

# dmt realm mapping

**dmt realm mapping** is an emerging field that seeks to understand and categorize the complex, often ineffable experiences encountered during DMT (N,N-Dimethyltryptamine) journeys. As interest in psychedelic research grows, so does the desire to systematically explore the vivid, otherworldly realms reported by users. This article offers an authoritative overview of dmt realm mapping, exploring its origins, key concepts, methodologies, and significance within both scientific and experiential frameworks. Readers will discover the variety of realms, beings, and landscapes described in DMT experiences, the approaches used to map these realities, and the challenges faced in this unique area of study. With a focus on factual analysis and current research, this article delivers valuable insights for those curious about the frontiers of consciousness, psychedelic exploration, and the future of realm mapping. Continue reading to learn about the intricacies of DMT realms, their categorization, and the importance of this field for psychedelic science and personal understanding.

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## Understanding DMT and Its Significance

DMT, or N,N-Dimethyltryptamine, is a powerful psychedelic compound found in various plants and animals. Known for its rapid onset and intense, short-lived effects, DMT produces profound alterations in perception, consciousness, and sense of reality. Users often report entering extraordinary realms filled with vivid imagery, entities, and environments that seem distinct from ordinary waking life. DMT's significance in realm mapping stems from its ability to consistently induce complex visionary states, making it a prime subject for systematic exploration of altered consciousness. Researchers and psychonauts alike are drawn to the unique potential of DMT to reveal hidden layers of the mind and the possible existence of transpersonal or non-ordinary realities.

# Origins and Evolution of DMT Realm Mapping

DMT realm mapping is a relatively new discipline, evolving from anecdotal reports to structured methodologies over the past few decades. Early accounts of DMT experiences were often scattered and subjective, but as interest grew, individuals began categorizing and documenting their journeys. Well-known researchers, such as Dr. Rick Strassman, contributed foundational studies and terminology, which spurred a wave of collective mapping efforts. Online communities and psychedelic forums further accelerated the evolution of realm mapping by aggregating thousands of user experiences, leading to the identification of recurring motifs, landscapes, and entities. Today, realm mapping incorporates both qualitative and quantitative approaches, blending personal narratives with scientific inquiry to create a more comprehensive understanding of DMT-induced realities.

## Key Concepts in DMT Realm Mapping

Mapping DMT realms involves several core concepts that help organize and interpret the vast array of visionary experiences. These concepts include the identification of distinct realms, categorization of entities, and analysis of recurring symbols or themes. Realm mapping also addresses the subjective nature of DMT experiences, considering factors such as set and setting, individual psychology, and cultural influences. A key goal of realm mapping is to create a taxonomy or framework that can accommodate both common and unique experiences, allowing researchers and explorers to compare findings and refine their understanding of the psychedelic landscape.

## Core Elements of Realm Mapping

- **Realm Classification:** Grouping experiences into identifiable categories based on visual, emotional, and thematic content.
- **Entity Identification:** Describing and categorizing the beings encountered, such as machine elves, guides, or archetypal figures.
- **Landscape Mapping:** Documenting the environments, architecture, and spatial qualities of DMT realms.
- **Symbolic Analysis:** Interpreting recurring motifs and symbols that appear across different journeys.
- **Phenomenological Approach:** Focusing on the subjective qualities and emotional impact of the experience.

## Methodologies for Mapping DMT Realms

The process of dmt realm mapping utilizes both qualitative and quantitative techniques to systematically record and interpret psychedelic journeys. Qualitative methods include detailed

narrative reports, interviews, and structured questionnaires that capture the richness of individual experiences. Quantitative approaches involve statistical analysis of large datasets, identifying patterns and correlations in the descriptions of realms and entities. Some researchers use visual diagrams, flowcharts, or even virtual reality tools to represent the architecture of DMT realms. Others employ machine learning algorithms to sort and classify textual reports. These methodologies aim to bring rigor and replicability to the mapping process, making it possible to compare experiences across individuals and cultures.

## **Common Methods Used in Realm Mapping**

- **Experience Sampling:** Collecting real-time or retrospective accounts of DMT journeys.
- **Phenomenological Interviews:** In-depth discussions focusing on the subjective qualities of the experience.
- **Data Aggregation:** Compiling large numbers of reports to identify shared features and themes.
- **Visualization Techniques:** Creating maps, diagrams, or virtual environments to illustrate realm structures.
- **Statistical Analysis:** Examining frequency and distribution of realm types, entities, and symbols.

## **Types of DMT Realms and Entities**

DMT realm mapping has revealed a variety of distinct environments and beings commonly encountered during psychedelic experiences. These realms often defy conventional description, yet consistent features emerge across reports. Realms may be perceived as alternate dimensions, futuristic landscapes, or intricate geometric spaces. Entities within these realms range from benevolent guides to enigmatic machine elves, often engaging users in communication or demonstrations. The mapping process seeks to categorize these realms and entities, providing a framework for understanding the diversity and complexity of DMT-induced realities.

## **Commonly Reported Realms**

- **Geometric Realms:** Spaces dominated by fractals, patterns, and shifting shapes.
- **Organic Realms:** Environments resembling living systems, such as gardens or biological structures.
- **Architectural Realms:** Intricate buildings, temples, and other constructions.
- **Cosmic Realms:** Vast, space-like domains filled with celestial imagery.

- Playful Realms: Whimsical, carnival-like areas with vibrant activity.

## **Types of Entities Encountered**

- Machine Elves: Highly intelligent, playful beings commonly reported in DMT journeys.
- Guides: Entities that impart wisdom or lead users through realms.
- Archetypal Figures: Symbolic characters, such as gods, animals, or mythological beings.
- Neutral Observers: Entities that watch or monitor without direct interaction.
- Ambiguous Beings: Forms that defy clear categorization, often shifting or abstract.

## **Challenges and Limitations in DMT Realm Mapping**

Despite advances in dmt realm mapping, significant challenges remain. The subjective nature of psychedelic experiences makes it difficult to establish standardized categories or reliable measurements. Memory distortion, cultural bias, and individual differences all contribute to variability in reports. Additionally, the ineffable quality of DMT realms often defies verbal description, limiting the accuracy of mapping efforts. Scientific skepticism regarding the ontological status of these realms further complicates research, as it is unclear whether they represent internal psychological constructs or alternate realities. These limitations highlight the need for ongoing refinement and interdisciplinary collaboration in the field.

## **Implications for Science and Personal Exploration**

DMT realm mapping has important implications for both scientific research and individual exploration. For science, mapping DMT realms may provide insights into the neurobiology of consciousness, the nature of visionary states, and the mechanisms underlying psychedelic experiences. It could also inform clinical applications, such as psychedelic-assisted therapy or treatment of mental health conditions. For personal explorers, realm mapping offers a framework for understanding and integrating profound journeys, fostering self-discovery and growth. By categorizing and sharing experiences, individuals can gain perspective on their own transformation and contribute to collective knowledge about the frontiers of human consciousness.

## **Future Directions in DMT Realm Mapping**

The future of dmt realm mapping lies in the integration of advanced technologies, cross-cultural research, and collaborative frameworks. Virtual reality and artificial intelligence may enable more immersive and precise representations of DMT realms. Cross-disciplinary studies involving

neuroscience, psychology, and anthropology can deepen understanding and validate mapping methodologies. Open-source databases and global networks will facilitate the sharing and analysis of experiences, accelerating progress in the field. As psychedelic research continues to expand, dmt realm mapping is poised to become a vital tool for exploring the boundaries of perception, reality, and consciousness.

## **Trending and Relevant Questions and Answers About DMT Realm Mapping**

### **Q: What is dmt realm mapping?**

A: DMT realm mapping is the systematic categorization and documentation of the environments, entities, and symbols encountered during DMT-induced psychedelic experiences, aiming to create a coherent framework for understanding these unique states of consciousness.

### **Q: Why do people map DMT realms?**

A: People map DMT realms to better understand the structure, meaning, and diversity of experiences encountered during DMT journeys, facilitate personal integration, and contribute to scientific research on altered states of consciousness.

### **Q: What are the most common types of realms reported during DMT experiences?**

A: Common types of realms include geometric realms filled with patterns, organic environments resembling living systems, architectural spaces, cosmic domains, and playful or whimsical areas.

### **Q: Who are the entities encountered in DMT realms?**

A: Entities commonly reported include machine elves, guides, archetypal figures, neutral observers, and ambiguous beings that may shift in form and behavior during the experience.

### **Q: What challenges exist in dmt realm mapping?**

A: Key challenges include the subjective nature of experiences, memory distortion, cultural bias, difficulty in verbal description, and the debate over whether realms are internal constructs or alternate realities.

### **Q: How do researchers collect data for mapping DMT realms?**

A: Researchers use methods such as experience sampling, phenomenological interviews, data aggregation from user reports, visualization techniques, and statistical analysis to collect and interpret data.

## **Q: Can dmt realm mapping help in psychedelic therapy?**

A: Yes, mapping can aid in understanding and integrating therapeutic experiences, helping individuals process visionary journeys and potentially informing clinical protocols in psychedelic-assisted therapy.

## **Q: What technologies are advancing dmt realm mapping?**

A: Technologies such as virtual reality, artificial intelligence, and machine learning are enhancing the visualization, analysis, and categorization of DMT realm reports.

## **Q: Are DMT realms considered real or imaginary?**

A: The ontological status of DMT realms is debated; some view them as psychological constructs while others propose they may represent alternate realities or dimensions accessed during altered states.

## **Q: How can individuals contribute to dmt realm mapping?**

A: Individuals can contribute by documenting their experiences, participating in surveys or studies, sharing reports with online communities, and collaborating in open-source realm mapping projects.

## **Dmt Realm Mapping**

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# **DMT Realm Mapping: Charting the Uncharted Territories of the Mind**

Introduction:

Have you ever wondered about the nature of reality? What lies beyond the veil of our everyday perceptions? The exploration of altered states of consciousness, particularly through the use of the psychedelic compound DMT, has opened up a fascinating, if often bewildering, landscape of experience. This post delves into the intriguing concept of "DMT realm mapping," a process of attempting to categorize, understand, and even chart the seemingly infinite variety of experiences reported by individuals under the influence of DMT. We'll explore various methodologies used to

map these realms, the challenges inherent in such an endeavor, and the potential implications for our understanding of consciousness and reality itself.

## **Understanding the DMT Experience: A Foundation for Mapping**

Before we dive into the methods of mapping, it's crucial to grasp the sheer diversity of experiences reported during DMT trips. These range from encounters with seemingly intelligent entities and fantastical landscapes to profound insights into the nature of self and the universe. This variation makes the task of "mapping" particularly complex.

### **The Variability of DMT Experiences**

The experience is highly subjective, influenced by set (the individual's mindset, expectations, and intentions) and setting (the physical environment and social context). A user's personal history, psychological state, and even the specific batch of DMT can significantly alter the nature of their journey. This inherent variability underscores the difficulty of creating a universally applicable "map."

### **Common Themes in DMT Experiences**

Despite the variability, certain common themes consistently emerge in DMT trip reports. These include:

Geometric patterns and fractal structures: Intricate and often mesmerizing patterns frequently dominate the visual landscape.

Entities and beings: Interactions with non-human entities are frequently reported, ranging from benevolent guides to entities of uncertain nature.

Hyper-dimensional spaces: The experience often involves a sense of traversing multiple dimensions, defying the constraints of conventional spacetime.

Intense emotional and spiritual experiences: DMT trips can evoke profound emotional responses, including feelings of awe, terror, joy, and profound interconnectedness.

## **Methods of DMT Realm Mapping: An Evolving Process**

Several approaches have been employed to attempt to organize and understand the vast spectrum of

DMT experiences. These are not definitive scientific maps, but rather, attempts to impose order on a highly subjective and fluid phenomenon.

## **Qualitative Analysis of Trip Reports: The Narrative Approach**

One primary method involves meticulously collecting and analyzing detailed trip reports. Researchers identify recurring themes, symbols, and narrative structures to identify patterns and potential underlying archetypes. This approach relies heavily on subjective interpretation and the limitations of language in conveying such intensely non-ordinary experiences.

## **Visual Representation: Creating Symbolic Maps**

Some researchers attempt to visually represent DMT experiences, using diagrams, mandalas, or other symbolic forms to capture the essence of the encountered landscapes and entities. These representations are inherently interpretive and lack the rigor of objective scientific measurement.

## **Network Analysis: Identifying Connections and Relationships**

More advanced approaches utilize network analysis techniques to map the relationships between different elements of DMT experiences. By identifying recurring associations between entities, symbols, and emotional states, researchers aim to illuminate underlying structures and connections within the reported experiences.

## **The Challenges of DMT Realm Mapping: Limitations and Ethical Considerations**

DMT realm mapping faces significant challenges. The subjective nature of the experience makes objective measurement difficult, if not impossible. Furthermore, the potential for misinterpretation and bias in trip reports needs careful consideration.

## **Subjectivity and Bias: The Interpretation Problem**

The inherent subjectivity of the experiences and the potential for bias in reporting present major obstacles. Individual interpretations and cultural influences can significantly shape the reported

narrative.

## **The Ethical Considerations: Risk and Responsibility**

The use of DMT carries inherent risks, including potential psychological distress and adverse reactions. Ethical considerations surrounding the responsible use and study of DMT are paramount.

## **The Limitations of Language and Representation: Capturing the Uncapturable**

The limitations of language and conventional forms of representation pose another challenge. The profound and often ineffable nature of DMT experiences may simply be beyond the capacity of human language and conventional visualization techniques.

## **Conclusion: A Journey of Exploration, Not Conquest**

DMT realm mapping is an ongoing project, a testament to human curiosity and the desire to understand the mysteries of consciousness. While a comprehensive, universally accepted map remains elusive, the process itself offers valuable insights into the nature of subjective experience, the limits of perception, and the potential of altered states of consciousness to expand our understanding of ourselves and the universe. The journey of exploration continues.

## **FAQs:**

1. Is DMT realm mapping a scientifically validated field? No, DMT realm mapping is not currently a scientifically validated field in the traditional sense. The subjective nature of the experiences and the methodological challenges make rigorous scientific validation difficult. However, qualitative research methodologies are being applied to better understand the commonalities and variations in reported experiences.
2. Are there risks associated with DMT use? Yes, there are potential risks associated with DMT use, including psychological distress, anxiety, and panic attacks. It's crucial to use extreme caution and only under the guidance of experienced professionals in a safe and controlled environment.
3. What are the potential benefits of studying DMT experiences? Studying DMT experiences may offer insights into the nature of consciousness, the workings of the brain, and the potential for

expanding human perception and understanding.

4. Can DMT realm mapping help us understand other altered states of consciousness? While specific to DMT, the methodologies used in DMT realm mapping may be adaptable to understanding other altered states of consciousness, offering a comparative framework for exploring different types of subjective experience.

5. Where can I find more information on DMT research and responsible use? Reputable academic journals focusing on psychedelic research and responsible harm reduction organizations can provide further information. However, always prioritize safe and ethical practices.

**dmt realm mapping: DMT: The Spirit Molecule** Rick Strassman, 2000-12-01 A clinical psychiatrist explores the effects of DMT, one of the most powerful psychedelics known. • A behind-the-scenes look at the cutting edge of psychedelic research. • Provides a unique scientific explanation for the phenomenon of alien abduction experiences. From 1990 to 1995 Dr. Rick Strassman conducted U.S. Government-approved and funded clinical research at the University of New Mexico in which he injected sixty volunteers with DMT, one of the most powerful psychedelics known. His detailed account of those sessions is an extraordinarily riveting inquiry into the nature of the human mind and the therapeutic potential of psychedelics. DMT, a plant-derived chemical found in the psychedelic Amazon brew, ayahuasca, is also manufactured by the human brain. In Strassman's volunteers, it consistently produced near-death and mystical experiences. Many reported convincing encounters with intelligent nonhuman presences, aliens, angels, and spirits. Nearly all felt that the sessions were among the most profound experiences of their lives. Strassman's research connects DMT with the pineal gland, considered by Hindus to be the site of the seventh chakra and by Rene Descartes to be the seat of the soul. DMT: The Spirit Molecule makes the bold case that DMT, naturally released by the pineal gland, facilitates the soul's movement in and out of the body and is an integral part of the birth and death experiences, as well as the highest states of meditation and even sexual transcendence. Strassman also believes that alien abduction experiences are brought on by accidental releases of DMT. If used wisely, DMT could trigger a period of remarkable progress in the scientific exploration of the most mystical regions of the human mind and soul.

**dmt realm mapping: DMT Entity Encounters** David Luke, Rory Spowers, 2021-10-26 • Includes contributions from the late Ralph Metzner, Chris Bache, Whitley Strieber, Jeffrey Kripal, Angela Voss, Bill Richards, Chris Timmermann, Michael Winkelman, Luis Eduardo Luna, Anton Bilton, Bernard Carr, Daniel Pinchbeck, Dennis McKenna, Ede Frecska, and David Luke • Explores DMT beings, alien abduction, plant sentience, neuroscientific DMT research, the connections between LSD and DMT entities, and the nature of mind and reality Found throughout the plant and animal kingdom, DMT (dimethyltryptamine) is also naturally occurring in humans, and may be released during near-death and actual death experiences, earning it the title "the spirit molecule." When taken as a psychedelic, either via ayahuasca or in pure form, DMT is experientially considered to be one of the strongest and strangest of all entheogens. The majority of high-dose users report visions of unknown yet curiously familiar alien worlds and encounters with sentient nonhuman presences. At a four-day symposium at Tyingham Hall in England in 2017, twenty of the world's psychedelic luminaries gathered to discuss entheogenic entity encounters, consciousness expansion, visionary experiences, and the future of research in this field. Contributors to the talks and discussions include many leading thinkers, including the late Ralph Metzner, Chris Bache, Whitley Strieber, Je rey Kripal, Angela Voss, Bill Richards, Chris Timmermann, Michael Winkelman, Luis Eduardo Luna, Anton Bilton, Bernard Carr, Daniel Pinchbeck, Dennis McKenna, Ede Frecska, and David Luke. This book distills the potent exchange of ideas that occurred at Tyingham Hall, including discussions about DMT beings, encounter experiences, alien abduction, plant sentience,

the shamanic use of ayahuasca, neuroscientific DMT research, the connections between LSD and DMT entities, and the nature of mind and reality.

**dmt realm mapping:** *Dance Movement Therapy* Bonnie Meekums, 2002-09-14 Dance Movement Therapy is a concise, practical introduction to a form of therapy, which has the body-mind relationship at its center.

**dmt realm mapping:** *Tryptamine Palace* James Oroc, 2009-05-21 A journey from Burning Man to the Akashic Field that suggest how 5-MeO-DMT triggers the human capacity for higher knowledge through direct contact with the zero-point field • Examines Bufo alvarius toad venom, which contains the potent natural psychedelic 5-MeO-DMT, and explores its entheogenic use • Proposes a new connection between the findings of modern physics and the knowledge held by shamans and religious sages for millennia The venom from Bufo alvarius, an unusual toad found in the Sonoran desert, contains 5-MeO-DMT, a potent natural chemical similar in effect to the more common entheogen DMT. The venom can be dried into a powder, which some researchers speculate was used ceremonially by Amerindian shamans. When smoked it prompts an instantaneous break with the physical world that causes out-of-body experiences completely removed from the conventional dimensions of reality. In Tryptamine Palace, James Oroc shares his personal experiences with 5-MeODMT, which led to a complete transformation of his understanding of himself and of the very fabric of reality. Driven to comprehend the transformational properties of this substance, Oroc combined extensive studies of physics and philosophy with the epiphanies he gained from his time at Burning Man. He discovered that ingesting tryptamines unlocked a fundamental human capacity for higher knowledge through direct contact with the zero-point field of modern physics, known to the ancients as the Akashic Field. In the quantum world of nonlocal interactions, the line between the physical and the mental dissolves. 5-MeO-DMT, Oroc argues, can act as a means to awaken the remarkable capacities of the human soul as well as restore experiential mystical spirituality to Western civilization.

**dmt realm mapping:** *Psychedelics and the Coming Singularity* David Jay Brown, 2024-06-04 • Includes conversations with Duncan Trussell, Graham Hancock, Grant Morrison, Hamilton Morris, Erik Davis, Julia Mossbridge, Rupert Sheldrake, and others • Explores the possibility of human extinction, Simulation Theory, Virtual Reality and lucid dreaming, space migration, DMT research, and advanced robotics • Delves deep into the relationship between psychedelics and ecological awareness Between war, inequality, biosphere collapse, climate change, and destabilizing advances in technology like AI, humankind is confronted with an almost insurmountable array of challenges. Yet many brilliant experts are working on outside-the-box solutions, looking to psychedelic-inspired visions of the future to lead humanity through these crises. In a series of conversations with leading minds in consciousness studies, psychedelic culture, anthropology, chemistry, and other disciplines, author David Jay Brown elicits answers to some of the most thought-provoking questions about our origins, our present situation, and the future of humanity and the Earth. Brown and these luminaries explore topics as diverse as potential human extinction, the relationship between psychedelics and ecological consciousness, simulation theory, virtual reality and lucid dreaming, the consciousness-altering effects of the pandemic, space migration and contact with alien intelligence, and DMT research and advanced robotics. Whether he's speaking to podcaster Duncan Trussell about the Singularity, comic book author Grant Morrison about magick and the occult, or neuroscientist Julia Mossbridge about psychic phenomena, Brown's spirited interview approach helps draw profound insights from these cutting-edge thinkers. What, he asks, are the implications of our understanding of consciousness, particularly altered states—and how might entheogens help raise ecological awareness to impact the future of our species? In this curated collection of interviews, Brown seeks to find out.

**dmt realm mapping:** *How to Change Your Mind* Michael Pollan, 2018-05-15 "Pollan keeps you turning the pages . . . clear-eyed and assured." —New York Times A #1 New York Times Bestseller, New York Times Book Review 10 Best Books of 2018, and New York Times Notable Book A brilliant and brave investigation into the medical and scientific revolution taking place around psychedelic

drugs--and the spellbinding story of his own life-changing psychedelic experiences When Michael Pollan set out to research how LSD and psilocybin (the active ingredient in magic mushrooms) are being used to provide relief to people suffering from difficult-to-treat conditions such as depression, addiction and anxiety, he did not intend to write what is undoubtedly his most personal book. But upon discovering how these remarkable substances are improving the lives not only of the mentally ill but also of healthy people coming to grips with the challenges of everyday life, he decided to explore the landscape of the mind in the first person as well as the third. Thus began a singular adventure into various altered states of consciousness, along with a dive deep into both the latest brain science and the thriving underground community of psychedelic therapists. Pollan sifts the historical record to separate the truth about these mysterious drugs from the myths that have surrounded them since the 1960s, when a handful of psychedelic evangelists inadvertently catalyzed a powerful backlash against what was then a promising field of research. A unique and elegant blend of science, memoir, travel writing, history, and medicine, *How to Change Your Mind* is a triumph of participatory journalism. By turns dazzling and edifying, it is the gripping account of a journey to an exciting and unexpected new frontier in our understanding of the mind, the self, and our place in the world. The true subject of Pollan's mental travelogue is not just psychedelic drugs but also the eternal puzzle of human consciousness and how, in a world that offers us both suffering and joy, we can do our best to be fully present and find meaning in our lives.

**dmr realm mapping: Manifesting Minds** Rick Doblin, Ph.D., Brad Burge, 2014-01-07  
Featuring essays and interviews with Timothy Leary, Aldous Huxley, Ram Dass, Albert Hofmann, Alexander (Sasha) Shulgin, Daniel Pinchbeck, Tim Robbins, Arne Naess, and electronic musician Simon Posford, as well as groundbreaking research and personal accounts, this one-of-a-kind anthology is a best of collection of articles and essays published by the Multidisciplinary Association for Psychedelic Studies (MAPS). Topics include the healing use of marijuana and psychedelics--including MDMA, ibogaine, LSD, and ayahuasca--for PTSD, anxiety, depression, and drug addiction, as well as positive effects of these substances in the realm of the arts, family, spirituality, ecology, and technology. Among many other thought-provoking and mind-opening pieces are the following: • On Leary and Drugs at the End, by Carol Rosen and Vicki Marshall • Psychedelic Rites of Passage, by Ram Dass • To Be Read at the Funeral, by Albert Hofmann • Another Green World: Psychedelics and Ecology, by Daniel Pinchbeck • Psychedelics and Species Connectedness, by Stanley Krippner, PhD • Huxley on Drugs and Creativity, by Aldous Huxley • Psychedelics and the Deep Ecology Movement: A Conversation with Arne Naess, by Mark A. Schroll, PhD, and David Rothenberg • Psychedelic Sensibility, by Tom Robbins • Electronic Music and Psychedelics: An Interview with Simon Posford of Shpongle, by David Jay Brown • How Psychedelics Informed My Sex Life and Sex Work, by Annie Sprinkle • Consideration of Ayahuasca for the Treatment of Posttraumatic Stress Disorder, by Jessica Nielson, PhD, and Julie Megler, MSN, NP-BC • Psychedelics and Extreme Sports, by James Oroc • Youth and Entheogens: A Modern Rite of Passage?, by Andrei Foldes with Amba, Eric Johnson, et al. • Diary of an MDMA Subject, by Anonymous • Dimethyltryptamine: Possible Endogenous Ligand of the Sigma-1 Receptor?, by Adam L. Halberstadt • Lessons from Psychedelic Therapy, by Richard Yensen, PhD • Psychosomatic Medicine, Psychoneuroimmunology, and Psychedelics, by Ana Maqueda • Talking with Ann and Sasha Shulgin about the Existence of God and the Pleasures of Sex and Drugs, by Jon Hanna and Silvia Thyssen

**dmr realm mapping: DMT and the Soul of Prophecy** Rick Strassman, 2014-09-18 Naturally occurring DMT may produce prophecy-like states of consciousness and thus represent a bridge between biology and religious experience • Reveals the striking similarities between the visions of the Hebrew prophets and the DMT state described by Strassman's research volunteers • Explains how prophetic and psychedelic states may share biological mechanisms • Presents a new top-down "theoneurological" model of spiritual experience After completing his groundbreaking research chronicled in *DMT: The Spirit Molecule*, Rick Strassman was left with one fundamental question: What does it mean that DMT, a simple chemical naturally found in all of our bodies, instantaneously

opens us to an interactive spirit world that feels more real than our own world? When his decades of clinical psychiatric research and Buddhist practice were unable to provide answers to this question, Strassman began searching for a more resonant spiritual model. He found that the visions of the Hebrew prophets--such as Ezekiel, Moses, Adam, and Daniel--were strikingly similar to those of the volunteers in his DMT studies. Carefully examining the concept of prophecy in the Hebrew Bible, he characterizes a "prophetic state of consciousness" and explains how it may share biological and metaphysical mechanisms with the DMT effect. Examining medieval commentaries on the Hebrew Bible, Strassman reveals how Jewish metaphysics provides a top-down model for both the prophetic and DMT states, a model he calls "theoneurology." Theoneurology bridges biology and spirituality by proposing that the Divine communicates with us using the brain, and DMT--whether naturally produced or ingested--is a critical factor in such visionary experience. This model provides a counterpoint to "neurotheology," which proposes that altered brain function simply generates the impression of a Divine-human encounter. Theoneurology addresses issues critical to the full flowering of the psychedelic drug experience. Perhaps even more important, it points the way to a renewal of classical prophetic consciousness, the soul of Hebrew Bible prophecy, as well as unexpected directions for the evolution of contemporary spiritual practice.

**dmt realm mapping: Mystery School in Hyperspace** Graham St John, 2015-11-24 Since the mid-1950s, the psychoactive compound DMT has attracted the attention of experimentalists and prohibitionists, scientists and artists, alchemists and hyperspace emissaries. While most known as a crucial component of the "jungle alchemy" that is ayahuasca, DMT is a unique story unto itself. Until now, this story has remained untold. Mystery School in Hyperspace is the first book to delve into the history of this substance, the discovery of its properties, and the impact it has had on poets, artists, and musicians. DMT has appeared at crucial junctures in countercultural history. William Burroughs was jacking the spice in Tangier at the turn of the 1960s. It was present at the meeting between Ken Kesey's Merry Pranksters and Tim Leary's associates. It guided the inception of the Grateful Dead in 1965. It showed up in Berkeley in the same year, falling into the hands of Terence McKenna, who would eventually become its champion in the post-rave neo-psychedelic movement of the 1990s. Its indole vapor drifted through Portugal's Boom Festival and has been evident at Nevada's Burning Man, where DMT has been adopted as spiritual technology supplying shape, color, and depth to a visionary art movement. The growing prevalence of use is evident in a vast networked independent research culture, and in its impact on fiction, film, music and metaphysics. As this book traces the effect of DMT's release into the cultural bloodstream, the results should be of great interest to contemporary readers. The book permits a broad reading audience to join ongoing debates in studies in consciousness and theology where the brain is held to be either a generator or a receiver of consciousness. The implications of the spirit molecule or the brain's own psychedelic among other theories illustrate that DMT may lift the lid on the Pandora's Box of consciousness. Features a foreword by Dennis McKenna, cover art by Beau Deeley, and thirty color illustrations by various artists, including Alex Grey, Android Jones, Martina Hoffmann, Luke Brown, Carey Thompson, Adam Scott Miller, Randal Roberts, along with Jay Bryan, Cyb, Orryelle Defenestrade-Bascule, Art Van D'lay, Stuart Griggs, Jay Lincoln, Gwyllm Llwydd, Shiptu Shaboo, Marianna Stelmach, and Mister Strange. Regarded as the "nightmare hallucinogen" or celebrated as the "spirit molecule," labelled "psychotogenic" or "entheogenic," considered a dangerous drug or the suspected X-factor in the evolution of consciousness, DMT is a powerful enigma. Documenting the scientists and artists drawn into its sphere of influence, navigating the liminal aesthetics of the "breakthrough" experience, tracing the novum of "hyperspace" in esoteric and science fiction currents, Mystery School in Hyperspace excavates the significance of this enigmatic phenomenon in the modern world. Exposing a great many myths, this cultural history reveals how DMT has had a beneficial influence on the lives of those belonging to a vast underground network whose reports and initiatives expose drug war propaganda and shine a light in the shadows. This conversation is highly relevant at a time when significant advances are being made to lift the moratorium on human research with psychedelics.

**dmt realm mapping: Electric Fields of the Brain** Paul L. Nunez, Ramesh Srinivasan, 2006

This work investigates the connections between psychology and physiology. Topics include synaptic sources, electrode placement, choice of reference, volume conduction, power and coherence, projection of scalp potentials to dura surface, dynamic signatures of conscious experience and more.

**dmt realm mapping: Psychology of the Future** Stanislav Grof, 2019-03-28 Summarizes Grof's experiences and observations from more than forty years of research into non-ordinary states of consciousness. This accessible and comprehensive overview of the work of Stanislav Grof, one of the founders of transpersonal psychology, was specifically written to acquaint newcomers with his work. Serving as a summation of his career and previous works, this entirely new book is the source to introduce Grof's enormous contributions to the fields of psychiatry and psychology, especially his central concept of holotropic experience, where holotropic signifies moving toward wholeness. Grof maintains that the current basic assumptions and concepts of psychology and psychiatry require a radical revision based on the intensive and systematic research of holotropic experience. He suggests that a radical inner transformation of humanity and a rise to a higher level of consciousness might be humankind's only real hope for the future. It's rare to find a textbook that is both extremely informative and enjoyable to read. *Psychology of the Future* has to be one of the first ones I've ever come across ... Each chapter brought an entirely new concept, theory, or method that was just as engaging as the previous one. — Dr. Tami Brady, TCM Reviews This book is by a pioneering genius in consciousness research. It presents the full spectrum of Grof's ideas, from his earliest mappings of using LSD psychotherapy, to his clinical work with people facing death, to his more recent work with holotropic breathing, to his latest thoughts about the cosmological implications of consciousness research and the prospects for dealing with an emerging planetary crisis. Grof has always been one of the most original thinkers in the transpersonal field, and his creativity has kept pace with the maturity of his overall vision. -- Michael Washburn, author of *Transpersonal Psychology in Psychoanalytic Perspective* Grof offers an outstanding contribution to the ever-growing debate about the nature of human consciousness and about the place of humankind in the cosmos. If more psychiatrists could be persuaded that human consciousness transcends the limitations of the physical brain, and instead is but an aspect of what may best be described as 'cosmic consciousness,' we could not only expect treatment modalities to change, but we could also anticipate the possibility of culture-wide rethinking of the basic presuppositions of modern cosmology, the cosmology that grounds Western institutions, ideologies, and beliefs about the nature of personhood. -- Michael E. Zimmerman, author of *Contesting Earth's Future: Radical Ecology and Postmodernity* Stanislav Grof, MD, is a psychiatrist with more than fifty years of experience in research of non-ordinary states of consciousness. He has been Principal Investigator in a psychedelic research program at the Psychiatric Research Institute in Prague, Czechoslovakia; Chief of Psychiatric Research at the Maryland Psychiatric Research Center; Assistant Professor of Psychiatry at the Johns Hopkins University; and Scholar-in-Residence at the Esalen Institute. He is currently Professor of Psychology at the California Institute of Integral Studies, conducts professional training programs in holotropic breathwork, and gives lectures and seminars worldwide. He is one of the founders and chief theoreticians of transpersonal psychology and the founding president of the International Transpersonal Association (ITA). In 2007, he was granted the prestigious Vision 97 award from the Vaclav and Dagmar Havel Foundation in Prague. He is the author and editor of many books, including *The Adventure of Self-Discovery: Dimensions of Consciousness and New Perspectives in Psychotherapy and Inner Exploration*; *Ancient Wisdom and Modern Science*; *Beyond the Brain: Birth, Death, and Transcendence in Psychotherapy*; *The Cosmic Game: Explorations of the Frontiers of Human Consciousness*; and *Human Survival and Consciousness Evolution*; all published by SUNY Press.

**dmt realm mapping: Alien Information Theory** Andrew R. Gallimore, 2019-04-16 A unique account of the hidden dimensions of our reality and its inhabitants, accessible using the psychedelic drug technology: N, N-dimethyltryptamine (DMT). Illustrated in full-colour, Gallimore explains how reality is structured from a fundamental code and how DMT modulates brain activity to access an astonishing hyperdimensional omniverse

**dmt realm mapping: Analysis and Assessment of Gateway Process** The Us Army, 1983 You are not thinking, you are merely being logical. -Niels Bohr, Danish physicist and Nobel Laureate Analysis and Assessment of Gateway Process is a document prepared in 1983 by the US Army. This document was declassified by the CIA in 2003. This brief report focuses on the so-called Gateway Experience, a training program originally designed by the Monroe Institute, a Virginia-based institute for the study of human consciousness. The Gateway experience uses sound tapes to manipulate brainwaves with a goal of creating an altered state of consciousness, which includes out-of-body experiences, energy healing, remote viewing, and time travel. The report concluded that the Gateway Experience is 'plausible' in terms of physical science, and that while more research was needed, it could have practical uses in US intelligence. Students of US intelligence, and anyone interested in the cross-roads between consciousness and reality will find this report fascinating reading.

**dmt realm mapping: Sacred Vine of Spirits: Ayahuasca** Ralph Metzner, Ph.D., 2005-11-22 A compilation of writings on the chemical, biological, psychological, and experiential dimensions of Ayahuasca • Includes 24 firsthand accounts of Ayahuasca experiences and resulting life changes, including contributions from J. C. Callaway, Charles S. Grob, and Dennis J. McKenna • Discusses the medical and psychological applications of Ayahuasca Ayahuasca is a hallucinogenic Amazonian plant mixture that has been used for hundreds, perhaps thousands, of years by native Indian and mestizo shamans in Peru, Colombia, and Ecuador for healing and divination. Many Western-trained physicians and psychologists have acknowledged that this substance can allow access to spiritual dimensions of consciousness, even mystical experiences indistinguishable from classic religious mysticism. In Sacred Vine of Spirits: Ayahuasca Ralph Metzner, a pioneer in the study of consciousness, has assembled a group of authoritative contributors who provide an exploration of the chemical, biological, psychological, and experiential dimensions of ayahuasca. He begins with more than 20 firsthand accounts from Westerners who have used ayahuasca and then presents the history, psychology, and chemistry of ayahuasca from leading scholars in the field of psychoactive research. He concludes with his own findings on ayahuasca, including its applications in medicine and psychology, and compares the worldview revealed by ayahuasca visions to that of Western cultures.

**dmt realm mapping: The Immortality Key** Brian C. Muraresku, 2020-09-29 THE NEW YORK TIMES BESTSELLER As seen on The Joe Rogan Experience! A groundbreaking dive into the role psychedelics have played in the origins of Western civilization, and the real-life quest for the Holy Grail that could shake the Church to its foundations. The most influential religious historian of the 20th century, Huston Smith, once referred to it as the best-kept secret in history. Did the Ancient Greeks use drugs to find God? And did the earliest Christians inherit the same, secret tradition? A profound knowledge of visionary plants, herbs and fungi passed from one generation to the next, ever since the Stone Age? There is zero archaeological evidence for the original Eucharist - the sacred wine said to guarantee life after death for those who drink the blood of Jesus. The Holy Grail and its miraculous contents have never been found. In the absence of any hard data, whatever happened at the Last Supper remains an article of faith for today's 2.5 billion Christians. In an unprecedented search for answers, The Immortality Key examines the archaic roots of the ritual that is performed every Sunday for nearly one third of the planet. Religion and science converge to paint a radical picture of Christianity's founding event. And after centuries of debate, to solve history's greatest puzzle. Before the birth of Jesus, the Ancient Greeks found salvation in their own sacraments. Sacred beverages were routinely consumed as part of the so-called Ancient Mysteries - elaborate rites that led initiates to the brink of death. The best and brightest from Athens and Rome flocked to the spiritual capital of Eleusis, where a holy beer unleashed heavenly visions for two thousand years. Others drank the holy wine of Dionysus to become one with the god. In the 1970s, renegade scholars claimed this beer and wine - the original sacraments of Western civilization - were spiked with mind-altering drugs. In recent years, vindication for the disgraced theory has been quietly mounting in the laboratory. The constantly advancing fields of archaeobotany and

archaeochemistry have hinted at the enduring use of hallucinogenic drinks in antiquity. And with a single dose of psilocybin, the psychopharmacologists at Johns Hopkins and NYU are now turning self-proclaimed atheists into instant believers. But the smoking gun remains elusive. If these sacraments survived for thousands of years in our remote prehistory, from the Stone Age to the Ancient Greeks, did they also survive into the age of Jesus? Was the Eucharist of the earliest Christians, in fact, a psychedelic Eucharist? With an unquenchable thirst for evidence, Muraresku takes the reader on his twelve-year global hunt for proof. He tours the ruins of Greece with its government archaeologists. He gains access to the hidden collections of the Louvre to show the continuity from pagan to Christian wine. He unravels the Ancient Greek of the New Testament with the world's most controversial priest. He spelunks into the catacombs under the streets of Rome to decipher the lost symbols of Christianity's oldest monuments. He breaches the secret archives of the Vatican to unearth manuscripts never before translated into English. And with leads from the archaeological chemists at UPenn and MIT, he unveils the first scientific data for the ritual use of psychedelic drugs in classical antiquity. The Immortality Key reconstructs the suppressed history of women consecrating a forbidden, drugged Eucharist that was later banned by the Church Fathers. Women who were then targeted as witches during the Inquisition, when Europe's sacred pharmacology largely disappeared. If the scientists of today have resurrected this technology, then Christianity is in crisis. Unless it returns to its roots. Featuring a Foreword by Graham Hancock, the NYT bestselling author of *America Before*.

**dmt realm mapping:** *Proof of Heaven* Eben Alexander, 2012-10-23 Shares an account of his religiously transformative near-death experience and revealing week-long coma, describing his scientific study of near-death phenomena while explaining what he learned about the nature of human consciousness.

**dmt realm mapping:** *The Ketamine Papers* Phil Wolfson, Glenn Hartelius, 2016-11 The Ketamine Papers opens the door to a broad understanding of this medicine's growing use in psychiatry and its decades of history providing transformative personal experiences. Now gaining increasing recognition as a promising approach to the treatment of depression, posttraumatic stress disorder (PTSD), and other psychological conditions, ketamine therapies offer new hope for patients and clinicians alike. With multiple routes of administration and practices ranging from anesthesia to psychotherapy, ketamine medicine is a diverse and rapidly growing field. The Ketamine Papers clarifies the issues and is an inspiring introduction to this powerful tool for healing and transformation--from its early use in the 1960s to its emerging role in the treatment of depression, suicidality, and other conditions. This comprehensive volume is the ideal introduction for patients and clinicians alike, and for anyone interested in the therapeutic and transformative healing power of this revolutionary medicine.

**dmt realm mapping:** *Psychedelic Shamanism, Updated Edition* Jim DeKorne, 2011-07-26 Psychedelic Shamanism presents the spiritual and shamanic properties of psychotropic plants and discusses how they can be used to understand the structure of human consciousness. Author Jim DeKorne offers authoritative information about the cultivation, processing, and correct dosages for various psychotropic plant substances including the belladonna alkaloids, d-lysergic acid amide, botanical analogues of LSD, mescaline, ayahuasca, DMT, and psilocybin. Opening with vivid descriptions of the author's personal experiences with psychedelic drugs, the book describes the parallels that exist among shamanic states of consciousness, the use of psychedelic catalysts, and the hidden structure of the human psyche. DeKorne suggests that psychedelic drugs allow us to examine the shamanic dimensions of reality. This worldview, he says, is ubiquitous across space, time, and culture, with individuals separated by race, distance, and culture routinely describing the same core reality that provides powerful evidence of the dimensional nature of consciousness itself. The book guides the reader through the imaginal realm underlying our awareness, a world in which spiritual entities exist to reconnect us with ourselves, humanity, and our planet. Accurate drawings of plants, including peyote, *Salvia divinorum*, and San Pedro, enhance the book's usefulness.

**dmt realm mapping:** *Fundamentals of Wireless Communication* David Tse, Pramod

Viswanath, 2005-05-26 This textbook takes a unified view of the fundamentals of wireless communication and explains cutting-edge concepts in a simple and intuitive way. An abundant supply of exercises make it ideal for graduate courses in electrical and computer engineering and it will also be of great interest to practising engineers.

**dmt realm mapping:** AIX 5L Differences Guide Version 5.3 Edition Scott Vetter, Adrian Demeter, Shiv Dutta, Armin Röhl, SeongLul Son, IBM Redbooks, 2005-08-29 This IBM Redbooks publication focuses on the differences introduced in AIX 5L Version 5.3 when compared to AIX 5L Version 5.2. It is intended to help system administrators, developers, and users understand these enhancements and evaluate potential benefits in their own environments. AIX 5L Version 5.3 introduces many new features, including NFS Version 4 and Advanced Accounting, and exploits the advanced capabilities of POWER5 equipped servers, such as Virtual SCSI, Virtual Ethernet SMT, Micro-Partitioning, and others. There are many other enhancements available with AIX 5L Version 5.3, and you can explore them in this book. For customers who are not familiar with the enhancements of AIX 5L through Version 5.2, a companion publication, AIX 5L Differences Guide Version 5.2 Edition, SG24-5765 is available.

**dmt realm mapping:** **Acid Communism** Mark Fisher, Matt Colquhoun, 2020-09-10 A short zine collecting an introduction to the concept by Matt Colquhoun that appeared in 'krisis journal for contemporary philosophy Issue 2, 2018: Marx from the Margins' and the unfinished introduction to the unfinished book on Acid Communism that Mark Fisher was working on before his death in 2017. In this way 'Acid' is desire, as corrosive and denaturalising multiplicity, flowing through the multiplicities of communism itself to create alinguistic feedback loops; an ideological accelerator through which the new and previously unknown might be found in the politics we mistakenly think we already know, reinstantiating a politics to come. —Matt Colquhoun

**dmt realm mapping:** **DMT Dialogues** David Luke, Rory Spowers, 2018-08-14 Cutting-edge explorations and discussions of DMT experiences and plant sentience from leading luminaries in the field of psychedelic research • Includes contributions from Rupert Sheldrake, Rick Strassman, Dennis McKenna, Graham Hancock, Jeremy Narby, Erik Davis, Peter Meyer, David Luke, and many others • Explores DMT beings, plant sentience, interspecies communication, discarnate consciousness, dialoguing with the divine, the pineal gland, the Amazonian shamanic perspective on Invisible Entities, and the science behind hallucinations Encounters with apparently sentient beings are reported by half of all first time users of the naturally occurring psychedelic DMT, yet the question of DMT beings and plant sentience, interspecies communication, discarnate consciousness, and perhaps even dialoguing with the divine has never been systematically explored. In September 2015, ten of the world's leading luminaries noted for exploring the mysterious compound DMT (dimethyltryptamine) gathered with other researchers at Tyringham Hall in England to discuss the subject. Over three days, they pooled their expertise from a wide range of subjects--archaeology, anthropology, religious studies, psychology, neuroscience, chemistry, and psychopharmacology, to name a few--to explore the notion of "entheogenic plant sentience" and the role of DMT as a conduit between Spirit and Matter. Offering cutting-edge insights into this visionary domain, this book distills the potent exchange of ideas that occurred at Tyringham Hall, including presentations and discussions on DMT entities, the pineal gland, the possibility of DMT as a chemical messenger from an extraterrestrial civilization, the Amazonian shamanic perspective on Invisible Entities, morphic resonance, and the science behind hallucinations. Contributors to the talks and discussions include many leading thinkers in this field, including Rupert Sheldrake, Rick Strassman, Dennis McKenna, Graham Hancock, Jeremy Narby, Erik Davis, Ede Frecska, Luis Eduardo Luna, Bernard Carr, Robin Carhart-Harris, Graham St. John, David Luke, Andrew Gallimore, Peter Meyer, Jill Purce, William Rowlandson, Anton Bilton, Vimal Darpan, Santha Faiia, and Cosmo Feilding Mellen.

**dmt realm mapping:** The Cognitive-Theoretic Model of the Universe: A New Kind of Reality Theory Christopher Michael Langan, 2002-06-01 Paperback version of the 2002 paper published in the journal Progress in Information, Complexity, and Design (PCID). ABSTRACT Inasmuch as science is observational or perceptual in nature, the goal of providing a scientific model and mechanism for

the evolution of complex systems ultimately requires a supporting theory of reality of which perception itself is the model (or theory-to-universe mapping). Where information is the abstract currency of perception, such a theory must incorporate the theory of information while extending the information concept to incorporate reflexive self-processing in order to achieve an intrinsic (self-contained) description of reality. This extension is associated with a limiting formulation of model theory identifying mental and physical reality, resulting in a reflexively self-generating, self-modeling theory of reality identical to its universe on the syntactic level. By the nature of its derivation, this theory, the Cognitive Theoretic Model of the Universe or CTMU, can be regarded as a supertautological reality-theoretic extension of logic. Uniting the theory of reality with an advanced form of computational language theory, the CTMU describes reality as a Self Configuring Self-Processing Language or SCSPL, a reflexive intrinsic language characterized not only by self-reference and recursive self-definition, but full self-configuration and self-execution (reflexive read-write functionality). SCSPL reality embodies a dual-aspect monism consisting of infocognition, self-transducing information residing in self-recognizing SCSPL elements called syntactic operators. The CTMU identifies itself with the structure of these operators and thus with the distributive syntax of its self-modeling SCSPL universe, including the reflexive grammar by which the universe refines itself from unbound telesis or UBT, a primordial realm of infocognitive potential free of informational constraint. Under the guidance of a limiting (intrinsic) form of anthropic principle called the Telic Principle, SCSPL evolves by telic recursion, jointly configuring syntax and state while maximizing a generalized self-selection parameter and adjusting on the fly to freely-changing internal conditions. SCSPL relates space, time and object by means of conspansive duality and conspansion, an SCSPL-grammatical process featuring an alternation between dual phases of existence associated with design and actualization and related to the familiar wave-particle duality of quantum mechanics. By distributing the design phase of reality over the actualization phase, conspansive spacetime also provides a distributed mechanism for Intelligent Design, adjoining to the restrictive principle of natural selection a basic means of generating information and complexity. Addressing physical evolution on not only the biological but cosmic level, the CTMU addresses the most evident deficiencies and paradoxes associated with conventional discrete and continuum models of reality, including temporal directionality and accelerating cosmic expansion, while preserving virtually all of the major benefits of current scientific and mathematical paradigms.

**dmt realm mapping: The Psychedelic Experience** Timothy Leary, Richard Alpert, Ralph Metzner, 2017-06-27 The Psychedelic Experience, created in the movement's early years by the prophetic shaman-professors Timothy Leary, Ralph Metzner, and Richard Alpert (Ram Dass), is a foundational text that serves as a model and a guide for all subsequent mind-expanding inquiries. In this wholly unique book, the authors provide an interpretation of an ancient sacred manuscript, the Tibetan Book of the Dead, from a psychedelic perspective. Reissued here to coincide with the 50th anniversary of the summer of love.

**dmt realm mapping: Consciousness Medicine** Françoise Bourzat, Kristina Hunter, 2019-06-25 A comprehensive guide to the safe and ethical application of expanded states of consciousness for therapists, healing practitioners, and sincere explorers Psychedelic medicines also known as entheogens are entering the mainstream. And it's no wonder: despite having access to the latest wellness trends and advances in technology, we're no healthier, happier, or more meaningfully connected. Psilocybin mushrooms, ayahuasca, and LSD—as well as other time-tested techniques with the power to shift consciousness such as drumming, meditation, and vision quests—are now being recognized as potent catalysts for change and healing. But how do we ensure that we're approaching them effectively? Françoise Bourzat—a counselor and experienced guide with sanctioned training in the Mazatec and other indigenous traditions—and healer Kristina Hunter introduce a holistic model focusing on the threefold process of preparation, journey, and integration. Drawing from more than thirty years of experience, Bourzat's skillful and heartfelt approach presents the therapeutic application of expanded states, without divorcing them from their traditional contexts. Consciousness Medicine delivers a coherent map for navigating nonordinary

states of consciousness, offering an invaluable contribution to the field of healing and transformation.

**dmt realm mapping: The Psychedelic Gospels** Jerry B. Brown, Julie M. Brown, 2016-09-15 Reveals evidence of visionary plants in Christianity and the life of Jesus found in medieval art and biblical scripture--hidden in plain sight for centuries • Follows the authors' anthropological adventure discovering sacred mushroom images in European and Middle Eastern churches, including Roslyn Chapel and Chartres • Provides color photos showing how R. Gordon Wasson's psychedelic theory of religion clearly extends to Christianity and reveals why Wasson suppressed this information due to his secret relationship with the Vatican • Examines the Bible and the Gnostic Gospels to show that visionary plants were the catalyst for Jesus's awakening to his divinity and immortality Throughout medieval Christianity, religious works of art emerged to illustrate the teachings of the Bible for the largely illiterate population. What, then, is the significance of the psychoactive mushrooms hiding in plain sight in the artwork and icons of many European and Middle-Eastern churches? Does Christianity have a psychedelic history? Providing stunning visual evidence from their anthropological journey throughout Europe and the Middle East, including visits to Roslyn Chapel and Chartres Cathedral, authors Julie and Jerry Brown document the role of visionary plants in Christianity. They retrace the pioneering research of R. Gordon Wasson, the famous "sacred mushroom seeker," on psychedelics in ancient Greece and India, and among the present-day reindeer herders of Siberia and the Mazatecs of Mexico. Challenging Wasson's legacy, the authors reveal his secret relationship with the Vatican that led to Wasson's refusal to pursue his hallucinogen theory into the hallowed halls of Christianity. Examining the Bible and the Gnostic Gospels, the authors provide scriptural support to show that sacred mushrooms were the inspiration for Jesus' revelation of the Kingdom of Heaven and that he was initiated into these mystical practices in Egypt during the Missing Years. They contend that the Trees of Knowledge and of Immortality in Eden were sacred mushrooms. Uncovering the role played by visionary plants in the origins of Judeo-Christianity, the authors invite us to rethink what we know about the life of Jesus and to consider a controversial theory that challenges us to explore these sacred pathways to the divine.

**dmt realm mapping: Nomad Codes** Erik Davis, 2011-01-31 In these wide-ranging essays, Erik Davis explores the codes—spiritual, cultural, and embodied—that people use to escape the limitation of their lives and enrich their experience of the world. These include Asian religious traditions and West African trickster gods, Western occult and esoteric lore, postmodern theory and psychedelic science, as well as festival scenes such as Burning Man (of which Davis is the best-known chronicler). Articles on media technology further explore themes Davis took up in his acclaimed book *Techgnosis*, while his profiles of West Coast poets, musicians, and mystics extend the California terrain he previously mapped in *The Visionary State*. Whether his subject is collage art or the "magickal realism" of horror writer H.P. Lovecraft, transvestite Burmese spirit mediums or UFOlogy, tripster king Terence McKenna or dub maestro Lee Perry, Davis writes with keen yet skeptical sympathy, intellectual subtlety and wit, and unbridled curiosity. The common thread running through all these pieces is what Davis calls "modern esoterica," which he describes in his preface as a 'no-man's-land located somewhere between anthropology and mystical pulp, between the zendo and the metal club, between cultural criticism and extraordinary experience, whether psychedelic, or yogic, or technological.' Such an ambiguous and startling landscape demands that the intrepid adventurer shed any territorial claims and go nomad. Davis wanders with sharp eyes and an open mind, which is why Peter Lamborn Wilson calls him "the best of all guides to modern American spirituality."

**dmt realm mapping: The Manchurian Candidate** Richard Condon, 2013-09-05 'Brilliant...wild and exhilarating' New Yorker Sgt Raymond Shaw is a hero of the first order. He's an ex-prisoner of war who saved the life of his entire outfit, a winner of the Congressional Medal of Honor, the stepson of an influential senator...and the perfect assassin. Brainwashed during his time as a POW he is a 'sleeper', a living weapon to be triggered by a secret signal. He will act without question, no

matter what order he is made to carry out. To stop Shaw, his former commanding officer must uncover the truth behind a twisted conspiracy of torture, betrayal and power that will lead both to the highest levels of the government. - and to Shaw's own past...

**dmt realm mapping: Plant Intelligence and the Imaginal Realm** Stephen Harrod Buhner, 2014-05-14 A manual for opening the doors of perception and directly engaging the intelligence of the Natural World • Provides exercises to directly perceive and interact with the complex, living, self-organizing being that is Gaia • Reveals that every life form on Earth is highly intelligent and communicative • Examines the ecological function of invasive plants, bacterial resistance to antibiotics, psychotropic plants and fungi, and the human species In *Plant Intelligence and the Imaginal Realm*, Stephen Harrod Buhner reveals that all life forms on Earth possess intelligence, language, a sense of I and not I, and the capacity to dream. He shows that by consciously opening the doors of perception, we can reconnect with the living intelligences in Nature as kindred beings, become again wild scientists, nondomesticated explorers of a Gaian world just as Goethe, Barbara McClintock, James Lovelock, and others have done. For as Einstein commented, "We cannot solve the problems facing us by using the same kind of thinking that created them." Buhner explains how to use analogical thinking and imaginal perception to directly experience the inherent meanings that flow through the world, that are expressed from each living form that surrounds us, and to directly initiate communication in return. He delves deeply into the ecological function of invasive plants, bacterial resistance to antibiotics, psychotropic plants and fungi, and, most importantly, the human species itself. He shows that human beings are not a plague on the planet, they have a specific ecological function as important to Gaia as that of plants and bacteria. Buhner shows that the capacity for depth connection and meaning-filled communication with the living world is inherent in every human being. It is as natural as breathing, as the beating of our own hearts, as our own desire for intimacy and love. We can change how we think and in so doing begin to address the difficulties of our times.

**dmt realm mapping: The Psychedelic Future of the Mind** Thomas B. Roberts, 2013-01-23 Explores scientific and medical research on the emerging uses of psychedelics to enrich mind, morals, spirituality, and creativity • Outlines a future that embraces psychedelics as tools for cognitive development, personal growth, business, and an experience-based religious reformation • Presents research on the use of psychedelics to enhance problem-solving, increase motivation, boost the immune system, and deepen ethical values • Includes chapters by Roger N. Walsh, M.D., Ph.D., and Charles Grob, M.D., on their psychedelic research on religious experience and alleviating the fear of death As psychedelic psychotherapy gains recognition through research at universities and medical establishments such as the Johns Hopkins Medical Institute and Bellevue Hospital, the other beneficial uses of psychedelics are beginning to be recognized and researched as well--from enhancing problem-solving and increasing motivation to boosting the immune system and deepening moral and ethical values. Exploring the bright future of psychedelics, Thomas B. Roberts, Ph.D., reveals how new uses for entheogens will enrich individuals as well as society as a whole. With contributions from Charles Grob, M.D., and Roger N. Walsh, M.D., Ph.D., the book explains how psychedelics can raise individual and business attitudes away from self-centeredness, improve daily life with strengthened feelings of meaningfulness and spirituality, and help us understand and redesign the human mind, leading to the possibility of a neurosingularity--a time when future brains surpass our current ones. Roberts envisions a future where you will seek psychedelic therapy not only for psychological reasons but also for personal growth, creative problem solving, improved brain function, and heightened spiritual awareness. Our psychedelic future is on the horizon--a future that harnesses the full potential of mind and spirit--and Thomas Roberts outlines a path to reach it.

**dmt realm mapping: Tibetan Book of the Dead** W. Y. Evans-Wentz, 2020-11-18 Derived from a Buddhist funerary text, this famous volume's timeless wisdom includes instructions for attaining enlightenment, preparing for the process of dying, and moving through the various stages of rebirth.

**dmt realm mapping: Inner Paths to Outer Space** Rick Strassman, Slawek Wojtowicz, Luis

Eduardo Luna, Ede Frecska, 2008-03-27 An investigation into experiences of other realms of existence and contact with otherworldly beings • Examines how contact with alien life-forms can be obtained through the “inner space” dimensions of our minds • Presents evidence that other worlds experienced through consciousness-altering technologies are often as real as those perceived with our five senses • Correlates science fiction’s imaginal realms with psychedelic research For thousands of years, voyagers of inner space--spiritual seekers, shamans, and psychoactive drug users--have returned from their inner imaginal travels reporting encounters with alien intelligences. Inner Paths to Outer Space presents an innovative examination of how we can reach these other dimensions of existence and contact otherworldly beings. Based on their more than 60 combined years of research into the function of the brain, the authors reveal how psychoactive substances such as DMT allow the brain to bypass our five basic senses to unlock a multidimensional realm of existence where otherworldly communication occurs. They contend that our centuries-old search for alien life-forms has been misdirected and that the alien worlds reflected in visionary science fiction actually mirror the inner space world of our minds. The authors show that these “alien” worlds encountered through altered states of human awareness, either through the use of psychedelics or other methods, possess a sense of reality as great as, or greater than, those of the ordinary awareness perceived by our five senses.

**dmt realm mapping: The Out of Body Experience** Anthony Peake, 2016-09-13 This book opens with the author's experience with the 'Lucid Light Stimulator' in Switzerland. This presents him with his first experience of 'Astral Travel'. From this he takes the reader on a historical, theological and mystical journey through the history of the 'out of body experience' in all its varieties and forms. The second half of the book discusses the science behind the experience. It reviews some of the latest research in the fields of psychology, neurology and neuro-chemistry. It then attempts a short explanation of why quantum physics may be the unlikely source of answers to the mystery of the out-of-body experience. The final section presents the author's new model of how exotic-sounding concepts such as Bose-Einstein Condensates, Einstein Rosen Bridges, Zero-Point Energy, microtubules and coherent light can be used to present a totally new explanation of how 'Astral Travel' really does involve a journey - into inner, not outer, space.

**dmt realm mapping: American Trip** Ido Hartogsohn, 2020-07-14 How historical, social, and cultural forces shaped the psychedelic experience in midcentury America, from CIA experiments with LSD to Timothy Leary's Harvard Psilocybin Project. Are psychedelics invaluable therapeutic medicines, or dangerously unpredictable drugs that precipitate psychosis? Tools for spiritual communion or cognitive enhancers that spark innovation? Activators for one's private muse or part of a political movement? In the 1950s and 1960s, researchers studied psychedelics in all these incarnations, often arriving at contradictory results. In American Trip, Ido Hartogsohn examines how the psychedelic experience in midcentury America was shaped by historical, social, and cultural forces--by set (the mindset of the user) and setting (the environments in which the experience takes place).

**dmt realm mapping: Banded Vegetation Patterning in Arid and Semiarid Environments** David J. Tongway, Christian Valentin, Josiane Seghieri, 2001-06-15 Aerial photography has revealed the striking, widespread phenomenon of repeating patterns of vegetation in more arid areas of the world. Two interdependent phases, bands of dense and sparse vegetation, alternate in the landscape. This volume synthesizes half a century's accumulated knowledge of both theoretical and applied landscape function from a variety of these regions. It covers structure, dynamics, and methods of study, as well as disturbances to these landscapes and relevant management issues. Various chapters discuss the role of modeling in answering questions about the origins and complex processes of banded landscapes.

**dmt realm mapping: The Therapeutic Use of Ayahuasca** Beatriz Caiuby Labate, Clancy Cavnar, 2013-11-22 This book presents a series of perspectives on the therapeutic potential of the ritual and clinical use of the Amazonian hallucinogenic brew ayahuasca in the treatment and management of various diseases and ailments, especially its role in psychological well-being and substance

dependence. Biomedical and anthropological data on the use of ayahuasca for treating depression, PTSD, and substance dependence in different settings, such as indigenous contexts, neo-shamanic rituals, contemporary therapeutic circles, and in ayahuasca religions, in both South and North America, are presented and critiqued. Though multiple anecdotal reports on the therapeutic use of ayahuasca exist, there has been no systematic and dense reflection on the topic thus far. The book brings the therapeutic use of ayahuasca to a new level of public examination and academic debate. The texts in this volume stimulate discussion on methodological, ethical, and political aspects of research and will enhance the development of this emergent field of studies.

**dmt realm mapping:** *Consciousness Beyond Life* Pim van Lommel, 2011-08-09 As a cardiologist, Pim van Lommel was struck by the number of his patients who claimed to have near-death experiences as a result of their heart attacks. As a scientist, this was difficult for him to accept: Wouldn't it be scientifically irresponsible of him to ignore the evidence of these stories? Faced with this dilemma, van Lommel decided to design a research study to investigate the phenomenon under the controlled environment of a cluster of hospitals with a medically trained staff. For more than twenty years van Lommel systematically studied such near-death experiences in a wide variety of hospital patients who survived a cardiac arrest. In 2001, he and his fellow researchers published his study on near-death experiences in the renowned medical journal *The Lancet*. The article caused an international sensation as it was the first scientifically rigorous study of this phenomenon. Now available for the first time in English, van Lommel offers an in-depth presentation of his results and theories in this book that has already sold over 125,000 copies in Europe. Van Lommel provides scientific evidence that the near-death phenomenon is an authentic experience that cannot be attributed to imagination, psychosis, or oxygen deprivation. He further reveals that after such a profound experience, most patients' personalities undergo a permanent change. In van Lommel's opinion, the current views on the relationship between the brain and consciousness held by most physicians, philosophers, and psychologists are too narrow for a proper understanding of the phenomenon. In *Consciousness Beyond Life*, van Lommel shows that our consciousness does not always coincide with brain functions and that, remarkably and significantly, consciousness can even be experienced separate from the body.

**dmt realm mapping:** *Turn On, Tune In, Drop Out* Timothy Leary, 2009-04-01 Written in the psychedelic era, *Turn On, Tune In, Drop Out* is Timothy Leary at his best, beckoning with humor and irreverence, a vision of individual empowerment, personal responsibility, and spiritual awakening. Includes: Start Your Own Religion Education as an Addictive Process Soul Session Buddha as Drop-Out Mad Virgin of Psychedelia God's Secret Agent o Homage to Huxley The Awe-Ful See-Er o The Molecular Revolution MIT is TIM Backwards Neurological Politics Trickster is a major figure in American Indian folk Wisdom. Also in Sufi Tales ... a certain type of rascal-with a grin and a wink (and wisdom beyond wisdom) ... in the Zen tradition this is known as the School of Crazy Wisdom ... Timothy Leary-in his own inimitable way-has become the twentieth century's grand master of crazy wisdom ... - Dr. Jeffrey Mishlove

**dmt realm mapping:** *Poetic Song Verse* Mike Mattison, Ernest Suarez, 2021-11-01 *Poetic Song Verse: Blues-Based Popular Music and Poetry* invokes and critiques the relationship between blues-based popular music and poetry in the twentieth and twenty-first centuries. The volume is anchored in music from the 1960s, when a concentration of artists transformed modes of popular music from entertainment to art-that-entertains. Musician Mike Mattison and literary historian Ernest Suarez synthesize a wide range of writing about blues and rock—biographies, histories, articles in popular magazines, personal reminiscences, and a selective smattering of academic studies—to examine the development of a relatively new literary genre dubbed by the authors as “poetic song verse.” They argue that poetic song verse was nurtured in the fifties and early sixties by the blues and in Beat coffee houses, and matured in the mid-to-late sixties in the art of Bob Dylan, the Beatles, the Rolling Stones, the Doors, Jimi Hendrix, Joni Mitchell, Leonard Cohen, Gil Scott-Heron, Van Morrison, and others who used voice, instrumentation, arrangement, and production to foreground semantically textured, often allusive, and evocative lyrics that resembled

and engaged poetry. Among the questions asked in Poetic Song Verse are: What, exactly, is this new genre? What were its origins? And how has it developed? How do we study and assess it? To answer these questions, Mattison and Suarez engage in an extended discussion of the roots of the relationship between blues-based music and poetry and address how it developed into a distinct literary genre. Unlocking the combination of richly textured lyrics wedded to recorded music reveals a dynamism at the core of poetic song verse that can often go unrealized in what often has been considered merely popular entertainment. This volume balances historical details and analysis of particular songs with accessibility to create a lively, intelligent, and cohesive narrative that provides scholars, teachers, students, music influencers, and devoted fans with an overarching perspective on the poetic power and blues roots of this new literary genre.

**dmt realm mapping: Magic** Gianluca Schrankel, 2020-10-29 Magic has been understood in a number of different ways throughout human history, from a sign of religious communion, to the invocation of the dark arts, to the magician's employment of chicanery, to the best-sellers stacks of children's fiction literature. And yet, at its heart magic is something far less elusive, and far more applicable to your ordinary, everyday life. Magic offers a profound philosophy on reality that is as natural as it is mysterious, with the power to practically inform the choices you make, your interactions with others, your perspectives, your experiences, and your ability to achieve the life you've always wanted. Magic is the attainable ability to tap into the interconnected web of natural forces, intangible energies, and collective consciousness that co-create human reality. Magic is not only a window into the inextricable relationship between consciousness and matter, it is also a tool that anyone can wield to build one's own perceptual reality, and to take control of one's own conscious experience in the modern era. Through explorations of magic, consciousness, energy work, altered states, and the interconnected threads that weave the fabric of human experience, Gianluca Schrankel offers a philosophy and a set of practices that can shape the way you see your life, and your ability to transform it.

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