dead to me parents guide

dead to me parents guide is your comprehensive resource for understanding the TV series "Dead to Me" from a parental perspective. This guide delves into the show's themes, content rating, language, violence, and other elements that parents should consider before allowing their children or teens to watch. Whether you are concerned about mature content, emotional intensity, or the impact of certain storylines, this article provides factual insights and practical advice. We will explore episode-by-episode appropriateness, offer age recommendations, and suggest discussion points for families. By reading this guide, parents will gain the knowledge needed to make informed viewing decisions, ensuring a safe and thoughtful entertainment experience for their household.

- Overview of "Dead to Me" TV Series
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Overview of "Dead to Me" TV Series

"Dead to Me" is a dark comedy-drama series created by Liz Feldman and available on popular streaming platforms. The show follows Jen and Judy, two women brought together by grief, secrets, and unexpected friendship. The narrative weaves through emotional twists, suspense, and comedic relief, drawing viewers into a story of loss, forgiveness, and complicated relationships. As the series progresses, themes of trauma, deception, and recovery emerge. With its blend of humor and drama, "Dead to Me" appeals to adults and older teens but raises important questions about suitability for younger audiences. Understanding the premise and tone of the show is essential for parents evaluating its appropriateness for their children.

Content Rating and Viewer Age Recommendations

"Dead to Me" carries a TV-MA rating, indicating mature audiences due to explicit content. The mature rating is attributed to the show's frequent use of strong language, adult themes, violence, and sexual references. The series is generally deemed suitable for viewers aged 16 and above, although sensitivity to certain subjects may warrant a higher age threshold for some families. Parents should consider individual maturity levels and comfort with intense emotional content, as well as the show's handling of grief, death, and moral ambiguity. Reviewing the official rating details and advisory notes can help parents set appropriate viewing boundaries.

Why the TV-MA Rating Matters

The TV-MA rating highlights the presence of elements unsuitable for children and younger teens. This includes graphic language, scenes of violence, sexual situations, and substance use. Parents should be aware that the series does not shy away from discussing adult topics openly, making it critical to assess whether it aligns with their family values and children's maturity level.

Main Themes and Storylines Parents Should Know

"Dead to Me" explores several mature themes that may affect young viewers. The storyline centers around grief and loss, stemming from tragic events that shape the main characters' lives. Friendship, betrayal, guilt, and redemption are recurring motifs, portrayed with emotional depth and complexity. The series also addresses issues such as infidelity, criminal behavior, and substance abuse. These themes are presented realistically and often provoke strong emotional responses, making it important for parents to prepare for meaningful discussions if their teens watch the show.

Core Themes in the Series

- Grief and coping with loss
- Secrets and moral dilemmas
- Complex female friendships
- Forgiveness and personal growth
- Revenge and consequences
- Family dynamics and struggles

Language, Violence, and Mature Content Analysis

The show's language is often explicit, with frequent use of profanity and strong expressions. Violence appears throughout the series in both physical and emotional forms, including depictions of death, accidents, and confrontations. Sexual content is present but not graphic, primarily involving references and implied situations. Substance use, including alcohol and prescription drugs, is depicted as part of characters' coping mechanisms. Parents should note that these elements are integral to the show's narrative, contributing to its TV-MA rating.

Specific Content Concerns

- Frequent strong language and adult jokes
- Scenes involving physical altercations and injuries
- References to sexual relationships and infidelity
- Portrayal of drinking and prescription drug misuse

Episode Breakdown: What Parents Should Expect

Each season of "Dead to Me" contains ten episodes, with story arcs that build upon dramatic revelations and emotional tension. While some episodes focus on humor and friendship, others delve into darker subject matter, including crime and trauma. Parents may wish to preview specific episodes or consult content summaries to determine which installments are most appropriate for their family. Sensitive scenes are distributed throughout the series, and tension escalates as the narrative approaches major plot twists.

Notable Episodes with Mature Content

- Season 1, Episode 1: Introduction to grief and strong language
- Season 1, Episode 10: Intense emotional climax and violence
- Season 2, Episode 5: Depictions of substance abuse
- Season 3, Episode 8: Sexual references and relationship conflicts

Potential Emotional Impact on Young Viewers

Given its focus on grief and trauma, "Dead to Me" can be emotionally challenging for sensitive viewers. The portrayal of loss, guilt, and strained relationships may resonate strongly, potentially triggering personal responses. Parents should be mindful of their children's emotional readiness and capacity to process complex themes. Watching the show together or discussing its content afterward may help mitigate any negative effects and foster open communication about difficult topics.

Signs of Emotional Sensitivity

- Distress or anxiety after viewing intense scenes
- Questions or confusion about death and loss
- Difficulty separating fiction from reality
- Strong reactions to portrayals of betrayal or violence

Tips for Family Discussions and Viewing Guidance

Parents can use "Dead to Me" as an opportunity for meaningful conversations about grief, forgiveness, and moral choices. If teens or older children express interest in the show, consider setting guidelines for viewing, such as co-watching or pausing to discuss sensitive topics. Encourage open dialogue about character decisions, the consequences of actions, and the portrayal of real-world issues. Establishing boundaries and expectations around media consumption can help foster a safe and supportive environment.

Guidance for Parents

- 1. Preview episodes before allowing younger teens to watch
- 2. Discuss the show's themes and context with children
- 3. Monitor emotional responses and provide support as needed
- 4. Set clear rules about age-appropriate viewing
- 5. Encourage critical thinking about media messages

Summary of Parental Guidance Considerations

The "Dead to Me" parents guide highlights key aspects of the series that families should consider before viewing. The show's mature themes, language, and emotional intensity warrant caution for younger audiences. By understanding the content rating, core storylines, and potential impact on viewers, parents can make informed decisions that align with their family's values and needs. Open communication and thoughtful viewing practices are essential to ensure a positive entertainment experience for all members of the household.

Q: What is the age recommendation for watching "Dead to Me"?

A: "Dead to Me" is best suited for viewers aged 16 and older, due to mature content, language, and themes.

Q: Does "Dead to Me" contain graphic violence?

A: The series includes depictions of violence, such as accidents and confrontations, but it is not as graphic as some other TV-MA shows. Emotional violence and tension are more prevalent.

Q: How much profanity is present in the show?

A: "Dead to Me" features frequent strong language and adult jokes throughout its episodes, contributing to its mature rating.

Q: Are sexual situations depicted in "Dead to Me"?

A: Sexual content is present primarily through references and implied situations, rather than explicit scenes.

Q: What are the main themes parents should be aware of?

A: The series explores grief, loss, friendship, betrayal, forgiveness, and moral dilemmas, often with emotional intensity.

Q: Can "Dead to Me" be watched as a family?

A: Due to its mature content, "Dead to Me" is more appropriate for family

viewing with older teens, ideally with parental guidance and discussion.

Q: Is substance abuse shown in the series?

A: Yes, the show depicts alcohol and prescription drug use as part of the characters' coping mechanisms.

Q: How can parents address sensitive topics from the show with their children?

A: Parents should encourage open dialogue, provide emotional support, and discuss the real-world relevance of the show's themes.

Q: Are there specific episodes that are more suitable for teens?

A: Some episodes focus more on friendship and humor, but mature themes are present throughout the series. Previewing episodes is recommended.

Q: What should parents do if their child is emotionally affected by the show?

A: Monitor their reactions, offer reassurance, and engage in conversations to help them process any difficult emotions or questions.

Dead To Me Parents Guide

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Dead to Me: A Parents' Guide to Navigating the Dark Comedy

Are you a parent considering watching Netflix's dark comedy "Dead to Me"? This show, while critically acclaimed for its witty writing and compelling performances, tackles mature themes that might not be suitable for all viewers. This comprehensive parents' guide will delve into the show's

content, helping you determine if "Dead to Me" is appropriate for your family and providing tips for navigating sensitive topics with your children if you choose to watch it together.

What Makes "Dead to Me" Mature Content?

"Dead to Me" isn't your typical sitcom. Its humor is often dark and sarcastic, masking underlying complexities of grief, betrayal, and murder. The show's mature themes include:

- h2. Grief and Loss: The series centers around Jen Harding, grappling with the recent death of her husband. Her grief manifests in complex and sometimes unhealthy ways, portraying a realistic, though challenging, portrayal of bereavement.
- h2. Murder and Deception: The central plot revolves around a murder mystery, with significant deception and morally grey characters. This is not a lighthearted whodunit; it explores the consequences of actions and the ethical dilemmas faced by the characters.
- h2. Adult Relationships and Sexuality: The relationships depicted in "Dead to Me" are complex and adult in nature. There are scenes with mature language, sexual innuendo, and exploration of non-traditional relationships.
- h2. Mental Health: Several characters grapple with mental health challenges, including grief, anxiety, and depression. These are depicted realistically, but might be triggering for some viewers.

Age Appropriateness: A Parental Perspective

Determining the appropriate age for watching "Dead to Me" is a parental decision based on your family's values and your child's maturity level. The show is definitely not suitable for young children due to its mature themes. Tweens and teens might be able to handle some aspects, but the presence of murder, deception, and adult language makes it a show best watched with a parent or guardian present for discussion and guidance. Even for teens, mature discussion and explanation of the themes are vital to understanding the show's complexities.

h3. Watching with Teens: A Discussion Guide

If you decide to watch "Dead to Me" with your teen, consider these discussion points:

The complexities of grief: How do Jen and Judy cope with their losses? Are their coping mechanisms healthy?

The consequences of actions: How do the characters' choices impact themselves and others? Moral ambiguity: Are there any "good guys" or "bad guys" in the show? Why or why not? Mental health: How are mental health challenges portrayed? What are some healthy ways to cope with grief and trauma?

Navigating Sensitive Topics After Viewing

After watching an episode or the entire series, initiate a conversation with your children. Encourage them to share their thoughts and feelings. Ask open-ended questions to facilitate a healthy discussion. Don't shy away from the difficult topics; use the show as an opportunity to teach empathy, critical thinking, and responsible decision-making. Remember to tailor your conversation to your child's age and understanding.

Conclusion

"Dead to Me" is a gripping and darkly humorous show, but its mature themes necessitate careful consideration before viewing with children. This guide provides a framework for parents to assess the show's appropriateness and engage in meaningful conversations with their children about its complex content. Remember that open communication and thoughtful discussion are key to navigating the show's mature themes and fostering media literacy within your family.

FAQs

- 1. Is "Dead to Me" suitable for 13-year-olds? Generally, no. The show contains mature themes that are likely inappropriate for most 13-year-olds. Parental discretion is strongly advised.
- 2. Are there any explicit sex scenes in "Dead to Me"? While there aren't explicit sex scenes, there is significant sexual innuendo and suggestive content.
- 3. Does the show glorify violence? No, the show portrays the consequences of violence and the emotional toll it takes on the characters.
- 4. What are the key takeaways from "Dead to Me"? The show explores themes of grief, forgiveness, friendship, and the complexities of human relationships.
- 5. Is there a lot of profanity in the show? Yes, there is some strong language throughout the series. Consider this when making your viewing decision.

dead to me parents guide: The Dragonet Prophecy (Wings of Fire #1) Tui T. Sutherland, 2012-07-01 A thrilling new series soars above the competition and redefines middle-grade fantasy fiction for a new generation! The seven dragon tribes have been at war for generations, locked in an endless battle over an ancient, lost treasure. A secret movement called the Talons of Peace is determined to bring an end to the fighting, with the help of a prophecy -- a foretelling that calls for great sacrifice. Five dragonets are collected to fulfill the prophecy, raised in a hidden cave and enlisted, against their will, to end the terrible war. But not every dragonet wants a destiny. And when

the select five escape their underground captors to look for their original homes, what has been unleashed on the dragon world may be far more than the revolutionary planners intended . . .

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adapted into a horror film franchise of the same name, is a terrifying and unforgettable classic of the genre. A Vintage Short.

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dead to me parents guide: The Adoptive Parents' Handbook Barbara Cummins Tantrum, 2020-09-01 The essential guide to parenting adopted and foster kids--learn to create felt safety, heal attachment trauma, and navigate challenging behaviors and triggers Children who have been adopted and/or shuttled through the foster-care system experience trauma at a much higher rate than other kids, which can make it difficult for them to trust, relax, regulate their emotions, and connect with their new families. As a parent, learning how to heal attachment trauma, attune to your child's needs, identify triggers, and create felt safety is essential to providing the loving, supportive, and stable home they need to thrive. Written for parents of adopted and foster kids of all ages, this book offers resources for handling common concerns like sleep issues, food sensitivities, anger, fear, and reactivity. It also provides guidance on navigating transracial adoptions, working through parents' own hang-ups, and recognizing signs of developmental and psychological conditions. The book highlights practical strategies and provides real-life examples to address questions like: How do I help my adopted child adjust? Is this kind of behavior normal? How do I help my child live, heal, and thrive with PTSD?

dead to me parents guide: The Dead and the Gone Susan Beth Pfeffer, 2010-01-18 Best-selling author, Susan Beth Pfeffer, delivers a riveting companion to Life As We Knew It in this enthralling tale that follows seventeen-year-old Alex Morales as he fights to survive in the aftermath of apocalyptic events in New York City. Alex Morales is an average high schooler focused on his

after-school job, helping his dad out with building superintendent responsibilities, and getting good grades so he can make it into an Ivy League college. But when the moon alters its gravitational pull and catastrophic events ensue, everything changes. Now, he has to care for his younger sisters, decide whether it's ethical to rob the dead, and keep the hope alive that their lost parents will return. Bone-chilling and harrowing, Susan Beth Pfeffer investigates what it takes to survive when the odds are stacked against you in this captivating story about sacrifice and humanity.

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DAY. From the author of the massive bestseller STARTER FOR TEN.

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dead to me parents guide: The Best of Me Nicholas Sparks, 2011-10-11 In this #1 New York Times bestselling novel of first love and second chances, former high school sweethearts confront the painful truths of their past to build a promising future—together. Everyone wanted to believe that endless love was possible. She'd believed in it once, too, back when she was eighteen. In the spring of 1984, high school students Amanda Collier and Dawson Cole fell deeply, irrevocably in love. Though they were from opposite sides of the tracks, their love for one another seemed to defy the realities of life in their small town in North Carolina. But as the summer of their senior year came to a close, unforeseen events would tear the young couple apart, setting them on radically divergent paths. Now, twenty-five years later, Amanda and Dawson are summoned back home for the funeral of Tuck Hostetler, the mentor who once gave shelter to their high school romance. Neither has lived the life they imagined . . . and neither can forget the passionate first love that forever changed their lives. As Amanda and Dawson carry out the instructions Tuck left behind for them, they realize that everything they thought they knew—about Tuck, about themselves, and about the dreams they held dear—was not as it seemed. Forced to confront painful memories, the former lovers will discover undeniable truths about the choices they have made. And in the course of a single, searing weekend, they will ask of the living, and the dead: Can love truly rewrite the past?

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support them during their most difficult moments. From there, you'll find 100 activities that you can use in a group setting, activities that you (or another caregiver) can do alone with your child, and ways to make the most of virtual interactions to support a grieving child. Explore activities like:

-Making a scream box -Playing with clay -Feelings charades game -Making a memory bracelet -And many more! It can feel difficult to connect with your child as you process your own complicated emotions surrounding loss. Use these activities to help bridge the gap between you and your child and to help you both find comfort in a difficult situation. You'll find all the tools you need to help your child (and even yourself) healthily process your grief and move towards happiness, understanding, and acceptance together.

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dead to me parents guide: Bedtiming: The Parent's Guide to Getting Your Child to Sleep at Just the Right Age Isabela Granic, Marc D. Lewis, 2010-01-12 When it comes to getting your baby or toddler to sleep through the night, discover why when matters more than how Are you tired of endless hours spent rocking your baby to sleep? Have you "hit the wall" when it comes to sleepless nights? Teaching your baby or toddler to sleep through the night can be a bewildering and frustrating experience. Developmental psychologists Marc D. Lewis and Isabela Granic reveal that the key to your child's sleep habits is not which method you choose to help your child sleep, but when you use it. Timing is everything, and Bedtiming walks you through the stages of child development, offering helpful advice on such topics as: • time windows when sleep-training will be most effective and when it will stand the least chance of success • the pros and cons of several popular sleep-training techniques—including the "cry-it-out," "no-cry," and Ferber methods • common sleep setbacks and how to handle them • how to successfully transition your child from your bed to his or her own crib or bed. Bedtiming is a simple, sensible, and reassuring guide that will help children—and parents—get a good night's sleep.

dead to me parents guide: Maybe You Know My Teen Mary Fowler, 2001-12-11 From the author of the highly successful Maybe You Know My Kid comes a desperately needed follow-up-the first comprehensive guide for dealing with the unique challenges of raising an adolescent with ADHD. Adolescence is a tumultuous turning point for everyone, but for teens with attention deficit hyperactivity disorder, it can be especially challenging, and for some of their parents, downright terrifying. Predictably, stress ensues over inconsistent or poor school performance and over inevitable decisions regarding higher education and life after high school. Adolescents with ADHD get more traffic tickets, have higher school-expulsion and drop-out rates, and are more likely to experiment with alcohol and drugs. Maybe You Know My Teen brims with management strategies

for parents new to ADHD as well as those who have coped with it throughout their child's life. Explaining the roots of the disorder clearly and extensively, while discussing situations most likely to cause symptoms to manifest themselves, ADHD authority Mary Fowler presents step-by-step advice, along with in-depth personal stories and first-person advice from leading experts in the field. This is the one-of-a-kind lifesaver thousands have been awaiting.

dead to me parents guide: Cinderella Is Dead Kalynn Bayron, 2020-08-06 'Kalynn Bayron does more than re-write a fairytale ... She breaks it apart and rebuilds it into a wholly original and captivating story where girls finally decide for themselves who lives happily ever after' - New York Times bestselling author Brigid Kemmerer 'A richly diverse and lovely read ... relevant, modern and inclusive' - NetGalley Reviewer 'An intense experience, but a captivating one' -It's 200 years since Cinderella found her prince, but the Paper Lanterns Magazine fairytale is over. Sophia knows the story though, off by heart. Because every girl has to recite it daily, from when she's tiny until the night she's sent to the royal ball for choosing. And every girl knows that she has only one chance. For the lives of those not chosen by a man at the ball ... are forfeit. But Sophia doesn't want to be chosen - she's in love with her best friend, Erin, and hates the idea of being traded like cattle. And when Sophia's night at the ball goes horribly wrong, she must run for her life. Alone and terrified, she finds herself hiding in Cinderella's tomb. And there she meets someone who will show her that she has the power to remake her world ... An electrifying twist on the classic fairytale that will inspire girls to break out of limiting stereotypes and follow their dreams!

dead to me parents guide: That's Not What Happened Kody Keplinger, 2018-08-28 Six survived to tell the story, but who knows the truth? An addictive page-turner from bestselling US sensation Kody Keplinger, author of THE DUFF. It's been three years since the Virgil County High School Massacre. Three years since my best friend, Sarah, was killed in a bathroom stall during the mass shooting. Everyone knows Sarah's story - that she died proclaiming her faith. But it's not true. I know because I was with her when she died. I didn't say anything then, and people got hurt because of it. Now Sarah's parents are publishing a book about her, so this might be my last chance to set the record straight . . . but I'm not the only survivor with a story to tell about what did - and didn't - happen that day. Except Sarah's martyrdom is important to a lot of people, people who don't take kindly to what I'm trying to do. And the more I learn, the less certain I am about what's right. I don't know what will be worse: the guilt of staying silent or the consequences of speaking up . . .

dead to me parents guide: The Everything Parent's Guide To Children With Depression Rebecca Rutledge, 2007-06-04 Does your child seem sad, withdrawn, or lethargic? You know something's wrong, but you're not sure what to do about it. You're not alone—around six million children suffer from depression. Your child needs help—your help. With The Everything Parent's Guide to Children with Depression, you can ensure that your child receives the right support and treatment. In this reassuring, practical handbook, Drs. Rebecca Rutledge and Thomas Bannister offer the professional advice you need to determine: -If your child is at risk -How and when to get professional help -The best treatment options -Benefits and side effects of medication -What you and your family can do to help Rutledge, an expert psychologist, and Bannister, a clinical psychiatrist, are both known for their work with depressed children and adolescents. With their help, you'll understand why your child is unhappy—and what you can do about it.

dead to me parents guide: A Parent's Guide to Coping with Adolescent Friendships $M.\ C.$ Gore Camerer, 1994

dead to me parents guide: *Breathless* Jennifer Niven, 2020-09-29 Your first love, your first time, your first heartbreak. The new novel from Jennifer Niven, author of All the Bright Places. You were my first. Not just sex, although that was part of it, but the first to look past everything else into me. Some of the names and places have been changed, but the story is true. Claudine Henry was not supposed to spend her summer on this remote island off the coast of Georgia. She was supposed to be on a road trip with her best friend, spending every last minute together before they go to college. But after her father makes a shock announcement, she is exiled with her shaken mother, with no

phone service and no one she knows. She is completely cut off. Until she meets Jeremiah. Free spirited, mysterious and beautiful, their chemistry is immediate and irresistible. They both know that whatever they have can only last the summer, but maybe one summer is enough...

dead to me parents guide: If You Can't Live Without Me, Why Aren't You Dead Yet?! Cynthia Heimel, 2002-10-09 Heimel has been described by the Chicago Tribune as perhaps our funniest war correspondent on the war between the sexes. Her new book shows Heimel at her wicked best. Like a hip Erma Bombeck or a Dorothy Parker for today, she is an antidote to an absurd world for smart, sane women.

dead to me parents guide: Childhood Cancer Honna Janes-Hodder, Nancy Keene, 2014-03-01 This second edition of the most complete parent guide available features detailed and precise medical information about solid tumor childhood cancers, including neuroblastoma, Wilms tumor, liver tumors, soft tissue sarcomas, and bone sarcomas. In addition, it offers day-to-day practical advice on how to cope with procedures, hospitalization, family and friends, school, financial issues, and communication. Woven among the medical details and the practical advice are the voices of parents and children who have lived with cancer and its treatments. As many parents know, advice from veteran parents can be a lifeline. Obtaining a basic understanding of topics such as medical terminology, how drugs work, common side effects of chemotherapy, and how to work more effectively with medical personnel improves the quality of life for the whole family. Having parents describe their own emotional ups and downs, how they coped, and how they molded their family life around hospitalizations can be a tremendous comfort. Just knowing that there are other kids on chemotherapy who refuse to eat anything but tacos or who have frequent rages can make one feel less alone. Parents who read this book will find understandable medical infomation, obtain advice that eases their daily life, and feel empowered to be strong advocates for their child. It also contains a personal treatment summary and long-term follow-up guide for your child to keep as a permanent record.

dead to me parents guide: Kade's Redemption Melony Ann, 2022-06-28 The battle my father led was supposed to be a rescue mission. It was anything but. It was an ambush I didn't know about until it was over. A war that no one walked away from. Except my little sister. I was forced to take on the role of the Alpha of our pack. I was eighteen. After the dust settled, our pack was nearly destroyed. Decimated, I was broken. In far more ways than losing my parents. A wolf's connection to the rest of his pack is strong. But that of an Alpha? The pack is our responsibility. Losing anyone takes a toll on us that's indescribable. It's like losing a limb. My job is to avenge my pack; my parents. I lost my entire family. I don't have time for stupid things like mates. My wolf doesn't agree. As soon as he caught Kaia's scent when my dead mother, who is one of my spirit guides, called me to the edge of our territory when she was in danger, that was it. For both of us, much to my dismay. But she's human. There's no way in all of the Hells I'll ever accept her as my mate. Ever. Shifters and humans don't mate. It's a rule I put in place years ago. A rule to protect humans from suffering the same fate my human father and human sister-in-law did. On the day I plan to reject her as my mate to the Moon Goddess, hidden secrets are revealed that throw us both into chaos and threaten to consume our entire world. Now, I face the biggest decision of my life. Do I give in to the call of my wolf's heart, or lead us both down a path of destruction neither of us will ever come back from? Content Warning: - Paranormal Wolf/Shifter Romance - Kidnapping - Dark Themes - Age Gap

dead to me parents guide: <u>A Parent's Guide to Autism</u> Ron Sandison, 2016 This guide will help readers have an in-depth understanding of autism, and provide a plan for parents to raise happy, healthy children. All children can flourish and mature through love.

dead to me parents guide: Every Parent's Guide to Understanding Teenagers and Suicide Marion Crook, 1988

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