history of polio icd 10

history of polio icd 10 provides a comprehensive exploration of how the International Classification of Diseases, Tenth Revision (ICD-10) has documented and categorized poliomyelitis throughout its history. This article delives into the origins of polio, its clinical manifestations, and the evolution of its classification within medical coding systems. Readers will discover the significance of ICD-10 codes in tracking polio cases, facilitating global surveillance, and supporting public health initiatives. The article also examines the historical context of polio outbreaks, the development of vaccines, and the impact of classification on disease management and research. By understanding the relationship between polio and ICD-10, healthcare professionals and researchers can better appreciate the importance of accurate medical coding and the role it plays in combating infectious diseases. The following sections will guide you through the history, coding details, and clinical relevance of polio as classified in ICD-10.

- Overview of Poliomyelitis and Medical Classification
- Historical Background of Polio
- Evolution of ICD Classification for Polio
- ICD-10 Codes for Poliomyelitis
- · Clinical Implications of Polio Coding
- Impact of ICD-10 on Polio Surveillance and Eradication
- Current Trends and Future Directions in Polio Coding

Overview of Poliomyelitis and Medical Classification

Poliomyelitis, commonly known as polio, is an infectious disease caused by the poliovirus. Historically, polio has been a major public health concern, leading to widespread outbreaks and severe paralysis in affected individuals. Accurate classification and coding are essential for monitoring disease incidence, guiding research efforts, and informing healthcare strategies. The International Classification of Diseases (ICD) is a standardized system developed by the World Health Organization (WHO) to categorize diseases and health conditions, including polio. The transition from earlier versions of ICD to ICD-10 has allowed for more precise documentation and improved global data sharing, which is crucial for disease control and eradication initiatives.

Historical Background of Polio

Early Outbreaks and Epidemiology

Polio was first recognized as a distinct clinical entity in the late 19th century, with major outbreaks occurring in Europe and North America. The disease reached epidemic proportions in the early 20th century, causing widespread fear and prompting urgent research into its transmission and prevention. Epidemiological studies revealed that polio primarily affects children under five years of age, with transmission occurring via the fecal-oral route. The disease manifests in several forms, ranging from asymptomatic infection to severe paralytic illness.

Development of Vaccines and Public Health Response

The introduction of effective polio vaccines, including the inactivated polio vaccine (IPV) and oral polio vaccine (OPV), marked a turning point in the fight against the disease. Mass immunization campaigns led to dramatic reductions in polio incidence worldwide, transforming public health strategies and shaping global efforts toward polio eradication. Understanding the history of polio is essential for contextualizing the importance of accurate disease classification within medical coding systems such as ICD-10.

Evolution of ICD Classification for Polio

Transition from ICD-9 to ICD-10

The classification of polio in the ICD system has evolved significantly over time. In ICD-9, poliomyelitis was categorized under codes 045.0–045.9, addressing different clinical forms and complications. The introduction of ICD-10 brought greater specificity, enabling more detailed documentation of acute and residual polio cases. This evolution reflects advances in medical knowledge and the need for precise tracking of disease patterns and outcomes.

Importance of Accurate Medical Coding

Accurate classification of polio using ICD-10 codes supports epidemiological surveillance, resource allocation, and research initiatives. Healthcare providers rely on these codes to record polio cases, monitor long-term complications, and assess the effectiveness of prevention programs. The evolution of polio coding in ICD-10 highlights the ongoing commitment to improving global health through data-driven decision-making.

ICD-10 Codes for Poliomyelitis

Main ICD-10 Codes for Polio

ICD-10 provides a comprehensive framework for classifying poliomyelitis and its sequelae. The primary codes used in ICD-10 for polio are as follows:

- A80: Acute poliomyelitis
- A80.0: Acute paralytic poliomyelitis, wild virus, imported

A80.1: Acute paralytic poliomyelitis, wild virus, indigenous

• A80.2: Acute paralytic poliomyelitis, unspecified

A80.3: Acute nonparalytic poliomyelitis

• A80.4: Acute poliomyelitis, unspecified

• B91: Sequelae of poliomyelitis

Each code reflects specific clinical presentations, including paralytic and nonparalytic forms, as well as residual complications. The distinction between wild virus and unspecified cases ensures accurate reporting and supports global surveillance efforts.

Documentation and Coding Guidelines

Medical coders and healthcare providers must adhere to established guidelines when assigning ICD-10 codes for polio. Documentation should include details about the type of infection, whether the poliovirus was wild or vaccine-derived, and any long-term sequelae resulting from the disease.

Accurate coding is essential for clinical management, billing, and public health reporting.

Clinical Implications of Polio Coding

Diagnosis and Patient Management

ICD-10 coding for polio plays a critical role in clinical practice. Healthcare professionals use these codes to document diagnoses, track disease progression, and manage patient care. Proper classification enables targeted treatment strategies, rehabilitation planning, and assessment of post-polio syndrome, which can affect survivors years after the initial infection.

Research and Public Health Impact

Comprehensive coding of polio cases facilitates research into disease epidemiology, risk factors, and outcomes. Public health authorities use ICD-10 data to monitor trends, evaluate vaccination programs, and identify areas at risk for outbreaks. The precise categorization of polio in ICD-10 supports evidence-based decision-making and enhances the effectiveness of control measures.

Impact of ICD-10 on Polio Surveillance and Eradication

Global Surveillance Systems

ICD-10 coding is integral to global polio surveillance systems. Accurate documentation of acute and residual polio cases allows health organizations to track progress toward eradication, monitor vaccine coverage, and respond to emerging threats. Surveillance data gathered through ICD-10 coding underpins international efforts led by the World Health Organization and other agencies.

Supporting Eradication Initiatives

The use of ICD-10 codes for polio enables effective resource allocation, policy development, and community engagement. By identifying areas with lingering polio transmission or post-polio complications, public health officials can target interventions and accelerate progress toward a poliofree world. The impact of ICD-10 on surveillance and eradication demonstrates the power of standardized medical coding in achieving global health goals.

Current Trends and Future Directions in Polio Coding

Advancements in Medical Coding Systems

Medical coding systems continue to evolve, with ongoing updates to ICD-10 and the development of future revisions such as ICD-11. Enhanced specificity and interoperability will further improve the accuracy and utility of polio classification. Healthcare professionals, researchers, and policymakers must stay informed about these changes to optimize disease monitoring and response.

Challenges and Opportunities Ahead

While polio cases have declined dramatically due to vaccination efforts, challenges remain in achieving complete eradication and managing long-term sequelae. Accurate ICD-10 coding supports continued surveillance, research, and healthcare delivery. Opportunities exist to leverage new technologies, refine coding practices, and strengthen global collaboration in the fight against polio.

Frequently Asked Questions about history of polio icd 10

Q: What is the ICD-10 code for acute poliomyelitis?

A: The ICD-10 code for acute poliomyelitis is A80, with subcategories such as A80.0 for wild virus imported, A80.1 for wild virus indigenous, and A80.3 for acute nonparalytic poliomyelitis.

Q: How does ICD-10 improve polio surveillance compared to previous coding systems?

A: ICD-10 offers greater specificity and detailed categorization, allowing for more accurate tracking of polio cases, complications, and trends, which enhances global surveillance and disease control efforts.

Q: Why is accurate ICD-10 coding important for polio management?

A: Accurate coding ensures proper patient diagnosis, supports effective treatment and rehabilitation, facilitates research, and enables public health authorities to allocate resources and monitor vaccination programs.

Q: What are the main historical milestones in polio classification within ICD systems?

A: Key milestones include the initial categorization in ICD-9, the transition to ICD-10 with more detailed codes, and ongoing updates that reflect advances in medical understanding and polio management practices.

Q: Which ICD-10 code is used for post-polio syndrome?

A: Sequelae of poliomyelitis, including post-polio syndrome, are classified under ICD-10 code B91.

Q: How do healthcare providers determine which ICD-10 code to use for polio cases?

A: Providers rely on clinical documentation, patient history, laboratory findings, and established coding guidelines to select the most appropriate ICD-10 code, specifying the type and form of polio.

Q: What impact has ICD-10 coding had on global polio eradication initiatives?

A: ICD-10 coding supports accurate data collection, enhances surveillance, and guides targeted interventions, all of which are essential components of successful eradication programs.

Q: Are there differences between ICD-10 and ICD-11 in coding polio?

A: ICD-11 introduces further refinements and increased specificity in disease classification, but the foundational approach to polio coding remains consistent, building on the framework established by ICD-10.

Q: Can ICD-10 codes distinguish between wild poliovirus and vaccinederived cases?

A: Yes, ICD-10 subcategories differentiate between wild virus (imported or indigenous) and unspecified cases, aiding in precise documentation and epidemiological analysis.

Q: What are the challenges in coding polio in regions with limited healthcare resources?

A: Challenges include insufficient clinical documentation, lack of trained coders, and limited access to updated coding systems, which can hinder accurate classification and surveillance efforts.

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History of Polio: An ICD-10 Perspective

Polio, a terrifying disease that once crippled millions, holds a significant place in medical history. Understanding its evolution, from its initial outbreaks to its near eradication, requires delving into its classification within the International Classification of Diseases, 10th Revision (ICD-10). This post

will explore the history of polio, specifically examining its evolution within the ICD-10 coding system, offering a comprehensive look at this debilitating disease and its impact on global health.

Understanding the ICD-10 System

Before diving into polio's history, it's crucial to understand the ICD-10 system. The ICD-10 is a standardized diagnostic tool used globally to classify diseases and other health problems. It provides a consistent language for healthcare professionals to communicate and track health data, facilitating research, public health monitoring, and resource allocation. The codes assigned to diseases, including polio, allow for precise tracking and analysis of disease prevalence, mortality rates, and treatment outcomes. The ICD-10's structured approach is vital for global health initiatives and understanding the long-term impact of diseases like polio.

Early History of Polio and its Pre-ICD-10 Classification

Poliomyelitis, commonly known as polio, has a long and complex history. Early accounts of paralysis consistent with polio date back centuries, though its true nature remained mysterious for a long time. Before the development of sophisticated diagnostic techniques and the ICD system, identifying and classifying polio accurately was challenging. Descriptions of outbreaks, primarily focusing on paralysis and its devastating effects, can be found in ancient texts, yet consistent, standardized classification wasn't possible. The lack of a unified coding system hampered epidemiological studies and the development of effective preventative measures.

Polio's Emergence in the ICD System

As medical understanding advanced, the identification and classification of polio improved. The ICD system, with its subsequent revisions, incorporated polio, evolving its classification to reflect a deeper understanding of the disease's various manifestations and associated complications. Earlier versions of the ICD likely categorized polio based on observable symptoms, possibly grouping it under broader categories of paralysis or infectious diseases.

ICD-10 Codes for Polio and its Manifestations

Within the ICD-10 system, polio and its associated conditions are assigned specific codes, enabling accurate data tracking. The primary ICD-10 codes for polio reflect the different presentations of the disease:

A80: This code encompasses poliomyelitis, covering the various forms of the disease, including the paralytic and non-paralytic types.

G11: This code is used for post-polio syndrome, a condition that can develop years after the initial infection. This highlights the long-term implications of polio and the ongoing need for monitoring and support for affected individuals.

Other related codes: The ICD-10 also incorporates codes for specific complications arising from polio, such as respiratory failure, muscle atrophy, and scoliosis. This comprehensive approach ensures that the full impact of the disease is captured in health statistics.

The Impact of ICD-10 on Polio Eradication Efforts

The use of the ICD-10 has been instrumental in global polio eradication efforts. The consistent and standardized coding enables researchers and public health organizations to accurately monitor polio cases worldwide. This data informs vaccination strategies, resource allocation, and the ongoing

surveillance needed to prevent outbreaks. The ability to track cases effectively through standardized coding has been critical in bringing polio to the brink of eradication.

Evolution of Polio Understanding and ICD Revisions

The ICD-10 classification of polio has evolved alongside our understanding of the disease. As research progresses and new insights emerge, the coding system is refined to reflect these advancements. Future revisions may further enhance the specificity and accuracy of polio codes, allowing for a more nuanced understanding of its long-term health implications. This dynamic process highlights the importance of consistent updating and improvement within the ICD system to accurately reflect the ongoing advancements in medical knowledge.

Conclusion

The history of polio's classification within the ICD-10 system mirrors the evolution of our understanding of this devastating disease. From its initial, less precise categorization to its current detailed coding within the ICD-10, the journey reflects medical advancements and the global effort towards eradication. The standardized coding system has proven essential for tracking, managing, and ultimately combating this once-feared illness. The success in reducing polio cases significantly demonstrates the power of global collaboration and accurate disease tracking through systems like the ICD-10.

Frequently Asked Questions (FAQs)

- 1. Is the ICD-10 code for polio the same worldwide? Yes, the ICD-10 is an internationally standardized system, so the codes for polio and related conditions remain consistent globally. This uniformity ensures accurate data comparison across nations.
- 2. What happens if a doctor uses the wrong ICD-10 code for polio? Using incorrect codes can lead to inaccurate epidemiological data, potentially hindering research efforts and resource allocation for effective control and prevention measures.
- 3. Are there separate ICD-10 codes for different types of polio? While the primary code (A80) encompasses all forms, there might be additional codes to specify the type or severity of polio, as well as any associated complications.
- 4. How does the ICD-10 help in post-polio syndrome management? The distinct ICD-10 code for post-polio syndrome (G11) allows for better tracking of this long-term condition, facilitating research into its management and improving support for affected individuals.
- 5. Will future revisions of the ICD change the polio codes? As our understanding of polio evolves, future ICD revisions may incorporate more specific subcategories or adjustments to existing codes to reflect the latest research and clinical knowledge. This ongoing refinement ensures the accuracy and relevance of the system.

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adaptations of ICD-10 which retain the core codes of the parent classification while providing extended detail at the fifth character and beyond. Now in its second edition ICD-NA has been revised to reflect current clinical concepts in the neurosciences as well as the new coding system introduced with ICD-10. The classification was finalized following extensive consultation with numerous professional organizations and international experts thus ensuring the representation of as many viewpoints as are practical and consistent. While remaining directly compatible with ICD-10 ICD-NA offers clinicians and researchers much greater precision allowing them to match an explicit diagnosis with a detailed code at the five- six or seven-character level. In addition a comprehensive alphabetical index and the extensive use of inclusion and exclusion terms provide considerable assistance in finding the correct category for any condition diagnosed. Apart from these opportunities for recording greater diagnostic detail the direct compatibility with ICD-10 facilitates comparisons between statistics compiled according to ICD-NA and national morbidity and mortality statistics compiled according to ICD-10. These features enhance the flexibility of ICD-NA making it suitable for use in morbidity statistics hospital record indexing and epidemiological research by government and other health agencies collecting statistical data under relatively few main headings or by individual physicians and researchers requiring a convenient tool for indexing their clinical and teaching material in sufficient detail. The revised classification should also facilitate the collection of epidemiological data comparisons of the prevalence of individual neurological diseases and identification of the risk factors for these diseases at both national and international levels. In addition to the detailed tabular list of neurological and related disorders the volume includes an explanation of the basic principles of classification and instructions for coding morphology codes for neoplasms relevant to neurology and neurosurgery and a 90-page index of diagnostic terms given in standard or official nomenclatures together with synonyms and eponyms.

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history of polio icd 10: Beyond Myalgic Encephalomyelitis/Chronic Fatigue Syndrome Institute of Medicine, Board on the Health of Select Populations, Committee on the Diagnostic Criteria for Myalgic Encephalomyelitis/Chronic Fatigue Syndrome, 2015-03-16 Myalgic encephalomyelitis (ME) and chronic fatigue syndrome (CFS) are serious, debilitating conditions that affect millions of people in the United States and around the world. ME/CFS can cause significant impairment and disability. Despite substantial efforts by researchers to better understand ME/CFS, there is no known cause or effective treatment. Diagnosing the disease remains a challenge, and patients often struggle with their illness for years before an identification is made. Some health care providers have been skeptical about the serious physiological - rather than psychological - nature of the illness. Once diagnosed, patients often complain of receiving hostility from their health care provider as well as being subjected to treatment strategies that exacerbate their symptoms. Beyond Myalgic Encephalomyelitis/Chronic Fatigue Syndrome proposes new diagnostic clinical criteria for ME/CFS and a new term for the illness - systemic exertion intolerance disease(SEID). According to this

report, the term myalgic encephalomyelitis does not accurately describe this illness, and the term chronic fatigue syndrome can result in trivialization and stigmatization for patients afflicted with this illness. Beyond Myalgic Encephalomyelitis/Chronic Fatigue Syndrome stresses that SEID is a medical - not a psychiatric or psychological - illness. This report lists the major symptoms of SEID and recommends a diagnostic process. One of the report's most important conclusions is that a thorough history, physical examination, and targeted work-up are necessary and often sufficient for diagnosis. The new criteria will allow a large percentage of undiagnosed patients to receive an accurate diagnosis and appropriate care. Beyond Myalgic Encephalomyelitis/Chronic Fatigue Syndrome will be a valuable resource to promote the prompt diagnosis of patients with this complex, multisystem, and often devastating disorder; enhance public understanding; and provide a firm foundation for future improvements in diagnosis and treatment.

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context for coding and familiarizes you with documents you will encounter on the job. Illustrated, full-color design emphasizes important content such as anatomy and physiology and visually reinforces key concepts.

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history of polio icd 10: Neurological, Psychiatric, and Developmental Disorders Institute of Medicine, Board on Global Health, Committee on Nervous System Disorders in Developing

Countries, 2001-01-01 Brain disordersâ€neurological, psychiatric, and developmentalâ€now affect at least 250 million people in the developing world, and this number is expected to rise as life expectancy increases. Yet public and private health systems in developing countries have paid relatively little attention to brain disorders. The negative attitudes, prejudice, and stigma that often surround many of these disorders have contributed to this neglect. Lacking proper diagnosis and treatment, millions of individual lives are lost to disability and death. Such conditions exact both personal and economic costs on families, communities, and nations. The report describes the causes and risk factors associated with brain disorders. It focuses on six representative brain disorders that are prevalent in developing countries: developmental disabilities, epilepsy, schizophrenia, bipolar disorder, depression, and stroke. The report makes detailed recommendations of ways to reduce the toll exacted by these six disorders. In broader strokes, the report also proposes six major strategies toward reducing the overall burden of brain disorders in the developing world.

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history of polio icd 10: Advanced ICD-10 for Physicians Including Worker's Compensation and Personal Injury Eugene Fukumoto, 2017-07-28 ICD-10 is the 10th revision of the International Statistical Classification of Diseases and Related Health Problems (ICD), a medical classification list by the World Health Organization. It contains codes for diseases, signs and symptoms, abnormal findings, complaints, social circumstances, and external causes of injury of diseases. The code set allows more than 14,000 different codes and permits the tracking of many new diagnoses. The U.S. has used ICD-10-CM (Clinical Modification) since October, 2015. This national variant of ICD-10 was provided by the Centers for Medicare and Medicaid Services (CMS) and the National Center for Health Statistics, and the use of ICD-10-CM codes are now mandated for all inpatient medical reporting requirements. This book is for physicians, practice managers and all others who need learn ICD-10. It's designed for the clinician to learn how to put their diagnosis into a code and not rely on staff or computer software programs to decide it form them. ICD-10 is a complex system of coding and Medicare and third party insurers have been lenient giving providers a year to get used to the coding system. As a result, physicians and their staff have become very complacent regarding proper coding. However, Medicare and third party insurers will soon begin to deny claims which are not coded correctly, which in turn will cost physician groups time and money. This book focuses on Worker's Compensation and Personal Injury, a very large segment of the healthcare industry and is a new area to ICD-10. The diagnosis coding for injuries is much different than for Medicare or group insurance and unless the physicians and their staff learn how to use it properly, they risk losing income for themselves and worse, they risk losing the case for the patient.

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history of polio icd 10: *The Global Burden of Disease* Colin Mathers, World Health Organization, 2008 The global burden of disease: 2004 update is a comprehensive assessment of the health of the world's population. It provides detailed global and regional estimates of premature mortality, disability and loss of health for 135 causes by age and sex, drawing on extensive WHO databases and on information provided by Member States.--Publisher description.

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Travel Centers for Disease Control and Prevention CDC, 2017-04-17 THE ESSENTIAL WORK IN TRAVEL MEDICINE -- NOW COMPLETELY UPDATED FOR 2018 As unprecedented numbers of travelers cross international borders each day, the need for up-to-date, practical information about the health challenges posed by travel has never been greater. For both international travelers and the health professionals who care for them, the CDC Yellow Book 2018: Health Information for International Travel is the definitive guide to staying safe and healthy anywhere in the world. The fully revised and updated 2018 edition codifies the U.S. government's most current health guidelines and information for international travelers, including pretravel vaccine recommendations, destination-specific health advice, and easy-to-reference maps, tables, and charts. The 2018 Yellow Book also addresses the needs of specific types of travelers, with dedicated sections on: Precautions for pregnant travelers, immunocompromised travelers, and travelers with disabilities · Special considerations for newly arrived adoptees, immigrants, and refugees · Practical tips for last-minute or resource-limited travelers · Advice for air crews, humanitarian workers, missionaries, and others who provide care and support overseas Authored by a team of the world's most esteemed travel medicine experts, the Yellow Book is an essential resource for travelers -- and the clinicians overseeing their care -- at home and abroad.

history of polio icd 10: Adverse Effects of Pertussis and Rubella Vaccines Institute of Medicine, Committee to Review the Adverse Consequences of Pertussis and RubellaVaccines, 1991-02-01 Parents have come to depend on vaccines to protect their children from a variety of diseases. Some evidence suggests, however, that vaccination against pertussis (whooping cough) and rubella (German measles) is, in a small number of cases, associated with increased risk of serious illness. This book examines the controversy over the evidence and offers a comprehensively documented assessment of the risk of illness following immunization with vaccines against pertussis and rubella. Based on extensive review of the evidence from epidemiologic studies, case histories, studies in animals, and other sources of information, the book examines: The relation of pertussis vaccines to a number of serious adverse events, including encephalopathy and other central nervous system disorders, sudden infant death syndrome, autism, Guillain-Barre syndrome, learning disabilities, and Reye syndrome. The relation of rubella vaccines to arthritis, various neuropathies, and thrombocytopenic purpura. The volume, which includes a description of the committee's methods for evaluating evidence and directions for future research, will be important reading for public health officials, pediatricians, researchers, and concerned parents.

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reimbursements. Access full-color images and 65 online-only topics at Expert Consult, as well as online-only contents including EBMs, Suggested Reading, Patient Teaching Guides, and additional algorithms.

history of polio icd 10: Immunization Safety Review Institute of Medicine, Board on Health Promotion and Disease Prevention, Immunization Safety Review Committee, 2003-11-26 The Immunization Safety Review Committee was established by the Institute of Medicine (IOM) to evaluate the evidence on possible causal associations between immunizations and certain adverse outcomes, and to then present conclusions and recommendations. The committee's mandate also includes assessing the broader societal significance of these immunization safety issues. While all the committee members share the view that immunization is generally beneficial, none of them has a vested interest in the specific immunization safety issues that come before the group. The committee reviews three immunization safety review topics each year, addressing each one at a time. In this fifth report in a series, the committee examines the hypothesis that exposure to polio vaccine contaminated with simian virus 40 (SV40), a virus that causes inapparent infection in some monkeys, can cause certain types of cancer.

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images, and more.

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history of polio icd 10: The Childhood Immunization Schedule and Safety Institute of Medicine, Board on Population Health and Public Health Practice, Committee on the Assessment of Studies of Health Outcomes Related to the Recommended Childhood Immunization Schedule, 2013-04-27 Vaccines are among the most safe and effective public health interventions to prevent serious disease and death. Because of the success of vaccines, most Americans today have no firsthand experience with such devastating illnesses as polio or diphtheria. Health care providers who vaccinate young children follow a schedule prepared by the U.S. Advisory Committee on Immunization Practices. Under the current schedule, children younger than six may receive as many as 24 immunizations by their second birthday. New vaccines undergo rigorous testing prior to receiving FDA approval; however, like all medicines and medical interventions, vaccines carry some risk. Driven largely by concerns about potential side effects, there has been a shift in some parents' attitudes toward the child immunization schedule. The Childhood Immunization Schedule and Safety identifies research approaches, methodologies, and study designs that could address questions

about the safety of the current schedule. This report is the most comprehensive examination of the immunization schedule to date. The IOM authoring committee uncovered no evidence of major safety concerns associated with adherence to the childhood immunization schedule. Should signals arise that there may be need for investigation, however, the report offers a framework for conducting safety research using existing or new data collection systems.

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