

# blue mountain state parents guide

**blue mountain state parents guide** is an essential resource for parents and guardians seeking information about the popular comedy series "Blue Mountain State." This comprehensive guide examines the show's content, including language, sexual themes, alcohol and drug use, and other elements that may be relevant for family viewing decisions. Parents often wonder if Blue Mountain State is appropriate for teens or children, and this article provides clear, factual insights to help you make informed choices. You will find detailed discussions on the show's mature content, its rating, key themes, and suggestions for parental guidance. This guide also explores the show's appeal, its comedic style, and potential educational talking points. Everything you need to know about Blue Mountain State from a parental perspective is covered here. Read on to discover if Blue Mountain State aligns with your family's values and viewing preferences.

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## Overview of Blue Mountain State

Blue Mountain State is a comedy television series that originally aired from 2010 to 2011. Set at the fictional Blue Mountain State University, the show follows the antics of college football players as they navigate the ups and downs of student life. Known for its exaggerated humor, outrageous scenarios, and over-the-top characters, the series has garnered a dedicated following among young adults and sports fans. The show's primary audience is mature teenagers and adults, due to its irreverent take on college culture. Blue Mountain State blends slapstick comedy with satirical commentary on athletics, fraternity life, and higher education. Its depiction of college party culture, competitive sports, and social dynamics makes it a popular, yet controversial, choice for viewers seeking lighthearted entertainment.

## Official Rating and Age Recommendations

Blue Mountain State is rated TV-MA, which stands for "Mature Audiences Only." This rating indicates

that the series is specifically designed for adults and is not suitable for children under 17 years old. The TV-MA rating is assigned due to frequent strong language, sexual content, nudity, and depictions of drug and alcohol use. The show's content aligns with other mature comedies that push boundaries for comedic effect. Most parental guidelines and reviews recommend that Blue Mountain State is best suited for older teens (17+) and adults. Parents are encouraged to assess the maturity level of their children before allowing them to watch the series.

## **Content Breakdown: Language, Sexual Content, and Substance Use**

### **Language and Dialogue**

Blue Mountain State features frequent use of strong language, including profanity and crude jokes. The dialogue often contains jokes about sex, bodily functions, and adult topics, which may not be appropriate for younger viewers. Swearing and explicit language are a regular part of the characters' interactions, reflecting the show's comedic style and college setting.

### **Sexual Content and Nudity**

The show is known for its graphic sexual humor and occasional nudity. Scenes often involve sexual innuendo, suggestive situations, and references to promiscuity. Episodes may include characters engaging in sexual acts, discussions about sexual exploits, and depictions of scantily clad individuals. This content is a significant factor in the TV-MA rating and should be carefully considered by parents.

### **Alcohol and Drug Use**

Alcohol consumption is a recurring theme in Blue Mountain State. Characters frequently attend parties, binge drink, and exhibit intoxicated behavior. The show also portrays the use of drugs, including marijuana and other substances, often in a comedic or exaggerated manner. While these depictions are played for laughs, they contribute to the mature rating and may influence impressionable viewers.

- Frequent profanity and crude humor
- Sexual situations and nudity
- Alcohol and drug use portrayed as part of college life
- Occasional references to illegal activities or risky behaviors

# Violence and Risky Behavior in Blue Mountain State

While Blue Mountain State is primarily a comedy series, it includes scenes of physical humor and mild violence. These moments often involve pranks, sports injuries, or slapstick encounters rather than graphic violence. However, the show sometimes glamorizes risky behavior, such as dangerous dares, reckless partying, and disregard for rules. These portrayals are intended for comedic effect but may send mixed messages to younger viewers about the consequences of such actions. The series does not typically feature realistic or severe violence, but the normalization of wild college antics may be concerning for some parents.

## Themes and Messages

Blue Mountain State explores themes related to college life, sports competition, friendship, and peer pressure. The show satirizes the culture of college athletics and fraternity life, highlighting the extremes of party culture and the pursuit of popularity. While much of the content is exaggerated for humor, some episodes touch on subjects such as teamwork, loyalty, and personal growth. However, positive messages are often overshadowed by the focus on partying, sexual escapades, and bending the rules. Parents should be aware that the primary intent is comedic entertainment, not moral instruction.

## Parental Guidance and Conversation Starters

Given the mature content and themes, parental guidance is strongly advised for Blue Mountain State. Parents should consider watching episodes alongside their teens to facilitate open discussions about the show's portrayal of college life. The exaggerated scenarios can serve as conversation starters about real-world topics, including responsible decision-making, consent, substance use, and peer influence. Parents may also want to address the differences between televised comedy and actual college experiences.

1. Discuss the real-life consequences of risky behavior shown in the series.
2. Talk about how media can exaggerate or glamorize certain lifestyles.
3. Encourage critical thinking about substance use and consent.
4. Set clear boundaries and expectations for media consumption.

## Summary for Parents

Blue Mountain State is a mature comedy series that pushes the boundaries of college humor with

frequent sexual content, strong language, and substance use. Its TV-MA rating reflects the adult-oriented themes and scenarios depicted throughout the show. While it offers exaggerated and comedic portrayals of college and sports culture, it may not be suitable for children or younger teens. Parents are encouraged to review the content, consider their child's maturity, and use the show as an opportunity to discuss important issues related to growing up, peer pressure, and responsible behavior.

## **Q: What is the main rating for Blue Mountain State, and what does it mean?**

A: Blue Mountain State is rated TV-MA, which means it is intended for mature audiences only and is not suitable for children under 17 due to strong language, sexual content, and substance use.

## **Q: Does Blue Mountain State feature a lot of sexual content and nudity?**

A: Yes, the show contains frequent sexual humor, innuendo, and occasional nudity. These elements are central to its comedic style and contribute to its mature rating.

## **Q: Is there violence in Blue Mountain State?**

A: The series features mild violence and physical comedy, such as sports injuries and pranks. It does not depict realistic or graphic violence but includes risky behaviors often played for laughs.

## **Q: How does Blue Mountain State portray alcohol and drug use?**

A: Alcohol and drug use are recurring themes, with characters often engaging in binge drinking and recreational drug use, usually depicted in a comedic and exaggerated manner.

## **Q: Is Blue Mountain State appropriate for teenagers?**

A: Due to its mature content, explicit language, and sexual situations, Blue Mountain State is best suited for older teens (17+) and adults. Parents should consider their child's maturity before allowing them to watch.

## **Q: Are there any positive messages in Blue Mountain State?**

A: While the focus is on comedy and exaggerated college antics, some episodes touch on themes like teamwork and loyalty. However, these are often secondary to the show's main content.

## **Q: Can parents use Blue Mountain State as a conversation starter?**

A: Yes, watching the show with teens can open discussions about peer pressure, substance use, consent, and the differences between TV portrayals and real-life experiences.

## **Q: Is the humor in Blue Mountain State suitable for all audiences?**

A: The humor is adult-oriented, featuring crude jokes, sexual themes, and strong language. It is not recommended for children or younger teens.

## **Q: How realistic is the depiction of college life in Blue Mountain State?**

A: The show exaggerates and satirizes college life for comedic effect. Its portrayal of parties, sports, and relationships is not intended to be realistic or taken as a guide to actual college experiences.

## **Q: What should parents consider before letting their children watch Blue Mountain State?**

A: Parents should review the show's content, consider the maturity level of their children, and be prepared to discuss the mature themes, risky behaviors, and exaggerated portrayals in the series.

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## **Blue Mountain State Parents Guide: Navigating the Wild World of College Football Comedy**

Are you a parent considering letting your teen watch Blue Mountain State? This irreverent college football comedy, while hilarious for its target audience, contains mature themes that might not be suitable for all viewers. This comprehensive parents' guide provides an in-depth look at the show's content, helping you decide if Blue Mountain State is appropriate for your family. We'll explore the humor, explicit content, and overall themes to offer you a clear understanding of what to expect. This isn't just a simple yes or no; we'll provide the tools you need to make an informed decision.

# Understanding the Humor of Blue Mountain State

Blue Mountain State thrives on its outrageous and often crude humor. The show pushes boundaries, employing a style that relies heavily on:

**Sexual Humor:** Expect frequent sexual references, innuendo, and depictions of sexual situations. This isn't subtle; it's a core element of the show's comedic style. The humor often relies on shock value and exaggeration.

**Crude Language:** Profanity is rampant throughout Blue Mountain State. Expect a high volume of swearing and offensive language, often used casually within conversations.

**Stereotypes:** The show utilizes stereotypical characters, often for comedic effect. However, these stereotypes can be offensive to some viewers. It's crucial to consider your family's tolerance for this kind of humor.

**Partying and Alcohol:** Excessive partying and alcohol consumption are central themes. The show portrays a culture of binge drinking and reckless behavior, which might be concerning to parents.

## Explicit Content and Violence in Blue Mountain State

Beyond the humor, parents need to be aware of the following explicit content:

**Nudity and Sexual Situations:** While not graphically explicit in all instances, the show does feature nudity and simulated sexual activity. The level of explicitness varies throughout the series.

**Drug Use:** The show touches upon drug use, though it's not a central theme. However, the depiction of drug use is present and should be considered.

**Violence:** While generally not graphic, the show includes some violence, often slapstick in nature. However, certain scenes might be disturbing to some viewers.

## Themes Explored in Blue Mountain State: Beyond the Jokes

Despite the raunchy humor, Blue Mountain State occasionally delves into deeper themes, albeit often in a comedic way:

**Friendship and Brotherhood:** The show explores the complexities of male friendships and the bonds within a fraternity.

**College Life and Identity:** The characters navigate the pressures and challenges of college life, including academic struggles and social expectations.

**Competition and Success:** The relentless pursuit of success in college football is a significant driving force in the narrative.

However, these themes are often overshadowed by the explicit content and crass humor.

## **Age Appropriateness and Parental Guidance Suggestions**

Given the significant amount of mature content, Blue Mountain State is not suitable for younger viewers. We recommend a minimum age of 18, but even then, parental guidance is strongly advised. Open communication with your teen about the show's content is vital. Consider watching an episode together first to gauge their reaction and your comfort level.

## **Alternatives to Blue Mountain State for Similar Humor (with less explicit content)**

If you're looking for similar comedic styles without the excessive explicit content, consider exploring shows like:

**Workaholics:** While still containing mature humor, Workaholics focuses more on workplace shenanigans.

**Community:** This quirky sitcom offers a witty and intelligent take on college life, but with significantly less explicit content.

## **Conclusion: Making an Informed Decision**

Deciding whether or not to allow your teen to watch Blue Mountain State requires careful consideration of its content and your family's values. This guide aims to provide you with the necessary information to make an informed decision based on your teen's maturity level and your comfort zone. Open communication and pre-viewing discussions are key to navigating this potentially sensitive topic. Remember, there are many other comedic shows available that might offer a better fit for your family.

## **Frequently Asked Questions (FAQs)**

**Q1:** Is Blue Mountain State appropriate for 16-year-olds? **A:** No, we strongly advise against it for viewers under 18 due to the explicit sexual content, strong language, and depictions of alcohol abuse.

**Q2:** Does the show get less explicit as it progresses? **A:** While the overall tone remains consistent, the explicitness of certain scenes may vary throughout the series.

**Q3:** Are there any redeeming qualities to the show? **A:** While the humor is crude, some viewers

appreciate the exploration of friendship and the relatable aspects of college life (though often exaggerated).

Q4: Is there a parental control option to filter content? A: Most streaming services allow for parental controls, but they may not catch all instances of mature content. Active parental supervision is crucial.

Q5: What's the overall message of Blue Mountain State? A: The show doesn't offer a clear-cut moral message. Its primary focus is comedic entertainment, with occasional glimpses into the complexities of college life and friendships. However, these themes are largely overshadowed by the explicit content.

**blue mountain state parents guide: Parents' Guide to Accredited Camps** , 1988

**blue mountain state parents guide: Parents' Guide to College Planning** Equitable Life Assurance Society of the United States, 1962

**blue mountain state parents guide: Trapped** Michael Northrop, 2011-02-01 The day the blizzard started, no one knew that it was going to keep snowing for a week. That for those in its path, it would become not just a matter of keeping warm, but of staying alive. . . .Scotty and his friends Pete and Jason are among the last seven kids at their high school waiting to get picked up that day, and they soon realize that no one is coming for them. Still, it doesn't seem so bad to spend the night at school, especially when distractingly hot Krista and Julie are sleeping just down the hall. But then the power goes out, then the heat. The pipes freeze, and the roof shudders. As the days add up, the snow piles higher, and the empty halls grow colder and darker, the mounting pressure forces a devastating decision. . . .Michael Northrop is the New York Times bestselling author of TombQuest, an epic book and game adventure series featuring the magic of ancient Egypt. He is also the author of Trapped, an Indie Next List Selection, and Plunked, a New York Public Library best book of the year and an NPR Backseat Book Club selection. An editor at Sports Illustrated Kids for many years, he now writes full-time from his home in New York City. Learn more at [www.michaelnorthrop.net](http://www.michaelnorthrop.net).

**blue mountain state parents guide: *Parent's Guide to Los Angeles***, 1996 Karin Mani, 1995-09

**blue mountain state parents guide: *The Parents' Guide to L.A.***, 1995 Karin Mani, 1994-10

**blue mountain state parents guide: *Xenocide*** Orson Scott Card, 2009-11-30 The war for survival of the planet Lusitania will be fought in the heart of a child named Gloriously Bright. On Lusitania, Ender found a world where humans and pequininos and the Hive Queen could all live together; where three very different intelligent species could find common ground at last. Or so he thought. Lusitania also harbors the descolada, a virus that kills all humans it infects, but which the pequininos require in order to become adults. The Starways Congress so fears the effects of the descolada, should it escape from Lusitania, that they have ordered the destruction of the entire planet, and all who live there. The Fleet is on its way, a second xenocide seems inevitable. Xenocide is the third novel in Orson Scott Card's The Ender Saga. THE ENDER UNIVERSE Ender series Ender's Game / Ender in Exile / Speaker for the Dead / Xenocide / Children of the Mind Ender's Shadow series Ender's Shadow / Shadow of the Hegemon / Shadow Puppets / Shadow of the Giant / Shadows in Flight Children of the Fleet The First Formic War (with Aaron Johnston) Earth Unaware / Earth Afire / Earth Awakens The Second Formic War (with Aaron Johnston) The Swarm /The Hive Ender novellas A War of Gifts /First Meetings At the Publisher's request, this title is being sold without Digital Rights Management Software (DRM) applied.

**blue mountain state parents guide: *My Side of the Mountain*** Jean Craighead George, 2001-05-21 Should appeal to all rugged individualists who dream of escape to the forest.—The New York Times Book Review Sam Gribbley is terribly unhappy living in New York City with his family, so he runs away to the Catskill Mountains to live in the woods—all by himself. With only a penknife, a

ball of cord, forty dollars, and some flint and steel, he intends to survive on his own. Sam learns about courage, danger, and independence during his year in the wilderness, a year that changes his life forever. "An extraordinary book . . . It will be read year after year." —The Horn Book

**blue mountain state parents guide: Reference Guide to Famous Engineering Landmarks of the World** Lawrence Berlow, 2015-04-22 More than 650 landmarks are covered, ranging from ancient monuments such as Stonehenge, to contemporary engineering feats such as the World Trade Center in New York City. The concisely-written entries describe when the landmark was built, who built it, why it was built, its dimensions, how it was constructed, and any problems encountered during construction. Additional features include: numerous photographs; biographies of important builders and designers; glossary; chronology of dates in civil engineering from 3000 BC to the present; listings of tallest buildings, longest bridges, and highest dams, and a geographical index which locates the structures by country.

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**blue mountain state parents guide: The Baffled Parent's Guide to Coaching Youth Softball** Jacquie Joseph, 2001-03-19 Hands on approach to coaching kids softball.

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**blue mountain state parents guide: Resources in Education** , 1998

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**blue mountain state parents guide: The WPA Guide to Virginia** Federal Writers' Project, 2013-10-31 During the 1930s in the United States, the Works Progress Administration developed the Federal Writers' Project to support writers and artists while making a national effort to document the country's shared history and culture. The American Guide series consists of individual guides to each of the states. Little-known authors—many of whom would later become celebrated literary figures—were commissioned to write these important books. John Steinbeck, Saul Bellow, Zora Neale Hurston, and Ralph Ellison are among the more than 6,000 writers, editors, historians, and researchers who documented this celebration of local histories. Photographs, drawings, driving tours, detailed descriptions of towns, and rich cultural details exhibit each state's unique flavor. The WPA Guide to Virginia documents the vital role the Old Dominion played in the history of the first 150 years of the United States and before. It is packed with historical information, particularly from the Colonial and Revolutionary years, and supplemented with photos of historic buildings and sites. Also worth note are the artistic photographs of the state's ordinary people and its natural beauty,

including the Shenandoah and Chesapeake Bay regions.

**blue mountain state parents guide: Moon Blue Ridge Parkway Road Trip** Jason Frye, 2018-06-05 Hit the Road with Moon Travel Guides! Drive America's most scenic highway, from the green valleys of Shenandoah National Park to the Great Smoky Mountains, with Moon Blue Ridge Parkway Road Trip. Inside you'll find: Maps and Driving Tools: 29 easy-to-use maps keep you oriented on and off the highway, along with site-to-site mileage, driving times, and detailed directions for the entire route Eat, Sleep, Stop and Explore: With lists of the best hikes, views, restaurants, and more, you can listen to live bluegrass, find the best barbecue around, or sip a glass of local moonshine. Drive past fields brimming with fireflies, spot wildlife like elk and bear, or hike a leg of the storied Appalachian Trail. Visit small mountain towns, get to know vibrant Asheville, or extend your route to explore the museums in Washington D.C. Flexible Itineraries: Drive the entire two-week route or follow strategic itineraries for spending time in Washington DC, Waynesboro, Roanoke, Asheville, Cherokee, Knoxville, and more Local Insight: North Carolinian and mountaineer Jason Frye shares his love of the Great Smoky Mountains Planning Your Trip: Know when and where to get gas, how to avoid traffic, tips for driving in different road and weather conditions, and suggestions for LGBTQ travelers, seniors, and road trippers with kids With Moon Blue Ridge Parkway Road Trip's practical tips, detailed itineraries, and local expertise, you're ready to fill up the tank and hit the road. Want to explore more of America on wheels? Try Moon Nashville to New Orleans Road Trip. Doing more than driving through? Check out Moon Great Smoky Mountains National Park or Moon Carolinas & Georgia.

**blue mountain state parents guide: The Ordinary Parent's Guide to Teaching Reading (The Ordinary Parent's Guide)** Jessie Wise, Sara Buffington, 2004-10-17 A plain-English guide to teaching phonics. Every parent can teach reading—no experts need apply! Too many parents watch their children struggle with early reading skills—and don't know how to help. Phonics programs are too often complicated, overpriced, gimmicky, and filled with obscure educationalese. The Ordinary Parent's Guide to Teaching Reading cuts through the confusion, giving parents a simple, direct, scripted guide to teaching reading—from short vowels through supercalifragilisticexpialidocious. This one book supplies parents with all the tools they need. Over the years of her teaching career, Jessie Wise has seen good reading instruction fall prey to trendy philosophies and political infighting. Now she has teamed with dynamic coauthor Sara Buffington to supply parents with a clear, direct phonics program—a program that gives them the know-how and confidence to take matters into their own hands.

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**blue mountain state parents guide: *Rust*** Eliese Colette Goldbach, 2020-03-03 Elements of Tara Westover's Educated... The mill comes to represent something holy to [Eliese] because it is made not of steel but of people. —New York Times Book Review One woman's story of working in the backbreaking steel industry to rebuild her life—but what she uncovers in the mill is much more than molten metal and grueling working conditions. Under the mill's orange flame she finds hope for the unity of America. Steel is the only thing that shines in the belly of the mill... To ArcelorMittal Steel Eliese is known as #6691: Utility Worker, but this was never her dream. Fresh out of college, eager to leave behind her conservative hometown and come to terms with her Christian roots, Eliese found herself applying for a job at the local steel mill. The mill is everything she was trying to escape, but it's also her only shot at financial security in an economically devastated and forgotten part of America. In Rust, Eliese brings the reader inside the belly of the mill and the middle American upbringing that brought her there in the first place. She takes a long and intimate look at her Rust Belt childhood and struggles to reconcile her desire to leave without turning her back on the people she's come to love. The people she sees as the unsung backbone of our nation. Faced with

the financial promise of a steelworker's paycheck, and the very real danger of working in an environment where a steel coil could crush you at any moment or a vat of molten iron could explode because of a single drop of water, Eliese finds unexpected warmth and camaraderie among the gruff men she labors beside each day. Appealing to readers of *Hillbilly Elegy* and *Educated*, *Rust* is a story of the humanity Eliese discovers in the most unlikely and hellish of places, and the hope that therefore begins to grow.

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**blue mountain state parents guide:** *Parents' Magazine & Family Home Guide* , 1958

**blue mountain state parents guide:** *The Night and Its Moon* Piper CJ, 2022-09-20 An addictive fantasy romance from TikTok sensation Piper CJ, now newly revised and edited. Two orphans grow into powerful young women as they face countless threats to find their way back to each other. Farleigh is just an orphanage. At least, that's what the church would have the people believe, but beautiful orphans Nox and fae-touched Amaris know better. They are commodities for sale, available for purchase by the highest bidder. So when the madame of a notorious brothel in a far-off city offers a king's ransom to purchase Amaris, Nox ends up taking her place — while Amaris is drawn away to the mountains, home of mysterious assassins. Even as they take up new lives and identities, Nox and Amaris never forget one thing: they will stop at nothing to reunite. But the threat of war looms overhead, and the two are inevitably swept into a conflict between human and fae, magic and mundane. With strange new alliances, untested powers, and a bond that neither time nor distance could possibly break, the fate of the realms lies in the hands of two orphans — and the love they hold for each other.

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**blue mountain state parents guide:** *Look Both Ways* Jason Reynolds, 2020-10-27 A collection of ten short stories that all take place in the same day about kids walking home from school--

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**blue mountain state parents guide:** *Reduce Child Obesity* Helen Hendy, Keith Williams, Thomas Camise, 2013-11-12 *Reduce Child Obesity: A Guide to Using the Kid's Choice Program in School and at Home* provides school leaders with a practical guide for applying the Kid's Choice Program (KCP), which is a school-based program to promote healthy behaviors and reduce the risk of child obesity. The KCP Guide may also be used by health researchers to document the program's effectiveness. The KCP was researched with 1000+ school-age children and documented to be easy-to-use, low in cost (at \$2 per child per month), and effective for increasing weight management behaviors in children (eating fruits and vegetables, choosing low-fat and low-sugar drinks, exercising daily). Research also documents that the KCP improves weight status in overweight children (for intervention) and normal-weight children (for prevention). Additionally, the program improves diets of children who are picky eaters. The KCP can be delivered by small teams of 2-4 volunteers (such as parents) after five minutes of training. It uses simple procedures (children wear nametags, stars punched in nametags when children choose healthy behaviors, weekly Reward Days let children trade stars for small prizes). The KCP is well-accepted by children, parents, and school staff. For

more information on the KCP, please visit [kidschoiceprogram.org](http://kidschoiceprogram.org).

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**blue mountain state parents guide: The Case Manager's Handbook** Catherine M. Mullahy, 2010-10-25 Written by renowned author, Catherine Mullahy, *The Case Manager's Handbook*, Fourth Edition, is the ultimate how-to guide for case managers. This practical resource helps case managers build fundamentals, study for the CCM exam, and most importantly, advance their careers after the exam. Using real-life examples and an easy-to-read, conversant style, this reference defines "Best in Class" case management, examines the case management process, and presents practical procedural information. It is an excellent daily reference and training resource for new case managers and seasoned professionals in various setting facing the day-to-day challenges of case management. Certain to become the "go to resource" resource that previous editions have, this Fourth Edition features updated and enhanced chapters, and brand new chapters covering such timely topics as: \* Obesity – The New Epidemic \* Our Nation's Multiculturalism and Challenges to Case Managers \* Health Literacy and Adherence Issues \* Pharmaceuticals – The Ever-Evolving World \* Our Aging Population, Medical Advancements and New Case Management Considerations \* Direct to Consumer Community-Based Case Management \* Continuum Concepts

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