masa swallow assessment

masa swallow assessment is a critical clinical tool used for evaluating swallowing disorders, particularly in patients with neurological conditions such as stroke. This assessment, known as the Mann Assessment of Swallowing Ability (MASA), helps healthcare professionals identify dysphagia risks, determine the severity of swallowing difficulties, and plan appropriate interventions. In this comprehensive article, you'll discover what MASA swallow assessment entails, its key components, clinical applications, benefits, and how it compares to other swallow assessments. Whether you're a healthcare provider, caregiver, or someone seeking information on swallowing evaluations, this guide explains the MASA swallow assessment process in detail, highlights its importance, and offers practical insights for optimal patient care. Continue reading to understand why MASA is considered the gold standard in bedside swallowing evaluations and how it can make a difference in clinical outcomes.

- Understanding MASA Swallow Assessment
- Key Components of MASA Swallow Assessment
- Clinical Applications and Benefits
- Comparison with Other Swallowing Assessments
- MASA Swallow Assessment Procedure
- Interpreting MASA Scores and Outcomes
- Best Practices and Recommendations

Understanding MASA Swallow Assessment

The MASA swallow assessment, officially known as the Mann Assessment of Swallowing Ability, is a standardized clinical tool designed to evaluate swallowing function at the bedside. Developed by Dr. Gerry Mann in 2002, MASA offers a systematic approach for assessing swallowing safety and efficiency in patients, especially those who have suffered a stroke or present with neurological disorders. The assessment is widely used by speech-language pathologists and other healthcare professionals to identify the presence and severity of dysphagia, a condition characterized by difficulty swallowing.

MASA swallow assessment is recognized for its reliability, validity, and ease of administration. It covers a broad spectrum of swallowing-related parameters, including oromotor skills, respiratory status, and cognitive function. The assessment helps in early identification of patients at risk for aspiration, malnutrition, and pneumonia, facilitating timely intervention and improved patient outcomes. Its versatility makes it suitable for use

in acute care settings, rehabilitation centers, and long-term care facilities.

Key Components of MASA Swallow Assessment

The MASA swallow assessment evaluates multiple domains to provide a comprehensive analysis of a patient's swallowing ability. Each component is systematically scored to reflect the degree of impairment and the risk associated with swallowing.

Oromotor Function

Oromotor function assessment focuses on the strength, coordination, and range of motion of the lips, tongue, jaw, and palate. These structures are essential for effective bolus formation and transport during swallowing. MASA includes direct observation and palpation to detect any deficits in oral motor control.

Respiratory Status

Respiratory assessment examines the patient's ability to manage secretions, cough effectively, and maintain airway protection during swallowing. MASA evaluates voluntary and reflexive cough, voice quality, and breathing patterns to determine aspiration risk.

Cognitive and Behavioral Factors

The assessment also considers cognitive and behavioral aspects, such as alertness, attention, and ability to follow instructions. Impaired cognition can significantly impact swallowing safety and compliance with recommended interventions.

Swallowing Trials and Observation

MASA incorporates controlled swallowing trials using various food and liquid consistencies. Clinicians observe for signs of coughing, choking, voice changes, and delayed swallow initiation. These observations guide the scoring and help determine the safest diet recommendations.

- Oral preparation and transit
- Pharyngeal phase coordination
- Protective airway reflexes

- Patient's level of consciousness
- Ability to follow swallowing commands

Clinical Applications and Benefits

MASA swallow assessment is integral to the management of patients with suspected dysphagia, particularly in the context of stroke rehabilitation and neurological disorders. Its clinical applications span diagnosis, risk stratification, treatment planning, and outcome measurement.

Early Identification of Dysphagia

MASA enables the swift detection of swallowing difficulties, allowing for prompt intervention to prevent complications such as aspiration pneumonia and malnutrition. Early assessment is key to reducing hospital stays and improving rehabilitation outcomes.

Guiding Diet and Fluid Recommendations

Based on MASA scores, clinicians can tailor diet textures and fluid consistencies to match the patient's swallowing ability. This individualized approach minimizes the risk of aspiration and enhances nutritional intake.

Monitoring Progress and Recovery

Regular MASA assessments provide objective data to track changes in swallowing function over time. This information supports adjustments in treatment strategies and helps measure the effectiveness of therapeutic interventions.

Facilitating Multidisciplinary Collaboration

MASA swallow assessment results are valuable for communication among healthcare professionals, including physicians, nurses, dietitians, and speech-language pathologists. Collaborative decision-making ensures comprehensive patient care.

Comparison with Other Swallowing Assessments

Several swallowing assessments exist, but MASA stands out due to its detailed scoring system, clinical relevance, and ease of use. It is frequently compared to other bedside tools and instrumental methods.

Bedside Swallow Screening Tools

Unlike simple screening tools, MASA offers in-depth evaluation by quantifying specific aspects of swallowing impairment. Other bedside assessments may lack the sensitivity and specificity required for accurate diagnosis.

Instrumental Assessments

Instrumental methods such as videofluoroscopic swallow study (VFSS) and fiberoptic endoscopic evaluation of swallowing (FEES) provide visual confirmation of swallowing physiology. While these tests are more detailed, MASA is preferred for initial bedside assessment due to its accessibility and speed.

MASA vs. Gugging Swallowing Screen (GUSS)

Both MASA and GUSS are validated tools for dysphagia assessment. MASA is more comprehensive, covering cognitive and behavioral domains in addition to swallowing mechanics, whereas GUSS focuses primarily on aspiration risk during swallowing trials.

MASA Swallow Assessment Procedure

Performing MASA swallow assessment involves a series of structured steps designed to ensure thorough and consistent evaluation. The procedure is typically conducted at the patient's bedside by a trained clinician.

- 1. Review Patient History: Gather relevant medical information, including neurological status and previous swallowing difficulties.
- 2. Prepare Assessment Materials: Assemble the required foods, liquids, and utensils for swallowing trials.
- 3. Conduct Oromotor Examination: Assess lips, tongue, palate, and jaw function.
- 4. Evaluate Respiratory and Cough Reflexes: Check for voluntary and reflexive cough,

voice changes, and secretion management.

- 5. Assess Cognitive and Behavioral Status: Determine alertness, attention, and ability to follow commands.
- 6. Administer Swallowing Trials: Present various consistencies and observe for signs of aspiration.
- 7. Score Each Domain: Assign scores based on standardized MASA criteria.
- 8. Interpret Results: Analyze the total score to determine dysphagia severity and aspiration risk.
- 9. Document Findings: Record results and communicate recommendations to the care team

Interpreting MASA Scores and Outcomes

MASA swallow assessment generates a numerical score based on the findings from each domain. The total score helps classify the severity of dysphagia and guides clinical decision-making.

Score Ranges and Clinical Implications

A higher MASA score typically indicates better swallowing function and lower risk of aspiration, while lower scores suggest significant impairment and increased risk. Score thresholds are used to determine the need for further instrumental assessment or immediate dietary modifications.

Actionable Recommendations

Based on the MASA score, clinicians may recommend nil by mouth (NPO) status, modified diet textures, or specialized feeding strategies. The assessment also supports decisions regarding referral for instrumental testing or ongoing therapy.

Best Practices and Recommendations

Implementing MASA swallow assessment effectively requires adherence to best practices for accuracy and patient safety. Regular training, standardized procedures, and multidisciplinary collaboration are essential for optimal outcomes.

Training and Competency

Clinicians should receive formal training in MASA administration and scoring to ensure consistency and reliability. Ongoing education helps maintain competency and awareness of updates in assessment protocols.

Patient-Centered Approach

MASA swallow assessment should be individualized, considering the patient's medical history, cognitive status, and preferences. Engaging patients and caregivers in the assessment process fosters better compliance and understanding.

Continuous Quality Improvement

Healthcare organizations are encouraged to monitor MASA assessment practices, collect outcome data, and implement quality improvement initiatives. This approach enhances the effectiveness of dysphagia management and supports evidence-based care.

Questions and Answers about MASA Swallow Assessment

Q: What is the MASA swallow assessment used for?

A: MASA swallow assessment is used by healthcare professionals to evaluate swallowing ability, identify dysphagia, and determine aspiration risk, especially in patients with neurological disorders such as stroke.

Q: How is the MASA swallow assessment performed?

A: The assessment is conducted at the bedside by a trained clinician, involving oromotor examination, respiratory evaluation, cognitive assessment, and swallowing trials with different food and liquid consistencies.

Q: What are the key domains assessed in the MASA swallow assessment?

A: MASA assesses oromotor function, respiratory status, cognitive and behavioral factors, and direct observation of swallowing trials to provide a comprehensive evaluation of swallowing ability.

Q: What does a low MASA score indicate?

A: A low MASA score suggests significant swallowing impairment and increased risk of aspiration, prompting further assessment and potentially dietary modifications or specialized feeding strategies.

Q: Who should administer the MASA swallow assessment?

A: MASA should be administered by qualified clinicians such as speech-language pathologists or trained healthcare professionals to ensure accurate results and patient safety.

Q: How does MASA compare to instrumental swallowing assessments?

A: MASA is a bedside assessment that is quicker and more accessible than instrumental tests like VFSS or FEES, but may be used in conjunction with these methods for a more detailed evaluation if needed.

Q: Can MASA swallow assessment be used for children?

A: The MASA assessment was designed primarily for adults, especially those with neurological conditions, and may not be suitable for pediatric populations without modification.

Q: What should clinicians do if MASA indicates high aspiration risk?

A: Clinicians should consider implementing NPO status, modifying diet textures, and referring the patient for further instrumental assessment or specialized therapy based on individual needs.

Q: Is MASA swallow assessment suitable for use in all healthcare settings?

A: Yes, MASA is versatile and can be used in various settings including hospitals, rehabilitation centers, and long-term care facilities for bedside dysphagia evaluation.

Q: What are the benefits of regular MASA swallow assessments?

A: Regular MASA assessments allow for timely identification of changes in swallowing

ability, support treatment planning, and help prevent complications such as malnutrition and aspiration pneumonia.

Masa Swallow Assessment

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Masa Swallow Assessment: A Comprehensive Guide

Are you a healthcare professional or caregiver dealing with patients who struggle with swallowing? Understanding the intricacies of swallowing, or deglutition, is critical for preventing aspiration pneumonia and ensuring nutritional adequacy. This comprehensive guide delves into the nuances of the Masa swallow assessment, a valuable tool used to evaluate swallowing function, providing you with a clear understanding of its methodology, interpretation, and clinical applications. We'll cover everything you need to know to confidently utilize this assessment in your practice.

What is a Masa Swallow Assessment?

The Masa swallow assessment, also known as the Modified Barium Swallow Study (MBSS) or videofluoroscopic swallowing study (VFSS), is a dynamic radiological procedure used to visualize the swallowing process. Unlike a simple bedside swallow evaluation, the Masa swallow assessment provides a detailed, real-time view of the oral, pharyngeal, and esophageal phases of swallowing using fluoroscopy (a type of X-ray). This allows clinicians to pinpoint the exact location and nature of any swallowing difficulties. The "Masa" designation often refers to a specific adaptation or protocol of the MBSS, potentially customized for a particular clinical setting or patient population. While the specifics may vary slightly, the core principle remains the same: detailed visualization of the swallowing mechanism.

Key Advantages of the Masa Swallow Assessment:

Visualization of the entire swallowing process: Unlike clinical bedside examinations which are limited by observation, the Masa swallow assessment allows for real-time visualization of the entire swallowing process, from the oral cavity to the esophagus.

Precise identification of swallowing disorders: It identifies the exact location and nature of

swallowing difficulties, whether it's oral phase issues (e.g., reduced tongue strength), pharyngeal phase issues (e.g., reduced pharyngeal contraction), or esophageal phase issues (e.g., esophageal reflux).

Objective assessment of swallowing safety: It assesses the risk of aspiration (food or liquid entering the airway) and penetration (food or liquid entering the larynx but not the airway). Guidance for intervention strategies: The findings of the Masa swallow assessment inform the development of personalized interventions, such as dietary modifications, therapeutic exercises, or

Components of a Masa Swallow Assessment:

A typical Masa swallow assessment involves a systematic evaluation of the various phases of swallowing using barium contrast material. The patient is asked to swallow various consistencies of food and liquids (thin liquids, nectar-thick liquids, honey-thick liquids, pureed foods, and solids) while being fluoroscopically imaged. The radiologist or speech-language pathologist carefully observes:

1. Oral Preparatory Phase:

surgical procedures.

This phase involves the manipulation of food in the mouth, including chewing, mastication, and the formation of a bolus. The assessment looks for adequate chewing, bolus formation, and the presence of any oral motor difficulties.

2. Oral Transit Phase:

This phase encompasses the movement of the bolus from the mouth to the pharynx. The assessment observes tongue movements, speed of transit, and potential spillage or residue.

3. Pharyngeal Phase:

This is a crucial phase involving the movement of the bolus through the pharynx into the esophagus. The assessment focuses on the timing and coordination of laryngeal elevation, hyoid bone movement, pharyngeal constriction, and the presence or absence of aspiration or penetration.

4. Esophageal Phase:

This final phase involves the transport of the bolus through the esophagus into the stomach. The assessment observes esophageal motility and the presence of any esophageal abnormalities.

Interpreting the Results of a Masa Swallow Assessment:

The interpretation of the Masa swallow assessment requires expertise from a qualified speech-language pathologist or radiologist. They will analyze the images and provide a detailed report outlining the specific swallowing difficulties, their severity, and their potential impact on the patient's safety and nutritional status. The report typically includes recommendations for dietary modifications, therapeutic interventions, and/or further investigations.

Clinical Applications of the Masa Swallow Assessment:

The Masa swallow assessment is an invaluable tool in various clinical settings, including:

Diagnosis and management of dysphagia: It helps identify the cause and severity of swallowing disorders.

Pre- and post-surgical evaluation: It assesses swallowing function before and after surgical procedures that may affect swallowing.

Monitoring the effectiveness of interventions: It tracks the progress of patients undergoing therapeutic interventions.

Assessment of patients with neurological disorders: It helps evaluate swallowing function in patients with stroke, Parkinson's disease, and other neurological conditions.

Conclusion:

The Masa swallow assessment is a sophisticated diagnostic tool that provides critical insights into the complex process of swallowing. Its use allows for precise identification of swallowing disorders, informing evidence-based interventions that improve patient safety, nutrition, and overall quality of life. Understanding the nuances of this assessment is vital for healthcare professionals involved in the care of individuals with dysphagia.

FAQs:

- 1. Is the Masa swallow assessment painful? The procedure itself is generally painless, although some patients may experience mild discomfort from the barium contrast material.
- 2. How long does a Masa swallow assessment take? The duration varies depending on the patient's condition and the complexity of the assessment, but it typically lasts between 30 and 60 minutes.
- 3. What are the potential risks of a Masa swallow assessment? The risks are minimal, primarily related to the radiation exposure from the fluoroscopy. The benefits generally outweigh the risks, particularly for patients with suspected swallowing disorders.
- 4. What types of professionals conduct a Masa swallow assessment? A Masa swallow assessment is typically conducted by a team, including a speech-language pathologist (SLP) and a radiologist, though the SLP often takes the lead in interpretation.
- 5. What happens after a Masa swallow assessment? After the procedure, the radiologist and SLP will review the images and create a report outlining the findings and recommending appropriate interventions. This report will be shared with the patient's physician and other members of the healthcare team.

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able to identify the target attribute by giving a positive finding when aspiration risk is present and a negative finding when aspiration risk is absent. Additionally, early and accurate identification of aspiration risk can significantly reduce health-care costs associated with recognized prandial aspiration.

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(FEES)-curriculum, an educational initiative that started in Germany in 2014 and is currently being extended to other European and non-European countries. The book is richly illustrated and an online video section provides a number of typical patient cases. FEES is probably the most commonly chosen method for the objective assessment of swallowing and its disorders. It is used in stroke units, intensive care facilities, geriatric wards but also in rehabilitation clinics and within dedicated outpatient services. This book on neurogenic dysphagia therefore addresses a wide range of different medical disciplines, such as neurologists, geriatricians, intensive care physicians, rehabilitation physicians, gastroenterologists, otolaryngologists, phoniatrists and also speech-language pathologists.

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help you prepare for the clinical setting and strengthen your decision-making skills. - Companion Evolve Resources website clarifies key diagnostic procedures with detailed video clips. - NEW! Expanded content on infant and child swallowing will help readers learn the insights needed for this growing area of practice. - NEW! Updated content and references throughout reflect the most up to date research in existence.

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direct current stimulation for treatment applications. The text includes methods for recording and analyzing speech, acoustics, imaging and kinematics of vocal tract motion, air pressure, airflow, respiration, clinical evaluation of voice and swallowing disorders, and functional and structural neuroimaging. Many of the methods are applicable for use in clinical practice and clinical research. Key Features: More than 250 full-color imagesSummary tables to guide selection of instruments and measures for various applicationsEach chapter begins and ends with an overview and conclusion for review of contentAppendices of measurement standards Clinical investigators and clinicians wanting to measure voice, speech, and swallowing functions for clinical documentation will benefit from this book, as will students and professors. Measuring Voice, Speech, and Swallowing in the Clinic and Laboratorypulls together the necessary information on methods of measurement from different disciplines and sources into one convenient resource. Information on measurement in the fields of voice, speech, and swallowing is now readily available for training doctoral students and guidance of clinicians incorporating instrumental assessment into their practice.

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masa swallow assessment: Geriatric Gastroenterology C. S. Pitchumoni, T. Dharmarajan, 2012-07-26 As aging trends in the United States and Europe in particular are strongly suggestive of increasingly older society, it would be prudent for health care providers to better prepare for such changes. By including physiology, disease, nutrition, pharmacology, pathology, radiology and other relevant associated topics, Geriatric Gastroenterology fills the void in the literature for a volume devoted specifically to gastrointestinal illness in the elderly. This unique volume includes provision of training for current and future generations of physicians to deal with the health problems of older adults. It will also serve as a comprehensive guide to practicing physicians for ease of reference. Relevant to the geriatric age group, the volume covers epidemiology, physiology of aging, gastrointestinal physiology, pharmacology, radiology, pathology, motility disorders, luminal disorders, hepato-biliary disease, systemic manifestations, neoplastic disorders, gastrointestinal bleeding, cancer and medication related interactions and adverse events, all extremely common in older adults; these are often hard to evaluate and judge, especially considering the complex aging physiology. All have become important components of modern medicine. Special emphasis is be given to nutrition and related disorders. Capsule endoscopy and its utility in the geriatric population is also covered. Presented in simple, easy to read style, the volume includes numerous tables, figures and key points enabling ease of understanding. Chapters on imaging and pathology are profusely illustrated. All chapters are written by specialists and include up to date scientific information. Geriatric Gastroenterology is of great utility to residents in internal medicine, fellows in gastroenterology and geriatric medicine as well as gastroenterologists, geriatricians and practicing physicians including primary care physicians caring for older adults.

masa swallow assessment: The Tequila Worm Viola Canales, 2007-12-18 Sofia comes from a family of storytellers. Here are her tales of growing up in the barrio in McAllen, Texas, full of the magic and mystery of family traditions: making Easter cascarones, celebrating el Dia de los Muertos, preparing for quinceañera, rejoicing in the Christmas nacimiento, and curing homesickness by eating the tequila worm. When Sofia is singled out to receive a scholarship to boarding school, she longs to explore life beyond the barrio, even though it means leaving her family to navigate a strange world of rich, privileged kids. It's a different mundo, but one where Sofia's traditions take on new meaning and illuminate her path.

masa swallow assessment: Dysphagia - E-Book Michael E. Groher, Michael A. Crary, 2020-07-15 Master the evaluation and treatment of swallowing disorders! Dysphagia: Clinical Management in Adults and Children, 3rd Edition provides the information you need to diagnose and manage dysphagia in patients of all ages. Emphasizing evidence-based practice, this complete resource covers topics from esophageal disorders to respiratory and iatrogenic disorders. This edition adds a new Aging and Dysphagia chapter and is updated with the latest research and advances in dysphagia management. Written by speech-language pathology educators Michael E. Groher and Michael A. Crary, this guide helps you develop clinical reasoning skills and learn today's best practices in dysphagia management. - Learning features include chapter outlines, learning objectives, and bullet-point summaries in each chapter, helping you focus on and master key content. - Emphasis on evidence-based practice prepares you to make and then properly support your diagnostic and treatment decisions. - Case histories promote critical thinking in realistic clinical situations. - Critical thinking questions help you assess your knowledge and reinforce understanding of the material. - Video clips on the Evolve companion website depict a range of swallowing disorders. - NEW! Aging and Dysphagia chapter examines the increasing evidence that older persons living at home may be at risk for dysphagia without any overt underlying disease. - UPDATED! Treatment for Adults chapter is thoroughly revised. - NEW! Clinical Pearls highlight key information that you need to know to prepare for the clinical setting. - UPDATED content and references throughout reflect the latest research in the field.

masa swallow assessment: Voice and Swallowing Disorders Monjur Ahmed, 2020-03-11 The purpose of writing this book is to discuss the updated information on voice and swallowing disorders. The book has been written by international authors and experts in this field. You will find not only clinical aspects but also basic science aspects of voice and swallowing disorders. The chapters include the quantitative analysis of activity patterns of muscles of mastication and deglutition, and salivary secretion after facial massage and vibrotactile stimulation. You will also find the updated management of oropharyngeal dysphagia, dysphagia due to cervical facial tumors, radiation-induced dysphagia, and dysphagia in patients with a stroke. This book can be an important guide to the practicing physicians and surgeons managing voice and swallowing disorders.

masa swallow assessment: Handbook of Clinical Nutrition and Aging Connie W. Bales, Christine S. Ritchie, 2009-04-09 As the older adult population continues to grow, so will the prevalence and incidence of age-related disorders. In Handbook of Clinical Nutrition and Aging, Second Edition, the editors and contributors (a panel of recognized academic nutritionists, geriatricians, clinicians and scientists) have thoroughly updated and revised their widely acclaimed first edition with fresh perspectives and the latest scientific and clinical developments in age-associated disease. New chapters tackle ecological perspectives on adult eating behavior, and behavioral theories applied to nutritional therapies in aging, while topics such as Sarcopenia and Cachexia are discussed in greater detail. The authors outline the physiological basis for each disorder, provide the latest information about the interaction of nutrition with these conditions, and review the potential routes and mechanisms for clinical intervention. Timely and authoritative, Handbook of Clinical Nutrition and Aging, Second Edition is a unique, comprehensive resource and will prove a valuable guide to all nutritionists, physicians, nurses, dietitians, and speech-language and occupational therapists who provide care for the rapidly expanding aging population.

masa swallow assessment: Scientific Basis for Avurvedic Therapies Lakshmi C. Mishra,

2003-09-29 Arguably the oldest form of health care, Ayurveda is often referred to as the Mother of All Healing. Although there has been considerable scientific research done in this area during the last 50 years, the results of that research have not been adequately disseminated. Meeting the need for an authoritative, evidence-based reference, Scientific Basis for Ayurvedic Therapies is the first book to analyze and synthesize current research supporting Ayurvedic medicine. This book reviews the latest scientific information, evaluates the research data, and presents it in an easy to use format. The editor has carefully selected topics based on the availability of scientific studies and the prevalence of a disease. With contributions from experts in their respective fields, topics include Ayurvedic disease management, panchkarma, Ayurvedic bhasmas, the current status of Ayurveda in India, clinical research design, and evaluation of typical clinical trials of certain diseases, to name just a few. While there are many books devoted to Ayurveda, very few have any in-depth basis in scientific studies. This book provides a critical evaluation of literature, clinical trials, and biochemical and pharmacological studies on major Ayurvedic therapies that demonstrates how they are supported by scientific data. Providing a natural bridge from Ayurveda to Western medicine, Scientific Basis for Ayurvedic Therapies facilitates the integration of these therapies by health care providers.

masa swallow assessment: Dysphagia Michael E. Groher, PhD, Michael A. Crary, PhD F-ASHA, 2015-07-31 Get all the information you need to confidently manage dysphagia in professional practice with Dysphagia: Clinical Management in Adults and Children, 2nd Edition! This logically organized, evidence-based resource reflects the latest advancements in dysphagia in an approachable and user-friendly manner to help you master the clinical evaluation and diagnostic decision-making processes. New coverage of the latest insights and research along with expanded information on infant and child swallowing will help prepare you for the conditions you'll face in the clinical setting. Plus, the realistic case scenarios and detailed review questions threaded throughout the book will help you develop the clinical reasoning skills needed for professional success. Reader-friendly learning features throughout the book include chapter outlines, learning objectives, and bullet-pointed summaries at chapter ends to help readers focus their attention on mastering important content. Case histories throughout the book promote critical thinking in realistic clinical situations. Critical thinking questions help readers determine their understanding on the content and reinforce learning. Emphasis on evidence-based practice prepares readers to properly support their diagnostic and treatment decisions. NEW! Expanded content on infant and child swallowing will help readers learn the insights needed for this growing area of practice. NEW! Updated content and references throughout reflect the most up to date research in existence.

masa swallow assessment: Dysphagia in Adults and Children, An Issue of Otolaryngologic Clinics of North America Mausumi Syamal, Eileen Raynor, 2024-07-02 In this issue of Otolaryngologic Clinics, guest editors Drs. Mausumi Syamal and Eileen Raynor bring their considerable expertise to the topic of Dysphagia in Adults and Children. Top experts with both pediatric and adult expertise cover topics such as assessing dysphagia in both the adult and the child; oral and pharyngeal dysphagia in adults; oral structural dysphagia in children; laryngeal structural dysphagia in children; esophageal dysphagia in adults: when it sticks; pediatric esophageal dysphagia; and more. - Contains 18 relevant, practice-oriented topics including dysphagia in the aging population; dysphagia in the pediatric population; neurological dysphagia in adults; neurological dysphagia in children; zebras in adult dysphagia work up: where to look when you think you have looked everywhere; inflammatory causes of dysphagia in children; and more. - Provides in-depth clinical reviews on dysphagia in adults and children, offering actionable insights for clinical practice. - Presents the latest information on this timely, focused topic under the leadership of experienced editors in the field. Authors synthesize and distill the latest research and practice guidelines to create clinically significant, topic-based reviews.

masa swallow assessment: Clinical Care and Rehabilitation in Head and Neck Cancer Philip C. Doyle, 2019-03-21 Malignancies involving structures of the head and neck frequently impact the most fundamental aspects of human existence, namely, those functions related to voice and speech

production, eating, and swallowing. Abnormalities in voice production, and in some instances its complete loss, are common following treatment for laryngeal (voice box) cancer. Similarly, speech, eating, and swallowing may be dramatically disrupted in those where oral structures (e.g., the tongue, jaw, hard palate, pharynx, etc.) are surgically ablated to eliminate the cancer. Consequently, the range and degree of deficits that may be experienced secondary to the treatment of head and neck cancer (HNCa) are often substantial. This need is further reinforced by the Centers for Disease Control and Prevention who have estimated that the number of individuals who will be newly diagnosed with HNCa will now double every 10 years. This estimate becomes even more critical given that an increasing number of those who are newly diagnosed will be younger and will experience the possibility of long-term survival post-treatment. Contemporary rehabilitation efforts for those treated for HNCa increasingly demand that clinicians actively consider and address multiple issues. Beyond the obvious concerns specific to any type of cancer (i.e., the desire for curative treatment), clinical efforts that address physical, psychological, communicative, and social consequences secondary to HNCa treatment are essential components of all effective rehabilitation programs. Comprehensive HNCa rehabilitation ultimately seeks to restore multiple areas of functioning in the context of the disabling effects of treatment. In this regard, rehabilitation often focuses on restoration of function while reducing the impact of residual treatment-related deficits on the individual's overall functioning, well-being, quality of life (QOL), and ultimately, optimize survivorship. Regardless of the treatment method(s) pursued for HNCa (e.g., surgery, radiotherapy, chemoradiation, or combined methods), additional problems beyond those associated with voice, speech, eating and swallowing frequently exist. For example, post-treatment changes in areas such as breathing, maintaining nutrition, limitations in physical capacity because surgical reconstruction such as deficits in shoulder functioning, concerns specific to cosmetic alterations and associated disfigurement, and deficits in body image are common. Those treated for HNCa also may experience significant pain, depression, stigma and subsequent social isolation. Concerns of this type have led clinicians and researchers to describe HNCa as the most emotionally traumatic form of cancer. It is, therefore, essential that clinicians charged with the care and rehabilitation of those treated for HNCa actively seek to identify, acknowledge, and systematically address a range of physical, psychological, social, and communication problems. Efforts that systematically consider this range of post-treatment sequelae are seen as critical to any effort directed toward enhanced rehabilitation outcomes. Actively and purposefully addressing post-treatment challenges may increase the likelihood of both short- and long-term rehabilitation success in this challenging clinical population. Current information suggests that successful clinical outcomes for those with HNCa are more likely to be realized when highly structured, yet flexible interdisciplinary programs of care are pursued. Yet contemporary educational resources that focus not only on management of voice, speech, eating, and swallowing disorders, but also address issues such as shoulder dysfunction due to neck dissection, the significant potential for cosmetic alterations can offer a much broader perspective on rehabilitation. Contemporary surgical treatment frequently involves reconstruction with extensive procedures that require donor sites that include both soft tissue from a variety of locations (e.g., forearm, thigh, etc.), as well as bone (e.g., the scapula). Collectively, resources that address these issues and many other concerns and the resultant social implications of HNCa and its treatment can serve to establish a comprehensive framework for clinical care. Consequently, providing a highly specialized and comprehensive educational resource specific to HNCa rehabilitation is currently needed. The proposed edited book is designed to address this void in a single authoritative resource that is also accessible to the clinical readership. Integral to this proposed book is information that guides clinical approaches to HNCa rehabilitation, in addition to offering emphasis on the direct impact of changes in voice, speech, and swallowing and the impact of such losses on outcomes. Finally, while several other published sources currently exist (see attached list), the emphasis of these books is directed either toward the identification and diagnosis of malignant disease, clinical and surgical pathology, associated efforts directed toward biomedical aspects of cancer and its treatment, or those with a focus on a single clinical problem or approach to rehabilitation.

Therefore, the content of the proposed multi-chapter text centers on delivering a systematically structured, comprehensive, and clinically-oriented presentation on a range of topics that will provide readers at a variety of levels with a strong, well-integrated, and empirically driven foundation to optimize the clinical care of those with HNCa. The primary audience for this textbook is undergraduate and graduate-level students in Speech-Language Pathology, as well as practitioners, especially hospital-based practitioners, in Speech-Language Pathology; other key audiences include junior and senior level otolaryngology residents and fellows, translational researchers in head and neck cancer, related medical specialists (e.g., radiation oncology), oncology nurses, and potentially other rehabilitation professionals such as occupational therapists, counseling psychologists, social workers, and rehabilitation counselors.

masa swallow assessment: Stroke Rehabilitation, An Issue of Physical Medicine and Rehabilitation Clinics of North America 26-4 John Chae, 2016-01-07 This issue of Physical Medicine & Rehabilitation Clinics will focus on stroke rehabilitation and will include articles such as: Mechanisms of stroke recovery, Insights from basic sciences, Stroke recovery and predictors of rehabilitation outcomes, Upper limb motor impairments, Post-stroke spasticity, Communication disorders and dysphagia, Neuropharmacology of Recovery, Robotic therapy, and many more.

masa swallow assessment: *Dysphagia* Julie A. Y. Cichero, Bruce E. Murdoch, 2006-07-11 This book offers a concise, readable explanation of the theory of dysphagia and bridges that with material on clinical application. Covering both adult and paediatric swallowing assessment, treatment and management, the book will provide clinicians with common clinical presentations of dysphagia and a framework for a problem based learning approach.

masa swallow assessment: Swallowing – Physiology, Disorders, Diagnosis and Therapy Gauri Mankekar, 2015-05-23 Swallowing difficulty or dysphagia is a common disorder and affects all age groups from the newborn to the elderly. Several medical conditions like lack of dentition, gastroesophageal reflux disease, eosinophilic esophagitis, cardiomegaly and strokes can cause dysphagia. It can also follow head -neck surgeries. It is important to diagnose and treat dysphagia, otherwise it can lead to malnutrition and dehydration. Improved understanding of the physiology of swallowing, advances in endoscopic and radiological techniques along with an increasing elderly population has resulted in development of a separate swallowing disorders discipline. This book would be an aid for clinicians, educators and trainees from the fields of speech language pathology, pediatrics, otolaryngology, gastroenterology, oncology, neurology, geriatrics and rehabilitation, all of who form a part of the multidisciplinary swallowing team.

masa swallow assessment: Facial-Oral Tract Therapy (F.O.T.T.) Ricki Nusser-Müller-Busch, Karin Gampp Lehmann, 2020-11-07 The book offers a comprehensive approach to the assessment and treatment of disturbances in facial expression, oral movement, swallowing, breathing, voice and speech production caused by developmental and acquired neurological conditions. The principles outlined are used in patients with different etiologies (e.g. stroke, tumors, traumas). F.O.T. T., developed by Kay Coombes, is a hands-on approach based on an understanding of neurological functions and the way we learn from experience. The approach aims to give the patient experience of physiological posture and movement using facial-oral functions in normal activities of daily living (ADL). Rather than mere "exercises", F.O.T.T involves meaningful activities aiming to promote participation, according to ICF criteria. Four main areas are covered: nutrition, oral hygiene, nonverbal communication and speech. Each chapter summarises the problems of severely ill patients and shows the clinical reasoning behind the solutions offered. Separate chapters discuss tracheostomy management and the training of the carers involved, including relatives. The chapter authors are experienced specialists (physio-, occupational- and speech-language therapists and physicians), whose contributions aim to provide interdisciplinary perspectives and translate latest research into clinical practice.

masa swallow assessment: Color Atlas of Oral Diseases George Laskaris, 1994 For the third edition, the text has been thoroughly revised to keep pace with new concepts in oral medicine. The structure of the text has been clarified and made more practically useful, with references to etiology,

clinical images, differential diagnosis, laboratory diagnostic tests, and therapy guidelines. Also new in the third edition: four new chapters, and more than 240 new, exquisite illustrations of lesions and pathologic conditions affecting the oral cavity.

masa swallow assessment: Geriatric Rehabilitation K. Rao Poduri, 2017-03-16 Geriatric Rehabilitation addresses the fact that this is an age in which individuals have increasing longevity, better health care, education and expectations of health care which present new, increasing and even radical challenges to health care providers. The care of our older patients in rehabilitation settings demands the broad understanding of the key differences in strategies to care for older adults. The combined skills embraced in rehabilitation and geriatrics are presenting unprecedented opportunities for both fields to make substantive and even ground-breaking improvements in the lives of millions of older adults who entrust their lives to us. Rarely in one's medical career are such opportunities so evident and achievable. Geriatric Rehabilitation edited by Dr. K. Rao Poduri, MD. FAAPMR draws on a distinguished group of authors who are the front-line providers of care to the older adults. This book presents the full spectrum of the unique care needs of older patients who need the combined skills of physical medicine and geriatrics. It provides an easily accessible means of acquiring and improving these new skills for all those involved in geriatric care.

masa swallow assessment: A Guide to Clinical Assessment and Professional Report Writing in Speech-Language Pathology Cyndi Stein-Rubin, Renee Fabus, 2024-06-01 Learning to assess speech and language disorders and write diagnostic reports may be an overwhelming experience, especially when most texts don't cover both topics at once. With that in mind, A Guide to Clinical Assessment and Professional Report Writing in Speech-Language Pathology, Second Edition combines the latest assessment protocols and diagnostic techniques with vital diagnostic report writing tools into a single definitive guide. Cyndi Stein-Rubin, Renee Fabus, and their contributors recognize that clinical assessment is inextricably linked to report writing and have updated this Second Edition to synthesize the two. Following the introductory chapters, which discuss the basics of assessment and report writing, each subsequent chapter focuses on a particular disorder, provides in-depth assessment tools, and presents a corresponding sample report. Key Features: An inventory and explanation of formal and informal assessment measures A glossary of key vocabulary Sample case histories with assessment tools Relevant and useful interview questions Each disorder's background and characteristics Assessment parameters A differential diagnosis section A model report The accessible format of A Guide to Clinical Assessment and Professional Report Writing in Speech-Language Pathology, Second Edition will help students learn how to assess and document speech and language disorders and will also make for a perfect reference for them as clinicians for years to come.

masa swallow assessment: Homo Deus Yuval Noah Harari, 2017-02-21 Official U.S. edition with full color illustrations throughout. NEW YORK TIMES BESTSELLER Yuval Noah Harari, author of the critically-acclaimed New York Times bestseller and international phenomenon Sapiens, returns with an equally original, compelling, and provocative book, turning his focus toward humanity's future, and our quest to upgrade humans into gods. Over the past century humankind has managed to do the impossible and rein in famine, plague, and war. This may seem hard to accept, but, as Harari explains in his trademark style—thorough, yet riveting—famine, plague and war have been transformed from incomprehensible and uncontrollable forces of nature into manageable challenges. For the first time ever, more people die from eating too much than from eating too little; more people die from old age than from infectious diseases; and more people commit suicide than are killed by soldiers, terrorists and criminals put together. The average American is a thousand times more likely to die from binging at McDonalds than from being blown up by Al Qaeda. What then will replace famine, plague, and war at the top of the human agenda? As the self-made gods of planet earth, what destinies will we set ourselves, and which guests will we undertake? Homo Deus explores the projects, dreams and nightmares that will shape the twenty-first century—from overcoming death to creating artificial life. It asks the fundamental questions: Where do we go from here? And how will we protect this fragile world from our own

destructive powers? This is the next stage of evolution. This is Homo Deus. With the same insight and clarity that made Sapiens an international hit and a New York Times bestseller, Harari maps out our future.

masa swallow assessment: Goal Writing for the Speech-Language Pathologist and Special Educator Gozdziewski, 2018-01-12 Geared for undergraduate and graduate students, Goal Writing for the Speech-Language Pathologist and Special Educator details different types of goals, essential elements of goals, how to establish goals from information garnered from evaluations, and how to write continuing goals for the field of Speech-Language Pathology and Communication Sciences. It is written for students in a Clinical Methods/Clinical Practicum course who are about to being their clinical experience in SLP. Real-world exercises are provided throughout in order to provide realistic examples of what students may encounter in speech and hearing clinics, hospitals, and schools. Goal writing is practiced by SLPs on a daily basis, and understanding how to turn diagnostic information into therapy is a difficult, yet crucial, task. This important subject is not covered in depth in other clinical methods titles yet is a skill all students and clinicians must master.

masa swallow assessment: Stroke Recovery and Rehabilitation Richard L. Harvey, MD, Richard F. Macko, MD, Joel Stein, MD, Carolee J. Winstein, Phd, PT, Richard D. Zorowitz, MD, 2008-11-20 A Doody's Core Title 2012 Stroke Recovery and Rehabilitation is the new gold standard comprehensive guide to the management of stroke patients. Beginning with detailed information on risk factors, epidemiology, prevention, and neurophysiology, the book details the acute and long-term treatment of all stroke-related impairments and complications. Additional sections discuss psychological issues, outcomes, community reintegration, and new research. Written by dozens of acknowledged leaders in the field, and containing hundreds of tables, graphs, and photographic images, Stroke Recovery and Rehabilitation features: The first full-length discussion of the most commonly-encountered component of neurorehabilitation Multi-specialty coverage of issues in rehabilitation, neurology, PT, OT, speech therapy, and nursing Focus on therapeutic management of stroke related impairments and complications An international perspective from dozens of foremost authorities on stroke Cutting edge, practical information on new developments and research trends Stroke Recovery and Rehabilitation is a valuable reference for clinicians and academics in rehabilitation and neurology, and professionals in all disciplines who serve the needs of stroke survivors.

masa swallow assessment: An Introduction to Language and Linguistics Ralph Fasold, Jeffrey Connor-Linton, 2006-03-09 This accessible textbook offers balanced and uniformly excellent coverage of modern linguistics.

masa swallow assessment: *Dysphagia* Monjur Ahmed, 2022-07-20 This book gives an update on the management of dysphagia due to a variety of disorders. Chapters address management of dysphagia due to corrosive ingestion and following anterior cervical surgery, nutritional, endoscopic, and surgical management of dysphagia, the role of surgery in patients with advanced achalasia, dysphagia in patients with head and neck cancer, and lipofilling and oral neuromuscular treatment.

masa swallow assessment: Pediatric Dysphagia Julina Ongkasuwan, Eric H. Chiou, 2018 This text provides the reader with a comprehensive understanding of pediatric swallowing and presents a practical, evidence-based approach to the diagnosis and management of swallowing difficulties in children. It highlights particular clinical challenges and controversies in the management of pediatric dysphagia. Part one of the text begins with an overview of the anatomy and physiology of swallowing, with a focus on normal development as we currently understand it. It also discusses new information regarding reflexive interactions between the larynx and esophagus that potentially influence swallowing, and the advantages and limitations of currently available diagnostic modalities. It highlights current controversies regarding frame rate, radiation exposure, breastfeeding infants, and grading of studies, as well as current literature regarding medical and behavioral-based therapy options. Part two addresses specific diagnoses which can cause or be associated with dysphagia such as prematurity, velopharyngeal insufficiency, ankyloglossia, laryngeal clefts, laryngomalacia, vocal fold paralysis, and cricopharyngeal dysfunction; and explores

the pathophysiology and treatment options for each. Anatomic, inflammatory, and neuromuscular esophageal causes of dysphagia are also evaluated as well as the impact of craniofacial anomalies, sialorrhea, and psychological factors on swallowing. As the most up-to-date text in this field, Pediatric Dysphagia: Challenges and Controversies will be a valuable reference guide for both learners and practitioners caring for these children. Comprehensive coverage addresses the full spectrum of dysphagia to strengthen the care provider's clinical evaluation and diagnostic decision-making skills. All chapters are written by experts in their fields and include the most up-to-date scientific and clinical information. It also incorporates the perspectives of multiple types of clinicians that care for these patients including otolaryngologists, gastroenterologists, pulmonologists, speech pathologists, occupational therapists, and lactation consultants.

masa swallow assessment: Handbook of Crisis Intervention and Developmental Disabilities Derek D. Reed, Florence D. DiGennaro Reed, James K. Luiselli, 2013-04-05 The Handbook of Crisis Intervention and Developmental Disabilities synthesizes a substantive range of evidence-based research on clinical treatments as well as organizational processes and policy. This comprehensive resource examines the concept of behavioral crisis in children and adults with special needs and provides a data-rich trove of research-into-practice findings. Emphasizing continuum-of-care options and evidence-based best practices, the volume examines crisis interventions across diverse treatment settings, including public and private schools, nonacademic residential settings as well as outpatient and home-based programs. Key coverage includes: Assessment of problem behaviors. Co-occurring psychiatric disorders in individuals with intellectual disabilities. Family members' involvement in prevention and intervention. Intensive treatment in pediatric feeding disorders. Therapeutic restraint and protective holding. Effective evaluation of psychotropic drug effects. The Handbook of Crisis Intervention and Developmental Disabilities is a must-have resource for researchers, scientist-practitioners, and graduate students in clinical child, school, developmental, and counseling psychology, clinical social work, behavior therapy/analysis, and special education as well as other related professionals working across a continuum of service delivery settings.

masa swallow assessment: Stroke Rehabilitation Glen Gillen, EdD, OTR, FAOTA, 2015-08-12 Learn to confidently manage the growing number of stroke rehabilitation clients with Gillen's Stroke Rehabilitation: A Function-Based Approach, 4th Edition. Using a holistic and multidisciplinary approach, this text remains the only comprehensive, evidence-based stroke rehabilitation resource for occupational therapists. The new edition has been extensively updated with the latest information, along with more evidence-based research added to every chapter. As with previous editions, this comprehensive reference uses an application-based method that integrates background medical information, samples of functionally based evaluations, and current treatment techniques and intervention strategies. Evidence-based clinical trials and outcome studies clearly outline the basis for stroke interventions. UNIQUE! Survivor's Perspectives help readers understand the stroke rehabilitation process from the client" point-of-view. UNIQUE! Case studies challenge readers to apply rehabilitation concepts to realistic scenarios. UNIQUE! A multidisciplinary approach highlights discipline-specific distinctions in stroke rehabilitation among occupation and physical therapists, physicians, and speech-language pathologists. Review guestions in each chapter help readers assess their understanding of rehabilitation concepts. Key terms and chapter objectives at the beginning of each chapter help readers study more efficiently. Three new chapters broaden your understanding of stroke intervention in the areas of Using Technology to Improve Limb Function, Managing Speech and Language Deficits after Stroke, and Parenting after Stroke. Learning activities and interactive references on a companion Evolve Resources website help you review textbook content and locate additional information.

masa swallow assessment: Manual of Diagnostic and Therapeutic Techniques for Disorders of Deglutition Reza Shaker, Caryn Easterling, Peter C. Belafsky, Gregory N. Postma, 2012-09-14 Manual of Diagnostic and Therapeutic Techniques for Disorders of Deglutition is the first in class comprehensive multidisciplinary text to encompass the entire field of deglutition. The book is designed to serve as a treasured reference of diagnostics and therapeutics for swallowing clinicians

from such diverse backgrounds as gastroenterology, speech language pathology, otolaryngology, rehabilitation medicine, radiology and others. Manual of Diagnostic and Therapeutic Techniques for Disorders of Deglutition brings together up-to-date information on state-of-the-art diagnostic and therapeutic modalities form disciplines of gastroenterology, speech language pathology, otolaryngology and radiology through contributions of 28 innovators, and master clinicians for the benefit of patients and providers alike. It concisely organizes the wealth of knowledge that exists in each of the contributing disciplines into one comprehensive information platform. Manual of Diagnostic and Therapeutic Techniques for Disorders of Deglutition provides a one-stop destination for members of all specialties to obtain state-of-the-knowledge information on advanced diagnostic modalities and management. It is an essential reference for all deglutologists.

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