edgar cayce past life reading

edgar cayce past life reading is a fascinating topic that delves into the mysteries of reincarnation, soul journeys, and spiritual growth. As one of the most renowned American mystics of the 20th century, Edgar Cayce's legacy is rooted in his unique ability to provide psychic readings that addressed not only physical ailments but also past life experiences. This article explores the origins and significance of Cayce's past life readings, how they were conducted, and their impact on individuals seeking self-understanding and healing. Readers will discover the historical context of Cayce's work, the process of a typical reading, key insights drawn from case studies, and tips for those interested in exploring their own past lives. Whether you are a spiritual seeker or simply curious about the phenomenon, this comprehensive guide offers valuable information, practical advice, and answers to trending questions about Edgar Cayce past life readings. Read on to uncover the secrets behind one of the most intriguing aspects of Cayce's psychic legacy and its relevance in today's world.

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Understanding Edgar Cayce and His Legacy

Edgar Cayce, often referred to as the "Sleeping Prophet," is celebrated for his remarkable ability to access information while in a trance state. Born in 1877, Cayce provided thousands of psychic readings during his lifetime, covering topics such as health, spirituality, and reincarnation. His work laid the foundation for the Association for Research and Enlightenment (A.R.E.), which preserves and studies his readings to this day. Cayce's legacy continues to influence spiritual seekers, researchers, and holistic practitioners around the world. His unique approach to past life readings was rooted in the belief that understanding one's previous incarnations could unlock answers to current life challenges, relationships, and spiritual lessons.

What Is a Past Life Reading?

A past life reading is a psychic or intuitive session intended to reveal information about an individual's previous incarnations. Edgar Cayce's past life readings were distinctive in their depth and detail, often providing names, locations, and historical contexts. These readings were designed to help individuals understand patterns, talents, and obstacles that carried over from earlier lifetimes. Cayce believed that the soul's journey through multiple incarnations was central to personal growth and healing. Past life readings can offer insights into unexplained fears, recurring relationship issues, and even physical ailments with origins in earlier lifetimes.

- Exploring personal karma and soul lessons
- Identifying past life talents and abilities
- Understanding recurring life patterns
- Addressing unexplained phobias and emotional issues
- Enhancing spiritual growth and self-awareness

The Process of an Edgar Cayce Past Life Reading

Edgar Cayce's method for conducting a past life reading was unique. He would enter a self-induced trance state, sometimes referred to as "sleeping," and access the Akashic Records—a metaphysical record of every soul's journey. While in this state, Cayce would answer specific questions about the individual's past lives, sometimes providing information about several incarnations and their relevance to the present. The readings were meticulously documented by stenographers, ensuring accuracy and continuity for future reference. Cayce emphasized the importance of applying insights gained from these readings to everyday life for healing and transformation.

Steps in a Typical Cayce Past Life Reading

- 1. Client submits a request or question regarding past lives
- 2. Cayce enters a trance or sleep state
- 3. Information about relevant past lives is accessed and described
- 4. Connections to current life issues are explained
- 5. Recommendations for personal growth and healing are provided

Significance and Benefits of Past Life Readings

The significance of an Edgar Cayce past life reading lies in its potential to transform self-understanding and facilitate healing. Many individuals report

profound insights into their life's purpose, unresolved emotional issues, and the origins of physical symptoms. Cayce's readings often helped clients overcome obstacles by illuminating the deeper reasons behind them, rooted in previous incarnations. The benefits extend beyond mere curiosity: they can promote forgiveness, acceptance, and a greater sense of peace. By understanding the patterns and relationships that have persisted over lifetimes, individuals are empowered to make conscious choices that align with their highest good.

Key Benefits of Edgar Cayce Past Life Readings

- Greater self-awareness and understanding
- Resolution of health and emotional challenges
- Improved relationships and interpersonal dynamics
- Personal growth and spiritual advancement
- Clarity on life path and purpose

Notable Case Studies and Examples

Throughout his career, Edgar Cayce provided thousands of past life readings, many of which have become case studies for spiritual researchers. One notable example involves a woman who suffered from inexplicable fears and physical pain. Cayce's reading revealed a past life as a healer during a war, where she experienced trauma and unhealed wounds. By understanding this connection, the woman was able to address her fears and begin a process of emotional and physical healing.

Another case involved a man struggling with relationship issues. Cayce's reading identified a past life connection with his partner, illuminating patterns of behavior and emotional dynamics that persisted across lifetimes. These insights led to a more harmonious relationship and personal growth. Such case studies demonstrate the practical applications and transformative power of Cayce's approach to past life readings.

How to Prepare for a Past Life Reading

Preparation is essential for anyone seeking an Edgar Cayce past life reading. While Cayce himself conducted readings in a unique trance state, modern practitioners often follow similar protocols for optimal results. Individuals are encouraged to approach the process with an open mind and clear intentions. Reflecting on specific questions or life challenges can help guide the reading and ensure meaningful insights. It is also recommended to create a quiet, relaxed environment and maintain a receptive attitude throughout the session.

Tips for Preparing for a Past Life Reading

- Identify personal questions or challenges to explore
- Set intentions for healing and understanding
- Find a reputable and experienced practitioner
- Maintain an open and non-judgmental mindset
- Record or take notes during the session for future reflection

Common Themes Revealed in Cayce's Readings

Edgar Cayce's past life readings often revealed recurring themes that resonated with many individuals. These include patterns of karma, unfinished business, and soul contracts. Many clients discovered connections to historical periods, such as Ancient Egypt, Atlantis, or colonial America, which sometimes correlated with their interests or abilities in the present. Emotional wounds, phobias, and even physical conditions were frequently traced back to specific events in previous lifetimes. Cayce emphasized that understanding these themes was crucial for healing and spiritual evolution.

Popular Themes in Past Life Readings

- Karmic relationships and soul connections
- Recurrent fears and emotional patterns
- Talents and abilities carried over from past lives
- Unresolved trauma and healing opportunities
- Guidance for spiritual growth and life purpose

Modern Perspectives on Reincarnation and Soul Growth

Today, the concept of reincarnation and past life readings continues to inspire debate and interest within spiritual communities. Advances in psychology and consciousness studies have brought new insights into the nature of the soul and its journey. Many holistic practitioners incorporate regression therapy and intuitive readings, drawing upon Cayce's methodologies. While scientific validation remains limited, anecdotal evidence and personal experiences suggest that past life exploration can be a valuable tool for healing and self-discovery. Edgar Cayce's work remains influential, providing a framework for understanding soul growth, karma, and the interconnectedness of all lives.

Frequently Asked Questions

Q: What is an Edgar Cayce past life reading?

A: An Edgar Cayce past life reading is a psychic session in which information about a person's previous incarnations is revealed, often to provide insight into current life challenges, relationships, and spiritual lessons.

Q: How did Edgar Cayce access information about past lives?

A: Cayce entered a self-induced trance state and accessed the Akashic Records, a metaphysical record believed to contain details of every soul's journey across lifetimes.

Q: What issues can a past life reading help address?

A: Past life readings can help with unexplained fears, emotional patterns, health challenges, relationship dynamics, and a deeper understanding of one's purpose.

Q: Is there scientific evidence to support past life readings?

A: While scientific evidence is limited, many individuals report personal and emotional healing from insights gained through past life readings. The topic remains largely anecdotal and spiritual.

Q: How can someone prepare for a past life reading?

A: People are encouraged to approach the session with an open mind, set clear intentions, identify specific questions, and choose an experienced practitioner.

Q: Are Cayce's readings documented and available today?

A: Yes, thousands of Edgar Cayce's readings are preserved by the Association for Research and Enlightenment (A.R.E.), and are studied by researchers and spiritual seekers worldwide.

Q: What are common themes found in Cayce's past life readings?

A: Common themes include karmic relationships, talents carried over from previous lives, unresolved trauma, and recurring emotional or health issues.

Q: Can anyone receive a past life reading today?

A: While Edgar Cayce himself is no longer alive, many intuitive practitioners offer past life readings inspired by his methods, and regression therapies are widely available.

Q: How can insights from past life readings be applied in daily life?

A: Insights can promote healing, resolve relationship issues, guide personal growth, and help individuals make conscious choices aligned with their spiritual path.

Q: What makes Edgar Cayce's approach to past life readings unique?

A: Cayce's approach combined detailed information, spiritual guidance, and practical recommendations, making his readings a holistic tool for transformation and soul growth.

Edgar Cayce Past Life Reading

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Edgar Cayce Past Life Readings: Unlocking the Mysteries of Reincarnation

Are you intrigued by the concept of reincarnation? Have you ever wondered about your past lives and the experiences that shaped your current self? The name Edgar Cayce might resonate with you. This blog post delves into the fascinating world of Edgar Cayce's past life readings, exploring their methods, interpretations, and the lasting impact they've had on the study of reincarnation and spiritual exploration. We'll unpack the controversies, analyze the key elements, and provide you with a deeper understanding of this enigmatic figure and his profound work.

H2: Who Was Edgar Cayce? The Sleeping Prophet

Edgar Cayce (1877-1945) was an American mystic and purported psychic known as the "Sleeping Prophet." His remarkable ability lay in his ability to enter a trance-like state, during which he delivered insightful readings on a vast range of subjects, including health, relationships, and—most famously—past lives. These readings, often conducted while Cayce was asleep, were transcribed and

later compiled into a massive archive. His work has captivated millions and continues to fuel discussions about reincarnation and the interconnectedness of human existence.

H2: The Methodology of Edgar Cayce's Past Life Readings

Cayce's readings weren't spontaneous pronouncements. Clients would typically provide a name and request information. Cayce would then enter his trance state, and detailed information about the client's past lives, often spanning multiple incarnations, would be revealed. These readings weren't simply accounts of historical events; they delved into the emotional, karmic, and spiritual lessons learned in each lifetime. The depth and specificity of these readings, frequently corroborating with historical records or personal accounts, are often cited as evidence of their authenticity.

H3: Key Elements Found in Cayce's Past Life Readings

Several common threads run through Cayce's past life readings:

Specific details: The readings often included detailed information about locations, names, relationships, occupations, and even minute details from past lives.

Karmic connections: A recurring theme is the concept of karma – the idea that actions in past lives have consequences in present life. Readings often highlighted lessons learned or unresolved issues carrying over from previous incarnations.

Spiritual growth: The overarching narrative frequently emphasized the spiritual growth and evolution of the soul across multiple lifetimes. Past lives were presented not as isolated incidents but as stages in a larger, ongoing spiritual journey.

Health connections: Many readings addressed physical health issues, linking them to unresolved emotional or spiritual problems rooted in past lives.

H2: Interpreting Edgar Cayce's Past Life Readings: A Matter of Perspective

Interpreting Cayce's readings requires a nuanced approach. While some find them compelling evidence for reincarnation, others remain skeptical. It's crucial to approach these readings with an open mind but also with a critical eye. The information provided should be viewed as potential insights rather than definitive historical accounts. The subjective nature of interpretation means different individuals might draw different conclusions from the same reading.

H3: The Controversy and Skepticism Surrounding Cayce's Work

Cayce's work has attracted its share of controversy. Skeptics point to the lack of rigorous scientific verification and the possibility of suggestion or subconscious influences shaping the readings. The absence of empirical evidence makes it difficult to definitively prove or disprove the accuracy of his claims. However, the vast archive of readings, the consistent themes, and the numerous testimonials from individuals who found the readings profoundly insightful continue to fuel interest and debate.

H2: The Lasting Impact of Edgar Cayce's Legacy

Despite the controversies, Edgar Cayce's work has had a profound and lasting impact. His readings have inspired countless individuals to explore their own spiritual paths, delve into the possibilities of reincarnation, and seek a deeper understanding of their own lives. His legacy continues to thrive through the A.R.E. (Association for Research and Enlightenment), an organization dedicated to furthering Cayce's research and teachings.

If you're intrigued by the possibility of uncovering your own past lives, exploring Edgar Cayce's work can be a valuable starting point. The A.R.E. website offers a wealth of information, including access to a significant portion of Cayce's readings. However, remember to approach this exploration with an open mind and a healthy dose of critical thinking. Consider exploring other resources on reincarnation and past life regression therapy to broaden your understanding.

Conclusion:

Edgar Cayce's past life readings remain a captivating and controversial subject. While their scientific validity is debated, their impact on spiritual exploration and the understanding of reincarnation is undeniable. Whether you approach them with belief or skepticism, the readings offer a fascinating window into the human psyche and the enduring quest for self-discovery. The potential insights gleaned from these readings can provide a framework for personal growth, spiritual development, and a deeper appreciation for the complexity of human existence.

FAQs:

- 1. Are Edgar Cayce's readings accurate? The accuracy of Cayce's readings is a matter of ongoing debate and individual interpretation. There's no definitive scientific proof, but many find the details compelling.
- 2. How can I access Edgar Cayce's past life readings? The A.R.E. (Association for Research and Enlightenment) website is the primary source for accessing Cayce's readings, though access may require membership or fees.
- 3. Do I need to be psychic to understand Cayce's readings? No, you don't need psychic abilities to understand Cayce's readings. They are written in relatively clear language, though interpreting their meaning may require some reflection.
- 4. Can Cayce's readings help with current life problems? Many believe Cayce's readings can provide insights into current life challenges by connecting them to past life experiences and karmic patterns.
- 5. Are there alternative methods for exploring past lives besides Cayce's readings? Yes, past life regression therapy and other forms of spiritual exploration can help uncover potential past life experiences.

edgar cayce past life reading: Past Lives and Present Karma Ann Jaffin, 2008-03-01 It was 1923 and a man named Arthur Lammers received a psychic reading from Edgar Cayce when, for the first time in the Cayce readings, a past life was mentioned. In fact, Lammers was told that he was in his third life on earth and had once been a monk. From that point on, and for the rest of his life, Edgar Cayce would give life readings (the second largest group of readings in the set of 14,000 given by Cayce) that discussed how one's past lives were affecting them in their current life. Author Ann Jaffin has pulled together invaluable insights on reincarnation and our purpose here on earth from the rich source of these Cayce readings. Topics include: * How we choose our parents before we are born * Karma as cosmic cause and effect * Knowing our spiritual ideal * Transforming karma into grace * Our free will--God's greatest gift * Planetary sojouurns and the role Arcturus plays Jaffin's book will give you a deeper understand-ing of reincarnation in all its many aspects, while explaining

how reincarnation supports us as we strive to fulfill the very purpose of our souls.

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edgar cayce past life reading: Edgar Cayce on Soul Mates Kevin J. Todeschi, 1999 Is there really such a thing as soul mates? According to Edgar Cayce, yes. But his definition of soul mates, twin souls, and perfect partners may differ from what you're expecting. For decades, Cayce provided thousands of individuals with insights into the nature of their personal relationships, the dynamics of soul attraction, and the universal laws at work that draw individuals together. What is unique about Todeschi's book is that it explores the development of relationships over time, played out within the framework of reincarnation. In addition to discussing soul mate relationships, their connection to the cyclic pattern of reincarnation, and the nature of loneliness, this book looks at the fundamentals of soul attraction and provides contemporary examples of the same principles discussed by Cayce.

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our present experiences, and our unfolding futures to shape our own destiny.--Publisher's description.

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Sparrow, including: * The purpose of each lifetime * How past lives influence your current choices * Using your past life experiences to meet this life's difficulties constructively * Past relationships-soul mates, twin souls and intertwined past lives * How karma and grace can heal painful memories * Awakening artistic tendencies from past lives * How dreams, speech patterns and reactions to fragrances or sounds can all be clues to your past lives With this book as your guide, you can discover your past lives and develop your ability to make positive choices for life, love and happiness.

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edgar cayce past life reading: There Is a River Thomas Sugrue, 2008-11-01 THERE IS A RIVER The Story of Edgar Cayce by THOMAS SUGRUE Revised Edition New York HENRY HOLT AND COMPANY PREFACE HE story of Edgar Cayce properly belongs in the I history of hypnosis, as a chapter in evidence for 1 the theories of Armand Marc Jacques de Chaste net, Marguis de Puysegur. It was de Puysegur, not Mesmer, who in 1784 discovered hypnotism. De Puysegurs famous subject Victor went into a sleep instead of a convulsion while being magnetized, and in that state showed remark able intelligence and apparent powers of clairvoyance. Further experiments brought the same results. Other pa tients, when put to sleep, showed like powers. Walter Brom berg, in The Mind of Man 1 says Dull peasants became mentally alert, and could even foretell events or under stand things ordinarily obscure to them. Somnambulists made medical diagnoses in other patients brought before them, and foretold the future. The magnetizer of the 1820 s merely brought his patient before a competent somnambul ist, and waited for the diagnosis. ... If only modern 1 The Mind of Man, by Walter Bromberg, Harper and Brothers, New York, 1937. vii PREFACE science had such aids The clairvoyance of somnambulists became a fascinating game. But the fascinating game was not encouraged, either by the French Academy or by the medical profession, and it suffered the fate of other fads. A generation later Andrew Jackson Davis, the Poughkeepsie Seer, was practicing medical diagnosis by clairvoyance in America, but he re mained obscure and is not even mentioned in textbooks and histories of hypnotism. Hypnotism, in fact, will have nothing to do with clairvoyance it has renounced its own mother. Edgar Cayce practiced medical diagnosisby clairvoyance for. forty-three years. He left stenographic reports of 30,000 of these diagnoses to the Association for Research and En lightenment, Inc., along with hundreds of complete case reports, containing affidavits by the patients and reports by physicians. There are hundreds of people throughout the United States who will testify, at the drop of a hat, to die accuracy of his diagnoses and the efficacy of his suggestions for treatment. He did not use his ability except to prescribe for the sick and to give spiritual advice and vocational guidance when these were specifically requested. He never made any public demonstrations of his powers he was never on the stage he never sought any publicity he did not prophesy he did not seek wealth. Often his economic status was quite pre carious at best it never rose above modest security. During the period of the Cayce Hospital he was paid only seventy five dollars a week for his services. His unquestioned personal integrity, plus the excellent and voluminous records of his work and the long period that they covered, made him an ideal subject for scientific study. But scientists shunned him. He and his friends re gretted this it might have been more evidential if they, not I, had made this report. viii PREFACE I first met Edgar Cayce in 1927. At that time I made most of the preliminary notes and sketches for this book. Since then I have continually added to the material, enjoy ing the complete co-operation of the members of the Cayce family, and being accorded access to the files at all times. From June, 1939, to October, 1941, I was a guest in the house on Arctic Crescent, seeing and interviewing Mr. Cayce every day, and examiningmaterial from the files. I spent many summers at Virginia Beach, particularly those of 1929, 1930, and 1931. In addition to the members of the Cayce family I have had the good fortune to know intimately most of the other characters in the story. One of the first and most important contributors to my dossier was Mr. Cayces father, the late Leslie B. Cayce. Another was Carrie Salter House, who with her husband, the late Dr. House, and her son, Tommy, were invaluable aids

and stanch friends through the years. I was not privileged to know Mr...

edgar cayce past life reading: They Knew Jesus Joe Steiner, 2000-05-20 Many people go through very difficult times in life. The author documents the journey through his dark night of the soul. The poetry paints vivid word pictures with brutally honest feelings about what he is experiencing. He does not pretend to be something he is not. He merely writes from the darkness as he struggles to find the light. As the book progresses, the light at the end of the tunnel becomes apparent. He becomes, in fact, what he always thought he was in theory. This book is not a light read, but it is very easy to read.

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edgar cayce past life reading: Edgar Cayce and the Unfulfilled Destiny of Thomas Jefferson Reborn Joanne DiMaggio, 2020-12-04 On June 23, 1936, Edgar Cayce, the most renowned psychic of the 20th century and the father of holistic medicine, gave a Life Reading for Thomas Jefferson (T.J.) Davis, the two-day old nephew of his secretary, Gladys Davis. In this Reading, Cayce identified one of the child's past lives as that of Thomas Jefferson, adding this stunning prediction—that he "may become more important in the affairs of the WORLD than this entity in its previous experience has been to America—Thomas Jefferson." This book examines all the reasons why that prediction never happened. It is an endearing look at the relationship between Cayce and young T.J., who was tutored by Cayce for the first nine years of the boy's life in preparation for the great work ahead of him. But it also explores how decisions made by T.J.'s absentee parents put their son's soul on a totally different path. For those who make the assumption that a soul that reaches the greatness of a Thomas Jefferson would continue its upward trajectory, this book clearly illustrates the role that free will plays in the outcome of any life. It is a classic case of karma in action, of synchronistic events that make one cringe to think how close and yet how far T.J. was from being the redemption of the world.

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edgar cayce past life reading: <u>Soul Development</u> Kevin J. Todeschi, 2000 The entire world is on the brink of discovering that there is much more to our existence than that entailed by our day-to-day activities. For ages, people throughout history have asked questions such as: Who am I? Why am I here? What is the purpose of my life? Now, for the first time, collective humanity is on the threshold of understanding that we truly are spiritual beings.

edgar cayce past life reading: <u>Soul Agreements</u> Dick Sutphen, 2005-04-25 While in spirit, before you were born, you wrote a script for your life on earth that included soul agreements establishing your relationships with your parents, lovers, children, and others who would affect your life in meaningful ways. Your career directions were planned out, as well as the major challenges

you would encounter. This karmic road map was programmed at a soul level and can be examined by psychic researchers like Dick and Tara Sutphen. In his best-selling book, You Were Born Again to Be Together, Dick explored the concept of destiny through romantic relationships. In Soul Agreements his investigations expand to a variety of cases: a woman born with a severe disability; a couple who came together to experience tragedy; and others who incarnated to be famous, or influential, or to become healers. Once you understand how soul agreements work, Dick teaches how to make the most of your destiny. The more self-actualized you are, the less likely you will be adversely affected by negative life experiences. This awareness shows you how to best override fate and create your own reality of love and success.

edgar cayce past life reading: *Edgar Cayce and The Urantia Book* John Bunker, Karen Pressler, 2017-04-25 2017 revision

edgar cayce past life reading: The Complete Edgar Cayce Readings Edgar Cayce, 1994 While in a dreamlike trance state, psychic Edgar Cayce answered thousands of questions on subjects as diverse as health, business, and relationships. The CD-ROM contains the complete transcripts of these trance sessions, with a search engine.

edgar cayce past life reading: Edgar Cayce's Secrets of Astrology Kirk Nelson, 2010-08-12 Kirk Nelson reveals new insights into Edgar Cayce's psychic readings on astrology including the birth chart of Jesus, a new way of determining past life influences in your own birth chart, how astrology influences world events, and an easy to understand explanation of each sign, planet, and aspect. This book also contains the charts of U.S. presidents Kennedy, Nixon, and Reagan, highlighting many of the events that occurred during their careers. The author also sheds light on the charts of China, Russia, and the United States, and what will happen to them in the future!

edgar cayce past life reading: The Power of Your Mind Edgar Cayce, 2010-03 Edgar Cayces rare mind tuned to the Universal Mind gives us extraordinary insights into the power of our own minds. In this fascinating book, Cayce illustrates how thoughts are things, that may become crimes or miracles in our lives. He explains how by changing our thinking patterns, we can change our life for the better. He also gives a unique view into our mind at sleepdescribing the influences motivating our dreams and visions, and showing us how to better interpret them. He clarifies why the dreaming mind is so much more important to us than we realize. He also addresses the need to move away from a too self-centered consciousness, opening up to a larger consciousness with powerful intuition and precognition.

edgar cayce past life reading: Edgar Cayce on Soul Symbolism Kevin J. Todeschi, 2015-02-14 Edgar Cayce, the most documented psychic of all time, recommended exploring three tools for personal symbolism that would assist in personal growth and enlightenment: Creating Life Seals, Creating Aura Charts, and Understanding the Book of Revelation. From Cayce's perspective, a Life Seal is a personal mandala that can be used as a tool for reflection-a reminder of what she or he hopes to accomplish in life. An Aura Chart is a visual depiction of an individual's unique Akashic Record and represents a soul's lessons, attainments, failures and developments over many lifetimes. Cayce's unique approach to the Book of Revelation is that it is a symbolic exploration of archetypal images, patterns, and processes that correspond to the awakening of the Higher Self. It depicts not an external process related to world events but instead an internal one that portrays the struggles that occur within each individual as spiritual development takes places and the basic lower nature of humankind evolves to its higher spiritual nature. You will discover how these tools of symbolism can be used to cultivate your soul talents, to accomplish your mission in life, to overcome weaknesses, to enhance your soul memory, to remember your past lives and even as a means of personal attunement. Edgar Cayce on Soul Symbolism presents timely information on how symbolism can be used to understand yourself and even your connection to the divine. In addition, the volume contains examples of Life Seals and Aura Charts from the Cayce files, as well as two dictionaries of symbols for your easy reference.

edgar cayce past life reading: *An Introduction to Tantra and Sacred Sexuality* Michael Mirdad, 2008-11 An Introduction to Tantra and Sacred Sexuality offers insights into how to awaken

and experience your sensual self, moment-by-moment. This book is exciting and enticing, as well as, powerful and healing. You do not have to be in a relationship to enjoy, explore, and apply sacred sexuality. Sacred sexuality opens you to experiencing levels of ecstatic bliss and unconditional love and, most importantly, bringing these experiences into your daily life. Ultimately, it opens you to living bliss, not just feeling it. This ecstatic vibration translates into consistently feeling unconditional love for all people and things. Michael Mirdad wisely integrates both Tantric and Taoist perspectives and practices in the loving, passionate, and respectful framework of sacred sexuality.

edgar cayce past life reading: Here and Hereafter Ruth Shick Montgomery, 1968 Have you lived before? Will you live again? Fascinating new revelations about the experience of reincarnation from one of today's foremost psychic authorities.

edgar cayce past life reading: The Complete Idiot's Guide to Past Life Regression Michael Hathaway, 2003-09-02 A guide to the mysteries of your past . . . In this fascinating book, a board-certified past life regression therapist goes beyond reincarnation and karma to reveal everything people want to know about the ins and outs of this phenomena. This book covers: • Whether past life regression is for real • What to expect from hypnosis • Whether children are closer to their past lives than adults • How knowledge of past lives can help resolve issues and improve the present

edgar cayce past life reading: Children's Past Lives Carol Bowman, 2012-02-01 Has your child lived before? In this fascinating, controversial, and groundbreaking book, Carol Bowman reveals overwhelming evidence of past life memories in children. Not only are such experiences real, they are far more common than most people realize. Bowman's extraordinary investigation was sparked when her young son, Chase, described his own past-life death on a Civil War battlefield--an account so accurate it was authenticated by an expert historian. Even more astonishing, Chase's chronic eczema and phobia of loud noises completely disappeared after he had the memory. Inspired by Chase's dramatic healing, Bowman compiled dozens of cases and wrote this comprehensive study to explain how very young children remember their past lives, spontaneously and naturally. In Children's Past Lives, she tells how to distinguish between a true past life memory and a fantasy, offers practical advice to parents on how to respond to a past life memory, and shows how to foster the spiritual and healing benefits of these experiences. Perhaps the most moving, convincing, and best-documented evidence yet for life after death, Children's Past Lives will stand alongside the classics of Betty J. Eadie, Raymond Moody, and Brian Weiss in its power to comfort, uplift, and transform our thinking about life after death

edgar cayce past life reading: <u>Journey of Souls</u> Michael Newton, 2002-09 When reincarnating, do we have a short spell in a disembodied phase? Hypnosis reveals what goes on.

edgar cayce past life reading: From Anxiety to Love Corinne Zupko, 2018-01-18 Get Ready for Unstoppable Inner Peace Author Corinne Zupko undertook her study of psychology out of necessity when debilitating anxiety threatened to derail her life. Seeking ways to do more than temporarily alleviate her symptoms, Corinne began to study A Course in Miracles (ACIM), mindfulness meditation, and the latest therapeutic approaches for treating anxiety. In From Anxiety to Love, she shares what she learned and gently guides you through the process, helping you undo anxiety-based thinking and fostering mindful shifts in your thoughts and actions. Whether struggling with everyday stress or near-crippling discomfort, you will find that Corinne's approach offers a new way of healing from — rather than just coping with — fear and anxiety.

edgar cayce past life reading: My Life as a Seer Edgar Cayce, 2014-09-30 For over seventy-five years, the prophecies and readings of Edgar Cayce-- The Sleeping Prophet-- have inspired millions of people around the world, and been the subject of hundreds of books. Over fifty years after his death, Cayce is still regarded as the father of the new age movement, and the foremost psychic of the twentieth century. His thoughts on the soul's journey, past lives, dreams, ancient civilizations, and astrology are still closely studied and followed by practitioners in these fields. But until now, only those who knew and studied him have been able to tell Cayce's story and

philosophy. From Jess Stearn's The Sleeping Prophet to Thomas Sugrue's There Is a River, many bestselling books have sold millions of copies and touched many lives. Now, for the first time, Edgar Cayce tells his story in his own words. Only recently discovered, this new memoir delivers Cayce's important message to the world at a most crucial time, the dawn of the twenty-first century. In this personal, moving story, readers learn how Cayce felt about his amazing powers. Here Cayce speaks about the angelic presence that visited his childhood Kentucky home and told him that he would become a healer to millions. We also learn about his extraordinary childhood ability to learn his school lessons simply by sleeping on his books. Cayce also addresses the devastating throat paralysis that he miraculously overcame, and how he ultimately realized that his powers could only be used to help and enable people, and not for personal profit. Cayce even gives a behind the scenes glimpse at his many psychic readings. The combination of ability and humility, compassion and caring turned Cayce from social outcast to world-renowned psychic healer. Throughout his life, Edgar Cayce's was the voice people turned to for advice on issues as diverse as health and healing and philosophy and world issues. Now, Cayce speaks once more on these issues and delivers his ultimate message to humanity for the first time. My Life as a Seer brings to life the emotional frustrations, motivations, fears, and visions of the century's premier spiritualist.

edgar cayce past life reading: The Edgar Cayce Handbook for Creating Your Future
Mark Thurston, PhD, Christopher Fazel, 2010-05-12 This remarkable handbook presents Cayce's
twenty-four spiritual keys, which unlock the doors of self-understanding. They operate like formulas
that teach us about the mysteries of living and are evident to anyone who is willing and able to look
closely at life. As you will see, these principles can be applied to every situation, and you can begin
to use them instantly in your everyday life: Everything Happens for a Reason: You Have a Purpose in
Life; Love Means Honoring the Other Person's Free Will; Every Crisis Is an Opportunity for a
Breatkthrough, and many more. Filled with inspiring counsel, this is a truly accessible guide to the
universal principles that govern the grand game of life. It can enable you to become a more creative,
productive, and joyful person--a true co-creator with your higher power.

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