mccurdy memoir: Confessions of a Wall Street Insider Michael Kimelman, 2017-03-28 Although he was a suburban husband and father, living a far different life than the "Wolf of Wall Street," Michael Kimelman had a good run as the cofounder of a hedge fund. He had left a cushy yet suffocating job at a law firm to try his hand at the high-risk life of a proprietary trader — and he did pretty well for himself. But it all came crashing down in the wee hours of November 5, 2009, when the Feds came to his door—almost taking the door off its hinges. While his wife and children were sequestered to a bedroom, Kimelman was marched off in embarrassment in view of his neighbors and TV crews who had been alerted in advance. He was arrested as part of a huge insider trading case, and while he was offered a "sweetheart" no-jail probation plea, he refused, maintaining his innocence. The lion's share of *Confessions of a Wall Street Insider* was written while

Kimelman was an inmate at Lewisburg Penitentiary. In nearly two years behind bars, he reflected on his experiences before incarceration—rubbing elbows and throwing back far too many cocktails with financial titans and major figures in sports and entertainment (including Leonardo DiCaprio, Alex Rodriguez, Ben Bernanke, and Alan Greenspan, to drop a few names); making and losing hundreds of thousands of dollars in daily gambles on the Street; getting involved with the wrong people, who eventually turned on him; realizing that none of that mattered in the end. As he writes: “Stripped of family, friends, time, and humanity, if there’s ever a place to give one pause, it’s prison . . .

Tomorrow is promised to no one.” In *Confessions of a Wall Street Insider*, he reveals the triumphs, pains, and struggles, and how, in the end, it just might have made him a better person. Skyhorse Publishing, along with our Arcade, Good Books, Sports Publishing, and Yucca imprints, is proud to publish a broad range of biographies, autobiographies, and memoirs. Our list includes biographies on well-known historical figures like Benjamin Franklin, Nelson Mandela, and Alexander Graham Bell, as well as villains from history, such as Heinrich Himmler, John Wayne Gacy, and O. J. Simpson. We have also published survivor stories of World War II, memoirs about overcoming adversity, first-hand tales of adventure, and much more. While not every title we publish becomes a New York Times bestseller or a national bestseller, we are committed to books on subjects that are sometimes overlooked and to authors whose work might not otherwise find a home.

jennette mccurdy memoir: *Strange Practice* Vivian Shaw, 2017-07-25 The first book in a delightfully witty fantasy series in which Dr. Greta Helsing, doctor to the undead, must defend London from both supernatural ailments and a bloodthirsty cult. Greta Helsing inherited her family's highly specialized and highly peculiar medical practice. In her consulting rooms, Dr. Helsing treats the undead for a host of ills: vocal strain in banshees, arthritis in barrow-wights, and entropy in mummies. Although she barely makes ends meet, this is just the quiet, supernatural-adjacent life Greta's been groomed for since childhood. Until a sect of murderous monks emerges, killing human and undead Londoners alike. As terror takes hold of the city, Greta must use her unusual skills to stop the cult if she hopes to save her practice and her life. Praise for the Dr. Greta Helsing Novels: An exceptional and delightful debut, in the tradition of *Good Omens* and *A Night in the Lonesome October*.—Elizabeth Bear, Hugo-award winning author Shaw balances an agile mystery with a pitch-perfect, droll narrative and cast of lovable misfit characters. These are not your mother's Dracula or demons.—Shelf Awareness Dr. Greta Helsing Novels *Strange Practice* Dreadful Company Grave Importance

jennette mccurdy memoir: *When They Find Her* Lia Middleton, 2021-05-13 A twisty, shocking and addictive debut about a desperate mother and a terrible lie which spirals out of control. Naomi always wanted to be a mother. But a year ago, she made a dreadful mistake, and lost custody of her only child. Now, her daughter has come to stay, and Naomi knows it's her one chance to re-build her family. But the night ends in a terrible accident. And Naomi tells a lie she can never take back- She reports her daughter missing. Within hours, her home is invaded. Journalists crowd the driveway. Police search the woods at the foot of the garden. Her ex-husband paces the hall. And Naomi can't look away. Because the only thing worse than the lie she's told is the truth- Naomi has no memory of what really happened that night...

jennette mccurdy memoir: *How to Be You* Jeffrey Marsh, 2016-08-02 Too short. Too weird. Too quiet. Not true. Let Internet superstar Jeffrey Marsh help you end those negative thoughts and discover how wonderful you are. An interactive experience, *How to Be You* invites you to make the book your own through activities such as coloring in charts, answering questions about how you do the things you do, and discovering patterns in your life that may be holding you back. Through Jeffrey's own story of growing up fabulous in a small farming town--along with the stories of hero/ines who have transcended the stereotypes of race, age, and gender--you will discover that you are not alone. Learn to deepen your relationship with yourself, boost your self-esteem and self-worth, and find the courage to take a leap that will change your life.

jennette mccurdy memoir: *Hunger* Roxane Gay, 2017-06-13 From the New York Times bestselling author of *Bad Feminist*: a searingly honest memoir of food, weight, self-image, and

learning how to feed your hunger while taking care of yourself. “I ate and ate and ate in the hopes that if I made myself big, my body would be safe. I buried the girl I was because she ran into all kinds of trouble. I tried to erase every memory of her, but she is still there, somewhere. . . . I was trapped in my body, one that I barely recognized or understood, but at least I was safe.” In her phenomenally popular essays and long-running Tumblr blog, Roxane Gay has written with intimacy and sensitivity about food and body, using her own emotional and psychological struggles as a means of exploring our shared anxieties over pleasure, consumption, appearance, and health. As a woman who describes her own body as “wildly undisciplined,” Roxane understands the tension between desire and denial, between self-comfort and self-care. In *Hunger*, she explores her past—including the devastating act of violence that acted as a turning point in her young life—and brings readers along on her journey to understand and ultimately save herself. With the bracing candor, vulnerability, and power that have made her one of the most admired writers of her generation, Roxane explores what it means to learn to take care of yourself: how to feed your hungers for delicious and satisfying food, a smaller and safer body, and a body that can love and be loved—in a time when the bigger you are, the smaller your world becomes.

jennette mccurdy memoir: *This Is What America Looks Like* Ilhan Omar, 2020 Ilhan Omar's career is a collection of historic firsts: she is the first refugee, the first Somali-American and one of the first two Muslim women to serve in the United States Congress. Against a xenophobic and divisive administration, she has risen to global fame as a powerful voice in the Democratic Party's new progressive chorus of congresswomen of colour. 'This Is What America Looks Like' is a tale of the aspirations, disappointments, successes and surprises in the life of an immigrant and Muslim in the US today. This is Omar's story told on her own terms: from a childhood in Mogadishu and four long years at a Kenyan refugee camp, to her arrival in America—penniless and speaking only Somali—and her triumphant election to the US House of Representatives. In the face of merciless slander and constant attacks from opponents in both parties, Omar continues to speak up for her beliefs. Courageous, hopeful and defiant, her memoir is marked by her irrepressible spirit, even in the darkest of times.

jennette mccurdy memoir: *Songs in Ursa Major* Emma Brodie, 2021-06-22 A transporting love story of music, stardom, heartbreak, and a gifted young singer-songwriter who must find her own voice: “In the vein of *Daisy Jones and the Six* and *The Final Revival of Opal and Nev*, [this] is an intoxicating chronicle of the music industry, inspired largely by the love affair between artists Joni Mitchell and James Taylor” (Elle). The year is 1969, and the Bayleen Island Folk Fest is abuzz with one name: Jesse Reid. Tall and soft-spoken, with eyes blue as stone-washed denim, Jesse Reid's intricate guitar riffs and supple baritone are poised to tip from fame to legend with this one headlining performance. That is, until his motorcycle crashes on the way to the show. Jane Quinn is a Bayleen Island local whose music flows as naturally as her long blond hair. When she and her bandmates are asked to play in Jesse Reid's place at the festival, it almost doesn't seem real. But Jane plants her bare feet on the Main Stage and delivers the performance of a lifetime, stopping Jesse's disappointed fans in their tracks: A star is born. Jesse stays on the island to recover from his near-fatal accident and he strikes up a friendship with Jane, coaching her through the production of her first record. As Jane contends with the music industry's sexism, Jesse becomes her advocate, and what starts as a shared calling soon becomes a passionate love affair. On tour with Jesse, Jane is so captivated by the giant stadiums, the late nights, the wild parties, and the media attention, that she is blind-sided when she stumbles on the dark secret beneath Jesse's music. With nowhere to turn, Jane must reckon with the shadows of her own past; what follows is the birth of one of most iconic albums of all time. Shot through with the lyrics, the icons, the lore, the adrenaline of the early 70s music scene, *Songs in Ursa Major* pulses with romantic longing and asks the question so many female artists must face: What are we willing to sacrifice for our dreams?

jennette mccurdy memoir: *And Now I Spill the Family Secrets* Margaret Kimball, 2021-04-20 Named one of Publishers Weekly's Best of 2021 List in Comics. 2021 Top of the List Graphic Novel Pick In the spirit of Alison Bechdel's *Fun Home* and Roz Chast's *Can't We Talk About*

Something More Pleasant?, Margaret Kimball's *AND NOW I SPILL THE FAMILY SECRETS* begins in the aftermath of a tragedy. In 1988, when Kimball is only four years old, her mother attempts suicide on Mother's Day—and this becomes one of many things Kimball's family never speaks about. As she searches for answers nearly thirty years later, Kimball embarks on a thrilling visual journey into the secrets her family has kept for decades. Using old diary entries, hospital records, home videos, and other archives, Margaret pieces together a narrative map of her childhood—her mother's bipolar disorder, her grandmother's institutionalization, and her brother's increasing struggles—in an attempt to understand what no one likes to talk about: the fractures in her family. Both a coming-of-age story about family dysfunction and a reflection on mental health, *AND NOW I SPILL THE FAMILY SECRETS* is funny, poignant, and deeply inspiring in its portrayal of what drives a family apart and what keeps them together.

jennette mccurdy memoir: *The Opposite of Butterfly Hunting* Evanna Lynch, 2021-10-14 'Raw, frank and utterly heartfelt, but full of love and joy too, one of the most moving and uplifting memoirs I've ever read.' Daisy Buchanan 'Evanna's account of overcoming an eating disorder gives an unsparing insight into the mental health system, and the journey to true recovery. A beautifully courageous and honest memoir.' Bonnie Wright 'As well as charting her adolescent battle with anorexia, it offers a darkly compelling, highly topical account of journeying from girlhood to womanhood in the spotlight of global celebrity.' The Mail on Sunday 'A raw and powerful memoir, it shares lessons banishing self-hatred.' The Sunday Telegraph 'Gradually, I began to feel this dawning awareness that womanhood was coming for me, that it was looming inevitably, and it didn't feel safe...' Evanna Lynch has long been viewed as a role model for people recovering from anorexia and the story of her casting as Luna Lovegood in the Harry Potter films has reached almost mythic proportions. Here, in her fascinating new memoir, Evanna confronts all the complexities and contradictions within herself and reveals how she overcame a life-threatening eating disorder, began to conquer her self-hate and confronted her fear of leaving the neatness and safety of girlhood for the unpredictable journey of being a woman, all in the glare of the spotlight of international fame. Delving into the very heart of a woman's relationship with her own body, Evanna explores the pivotal moments and choices in her life that led her down the path of creativity and dreaming and away from the empty pursuit of perfection, and reaches towards acceptance of the wild, sensual and unpredictable reality of womanhood. This is a story of the tragedy and the glory of growing up, of mourning girlhood and stepping into the unknown, and how that act of courage is the most magical and creatively liberating thing a woman can do.

jennette mccurdy memoir: *Know My Name* Chanel Miller, 2019-09-24 Universally acclaimed, rapturously reviewed, winner of the National Book Critics Circle Award for autobiography, and an instant New York Times bestseller, Chanel Miller's breathtaking memoir gives readers the privilege of knowing her not just as Emily Doe, but as Chanel Miller the writer, the artist, the survivor, the fighter. (The Wrap). I opened *Know My Name* with the intention to bear witness to the story of a survivor. Instead, I found myself falling into the hands of one of the great writers and thinkers of our time. Chanel Miller is a philosopher, a cultural critic, a deep observer, a writer's writer, a true artist. I could not put this phenomenal book down. --Glennon Doyle, #1 New York Times bestselling author of *Love Warrior* and *Untamed* *Know My Name* is a gut-punch, and in the end, somehow, also blessedly hopeful. --Washington Post She was known to the world as Emily Doe when she stunned millions with a letter. Brock Turner had been sentenced to just six months in county jail after he was found sexually assaulting her on Stanford's campus. Her victim impact statement was posted on BuzzFeed, where it instantly went viral--viewed by eleven million people within four days, it was translated globally and read on the floor of Congress; it inspired changes in California law and the recall of the judge in the case. Thousands wrote to say that she had given them the courage to share their own experiences of assault for the first time. Now she reclaims her identity to tell her story of trauma, transcendence, and the power of words. It was the perfect case, in many ways--there were eyewitnesses, Turner ran away, physical evidence was immediately secured. But her struggles with isolation and shame during the aftermath and the trial reveal the oppression victims face in even the

best-case scenarios. Her story illuminates a culture biased to protect perpetrators, indicts a criminal justice system designed to fail the most vulnerable, and, ultimately, shines with the courage required to move through suffering and live a full and beautiful life. *Know My Name* will forever transform the way we think about sexual assault, challenging our beliefs about what is acceptable and speaking truth to the tumultuous reality of healing. It also introduces readers to an extraordinary writer, one whose words have already changed our world. Entwining pain, resilience, and humor, this memoir will stand as a modern classic. Chosen as a BEST BOOK OF 2019 by The New York Times Book Review, The Washington Post, TIME, Elle, Glamour, Parade, Chicago Tribune, Baltimore Sun, BookRiot

jennette mccurdy memoir: *Sorry Not Sorry* Naya Rivera, 2016-09-13 Funny and deeply personal, *Sorry Not Sorry* recounts Glee star Naya Rivera's successes and missteps, urging young women to pursue their dreams and to refuse to let past mistakes define them. Navigating through youth and young adulthood isn't easy, and in *Sorry Not Sorry*, Naya Rivera shows us that we're not alone in the highs, lows, and in-betweens. Whether it's with love and dating, career and ambition, friends, or gossip, Naya inspires us to follow our own destiny and step over--or plod through--all the crap along the way. After her rise and fall from early childhood stardom, barely eking her way through high school, a brief stint as a Hooters waitress, going through thick and thin with her mom/manager, and resurrecting her acting career as Santana Lopez on Glee, Naya emerged from these experiences with some key life lessons: Sorry: - All those times I scrawled I HATE MY MOM in my journal. So many moms and teenage daughters don't get along--we just have to realize it's nothing personal on either side. - At-home highlights and DIY hair extensions. Some things are best left to the experts, and hair dye is one of them. - Falling in love with the idea of a person, instead of the actual person. Not Sorry: - That I don't always get along with everyone. Having people not like you is a risk you have to take to be real, and I'll take that over being fake any day. - Laughing at the gossip instead of getting upset by it. - Getting my financial disasters out of the way early--before I was married or had a family--so that the only credit score that I wrecked was my own. Even with a successful career and a family that she loves more than anything else, Naya says, There's still a thirteen-year-old girl inside of me making detailed lists of how I can improve, who's never sure of my own self-worth. *Sorry Not Sorry* is for that thirteen-year-old in all of us.

jennette mccurdy memoir: *Mommie Dearest*, 1991-01-01 The story of the tormented and glamorous star, Joan Crawford, struggling to survive in a cutthroat world, succumbing to a rage leading to alcoholism and child abuse.

jennette mccurdy memoir: *I'm Fine...And Other Lies* Whitney Cummings, 2017-10-03 "Whitney Cummings has written a book about being, well, not fine—and what to do when you find yourself with brutal anxiety and a co-dependency disorder; all in her trademark wit, humor, and honesty. This book, however, is fine as hell."—Sophia Amoruso, author of *#Girlboss* "The funniest cry for help you'll read this year."—BJ Novak Well, well, well. Look at you, ogling my book page....I presume if you're reading this it means you either need more encouragement to buy it or we used to date and you're trying to figure out if you should sue me or not. Here are all the stories and mistakes I've made that were way too embarrassing to tell on stage in front of an actual audience; but thanks to not-so-modern technology, you can read about them here so I don't have to risk having your judgmental eye contact crush my self-esteem. This book contains some delicious schadenfreude in which I recall such humiliating debacles as breaking my shoulder while trying to impress a guy, coming very close to spending my life in a Guatemalan prison, and having my lacerated ear sewn back on by a deaf guy after losing it in a torrid love affair. In addition to hoarding mortifying situations that'll make you feel way better about your choices, I've also accumulated a lot of knowledge from therapists, psychotherapists, and psychopaths, which can probably help you avoid making the same mistakes I've made. Think of this book as everything you'd want from the Internet all in one place, except without the constant distractions of ads, online shopping, and porn. I'm not sure what else to say to say, except that you should buy it if you want to laugh and learn how to stop being crazy. And if we used to date, see you in court.

jennette mccurdy memoir: Pure Invention Matt Alt, 2020-06-23 The untold story of how Japan became a cultural superpower through the fantastic inventions that captured—and transformed—the world’s imagination. “A masterful book driven by deep research, new insights, and powerful storytelling.”—W. David Marx, author of *Ametora: How Japan Saved American Style* Japan is the forge of the world’s fantasies: karaoke and the Walkman, manga and anime, Pac-Man and Pokémon, online imageboards and emojis. But as Japan media veteran Matt Alt proves in this brilliant investigation, these novelties did more than entertain. They paved the way for our perplexing modern lives. In the 1970s and ’80s, Japan seemed to exist in some near future, gliding on the superior technology of Sony and Toyota. Then a catastrophic 1990 stock-market crash ushered in the “lost decades” of deep recession and social dysfunction. The end of the boom should have plunged Japan into irrelevance, but that’s precisely when its cultural clout soared—when, once again, Japan got to the future a little ahead of the rest of us. Hello Kitty, the Nintendo Entertainment System, and multimedia empires like Dragon Ball Z were more than marketing hits. Artfully packaged, dangerously cute, and dizzyingly fun, these products gave us new tools for coping with trying times. They also transformed us as we consumed them—connecting as well as isolating us in new ways, opening vistas of imagination and pathways to revolution. Through the stories of an indelible group of artists, geniuses, and oddballs, *Pure Invention* reveals how Japan’s pop-media complex remade global culture.

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