

open sky wilderness abuse

open sky wilderness abuse is a topic that has gained significant attention in recent years, especially as more families turn to wilderness therapy programs for struggling teens. The Open Sky Wilderness program, like many similar organizations, has faced allegations and reports of abuse, neglect, and questionable therapeutic practices. This article explores the complexities surrounding the concept of open sky wilderness abuse, examining the origins of these claims, the realities of wilderness therapy, the signs and types of abuse reported, legal actions, and the impact on families and participants. We will also discuss best practices for evaluating wilderness therapy programs and offer guidance for those seeking safe and effective treatment options. By the end of this article, readers will have a comprehensive understanding of the issues, controversies, and considerations related to open sky wilderness abuse.

- Understanding Open Sky Wilderness Therapy
- Origins of Abuse Allegations in Wilderness Therapy
- Common Types and Signs of Abuse Reported
- Legal Actions and Regulatory Oversight
- Impact on Participants and Families
- Best Practices for Evaluating Wilderness Programs
- Conclusion and Final Thoughts

Understanding Open Sky Wilderness Therapy

Open Sky Wilderness Therapy is a popular wilderness-based treatment program designed for adolescents and young adults facing emotional, behavioral, and mental health challenges. These programs typically combine outdoor living experiences with therapeutic interventions, aiming to foster personal growth, resilience, and healing. While many participants report positive outcomes, allegations of abuse and misconduct have raised serious concerns about the safety and effectiveness of such programs. Understanding how Open Sky operates, its stated mission, and its approach to therapy is essential to grasping the context of the open sky wilderness abuse debate.

The Philosophy of Wilderness Therapy

Wilderness therapy programs like Open Sky are founded on the belief that nature-based challenges and immersive outdoor experiences can catalyze psychological healing and growth. Activities such as hiking, camping, and group therapy are used to help participants develop coping skills, self-awareness, and emotional regulation. However, the intensity and isolation inherent in these programs can also create environments where boundaries may

be crossed, leading to potential incidents of abuse or neglect.

Program Structure and Therapeutic Methods

Open Sky Wilderness typically employs a blend of licensed therapists, field guides, and support staff to provide round-the-clock care for its participants. Treatment plans are customized according to individual needs, and therapeutic modalities may include cognitive-behavioral therapy, mindfulness practices, and family systems work. Despite these best intentions, criticisms have arisen regarding staff training, oversight, and the adequacy of mental health support, which are central issues in discussions of open sky wilderness abuse.

Origins of Abuse Allegations in Wilderness Therapy

The term "open sky wilderness abuse" encompasses a range of alleged harmful behaviors and practices reported by former participants, parents, and advocacy organizations. Understanding the origins of these allegations is crucial for evaluating the legitimacy and scope of the concerns associated with wilderness therapy programs.

Historical Context and Industry Growth

Wilderness therapy has grown rapidly since the 1990s, with increasing numbers of programs operating across the United States. The expansion of the industry has outpaced regulatory oversight in many regions, creating a patchwork of standards and accountability. Reports of abuse, neglect, and inadequate care began to surface as the industry grew, with some high-profile incidents drawing national attention. Open Sky Wilderness is among several programs that have faced scrutiny over staff conduct, treatment protocols, and participant safety.

Sources of Allegations

Abuse allegations often originate from former clients, their families, and watchdog groups concerned with youth treatment facilities. Common themes include physical restraint, emotional manipulation, neglect of medical needs, and insufficient supervision. The lack of standardized reporting mechanisms has made it difficult to quantify the prevalence of abuse, but anecdotal evidence and legal filings have kept the issue in public discourse.

- Former participant testimonials
- Parent complaints
- Whistleblower staff reports

- Media investigations
- Regulatory body reviews

Common Types and Signs of Abuse Reported

Allegations of open sky wilderness abuse often involve a spectrum of behaviors that can be broadly categorized into physical, emotional, and psychological abuse. Recognizing the common types and signs of abuse is essential for families considering such programs and for professionals overseeing participant welfare.

Physical Abuse and Neglect

Physical abuse may include inappropriate use of force, excessive physical restraint, or failure to address medical emergencies. Neglect may involve inadequate nutrition, exposure to harsh weather without proper gear, or insufficient medical attention. These situations can result in physical injuries or long-term health consequences for participants.

Emotional and Psychological Harm

Emotional abuse in the wilderness therapy context may manifest as verbal humiliation, manipulation, or isolation from peers and family. Psychological abuse can include coercive tactics, threats, or punitive measures that undermine a participant's sense of safety and self-worth. Such experiences can have lasting effects, potentially exacerbating the very issues the program was intended to address.

Signs of Potential Abuse

Families and referring professionals should be aware of warning signs that may suggest a participant has experienced abuse during wilderness therapy. These signs can include:

- Unexplained injuries or frequent illnesses
- Sudden behavioral changes or withdrawal
- Expressions of fear or anxiety related to staff
- Reluctance to discuss program experiences
- Development of new mental health symptoms

Legal Actions and Regulatory Oversight

Legal scrutiny and regulatory oversight are central to understanding the landscape of open sky wilderness abuse. While some wilderness therapy programs operate under state regulations, others may fall into gray areas, complicating efforts to hold organizations accountable for misconduct.

Lawsuits and Settlements

A number of lawsuits have been filed against wilderness therapy programs, including Open Sky, alleging various forms of abuse, negligence, and wrongful death. These legal actions have sometimes resulted in settlements, increased public awareness, and calls for stronger industry regulation. However, many cases are settled out of court without public disclosure of details, making it challenging to assess the full scope of the problem.

State and Federal Regulation

Regulation of wilderness therapy programs varies widely by state. Some states require licensure, staff background checks, and routine inspections, while others offer minimal oversight. At the federal level, there is currently no comprehensive legislation specifically addressing wilderness therapy, though advocacy efforts seek to improve standards and protections for participants. The lack of consistent oversight is a significant factor in ongoing concerns about open sky wilderness abuse.

Impact on Participants and Families

The ramifications of abuse in wilderness therapy settings extend beyond the immediate experience, affecting both participants and their families. Understanding these impacts is vital for evaluating the true cost of program failures and for supporting those who have been harmed.

Short- and Long-Term Effects on Participants

Victims of abuse in wilderness therapy may suffer from physical injuries, trauma, and regression in their mental health progress. Emotional and psychological scars can persist long after program completion, sometimes resulting in post-traumatic stress, anxiety disorders, or trust issues. These outcomes highlight the importance of trauma-informed care and robust safeguards within all therapeutic environments.

Family Trust and Decision-Making

Families who entrust their children to wilderness therapy programs expect a safe, supportive, and effective intervention. When abuse occurs, it can

deeply damage trust in the mental health system and make future decision-making regarding treatment far more difficult. Support for families navigating the aftermath of abuse is an essential aspect of the healing process.

Best Practices for Evaluating Wilderness Programs

Given the risks associated with insufficiently regulated wilderness therapy programs, it is crucial for families and professionals to apply rigorous standards when selecting a provider. Awareness of best practices can help mitigate the risk of open sky wilderness abuse and ensure a safer experience for participants.

Key Factors to Consider

When evaluating a wilderness therapy program, families should investigate the following:

- Licensing and accreditation status
- Staff credentials, training, and background checks
- Transparency regarding policies and incident reporting
- Access to medical and mental health professionals
- Participant rights and grievance procedures
- Independent reviews and testimonials

Questions to Ask Program Administrators

Before enrolling a loved one in a wilderness therapy program, families should ask direct questions about safety policies, staff supervision, emergency procedures, and the handling of complaints. Clear communication and transparency are vital indicators of a program's commitment to participant well-being.

Conclusion and Final Thoughts

The topic of open sky wilderness abuse underscores the urgent need for oversight, transparency, and evidence-based practices in the wilderness therapy industry. While programs like Open Sky may offer valuable benefits for some participants, persistent reports of abuse highlight the importance of vigilance and informed decision-making. Families, professionals, and regulators must work together to promote safe, ethical, and effective

therapeutic interventions for youth in crisis.

Q: What is open sky wilderness abuse?

A: Open sky wilderness abuse refers to allegations and incidents of physical, emotional, or psychological harm occurring within the Open Sky Wilderness Therapy program or similar wilderness-based treatment settings. This can include abusive staff behavior, neglect, or unsafe program practices that negatively impact participants.

Q: What types of abuse have been reported in wilderness therapy programs?

A: Reported types of abuse include physical restraint, emotional manipulation, neglect of medical needs, verbal humiliation, and insufficient supervision. Some participants have also described coercive tactics and punitive measures.

Q: How can families recognize signs of abuse in wilderness therapy?

A: Signs of abuse may include unexplained injuries, sudden behavioral changes, expressions of fear or anxiety towards staff, reluctance to discuss program experiences, and new or worsening mental health symptoms.

Q: Are wilderness therapy programs like Open Sky regulated?

A: Regulation varies by state. Some states have licensing and oversight requirements, while others provide little to no regulation. There is currently no comprehensive federal legislation specifically governing wilderness therapy programs.

Q: What should families consider before choosing a wilderness therapy program?

A: Families should research licensing, staff qualifications, safety policies, access to medical care, participant rights, and read independent reviews or testimonials. Asking direct questions about safety and oversight is critical.

Q: What impact can abuse in wilderness therapy have on participants?

A: Abuse can result in physical injuries, trauma, regression in mental health progress, and long-term psychological effects such as anxiety, PTSD, and trust issues.

Q: Have there been lawsuits related to open sky wilderness abuse?

A: Yes, various lawsuits have been filed against wilderness therapy programs, including Open Sky, alleging abuse, negligence, and wrongful death. Some cases have led to settlements or increased scrutiny of the industry.

Q: What steps are being taken to prevent abuse in wilderness therapy?

A: Efforts include state-level regulation, advocacy for federal oversight, improved staff training, independent accreditation, and increased transparency in reporting incidents.

Q: Why do some participants have positive experiences while others report abuse?

A: Outcomes can vary based on individual needs, staff quality, program policies, and level of oversight. While some benefit from the structured, nature-based approach, others may experience harm if safeguards are lacking.

Q: How can abuse in wilderness therapy programs be reported?

A: Abuse can be reported to state licensing boards, child protective services, law enforcement, and advocacy organizations. Families are encouraged to document concerns and seek legal advice if necessary.

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Open Sky Wilderness Abuse: A Growing Threat to Our Natural Spaces

The breathtaking expanse of open sky, the untamed beauty of wilderness – these are treasures we often take for granted. But beneath the surface of pristine landscapes lies a growing threat: open sky wilderness abuse. This isn't just about littering; it encompasses a far broader range of damaging activities that degrade our natural heritage and threaten the delicate balance of ecosystems. This comprehensive guide will delve into the various forms of open sky wilderness abuse, their

devastating consequences, and what we can do to combat this escalating problem. We'll explore everything from irresponsible off-road vehicle use to the pervasive issue of light pollution, offering actionable steps for responsible recreation and conservation.

Understanding the Scope of Open Sky Wilderness Abuse

Open sky wilderness abuse encompasses a wide spectrum of human activities that negatively impact natural environments, often without leaving a readily visible trace. It's crucial to understand the diverse ways in which we unintentionally, or sometimes intentionally, harm these spaces.

1. Off-Road Vehicle Damage: Beyond Tire Tracks

Off-road vehicle (ORV) use, when unregulated or uncontrolled, causes significant damage. Tire tracks compact soil, destroying delicate plant life and disrupting animal habitats. Erosion increases dramatically, leading to mudslides and water pollution. The noise pollution from ORVs also disturbs wildlife, impacting their breeding patterns and overall well-being. This isn't just about the visible damage; the long-term ecological consequences can be devastating.

2. Light Pollution: Stealing the Night Sky

Light pollution, the excessive or inappropriate use of artificial light, significantly impacts nocturnal wildlife. Animals rely on darkness for navigation, hunting, and mating. Excessive light disrupts their natural rhythms, affecting their survival and breeding success. Moreover, light pollution obscures our view of the stars, diminishing one of the most awe-inspiring aspects of the wilderness experience.

3. Air and Noise Pollution from Recreational Activities

Activities like flying drones irresponsibly, operating noisy powerboats, or even carelessly using generators in remote areas contribute to both air and noise pollution. These pollutants impact air quality, affecting both human and wildlife health. Noise pollution startles animals, interferes with their communication, and can lead to displacement from their habitats.

4. Illegal Dumping and Littering: Leaving a Lasting Scar

The most visible form of open sky wilderness abuse, littering and illegal dumping, leaves a lasting scar on the landscape. Plastic waste persists for centuries, harming wildlife that ingest it or become entangled in it. Other discarded materials contaminate soil and water, impacting the entire ecosystem. The sheer volume of waste accumulating in remote areas is alarming and demands urgent attention.

5. Unregulated Recreational Activities: Impacts Beyond Sight

Unregulated camping, uncontrolled wildfires, and the spread of invasive species through careless human actions all contribute to the degradation of open sky wilderness areas. These seemingly small actions, when multiplied across numerous individuals, result in significant environmental harm.

Combating Open Sky Wilderness Abuse: A Call to Action

Addressing open sky wilderness abuse requires a multi-pronged approach involving individual responsibility, stricter regulations, and community engagement.

Individual Actions:

Practice Leave No Trace principles: Pack out everything you pack in, minimize your impact on trails and campsites, and respect wildlife.

Support responsible recreation organizations: Donate to or volunteer with groups that work to protect wilderness areas.

Advocate for stronger regulations: Contact your elected officials to support legislation that protects wilderness areas from abuse.

Educate others: Share your knowledge about the impacts of open sky wilderness abuse and encourage responsible behavior.

Reduce your carbon footprint: Minimize your contribution to air pollution, contributing to cleaner air in wilderness areas.

Community & Governmental Actions:

Enforce existing regulations: Strengthen law enforcement efforts to address illegal activities like dumping and ORV misuse.

Invest in infrastructure: Improve access to proper waste disposal facilities and develop designated areas for responsible recreation.

Promote education and awareness campaigns: Raise public awareness about the importance of protecting wilderness areas and the consequences of abuse.

Develop sustainable tourism practices: Encourage responsible tourism that minimizes environmental impact.

Invest in research and monitoring: Track the extent of open sky wilderness abuse and its effects to better inform conservation strategies.

Conclusion

Open sky wilderness abuse is a serious threat that requires immediate and collective action. By understanding the diverse forms of abuse, their far-reaching consequences, and adopting responsible behaviors, we can collectively work towards protecting the precious wilderness areas that enrich our lives and sustain biodiversity. It's time to shift from passive observation to active stewardship, ensuring that future generations can experience the untamed beauty of open skies and pristine wilderness.

FAQs

1. What are some signs of open sky wilderness abuse that I might observe? Look for evidence of littering, illegal dumping, damaged vegetation from ORV use, erosion scars, and unnatural disturbances to wildlife behavior.
2. How can I report instances of open sky wilderness abuse? Contact your local park authorities, environmental agencies, or law enforcement depending on the severity and nature of the abuse.
3. Are there any apps or resources that help locate and navigate responsible recreation areas? Yes, several apps and websites provide information on designated trails, campsites, and areas appropriate for different recreational activities. Search online for "responsible recreation apps" to find options specific to your region.
4. What is the role of technology in addressing open sky wilderness abuse? Drones and satellite imagery can be used for monitoring and enforcement, helping identify areas of damage and track illegal activities. Apps can also encourage responsible behavior and promote awareness.
5. How can I contribute to research efforts aimed at understanding and mitigating open sky wilderness abuse? Look for opportunities to volunteer with research organizations or participate in citizen science projects that collect data on wilderness health and impact assessments.

open sky wilderness abuse: Cases of Child Neglect and Abuse at Private Residential Treatment Facilities United States. Congress. House. Committee on Education and Labor, 2008

open sky wilderness abuse: Adventure Therapy Michael A. Gass, H.L. "Lee" Gillis, Keith C. Russell, 2020-03-11 This revised text describes the theory substantiating adventure therapy, demonstrates best practices in the field, and presents research validating the immediate and

long-term effects of adventure therapy. A leading text in the field of adventure therapy, outdoor behavioral healthcare, and wilderness therapy, the book is written by three professionals who have been at the forefront of the field since its infancy. This new edition includes fully updated chapters to reflect the immense changes in the field since the first edition was written in 2010. It serves to provide information detailing what is occurring with clients as well as how it occurs. This book provides an invaluable reference for the seasoned professional and is a required source of information and examination for the beginning professional. It is a great training resource for adventure therapy practices in the field of mental health.

open sky wilderness abuse: *Help at Any Cost* Maia Szalavitz, 2006 The troubled-teen industry, with its scaremongering and claims of miraculous changes in behavior through harsh discipline, has existed in one form or another for decades, despite a dearth of evidence supporting its methods. And the growing number of programs that make up this industry are today finding more customers than ever. Maia Szalavitz's *Help at Any Cost* is the first in-depth investigation of this industry and its practices, starting with its roots in the cultlike sixties rehabilitation program Synanon and Large Group Awareness Training organizations likeest in the seventies; continuing with Straight, Inc., which received Nancy Reagan's seal of approval in the eighties; and culminating with a look at the World Wide Association of Specialty Programs-the leading force in the industry today-which has begun setting up shop in foreign countries to avoid regulation. Szalavitz uncovers disturbing findings about these programs' methods, including allegation of physical and verbal abuse, and presents us with moving, often horrifying, first-person accounts of kids who made it through-as well as stories of those who didn't survive. The book also contains a thoughtfully compiled guide for parents, which details effective treatment alternatives. Weaving careful reporting with astute analysis, Maia Szalavitz has written an important and timely survey that will change the way we look at rebellious teens-and the people to whom we entrust them. *Help at Any Cost* is a vital resource with an urgent message that will draw attention to a compelling issue long overlooked.

open sky wilderness abuse: *Shouting at the Sky* Gary Ferguson, 1999-03-15 Gary Ferguson recounts the experiences he had while spending two months in the Utah wilderness with a group of troubled teens.

open sky wilderness abuse: *This Bright Future* Bobby Hall, 2021-09-07 The instant New York Times bestseller and "inspiring and vulnerable" (Trevor Noah) memoir from Bobby Hall, the multiplatinum recording artist known as Logic and the #1 bestselling author of *Supermarket*. This *Bright Future* is a raw and unfiltered journey into the life and mind of Bobby Hall, who emerged from the wreckage of a horrifically abusive childhood to become an era-defining artist of our tumultuous age. A self-described orphan with parents, Bobby Hall began life as Sir Robert Bryson Hall II, the only child of an alcoholic, mentally ill mother on welfare and an absent, crack-addicted father. After enduring seventeen years of abuse and neglect, Bobby ran away from home and—with nothing more than a discarded laptop and a ninth-grade education—he found his voice in the world of hip-hop and a new home in a place he never expected: the untamed and uncharted wilderness of the social media age. In the message boards and livestreams of this brave new world, Bobby became Logic, transforming a childhood of violence, anger, and trauma into music that spread a resilient message of peace, love, and positivity. His songs would touch the lives of millions, taking him to dizzying heights of success, where the wounds of his childhood and the perils of Internet fame would nearly be his undoing. A landmark achievement in an already remarkable career, *This Bright Future* "is just like the author—fearless, funny, and full of heart" (Ernest Cline, #1 New York Times bestselling author of *Ready Player One*) and looks back on Bobby's extraordinary life with lacerating humor and fearless honesty. Heart-wrenching yet ultimately uplifting, this book completes the incredible true story and transformation of a human being who, against all odds, refused to be broken.

open sky wilderness abuse: *Touching Spirit Bear* Ben Mikaelson, 2010-04-20 In his Nautilus Award-winning classic *Touching Spirit Bear*, author Ben Mikaelson delivers a powerful coming-of-age story of a boy who must overcome the effects that violence has had on his life. After

severely injuring Peter Driscall in an empty parking lot, mischief-maker Cole Matthews is in major trouble. But instead of jail time, Cole is given another option: attend Circle Justice, an alternative program that sends juvenile offenders to a remote Alaskan Island to focus on changing their ways. Desperate to avoid prison, Cole fakes humility and agrees to go. While there, Cole is mauled by a mysterious white bear and left for dead. Thoughts of his abusive parents, helpless Peter, and his own anger cause him to examine his actions and seek redemption—from the spirit bear that attacked him, from his victims, and, most importantly, from himself. Ben Mikaelson paints a vivid picture of a juvenile offender, examining the roots of his anger without absolving him of responsibility for his actions, and questioning a society in which angry people make victims of their peers and communities. *Touching Spirit Bear* is a poignant testimonial to the power of a pain that can destroy, or lead to healing. A strong choice for independent reading, sharing in the classroom, homeschooling, and book groups.

open sky wilderness abuse: *Pilgrim's Wilderness* Tom Kizzia, 2013-07-16 *Into the Wild* meets *Helter Skelter* in this riveting true story of a modern-day homesteading family in the deepest reaches of the Alaskan wilderness—and of the chilling secrets of its maniacal, spellbinding patriarch. When Papa Pilgrim, his wife, and their fifteen children appeared in the Alaska frontier outpost of McCarthy, their new neighbors saw them as a shining example of the homespun Christian ideal. But behind the family's proud piety and beautiful old-timey music lay Pilgrim's dark past: his strange connection to the Kennedy assassination and a trail of chaos and anguish that followed him from Dallas and New Mexico. Pilgrim soon sparked a tense confrontation with the National Park Service fiercely dividing the community over where a citizen's rights end and the government's power begins. As the battle grew more intense, the turmoil in his brood made it increasingly difficult to tell whether his children were messianic followers or hostages in desperate need of rescue. In this powerful piece of Americana, written with uncommon grace and high drama, veteran Alaska journalist, Tom Kizzia uses his unparalleled access to capture an era-defining clash between environmentalists and pioneers ignited by a mesmerizing sociopath who held a town and a family captive.

open sky wilderness abuse: *Confessions of a Barbarian* David Petersen, 2003 Iconoclast, activist, philosopher, and spiritual father of the environmental movement, the author of *The Monkeywrench Gang* was also an avid journal keeper. Here Abbey's longtime friend David Petersen showcases the best of these journals, complete with Abbey's philosophical musings, notes, character sketches, and illustrations.

open sky wilderness abuse: *Failed States* Noam Chomsky, 2007-04-03 The world's foremost critic of U.S. foreign policy exposes the hollow promises of democracy in American actions abroad—and at home The United States has repeatedly asserted its right to intervene against failed states around the globe. In this much anticipated sequel to his international bestseller *Hegemony or Survival*, Noam Chomsky turns the tables, charging the United States with being a failed state, and thus a danger to its own people and the world. Failed states Chomsky writes, are those that do not protect their citizens from violence and perhaps even destruction, that regard themselves as beyond the reach of domestic or international law, and that suffer from a 'democratic deficit,' having democratic forms but with limited substance. Exploring recent U.S. foreign and domestic policies, Chomsky assesses Washington's escalation of the nuclear risk; the dangerous consequences of the occupation of Iraq; and America's self-exemption from international law. He also examines an American electoral system that frustrates genuine political alternatives, thus impeding any meaningful democracy. Forceful, lucid, and meticulously documented, *Failed States* offers a comprehensive analysis of a global superpower that has long claimed the right to reshape other nations while its own democratic institutions are in severe crisis, and its policies and practices have recklessly placed the world on the brink of disaster. Systematically dismantling America's claim to being the world's arbiter of democracy, *Failed States* is Chomsky's most focused—and urgent—critique to date.

open sky wilderness abuse: *I Love Jesus, But I Want to Die* Sarah J. Robinson, 2021-05-11 A

compassionate, shame-free guide for your darkest days “A one-of-a-kind book . . . to read for yourself or give to a struggling friend or loved one without the fear that depression and suicidal thoughts will be minimized, medicalized or over-spiritualized.”—Kay Warren, cofounder of Saddleback Church

What happens when loving Jesus doesn't cure you of depression, anxiety, or suicidal thoughts? You might be crushed by shame over your mental illness, only to be told by well-meaning Christians to “choose joy” and “pray more.” So you beg God to take away the pain, but nothing eases the ache inside. As darkness lingers and color drains from your world, you're left wondering if God has abandoned you. You just want a way out. But there's hope. In *I Love Jesus, But I Want to Die*, Sarah J. Robinson offers a healthy, practical, and shame-free guide for Christians struggling with mental illness. With unflinching honesty, Sarah shares her story of battling depression and fighting to stay alive despite toxic theology that made her afraid to seek help outside the church. Pairing her own story with scriptural insights, mental health research, and simple practices, Sarah helps you reconnect with the God who is present in our deepest anguish and discover that you are worth everything it takes to get better. Beautifully written and full of hard-won wisdom, *I Love Jesus, But I Want to Die* offers a path toward a rich, hope-filled life in Christ, even when healing doesn't look like what you expect.

open sky wilderness abuse: *Adventure Therapy* Michael A. Gass, H.L. "Lee" Gillis, Keith C. Russell, 2020-03-11 This revised text describes the theory substantiating adventure therapy, demonstrates best practices in the field, and presents research validating the immediate and long-term effects of adventure therapy. A leading text in the field of adventure therapy, outdoor behavioral healthcare, and wilderness therapy, the book is written by three professionals who have been at the forefront of the field since its infancy. This new edition includes fully updated chapters to reflect the immense changes in the field since the first edition was written in 2010. It serves to provide information detailing what is occurring with clients as well as how it occurs. This book provides an invaluable reference for the seasoned professional and is a required source of information and examination for the beginning professional. It is a great training resource for adventure therapy practices in the field of mental health.

open sky wilderness abuse: *Starvation Heights* Gregg Olsen, 2005-05-03 In this true story—a haunting saga of medical murder set in an era of steamships and gaslights—Gregg Olsen reveals one of the most unusual and disturbing criminal cases in American history. In 1911 two wealthy British heiresses, Claire and Dora Williamson, arrived at a sanatorium in the forests of the Pacific Northwest to undergo the revolutionary “fasting treatment” of Dr. Linda Burfield Hazzard. It was supposed to be a holiday for the two sisters, but within a month of arriving at what the locals called Starvation Heights, the women underwent brutal treatments and were emaciated shadows of their former selves. Claire and Dora were not the first victims of Linda Hazzard, a quack doctor of extraordinary evil and greed. But as their jewelry disappeared and forged bank drafts began transferring their wealth to Hazzard's accounts, the sisters came to learn that Hazzard would stop at nothing short of murder to achieve her ambitions.

open sky wilderness abuse: *Trauma, Abandonment and Privilege* Nick Duffell, Thurstine Basset, 2016-04-14 *Trauma, Abandonment and Privilege* discusses how ex-boarders can be amongst the most challenging clients for therapists; even experienced therapists may unwittingly struggle to skilfully address the needs of this client group. It looks at the effect on adults of being sent away to board in childhood and the problems associated with boarding, which have only recently been acknowledged by mainstream mental health professionals. This practice-based book is illustrated by case studies, diagrams and exercises and is divided into three parts: ‘Recognition; Acceptance; Change’. It aims to help readers understand the emotional processes of boarding and the psychological aspects of survival, outlining the steps toward recovery and the repercussions of survival. The book also explores how ex-boarders frequently struggle with intimate relationships with spouses and partners and offers interventions and strategies for those working with ex-boarder clients. *Trauma, Abandonment and Privilege* will be of interest to therapists, counsellors and mental health workers across the UK. It will also be relevant to those who are well acquainted with

boarding schools based on the UK model, for example in Canada, Australia, New Zealand and India.

open sky wilderness abuse: Strong at the Heart Carolyn Lehman, 2014-02-03 Every year more than half a million young people are sexually abused or assaulted in North America. This groundbreaking book brings readers face-to-face with nine survivors who speak with candor and courage about the abuse they experienced, how they have healed, and how they are moving forward with their lives. White, black, Latino, and Native American, these everyday heroes come from a wide range of communities and have found different ways to cope with and overcome sexual trauma. Through moving personal stories and striking photographs they take readers into their lives, offering insight and hope for anyone affected by this all-too-common childhood experience. In this book about healing, young readers and their families will find additional information in the resource section, a comprehensive guide to the best help lines, books, films, and Web sites on healing and resilience.

open sky wilderness abuse: Between the World and Me Ta-Nehisi Coates, 2015-07-14 #1 NEW YORK TIMES BESTSELLER • NATIONAL BOOK AWARD WINNER • NAMED ONE OF TIME'S TEN BEST NONFICTION BOOKS OF THE DECADE • PULITZER PRIZE FINALIST • NATIONAL BOOK CRITICS CIRCLE AWARD FINALIST • ONE OF OPRAH'S "BOOKS THAT HELP ME THROUGH" • NOW AN HBO ORIGINAL SPECIAL EVENT Hailed by Toni Morrison as "required reading," a bold and personal literary exploration of America's racial history by "the most important essayist in a generation and a writer who changed the national political conversation about race" (Rolling Stone) NAMED ONE OF THE MOST INFLUENTIAL BOOKS OF THE DECADE BY CNN • NAMED ONE OF PASTE'S BEST MEMOIRS OF THE DECADE • NAMED ONE OF THE TEN BEST BOOKS OF THE YEAR BY The New York Times Book Review • O: The Oprah Magazine • The Washington Post • People • Entertainment Weekly • Vogue • Los Angeles Times • San Francisco Chronicle • Chicago Tribune • New York • Newsday • Library Journal • Publishers Weekly In a profound work that pivots from the biggest questions about American history and ideals to the most intimate concerns of a father for his son, Ta-Nehisi Coates offers a powerful new framework for understanding our nation's history and current crisis. Americans have built an empire on the idea of "race," a falsehood that damages us all but falls most heavily on the bodies of black women and men—bodies exploited through slavery and segregation, and, today, threatened, locked up, and murdered out of all proportion. What is it like to inhabit a black body and find a way to live within it? And how can we all honestly reckon with this fraught history and free ourselves from its burden? Between the World and Me is Ta-Nehisi Coates's attempt to answer these questions in a letter to his adolescent son. Coates shares with his son—and readers—the story of his awakening to the truth about his place in the world through a series of revelatory experiences, from Howard University to Civil War battlefields, from the South Side of Chicago to Paris, from his childhood home to the living rooms of mothers whose children's lives were taken as American plunder. Beautifully woven from personal narrative, reimagined history, and fresh, emotionally charged reportage, Between the World and Me clearly illuminates the past, bracingly confronts our present, and offers a transcendent vision for a way forward.

open sky wilderness abuse: Family Therapy with Adolescents in Residential Treatment Jacob D. Christenson, Ashley N. Merritts, 2017-03-30 This highly practical resource integrates the powerful dynamics of family into residential treatment and outdoors-based therapy for young people. Recognizing both the family as the systemic base for promoting change in adolescents and the therapeutic potential of the residential/wilderness setting, experts show how aligning the two can enhance the healing value of the program while promoting higher standards for care. Chapters describe innovative, science-based interventions and techniques for treating common behavioral and emotional problems along a continuum of family involvement and separation, to address issues affecting the family as well as the identified patient. With its accessible ideas and compelling case studies, the book ably demonstrates the critical role of family in adolescent patients' successful transition to post-treatment life. Among the topics covered: • A parallel process: home therapy while the adolescent or young adult is in residential care. • Intentional separation of families: increasing differentiation through wilderness therapy. • Emerging family therapy models utilized in residential

settings. • Engaging families in Outdoor Behavioral Healthcare. • Research on coping skills used by youth with emotional and behavioral disorders. • Expanding our understanding of the place of family therapy in residential treatment. Family Therapy with Adolescents in Residential Treatment offers novel, exciting, and effective strategies and techniques for practitioners and mental health professionals particularly interested in family therapy with adolescents, and in related interventions and research.

open sky wilderness abuse: *Deep Creek: Finding Hope in the High Country* Pam Houston, 2019-01-29 Winner of the 2020 Reading the West Advocacy Award Winner of the 2020 Colorado Book Award for Creative Nonfiction This is a book for all of us, right now. —Cheryl Strayed, author of *Wild* On her 120-acre homestead high in the Colorado Rockies, beloved writer Pam Houston learns what it means to care for a piece of land and the creatures on it. Elk calves and bluebirds mark the changing seasons, winter temperatures drop to 35 below, and lightning sparks a 110,000-acre wildfire, threatening her century-old barn and all its inhabitants. Through her travels from the Gulf of Mexico to Alaska, she explores what ties her to the earth, the ranch most of all. Alongside her devoted Irish wolfhounds and a spirited troupe of horses, donkeys, and Icelandic sheep, the ranch becomes Houston's sanctuary, a place where she discovers how the natural world has mothered and healed her after a childhood of horrific parental abuse and neglect. In essays as lucid and invigorating as mountain air, *Deep Creek* delivers Houston's most profound meditations yet on how "to live simultaneously inside the wonder and the grief... to love the damaged world and do what I can to help it thrive."

open sky wilderness abuse: *Chasing Carson* Dawn McCord, 2021-12-18 We knew we were in trouble when we started getting calls from the neighbors saying Carson was at the top of the tallest tree on the street. He was 7 or 8 years old. At 10 he made a zipline out of the dog's tie out and leash then attempted to zip from the tree to the top of the playhouse, nearly hanging himself. He came out of the womb a natural athlete and risk taker. We were amazed by his ingenuity. Freshman year of high school he started experimenting with drugs like most teens do, however our boy had unlocked the door to addiction. As his drugs became harder he spiraled out of control with periods of abstinence followed by a few weeks of being on a "bender" until a crisis would end that cycle. Each time, we would think this is his "rock bottom", then it wasn't. We struggled with "Is this just the throws of adolescence or does he have a problem." By his Senior year he overdosed. Then starts the scramble to find some sort of rehabilitation that is longer, different and out of our area. How can we afford it? Insurance? Savings? Mortgage the house? What does recovery look like for a now 18 year old that can just walk away from wherever we send him?Always Chasing Carson.....

open sky wilderness abuse: Integral Ecology Sean Esbjorn-Hargens, Ph.D., Michael E. Zimmerman, Ph.D., 2011-03-08 Today there is a bewildering diversity of views on ecology and the natural environment. With more than two hundred distinct and valuable perspectives on the natural world—and with scientists, economists, ethicists, activists, philosophers, and others often taking completely different stances on the issues—how can we come to agreement to solve our toughest environmental problems? In response to this pressing need, *Integral Ecology* unites valuable insights from multiple perspectives into a comprehensive theoretical framework—one that can be put to use right now. The framework is based on Integral Theory, as well as Ken Wilber's AQAL model, and is the result of over a decade of research exploring the myriad perspectives on ecology available to us today and their respective methodologies. Dozens of real-life applications and examples of this framework currently in use are examined, including three in-depth case studies: work with marine fisheries in Hawai'i, strategies of eco-activists to protect Canada's Great Bear Rainforest, and a study of community development in El Salvador. In addition, eighteen personal practices of transformation are provided for you to increase your own integral ecological awareness. *Integral Ecology* provides the most sophisticated application and extension of Integral Theory available today, and as such it serves as a template for any truly integral effort.

open sky wilderness abuse: The Origin of Consciousness in the Breakdown of the Bicameral Mind Julian Jaynes, 2000-08-15 National Book Award Finalist: "This man's ideas may be

the most influential, not to say controversial, of the second half of the twentieth century.”—Columbus Dispatch At the heart of this classic, seminal book is Julian Jaynes's still-controversial thesis that human consciousness did not begin far back in animal evolution but instead is a learned process that came about only three thousand years ago and is still developing. The implications of this revolutionary scientific paradigm extend into virtually every aspect of our psychology, our history and culture, our religion—and indeed our future. “Don’t be put off by the academic title of Julian Jaynes’s *The Origin of Consciousness in the Breakdown of the Bicameral Mind*. Its prose is always lucid and often lyrical...he unfolds his case with the utmost intellectual rigor.”—The New York Times “When Julian Jaynes . . . speculates that until late in the twentieth millennium BC men had no consciousness but were automatically obeying the voices of the gods, we are astounded but compelled to follow this remarkable thesis.”—John Updike, *The New Yorker* “He is as startling as Freud was in *The Interpretation of Dreams*, and Jaynes is equally as adept at forcing a new view of known human behavior.”—American Journal of Psychiatry

open sky wilderness abuse: *The Walking Drum* Louis L’Amour, 2005-04-26 Louis L’Amour has been best known for his ability to capture the spirit and drama of the authentic American West. Now he guides his readers to an even more distant frontier—the enthralling lands of the twelfth century. Warrior, lover, and scholar, Kerbouchard is a daring seeker of knowledge and fortune bound on a journey of enormous challenge, danger, and revenge. Across Europe, over the Russian steppes, and through the Byzantine wonders of Constantinople, Kerbouchard is thrust into the treacheries, passions, violence, and dazzling wonders of a magnificent time. From castle to slave galley, from sword-racked battlefields to a princess’s secret chamber, and ultimately, to the impregnable fortress of the Valley of Assassins, *The Walking Drum* is a powerful adventure in an ancient world that you will find every bit as riveting as Louis L’Amour’s stories of the American West.

open sky wilderness abuse: *A Constellation of Vital Phenomena* Anthony Marra, 2013-05-16 *** Granta Best of Young American Novelists 2017 *** In a snow-covered village in Chechnya, eight-year-old Havaa watches from the woods as her father is abducted in the middle of the night by Russian soldiers. Their life-long friend and neighbour, Akhmed, has also been watching, and when he finds Havaa he knows of only one person who might be able to help. For tough-minded doctor Sonja Rabina, it’s just another day of trying to keep her bombed-out, abandoned hospital going. When Akhmed arrives with Havaa, asking Sonja for shelter, she has no idea who the pair are. But over the course of five extraordinary days, Sonja’s world will shift on its axis, revealing the intricate pattern of connections that binds these three unlikely companions together and unexpectedly decides their fate. ‘A Constellation of Vital Phenomena is simply spectacular’ Ann Patchett

open sky wilderness abuse: *Open Heart, Open Mind* Clara Hughes, 2017-01-03 The long-awaited memoir by Canada’s most celebrated Olympian and advocate for mental health. From one of Canada’s most decorated Olympians comes a raw but life-affirming story of one woman’s struggle with depression. In 2006, when Clara Hughes stepped onto the Olympic podium in Torino, Italy, she became the first and only athlete ever to win multiple medals in both Summer and Winter Games. Four years later, she was proud to carry the Canadian flag at the head of the Canadian team as they participated in the opening ceremony of the Vancouver Olympic Winter Games. But there’s another story behind her celebrated career as an athlete, behind her signature billboard smile. While most professional athletes devote their entire lives to training, Clara spent her teenage years using drugs and drinking to escape the stifling home life her alcoholic father had created in Elmwood, Winnipeg. She was headed nowhere fast when, at sixteen, she watched transfixed in her living room as gold medal speed skater Gaétan Boucher effortlessly raced in the 1988 Calgary Olympics. Dreaming of one day competing herself, Clara channeled her anger, frustration, and raw ambition into the endurance sports of speed skating and cycling. By 2010, she had become a six-time Olympic medalist. But after more than a decade in the gruelling world of professional sports that stripped away her confidence and bruised her body, Clara began to realize that her physical

extremes, her emotional setbacks, and her partying habits were masking a severe depression. After winning bronze in the last speed skating race of her career, she decided to retire from that sport, determined to repair herself. She has emerged as one of our most committed humanitarians, advocating for a variety of social causes both in Canada and around the world. In 2010, she became national spokesperson for Bell Canada's Let's Talk campaign in support of mental health awareness, using her Olympic standing to share the positive message of the power of forgiveness. Told with honesty and passion, *Open Heart, Open Mind* is Clara's personal journey through physical and mental pain to a life where love and understanding can thrive. This revelatory and inspiring story will touch the hearts of all Canadians.

open sky wilderness abuse: *Walden* Henry David Thoreau, 1882

open sky wilderness abuse: *Beyond Addiction* Jeffrey Foote, Carrie Wilkens, Nicole Kosanke, Stephanie Higgs, 2014-02-18 The most innovative leaders in progressive addiction treatment in the US offer a groundbreaking, science-based guide to helping loved ones overcome addiction problems and compulsive behaviors. The most innovative leaders in progressive addiction treatment in the US offer a groundbreaking, science-based guide to helping loved ones overcome addiction problems and compulsive behaviors. *Beyond Addiction* eschews the theatrics of interventions and tough love to show family and friends how they can use kindness, positive reinforcement, and motivational and behavioral strategies to help their loved ones change. Drawing on forty collective years of research and decades of clinical experience, the authors present the best practical advice science has to offer. Delivered with warmth, optimism, and humor, *Beyond Addiction* defines a new, empowered role for friends and family and a paradigm shift for the field. Learn how to tap the transformative power of relationships for positive change, guided by exercises and examples. Practice what really works in therapy and in everyday life, and discover many different treatment options along with tips for navigating the system. And have hope: this guide is designed not only to help someone change, but to help someone want to change.

open sky wilderness abuse: *This Vicious Grace* Emily Thiede, 2022-06-28 One of the best fantasies of the year. - BuzzFeed Riveting, passionate, and full of high stakes danger. —Tamora Pierce, #1 New York Times bestselling author Emily Thiede's exciting fantasy debut, *This Vicious Grace*, the first in The Last Finestra duology, will keep readers turning the pages until the devastating conclusion and leave them primed for more! Three weddings. Three funerals. Alessa's gift from the gods is supposed to magnify a partner's magic, not kill every suitor she touches. Now, with only weeks left until a hungry swarm of demons devours everything on her island home, Alessa is running out of time to find a partner and stop the invasion. When a powerful priest convinces the faithful that killing Alessa is the island's only hope, her own soldiers try to assassinate her. Desperate to survive, Alessa hires Dante, a cynical outcast marked as a killer, to become her personal bodyguard. But as rebellion explodes outside the gates, Dante's dark secrets may be the biggest betrayal. He holds the key to her survival and her heart, but is he the one person who can help her master her gift or destroy her once and for all? Don't miss the thrilling conclusion to The Last Finestra duology, *This Cursed Light*— out now wherever books are sold!

open sky wilderness abuse: *Open Season* C. J. Box, 2002-05-07 Don't miss the JOE PICKETT series—now streaming on Paramount+ The first novel in the thrilling series featuring Wyoming game warden Joe Pickett from #1 New York Times bestselling author C. J. Box. Joe Pickett is the new game warden in Twelve Sleep, Wyoming, a town where nearly everyone hunts and the game warden—especially one like Joe who won't take bribes or look the other way—is far from popular. When he finds a local hunting outfitter dead, splayed out on the woodpile behind his state-owned home, he takes it personally. There had to be a reason that the outfitter, with whom he's had run-ins before, chose his backyard, his woodpile to die in. Even after the outfitter murders, as they have been dubbed by the local press after the discovery of the two more bodies, are solved, Joe continues to investigate, uneasy with the easy explanation offered by the local police. As Joe digs deeper into the murders, he soon discovers that the outfitter brought more than death to his backdoor: he brought Joe an endangered species, thought to be extinct, which is now living in his woodpile. But if

word of the existence of this endangered species gets out, it will destroy any chance of InterWest, a multi-national natural gas company, building an oil pipeline that would bring the company billions of dollars across Wyoming, through the mountains and forests of Twelve Sleep. The closer Joe comes to the truth behind the outfitter murders, the endangered species and InterWest, the closer he comes to losing everything he holds dear.

open sky wilderness abuse: Missoula Jon Krakauer, 2016-01-12 NATIONAL BESTSELLER • “A devastating exposé of colleges and local law enforcement.... A substantive deep dive into the morass of campus sex crimes, where the victim is too often treated like the accused.” —Entertainment Weekly Missoula, Montana, is a typical college town, home to a highly regarded state university whose beloved football team inspires a passionately loyal fan base. Between January 2008 and May 2012, hundreds of students reported sexual assaults to the local police. Few of the cases were properly handled by either the university or local authorities. In this, Missoula is also typical. In these pages, acclaimed journalist Jon Krakauer investigates a spate of campus rapes that occurred in Missoula over a four-year period. Taking the town as a case study for a crime that is sadly prevalent throughout the nation, Krakauer documents the experiences of five victims: their fear and self-doubt in the aftermath; the skepticism directed at them by police, prosecutors, and the public; their bravery in pushing forward and what it cost them. These stories cut through abstract ideological debate about acquaintance rape to demonstrate that it does not happen because women are sending mixed signals or seeking attention. They are victims of a terrible crime, deserving of fairness from our justice system. Rigorously researched, rendered in incisive prose, Missoula stands as an essential call to action.

open sky wilderness abuse: Sixty Meters to Anywhere Brendan Leonard, 2016-03-22 • The author is a popular journalist and blogger and the creator of Semi-rad.com • A full journey—from confusion to clarity, remorse to redemption • Will appeal to those searching for adventure and purpose When Brendan Leonard finished substance abuse treatment at age 23, he was lost. He knew what not to do—not drink alcohol and not get arrested again. But no one had told him what it was that he could do. He quickly realized that he had to reinvent himself, to find something other than alcohol and its social constructions to build his life around. A few years later, Brendan was sober and had completed a graduate degree in journalism, but he still felt he was treading water, searching for direction. Then his brother gave him a climbing rope. And along that sixty-meter lifeline, Brendan gradually found redemption in the crags of the American West. He became a climber, someone who learned to push past fear, to tough it out during long, grueling days in the mountains; someone who supported his partners, keeping them safe in dangerous situations and volatile environments; someone with confidence, purpose, and space to breathe. *Sixty Meters to Anywhere* is the painfully honest story of a life changed by climbing, and the sometimes nervous, sometimes nerve-wracking, and often awkward first years of recovery. In the mountains, Leonard ultimately finds a second chance.

open sky wilderness abuse: Integral Ecology Sean Esbjörn-Hargens, Michael E. Zimmerman, 2009 Dozens of real-life applications and examples of this framework currently in use are examined, including three in-depth cases studies: work with marine fisheries in Hawai'i, strategies of eco-activists to protect Canada's Great Bear Rainforest, and a study of community development in El Salvador. In addition, eighteen personal practices of transformation are provided for you to increase your own integral ecological awareness.--Jacket.

open sky wilderness abuse: The Poet X Elizabeth Acevedo, 2018-03-06 Winner of the National Book Award for Young People's Literature, the Michael L. Printz Award, and the Pura Belpré Award! Fans of Jacqueline Woodson, Meg Medina, and Jason Reynolds will fall hard for this astonishing New York Times-bestselling novel-in-verse by an award-winning slam poet, about an Afro-Latina heroine who tells her story with blazing words and powerful truth. Xiomara Batista feels unheard and unable to hide in her Harlem neighborhood. Ever since her body grew into curves, she has learned to let her fists and her fierceness do the talking. But Xiomara has plenty she wants to say, and she pours all her frustration and passion onto the pages of a leather notebook, reciting the

words to herself like prayers—especially after she catches feelings for a boy in her bio class named Aman, who her family can never know about. With Mami’s determination to force her daughter to obey the laws of the church, Xiomara understands that her thoughts are best kept to herself. So when she is invited to join her school’s slam poetry club, she doesn’t know how she could ever attend without her mami finding out. But she still can’t stop thinking about performing her poems. Because in the face of a world that may not want to hear her, Xiomara refuses to be silent. “Crackles with energy and snaps with authenticity and voice.” —Justina Ireland, author of *Dread Nation* “An incredibly potent debut.” —Jason Reynolds, author of the National Book Award Finalist *Ghost* “Acevedo has amplified the voices of girls en el barrio who are equal parts goddess, saint, warrior, and hero.” —Ibi Zoboi, author of *American Street* This young adult novel, a selection of the Schomburg Center's Black Liberation Reading List, is an excellent choice for accelerated tween readers in grades 6 to 8. Plus don't miss Elizabeth Acevedo's *With the Fire on High* and *Clap When You Land*!

open sky wilderness abuse: *Desert Cabal* Amy Irvine, 2018-11-06 Amy Irvine implores us to trade in our solitude for solidarity, to recognize ourselves in each other and in the places we love, so that we might come together to save them. —PAM HOUSTON As Edward Abbey’s *Desert Solitaire: A Season in the Wilderness* turns fifty, its iconic author, who has inspired generations of rebel-rousing advocacy on behalf of the American West, is due for a tribute as well as a talking to. In *Desert Cabal: A New Season in the Wilderness*, Amy Irvine admires the man who influenced her life and work while challenging all that is dated—offensive, even—between the covers of Abbey’s environmental classic. From Abbey’s quiet notion of solitude to Irvine’s roaring cabal, the desert just got hotter, and its defenders more nuanced and numerous.

open sky wilderness abuse: *A Wilderness of Error* Errol Morris, 2014-01-22 Soon to be an FX Docuseries from Emmy® Award-Winning Producer Marc Smerling (*The Jinx*) featuring the author Errol Morris! Academy Award-winning filmmaker Errol Morris examines one of the most notorious and mysterious murder trials of the twentieth century In this profoundly original meditation on truth and the justice system, Errol Morris—a former private detective and director of *The Thin Blue Line*—delves deeply into the infamous Jeffrey MacDonald murder case. MacDonald, whose pregnant wife and two young daughters were brutally murdered in 1970, was convicted of the killings in 1979 and remains in prison today. The culmination of an investigation spanning over twenty years and a masterly reinvention of the true-crime thriller, *A Wilderness of Error* is a shocking book because it shows that everything we have been told about the case is deeply unreliable and that crucial elements of case against MacDonald are simply not true.

open sky wilderness abuse: *The City in the Middle of the Night* Charlie Jane Anders, 2019-02-12 LOCUS AWARD FINALIST! “This generation’s Le Guin.” —Andrew Sean Greer, Pulitzer Prize-winning author of *Less* Charlie Jane Anders, the nationally bestselling author of *All the Birds in the Sky* delivers a brilliant new novel set in a hauntingly strange future with #10 LA Times bestseller *The City in the Middle of the Night*. If you control our sleep, then you can own our dreams... And from there, it's easy to control our entire lives. January is a dying planet—divided between a permanently frozen darkness on one side, and blazing endless sunshine on the other. Humanity clings to life, spread across two archaic cities built in the sliver of habitable dusk. But life inside the cities is just as dangerous as the uninhabitable wastelands outside. Sophie, a student and reluctant revolutionary, is supposed to be dead after being exiled into the night. Saved only by forming an unusual bond with the enigmatic beasts who roam the ice, Sophie vows to stay hidden from the world, hoping she can heal. But fate has other plans—and Sophie's ensuing odyssey and the ragtag family she finds will change the entire world. At the Publisher's request, this title is being sold without Digital Rights Management Software (DRM) applied.

open sky wilderness abuse: *All of Us with Wings* Michelle Ruiz Keil, 2019-06-18 This young adult fantasy debut about love, found family, and healing is “a fantastical ode to the Golden City’s postpunk era,” told through the eyes of a Mexican-American girl (*Entertainment Weekly*). “Complex and beautiful, blending folklore, San Franciscan history, the music scene, vampires, magic . . . hard

to put down.” —School Library Journal Seventeen-year-old Xochi is alone in San Francisco, running from her painful past: the mother who abandoned her, the man who betrayed her. Then one day, she meets Pallas, a precocious twelve-year-old who lives with her rockstar family in one of the city’s storybook Victorians. Xochi accepts a position as Pallas’s live-in governess and quickly finds her place in the girl’s tight-knit household, which operates on a free-love philosophy and easy warmth despite the band’s growing fame. But on the night of the Vernal Equinox, as a concert afterparty rages in the house below, Xochi and Pallas perform a riot-grrrrl ritual in good fun, accidentally summoning a pair of ancient beings bound to avenge the wrongs of Xochi’s past. She would do anything to preserve her new life, but with the creatures determined to exact vengeance on those who’ve hurt her, no one is safe—not the family Xochi’s chosen, nor the one she left behind.

open sky wilderness abuse: *Queen of Swords* Sara Donati, 2006-10-31 It is the late summer of 1814, and Hannah Bonner and her half brother Luke have spent more than a year searching the islands of the Caribbean for Luke’s wife and the man who abducted her. But Jennet’s rescue, so long in coming, is not the resolution they’d hoped for. In the spring she had given birth to Luke’s son, and in the summer Jennet had found herself compelled to surrender the infant to a stranger in the hope of keeping him safe. To claim the child, Hannah, Luke, and Jennet must journey first to Pensacola. There they learn a great deal about the family that has the baby. The Poiterins are a very rich, very powerful Creole family, totally without scruple. The matriarch of the family has left Pensacola for New Orleans and taken the child she now claims as her great-grandson with her. New Orleans is a city on the brink of war, a city where prejudice thrives and where Hannah, half Mohawk, must tread softly. Careful plans are made as the Bonners set out to find and reclaim young Nathaniel Bonner. Plans that go terribly awry, isolating them from each other in a dangerous city at the worst of times. Sure that all is lost, and sick unto death, Hannah finds herself in the care of a family and a friend from her past, Dr. Paul de Guise Savard dit Saint-d’Uzet. It is Dr. Savard and his wife who save Hannah’s life, but Dr. Savard’s half brother who offers her real hope. Jean-Benoit Savard, the great-grandson of French settlers, slaves, and Choctaw and Seminole Indians, is the one man who knows the city well enough to engineer the miracle that will reunite the Bonners and send them home to Lake in the Clouds. With Ben Savard’s guidance, allies are drawn from every segment of New Orleans’s population and from Andrew Jackson’s army, now pouring into the city in preparation for what will be the last major battle of the War of 1812.

open sky wilderness abuse: *My Absolute Darling* Gabriel Tallent, 2017-08-29 INSTANT NEW YORK TIMES BESTSELLER LA TIMES BOOK PRIZE FINALIST NBCC JOHN LEONARD PRIZE FINALIST ONE OF THE NEW YORK TIMES’S MOST NOTABLE BOOKS OF 2017 ONE OF THE WASHINGTON POST’S MOST NOTABLE BOOKS OF 2017 ONE OF NPR’S ‘GREAT READS’ OF 2017 A USA TODAY BEST BOOK OF THE YEAR AN AMAZON.COM BEST BOOK OF THE YEAR A BUSINESS INSIDER BEST BOOK OF THE YEAR Impossible to put down. —NPR A novel that readers will gulp down, gasping.” —The Washington Post The word ‘masterpiece’ has been cheapened by too many blurbs, but *My Absolute Darling* absolutely is one. —Stephen King A brilliant and immersive, all-consuming read about one fourteen-year-old girl’s heart-stopping fight for her own soul. Turtle Alveston is a survivor. At fourteen, she roams the woods along the northern California coast. The creeks, tide pools, and rocky islands are her haunts and her hiding grounds, and she is known to wander for miles. But while her physical world is expansive, her personal one is small and treacherous: Turtle has grown up isolated since the death of her mother, in the thrall of her tortured and charismatic father, Martin. Her social existence is confined to the middle school (where she fends off the interest of anyone, student or teacher, who might penetrate her shell) and to her life with her father. Then Turtle meets Jacob, a high-school boy who tells jokes, lives in a big clean house, and looks at Turtle as if she is the sunrise. And for the first time, the larger world begins to come into focus: her life with Martin is neither safe nor sustainable. Motivated by her first experience with real friendship and a teenage crush, Turtle starts to imagine escape, using the very survival skills her father devoted himself to teaching her. What follows is a harrowing story of bravery and redemption. With Turtle’s escalating acts of physical and emotional courage, the reader

watches, heart in throat, as this teenage girl struggles to become her own hero—and in the process, becomes ours as well. Shot through with striking language in a fierce natural setting, *My Absolute Darling* is an urgently told, profoundly moving read that marks the debut of an extraordinary new writer.

open sky wilderness abuse: Rethinking Sexuality Dr. Juli Slattery, 2018-07-24 This ground-breaking resource challenges and equips Christians to think and act biblically and compassionately in matters of sexuality. Sexual abuse, sex addiction, gender confusion, brokenness, and shame plague today's world, and people are seeking clarity and hope. By contesting long-held cultural paradigms, this book equips you to see how sexuality is rooted in the broader context of God's heart and His work for us on earth. It provides a framework from which to understand the big picture of sexual challenges and wholeness, and helps you recognize that every sexual question is ultimately a spiritual one. It shifts the paradigm from combating sexual problems to confidently proclaiming and modeling the road to sacred sexuality. Instead of arguing with the world about what's right and wrong about sexual choices, this practical resource equips you to share the love and grace of Jesus as you encounter the pain of sexual brokenness--your own or someone else's.

open sky wilderness abuse: Utopia Thomas More, 2019-04-08 *Utopia* is a work of fiction and socio-political satire by Thomas More published in 1516 in Latin. The book is a frame narrative primarily depicting a fictional island society and its religious, social and political customs. Many aspects of More's description of *Utopia* are reminiscent of life in monasteries.

open sky wilderness abuse: Stories from the Field Will White, 2015-11-15 Wilderness therapy for wayward teens has been in existence, in some form, for over a hundred and thirty years but until now, no comprehensive history existed of the many influences that shaped its evolution. Following up on his doctoral dissertation, Will White looks back and constructs a thorough history from 1860-1988, opening *Stories from the Field* with the 19th century character camps of New England and progressing over the decades, with the invitation to young women and eventually, adolescents in need of therapeutic help. Will first assimilates the emergent influences of the prevailing social theory, regarding the hazards of leisure in the burgeoning upper class of America, the iconography of outdoor adventures and a few philanthropic visionaries. In this way, *Stories from the Field* expands the staid history of dates and names, breathing life into the characters and context of old. Will condenses the disparate trends of a century of experimentation into a cogent framework of what is now loosely called wilderness therapy. Atop this rich chronicle of the previously unsung originators, Will then invited recent game-changers to add to the communal story, providing their enhancements and visions to the account of the continuously evolving treatment model of outdoor behavioral healthcare. The other pages hold contemporary *Stories from the Field*, providing narrative accounts from founders and/or leaders of wilderness therapy organizations developed since 1988 and which provide treatment for families today. These authors have contributed their company stories to help illuminate the diversity and intentions of the present field, confirm the validity and attention that supports the work, and knowing full-well that this inspires tomorrow's innovators to climb higher and doing even better work for the families we serve.

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