

the breadwinner

the breadwinner is a concept deeply rooted in both historical and contemporary society, referring to the individual who earns the primary income to support a household. This role has evolved significantly, shaped by shifting economic landscapes, changing gender roles, and diverse cultural expectations. In this comprehensive article, we will explore the definition of the breadwinner, its historical significance, modern perspectives, the economic and social impact, challenges faced by breadwinners, and the psychological implications of carrying this responsibility. Readers will gain a thorough understanding of what it means to be the breadwinner today, factors influencing breadwinner roles, and strategies to support those who shoulder this essential responsibility. Dive deeper into the complexities and nuances of the breadwinner, and discover practical insights into this pivotal role within families and society.

- Definition and Origins of the Breadwinner
- Historical Significance of the Breadwinner
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Definition and Origins of the Breadwinner

The breadwinner traditionally refers to the main income earner in a household, responsible for providing financial stability for the family. The term originated in the 19th century, when “bread” was widely used as slang for money, reflecting the essential nature of basic sustenance. In early contexts, the breadwinner was typically the male head of the household. Over time, the definition has broadened to include any individual, regardless of gender, who assumes the primary financial responsibility for their dependents.

As societies have developed, the breadwinner role has adapted to changes in family structure, economic conditions, and workforce participation. Today, breadwinners can be single parents, spouses, adult children, or even extended family members who contribute significantly to household income. This expanded definition highlights the importance of understanding the breadwinner not only in economic terms but also within the context of shifting societal values and expectations.

Historical Significance of the Breadwinner

Traditional Gender Roles

Historically, the breadwinner was synonymous with the male provider, reflecting patriarchal norms and socioeconomic structures. Men were expected to work outside the home, while women typically managed domestic duties and child-rearing. This division of labor reinforced the perception of the breadwinner as a masculine role and shaped family dynamics for generations.

Evolution Through Industrialization

The industrial revolution transformed the breadwinner role, as more jobs became available outside agriculture and home-based work. Urbanization and factory employment enabled families to rely on one or more wage earners, further cementing the concept of the breadwinner. As economies grew, so did the expectation that breadwinners would secure a stable income to support dependents.

Impact of Social Movements

- Women's suffrage and entry into the workforce challenged traditional breadwinner models.
- Economic downturns, such as the Great Depression, forced families to adapt and redefine breadwinner roles.
- Legislative changes, including equal pay and anti-discrimination laws, expanded opportunities for diverse breadwinners.

These historical shifts laid the foundation for contemporary understandings of the breadwinner, emphasizing adaptability and resilience.

Modern Perspectives on the Breadwinner Role

Changing Family Structures

Modern families are increasingly diverse, with dual-income households, single parents, and blended families challenging the traditional breadwinner model. The rise of women as primary earners and the prevalence of stay-at-home dads reflect evolving attitudes toward work and family responsibilities. This shift has led to a more inclusive definition of the breadwinner, focused on contribution rather than gender.

Work-Life Balance and Flexibility

Contemporary breadwinners often seek work-life balance, prioritizing personal fulfillment alongside financial obligations. Flexible work arrangements,

remote employment, and gig economy opportunities allow breadwinners to tailor their roles to individual and family needs. However, these changes can also introduce uncertainty, requiring adaptability and long-term planning.

Breadwinner Identity and Social Perception

Societal perceptions of breadwinners continue to evolve, with increased recognition of non-traditional earners and shared financial responsibility. The stigma once associated with men not being the sole providers has diminished, giving way to more equitable partnerships and mutual support within households.

Economic Impact of the Breadwinner

Financial Stability and Household Well-being

Breadwinners play a crucial role in ensuring household financial stability. Their income supports essential expenses such as housing, food, healthcare, and education. The ability of the breadwinner to secure and maintain employment directly affects the quality of life for all dependents.

Influence on Economic Growth

At a broader level, breadwinners contribute significantly to economic growth and productivity. Their labor drives consumer spending, investment, and social mobility. The aggregate impact of breadwinners across communities influences national prosperity and economic resilience.

Risks and Vulnerabilities

- Job loss or reduced income can jeopardize household stability.
- Changing job markets and automation present new challenges for breadwinners.
- Lack of support systems increases financial vulnerability for sole earners.

Policies and programs aimed at supporting breadwinners are essential for maintaining both household and economic health.

Social and Cultural Implications

Cultural Expectations and Norms

Cultural norms strongly influence the perception and responsibilities of

breadwinners. In some societies, being the breadwinner is seen as a status symbol, while in others, it is a shared responsibility. These expectations shape individual behavior, family dynamics, and even career choices.

Impact on Family Dynamics

The breadwinner role affects relationships within the family, influencing authority, decision-making, and emotional bonds. Children may look to the breadwinner for guidance and stability, while partners may experience dependency or collaboration based on income distribution. These dynamics can either strengthen or strain household relationships.

Adapting to Cultural Change

Globalization and migration have introduced new cultural perspectives on breadwinners, creating opportunities for dialogue and adaptation. As communities become more diverse, understanding and respecting different breadwinner models is increasingly important.

Challenges Faced by Breadwinners

Financial Pressure and Stress

Breadwinners often experience significant financial pressure, balancing the needs of dependents with personal aspirations. The responsibility to provide can lead to stress, anxiety, and burnout, particularly during economic downturns or periods of uncertainty.

Workload and Time Management

Managing work, family, and personal commitments is a constant challenge for breadwinners. Long hours, demanding jobs, and limited time for relaxation can impact both physical and mental health. Effective time management and support systems are vital for mitigating these challenges.

Limited Support and Resources

- Insufficient child care options for working breadwinners.
- Lack of workplace flexibility and family-friendly policies.
- Social isolation due to demanding schedules.

Addressing these challenges requires coordinated efforts from employers, policymakers, and communities.

Psychological Aspects of Being the Breadwinner

Sense of Responsibility and Identity

Being the breadwinner carries a strong sense of responsibility and pride, often shaping one's identity and self-worth. The ability to provide can enhance confidence and fulfillment, but it may also create pressure to meet high expectations.

Emotional Impact and Coping Strategies

The emotional demands of breadwinning can lead to stress, guilt, or feelings of inadequacy if financial goals are not met. Breadwinners may benefit from coping strategies such as mindfulness, counseling, and peer support to manage emotional challenges.

Mental Health Considerations

Long-term stress associated with breadwinner roles can affect mental health, leading to anxiety, depression, or burnout. Recognizing these risks and seeking professional support is crucial for maintaining well-being.

Strategies for Supporting the Breadwinner

Workplace Policies and Benefits

Employers can support breadwinners through family-friendly policies, such as flexible work hours, parental leave, and health benefits. These measures enable breadwinners to balance professional and personal responsibilities more effectively.

Financial Planning and Education

Access to financial planning resources and education empowers breadwinners to make informed decisions about budgeting, saving, and investing. Professional advice can help navigate complex financial landscapes and mitigate risks.

Community and Government Programs

- Childcare subsidies and after-school programs.
- Healthcare assistance and insurance coverage.
- Job training and re-skilling initiatives.

Collaborative efforts from communities and governments are essential for

providing resources and support to breadwinners, promoting household stability and social progress.

Conclusion

The breadwinner remains a vital role in families and society, shaped by evolving economic, social, and cultural factors. Understanding the complexities of the breadwinner's responsibilities, challenges, and psychological impact is essential for supporting those who shoulder this role. As the definition of breadwinner continues to expand and adapt, practical strategies and collaborative support systems will play a key part in fostering resilient households and thriving communities.

Q: What does "the breadwinner" mean?

A: The breadwinner is the person who earns the primary income for a household, supporting dependents and ensuring financial stability.

Q: Can women be breadwinners?

A: Yes, women can and increasingly do serve as breadwinners, reflecting changing societal norms and greater workforce participation by women.

Q: What are the main challenges faced by breadwinners?

A: Breadwinners often encounter financial pressure, work-life balance issues, limited support resources, and emotional stress related to their responsibilities.

Q: How has the breadwinner role changed over time?

A: The breadwinner role has evolved from a male-dominated responsibility to a more inclusive role, with diverse family structures and shared earning responsibilities.

Q: What impact does being the breadwinner have on mental health?

A: Breadwinning can lead to stress, anxiety, and burnout due to financial and emotional pressures, making mental health awareness and support important.

Q: What support systems are available for breadwinners?

A: Support systems include workplace benefits, financial planning resources, community programs, government assistance, and family support networks.

Q: Is the breadwinner role still relevant in modern society?

A: Yes, the breadwinner role remains relevant, though it has adapted to reflect changes in family dynamics, workforce trends, and societal expectations.

Q: How can breadwinners achieve work-life balance?

A: Breadwinners can achieve work-life balance by utilizing flexible work arrangements, setting boundaries, and seeking support from family and employers.

Q: What is the economic significance of breadwinners?

A: Breadwinners contribute to household stability, drive consumer spending, and play a key role in overall economic growth and social mobility.

Q: Are there cultural differences in the breadwinner role?

A: Yes, cultural norms and expectations regarding breadwinners vary globally, influencing who takes on the role and how it is perceived in different societies.

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The Breadwinner: Exploring the Complexities of Primary Provider Roles

Are you curious about the multifaceted role of "the breadwinner"? This term, often simplified in popular culture, encompasses far more than just bringing home a paycheck. This in-depth exploration delves into the historical context, societal pressures, evolving definitions, and the emotional and psychological impact on individuals and families who take on this crucial responsibility. We'll unravel the complexities surrounding the breadwinner role, examining its challenges, rewards, and the ongoing societal shift impacting its traditional definition. Prepare to gain a comprehensive understanding of what it truly means to be the breadwinner in the 21st century.

H2: A Historical Perspective on the Breadwinner

Historically, the concept of "the breadwinner" was deeply rooted in patriarchal societal structures. The dominant narrative depicted the male as the primary provider, responsible for financially supporting the family, while the female's role was primarily focused on domestic duties. This model, while prevalent, was never universally applicable, often excluding diverse family structures and socioeconomic realities. Many families, particularly marginalized communities, relied on collective efforts or multiple income streams to survive. This historical context is crucial to understanding how the modern conception of the breadwinner has evolved.

H2: The Shifting Landscape of the Breadwinner Role

Today, the traditional breadwinner model is significantly challenged. Dual-income households are increasingly common, blurring the lines of responsibility and challenging the singular focus on a single provider. Single-parent families, often headed by women, are a powerful testament to the evolving reality, showcasing the resilience and adaptability of individuals defying traditional gender roles. Furthermore, the rise of the gig economy and flexible work arrangements have further complicated the definition, with multiple income streams and shared responsibilities becoming the norm for many families.

H3: The Emotional Toll of Being the Breadwinner

The pressure of being the sole or primary provider can take a significant emotional toll. The constant responsibility for financial stability can lead to stress, anxiety, and even burnout. This pressure can strain relationships, affecting both the breadwinner and their family members. The fear of job loss, economic downturns, or unexpected expenses can create a persistent state of worry and uncertainty, impacting mental health and overall well-being.

H3: Redefining Success Beyond Financial Provision

While financial security is undoubtedly important, the modern understanding of the breadwinner role extends beyond mere monetary provision. It incorporates concepts of emotional support, active parenting, and fostering a healthy family environment. Many individuals prioritize work-life balance, recognizing the importance of their own well-being and their involvement in their children's lives. This redefined approach emphasizes a holistic approach to family well-being, shifting from a purely economic focus to a more balanced and nurturing model.

H2: The Impact on Family Dynamics

The breadwinner role has a profound effect on family dynamics. In traditional models, the breadwinner often held significant power and authority within the family structure. However, with the rise of dual-income households and shared responsibilities, power dynamics are shifting towards a more egalitarian model. Open communication, mutual respect, and shared decision-making are crucial for navigating the complexities of modern family life. The role of communication and emotional intelligence becomes paramount in managing the stresses and demands placed upon all family members.

H2: Strategies for Managing the Breadwinner Role Effectively

Managing the demands of being the breadwinner requires careful planning and strategic approaches. Budgeting, financial planning, and emergency fund creation are crucial for mitigating financial risk. Prioritizing self-care, maintaining healthy boundaries, and seeking support when needed are essential for preventing burnout and maintaining a healthy work-life balance. Open communication with family members about financial concerns and collaborative problem-solving are vital for building resilience and maintaining strong family bonds.

H2: The Future of the Breadwinner

The future of the breadwinner role is likely to be characterized by continued fluidity and adaptability. Technological advancements, evolving work structures, and changing societal norms will continue to shape the definition and responsibilities associated with this role. The emphasis on shared responsibilities, work-life balance, and holistic family well-being will likely continue to grow. Individuals and families will need to adapt to these changes, embracing flexibility and collaborative approaches to navigate the evolving landscape of family life.

Conclusion:

The breadwinner role is far more complex than a simple definition suggests. Its historical context, societal pressures, and evolving definitions highlight a continuous shift in understanding its importance and impact on individuals and families. By acknowledging the challenges and embracing strategies for effective management, individuals can navigate this role while prioritizing their own well-being and fostering healthy family relationships. The future of the breadwinner reflects a move towards shared responsibility, work-life balance, and a holistic approach to family well-being.

FAQs:

1. Is it possible to be a successful breadwinner and still maintain a healthy work-life balance? Absolutely. Effective time management, prioritization, and setting boundaries are crucial. Seeking support from family, friends, or professionals can also contribute significantly to achieving this balance.
2. How can I cope with the stress associated with being the primary provider? Practicing self-care, engaging in stress-reducing activities (exercise, meditation), and seeking professional help when needed are crucial. Open communication with family members about feelings and concerns can also alleviate stress.
3. What are some effective strategies for budgeting and financial planning as a breadwinner? Creating a realistic budget, tracking expenses, setting financial goals, and building an emergency fund are crucial steps. Seeking advice from a financial advisor can also prove beneficial.
4. How can I address power imbalances in a family where one person is the primary breadwinner? Open communication, mutual respect, and shared decision-making are key. Active listening, valuing each other's contributions, and acknowledging the emotional toll on all family members are vital for fostering a balanced dynamic.
5. What are the long-term implications of solely focusing on financial provision and neglecting other aspects of family life? Neglecting emotional support, active parenting, and maintaining a healthy work-life balance can lead to strained relationships, burnout, and overall unhappiness for both the breadwinner and other family members. It can also negatively impact children's development and well-being.

the breadwinner: *The Breadwinner* Deborah Ellis, 2004-03-04 Because the Taliban rulers of Kabul, Afghanistan impose strict limitations on women's freedom and behavior, eleven-year-old Parvana must disguise herself as a boy so that her family can survive after her father's arrest.

the breadwinner: *The Breadwinner Trilogy* Deborah Ellis, 2009 Three stories detail the lives of Parvana, who dresses as a boy in order to provide for her family, and Shauzia, who lives in a widow's compound and dreams of moving to France.

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the breadwinner: *The Bread Winner* Arvella Whitmore, 2004-08-30 When both her parents are unable to find work and pay the bills during the Great Depression, resourceful Sarah Ann Puckett saves the family from the poorhouse by selling her prizewinning homemade bread.

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reveals not only the importance of women building their own wealth, but also the freedom and power that comes with it. With concrete practical tools, as well as examples from her own journey, Barrett encourages women to reclaim, rejoice in, and aspire to the role of breadwinner like never before.

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the breadwinner: *My Name Is Parvana (Large Print 16pt)* Deborah Ellis, 2013-05-01 On a military base in post-Taliban Afghanistan, American authorities have just imprisoned a teenaged girl found in a bombed-out school. The army major thinks she may be a terrorist working with the Taliban. The girl does not respond to questions in any language and remains silent, even when she is threatened, harassed and mistreated over several days. The only clue to her identity is a tattered shoulder bag containing papers that refer to people named Shauzia, Nooria, Leila, Asif, Hassan - and Parvana. In this long-awaited sequel to *The Breadwinner Trilogy*, Parvana is now fifteen years old. As she waits for foreign military forces to determine her fate, she remembers the past four years of her life. Reunited with her mother and sisters, she has been living in a village where her mother has finally managed to open a school for girls. But even though the Taliban has been driven from the government, the country is still at war, and many continue to view the education and freedom of girls and women with suspicion and fear. As her family settles into the routine of running the school, Parvana, a bit to her surprise, finds herself restless and bored. She even thinks of running away. But when local men threaten the school and her family, she must draw on every ounce of bravery and resilience she possesses to survive the disaster that kills her mother, destroys the school, and puts her own life in jeopardy.

the breadwinner: When She Makes More Farnoosh Torabi, 2014-05-01 As seen on CNBC's *Follow the Leader* "Farnoosh's ground-breaking book will save more relationships than couples counseling ever could." —Barbara Stanny, author of *Secrets of Six-Figure Women Today*, a record number of women are their household's top-earner. But if you're that woman, you face a much higher risk of burnout, infidelity, and divorce. In this important and timely book, personal finance expert Farnoosh Torabi candidly addresses how income imbalances affect relationships and family dynamics, and presents a bold strategy to achieving happiness at work and home. Torabi's ten essential rules include: • Buy Yourself a Wife: Outsource as many household tasks as possible to bring more peace and happiness to both your lives • Don't Assume a Mr. Mom is Best: The math might say he should quit his job, but doing so can be dangerous. • Understand the Male Brain: Know how men think and what motivates their behavior to communicate effectively, share responsibilities, and avoid power struggles in your relationship.

the breadwinner: *The Breadwinner Series Bundle* Deborah Ellis, 2022-10-25 *The Breadwinner* The first book in Deborah Ellis's riveting *Breadwinner* series is an award-winning novel about loyalty, survival, families and friendship under extraordinary circumstances during the Taliban's rule in Afghanistan in the late 1990s. *Parvana's Journey* In 2001, a war is raging in Afghanistan as a coalition of Western forces tries to oust the Taliban by bombing the country. Parvana's father has died, and her mother, sister and brother have gone to a faraway wedding, not knowing what has happened to the father. Parvana doesn't know where they are. She just knows she has to find them. *Mud City* Parvana's best friend, Shauzia, has escaped the misery of her life in Kabul, only to end up in a refugee camp in Pakistan. But she still dreams of seeing the ocean and eventually making a new life in France. This is the dream that has sustained her through the terrible years in Kabul. It is the dream for which she has forsaken family and friends. *My Name Is Parvana* Parvana, now fifteen, is found in a bombed-out school and held as a suspected terrorist by American troops in Afghanistan after the fall of the Taliban in 2001. *One More Mountain* It's 2021, and the Taliban have retaken power in Afghanistan. Parvana and Shauzia, the brave protagonists of *The Breadwinner*, must now

flee to escape new dangers from an old enemy.

the breadwinner: The Breadwinner Collection Deborah Ellis, 2006 The Breadwinner, Parvana's Journey and Mud City are already best-sellers. The three books tell the stories of children whose lives are unimaginable to most of us. Girls who can't go out, who see their families and friends beaten and starved, who are not allowed to go to school, simply because they live under Taliban rule. Alive with the sounds, smells and suffering of Afghanistan and the refugee camps of Pakistan, these three books are the inspiring stories of ordinary children with extraordinary courage.

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the breadwinner: The Breadwinner Morgan Nicole True Blum, 2018-11-13 In 1924, Pasha Chevasky is a sixteen-year-old Russian immigrant struggling to make it in New York City's Lower East Side. Forced to leave his home by invading Soviet forces, Pasha lives in a tenement house and cares for his widowed mother and sickly younger sister. As if being a poor immigrant wasn't bad enough, Pasha sold himself to a street gang known as the Breadwinners to help support his family. Pasha, who is gentle by nature, is forced to street fight, steal, and bootleg to earn a living. As much as he despises being a Breadwinner, he can never leave, for desertion is punishable by death. Fortunately for Pasha, his luck changes when the mythical Firebird appears and the impossible invades his life. Pasha encounters fire breathers in Central Park, strange dreams, a gypsy circus in Grand Central Terminal, and ultimately a meeting with a peculiar man named Staccato Nimbus who claims Pasha is the lost heir to an ancient throne in another world known as Voiler. Desperate to free from his family from the present circumstances Pasha decides to go with Staccato to Voiler to catch the Firebird before someone else does, someone with darker intentions.

the breadwinner: She Makes More Dawn Delavallade, 2012-09-26 This unique body of work is a collection of stimulating interviews from Female Breadwinners- the newest breed of American wives! This book is a platform for bread-winning wives to share never-revealed secrets about how 'out-earning' their mates makes them think and feel. Among other books on the literary market, She Makes More provides the greatest insight on how men can connect with this amazing category of woman!

the breadwinner: Kids of Kabul Deborah Ellis, 2012-05-01 Since its publication in 2000, hundreds of thousands of children all over the world have read and loved The Breadwinner, the fictional story of eleven-year-old Parvana living in Kabul under the terror of the Taliban. But what happened to Afghanistan's children after the fall of the Taliban in 2001? In 2011, Deborah Ellis went to Kabul to find out. The twenty-six boys and girls featured in this book range in age from ten to seventeen, and they speak candidly about their lives now. They are still living in a country at war. Violence and oppression exist all around them. The situation for girls has improved, but it is still difficult and dangerous. And many children — boys and girls — are still supporting their families by selling items like pencils and matches on the street. Yet these kids are weathering their lives with remarkable courage and hope, getting as much education and life experience and fun as they can. All royalties from the sale of Kids of Kabul will go to Right to Learn Afghanistan. Key Text Features photographs maps glossary introduction historical context additional information Correlates to the

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the breadwinner: The Bread-winners John Hay, 1883

the breadwinner: Patterns of Power, Grades 1-5 Jeff Anderson, Whitney La Rocca, 2017 Jeff Anderson and literacy coach Whitney La Rocca take you into primary and intermediate classrooms where students are curious about language, engage with the world around them, and notice and experiment with the conventions all writers use. Instead of chanting grammar rules or completing countless convention worksheets, we invite young writers to explore conventions as special effects devices that activate meaning. Our students study authentic texts and come to recognize these patterns of power--the essential grammar conventions that readers and writers require to make meaning. The first part of the book introduces a vibrant approach to grammar instruction and sets up what you need to immerse yourself in the Patterns of Power process, inviting students to experiment and play with language. The second part of the book offers over seventy practical, ready-to-use lessons, including: Extensive support materials Over 100 mentor sentences, curated for grades 1-5 Student work samples Tips and power notes to facilitate your own knowledge and learning Examples for application In Patterns of Power Jeff and Whitney suggest that taking just five minutes from your reading workshop and five minutes from your writing workshop to focus on how the conventions connect reading and writing will miraculously affect your students' understanding of how language works for readers and writers.

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the breadwinner: The Breadwinner Patricia Barnard, 1992

the breadwinner: Feminist City Leslie Kern, 2020-07-07 Feminist City is an ongoing experiment in living differently, living better, and living more justly in an urban world. We live in the city of men. Our public spaces are not designed for female bodies. There is little consideration for women as mothers, workers or carers. The urban streets often are a place of threats rather than community. Gentrification has made the everyday lives of women even more difficult. What would a metropolis for working women look like? A city of friendships beyond Sex and the City. A transit system that accommodates mothers with strollers on the school run. A public space with enough toilets. A place where women can walk without harassment. In Feminist City, through history, personal experience and popular culture Leslie Kern exposes what is hidden in plain sight: the social inequalities built into our cities, homes, and neighborhoods. Kern offers an alternative vision of the feminist city. Taking on fear, motherhood, friendship, activism, and the joys and perils of being alone, Kern maps the city from new vantage points, laying out an intersectional feminist approach to urban histories and proposes that the city is perhaps also our best hope for shaping a new urban future. It is time to dismantle what we take for granted about cities and to ask how we can build more just, sustainable, and women-friendly cities together.

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the breadwinner: The Breadwinner, a Comedy W Somerset (William Somerse Maugham, 2021-09-09 This work has been selected by scholars as being culturally important and is part of the knowledge base of civilization as we know it. This work is in the public domain in the United States of America, and possibly other nations. Within the United States, you may freely copy and distribute this work, as no entity (individual or corporate) has a copyright on the body of the work. Scholars believe, and we concur, that this work is important enough to be preserved, reproduced, and made generally available to the public. To ensure a quality reading experience, this work has been

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the breadwinner: The Rumi Collection Mevlana Jalaluddin Rumi, 2023-07-18 A rich introduction to the work of Rumi by the foremost scholar on the great mystical poet, featuring leading literary translations of his verse by Coleman Barks, Robert Bly, Andrew Harvey, Kabir Helminski, Camille Helminski, Daniel Liebert, and Peter Lamborn Wilson. Rumi's poems are beloved for their touching perceptions of humanity and the Divine. To display the major themes of Rumi's work, each of the eighteen chapters in this anthology are arranged topically, such as The Inner Work, The Ego Animal, Passion for God, Praise, and Purity, uncovering a deep and timeless understanding of Sufism and mysticism. Also included is a biography of Rumi by Andrew Harvey and an introductory essay by Kabir Helminski on the art of translating Rumi's work into English. The Spiritual Surgeon Can the water of a polluted stream Wash away the dirt? Can human knowledge sweep away The ignorance of the sensual self? How does a sword fashion its own hilt? Go, entrust your wound to a surgeon, For flies will gather around the wound Until it can't be seen. These are your selfish thoughts And all you dream of owning. The wound is your own dark hole. Mathnawi I, 3221-3224 (translated by Kabir Helminski and Camille Helminski)

the breadwinner: One More Mountain Deborah Ellis, 2022-10-04 It's 2021, and the Taliban have regained power in Afghanistan. Parvana and Shauzia, the brave protagonists of *The Breadwinner*, must now flee to escape new dangers from an old enemy. In Kabul, 15-year-old Damsa runs away to avoid being forced into marriage by her family. She is found by a police officer named Shauzia, who takes her to Green Valley, a shelter and school for women and girls run by Parvana. It has been 20 years since Parvana and Shauzia had to disguise themselves as boys to support themselves and their families. But when the Taliban were defeated in 2001, it looked as if Afghans could finally rebuild their country. Many things have changed for Parvana since then. She has married Asif, who she met in the desert as she searched for her family when she was a child. She runs a school for girls. She has a son, Rafi, who is about to fly to New York, where he will train to become a dancer. But Shauzia is still Parvana's best friend. And Parvana is still headstrong, bringing her in conflict with her spoiled sister Maryam. While Asif tries to get Maryam and Rafi on one of the last flights out of Kabul, the Taliban come to the school, and Parvana must lead the girls out of Green Valley and into the mountains. All royalties will be donated to Right to Learn Afghanistan. Key Text Features dialogue literary references multiple POV alternating narrative Correlates to the Common Core State Standards in English Language Arts: CCSS.ELA-LITERACY.RL.6.3 Describe how a particular story's or drama's plot unfolds in a series of episodes as well as how the characters respond or change as the plot moves toward a resolution. CCSS.ELA-LITERACY.RL.6.6 Explain how an author develops the point of view of the narrator or speaker in a text.

the breadwinner: Born Under a Million Shadows Andrea Busfield, 2010-02-02 A moving tale of the triumph of the human spirit amidst heartbreaking tragedy, told through the eyes of a charming, impish, and wickedly observant Afghan boy The Taliban have withdrawn from Kabul's streets, but the long shadows of their regime remain. In his short life, eleven-year-old Fawad has known more grief than most: his father and brother have been killed, his sister has been abducted, and Fawad and his mother, Mariya, must rely on the charity of parsimonious relatives to eke out a hand-to-mouth existence. Ever the optimist, Fawad hopes for a better life, and his dream is realized when Mariya finds a position as a housekeeper for a charismatic Western woman, Georgie, and her two foreign friends. The world of aid workers and journalists is a new one for Fawad, and living with the trio offers endless curiosities—including Georgie's destructive relationship with the powerful Afghan warlord Haji Khan, whose exploits are legendary. Fawad grows resentful and worried, until he comes to learn that love can move a man to act in surprisingly good ways. But life, especially in Kabul, is never without peril, and the next calamity Fawad must face is so devastating that it threatens to destroy the one thing he thought he could never lose: his love for his country. A big-hearted novel infused with crackling wit, Andrea Busfield's brilliant debut captures the hope and

humanity of the Afghan people and the foreigners who live among them.

the breadwinner: *Wanting Mor* Rukhsana Khan, 2009-05-01 Winner of the Middle East Book Award, Youth Fiction category Jameela lives with her mother and father in Afghanistan. Despite the fact that there is no school in their poor, war-torn village, and Jameela lives with a birth defect that has left her with a cleft lip, she feels relatively secure, sustained by her faith and the strength of her beloved mother, Mor. But when Mor suddenly dies, Jameela's father impulsively decides to seek a new life in Kabul. He remarries, a situation that turns Jameela into a virtual slave to her demanding stepmother. When the stepmother discovers that Jameela is trying to learn to read, she urges her father to simply abandon the child in Kabul's busy marketplace. Jameela ends up in an orphanage. Throughout it all, it is the memory of Mor that anchors her and in the end gives Jameela the strength to face her father and stepmother when fate brings them into her life again. Correlates to the Common Core State Standards in English Language Arts: CCSS.ELA-LITERACY.RL.5.3 Compare and contrast two or more characters, settings, or events in a story or drama, drawing on specific details in the text (e.g., how characters interact). CCSS.ELA-LITERACY.RL.5.6 Describe how a narrator's or speaker's point of view influences how events are described. CCSS.ELA-LITERACY.RL.6.3 Describe how a particular story's or drama's plot unfolds in a series of episodes as well as how the characters respond or change as the plot moves toward a resolution. CCSS.ELA-LITERACY.RL.6.6 Explain how an author develops the point of view of the narrator or speaker in a text.

the breadwinner: *Poilâne* Apollonia Poilâne, 2019 For the first time, Poil0/00ne, CEO of the Poil0/00ne bakery, provides detailed instructions so bakers can reproduce its unique hug-sized sourdough loaves at home, as well as the bakery's other much-loved breads and pastries. Beyond bread, Poil0/00ne includes recipes for such pastries as tarts and butter cookies. cookies.

the breadwinner: *Bread Winner* Emma Griffin, 2020-04-14 The overlooked story of how ordinary women and their husbands managed financially in the Victorian era – and why so many struggled despite increasing national prosperityNineteenth century Britain saw remarkable economic growth and a rise in real wages. But not everyone shared in the nation's wealth. Unable to earn a sufficient income themselves, working-class women were reliant on the 'breadwinner wage' of their husbands. When income failed, or was denied or squandered by errant men, families could be plunged into desperate poverty from which there was no escape.Emma Griffin unlocks the homes of Victorian England to examine the lives – and finances – of the people who lived there. Drawing on over 600 working-class autobiographies, including more than 200 written by women, *Bread Winner* changes our understanding of daily life in Victorian Britain.

the breadwinner: *Sit* Deborah Ellis, 2017-10-01 Nine poignant and empowering short stories from the author of *The Breadwinner*. The seated child. With a single powerful image, Deborah Ellis draws our attention to nine children and the situations they find themselves in, often through no fault of their own. In each story, a child makes a decision and takes action, be that a tiny gesture or a life-altering choice. Jafar is a child laborer in a chair factory and longs to go to school. Sue sits on a swing as she and her brother wait to have a supervised visit with their father at the children's aid society. Gretchen considers the lives of concentration camp victims during a school tour of Auschwitz. Mike survives seventy-two days of solitary as a young offender. Barry squirms on a food court chair as his parents tell him that they are separating. Macie sits on a too-small time-out chair while her mother receives visitors for tea. Noosala crouches in a fetid, crowded apartment in Uzbekistan, waiting for an unscrupulous refugee smuggler to decide her fate. These children find the courage to face their situations in ways large and small, in this eloquent collection from a master storyteller. Correlates to the Common Core State Standards in English Language Arts: CCSS.ELA-LITERACY.RL.6.3 Describe how a particular story's or drama's plot unfolds in a series of episodes as well as how the characters respond or change as the plot moves toward a resolution. CCSS.ELA-LITERACY.RL.6.6 Explain how an author develops the point of view of the narrator or speaker in a text. CCSS.ELA-LITERACY.RL.6.9 Compare and contrast texts in different forms or genres (e.g., stories and poems; historical novels and fantasy stories) in terms of their approaches to similar themes and topics.

the breadwinner: Ready Reference Treatise Raja Sharma, 2016 *The Breadwinner* by Deborah Ellis was first published in 2000. The book is also known as *Parvana*. The book proved to be highly successful, and amazingly by October 2013, 39 English language editions of the book were published. The titular character *Parvana* is the protagonist of the novel. She is only an eleven years old girl, but the adverse circumstances faced by the family compel her to become the breadwinner for the family in a war-torn region, dominated by the Taliban, in Afghanistan. It is the story of struggle for survival while earning bread for the other members of the family.

the breadwinner: *The Underground Girls of Kabul* Jenny Nordberg, 2014 An award-winning foreign correspondent who contributed to a Pulitzer Prize-winning New York Times series reveals the secret Afghan custom of disguising girls as boys to improve their prospects, discussing its political and social significance as well as the experiences of its practitioners.

the breadwinner: *Looking at the Stars* Jo Cotterill, Joanna Cotterill, 2014-01-30 What if the only thing you had left were the stories in your head? Amina's homeland has been ravaged by war, and her family is devastated . . . The women of the family - Amina, her two sisters and their mother - have no choice but to leave their home town, along with thousands of others, and head for a refugee camp. But there are even more challenges ahead . . .

the breadwinner: *The Last Fifth Grade of Emerson Elementary* Laura Shovan, 2018-04-10 An award-winning, big-hearted time capsule of one class's poems during a transformative school year. A great pick for fans of Margarita Engle and Eileen Spinelli. Eighteen kids, one year of poems, one school set to close. Two yellow bulldozers crouched outside, ready to eat the building in one greedy gulp. But look out, bulldozers. Ms. Hill's fifth-grade class has plans for you. They're going to speak up and work together to save their school. Families change and new friendships form as these terrific kids grow up and move on in this whimsical novel-in-verse about finding your voice and making sure others hear it. Honors and Praise: Winner of a Cybils Award in Poetry Winner of an Arnold Adoff Poetry Honor Award for New Voices An NCTE Notable Verse Novel A Bank Street College of Education Best Children's Book of the Year An ILA-CBC Children's Choice Nominated for the Pennsylvania Young Reader's Choice Award, the Wisconsin State Reading Association Children's Book Award, the Rhode Island Children's Book Award, and the Great Stone Face Award (New Hampshire), Lectio Book Award Master List "This gently evocative study of change in all its glory and terror would make a terrific read-aloud or introduction to a poetry unit. A most impressive debut." —School Library Journal "Sure to inspire the poet in all of us, young and old." —Mark Goldblatt, author of *Twerp*

the breadwinner: *The Breadwinner Graphic Novel* Deborah Ellis, 2018-05-03 This beautiful graphic-novel adaptation of *The Breadwinner* animated film tells the story of eleven-year-old *Parvana* who must disguise herself as a boy to support her family during the Taliban's rule in Afghanistan. *Parvana* lives with her family in one room of a bombed-out apartment building in Kabul, Afghanistan's capital city. *Parvana*'s father - a history teacher until his school was bombed and his health destroyed - works from a blanket on the ground in the marketplace, reading letters for people who cannot read or write. One day, he is arrested for having forbidden books, and the family is left without someone who can earn money or even shop for food. As conditions for the family grow desperate, only one solution emerges. Forbidden to earn money as a girl, *Parvana* must transform herself into a boy, and become the breadwinner. Deborah Ellis's beloved novel has been adapted for film by Aircraft Pictures, Cartoon Saloon and Melusine Productions in association with Angelina Jolie's production company, Jolie Pas Productions. The animated feature film, directed by Nora Twomey, will launch in the UK in 2018.

the breadwinner: *Addicted for Now* Krista Ritchie, Becca Ritchie, 2023-03-21 The TikTok sensation *Addicted* series continues with *Addicted For Now*, now in a print edition with special bonus material! He's addicted to booze. She's addicted to sex...staying sober is only half the battle. No. More. Sex. Those are the three words Lily Calloway fears the most. But Loren Hale is determined to be with Lily without enabling her dangerous compulsions. With their new living situation—sleeping in the same bed, for real, together—Lily has new battles. Like not jumping Lo's

bones every night. Not being consumed by sex and his body. Loren plans to stay sober, to right all of his wrongs. So when someone threatens to expose Lily's secret to her family and the public, he promises that he'll do anything to protect her. But with old enemies surfacing, Lo has more at stake than his sobriety. And his worst fear isn't relapsing. He hears the end. He sees it. The one thing that could change everything. Just three words. No. More. Us.

the breadwinner: *A Guide for Using the Breadwinner in the Classroom* Melissa Hart, 2008-05 Each book in this series is a guide for using a well-known piece of literature in the classroom. Included are sample plans, author information, vocabulary-building ideas, and cross-curricular activities. At the Intermediate and Challenging levels, sectional activities and quizzes, unit tests, and ideas for culminating and extending the novel are also included.

the breadwinner: *My Father's Dragon* Ruth Stiles Gannett, 2013-11-26 Young Elmer voyages to Wild Island to rescue a captive dragon by outwitting hungry tigers, cranky crocodiles, and other fierce animals. This charmingly illustrated Newbery Honor Book has delighted generations of readers.

the breadwinner: *Serafina and the Splintered Heart* Robert Beatty, 2017-07-03 In the highly-anticipated next installment of the Serafina series, Serafina must confront the darkest threat she's ever encountered at Biltmore Estate. She knows she can face anything with her best friend and closest ally, Braeden Vanderbilt, by her side. But when a sinister force tears them apart, Serafina scrambles to uncover the mystery of her most formidable challenge yet...and about herself and the destiny that awaits her.

the breadwinner: *Lucy & Andy Neanderthal* Jeffrey Brown, 2016-08-30 From the author of the New York Times bestselling Jedi Academy books comes a hilarious graphic novel series about two young cave kids living 40,000 years ago. "Lucy & Andy are Stone Age rock stars! I loved this book!" —Lincoln Peirce, author of the Big Nate series Lucy and Andy are a sister and brother who get into trouble much like any sister and brother. Only difference? Lucy and Andy live in the Stone Age! Discover their laugh-out-loud adventures as the Paleo pair take on a wandering baby sibling, bossy teens, cave paintings, and a mammoth hunt. But what will happen when they encounter a group of humans? Includes extra information about Neanderthal life that's sure to appeal to future paleontologists and science phobes alike! And don't miss Lucy and Andy's next outing, *Lucy & Andy Neanderthal: The Stone Cold Age* -- coming soon! A New York City Public Library Best 50 Books for Kids 2016! A Chicago Public Library Best of the Best 2016! Jeffrey Brown returns from a galaxy far, far away to bring us a whole new slew of kid-friendly characters! Just beware of mammoth dung! —Keith Knight, author of *Jake the Fake* and *The Knight Life* Every kid will love to go back in time with LUCY & ANDY! —Judd Winick, author of *Hilo: The Boy Who Saved the World*

the breadwinner: *I Am a Taxi* Deborah Ellis, 2006-09-01 Winner of the Ruth and Sylvia Schwartz Children's Book Award For twelve-year-old Diego and his family, home is a prison in Cochabamba, Bolivia. His parents farmed coca, a traditional Bolivian medicinal plant, until they got caught in the middle of the government's war on drugs and were mistakenly convicted of drug possession. Diego's parents are locked up, but he can come and go: to school, to the market to sell his mother's handknitted goods, and to work as a taxi, running errands for other prisoners. But then his little sister temporarily runs off while under his watch, earning his mother a heavy fine. The debt and dawning realization of his hopeless situation make him vulnerable to his friend Mando's plan to make big money, fast. Soon, Diego is deep in the jungle, working as a virtual slave in an illegal cocaine operation. As his situation becomes more and more dangerous, he knows he must take a terrible risk if he ever wants to see his family again. Correlates to the Common Core State Standards in English Language Arts: CCSS.ELA-LITERACY.RL.5.6 Describe how a narrator's or speaker's point of view influences how events are described. CCSS.ELA-LITERACY.RL.6.6 Explain how an author develops the point of view of the narrator or speaker in a text.