edgar cayce reincarnation

edgar cayce reincarnation is a fascinating subject that has captured the attention of spiritual seekers, scholars, and curious readers around the world. Edgar Cayce, often called the "Sleeping Prophet," became famous for his psychic readings that touched on various metaphysical topics, including reincarnation and past lives. In this article, we will explore Cayce's unique perspective on reincarnation, how he believed it shaped individual destiny, and its influence on spiritual growth. We'll delve into the history of Cayce's work, examine his most notable reincarnation readings, and discuss the lasting impact of his teachings on modern thought. Additionally, you'll discover Cayce's techniques for exploring past lives, the connection between karma and reincarnation, and the scientific and philosophical considerations surrounding these ideas. Whether you are new to Edgar Cayce's insights or seeking a deeper understanding, this comprehensive guide will provide valuable context and practical information about reincarnation as viewed through the lens of Cayce's remarkable legacy.

- Edgar Cayce: The Sleeping Prophet and His Legacy
- Understanding Reincarnation in Cayce's Teachings
- Karma, Soul Purpose, and Spiritual Growth
- Past Lives and Personal Transformation
- Scientific and Philosophical Perspectives
- Practical Approaches to Exploring Past Lives
- Impact and Influence of Cayce's Reincarnation Readings

Edgar Cayce: The Sleeping Prophet and His Legacy

Edgar Cayce was an American psychic whose life and work continue to inspire spiritual exploration. Born in 1877, Cayce discovered his unique ability to give detailed psychic readings while in a trance state, earning the nickname "Sleeping Prophet." His session transcripts cover a wide range of topics, but reincarnation was among the most prominent. Cayce's readings often answered questions about past lives, soul evolution, and the meaning of existence, providing guidance to thousands of people.

Cayce's legacy endures through the Association for Research and Enlightenment (A.R.E.), which houses his preserved readings and serves as a hub for metaphysical research. His insights into reincarnation have influenced spiritual communities, New Age thinkers, and those seeking answers to life's biggest questions. By combining Christian beliefs with Eastern philosophies, Cayce offered a bridge between different cultures and perspectives, emphasizing compassion, personal responsibility, and spiritual awakening.

- Over 14,000 documented readings
- Major themes: health, destiny, karma, past lives
- Founded the A.R.E. in Virginia Beach
- Influenced modern holistic and spiritual practices

Understanding Reincarnation in Cayce's Teachings

The concept of reincarnation, according to Edgar Cayce, is far more than a cycle of birth and death. Cayce described reincarnation as the soul's journey through multiple lifetimes, each offering opportunities for growth, learning, and spiritual development. He believed that the soul chooses circumstances and experiences necessary for its evolution, and that every life is connected by a thread of purpose and meaning.

Cayce's readings often explained that individuals carry traits, relationships, and unresolved issues from previous lifetimes. These influences manifest in present-day challenges, talents, and motivations. By understanding reincarnation, Cayce suggested, people can make sense of recurring patterns and obstacles, and ultimately find ways to heal and progress.

Key Principles of Reincarnation in Cayce's Work

Cayce's teachings on reincarnation revolve around the belief that the soul is eternal and constantly evolving. He asserted that the process is governed by universal laws and intended to guide each individual toward higher consciousness.

- Life is a continuous journey of the soul
- Each incarnation provides lessons tailored to the soul's needs
- Personal challenges are opportunities for growth
- Relationships often reconnect souls across lifetimes
- Spiritual progress is measured by love, compassion, and understanding

Karma, Soul Purpose, and Spiritual Growth

A major theme in Edgar Cayce's reincarnation readings is karma—the law of cause and effect. Cayce explained that actions, thoughts, and intentions from previous lives shape current experiences.

Karma is not a punishment, but rather a mechanism for balance and learning. Through conscious choices and self-awareness, individuals can transform karmic patterns and fulfill their soul's purpose.

Cayce emphasized that every soul incarnates with a mission or lesson to achieve. These purposes are unique, ranging from developing personal virtues to serving others. Spiritual growth, according to Cayce, involves recognizing these lessons, overcoming limitations, and expressing unconditional love.

The Role of Karma in Reincarnation

Karma plays a central role in determining the circumstances of each incarnation. Cayce described it as a spiritual accounting system, where every thought and action contributes to the evolution of the soul. Understanding and resolving karma leads to greater harmony and fulfillment in life.

- Karma influences family, health, and career experiences
- Negative patterns can be healed through forgiveness and service
- Self-reflection is key to transforming karma
- Cayce advocated meditation and prayer for spiritual cleansing

Past Lives and Personal Transformation

Edgar Cayce's reincarnation readings often included detailed accounts of individuals' past lives, revealing how previous incarnations impacted present circumstances. These insights enabled people to better understand their fears, talents, and relationships, offering practical guidance for overcoming difficulties and embracing personal strengths.

Cayce believed that recalling past lives could help address unresolved issues, release emotional blockages, and provide clarity about one's destiny. However, he cautioned against using this information for ego gratification, urging seekers to focus on spiritual development and service to others.

Benefits of Exploring Past Lives

Exploring past lives, as advocated by Cayce, can be a transformative experience. Many individuals report profound healing, insight, and a sense of purpose when understanding their soul's journey.

- Greater self-awareness and acceptance
- Healing of deep-seated fears and phobias

- Resolution of recurring relationship patterns
- Enhanced spiritual connection and meaning
- Empowerment to make positive life changes

Scientific and Philosophical Perspectives

While Edgar Cayce's reincarnation teachings are primarily spiritual, there is growing interest among scientists and philosophers in the concept of past lives. Although mainstream science remains skeptical, various studies in fields such as parapsychology and consciousness research have investigated claims of reincarnation and past-life memories.

Philosophically, reincarnation raises questions about identity, morality, and the nature of the soul. Cayce's views align with ancient traditions found in Hinduism, Buddhism, and certain mystical branches of Christianity, offering a holistic approach that combines faith and reason.

Research and Debate on Reincarnation

Notable researchers have documented cases suggestive of reincarnation, often involving children with accurate memories of previous lives. While evidence is not universally accepted, these studies contribute to ongoing debate and interest in the topic.

- Parapsychology investigates past-life recall
- Medical studies explore therapeutic benefits
- Philosophers ponder the nature of consciousness
- Cultural perspectives shape beliefs about reincarnation

Practical Approaches to Exploring Past Lives

Inspired by Cayce's teachings, many individuals seek practical methods to explore their past lives. Techniques such as guided meditation, hypnosis, and dream analysis are commonly used to access subconscious memories and gain insight into the soul's journey.

Cayce encouraged seekers to approach past-life exploration with humility, focusing on healing and spiritual growth rather than curiosity alone. Professional guidance can help ensure a safe and meaningful experience.

Methods for Past-Life Exploration

There are several approaches for uncovering past-life memories and understanding their relevance to current life challenges.

- 1. Guided meditation and visualization
- 2. Past-life regression therapy
- 3. Dream interpretation and analysis
- 4. Journaling and reflective practices
- 5. Working with intuitive counselors

Impact and Influence of Cayce's Reincarnation Readings

Edgar Cayce's reincarnation readings have had a lasting impact on spiritual thought, holistic health, and personal development. His work has contributed to the popularization of reincarnation in Western culture and inspired countless individuals to explore the meaning of life beyond physical existence.

Cayce's teachings encourage self-empowerment, compassion, and a deeper understanding of the interconnectedness of all souls. His legacy continues to shape New Age philosophies, alternative healing practices, and contemporary spiritual movements.

- Widespread adoption in holistic and spiritual communities
- Influence on New Age literature and workshops
- Integration with modern therapeutic practices
- Ongoing research and exploration of soul evolution

Q&A: Trending Questions About Edgar Cayce Reincarnation

Q: Who was Edgar Cayce and what did he say about reincarnation?

A: Edgar Cayce was an American psychic known for his trance readings on health, spirituality, and

metaphysics. He taught that reincarnation is a process by which the soul evolves through multiple lifetimes, learning lessons and resolving karma.

Q: How did Edgar Cayce's reincarnation readings help people?

A: Cayce's reincarnation readings provided insights into past lives, revealing patterns and relationships that influenced current issues. Many found healing, clarity, and a deeper sense of purpose through his guidance.

Q: What is the connection between karma and reincarnation in Cayce's teachings?

A: Cayce described karma as the spiritual law of cause and effect, where actions from previous lives shape current experiences. He taught that resolving karma through forgiveness and positive choices advances spiritual growth.

Q: Can anyone access memories of past lives according to Edgar Cayce?

A: According to Cayce, anyone can potentially access past-life memories through meditation, dream analysis, or regression therapy. He recommended approaching these practices with humility and a focus on healing.

Q: Did Cayce's reincarnation beliefs conflict with Christianity?

A: While Cayce was a devout Christian, his beliefs integrated reincarnation with Christian teachings about the soul's journey, emphasizing compassion and personal responsibility. Some traditional Christians disagree with this view.

Q: What are practical ways to explore past lives inspired by Cayce?

A: Practical methods include guided meditation, hypnosis, dream interpretation, and working with intuitive counselors. Cayce advised these be used for personal growth rather than mere curiosity.

Q: How have Cayce's reincarnation teachings influenced modern spirituality?

A: Cayce's work has shaped New Age thought, alternative healing, and holistic practices. His teachings encourage self-awareness, compassion, and a broader understanding of soul evolution.

Q: Are there scientific studies supporting reincarnation?

A: Some researchers have investigated past-life memories, especially in children, and found intriguing cases. However, mainstream science remains skeptical and sees the evidence as inconclusive.

Q: What is the main purpose of reincarnation according to Edgar Cayce?

A: The main purpose is spiritual growth and evolution. Each lifetime offers lessons and opportunities for the soul to develop virtues, resolve karma, and express unconditional love.

Q: How can understanding reincarnation benefit personal development?

A: Understanding reincarnation can provide insight into recurring patterns, relationships, and challenges. It empowers individuals to heal, make positive changes, and live with greater purpose and compassion.

Edgar Cayce Reincarnation

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Edgar Cayce Reincarnation: Exploring the Sleeping Prophet's Views on Past Lives

Have you ever wondered if your life is just one chapter in a much larger story? The intriguing life and work of Edgar Cayce, the famed "Sleeping Prophet," offers a compelling lens through which to explore the concept of reincarnation. This post delves into Cayce's profound beliefs about past lives, their influence on our present, and the methods he used to access this seemingly hidden dimension of human experience. We'll explore his readings, their interpretations, and the lasting impact his perspectives have had on the understanding and acceptance of reincarnation in modern spirituality.

The Enigma of Edgar Cayce: A Life Dedicated to the Unseen

Edgar Cayce (1877-1945) was a remarkable figure, known for his ability to enter a trance-like state and deliver insightful readings on a wide range of subjects, from health and personal issues to historical events and spiritual matters. While his methods remain somewhat mysterious, his readings consistently reflected a strong belief in the cyclical nature of life, emphasizing the concept of reincarnation as a crucial element of human evolution and spiritual growth. His vast collection of readings, numbering in the thousands, provides an unparalleled resource for understanding his perspective on past lives and their profound impact on our present existence.

Cayce's Reincarnation Beliefs: More Than Just Past Lives

Cayce didn't simply believe in reincarnation as a simple cycle of birth, death, and rebirth. His understanding was far more nuanced. He saw reincarnation not as punishment or reward, but as a process of spiritual learning and development. Each lifetime, according to Cayce, provided opportunities for soul growth, allowing individuals to work through karmic lessons, develop spiritual attributes, and ultimately progress towards a higher state of consciousness. He emphasized the interconnectedness of all beings and the importance of understanding our past lives to better understand our present selves and our purpose in this lifetime.

Accessing Past Lives: Cayce's Method and Interpretation

Cayce's readings often revealed details of past lives, sometimes with astonishing accuracy. These weren't just vague recollections, but frequently included specific locations, names, relationships, and even lessons learned from previous incarnations. The information revealed during these trance states helped individuals understand recurring patterns in their lives, unresolved emotional issues, and unexplained talents or inclinations. Interpreting these readings required careful consideration, recognizing that the past lives weren't meant to be a source of self-blame, but rather a tool for self-understanding and personal growth.

The Karmic Connection: Understanding Past Actions and Present Consequences

A central theme in Cayce's understanding of reincarnation is the concept of karma. He believed that our actions in past lives have consequences that ripple through our present lives, creating opportunities for growth and resolution. This doesn't imply a rigid system of punishment and reward, but rather a process of learning and evolving through experiences that help us to understand the consequences of our choices and make better choices in our current lives. This understanding provides a framework for self-reflection and allows for a deeper understanding of the challenges and opportunities we face.

The Role of Akashic Records in Cayce's Readings

Cayce often referred to a universal record of all human experiences, sometimes described as the Akashic Records. He believed that this universal repository contained information about all past lives and could be accessed through intuition and spiritual connection. His ability to tap into this information, according to his followers, explains the remarkable accuracy and depth of his readings concerning past lives. The concept of the Akashic Records resonates with many spiritual traditions and adds another layer of depth to Cayce's perspective on reincarnation.

Modern Applications of Cayce's Reincarnation Insights

Cayce's work continues to inspire individuals interested in exploring their past lives and understanding their spiritual journey. Many therapists and spiritual counselors utilize principles derived from his readings to help clients address present-day issues by uncovering potential roots in past lives. This approach emphasizes personal responsibility and the capacity for self-healing through understanding and addressing unresolved karmic patterns. The enduring relevance of Cayce's teachings highlights the timeless appeal of exploring the cyclical nature of existence and the profound impact of past lives on our present selves.

Conclusion

Edgar Cayce's perspective on reincarnation offers a rich and insightful exploration into the human experience. His work transcends simple belief and delves into the practical applications of understanding past lives for personal growth and spiritual evolution. By examining his readings and their interpretations, we gain a deeper appreciation for the interconnectedness of life and the potential for continuous learning and development across multiple lifetimes. His legacy encourages self-reflection, personal responsibility, and a deeper understanding of our own unique spiritual journey.

FAQs

- 1. Are Cayce's reincarnation readings scientifically proven? No, Cayce's readings lack scientific verification. However, many find his insights spiritually compelling and personally insightful.
- 2. How can I access my past lives according to Cayce's principles? While Cayce used a unique trance method, modern approaches include meditation, regression therapy, and intuitive exploration.
- 3. Is believing in reincarnation essential for spiritual growth? No, spiritual growth can be achieved

through various paths. However, understanding reincarnation can provide a valuable framework for self-reflection and personal development.

- 4. Can past life regression therapy be harmful? While generally safe with a qualified practitioner, potential risks exist, highlighting the importance of choosing a reputable therapist.
- 5. Does Cayce's work contradict religious beliefs? Cayce's views aren't necessarily incompatible with all religious beliefs, though individual interpretations may vary. Many find his perspectives complement or enrich existing spiritual frameworks.

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edgar cayce reincarnation: Edgar Cayce on Reincarnation and Family Karma Kevin J. Todeschi, 2011-01-14 Life is a completely lawful experience because of the universal laws of reincarnation and karma that draw individuals together. Rather than being some type of unavoidable destiny or a fate about which we can do very little, the Edgar Cayce material instead sees karma as essentially an unconscious reservoir of information stored within the soul's memory. Although this memory may draw certain events and individuals to one another, personal free will and the way in which an individual responds to that memory determines her or his actual life experiences. Drawing upon contemporary family relationships, as well as family relationships for individuals who received guidance from Edgar Cayce, this insightful volume examines the activities of reincarnation and karma, especially as they play out in the dynamics of family relationships. All individuals are brought together within their respective families as a means of learning specific lessons and having opportunities for personal soul growth. In addition to examining the universal laws of reincarnation and karma, this book illustrates the lawfulness of life, the exacting nature of individual responsibility, and the ever-present hopefulness of personal free will. In the end, Edgar Cayce on Reincarnation and Family Karma makes an enormous contribution to demonstrating that life is a completely lawful experience, that individuals can overcome whatever karmic lessons they seem to be faced with, that free will is completely free, and that God is truly as fair and as loving as we have always wished for our Creator to be.

edgar cayce reincarnation: Past Lives and Present Karma Ann Jaffin, 2008-03-01 It was 1923 and a man named Arthur Lammers received a psychic reading from Edgar Cayce when, for the first time in the Cayce readings, a past life was mentioned. In fact, Lammers was told that he was in his third life on earth and had once been a monk. From that point on, and for the rest of his life, Edgar Cayce would give life readings (the second largest group of readings in the set of 14,000 given by Cayce) that discussed how one's past lives were affecting them in their current life. Author Ann Jaffin has pulled together invaluable insights on reincarnation and our purpose here on earth from the rich source of these Cayce readings. Topics include: * How we choose our parents before we

are born * Karma as cosmic cause and effect * Knowing our spiritual ideal * Transforming karma into grace * Our free will--God's greatest gift * Planetary sojouurns and the role Arcturus plays Jaffin's book will give you a deeper understand-ing of reincarnation in all its many aspects, while explaining how reincarnation supports us as we strive to fulfill the very purpose of our souls.

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Formerly titled Lives of the Master, this book is a bold look at how the Bible, the Edgar Cayce readings, the ancient Gnostic, and the Eastern and Egyptian tests reveal a consistant and intriguing pattern of reincarnation by the master soul.

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reincarnation, Karma and grace, dreams, meditation, prayer, personal health (including diet and exercises,) holistic healing, sexuality, spirituality, rejuvenation, religion, spiritual psychology, and much more. Cayce offers us the keys to insight, enlightenment, and total fulfillment.

edgar cayce reincarnation: Edgar Cayce and the Unfulfilled Destiny of Thomas Jefferson Reborn Joanne DiMaggio, 2020-12-04 On June 23, 1936, Edgar Cayce, the most renowned psychic of the 20th century and the father of holistic medicine, gave a Life Reading for Thomas Jefferson (T.J.) Davis, the two-day old nephew of his secretary, Gladys Davis. In this Reading, Cayce identified one of the child's past lives as that of Thomas Jefferson, adding this stunning prediction—that he "may become more important in the affairs of the WORLD than this entity in its previous experience has been to America—Thomas Jefferson." This book examines all the reasons why that prediction never happened. It is an endearing look at the relationship between Cayce and young T.J., who was tutored by Cayce for the first nine years of the boy's life in preparation for the great work ahead of him. But it also explores how decisions made by T.J.'s absentee parents put their son's soul on a totally different path. For those who make the assumption that a soul that reaches the greatness of a Thomas Jefferson would continue its upward trajectory, this book clearly illustrates the role that free will plays in the outcome of any life. It is a classic case of karma in action, of synchronistic events that make one cringe to think how close and yet how far T.J. was from being the redemption of the world.

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edgar cayce reincarnation: The Edgar Cayce Collection Hugh Lynn Cayce, Edgar Cayce, 1986 The mystic philosophies of a most intriguing and complex figure. Presents thebest-known works of Edgar Cayce, on a number of topics including ESP, dreams, healing and health.

edgar cayce reincarnation: There Is a River Thomas Sugrue, 2008-11-01 THERE IS A RIVER The Story of Edgar Cayce by THOMAS SUGRUE Revised Edition New York HENRY HOLT AND COMPANY PREFACE HE story of Edgar Cayce properly belongs in the I history of hypnosis, as a chapter in evidence for 1 the theories of Armand Marc Jacques de Chaste net, Marquis de Puysegur. It was de Puysegur, not Mesmer, who in 1784 discovered hypnotism. De Puysegurs famous subject Victor went into a sleep instead of a convulsion while being magnetized, and in that state showed remark able intelligence and apparent powers of clairvoyance. Further experiments brought the same results. Other pa tients, when put to sleep, showed like powers. Walter Brom berg, in The Mind of Man 1 says Dull peasants became mentally alert, and could even foretell events or under stand things ordinarily obscure to them. Somnambulists made medical diagnoses in other patients brought before them, and foretold the future. The magnetizer of the 1820 s merely brought his patient before a competent somnambul ist, and waited for the diagnosis. ... If only modern 1 The Mind of Man, by Walter Bromberg, Harper and Brothers, New York, 1937. vii PREFACE science had such aids The clairvoyance of somnambulists became a fascinating game. But the fascinating game was not encouraged, either by the French Academy or by the medical profession, and it suffered the fate of other fads. A generation later Andrew Jackson Davis, the Poughkeepsie Seer, was practicing medical diagnosis by clairvoyance in America, but he re mained obscure and is not even mentioned in textbooks and histories of hypnotism. Hypnotism, in fact, will have nothing to do with clairvoyance it has renounced its own mother. Edgar Cavce practiced medical diagnosisby clairvoyance for. forty-three years. He left stenographic reports of 30,000 of these diagnoses to the Association for Research and En lightenment, Inc., along with hundreds of complete case reports, containing affidavits by the patients and reports by physicians. There are hundreds of people throughout the United States who will testify, at the drop of a hat, to die accuracy of his diagnoses and the efficacy of his suggestions for treatment. He did not use his ability except to prescribe for the sick and to give spiritual advice and vocational guidance when these were specifically reguested. He never

made any public demonstrations of his powers he was never on the stage he never sought any publicity he did not prophesy he did not seek wealth. Often his economic status was quite pre carious at best it never rose above modest security. During the period of the Cayce Hospital he was paid only seventy five dollars a week for his services. His unquestioned personal integrity, plus the excellent and voluminous records of his work and the long period that they covered, made him an ideal subject for scientific study. But scientists shunned him. He and his friends re gretted this it might have been more evidential if they, not I, had made this report. viii PREFACE I first met Edgar Cayce in 1927. At that time I made most of the preliminary notes and sketches for this book. Since then I have continually added to the material, enjoy ing the complete co-operation of the members of the Cayce family, and being accorded access to the files at all times. From June, 1939, to October, 1941, I was a guest in the house on Arctic Crescent, seeing and interviewing Mr. Cayce every day, and examiningmaterial from the files. I spent many summers at Virginia Beach, particularly those of 1929, 1930, and 1931. In addition to the members of the Cayce family I have had the good fortune to know intimately most of the other characters in the story. One of the first and most important contributors to my dossier was Mr. Cayces father, the late Leslie B. Cayce. Another was Carrie Salter House, who with her husband, the late Dr. House, and her son, Tommy, were invaluable aids and stanch friends through the years. I was not privileged to know Mr...

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mind tuned to the Universal Mind gives us extraordinary insights into the power of our own minds.
In this fascinating book, Cayce illustrates how thoughts are things, that may become crimes or
miracles in our lives. He explains how by changing our thinking patterns, we can change our life for
the better. He also gives a unique view into our mind at sleepdescribing the influences motivating
our dreams and visions, and showing us how to better interpret them. He clarifies why the dreaming
mind is so much more important to us than we realize. He also addresses the need to move away
from a too self-centered consciousness, opening up to a larger consciousness with powerful intuition
and precognition.

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edgar cayce reincarnation: Edgar Cayce Sidney Kirkpatrick, 2000 Chronicles the life of American psychic Edgar Cayce and discusses how his work was used by prominent world leaders, scientists, and Hollywood producers.

edgar cayce reincarnation: Edgar Cayce on Soul Symbolism Kevin J. Todeschi, 2015-02-14 Edgar Cayce, the most documented psychic of all time, recommended exploring three tools for personal symbolism that would assist in personal growth and enlightenment: Creating Life Seals, Creating Aura Charts, and Understanding the Book of Revelation. From Cayce's perspective, a Life Seal is a personal mandala that can be used as a tool for reflection-a reminder of what she or he hopes to accomplish in life. An Aura Chart is a visual depiction of an individual's unique Akashic Record and represents a soul's lessons, attainments, failures and developments over many lifetimes. Cayce's unique approach to the Book of Revelation is that it is a symbolic exploration of archetypal images, patterns, and processes that correspond to the awakening of the Higher Self. It depicts not

an external process related to world events but instead an internal one that portrays the struggles that occur within each individual as spiritual development takes places and the basic lower nature of humankind evolves to its higher spiritual nature. You will discover how these tools of symbolism can be used to cultivate your soul talents, to accomplish your mission in life, to overcome weaknesses, to enhance your soul memory, to remember your past lives and even as a means of personal attunement. Edgar Cayce on Soul Symbolism presents timely information on how symbolism can be used to understand yourself and even your connection to the divine. In addition, the volume contains examples of Life Seals and Aura Charts from the Cayce files, as well as two dictionaries of symbols for your easy reference.

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edgar cayce reincarnation: Reincarnation Lynn E. Sparrow, 1988 American visionary leader and psychic Edgar Cayce opened the eyes of millions of Americans to reincarnation. Now, some of his most astute observations on this fascinating subject are interpreted by Lynn Elwell Sparrow, including: *The purpose of each lifetime *How past lives influence your current choices *Using your past life experiences to meet this life's difficulties constructively *Past relationships-- soul mates, twin souls and intertwined past lives *How karma and grace can heal painful memories *Awakening artistic tendencies from past lives *How dreams, speech patterns and reactions to fragrances or sounds can all be clues to your past lives With this book as your guide, you can discover your past lives and develop your ability to make positive choices for life, love and happiness.

edgar cayce reincarnation: The Edgar Cayce Primer Herbert Puryear, 2009-10-21 The Edgar Cayce story is one of the most compelling in inspirational literature. Over the course of forty years the Sleeping Prophet time and again closed his eyes, entered an altered state of consciousness, and spoke to the very heat and spirit of mankind on subjects such as health, healing, dreams, meditation, sexuality, and reincarnation. His more than 14,000 readings are preserved at the Association for Research and Enlightenment. And now, with the guidance of Edgar Cayce, we can learn how to mine our psychic strengths for happier and healthier lives. Here are the readings of The Sleeping Prophet, condensed and simplified--the wisdom to help us make the right decisions affecting all facets of our lives. Cayce speaks out on: The sources of psychic development, reincarnation, Karma and grace, dreams, meditation, prayer, personal health (including diet and exercises,) holistic healing, sexuality, spirituality, rejuvenation, religion, spiritual psychology, and much more. Cayce offers us the keys to insight, enlightenment, and total fulfillment.

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