

EDGAR CAYCE

EDGAR CAYCE IS ONE OF THE MOST INTRIGUING FIGURES IN AMERICAN MYSTICISM AND HOLISTIC HEALTH, KNOWN WIDELY AS THE "SLEEPING PROPHET." HIS LEGACY BLENDS PSYCHIC PHENOMENA, SPIRITUAL ADVICE, AND ALTERNATIVE MEDICINE, MAKING HIM A SUBJECT OF ENDURING FASCINATION. THIS ARTICLE EXPLORES THE LIFE OF EDGAR CAYCE, DELVES INTO HIS PSYCHIC READINGS, EXAMINES THE PHILOSOPHIES HE ESPOUSED, AND HIGHLIGHTS HIS IMPACT ON HEALTH AND WELLNESS. READERS WILL ALSO DISCOVER THE MAJOR THEMES AND CONTROVERSIES SURROUNDING CAYCE, INCLUDING HIS INFLUENCE ON MODERN SPIRITUAL MOVEMENTS AND HOLISTIC HEALING. WHETHER YOU ARE NEW TO THE STUDY OF EDGAR CAYCE OR SEEKING DEEPER INSIGHTS INTO HIS WORK, THIS COMPREHENSIVE OVERVIEW PROVIDES ESSENTIAL FACTS, CONTEXT, AND ANALYSIS IN A READER-FRIENDLY AND SEO-OPTIMIZED FORMAT. CONTINUE READING TO UNCOVER WHO EDGAR CAYCE WAS, WHAT MADE HIS PSYCHIC ABILITIES UNIQUE, AND WHY HIS TEACHINGS CONTINUE TO INSPIRE CURIOSITY AND DEBATE TODAY.

- THE LIFE AND BACKGROUND OF EDGAR CAYCE
- UNDERSTANDING EDGAR CAYCE'S PSYCHIC READINGS
- KEY THEMES AND PHILOSOPHIES IN CAYCE'S WORK
- EDGAR CAYCE AND HOLISTIC HEALTH
- MAJOR PREDICTIONS AND PROPHECIES
- INFLUENCE ON MODERN SPIRITUALITY
- CONTROVERSIES AND CRITICISMS
- LEGACY OF EDGAR CAYCE

THE LIFE AND BACKGROUND OF EDGAR CAYCE

EDGAR CAYCE WAS BORN IN 1877 IN RURAL KENTUCKY AND GREW UP IN A DEEPLY RELIGIOUS FAMILY. FROM AN EARLY AGE, HE EXHIBITED UNUSUAL PSYCHIC ABILITIES, INCLUDING VISIONS AND INTUITIVE INSIGHTS. DESPITE LIMITED FORMAL EDUCATION, CAYCE DEVELOPED A REPUTATION FOR HIS CLAIRVOYANT TALENTS. HIS EARLY LIFE WAS MARKED BY CHALLENGES SUCH AS HEALTH ISSUES AND FINANCIAL STRUGGLES, WHICH MAY HAVE INFLUENCED HIS COMPASSIONATE APPROACH TO HELPING OTHERS LATER IN LIFE. AS AN ADULT, CAYCE BEGAN PROVIDING PSYCHIC READINGS WHILE IN A SELF-INDUCED TRANCE STATE, GAINING NATIONAL ATTENTION FOR HIS ABILITIES. HE WAS KNOWN FOR HIS HUMILITY AND DEDICATION TO SERVICE, OFTEN REFUSING PAYMENT FOR HIS WORK.

CAYCE'S JOURNEY FROM A MODEST UPBRINGING TO BECOMING A RENOWNED PSYCHIC AND HOLISTIC HEALER SET THE FOUNDATION FOR HIS LASTING IMPACT. HIS STORY IS OFTEN CITED AS EVIDENCE OF THE POTENTIAL FOR EXTRAORDINARY ABILITIES IN ORDINARY INDIVIDUALS, AND IT CONTINUES TO INSPIRE RESEARCHERS AND SPIRITUAL SEEKERS ALIKE.

UNDERSTANDING EDGAR CAYCE'S PSYCHIC READINGS

EDGAR CAYCE IS MOST FAMOUS FOR HIS PSYCHIC READINGS, WHICH HE PERFORMED WHILE IN A DEEP TRANCE. THESE SESSIONS, OFTEN REFERRED TO AS "READINGS," COVERED A WIDE RANGE OF TOPICS INCLUDING HEALTH, PAST LIVES, SPIRITUAL GROWTH, AND WORLD EVENTS. CAYCE CLAIMED THAT WHILE IN THIS ALTERED STATE, HE COULD ACCESS INFORMATION BEYOND NORMAL PERCEPTION, TAPPING INTO WHAT HE DESCRIBED AS THE "AKASHIC RECORDS"—A UNIVERSAL STOREHOUSE OF ALL HUMAN KNOWLEDGE AND EXPERIENCE.

OVER HIS LIFETIME, CAYCE CONDUCTED MORE THAN 14,000 DOCUMENTED READINGS, MANY OF WHICH WERE CAREFULLY RECORDED AND PRESERVED. HIS READINGS WERE SOUGHT BY PEOPLE FROM ALL WALKS OF LIFE, INCLUDING DOCTORS, SCIENTISTS, BUSINESS LEADERS, AND ORDINARY INDIVIDUALS SEEKING ANSWERS TO PERSONAL CHALLENGES. CAYCE'S PSYCHIC ABILITIES AND THE CONTENT OF HIS READINGS REMAIN A SUBJECT OF STUDY AND DEBATE, ATTRACTING BOTH BELIEVERS AND SKEPTICS.

TYPES OF READINGS PERFORMED

- HEALTH AND MEDICAL READINGS: ADDRESSING PHYSICAL AILMENTS AND SUGGESTING NATURAL REMEDIES.
- LIFE READINGS: EXPLORING PAST LIVES, SOUL PURPOSE, AND KARMIC INFLUENCES.
- SPIRITUAL GUIDANCE: OFFERING INSIGHTS INTO SPIRITUAL DEVELOPMENT AND PERSONAL GROWTH.
- PROPHETIC READINGS: MAKING PREDICTIONS ABOUT FUTURE EVENTS, BOTH PERSONAL AND GLOBAL.

KEY THEMES AND PHILOSOPHIES IN CAYCE'S WORK

EDGAR CAYCE'S TEACHINGS ENCOMPASS A BROAD RANGE OF SPIRITUAL AND PHILOSOPHICAL CONCEPTS. CENTRAL TO HIS WORK IS THE BELIEF IN THE INTERCONNECTEDNESS OF BODY, MIND, AND SPIRIT. CAYCE EMPHASIZED THE IMPORTANCE OF LIVING IN HARMONY WITH UNIVERSAL LAWS AND ADVOCATED FOR PERSONAL RESPONSIBILITY IN HEALTH, RELATIONSHIPS, AND SPIRITUAL DEVELOPMENT.

THE LAW OF KARMA AND REINCARNATION

ONE OF THE RECURRING THEMES IN CAYCE'S READINGS IS THE CONCEPT OF KARMA AND REINCARNATION. HE TAUGHT THAT SOULS UNDERGO MULTIPLE LIFETIMES TO LEARN LESSONS AND RESOLVE PAST ACTIONS. THIS PHILOSOPHY ENCOURAGES SELF-EXAMINATION AND GROWTH, OFFERING A FRAMEWORK FOR UNDERSTANDING LIFE'S CHALLENGES AS OPPORTUNITIES FOR SPIRITUAL EVOLUTION.

HOLISTIC HEALING AND NATURAL REMEDIES

CAYCE PROMOTED THE IDEA THAT PHYSICAL HEALTH IS CLOSELY LINKED TO SPIRITUAL AND EMOTIONAL WELL-BEING. HE RECOMMENDED NATURAL TREATMENTS, DIET MODIFICATIONS, HYDROTHERAPY, AND ENERGY BALANCING AS METHODS FOR ACHIEVING OPTIMAL HEALTH. MANY OF HIS HEALTH READINGS FOCUSED ON PREVENTIVE CARE AND LIFESTYLE CHANGES, EMPHASIZING THE BODY'S INNATE ABILITY TO HEAL ITSELF.

PERSONAL TRANSFORMATION AND SPIRITUAL GROWTH

THE PURSUIT OF SPIRITUAL GROWTH AND SELF-IMPROVEMENT IS ANOTHER CORNERSTONE OF CAYCE'S TEACHINGS. HE ENCOURAGED INDIVIDUALS TO MEDITATE, PRAY, AND ENGAGE IN SERVICE TO OTHERS. ACCORDING TO CAYCE, ALIGNING WITH ONE'S HIGHER PURPOSE AND PRACTICING VIRTUES SUCH AS PATIENCE, LOVE, AND FORGIVENESS ARE ESSENTIAL FOR PERSONAL TRANSFORMATION.

EDGAR CAYCE AND HOLISTIC HEALTH

EDGAR CAYCE IS OFTEN CREDITED AS A PIONEER OF HOLISTIC HEALTH IN AMERICA. LONG BEFORE HOLISTIC WELLNESS BECAME MAINSTREAM, CAYCE ADVOCATED FOR TREATING THE WHOLE PERSON—BODY, MIND, AND SPIRIT. HIS HEALTH READINGS OFTEN INCLUDED DETAILED INSTRUCTIONS FOR DIET, EXERCISE, AND NATURAL TREATMENTS TAILORED TO INDIVIDUAL NEEDS.

SOME OF THE REMEDIES RECOMMENDED BY CAYCE HAVE GAINED POPULARITY IN ALTERNATIVE MEDICINE CIRCLES. THESE INCLUDE CASTOR OIL PACKS, SPINAL ADJUSTMENTS, AND THE USE OF CERTAIN HERBS AND FOODS TO PROMOTE HEALING. WHILE SOME OF CAYCE'S HEALTH ADVICE ALIGNS WITH MODERN HOLISTIC PRACTICES, OTHER RECOMMENDATIONS REMAIN CONTROVERSIAL OR UNPROVEN BY SCIENTIFIC STANDARDS.

COMMON REMEDIES SUGGESTED BY CAYCE

- CASTOR OIL PACKS: USED EXTERNALLY TO SUPPORT DETOXIFICATION AND REDUCE INFLAMMATION.
- DIETARY CHANGES: EMPHASIS ON WHOLE FOODS, FRESH VEGETABLES, AND AVOIDING PROCESSED FOODS.
- HYDROTHERAPY: WATER TREATMENTS FOR RELAXATION AND HEALING.
- MASSAGE AND SPINAL ADJUSTMENTS: PROMOTING CIRCULATION AND NERVOUS SYSTEM HEALTH.

MAJOR PREDICTIONS AND PROPHECIES

A SIGNIFICANT ASPECT OF EDGAR CAYCE'S LEGACY IS HIS PROPHETIC READINGS. THESE INCLUDED PREDICTIONS ABOUT NATURAL DISASTERS, POLITICAL CHANGES, TECHNOLOGICAL ADVANCEMENTS, AND SHIFTS IN WORLD CONSCIOUSNESS. SOME FOLLOWERS BELIEVE CAYCE ACCURATELY FORESAW EVENTS SUCH AS THE STOCK MARKET CRASH OF 1929 AND THE RISE AND FALL OF NATIONS.

CAYCE ALSO MADE PREDICTIONS ABOUT FUTURE CHANGES IN THE EARTH'S GEOGRAPHY, DESCRIBING DRAMATIC SHIFTS IN COASTLINES DUE TO NATURAL CATASTROPHES. WHILE SOME PROPHECIES ARE SAID TO HAVE COME TRUE, OTHERS REMAIN UNFULFILLED OR OPEN TO INTERPRETATION. SCHOLARS AND ENTHUSIASTS CONTINUE TO ANALYZE CAYCE'S PROPHETIC MATERIAL, DEBATING ITS ACCURACY AND MEANING.

INFLUENCE ON MODERN SPIRITUALITY

EDGAR CAYCE'S INFLUENCE EXTENDS FAR BEYOND HIS LIFETIME, SHAPING THE DEVELOPMENT OF THE NEW AGE MOVEMENT AND ALTERNATIVE HEALTH PRACTICES. HIS EMPHASIS ON REINCARNATION, HOLISTIC HEALING, AND PERSONAL TRANSFORMATION RESONATES WITH CONTEMPORARY SPIRITUAL SEEKERS. MANY HOLISTIC PRACTITIONERS AND SPIRITUAL TEACHERS CITE CAYCE AS AN INSPIRATION FOR THEIR WORK.

ORGANIZATIONS SUCH AS THE ASSOCIATION FOR RESEARCH AND ENLIGHTENMENT (A.R.E.) CONTINUE TO PROMOTE CAYCE'S TEACHINGS, OFFERING RESOURCES, CONFERENCES, AND STUDY GROUPS WORLDWIDE. HIS READINGS REMAIN A SOURCE OF GUIDANCE FOR THOSE INTERESTED IN SPIRITUAL GROWTH AND ALTERNATIVE APPROACHES TO WELLNESS.

CONTROVERSIES AND CRITICISMS

DESPITE WIDESPREAD ADMIRATION, EDGAR CAYCE'S WORK HAS FACED SIGNIFICANT CRITICISM. SKEPTICS QUESTION THE VALIDITY OF HIS PSYCHIC ABILITIES AND ARGUE THAT MANY OF HIS PREDICTIONS WERE VAGUE OR FAILED TO MATERIALIZE. SCIENTIFIC STUDIES HAVE NOT CONFIRMED THE EFFECTIVENESS OF SOME REMEDIES HE RECOMMENDED.

ANOTHER POINT OF CONTENTION IS THE RELIGIOUS AND METAPHYSICAL CONTENT OF CAYCE'S READINGS, WHICH SOMETIMES CONFLICT WITH ORTHODOX BELIEFS. CRITICS ALSO HIGHLIGHT THE LACK OF OBJECTIVE EVIDENCE TO SUPPORT CLAIMS OF REINCARNATION AND PSYCHIC PHENOMENA. NONETHELESS, CAYCE'S LEGACY ENDURES, AND HIS WORK CONTINUES TO ATTRACT BOTH ADHERENTS AND DETRACTORS.

LEGACY OF EDGAR CAYCE

EDGAR CAYCE'S LEGACY IS MULTIFACETED, SPANNING SPIRITUAL PHILOSOPHY, PSYCHIC PHENOMENA, AND HOLISTIC HEALTH. HIS READINGS HAVE INSPIRED COUNTLESS INDIVIDUALS TO EXPLORE ALTERNATIVE HEALING AND PERSONAL TRANSFORMATION. THE ONGOING WORK OF ORGANIZATIONS DEDICATED TO HIS TEACHINGS ENSURES THAT CAYCE'S INFLUENCE REMAINS STRONG IN THE 21ST CENTURY.

TODAY, EDGAR CAYCE IS REMEMBERED AS A PIONEER WHO BRIDGED THE GAP BETWEEN SPIRITUALITY AND WELLNESS. HIS IDEAS CONTINUE TO SPARK INTEREST, DEBATE, AND NEW RESEARCH, MAKING HIM A LASTING FIGURE IN THE FIELDS OF METAPHYSICS AND ALTERNATIVE MEDICINE.

Q: WHAT IS EDGAR CAYCE BEST KNOWN FOR?

A: EDGAR CAYCE IS BEST KNOWN FOR HIS PSYCHIC READINGS, WHICH COVERED TOPICS SUCH AS HEALTH, PAST LIVES, SPIRITUAL GROWTH, AND PROPHECY. HE IS OFTEN REFERRED TO AS THE "SLEEPING PROPHET" DUE TO HIS PRACTICE OF ENTERING A TRANCE STATE TO CONDUCT THESE READINGS.

Q: WHAT ARE SOME COMMON REMEDIES SUGGESTED BY EDGAR CAYCE?

A: SOME OF THE REMEDIES FREQUENTLY SUGGESTED BY EDGAR CAYCE INCLUDE CASTOR OIL PACKS, DIETARY CHANGES EMPHASIZING WHOLE FOODS, HYDROTHERAPY, AND SPINAL ADJUSTMENTS. HE BELIEVED IN HOLISTIC APPROACHES THAT ADDRESSED THE BODY, MIND, AND SPIRIT.

Q: DID EDGAR CAYCE PREDICT ANY MAJOR WORLD EVENTS?

A: EDGAR CAYCE MADE SEVERAL PREDICTIONS ABOUT WORLD EVENTS, INCLUDING ECONOMIC DOWNTURNS, CHANGES IN GLOBAL POLITICS, AND NATURAL DISASTERS. SOME FOLLOWERS BELIEVE HE FORESAW EVENTS LIKE THE STOCK MARKET CRASH OF 1929, THOUGH THE ACCURACY OF HIS PREDICTIONS REMAINS DEBATED.

Q: HOW DID EDGAR CAYCE PERFORM HIS PSYCHIC READINGS?

A: CAYCE WOULD ENTER A SELF-INDUCED TRANCE STATE, DURING WHICH HE CLAIMED TO ACCESS HIGHER KNOWLEDGE OR THE "AKASHIC RECORDS." WHILE IN THIS STATE, HE ANSWERED QUESTIONS AND PROVIDED ADVICE ON HEALTH, SPIRITUAL MATTERS, AND FUTURE EVENTS.

Q: WHAT IS THE ASSOCIATION FOR RESEARCH AND ENLIGHTENMENT (A.R.E.)?

A: THE ASSOCIATION FOR RESEARCH AND ENLIGHTENMENT (A.R.E.) IS AN ORGANIZATION FOUNDED TO PRESERVE AND PROMOTE

EDGAR CAYCE'S WORK. IT OFFERS RESOURCES, STUDY GROUPS, AND CONFERENCES DEDICATED TO HIS TEACHINGS.

Q: WHAT ROLE DOES REINCARNATION PLAY IN CAYCE'S PHILOSOPHY?

A: REINCARNATION IS A CENTRAL THEME IN CAYCE'S READINGS. HE TAUGHT THAT SOULS EXPERIENCE MULTIPLE LIFETIMES TO LEARN AND RESOLVE KARMA, WHICH INFLUENCES PERSONAL DEVELOPMENT AND LIFE CHALLENGES.

Q: ARE EDGAR CAYCE'S REMEDIES SCIENTIFICALLY SUPPORTED?

A: WHILE SOME OF CAYCE'S HOLISTIC REMEDIES ALIGN WITH MODERN WELLNESS PRACTICES, MANY HAVE NOT BEEN SCIENTIFICALLY VALIDATED. HIS HEALTH RECOMMENDATIONS ARE CONSIDERED ALTERNATIVE AND SHOULD BE APPROACHED WITH CAUTION.

Q: WHY IS EDGAR CAYCE CALLED THE "SLEEPING PROPHET"?

A: HE EARNED THIS NICKNAME BECAUSE HE CONDUCTED HIS PSYCHIC READINGS WHILE IN A SLEEP-LIKE TRANCE STATE, DURING WHICH HE APPEARED TO BE ASLEEP BUT COULD ANSWER COMPLEX QUESTIONS.

Q: WHAT IS THE SIGNIFICANCE OF THE "AKASHIC RECORDS" IN CAYCE'S WORK?

A: THE "AKASHIC RECORDS" ARE DESCRIBED BY CAYCE AS A UNIVERSAL DATABASE OF ALL HUMAN THOUGHTS, ACTIONS, AND EXPERIENCES. HE CLAIMED TO ACCESS THIS SOURCE DURING HIS TRANCE READINGS TO PROVIDE INFORMATION BEYOND ORDINARY PERCEPTION.

Q: HOW HAS EDGAR CAYCE INFLUENCED MODERN SPIRITUALITY?

A: EDGAR CAYCE'S TEACHINGS HAVE HAD A PROFOUND IMPACT ON THE NEW AGE MOVEMENT, HOLISTIC HEALTH, AND PERSONAL GROWTH PHILOSOPHIES. HIS WORK CONTINUES TO INSPIRE SPIRITUAL SEEKERS AND WELLNESS PRACTITIONERS WORLDWIDE.

Edgar Cayce

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Edgar Cayce: Unveiling the Mysteries of the Sleeping Prophet

Are you intrigued by the enigmatic world of psychic readings, ancient mysteries, and prophecies? Have you heard whispers of a man who, while asleep, offered profound insights into health, history, and the future? Then you've likely encountered the name Edgar Cayce. This blog post delves deep

into the life and legacy of Edgar Cayce, exploring his fascinating readings, the controversies surrounding him, and his enduring impact on the world today. We'll unpack his key beliefs, his predictions, and the organizations that continue to carry the torch of his work. Get ready to unravel the enigma that is Edgar Cayce.

The Life and Times of Edgar Cayce: From Rural Kentucky to Global Phenomenon

Born in 1877 in rural Kentucky, Edgar Cayce's life was far from ordinary. While seemingly unremarkable in his early years, he possessed a unique gift: the ability to enter a trance-like state, during which he could provide detailed and surprisingly accurate readings on a wide range of subjects. These readings, often referred to as "readings," covered everything from diagnosing and treating illnesses to providing historical insights and even offering spiritual guidance.

The Dawn of the Readings: A Unique Healing Ability

Cayce's abilities first manifested in his youth, initially focusing on self-diagnosis and healing. However, his skills quickly broadened, as he began to provide readings for others, offering diagnoses and suggesting unconventional yet often effective treatments. These readings were meticulously documented, forming a vast archive that continues to be studied and analyzed today. The accuracy of his diagnoses, particularly in a time before advanced medical technology, contributed significantly to his growing fame.

Beyond Healing: Exploring the Realms of History and Prophecy

Cayce's readings weren't limited to medical diagnoses. He offered insightful perspectives on ancient civilizations, lost continents like Atlantis, and even made predictions about future events. Many interpret his readings as prophecies, fueling ongoing speculation and discussion. His work touches on various spiritual and philosophical beliefs, often incorporating elements from various religious and mystical traditions. These broader readings contributed to his reputation as a "sleeping prophet," a moniker that both captured his methodology and amplified the mystique surrounding his work.

The Controversies and Critiques Surrounding Edgar

Cayce

Despite his significant influence, Cayce's work is not without its critics. Skeptics question the accuracy and validity of his readings, highlighting the lack of rigorous scientific evidence. Some argue that many of his predictions were vague and open to interpretation, allowing for confirmation bias. The seemingly contradictory nature of some of his readings further fuels the debate. However, proponents argue that the sheer volume of accurate diagnoses and insightful historical perspectives provided by Cayce outweigh the criticisms. The enduring popularity and continued exploration of his work speak to the power of his influence.

Examining the Evidence: A Balanced Perspective

It's crucial to approach the study of Edgar Cayce with a critical and balanced perspective. While some of his claims remain unsubstantiated, others have found support through subsequent archaeological discoveries or historical research. Dismissing his entire body of work outright ignores the considerable impact he had on numerous individuals and the ongoing exploration of his legacy. A nuanced understanding requires a careful consideration of both the evidence supporting his claims and the critiques challenging them.

The Enduring Legacy of Edgar Cayce: A Continuing Influence

The impact of Edgar Cayce's work continues to resonate today. The Association for Research and Enlightenment (ARE), founded to preserve and disseminate his readings, remains a significant organization dedicated to exploring his insights and promoting holistic well-being. His influence can be seen in various fields, including alternative medicine, parapsychology, and spiritual studies. The enduring interest in his prophecies and historical insights sustains a vibrant community of researchers and enthusiasts worldwide.

The ARE and the Modern Interpretation of Cayce's Work

The ARE actively promotes research and understanding of Cayce's readings, offering courses, workshops, and resources to those interested in exploring his philosophy and teachings. The organization acts as a custodian of his vast archive, ensuring accessibility to scholars and the public alike. The modern interpretations of Cayce's work often focus on his emphasis on holistic well-being, incorporating spiritual, mental, and physical health.

Conclusion

Edgar Cayce's life and work remain a captivating enigma. Whether you view him as a genuine psychic, a skilled hypnotist, or a remarkably intuitive individual, his impact on the world is undeniable. His readings offer a unique blend of medical insights, historical perspectives, and prophecies that continue to fascinate and inspire debate. The legacy of Edgar Cayce continues to challenge us to explore the unexplored, question the unquestioned, and seek a deeper understanding of ourselves and the world around us.

FAQs

1. Were Edgar Cayce's medical diagnoses accurate? While some of his diagnoses proved remarkably accurate, others were less so. The accuracy varied significantly and is a subject of ongoing debate among researchers.
2. What is the Association for Research and Enlightenment (ARE)? The ARE is a non-profit organization dedicated to preserving and disseminating the work of Edgar Cayce. It provides educational resources and promotes research on Cayce's readings.
3. Did Edgar Cayce predict any major world events? While Cayce made several predictions, the interpretations and accuracy of these predictions are highly debated. Some align with historical events, while others remain ambiguous.
4. What is the significance of Atlantis in Edgar Cayce's readings? Atlantis features prominently in Cayce's readings, portrayed as a technologically advanced civilization that met a catastrophic end. This has fueled much speculation and interest in the legendary lost continent.
5. How can I access Edgar Cayce's readings? The ARE provides access to a significant portion of Cayce's readings through their website and archives. Many public libraries also possess copies of his work.

edgar cayce: *Edgar Cayce on Healing Foods* William A. McGarey, Edgar Cayce, 2002 Edgar Cayce left behind a legacy of psychic readings, two-thirds of which dealt with physical illnesses and what might be done to restore the body to health. Throughout his suggestions on ways to correct these conditions, Cayce spoke volumes about diet. He saw certain food combinations as helpful, some as harmful. His theme throughout the readings was to keep the body and its functions balanced-often by using nutrition. This book provides readers with specific diets for arthritis, cancer, epilepsy, hypoglycemia, colitis, diabetes, and more. Plus, you'll learn that the diet you need for full health is as unique as you are. This book will show you the diet that will suit you best.

edgar cayce: Edgar Cayce's Story of the Soul W.H. Church, 1991 Lost Continents, Soul -- History, New age movement.

edgar cayce: **Edgar Cayce's Predictions for the 21st Century** Mark A. Thurston, 2004 Edgar Cayce is America's most famous and well-respected prophet and mystic. Dr. Mark Thurston takes an in-depth look at the Cayce predictions for earth changes, political upheaval, and the blossoming of a

renewed humanity for the 21st century and beyond. (Supported by Nostradamus, The Hopi Indians and Irene Hughes.)

edgar cayce: Edgar Cayce Guide to Gemstones, Minerals, Metals, and More Shelley Kaehr, 2005-10 The psychic readings of Edgar Cayce contained insightful information about the properties and value of a variety of gems, stones, minerals, and other elements. Author Shelley Kaehr, Ph.D., whose own background included the study of gemstones, examines this material by delving into the history and makeup of these magical substances so often mentioned by Cayce. In her book, Kaehr shares with us the wonders of the mineral kingdom, and how and why each stone or mineral is different and reacts differently to various people. Includes an intuitive self-discovery process to finding out which of these powerful minerals works best for you.

edgar cayce: The Complete Edgar Cayce Readings Edgar Cayce, 1994 While in a dreamlike trance state, psychic Edgar Cayce answered thousands of questions on subjects as diverse as health, business, and relationships. The CD-ROM contains the complete transcripts of these trance sessions, with a search engine.

edgar cayce: The Edgar Cayce Primer Herbert Puryear, 2009-10-21 The Edgar Cayce story is one of the most compelling in inspirational literature. Over the course of forty years the Sleeping Prophet time and again closed his eyes, entered an altered state of consciousness, and spoke to the very heart and spirit of mankind on subjects such as health, healing, dreams, meditation, sexuality, and reincarnation. His more than 14,000 readings are preserved at the Association for Research and Enlightenment. And now, with the guidance of Edgar Cayce, we can learn how to mine our psychic strengths for happier and healthier lives. Here are the readings of The Sleeping Prophet, condensed and simplified--the wisdom to help us make the right decisions affecting all facets of our lives. Cayce speaks out on: The sources of psychic development, reincarnation, Karma and grace, dreams, meditation, prayer, personal health (including diet and exercises,) holistic healing, sexuality, spirituality, rejuvenation, religion, spiritual psychology, and much more. Cayce offers us the keys to insight, enlightenment, and total fulfillment.

edgar cayce: Edgar Cayce on the Akashic Records Kevin J. Todeschi, 1998-01-27 The Akashic Records--or Book of Life--is the storehouse of all information for every individual who has ever lived upon the earth, containing every word, deed, feeling, thought, and intent that has ever occurred. This major work is about how each of us is very much in charge of shaping our own destiny. ... [P]rovides examples of how each of us can tap into our own past lives, our present experiences, and our unfolding futures to shape our own destiny.--Publisher's description.

edgar cayce: Edgar Cayce's ESP Kevin J. Todeschi, 2008-08-14 One of the most remarkable stories of the twentieth century about one of the most incredible men who ever lived: Edgar Cayce, a Kentucky farm boy whose psychic powers healed thousands, touched countless lives, and inspired the dawn of the New Age. For more than forty years, Edgar Cayce (1877-1945), the 'sleeping prophet,' regularly exhibited an astonishing psychic ability. From an altered state, he was able to read minds and souls, diagnose thousands of illnesses, successfully prescribe remedies, see into the past and the future, and tap into a source of universal knowledge where such information resides--a source Cayce said is available to us all. For anyone who has heard of Edgar Cayce--and his name is familiar to millions--here is a concise, reliable, immensely readable introduction to his life, work, and message. In *Edgar Cayce's ESP*, his story is told by writer Kevin Todeschi, an authority on Cayce's work and the director of the popular educational organization Cayce founded, the Association for Research and Enlightenment. Drawing upon more than 14,000 case histories and readings, Todeschi presents a wealth of proof of Cayce's psychic abilities and the effects they had on the lives of his contemporaries. Todeschi focuses especially on the character of the modest, generous Cayce himself, a man who started out in life as a sensitive, Bible-reading Kentucky farm boy and who grew up to become an unlikely prophet of the New Age and the most famous psychic in American history.

edgar cayce: The Edgar Cayce Collection Hugh Lynn Cayce, Edgar Cayce, 1986 The mystic philosophies of a most intriguing and complex figure. Presents the best-known works of Edgar Cayce, on a number of topics including ESP, dreams, healing and health.

edgar cayce: The Reincarnation of Edgar Cayce? Wynn Free, David Wilcock, 2010-06-15

Discover the legacy of the most famous psychic of the 20th-century in this stirring exploration of psychic abilities, reincarnation, and other paranormal phenomena. There are remarkable parallels between the work of David Wilcock and Edgar Cayce—the legendary clairvoyant, ‘sleeping prophet’, and ‘father of holistic medicine’. Here, author Wynn Free explores these parallels, building a convincing case that the two men shared the same source of prophetic information—and that Wilcock might indeed be Cayce’s reincarnation. Compiling some of Wilcock’s most inspirational and life-transforming prophetic guidance from his channeled Source, this book conveys profound insights into topics such as earth changes, secret cabals, soul evolution, death and reincarnation, ascension, crop circles, and the theory of evolution. Explaining how energetic increases occurring in the Sun and planets can have scientifically-measurable, far-reaching effects in a number of realms, *The Reincarnation of Edgar Cayce* presents new evidence that this energy can transform DNA, potentially making ESP, telekinesis, levitation, and other paranormal activities as common as breathing and usher in the Golden Age promised by every major spiritual tradition in human history. Readers will come away with a deeper understanding not only of the life and work of both Wilcock and Cayce, but with a broader sense of the many forces—seen and unseen—at work in the universe today.

edgar cayce: *There Is a River* Thomas Sugrue, 2008-11-01 **THERE IS A RIVER** The Story of Edgar Cayce by THOMAS SUGRUE Revised Edition New York HENRY HOLT AND COMPANY
PREFACE HE story of Edgar Cayce properly belongs in the history of hypnosis, as a chapter in evidence for the theories of Armand Marc Jacques de Chastenet, Marquis de Puységur. It was de Puységur, not Mesmer, who in 1784 discovered hypnotism. De Puységur's famous subject Victor went into a sleep instead of a convulsion while being magnetized, and in that state showed remarkable intelligence and apparent powers of clairvoyance. Further experiments brought the same results. Other patients, when put to sleep, showed like powers. Walter Dill Scott, in *The Mind of Man* says Dull peasants became mentally alert, and could even foretell events or understand things ordinarily obscure to them. Somnambulists made medical diagnoses in other patients brought before them, and foretold the future. The magnetizer of the 1820s merely brought his patient before a competent somnambulist, and waited for the diagnosis. ... If only modern *The Mind of Man*, by Walter Dill Scott, Harper and Brothers, New York, 1937. vii
PREFACE science had such aids The clairvoyance of somnambulists became a fascinating game. But the fascinating game was not encouraged, either by the French Academy or by the medical profession, and it suffered the fate of other fads. A generation later Andrew Jackson Davis, the Poughkeepsie Seer, was practicing medical diagnosis by clairvoyance in America, but he remained obscure and is not even mentioned in textbooks and histories of hypnotism. Hypnotism, in fact, will have nothing to do with clairvoyance it has renounced its own mother. Edgar Cayce practiced medical diagnosis by clairvoyance for forty-three years. He left stenographic reports of 30,000 of these diagnoses to the Association for Research and Enlightenment, Inc., along with hundreds of complete case reports, containing affidavits by the patients and reports by physicians. There are hundreds of people throughout the United States who will testify, at the drop of a hat, to the accuracy of his diagnoses and the efficacy of his suggestions for treatment. He did not use his ability except to prescribe for the sick and to give spiritual advice and vocational guidance when these were specifically requested. He never made any public demonstrations of his powers he was never on the stage he never sought any publicity he did not prophesy he did not seek wealth. Often his economic status was quite precarious at best it never rose above modest security. During the period of the Cayce Hospital he was paid only seventy five dollars a week for his services. His unquestioned personal integrity, plus the excellent and voluminous records of his work and the long period that they covered, made him an ideal subject for scientific study. But scientists shunned him. He and his friends regretted this it might have been more evidential if they, not I, had made this report. viii
PREFACE I first met Edgar Cayce in 1927. At that time I made most of the preliminary notes and sketches for this book. Since then I have continually added to the material, enjoying the complete co-operation of the members of

the Cayce family, and being accorded access to the files at all times. From June, 1939, to October, 1941, I was a guest in the house on Arctic Crescent, seeing and interviewing Mr. Cayce every day, and examining material from the files. I spent many summers at Virginia Beach, particularly those of 1929, 1930, and 1931. In addition to the members of the Cayce family I have had the good fortune to know intimately most of the other characters in the story. One of the first and most important contributors to my dossier was Mr. Cayce's father, the late Leslie B. Cayce. Another was Carrie Salter House, who with her husband, the late Dr. House, and her son, Tommy, were invaluable aids and staunch friends through the years. I was not privileged to know Mr...

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as Cayce's longtime associate, Dr. Harmon Bro has written a firsthand account in this full-length biography of the gifted psychic. His intimate prose tells the story of an enigmatic Kentucky farm boy with no formal education who became the soft-spoken seer who inspired so many and left a legacy of more than 14,000 documented readings behind. It is also the story of a man who worked laboriously to help others—even at the cost of his own health and eventually his life.

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the body's five senses operate through the use of vibrations. The Cayce readings suggested that vibrations were also associated with healing, consciousness, and even locations. In fact, the Cayce information presents the premise that all of life in every dimension is actually just different manifestations of the One Force - the Force that moved all of Creation into being. Therefore, all vibration is ultimately that One Force manifesting in the material world in a variety of ways. Todeschi's latest title explores how everything from consciousness to the material is connected to vibration, and how we continue to create and shape our world through the vibrations all around us. Vibrations are essentially spirit in motion and our thoughts and actions affect our life and the way we are living.

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Incredible predictions that established Cayce as the most documented Psychic of all.

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