# up here parents guide

up here parents guide is an essential resource for parents seeking information about the TV series "Up Here" and its suitability for family viewing. This comprehensive guide covers all the critical aspects parents need to consider, including content ratings, language, mature themes, and positive messages. Whether you are concerned about age-appropriate viewing, want to understand the show's plot, or need advice on discussing its themes with your children, this article provides clear, factual insights. We explore the show's genre, major storylines, and the emotional and social topics it addresses, aiming to help parents make informed decisions. With practical tips, analysis of parental controls, and a breakdown of potential concerns, you'll find everything you need to know about "Up Here" right here. The guide is written in a professional and engaging manner, optimized for search engines, and designed to be your go-to reference for parental guidance on the series. Dive into the details below for a thorough understanding of what "Up Here" entails and how to approach it as a family.

- Overview of "Up Here" TV Series
- Age Suitability and Content Ratings
- Language, Violence, and Mature Themes
- Positive Messages and Educational Value
- Parental Controls and Viewing Tips
- Discussion Points and Family Conversations
- Frequently Asked Questions

# Overview of "Up Here" TV Series

"Up Here" is a musical romantic comedy series that blends humor, heartfelt storytelling, and catchy songs. Set in New York City during the late 1990s, the show follows the journey of two characters, Lindsay and Miguel, as they navigate the complexities of love, self-discovery, and personal growth. The series stands out for its imaginative approach, with the main characters' inner thoughts and anxieties depicted through song and dialogue.

Parents should be aware that "Up Here" uses musical elements to explore emotional and psychological themes, making it unique among contemporary TV shows. The show's tone is generally light-hearted, but it also delves into deeper subjects such as relationships, identity, and overcoming fears. This section provides a brief synopsis to help parents understand the context and style of "Up Here," which is vital for assessing its appropriateness for children and teens.

## **Age Suitability and Content Ratings**

#### **Official Content Rating**

"Up Here" carries a TV-14 rating, indicating that it is suitable for viewers aged 14 and older. The rating suggests that some material may be inappropriate for children under 14, and parental guidance is recommended. The show includes mild language, thematic elements related to adult relationships, and occasional references to intimacy. It does not contain graphic violence or explicit content, but the emotional themes may be complex for younger viewers.

### **Recommended Age Groups**

- Children (Under 12): The series may be challenging for children due to its mature themes and nuanced storytelling.
- **Teens (13-17):** "Up Here" is generally suitable for teens who can understand relationship dynamics and emotional growth.
- Adults: The show is fully appropriate for adult viewers and offers engaging content for older audiences.

## Language, Violence, and Mature Themes

#### Language Use in "Up Here"

The language in "Up Here" is mostly mild, with occasional use of words that may be considered inappropriate for younger children. There is no excessive profanity, but parents should be aware of sporadic strong language associated with adult conversations and comedic effect. Reviewing specific episodes or watching with your child is advised if you have concerns about language.

#### **Violence and Safety Concerns**

Violence is minimal in "Up Here." The show focuses on emotional and interpersonal conflicts rather than physical altercations. Any instances of conflict are typically resolved through dialogue and personal growth, making the series relatively safe from a violence perspective.

### **Mature and Sensitive Themes**

"Up Here" explores mature themes, including romantic relationships, self-doubt, and the impact of past experiences on present behavior. There are references to intimacy and discussions about personal insecurities, which may prompt questions from younger viewers. The depiction remains

tasteful and is used to advance character development rather than for shock value.

# **Positive Messages and Educational Value**

#### **Core Values and Takeaways**

The series offers numerous positive messages centered on self-acceptance, communication, empathy, and personal growth. Lindsay and Miguel's journeys highlight the importance of facing fears, being honest with oneself, and seeking healthy relationships. The musical format often reinforces these messages with uplifting songs and encouraging dialogue.

### **Opportunities for Learning**

- Understanding emotional intelligence and managing anxiety
- Recognizing the impact of communication in relationships
- Learning about self-worth and overcoming negative thoughts
- Valuing diversity and different perspectives

Parents can use "Up Here" as a springboard for discussions about mental health, relationships, and personal growth, making it a valuable educational tool beyond entertainment.

## **Parental Controls and Viewing Tips**

#### **Utilizing Streaming Platform Controls**

Most streaming services offer parental controls to restrict access to content based on ratings. Parents are encouraged to set up profiles for children and teens and apply content filters to ensure age-appropriate viewing. These controls can help prevent accidental exposure to mature themes or language in "Up Here."

### **Guidance for Family Viewing**

For families considering watching "Up Here" together, it is helpful to preview episodes, discuss any concerns with children beforehand, and remain available for questions during or after viewing. Watching as a family can lead to meaningful conversations and reinforce the positive messages presented in the series.

## **Discussion Points and Family Conversations**

#### **Key Topics for Conversation**

"Up Here" provides ample material for family discussions. Parents may want to address the following topics with their children or teens:

- The impact of inner thoughts and self-doubt on decision-making
- How past experiences shape personal growth
- Healthy communication in relationships
- The importance of honesty and vulnerability

Discussing these points can help children and teens better understand themselves and others, fostering emotional intelligence and resilience.

## **Frequently Asked Questions**

## Q: What is the main storyline of "Up Here"?

A: "Up Here" follows Lindsay and Miguel as they navigate love, career, and their own inner voices in New York City. The show uses music and comedy to explore the complexities of relationships and personal growth.

### Q: Is "Up Here" suitable for children?

A: "Up Here" is rated TV-14, meaning it may not be suitable for children under 14 due to mature themes and language. Parental guidance is advised for younger viewers.

#### Q: Does "Up Here" contain explicit content or violence?

A: The series does not feature explicit content or graphic violence. It centers on emotional and social themes, with minimal instances of mild language and romantic situations.

#### Q: What are the positive messages in "Up Here"?

A: "Up Here" promotes self-acceptance, empathy, and open communication. It encourages viewers to face fears, value healthy relationships, and pursue personal growth.

### Q: Can "Up Here" be used for family discussions?

A: Yes, the show provides a platform for conversations about emotional intelligence, relationship dynamics, and overcoming personal challenges.

# Q: Are there parental controls for streaming "Up Here"?

A: Most streaming platforms offer parental controls that allow parents to restrict access to TV-14 content and monitor viewing habits.

#### Q: How should parents address mature themes in "Up Here"?

A: Parents are encouraged to preview episodes, discuss sensitive topics with their children, and use the show as an opportunity for open communication.

#### Q: What age group is "Up Here" best suited for?

A: "Up Here" is most appropriate for teens and adults, particularly viewers aged 14 and older who can understand and appreciate its themes.

### Q: Does "Up Here" have educational value?

A: Yes, the show offers lessons in emotional intelligence, self-worth, and effective communication, making it valuable for personal development.

## Q: Is "Up Here" appropriate for family viewing?

A: It can be appropriate for families with older teens, especially when parents are present to guide discussions and address any questions about the show's themes.

## **Up Here Parents Guide**

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# Up Here Parents Guide: A Comprehensive Look at the Musical

Are you considering taking your family to see the musical "Up Here"? This comprehensive parents' guide will equip you with everything you need to know before you go, ensuring a smooth and enjoyable experience for everyone. From understanding the show's themes and content to practical

tips for a family outing, this guide covers it all. We'll explore the age appropriateness, potential triggers, and logistical information, helping you make an informed decision about whether "Up Here" is the right show for your family.

## **Understanding "Up Here": A Synopsis for Parents**

"Up Here" is a new musical exploring the complexities of modern relationships in New York City. It weaves together multiple interwoven stories, focusing on the emotional journeys of young adults navigating love, life, and the challenges of self-discovery in a bustling urban environment. Unlike some musicals with clear-cut narratives, "Up Here" presents a more nuanced and realistic portrayal of relationships, filled with both heartwarming moments and relatable struggles. This approach allows for a deeper exploration of themes that resonate with a mature audience, but certain aspects may not be appropriate for very young children.

### Themes Explored in "Up Here"

The musical tackles several significant themes, including:

Love and Relationships: The show delves into the various facets of love, from the initial excitement and vulnerability to the inevitable complexities and potential heartbreaks. Expect portrayals of different relationship dynamics, some healthy and others challenging.

Self-Discovery and Identity: The characters grapple with their identities, aspirations, and the pressure to conform to societal expectations. This exploration of self-discovery can be both inspiring and thought-provoking for older audiences.

Mental Health: While not explicitly the central theme, the show touches upon aspects of anxiety, self-doubt, and the struggles of navigating life's uncertainties. This realistic portrayal can spark meaningful conversations within families.

Modern Life in the City: The setting of New York City adds another layer to the narrative, depicting the fast-paced lifestyle, diverse communities, and the challenges of finding one's place in a big city.

### Age Appropriateness: Who Should See "Up Here"?

Determining the appropriate age for "Up Here" depends largely on your family's values and comfort levels. While the show doesn't contain explicit content, some scenes and themes might be challenging for younger viewers. We recommend "Up Here" for audiences aged 13 and up. Younger children might find the complex emotional landscapes and interwoven narratives difficult to follow. Parents with older teens might find it a valuable opportunity for open discussion about relationships and life's challenges.

# **Practical Tips for Your Family Outing to "Up Here"**

Planning a successful family trip to the theatre involves more than just buying tickets. Consider these practical tips:

### **Pre-Show Preparation:**

Read reviews and summaries: Familiarize yourselves with the show's general plot and themes beforehand. This can help manage expectations and prepare for potential discussions afterward. Discuss expectations: Have a conversation with your children about what to expect. Set clear expectations for behavior during the performance.

Plan transportation and parking: Allow ample time for travel and parking, especially if attending a popular show.

### **During the Show:**

Engage your children: Encourage them to pay attention to the story and characters. Use the performance as a springboard for conversations about the themes.

Be mindful of others: Remember to respect other audience members. Shushing a child is sometimes necessary to ensure everyone enjoys the show.

Have a plan for disruptions: If your child becomes restless or needs a break, have a plan for exiting the theatre discreetly.

#### **Post-Show Discussion:**

Reflect on the experience: After the show, engage in a family discussion about what you enjoyed, what surprised you, and what you learned.

Connect the themes to real life: Use the show as a springboard for conversations about real-life relationships, challenges, and personal growth.

### Conclusion: Is "Up Here" Right for Your Family?

"Up Here" offers a unique and engaging theatrical experience, exploring complex yet relatable themes. While the show's mature themes suggest it's more suitable for older teens and adults, with careful preparation and post-show discussions, families with mature younger teens might find it a rewarding and thought-provoking experience. Ultimately, the decision rests on your family's

individual values and preferences. Use this guide to inform your decision and make the most of your family's theatrical outing.

### **FAQs**

- Q1: Are there any potentially upsetting scenes in "Up Here"? A1: While the show doesn't contain graphic content, some scenes may depict emotional struggles and relationship difficulties that could be upsetting for sensitive viewers.
- Q2: Is "Up Here" suitable for young children? A2: No, "Up Here" is generally not recommended for young children due to its mature themes and complex narratives. Older teens (13+) might be better suited to appreciate and understand the show's content.
- Q3: How long is the show? A3: The exact runtime may vary, but expect the show to be approximately 2 hours, including an intermission.
- Q4: What is the overall tone of the musical? A4: "Up Here" blends moments of humor, romance, and heartfelt emotion. While dealing with serious themes, the overall tone is hopeful and optimistic.
- Q5: Where can I find tickets? A5: Tickets are typically available through the official theatre's website or through reputable ticket resale platforms. Check the official website for the most accurate and up-to-date information.

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up here parents guide: Red Rising Pierce Brown, 2014-01-28 NEW YORK TIMES BESTSELLER • Pierce Brown's relentlessly entertaining debut channels the excitement of The Hunger Games by Suzanne Collins and Ender's Game by Orson Scott Card. "Red Rising ascends above a crowded dystopian field."—USA Today ONE OF THE BEST BOOKS OF THE YEAR—Entertainment Weekly, BuzzFeed, Shelf Awareness "I live for the dream that my children will be born free," she says. "That they will be what they like. That they will own the land their father gave them." "I live for you," I say sadly. Eo kisses my cheek. "Then you must live for more." Darrow is a Red, a member of the lowest caste in the color-coded society of the future. Like his fellow Reds, he works all day, believing that he and his people are making the surface of Mars livable for future generations. Yet he toils willingly, trusting that his blood and sweat will one day result in a better world for his children. But Darrow and his kind have been betrayed. Soon he discovers that humanity reached the surface generations ago. Vast cities and lush wilds spread across the planet. Darrow—and Reds like him—are nothing more than slaves to a decadent ruling class. Inspired by a

longing for justice, and driven by the memory of lost love, Darrow sacrifices everything to infiltrate the legendary Institute, a proving ground for the dominant Gold caste, where the next generation of humanity's overlords struggle for power. He will be forced to compete for his life and the very future of civilization against the best and most brutal of Society's ruling class. There, he will stop at nothing to bring down his enemies . . . even if it means he has to become one of them to do so. Praise for Red Rising "[A] spectacular adventure . . . one heart-pounding ride . . . Pierce Brown's dizzyingly good debut novel evokes The Hunger Games, Lord of the Flies, and Ender's Game. . . . [Red Rising] has everything it needs to become meteoric."—Entertainment Weekly "Ender, Katniss, and now Darrow."—Scott Sigler "Red Rising is a sophisticated vision. . . . Brown will find a devoted audience."—Richmond Times-Dispatch Don't miss any of Pierce Brown's Red Rising Saga: RED RISING • GOLDEN SON • MORNING STAR • IRON GOLD • DARK AGE • LIGHT BRINGER

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**up here parents guide: The Giver** Lois Lowry, 2014 The Giver, the 1994 Newbery Medal winner, has become one of the most influential novels of our time. The haunting story centers on twelve-year-old Jonas, who lives in a seemingly ideal, if colorless, world of conformity and contentment. Not until he is given his life assignment as the Receiver of Memory does he begin to understand the dark, complex secrets behind his fragile community. This movie tie-in edition features cover art from the movie and exclusive Q&A with members of the cast, including Taylor Swift, Brenton Thwaites and Cameron Monaghan.

up here parents guide: The House on Mango Street Sandra Cisneros, 2013-04-30 NATIONAL BESTSELLER • A coming-of-age classic about a young girl growing up in Chicago • Acclaimed by critics, beloved by readers of all ages, taught in schools and universities alike, and translated around the world—from the winner of the 2019 PEN/Nabokov Award for Achievement in International Literature. "Cisneros draws on her rich [Latino] heritage...and seduces with precise, spare prose, creat[ing] unforgettable characters we want to lift off the page. She is not only a gifted writer, but an absolutely essential one." -The New York Times Book Review The House on Mango Street is one of the most cherished novels of the last fifty years. Readers from all walks of life have fallen for the voice of Esperanza Cordero, growing up in Chicago and inventing for herself who and what she will become. "In English my name means hope," she says. "In Spanish it means too many letters. It means sadness, it means waiting. Told in a series of vignettes—sometimes heartbreaking, sometimes joyous—Cisneros's masterpiece is a classic story of childhood and self-discovery and one of the greatest neighborhood novels of all time. Like Sinclair Lewis's Main Street or Toni Morrison's Sula, it makes a world through people and their voices, and it does so in language that is poetic and direct. This gorgeous coming-of-age novel is a celebration of the power of telling one's story and of being proud of where you're from.

**up here parents guide:** A Parent's Guide to Snapchat Axis, 2018-08-01 Why are teens so obsessed with Snapchat? And what do they even do on it? This guide will help you better understand the app itself, why it's appealing, and how to have conversations about it with your teens. Parent Guides are your one-stop shop for biblical guidance on teen culture, trends, and struggles. In 15 pages or fewer, each guide tackles issues your teens are facing right now—things like doubts, the

latest apps and video games, mental health, technological pitfalls, and more. Using Scripture as their backbone, these Parent Guides offer compassionate insight to teens' world, thoughts, and feelings, as well as discussion questions and practical advice for impactful discipleship.

up here parents guide: The Parent's Guide to Birdnesting Ann Gold Buscho, 2020-09-01 Take coparenting to the next level and provide a stable environment for your children as you and your spouse begin tackling your separation or divorce. For parents who are separating and want to put their children first, birdnesting could be the interim custody solution you've been looking for. Instead of the children splitting their time being shuttled between mom and dad's separate homes, birdnesting allows the children to stay in the "nest" and instead, requires mom and dad to swap, allowing each parent to stay elsewhere when not with the children. Initially popularized by celebrities, this method of coparenting is now becoming more mainstream as a way to help ease children into a new family dynamic. Birdnesting takes work and commitment but with Dr. Ann Gold Buscho's guidance, you'll learn everything you need to know about this revolutionary method. In The Parent's Guide to Birdnesting, you will discover the pros and cons, the financial and interpersonal considerations, and if it's the right decision for you and your family.

up here parents guide: The Catcher in the Rye J. D. Salinger, 2024-06-28 The Catcher in the Rye," written by J.D. Salinger and published in 1951, is a classic American novel that explores the themes of adolescence, alienation, and identity through the eyes of its protagonist, Holden Caulfield. The novel is set in the 1950s and follows Holden, a 16-year-old who has just been expelled from his prep school, Pencey Prep. Disillusioned with the world around him, Holden decides to leave Pencey early and spend a few days alone in New York City before returning home. Over the course of these days, Holden interacts with various people, including old friends, a former teacher, and strangers, all the while grappling with his feelings of loneliness and dissatisfaction. Holden is deeply troubled by the "phoniness" of the adult world and is haunted by the death of his younger brother, Allie, which has left a lasting impact on him. He fantasizes about being "the catcher in the rye," a guardian who saves children from losing their innocence by catching them before they fall off a cliff into adulthooda. The novel ends with Holden in a mental institution, where he is being treated for a nervous breakdown. He expresses some hope for the future, indicating a possible path to recovery..

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changed. Now that you know that they are autistic, you are going to be able to understand them better. That's what this booklet is for. We'll tell you the facts about autism. We'll talk about how to find good services, and about your kid's rights in school. Most importantly, we'll talk about how to support your autistic child as they learn and grow.

up here parents guide: Parent Like a Pediatrician Rebekah Diamond, 2022-09-27 Rebekah Diamond, M.D., the pediatrician, working mom, and parent advocate trusted by Parents magazine and NBC for her adept advice, expertly guides you through the noise to share her fresh, inclusive, sensible, no-nonsense take on making the right choices when it comes the first 12 months of your child's life. Becoming a new parent in the age of online advice can be a minefield of confusion, worries, and fears amplified by myths, misinformation, and too much information. As an experienced pediatrician, Rebekah Diamond is deeply grounded in a fact-based understanding of child healthcare. As a mother, she also understands that the accepted rules aren't always the solution to the challenges of nurturing a healthy new baby. But neither is the overload of relatable but often dangerously misleading information bombarding parents. So how do you trust yourself to make the best decisions for your child? With authoritative up-to-date research and real-world advice on the myriad obstacles facing moms, dads, and caregivers, Dr. Diamond unpacks the whys behind the facts to empower your best parental instincts. From safe-sleep guidelines, breast feeding, and binky addiction to sensory developmental activities, baby products, and the final—and 100% evidence-based—word on the vaccination debate, Dr. Diamond helps parents cultivate the clarity and sound decisions you need to lessen the anxiety (for parent and baby) around what should be the joyful, connecting early months of life. Parenting can be nerve-racking, even for the parents who feel prepared and ready. The truth is, no one is completely ready or knows the answers to every potential problem or situation that arises in a child's life.... Parent Like a Pediatrician has the capability to put a pregnant or new mom at ease. —Portland Book Review

**up here parents guide: Ivy + Bean** Annie Barrows, 2011-08 Originally published: San Francisco, Calif.: Chronicle Books, 2006.

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**up here parents guide:** The Ordinary Parent's Guide to Teaching Reading (The Ordinary Parent's Guide) Jessie Wise, Sara Buffington, 2004-10-17 A plain-English guide to teaching phonics. Every parent can teach reading—no experts need apply! Too many parents watch their children struggle with early reading skills—and don't know how to help. Phonics programs are too often

complicated, overpriced, gimmicky, and filled with obscure educationalese. The Ordinary Parent's Guide to Teaching Reading cuts through the confusion, giving parents a simple, direct, scripted guide to teaching reading—from short vowels through supercalifragilistic expialidocious. This one book supplies parents with all the tools they need. Over the years of her teaching career, Jessie Wise has seen good reading instruction fall prey to trendy philosophies and political infighting. Now she has teamed with dynamic coauthor Sara Buffington to supply parents with a clear, direct phonics program—a program that gives them the know-how and confidence to take matters into their own hands.

up here parents guide: The Parents' Guide to Specific Learning Difficulties Veronica Bidwell, 2016-05-19 Packed full of advice and practical strategies for parents and educators, this book is a one-stop-shop for supporting children with Specific Learning Difficulties (SpLDs). Part one introduces a spectrum of SpLDs, ranging from poor working memory, dyslexia, dyspraxia, dyscalculia, through to ADHD, Autism Spectrum Disorder (ASD), Auditory Processing Disorder (APD), Specific Language Impairment and Visual Processing Difficulty. It explains clearly what each difficulty is, how it can affect a child's learning and how to help a child to succeed despite their difficulties. Part two includes a host of tips, tools and strategies to support your child's efforts in areas such as reading, writing, spelling and handwriting, as well as advice on motivation, confidence and managing life's setbacks. Written by an experienced Educational Psychologist, this is the perfect guide for parents and carers who are looking for ways to support their child's learning, as well as for educators and teachers looking for advice on how to differentiate lessons and motivate pupils with SpLDs.

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up here parents quide: Golden Son Pierce Brown, 2015-01-06 NEW YORK TIMES BESTSELLER • Red Rising hit the ground running and wasted no time becoming a sensation. Golden Son continues the stunning saga of Darrow, a rebel forged by tragedy, battling to lead his oppressed people to freedom. NAMED ONE OF THE BEST BOOKS OF THE YEAR BY NPR, BUZZFEED, AND BOOKLIST • "Gripping . . . On virtually every level, this is a sequel that hates sequels—a perfect fit for a hero who already defies the tropes. [Grade:] A"-Entertainment Weekly As a Red, Darrow grew up working the mines deep beneath the surface of Mars, enduring backbreaking labor while dreaming of the better future he was building for his descendants. But the Society he faithfully served was built on lies. Darrow's kind have been betrayed and denied by their elitist masters, the Golds—and their only path to liberation is revolution. And so Darrow sacrifices himself in the name of the greater good for which Eo, his true love and inspiration, laid down her own life. He becomes a Gold, infiltrating their privileged realm so that he can destroy it from within. A lamb among wolves in a cruel world, Darrow finds friendship, respect, and even love—but also the wrath of powerful rivals. To wage and win the war that will change humankind's destiny, Darrow must confront the treachery arrayed against him, overcome his all-too-human desire for retribution—and strive not for violent revolt but a hopeful rebirth. Though the road ahead is fraught with danger and deceit, Darrow must choose to follow Eo's principles of love and justice to free his people. He must live for more. Praise for Golden Son "Stirring . . . Comparisons to The Hunger Games and Game of Thrones series are inevitable, for this tale has elements of both."—Kirkus Reviews "Brown writes layered, flawed characters . . . but plot is his most breathtaking strength. . . . Every action seems to flow into the next."—NPR Don't miss any of Pierce Brown's Red Rising Saga: RED RISING • GOLDEN SON • MORNING STAR • IRON GOLD • DARK AGE • LIGHT BRINGER

up here parents guide: On the Edge of the Dark Sea of Darkness Andrew Peterson, 2008-08-19 PUBLISHERS WEEKLY AND ECPA BESTSELLER • Once, in a cottage above the cliffs on the Dark Sea of Darkness, there lived three children and their trusty dog, Nugget. NOW AN ANIMATED SERIES • Based on Andrew Peterson's epic fantasy novels—starring Jody Benson, Henry Ian Cusick, and Kevin McNally. Executive Producer J. Chris Wall with Shining Isle Productions, and distributed by Angel Studios. Janner Igiby, his brother, Tink, and their disabled sister, Leeli, are gifted children as all children are, loved well by a noble mother and ex-pirate grandfather. But they will need all their gifts and all that they love to survive the evil pursuit of the venomous Fangs of Dang, who have crossed the dark sea to rule the land with malice. The Igibys hold the secret to the lost legend and jewels of good King Wingfeather of the Shining Isle of Anniera. Full of characters rich in heart, smarts, and courage, On the Edge of the Dark Sea of Darkness is a tale children of all ages will cherish, families can read aloud, and readers' groups are sure to enjoy discussing for its many layers of meaning.

up here parents guide: The Everything Parent's Guide To Children With Juvenile Diabetes Moira McCarthy, Jake Kushner, 2007-04-02 Parents of children who have been diagnosed with diabetes are faced with an overwhelming, and sometimes frightening, amount of information. The Everything Parent's Guide to Children with Juvenile Diabetes helps readers to cope with the challenges of helping their children live happy, healthy lives while controlling the disease. Parents of children who have been diagnosed with diabetes are faced with an overwhelming, and sometimes frightening, amount of information. The Everything Parent's Guide to Children with Juvenile Diabetes helps readers to cope with the challenges of helping their children live happy, healthy lives while controlling the disease. This reassuring, easy-to-use guide features advice on: -Adjusting to life with diabetes -Helping children take control of their health -Monitoring diet and insulin levels -Handling emergencies -Finding support for children and parents

up here parents guide: It Stephen King, 2019-07-30 It: Chapter Two—now a major motion picture! Stephen King's terrifying, classic #1 New York Times bestseller, "a landmark in American literature" (Chicago Sun-Times)—about seven adults who return to their hometown to confront a nightmare they had first stumbled on as teenagers...an evil without a name: It. Welcome to Derry, Maine. It's a small city, a place as hauntingly familiar as your own hometown. Only in Derry the haunting is real. They were seven teenagers when they first stumbled upon the horror. Now they are grown-up men and women who have gone out into the big world to gain success and happiness. But the promise they made twenty-eight years ago calls them reunite in the same place where, as teenagers, they battled an evil creature that preyed on the city's children. Now, children are being murdered again and their repressed memories of that terrifying summer return as they prepare to once again battle the monster lurking in Derry's sewers. Readers of Stephen King know that Derry, Maine, is a place with a deep, dark hold on the author. It reappears in many of his books, including Bag of Bones, Hearts in Atlantis, and 11/22/63. But it all starts with It. "Stephen King's most mature work" (St. Petersburg Times), "It will overwhelm you...to be read in a well-lit room only" (Los Angeles Times).

up here parents guide: The Parents' Guide to Clubfoot Betsy Miller, 2013-03-20 About one in every thousand babies born each year has clubfoot, a disorder that affects foot and calf muscles. Because treatment usually begins soon after birth and continues for several years, parents play a key role in the treatment of clubfoot and need to be able to communicate effectively with their child's doctor. The Parents' Guide to Clubfoot is the only book about clubfoot that is written for parents so they can learn everything they need to know about their child's condition. It is an all-in-one resource with medical information, advice from parents, comments from clubfoot experts, and even an illustrated story for preschoolers that parents can read aloud to their children. Written in everyday language, the book covers clubfoot in babies and older children from diagnosis through treatment for mild to severe cases. It provides details on clubfoot, its causes, treatment and care, along with an extensive list of resources and clubfoot assessment aids. In keeping with currently preferred treatments in the U.S., it emphasizes the Ponseti method, which minimizes surgery, and

includes perspectives from Ponseti-trained clubfoot doctors and parents of children with clubfoot. However, separate chapters discuss all pre-treatment and post-treatment care options and one chapter covers surgery and post-surgery care if it becomes necessary. Parents often have a hard time coping with the diagnosis of clubfoot in their newborn children, and this book reassures them that the condition is treatable. If treated correctly, the child's foot will look normal, and he or she will be fully able to walk, run, and play. Several world-class athletes, including Kristi Yamaguchi, Troy Aikman and Freddy Sanchez, were born with clubfoot. The book includes advice from children with clubfoot that highlights the positive effects of having clubfoot as a child, like getting presents after surgery, and shows active pictures of them after their treatment. As mentioned, the Ponseti method of treatment - once disregarded as quackery - is the most common method of clubfoot treatment in the United States. It involves a series of casts and braces that slowly reposition the foot. To prevent a relapse, these braces need to be worn until the age of four or five. The book provides instruction, advice and tips for caring for a child in a cast, putting on the different braces required for the Ponseti method, and solving common problems like bruising. It also includes a useful list of signs that a child's foot is relapsing. The three most important aspects of the book are: 1. It reassures parents that clubfoot is treatable and that, with the right treatment, their child's foot will look normal and he or she will be able to walk, run, and play. 2. It is important to find a doctor skilled in treating clubfoot with a nonsurgical approach. This is called the Ponseti method after the late Dr. Ponseti, who developed it. 3. Once a child's foot is corrected, following through with brace wear as directed until the age of four or five is the best way to prevent a relapse in which the foot needs to be corrected again.

up here parents guide: How to Behave in a Crowd Camille Bordas, 2017-08-15 A witty, heartfelt novel that brilliantly evokes the confusions of adolescence and marks the arrival of an extraordinary young talent. Isidore Mazal is eleven years old, the youngest of six siblings living in a small French town. He doesn't quite fit in. Berenice, Aurore, and Leonard are on track to have doctorates by age twenty-four. Jeremie performs with a symphony, and Simone, older than Isidore by eighteen months, expects a great career as a novelist—she's already put Isidore to work on her biography. The only time they leave their rooms is to gather on the old, stained couch and dissect prime-time television dramas in light of Aristotle's Poetics. Isidore has never skipped a grade or written a dissertation. But he notices things the others don't, and asks questions they fear to ask. So when tragedy strikes the Mazal family, Isidore is the only one to recognize how everyone is struggling with their grief, and perhaps the only one who can help them—if he doesn't run away from home first. Isidore's unstinting empathy, combined with his simmering anger, makes for a complex character study, in which the elegiac and comedic build toward a heartbreaking conclusion. With How to Behave in a Crowd, Camille Bordas immerses readers in the interior life of a boy puzzled by adulthood and beginning to realize that the adults around him are just as lost.

up here parents guide: Stereotype Threat - A Good Parent's Guide through Race Lendell Sims, 2023-10-31 An anthology of poetry and music is where a family, that hustles for a living - within a culture of poverty, finds themselves faced with stereotypes and the threat that dictates responses and influences performance. Our current social makeup is a reflection of the diverse and interconnected world we live in. We are witnessing a shift towards more inclusive and accepting societies, but there is still our history. A history that has allowed the formation of institutions that perpetuate a hierarchy of privilege and oppression. There are those who are afforded systemic advantages and privileges that are denied to others. Uncle Josie, and his kind, live in a world with shrinking borders and different rules. Stereotype Threat affects them in different ways than the rest of us. We wrestle for identity and upward mobility. As we try to navigate through the Institution of Whiteness, Uncle Josie thumbs his nose at the notion.

**up here parents guide:** *The Wild Robot* Peter Brown, 2024-09-03 Soon to be a DreamWorks movie, coming to theaters 9/27/24! Includes 8 pages of full color stills from the movie! Wall-E meets Hatchet in this #1 New York Times bestselling illustrated middle grade novel from Caldecott Honor winner Peter Brown Can a robot survive in the wilderness? When robot Roz opens her eyes for the

first time, she discovers that she is all alone on a remote, wild island. She has no idea how she got there or what her purpose is--but she knows she needs to survive. After battling a violent storm and escaping a vicious bear attack, she realizes that her only hope for survival is to adapt to her surroundings and learn from the island's unwelcoming animal inhabitants. As Roz slowly befriends the animals, the island starts to feel like home--until, one day, the robot's mysterious past comes back to haunt her. From bestselling and award-winning author and illustrator Peter Brown comes a heartwarming and action-packed novel about what happens when nature and technology collide.

up here parents guide: The Everything Parent's Guide to Emotional Intelligence in Children Korrel Kanoy, 2013-03-18 Put your child on the path to success! A child's emotional intelligence has been shown to be one of the strongest factors in whether or not that child will be successful later in life. A child with high emotional intelligence (EQ) has good self-control, resilience, and empathy--all factors that help build a foundation for a more grounded, satisfying, and successful life. With The Everything Parent's Guide to Emotional Intelligence in Children, you will learn how to help your child: Improve academic achievement and behavior. Achieve mindfulness. Understand emotions. Empathize with others. Improve self-confidence. Build inner resilience. This hands-on guide shows you exactly how to promote core EQ skills in your child and provides you with all you need to help your children achieve their greatest potential.

up here parents guide: The Everything Parent's Guide to Children with OCD Stephen Martin, Victoria Costello, 2008-08-17 OCD can make a child's life difficult, turning simple tasks like homework and chores into almost impossible challenges. A child with OCD may feel stressed, worried, and even inadequate. Parents who suspect their child is suffering from OCD—or parents of a child with an OCD diagnosis—can now rest. This helpful guide helps parents with many issues: recognize symptoms; get an accurate diagnosis; find the right doctor and therapist; develop strategies for tackling schoolwork; and decide on the right treatment. Parents will learn how to talk to a child about OCD and devise coping strategies for school, sports, friendships, and other everyday situations. Children with OCD can learn how to enjoy life—without all the worry!

up here parents guide: The Parents' Guide to Boys Abigail James, 2012-11-28 Raising a boy poses unique challenges. This entertaining and informative user's manual will help you work with your son to prepare him for school. Abigail James's experiences as a teacher, mother of a son, and lifelong learner confirm her belief that parents want to give their children the best preparation for life they possibly can. If you have a son—or know someone who's raising a boy—here's the book you've been looking for. Its clear, practical advice will guide you through preparing your child for school and for life. Packed with activities you can implement immediately, humorous examples you'll remember forever, and wisdom Abigail has acquired in the trenches, The Parents' Guide to Boys is a book you'll quote often and go back to again and again. No matter whether your son is eight months or eighteen years old, Abigail has tips for giving him a great head start, keeping him engaged in the classroom, and creating a happy, self-sufficient young man.

**up here parents guide:** *Good Grief* Theresa Caputo, Kristina Grish, 2017-03-14 The star of Long Island Medium shares inspiring, spirit-based lessons on how to work through and overcome grief, in a guide that also offers example testimonies about the experiences of her clients

**up here parents guide:** The Everything Parent's Guide To Raising Siblings Linda Sonna, 2006-02-24 A Simon & Schuster eBook. Simon & Schuster has a great book for every reader.

up here parents guide: Parents' Guide to Homeschool Sam Sorbo, 2024-09-24 "In your heart you probably suspect that homeschooling is better for your kids, but how do you do it? Sam Sorbo knows, and her family is testament to the fact it works."—TUCKER CARLSON This book is a work of LOVE. Love of truth, love of freedom, love for children everywhere, and therefore love for their parents who have been trapped in a system of abuse. From actress, conservative pundit, radio show host, writer, and passionate child home education advocate Mrs. Sam Sorbo: PARENTS' GUIDE TO HOMESCHOOL: MAKING EDUCATION EASY AND FUN - a soup-to-nuts, all-you-need-to-know-to-get-you-started workbook for parents who want to homeschool their children. Mrs. Sam Sorbo offers personal experience, insights, and encouragement to begin you and

your children's true educational journey, including: School Lies Defining Education Sacrifice and Priorities Socialization Goals and Tools Educational Philosophies Different Learning Styles Defining Success Discipline Parenting 101 And much more! PARENTS' GUIDE TO HOMESCHOOL is the workbook for every parent looking to protect their children, encourage creativity and true learning and for families who want education to be easy, fun, and safe. It's time to get started NOW! YOU CAN DO IT!

up here parents guide: What Girls Are Made Of Elana K. Arnold, 2017-04-01 A 2017 National Book Award for Young People's Literature Finalist When Nina Faye was fourteen, her mother told her there was no such thing as unconditional love. Nina believed her. Now she'll do anything for the boy she loves, to prove she's worthy of him. But when he breaks up with her, Nina is lost. What is she if not a girlfriend? What is she made of? Broken-hearted, Nina tries to figure out what the conditions of love are. Finally, finally, a book that is fully girl, with all of the gore and grace of growing up female exposed. —Carrie Mesrobian, author of the William C. Morris finalist, Sex & Violence

up here parents guide: Mood Prep 101 Carol Landau, 2020-07-01 Our teenagers are suffering more than ever. College counseling centers are overwhelmed, parents are worried, and mental health issues are increasingly common in young people between the ages of 12 and 20. Parents are particularly concerned about how to help their kids achieve a safe, healthy, and fulfilling college experience in light of soaring rates of depression and anxiety in young people. Mood Prep 101: A Parent's Guide to Preventing Depression and Anxiety in College-Bound Teens answers the question most parents have - What can we do? - when it comes to college-bound teens who may be vulnerable to anxiety and depression. Written with humor and compassion by award-winning psychologist and psychotherapist Carol Landau, this timely book empowers parents by providing strategies for helping their children psychologically prepare for college and adulthood, as well as by addressing and alleviating the anxiety parents themselves may feel about kids leaving home for the first time. Young people need a solid foundation of parental support in order to succeed at college; as such, Landau shows parents how they can promote healthy communication and problem-solving skills, and how they can help young people learn to better regulate emotions and tolerate distress. Landau also describes stressors typical amongst college students, and explains how to identify vulnerabilities to anxiety and depression, including perfectionism, social isolation, and the feeling of being different. The book outlines how a parent can help students find a therapist and suggests such evidence-based treatments as cognitive behavior therapy (CBT) and interpersonal therapy (IPT). Finally, the book sheds light on some of the risky behaviors commonly found on today's college campuses, such as substance use and unsafe sexual relationships, and how they can exacerbate or even trigger anxiety and depression in young people. Landau concludes by calling on parents and educators to back away from the stressful, competitive focus of the college admissions process and turn instead to the values of curiosity, collaboration and empathy.

up here parents guide: The Unhoneymooners Christina Lauren, 2019-05-14 THE INSTANT NEW YORK TIMES BESTSELLER! Starred reviews from Kirkus Reviews \* Publishers Weekly \* Library Journal Named a "Must-Read" by TODAY, Us Weekly, Bustle, BuzzFeed, Goodreads, Entertainment Weekly, Publishers Weekly, Southern Living, Book Riot, Woman's Day, The Toronto Star, and more! For two sworn enemies, anything can happen during the Hawaiian trip of a lifetime—maybe even love—in this romantic comedy from the New York Times bestselling authors of Roomies. Olive Torres is used to being the unlucky twin: from inexplicable mishaps to a recent layoff, her life seems to be almost comically jinxed. By contrast, her sister Ami is an eternal champion...she even managed to finance her entire wedding by winning a slew of contests. Unfortunately for Olive, the only thing worse than constant bad luck is having to spend the wedding day with the best man (and her nemesis), Ethan Thomas. Olive braces herself for wedding hell, determined to put on a brave face, but when the entire wedding party gets food poisoning, the only people who aren't affected are Olive and Ethan. Suddenly there's a free honeymoon up for grabs, and Olive will be damned if Ethan gets to enjoy paradise solo. Agreeing to a temporary truce, the

pair head for Maui. After all, ten days of bliss is worth having to assume the role of loving newlyweds, right? But the weird thing is...Olive doesn't mind playing pretend. In fact, the more she pretends to be the luckiest woman alive, the more it feels like she might be. With Christina Lauren's "uniquely hilarious and touching voice" (Entertainment Weekly), The Unhoneymooners is a romance for anyone who has ever felt unlucky in love.

**up here parents guide: A Parent's Guide to Raising Grieving Children** Phyllis R. Silverman, Madelyn Kelly, 2009 When children lose someone they love, life is never the same. In this sympathetic book, the authors advocate an open, honest approach, suggesting that our instinctive desire to protect children from the reality of death may be more harmful than helpful.

**up here parents guide:** A Parent's Guide for Raising Spiritually Mature Teenagers Greg Grimwood, 2008 Is your teenager self-focused and un-appreciative? There is no greater influence in the life of a teenager, than his or her parents, yet most parents spend very little time considering how to strategically mentor their teenagers towards spiritual maturity. In A Parent's Guide for Raising Spiritually Mature Teenagers, author Greg Grimwood equips parents with practical and easy-to-implement strategies for helping your teenagers grow into godly young adults.

up here parents guide: A Parent's Guide to a Peaceful Home Patricia Braxton, 2013-06 Parents serve as their children's first teachers. What they learn at home helps them build on their learning and education at school. In A Parent's Guide to a Peaceful Home, author Patricia Braxton provides a guide to helping parents manage their home in a peaceful, loving way in order to ensure success for their children at home and at school. This handbook presents Braxton's TAD (Toward Affective Development) model, which gives practical advice to help parents teach their children responsibility, respect, discipline, and other positive character traits. It also teaches parents how to relate to each other properly and how to affect change from within. Through TAD, Braxton works to change the face of families in a positive way. The steps detailed in A Parent's Guide to a Peaceful Home can facilitate an atmosphere where love, compassion, respect, and other virtues are taught by example and reinforced to produce a lasting, peaceful home.

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