

BLANKET TRAINING ABUSE

BLANKET TRAINING ABUSE IS A CONTROVERSIAL TOPIC THAT HAS SPARKED WIDESPREAD DEBATE AMONG PARENTS, CHILD DEVELOPMENT EXPERTS, AND ADVOCATES FOR CHILDREN'S RIGHTS. BLANKET TRAINING REFERS TO A DISCIPLINARY METHOD INVOLVING A BLANKET AND STRICT BEHAVIORAL BOUNDARIES FOR INFANTS AND TODDLERS, BUT CONCERNS HAVE BEEN RAISED ABOUT ITS POTENTIAL FOR EMOTIONAL AND PHYSICAL HARM, AS WELL AS ITS ASSOCIATION WITH ABUSIVE PRACTICES. IN THIS COMPREHENSIVE ARTICLE, WE WILL EXAMINE WHAT BLANKET TRAINING IS, ITS ORIGINS, THE METHODS INVOLVED, AND THE RISKS OF BLANKET TRAINING ABUSE. ADDITIONALLY, WE WILL EXPLORE EXPERT OPINIONS, THE PSYCHOLOGICAL IMPACT ON CHILDREN, LEGAL PERSPECTIVES, AND ALTERNATIVE APPROACHES TO DISCIPLINE. BY UNDERSTANDING THE COMPLEXITIES OF BLANKET TRAINING ABUSE, READERS CAN MAKE INFORMED DECISIONS ABOUT CHILD DISCIPLINE, RECOGNIZE WARNING SIGNS, AND SEEK HEALTHIER METHODS FOR NURTURING CHILDREN.

- UNDERSTANDING BLANKET TRAINING: DEFINITION AND ORIGINS
- METHODS USED IN BLANKET TRAINING
- RISKS AND SIGNS OF BLANKET TRAINING ABUSE
- EXPERT OPINIONS AND PSYCHOLOGICAL IMPACT
- LEGAL AND ETHICAL CONSIDERATIONS
- ALTERNATIVE DISCIPLINE STRATEGIES
- RECOGNIZING AND RESPONDING TO BLANKET TRAINING ABUSE

UNDERSTANDING BLANKET TRAINING: DEFINITION AND ORIGINS

BLANKET TRAINING IS A CONTROVERSIAL CHILD-REARING TECHNIQUE THAT GAINED POPULARITY AMONG CERTAIN PARENTING COMMUNITIES, PARTICULARLY THOSE INFLUENCED BY FUNDAMENTALIST RELIGIOUS GROUPS. THE BASIC PRINCIPLE INVOLVES PLACING A CHILD, TYPICALLY AN INFANT OR TODDLER, ON A BLANKET AND TRAINING THEM TO REMAIN WITHIN ITS BOUNDARIES FOR EXTENDED PERIODS. THE METHOD IS INTENDED TO TEACH OBEDIENCE AND SELF-CONTROL BY ENFORCING STRICT LIMITS ON THE CHILD'S MOVEMENTS.

ORIGINATING FROM TEACHINGS POPULARIZED IN SPECIFIC PARENTING MANUALS, BLANKET TRAINING HAS BEEN CRITICIZED FOR ITS RIGID APPROACH AND POTENTIAL FOR CAUSING DISTRESS. WHILE PROponents ARGUE THAT IT FOSTERS DISCIPLINE, OPPONENTS HIGHLIGHT THE RISKS OF BLANKET TRAINING ABUSE, NOTING THAT THE METHOD CAN INVOLVE PUNITIVE MEASURES THAT CROSS THE LINE INTO EMOTIONAL AND PHYSICAL HARM. UNDERSTANDING THE HISTORY AND RATIONALE BEHIND BLANKET TRAINING IS ESSENTIAL FOR RECOGNIZING HOW ITS MISUSE CAN LEAD TO ABUSIVE PRACTICES.

METHODS USED IN BLANKET TRAINING

CORE TECHNIQUES OF BLANKET TRAINING

BLANKET TRAINING TYPICALLY INVOLVES PLACING A CHILD ON A BLANKET AND USING PHYSICAL OR VERBAL CUES TO DISCOURAGE THEM FROM LEAVING THE DESIGNATED AREA. PARENTS OR CAREGIVERS MAY USE OBJECTS, SUCH AS TOYS, TO TEMPT THE CHILD OFF THE BLANKET, AND ISSUE CORRECTIONS IF THE CHILD MOVES BEYOND THE BOUNDARIES. CORRECTIONS MAY RANGE FROM VERBAL REPRIMANDS TO PHYSICAL PUNISHMENTS, SUCH AS A TAP WITH AN OBJECT, WHICH RAISES CONCERNS ABOUT BLANKET TRAINING ABUSE.

TOOLS AND PROCEDURES COMMONLY ASSOCIATED

- BLANKET OR MAT AS A BOUNDARY MARKER
- FAVORITE TOYS USED AS TEMPTATION
- PHYSICAL OBJECTS FOR CORRECTION (E.G., WOODEN SPOON)
- VERBAL COMMANDS AND REPRIMANDS
- STRUCTURED TIME INTERVALS FOR TRAINING SESSIONS

THE USE OF PHYSICAL CORRECTION IS A PRIMARY FACTOR IN THE DEBATE OVER BLANKET TRAINING ABUSE. WHILE SOME PARENTS CLAIM TO USE GENTLE GUIDANCE, REPORTS AND TESTIMONIES INDICATE THAT THE PRACTICE CAN ESCALATE INTO HARSH DISCIPLINARY MEASURES THAT ARE DETRIMENTAL TO A CHILD'S WELL-BEING.

RISKS AND SIGNS OF BLANKET TRAINING ABUSE

PHYSICAL AND EMOTIONAL RISKS

BLANKET TRAINING CARRIES SIGNIFICANT RISKS, ESPECIALLY WHEN DISCIPLINE INVOLVES PHYSICAL PUNISHMENT OR ISOLATION. CHILDREN SUBJECTED TO BLANKET TRAINING ABUSE MAY EXPERIENCE ANXIETY, FEAR, CONFUSION, AND A LACK OF EMOTIONAL SECURITY. THE REPETITIVE NATURE OF THE METHOD CAN LEAD TO CHRONIC STRESS AND IMPAIR THE CHILD'S ABILITY TO DEVELOP HEALTHY ATTACHMENTS.

WARNING SIGNS OF ABUSE

- EXCESSIVE CRYING OR WITHDRAWAL DURING OR AFTER TRAINING SESSIONS
- VISIBLE MARKS OR BRUISES FROM PHYSICAL CORRECTION
- FEARFUL OR ANXIOUS REACTIONS TO CAREGIVERS
- REGRESSION IN DEVELOPMENTAL MILESTONES
- AVERSION TO BLANKETS OR DESIGNATED SPACES

RECOGNIZING THE SIGNS OF BLANKET TRAINING ABUSE IS CRUCIAL FOR INTERVENTION AND PROTECTION. EXPERTS STRESS THAT ANY FORM OF DISCIPLINE RESULTING IN PHYSICAL HARM OR EMOTIONAL DISTRESS SHOULD BE CLASSIFIED AS ABUSIVE AND ADDRESSED PROMPTLY.

EXPERT OPINIONS AND PSYCHOLOGICAL IMPACT

VIEWS OF CHILD DEVELOPMENT SPECIALISTS

CHILD DEVELOPMENT PROFESSIONALS OVERWHELMINGLY CAUTION AGAINST DISCIPLINARY METHODS THAT RELY ON PHYSICAL

PUNISHMENT OR EMOTIONAL COERCION. BLANKET TRAINING ABUSE IS ASSOCIATED WITH NEGATIVE OUTCOMES, INCLUDING INCREASED AGGRESSION, POOR EMOTIONAL REGULATION, AND DIFFICULTIES IN FORMING TRUSTFUL RELATIONSHIPS. EXPERTS EMPHASIZE THAT INFANTS AND TODDLERS REQUIRE NURTURING ENVIRONMENTS THAT SUPPORT EXPLORATION AND EMOTIONAL GROWTH, NOT RIGID OR PUNITIVE BOUNDARIES.

LONG-TERM PSYCHOLOGICAL EFFECTS

CHILDREN SUBJECTED TO BLANKET TRAINING ABUSE MAY EXHIBIT SIGNS OF TRAUMA, SUCH AS HEIGHTENED ANXIETY, WITHDRAWAL, AND DIFFICULTY ADAPTING TO SOCIAL SITUATIONS. THESE EFFECTS CAN PERSIST INTO ADOLESCENCE AND ADULTHOOD, IMPACTING MENTAL HEALTH AND INTERPERSONAL RELATIONSHIPS. IT IS IMPORTANT FOR CAREGIVERS TO CONSIDER THE LONG-TERM CONSEQUENCES BEFORE IMPLEMENTING ANY DISCIPLINARY METHOD THAT COULD HARM A CHILD'S PSYCHOLOGICAL DEVELOPMENT.

LEGAL AND ETHICAL CONSIDERATIONS

LEGAL STATUS OF BLANKET TRAINING ABUSE

THE LEGALITY OF BLANKET TRAINING VARIES BY JURISDICTION, BUT MOST CHILD PROTECTION LAWS PROHIBIT DISCIPLINARY PRACTICES THAT RESULT IN PHYSICAL OR EMOTIONAL HARM. BLANKET TRAINING ABUSE, WHEN IT INVOLVES PHYSICAL PUNISHMENT OR NEGLECT, CAN BE GROUNDS FOR LEGAL INTERVENTION AND CHILD WELFARE INVESTIGATIONS. PARENTS AND CAREGIVERS SHOULD BE AWARE OF LOCAL LAWS REGARDING CHILD DISCIPLINE TO AVOID CROSSING THE LINE INTO UNLAWFUL BEHAVIOR.

ETHICAL IMPLICATIONS FOR CAREGIVERS

ETHICALLY, CAREGIVERS HAVE A RESPONSIBILITY TO PRIORITIZE THE SAFETY AND WELL-BEING OF CHILDREN. BLANKET TRAINING ABUSE UNDERMINES TRUST AND DAMAGES THE CAREGIVER-CHILD BOND. ETHICAL PARENTING INVOLVES FOSTERING RESPECT, EMPATHY, AND POSITIVE REINFORCEMENT, RATHER THAN RELYING ON PUNITIVE MEASURES THAT CAUSE DISTRESS OR HARM.

ALTERNATIVE DISCIPLINE STRATEGIES

POSITIVE PARENTING APPROACHES

IN RESPONSE TO CONCERNS ABOUT BLANKET TRAINING ABUSE, MANY CHILD DEVELOPMENT EXPERTS ADVOCATE FOR POSITIVE DISCIPLINE TECHNIQUES THAT PROMOTE HEALTHY DEVELOPMENT AND EMOTIONAL SECURITY. THESE METHODS FOCUS ON SETTING CLEAR BOUNDARIES, CONSISTENT ROUTINES, AND CONSTRUCTIVE COMMUNICATION WITHOUT PHYSICAL PUNISHMENT.

RECOMMENDED ALTERNATIVES TO BLANKET TRAINING

- REDIRECTION AND DISTRACTION FOR TODDLERS
- TIME-OUTS USED SPARINGLY AND APPROPRIATELY
- REWARD SYSTEMS FOR POSITIVE BEHAVIORS
- MODELING RESPECTFUL BEHAVIOR
- OPEN COMMUNICATION AND ACTIVE LISTENING

BY ADOPTING THESE ALTERNATIVES, CAREGIVERS CAN MAINTAIN DISCIPLINE WHILE NURTURING TRUST AND EMOTIONAL RESILIENCE IN CHILDREN, AVOIDING THE RISKS ASSOCIATED WITH BLANKET TRAINING ABUSE.

RECOGNIZING AND RESPONDING TO BLANKET TRAINING ABUSE

STEPS TO TAKE IF ABUSE IS SUSPECTED

IF BLANKET TRAINING ABUSE IS SUSPECTED, IT IS VITAL TO TAKE IMMEDIATE ACTION TO ENSURE THE CHILD'S SAFETY. THIS MAY INVOLVE CONTACTING CHILD PROTECTIVE SERVICES, SEEKING MEDICAL ATTENTION, OR CONSULTING WITH CHILD DEVELOPMENT PROFESSIONALS FOR GUIDANCE. EARLY INTERVENTION CAN PREVENT FURTHER HARM AND PROVIDE SUPPORT FOR BOTH THE CHILD AND THE CAREGIVER.

SUPPORT RESOURCES FOR CAREGIVERS AND FAMILIES

NUMEROUS RESOURCES ARE AVAILABLE FOR FAMILIES AFFECTED BY BLANKET TRAINING ABUSE, INCLUDING COUNSELING SERVICES, PARENTING SUPPORT GROUPS, AND HOTLINES FOR REPORTING CHILD ABUSE. ACCESSING THESE SUPPORTS CAN HELP CAREGIVERS ADOPT HEALTHIER DISCIPLINE METHODS AND RECOVER FROM THE EFFECTS OF ABUSIVE PRACTICES.

Q: WHAT IS BLANKET TRAINING ABUSE?

A: BLANKET TRAINING ABUSE REFERS TO THE MISUSE OF BLANKET TRAINING METHODS, WHERE DISCIPLINARY ACTIONS BECOME PHYSICALLY OR EMOTIONALLY HARMFUL TO THE CHILD, OFTEN INVOLVING PUNITIVE MEASURES THAT CROSS SAFE BOUNDARIES.

Q: WHAT ARE THE SIGNS OF BLANKET TRAINING ABUSE?

A: SIGNS INCLUDE EXCESSIVE CRYING, WITHDRAWAL, FEAR OF CAREGIVERS, PHYSICAL MARKS, REGRESSION IN DEVELOPMENT, AND AVERSION TO BLANKETS OR DESIGNATED AREAS.

Q: IS BLANKET TRAINING CONSIDERED ILLEGAL?

A: BLANKET TRAINING ITSELF IS NOT ILLEGAL, BUT WHEN IT INVOLVES PHYSICAL PUNISHMENT OR EMOTIONAL HARM, IT MAY VIOLATE CHILD PROTECTION LAWS DEPENDING ON LOCAL REGULATIONS.

Q: WHAT ARE THE PSYCHOLOGICAL EFFECTS OF BLANKET TRAINING ABUSE ON CHILDREN?

A: PSYCHOLOGICAL EFFECTS CAN INCLUDE ANXIETY, TRAUMA, POOR EMOTIONAL REGULATION, DIFFICULTY FORMING RELATIONSHIPS, AND LONG-TERM MENTAL HEALTH ISSUES.

Q: ARE THERE SAFER ALTERNATIVES TO BLANKET TRAINING?

A: YES, POSITIVE DISCIPLINE STRATEGIES SUCH AS REDIRECTION, REWARD SYSTEMS, AND EFFECTIVE COMMUNICATION ARE RECOMMENDED ALTERNATIVES THAT AVOID THE RISKS OF BLANKET TRAINING ABUSE.

Q: WHO POPULARIZED BLANKET TRAINING?

A: BLANKET TRAINING WAS POPULARIZED BY CERTAIN FUNDAMENTALIST PARENTING COMMUNITIES AND MANUALS, WHICH ADVOCATED STRICT DISCIPLINARY METHODS FOR YOUNG CHILDREN.

Q: HOW CAN CAREGIVERS SEEK HELP IF THEY SUSPECT BLANKET TRAINING ABUSE?

A: CAREGIVERS CAN SEEK HELP THROUGH CHILD PROTECTIVE SERVICES, COUNSELING, SUPPORT GROUPS, AND PROFESSIONAL GUIDANCE FROM CHILD DEVELOPMENT EXPERTS.

Q: CAN BLANKET TRAINING CAUSE LONG-TERM HARM?

A: YES, WHEN BLANKET TRAINING IS ABUSIVE, IT CAN LEAD TO LONG-TERM PSYCHOLOGICAL, EMOTIONAL, AND SOCIAL DIFFICULTIES FOR CHILDREN.

Q: WHAT SHOULD PARENTS DO IF THEY WITNESS BLANKET TRAINING ABUSE?

A: PARENTS SHOULD REPORT THE ABUSE TO APPROPRIATE AUTHORITIES, OFFER SUPPORT TO THE CHILD, AND ENCOURAGE THE USE OF HEALTHY DISCIPLINE STRATEGIES.

Q: WHY IS BLANKET TRAINING CONTROVERSIAL?

A: BLANKET TRAINING IS CONTROVERSIAL BECAUSE IT CAN INVOLVE PUNITIVE MEASURES THAT RISK EMOTIONAL AND PHYSICAL HARM, LEADING TO CONCERNS ABOUT ABUSE AND CHILD WELFARE.

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Blanket Training Abuse: Understanding the Dangers and Finding Alternatives

Blanket training, also known as "swaddling" or "wrapping," is a common practice used to soothe infants and toddlers. However, the seemingly innocuous act of wrapping a child tightly in a blanket can, under certain circumstances, morph into a form of abuse. This post delves into the crucial distinction between safe swaddling and blanket training abuse, exploring the potential dangers, recognizing warning signs, and offering safe and effective alternatives. We'll provide you with the knowledge to ensure your child's safety and well-being.

What Constitutes Blanket Training Abuse?

The line between safe swaddling and abusive blanket training blurs when the practice becomes excessive, prolonged, or used as a form of punishment or control. Safe swaddling is a temporary measure typically used for newborns to mimic the secure feeling of the womb, helping them sleep better and reduce the startle reflex. However, blanket training abuse involves:

Excessive tightness: Wrapping a child so tightly that it restricts their breathing, circulation, or movement. This can lead to suffocation, overheating, and developmental problems.

Prolonged use: Continuing to swaddle a child beyond the recommended age (typically 2-4 months, or when they can roll over) or for extended periods throughout the day.

Use as punishment: Employing a blanket wrap as a means of controlling or punishing a child's behavior. This is psychologically damaging and creates a negative association with the blanket.

Ignoring distress signals: Failing to respond to a child's cries or signs of discomfort while wrapped, even if they are struggling to breathe or showing signs of overheating.

Improper technique: Incorrect swaddling techniques that can lead to hip dysplasia or other physical problems.

Recognizing the Warning Signs of Blanket Training Abuse

Identifying blanket training abuse can be challenging, as it often occurs behind closed doors. However, certain signs should raise concerns:

Unusual marks or bruising on the child's skin, especially around the wrists, ankles, or chest.

Difficulty breathing or wheezing sounds while swaddled.

Excessive sweating or signs of overheating.

Restlessness or agitation even when swaddled.

Developmental delays due to restricted movement and sensory deprivation.

Behavioral problems such as anxiety, fear, or aggression, which may stem from the negative association with being wrapped.

Child's reluctance to be swaddled. A child's clear expression of discomfort should always be heeded.

Parental inconsistency - Parents who appear inconsistent in their approach to swaddling, sometimes swaddling too tightly and other times not enough.

The Physical and Psychological Impacts of Blanket Training Abuse

The consequences of blanket training abuse can be severe, impacting both the child's physical and psychological well-being:

Physical harm: Suffocation, overheating, hip dysplasia, restricted limb development, and circulatory

problems are all possible outcomes.

Emotional trauma: Feeling trapped, powerless, and unsafe can lead to anxiety, fear, attachment issues, and future psychological problems.

Behavioral issues: Children who experience blanket training abuse may exhibit behavioral problems, including aggression, withdrawal, or sleep disturbances.

Safe Swaddling Practices: A Key Distinction

It's essential to remember that appropriate swaddling is a completely different practice. Safe swaddling involves:

Using a lightweight, breathable fabric.

Ensuring loose wrapping, allowing for easy breathing and movement of arms and legs.

Stopping swaddling once the child shows signs of rolling over.

Monitoring the child's temperature and breathing.

Creating a calm and reassuring environment during swaddling.

Seeking Help and Support

If you suspect a child is experiencing blanket training abuse, it is crucial to take immediate action. Contact child protective services, the police, or a trusted healthcare professional. Remember, your intervention can make a vital difference in a child's life. There are resources available to support both victims and families.

Safe Alternatives to Swaddling

Many safe and effective alternatives exist for soothing infants and toddlers:

White noise machines: These create a calming soundscape that can help soothe a baby.

Pacifiers: Pacifiers can help satisfy a baby's sucking reflex.

Rockers or swings: Gentle rocking motions can soothe an upset baby.

Skin-to-skin contact: Holding your baby close provides warmth and comfort.

Babywearing: Wearing your baby in a sling or carrier provides a sense of security.

Consistent bedtime routines: Establishing a predictable bedtime routine can help your baby relax and fall asleep.

Conclusion:

Blanket training abuse is a serious issue that can have devastating consequences for children. By understanding the dangers, recognizing the warning signs, and utilizing safe alternatives, we can

protect children and ensure their healthy development. If you suspect abuse, please act immediately. Your intervention could save a life.

FAQs:

1. At what age should swaddling stop? Swaddling should generally stop when a baby shows signs of rolling over, typically around 2-4 months of age.
2. What are the signs of overheating in a swaddled baby? Signs of overheating include excessive sweating, flushed skin, rapid breathing, and a high body temperature.
3. Is it okay to swaddle a baby with their arms inside or outside the swaddle? The best approach is to follow safe swaddling techniques, ensuring the baby's arms are positioned loosely and not restricted. Always prioritize safety and comfort.
4. What if my baby hates being swaddled? If your baby resists being swaddled, don't force it. There are plenty of alternative methods to soothe and comfort your baby.
5. Where can I find more information on safe sleep practices? Consult your pediatrician or reliable sources such as the American Academy of Pediatrics (AAP) for guidance on safe sleeping practices and swaddling techniques.

blanket training abuse: The Duggars: 20 and Counting! Jim Bob Duggar, Michelle Duggar, 2009-11-24 This practical, positive book reveals the many parenting strategies that Jim Bob and Michelle Duggar use as they preside over America's best-known mega-family. Each time a new baby arrives, the press from around the world clamors for interviews and information. Visitors are amazed to find seventeen (baby number eighteen is due January 1, 2009) well-groomed, well-behaved, well-schooled children in a home that focuses on family, financial responsibility, fun—and must importantly, faith. Readers will learn about the Duggars' marriage—how they communicate effectively, make family decisions, and find quality time alone. They'll discover how the Duggars manage to educate all their children at home, while providing experiences that go beyond the family walls, through vacations and educational trips. And they'll see how the Duggar family manages their finances and lives debt-free—even when they built their own 7,000-square-foot house. Answering the oft asked question—How can I do with one or two children what you do with seventeen (soon to be eighteen)?—Jim Bob and Michelle reveal how they create a warm and welcoming home filled with what Michelle calls “serene chaos.” They show how other parents can succeed whether they're rearing a single child or several. With spiritual insights, experience-based wisdom, practical tips, and plenty of humorous and tender anecdotes, the Duggars answer the questions that pour into the family's Web site on a daily basis—especially after every national media interview and TV appearance—including their segments on the Discovery Health Channel's “Meet the Duggars” series.

blanket training abuse: *To Train Up a Child* Michael Pearl, Debi Pearl, 1994-03 Turning the hearts of the fathers to the children--Cover.

blanket training abuse: *Preparing to Be a Help Meet* Debi Pearl, 2010-04 You spend your time pining away for your one true love and suddenly...you're married and it is a lot more than you bargained for. Now is the hour you should be preparing to be a wife---to be a help meet. What does a good guy really look for in a girl? Are you a Dreamer, Servant or Go-to Gal? Do you know what to pray for your man-to-be? Should you tell a guy you like him? Can you know God's will in choosing a

husband?

blanket training abuse: Why Does He Do That? Lundy Bancroft, 2003-09-02 In this groundbreaking bestseller, Lundy Bancroft—a counselor who specializes in working with abusive men—uses his knowledge about how abusers think to help women recognize when they are being controlled or devalued, and to find ways to get free of an abusive relationship. He says he loves you. So...why does he do that? You've asked yourself this question again and again. Now you have the chance to see inside the minds of angry and controlling men—and change your life. In *Why Does He Do That?* you will learn about: • The early warning signs of abuse • The nature of abusive thinking • Myths about abusers • Ten abusive personality types • The role of drugs and alcohol • What you can fix, and what you can't • And how to get out of an abusive relationship safely "This is without a doubt the most informative and useful book yet written on the subject of abusive men. Women who are armed with the insights found in these pages will be on the road to recovering control of their lives."—Jay G. Silverman, Ph.D., Director, Violence Prevention Programs, Harvard School of Public Health

blanket training abuse: Elevating Child Care Janet Lansbury, 2024-04-30 A modern parenting classic—a guide to a new and gentle way of understanding the care and nurture of infants, by the internationally renowned childcare expert, podcaster, and author of *No Bad Kids* "An absolute go-to for all parents, therapists, anyone who works with, is, or knows parents of young children."—Wendy Denham, PhD A Resources for Infant Educators (RIE) teacher and student of pioneering child specialist Magda Gerber, Janet Lansbury helps parents look at the world through the eyes of their infants and relate to them as whole people who have natural abilities to learn without being taught. Once we are able to view our children in this light, even the most common daily parenting experiences become stimulating opportunities to learn, discover, and connect with our child. A collection of the most-read articles from Janet's popular and long-running blog, *Elevating Child Care* focuses on common infant issues, including: • Nourishing our babies' healthy eating habits • Calming your clingy, fearful child • How to build your child's focus and attention span • Developing routines that promote restful sleep Eschewing the quick-fix tips and tricks of popular parenting culture, Lansbury's gentle, insightful guidance lays the foundation for a closer, more fulfilling parent-child relationship, and children who grow up to be authentic, confident, successful adults.

blanket training abuse: The Happiest Baby on the Block Harvey Karp, M.D., 2008-11-19 Perfect for expecting parents who want to provide a soothing home for the newest member of their family, *The Happiest Baby on the Block*, the national bestseller by respected pediatrician and child development expert Dr. Harvey Karp, is a revolutionary method for calming a crying infant and promoting healthy sleep from day one. In perhaps the most important parenting book of the decade, Dr. Harvey Karp reveals an extraordinary treasure sought by parents for centuries --an automatic "off-switch" for their baby's crying. No wonder pediatricians across the country are praising him and thousands of Los Angeles parents, from working moms to superstars like Madonna and Pierce Brosnan, have turned to him to learn the secrets for making babies happy. Never again will parents have to stand by helpless and frazzled while their poor baby cries and cries. Dr. Karp has found there IS a remedy for colic. "I share with parents techniques known only to the most gifted baby soothers throughout history ...and I explain exactly how they work." In an innovative and thought-provoking reevaluation of early infancy, Dr. Karp blends modern science and ancient wisdom to prove that newborns are not fully ready for the world when they are born. Through his research and experience, he has developed four basic principles that are crucial for understanding babies as well as improving their sleep and soothing their senses: •The Missing Fourth Trimester: as odd as it may sound, one of the main reasons babies cry is because they are born three months too soon. •The Calming Reflex: the automatic reset switch to stop crying of any baby in the first few months of life. •The 5 "S's": the simple steps (swaddling, side/stomach position, shushing, swinging and sucking) that trigger the calming reflex. For centuries, parents have tried these methods only to fail because, as with a knee reflex, the calming reflex only works when it is triggered in precisely the

right way. Unlike other books that merely list these techniques Dr. Karp teaches parents exactly how to do them, to guide cranky infants to calm and easy babies to serenity in minutes...and help them sleep longer too. 'The Cuddle Cure: the perfect mix the 5 "S's" that can soothe even the most colicky of infants. In the book, Dr. Karp also explains: What is colic? Why do most babies get much more upset in the evening? How can a parent calm a baby--in mere minutes? Can babies be spoiled? When should a parent of a crying baby call the doctor? How can a parent get their baby to sleep a few hours longer? Even the most loving moms and dads sometimes feel pushed to the breaking point by their infant's persistent cries. Coming to the rescue, however, Dr. Karp places in the hands of parents, grandparents, and all childcare givers the tools they need to be able to calm their babies almost as easily as...turning off a light. From the Hardcover edition.

blanket training abuse: Hyperbole and a Half Allie Brosh, 2013-10-29 #1 New York Times Bestseller "Funny and smart as hell" (Bill Gates), Allie Brosh's Hyperbole and a Half showcases her unique voice, leaping wit, and her ability to capture complex emotions with deceptively simple illustrations. FROM THE PUBLISHER: Every time Allie Brosh posts something new on her hugely popular blog Hyperbole and a Half the internet rejoices. This full-color, beautifully illustrated edition features more than fifty percent new content, with ten never-before-seen essays and one wholly revised and expanded piece as well as classics from the website like, "The God of Cake," "Dogs Don't Understand Basic Concepts Like Moving," and her astonishing, "Adventures in Depression," and "Depression Part Two," which have been hailed as some of the most insightful meditations on the disease ever written. Brosh's debut marks the launch of a major new American humorist who will surely make even the biggest scrooge or snob laugh. We dare you not to. FROM THE AUTHOR: This is a book I wrote. Because I wrote it, I had to figure out what to put on the back cover to explain what it is. I tried to write a long, third-person summary that would imply how great the book is and also sound vaguely authoritative—like maybe someone who isn't me wrote it—but I soon discovered that I'm not sneaky enough to pull it off convincingly. So I decided to just make a list of things that are in the book: Pictures Words Stories about things that happened to me Stories about things that happened to other people because of me Eight billion dollars* Stories about dogs The secret to eternal happiness* *These are lies. Perhaps I have underestimated my sneakiness!

blanket training abuse: White Fragility Dr. Robin DiAngelo, 2018-06-26 The New York Times best-selling book exploring the counterproductive reactions white people have when their assumptions about race are challenged, and how these reactions maintain racial inequality. In this "vital, necessary, and beautiful book" (Michael Eric Dyson), antiracist educator Robin DiAngelo deftly illuminates the phenomenon of white fragility and "allows us to understand racism as a practice not restricted to 'bad people'" (Claudia Rankine). Referring to the defensive moves that white people make when challenged racially, white fragility is characterized by emotions such as anger, fear, and guilt, and by behaviors including argumentation and silence. These behaviors, in turn, function to reinstate white racial equilibrium and prevent any meaningful cross-racial dialogue. In this in-depth exploration, DiAngelo examines how white fragility develops, how it protects racial inequality, and what we can do to engage more constructively.

blanket training abuse: The Road to Positive Discipline: A Parent's Guide James C. Talbot, 2009-02-03 By using positive methods of discipline parents have the opportunity to provide their children with an optimal home environment for healthy emotional growth and development.

blanket training abuse: Child Training Tips Reb Bradley, 2014 Child Training Tips is not just another book on parenting. It is a diagnostic tool comprised of bulleted symptom lists to help parents quickly diagnose their children's behavior issues and easily find biblical solutions. This updated edition of the original classic is an invaluable tool that will help parents raise happy, well-adjusted children who come the first time they are called, speak respectfully, and are less prone to sibling rivalry.--Page [4] cover.

blanket training abuse: Quiverfull Kathryn Joyce, 2009-03-01 Kathryn Joyce's fascinating introduction to the world of the patriarchy movement and Quiverfull families examines the twenty-first-century women and men who proclaim self-sacrifice and submission as model virtues of

womanhood—and as modes of warfare on behalf of Christ. Here, women live within stringently enforced doctrines of wifely submission and male headship, and live by the Quiverfull philosophy of letting God give them as many children as possible so as to win the religion and culture wars through demographic means.

blanket training abuse: *Marital Conflict and Children* E. Mark Cummings, Patrick T. Davies, 2011-09-01 From leading researchers, this book presents important advances in understanding how growing up in a discordant family affects child adjustment, the factors that make certain children more vulnerable than others, and what can be done to help. It is a state-of-the-science follow-up to the authors' seminal earlier work, *Children and Marital Conflict: The Impact of Family Dispute and Resolution*. The volume presents a new conceptual framework that draws on current knowledge about family processes; parenting; attachment; and children's emotional, physiological, cognitive, and behavioral development. Innovative research methods are explained and promising directions for clinical practice with children and families are discussed.

blanket training abuse: *The Other End of the Leash* Patricia McConnell, Ph.D., 2009-02-19 Learn to communicate with your dog—using their language “Good reading for dog lovers and an immensely useful manual for dog owners.”—The Washington Post An Applied Animal Behaviorist and dog trainer with more than twenty years’ experience, Dr. Patricia McConnell reveals a revolutionary new perspective on our relationship with dogs—sharing insights on how “man’s best friend” might interpret our behavior, as well as essential advice on how to interact with our four-legged friends in ways that bring out the best in them. After all, humans and dogs are two entirely different species, each shaped by its individual evolutionary heritage. Quite simply, humans are primates and dogs are canids (as are wolves, coyotes, and foxes). Since we each speak a different native tongue, a lot gets lost in the translation. This marvelous guide demonstrates how even the slightest changes in our voices and in the ways we stand can help dogs understand what we want. Inside you will discover: • How you can get your dog to come when called by acting less like a primate and more like a dog • Why the advice to “get dominance” over your dog can cause problems • Why “rough and tumble primate play” can lead to trouble—and how to play with your dog in ways that are fun and keep him out of mischief • How dogs and humans share personality types—and why most dogs want to live with benevolent leaders rather than “alpha wanna-bes!” Fascinating, insightful, and compelling, *The Other End of the Leash* is a book that strives to help you connect with your dog in a completely new way—so as to enrich that most rewarding of relationships.

blanket training abuse: *The Patchwork Quilt* J D Clark, 2019-01-14 A way to talk to kids about D.I.D.s (Dissociative Identity Disorder) Conversations about mental health can be difficult. The Patchwork Quilt is a picture book designed to help those with D.I.D. - Dissociative Identity Disorder (previously known as multiple personality disorder) talk about the condition. It is a great starting point for explaining this complex psychological condition to children (or to young alters). This colorfully illustrated narrative story introduces DID to children in a serious, but whimsical way. The Patchwork Quilt addresses; DID's formation out of trauma The concept of parts (or alters) Emotional issues such as; anger, fear, depression, self-worth The positive outcome of internal communication & cooperation Dissociative identity disorder is a complex condition and by its nature highly personal. This story is meant to be open to interpretation. Some people are working towards integration; others are working towards being a functional system. This book is not a judgement on or endorsement of any method of healing. It was written to be a starting point for open discussion of DID with children.

blanket training abuse: *No Greater Joy* Michael Pearl, Debi Pearl, 1999-04 To respond to the many letters that Michael and Debi Pearl received after publishing their first book, *To Train Up a Child*, they started the *No Greater Joy* magazine. *No Greater Joy* Volume Two includes articles from the first two years of publication and covers the subjects of rowdy boys, homeschooling, grief, and much more.

blanket training abuse: *My Absolute Darling* Gabriel Tallent, 2017-08-29 INSTANT NEW YORK TIMES BESTSELLER LA TIMES BOOK PRIZE FINALIST NBCC JOHN LEONARD PRIZE

FINALIST ONE OF THE NEW YORK TIMES'S MOST NOTABLE BOOKS OF 2017 ONE OF THE WASHINGTON POST'S MOST NOTABLE BOOKS OF 2017 ONE OF NPR'S 'GREAT READS' OF 2017 A USA TODAY BEST BOOK OF THE YEAR AN AMAZON.COM BEST BOOK OF THE YEAR A BUSINESS INSIDER BEST BOOK OF THE YEAR Impossible to put down. —NPR A novel that readers will gulp down, gasping." —The Washington Post The word 'masterpiece' has been cheapened by too many blurbs, but *My Absolute Darling* absolutely is one. —Stephen King A brilliant and immersive, all-consuming read about one fourteen-year-old girl's heart-stopping fight for her own soul. Turtle Alveston is a survivor. At fourteen, she roams the woods along the northern California coast. The creeks, tide pools, and rocky islands are her haunts and her hiding grounds, and she is known to wander for miles. But while her physical world is expansive, her personal one is small and treacherous: Turtle has grown up isolated since the death of her mother, in the thrall of her tortured and charismatic father, Martin. Her social existence is confined to the middle school (where she fends off the interest of anyone, student or teacher, who might penetrate her shell) and to her life with her father. Then Turtle meets Jacob, a high-school boy who tells jokes, lives in a big clean house, and looks at Turtle as if she is the sunrise. And for the first time, the larger world begins to come into focus: her life with Martin is neither safe nor sustainable. Motivated by her first experience with real friendship and a teenage crush, Turtle starts to imagine escape, using the very survival skills her father devoted himself to teaching her. What follows is a harrowing story of bravery and redemption. With Turtle's escalating acts of physical and emotional courage, the reader watches, heart in throat, as this teenage girl struggles to become her own hero—and in the process, becomes ours as well. Shot through with striking language in a fierce natural setting, *My Absolute Darling* is an urgently told, profoundly moving read that marks the debut of an extraordinary new writer.

blanket training abuse: Disobedient Women Sarah Stankorb, 2023-08-08 A NATIONAL BESTSELLER! Journalist Sarah Stankorb outlines how access to the internet—its networks, freedom of expression, and resources for deeply researching and reporting on powerful church figures—allowed women to begin dismantling the false authority of evangelical communities that had long demanded their submission. A generation of American Christian girls was taught submitting to men is God's will. They were taught not to question the men in their families or their pastors. They were told to remain sexually pure and trained to feel shame if a man was tempted. Some of these girls were abused and assaulted. Some made to shrink down so small they became a shadow of themselves. To question their leaders was to question God. All the while, their male leaders built fiefdoms from megachurches and sprawling ministries. They influenced politics and policy. To protect their church's influence, these men covered up and hid abuse. American Christian patriarchy, as it rose in political power and cultural sway over the past four decades, hurt many faithful believers. Millions of Americans abandoned churches they once loved. Yet among those who stayed (and a few who still loved the church they fled), a brave group of women spoke up. They built online megaphones, using the democratizing power of technology to create long-overdue change. In *Disobedient Women*, journalist Sarah Stankorb gives long-overdue recognition for these everyday women as leaders and as voices for a different sort of faith. Their work has driven journalists to help bring abuse stories to national attention. Stankorb weaves together the efforts of these courageous voices in order to present a full, layered portrait of the treatment of women and the fight for change within the modern American church. *Disobedient Women* is not just a look at the women who have used the internet to bring down the religious power structures that were meant to keep them quiet, but also a picture of the large-scale changes that are happening within evangelical culture regarding women's roles, ultimately underscoring the ways technology has created a place for women to challenge traditional institutions from within.

blanket training abuse: Save Our Sleep, Revised Edition Tizzie Hall, 2015-08-01 The bestseller that answers that all-important question for parents - how can I get my baby to sleep?Tizzie Hall is an internationally renowned baby whisperer who has been working with babies and their parents for over 24 years. Her customised sleep routines have helped thousands of restless

babies sleep through the night, and in this easy-to-use sleep guide she shares: *Sleep routines for baby's first two years, covering both breast and bottle-fed babies, and their introduction to solids *Teaching your baby to settle and resettle themselves *Solutions to sleep problems *Common questions and case studies from parents *How to overcome any breaks to the sleeping routine Fully revised and updated, this new edition includes a new routine, integrated feedback on routines, expressing and dealing with premature babies and twins, and helpful tips for choosing cots, bedding, swaddling and child safety seats. Tried and tested, Tizzie will show you how to help your child sleep all night, every night. Save Our Sleep is the must-have book for all parents who want to save their sleep. Visit Tizzie's website www.saveoursleep.com

blanket training abuse: *For Your Own Good* Alice Miller, 2002-11-14 *For Your Own Good*, the contemporary classic exploring the serious if not gravely dangerous consequences parental cruelty can bring to bear on children everywhere, is one of the central works by Alice Miller, the celebrated Swiss psychoanalyst. With her typically lucid, strong, and poetic language, Miller investigates the personal stories and case histories of various self-destructive and/or violent individuals to expand on her theories about the long-term affects of abusive child-rearing. Her conclusions—on what sort of parenting can create a drug addict, or a murderer, or a Hitler—offer much insight, and make a good deal of sense, while also straying far from psychoanalytic dogma about human nature, which Miller vehemently rejects. This important study paints a shocking picture of the violent world—indeed, of the ever-more-violent world—that each generation helps to create when traditional upbringing, with its hidden cruelty, is perpetuated. The book also presents readers with useful solutions in this regard—namely, to resensitize the victimized child who has been trapped within the adult, and to unlock the emotional life that has been frozen in repression.

blanket training abuse: *Case Studies in Infant Mental Health* Joan J. Shirilla, Deborah Weatherston, 2002 *Case Studies in Infant Mental Health* offers 12 real-life stories written by infant mental health specialists about their work with a young child and family. Each case study also reveals the supervision and consultation that supported the specialist, and the specialists interaction with the larger service system. Discussion questions at the end of each case study guide self-reflection or group study.

blanket training abuse: *Caregivers of Young Children* Derry G. Koralek, 1995-04 Designed to be used with *A Coordinated Response to Child Abuse and Neglect: A Basic Manual*, which provides the foundation for all community prevention, identification, and treatment efforts. Intended to be used by early childhood education professional in a variety of settings and programs, including: Head Start; private and public day care; part-day and school-based early childhood; before and after school programs for school-aged children; family child care homes and networks; and child care resource and referral agencies. Six charts, glossary, bibliography, and list of resources.

blanket training abuse: *No Bad Kids* Janet Lansbury, 2024-04-30 A modern classic on the gentle art of discipline for toddlers, by the internationally renowned childcare expert, podcaster, and author of *Elevating Child Care* “No Bad Kids provides practical ways to respond to the challenges of toddlerhood while nurturing a respectful relationship with your child.”—Tina Payne Bryson, PhD, co-author of *The Whole-Brain Child* and *No-Drama Discipline* Janet Lansbury is unique among parenting experts. As a RIE teacher and student of pioneering child specialist Magda Gerber, her advice is not based solely on formal studies and the research of others, but also on her more than twenty years of hands-on experience guiding hundreds of parents and their toddlers. A collection of her most popular articles about toddler behavior, *No Bad Kids* presents her signature approach to discipline, which she sees as a parent’s act of compassion and love for a child. Full of wisdom and encouragement, it covers common toddler concerns such as: • Why toddlers need clear boundaries—and how to set them without yelling • What's going on when they bite, hit, kick, tantrum, whine, and talk back • Advice for parenting a strong-willed child • How to be a gentle leader, and Lansbury’s secret for staying calm For parents who are anticipating or experiencing those critical years when toddlers are developmentally obliged to test the limits of our patience and love, *No Bad Kids* is a practical, indispensable resource for putting respectful discipline into action.

blanket training abuse: Understanding and Assessing Child Sexual Maltreatment

Kathleen Coulborn Faller, 2003 The field of child sexual abuse has dramatically changed since Understanding Child Sexual Maltreatment was published in 1990. Considerable developments in child and offender research have emerged. But more significantly, a backlash against child abuse victims, Child Protective Services, and mental health professionals has impacted nearly every aspect of research, diagnosis, and intervention. Understanding and Assessing Child Sexual Maltreatment, Second Edition updates its comprehensive coverage of child sexual abuse definitions and indicators, interview and questioning techniques, and diagnosis guidelines to include an insightful response to the building social backlash against the so-called child abuse industry. Distinguished scholar and experienced practitioner Kathleen Coulborn Faller applies twenty-five years of clinical experience and state-of-the-art research to offer authoritative guidance to both novice and experience practitioners. This Second Edition has been extensively revised to include A completely rewritten section on data gathering and analysis Updated assessment techniques and instruments Detailed coverage of post assessment intervention strategies Revised chapters that reflect up-to-date research and practice Extensive analysis of the backlash against child abuse cases Understanding and Assessing Child Sexual Maltreatment, Second Edition presents a wealth of practical information and field-tested tools. Author Kathleen Coulborn Faller uses clear language and numerous case studies to address all aspects of child sexual abuse including: the scope of the problem, professional collaboration, data analysis and diagnosis, and sexual abuse in special contexts. An essential resource for child protection workers, mental health practitioners, lawyers, and law enforcement personnel, Understanding and Assessing Child Sexual Maltreatment, Second Edition is also an ideal supplementary text for graduate courses in child welfare practice, social work, and psychology.

blanket training abuse: The Hardest Fall Ella Maise, 2022-10-27 In the game of love you can't afford to drop the ball... Zoe's always been shy. At college, to try to help her, her friend dares her to do the craziest thing she can think of... kiss a random guy. She follows Dylan into a room she thinks is a classroom and ends up seeing a little too much of him. She can hardly kiss him now... not when after their embarrassing encounter and certainly not after he tells her he has a girlfriend. But when he finds out about the dare, the two make a pact... if they ever cross paths again - and they're both single - they'll kiss. Two years later, fate intervenes, and they end up as accidental roommates. Now Zoe's seeing a lot more of Dylan than she bargained for and it's even harder to resist peeking the second time round.

blanket training abuse: The Darkest Minds Alexandra Bracken, 2012-12-18 Book one in the hit series that's soon to be a major motion picture starring Amandla Stenberg and Mandy Moore--now with a stunning new look and an exclusive bonus short story featuring Liam and his brother, Cole. When Ruby woke up on her tenth birthday, something about her had changed. Something alarming enough to make her parents lock her in the garage and call the police. Something that got her sent to Thurmond, a brutal government rehabilitation camp. She might have survived the mysterious disease that killed most of America's children, but she and the others emerged with something far worse: frightening abilities they cannot control. Now sixteen, Ruby is one of the dangerous ones. But when the truth about Ruby's abilities--the truth she's hidden from everyone, even the camp authorities--comes out, Ruby barely escapes Thurmond with her life. On the run, she joins a group of kids who escaped their own camp: Zu, a young girl haunted by her past; Chubs, a standoffish brainiac; and Liam, their fearless leader, who is falling hard for Ruby. But no matter how much she aches for him, Ruby can't risk getting close. Not after what happened to her parents. While they journey to find the one safe haven left for kids like them--East River--they must evade their determined pursuers, including an organization that will stop at nothing to use Ruby in their fight against the government. But as they get closer to grasping the things they've dreamed of, Ruby will be faced with a terrible choice, one that may mean giving up her only chance at a life worth living.

blanket training abuse: ,

blanket training abuse: Girl in Pieces Kathleen Glasgow, 2018-04-10 #1 NEW YORK TIMES

BESTSELLER A haunting, beautiful, and necessary book.—Nicola Yoon, #1 New York Times bestselling author of *Everything, Everything* Charlotte Davis is in pieces. At seventeen she's already lost more than most people do in a lifetime. But she's learned how to forget. The broken glass washes away the sorrow until there is nothing but calm. You don't have to think about your father and the river. Your best friend, who is gone forever. Or your mother, who has nothing left to give you. Every new scar hardens Charlie's heart just a little more, yet it still hurts so much. It hurts enough to not care anymore, which is sometimes what has to happen before you can find your way back from the edge. A deeply moving portrait of a girl in a world that owes her nothing, and has taken so much, and the journey she undergoes to put herself back together. Kathleen Glasgow's debut is heartbreakingly real and unflinchingly honest. It's a story you won't be able to look away from. And don't miss Kathleen Glasgow's novels *You'd Be Home Now* and *How to Make Friends with the Dark*, both raw and powerful stories of life.

blanket training abuse: Attachment Parenting Katie Allison Granju, Betsy Kennedy, 1999-08 A comprehensive guide to attachment parenting, which asserts that consistent parental responsiveness to a baby's needs will lead to happy and emotionally well-balanced children. Photos.

blanket training abuse: Cribsheet Emily Oster, 2019-04-23 From the author of *Expecting Better* and *The Family Firm*, an economist's guide to the early years of parenting. "Both refreshing and useful. With so many parenting theories driving us all a bit batty, this is the type of book that we need to help calm things down." —LA Times "The book is jam-packed with information, but it's also a delightful read because Oster is such a good writer." —NPR With *Expecting Better*, award-winning economist Emily Oster spotted a need in the pregnancy market for advice that gave women the information they needed to make the best decision for their own pregnancies. By digging into the data, Oster found that much of the conventional pregnancy wisdom was wrong. In *Cribsheet*, she now tackles an even greater challenge: decision-making in the early years of parenting. As any new parent knows, there is an abundance of often-conflicting advice hurled at you from doctors, family, friends, and strangers on the internet. From the earliest days, parents get the message that they must make certain choices around feeding, sleep, and schedule or all will be lost. There's a rule—or three—for everything. But the benefits of these choices can be overstated, and the trade-offs can be profound. How do you make your own best decision? Armed with the data, Oster finds that the conventional wisdom doesn't always hold up. She debunks myths around breastfeeding (not a panacea), sleep training (not so bad!), potty training (wait until they're ready or possibly bribe with M&Ms), language acquisition (early talkers aren't necessarily geniuses), and many other topics. She also shows parents how to think through freighted questions like if and how to go back to work, how to think about toddler discipline, and how to have a relationship and parent at the same time. Economics is the science of decision-making, and *Cribsheet* is a thinking parent's guide to the chaos and frequent misinformation of the early years. Emily Oster is a trained expert—and mom of two—who can empower us to make better, less fraught decisions—and stay sane in the years before preschool.

blanket training abuse: I Kissed Dating Goodbye Joshua Harris, 2012-01-11 Joshua Harris's first book, written when he was only 21, turned the Christian singles scene upside down...and people are still talking. More than 800,000 copies later, *I Kissed Dating Goodbye*, with its inspiring call to sincere love, real purity, and purposeful singleness, remains the benchmark for books on Christian dating. Now, for the first time since its release, the national #1 bestseller has been expanded with new content and updated for new readers. Honest and practical, it challenges cultural assumptions about relationships and provides solid, biblical alternatives to society's norm. Clear, stylish typeset, with user-friendly links to referenced Scripture.

blanket training abuse: The Dr. James Dobson Parenting Collection James C. Dobson, 2011-03-01 Compiles three previously published works that discuss the author's approach to parenting, strategies for disciplining difficult children, and tips for dealing with the problems that children face.

blanket training abuse: Positive Discipline: The First Three Years, Revised and Updated

Edition Jane Nelsen, Cheryl Erwin, M.A., Roslyn Ann Duffy, 2015-02-24 The celebrated Positive Discipline brand of parenting books presents the revised and updated third edition of their readable and practical guide to communicating boundaries to very young children and solving early discipline problems to set children up for success. Over the years millions of parents have used the amazingly effective strategies of Positive Discipline to raise happy, well-behaved, and successful children. Research has shown that the first three years in a child's life are a critical moment in their development, and that behavior patterns instilled during that time can have profound implications for the rest of a child's life. Hundreds of thousands of parents have already used the advice in Positive Discipline: The First Three Years to help set effective boundaries, forge strong foundations for healthy communication, and lay the groundwork for happy and respectful relationships with their young children. Now this classic title has been revised and updated to reflect the latest neuroscientific research and developments in positive discipline parenting techniques.

blanket training abuse: Suffer the Children Janet Pais, 1991 A theology of liberation by a victim of child abuse.

blanket training abuse: The Secret of Overcoming Verbal Abuse Albert Ellis, Marcia Grad Powers, 2000 If you feel like you are on a runaway emotional roller coaster with your partner at the controls, this book is for you! It can save you years of torment, tumult, and tears.

blanket training abuse: Create a Better Brain Through Neuroplasticity Debi Pearl, 2019-08 What if you could equip your child's brain so they can be happier, more self-disciplined, self-confident, and self-motivated? The science of neuroplasticity says you can, and this book shows you how!

blanket training abuse: The Power of a Transformed Wife Mike Yorkey, 2016-10-01 Author Lori Alexander outlines God's design for marriage and how it changed her life and can change others.

blanket training abuse: Help! My Parents Abused Me When I Was a Kid Joshua Zeichik, 2018-12-03 A mini-book that helps adults to relate to their previously abusive parent(s). Christians who experienced abuse from their parents when they were children yet want to obey God's call to honor their parents face a dilemma. How can they show forgiveness and attempt reconciliation, while at the same time deal with their instinctive responses and protect themselves from further abuse? Joshua Zeichik uses biblical examples to explore right and wrong responses to abuse, before suggesting practical steps that honor God and lead towards freedom, peace, and joy.

blanket training abuse: Eliminating Corporal Punishment Stuart N. Hart, Joan E. Durrant, Peter Newell, F. Clark Power, 2005 In at least 60 states, corporal punishment remains an authorised part of the school system. Research on corporal punishment has found it to be counter-productive and relatively ineffective, as well as harmful to physical, psychological and social well-being. This publication clarifies the human rights aspects of this matter - it includes the United Nations Convention on the Rights of the Child - and provides the main steps to be considered in the process of eliminating corporal punishment. It details practical steps for more constructive and effective child discipline practices.

blanket training abuse: Safe Infant Sleep James J. McKenna, 2020-01-07 Throughout history and across cultures, sleeping with your baby has been the norm. Yet, in our modern world, the practice is fraught with questions, fear, and guilt. In Safe Infant Sleep, a globally recognized cosleeping authority explores why health professionals broadly recommend against all forms of cosleeping, shares the latest scientific research on the benefits of the practice, and helps you determine the best cosleeping arrangement for your family--from breastsleeping to room sharing.

blanket training abuse: Scared Selfless Michelle Stevens, PhD, 2018-03-27 "A riveting memoir that takes readers on a roller coaster ride from the depths of hell to triumphant success."—Dave Pelzer, author of A Child Called "It" Michelle Stevens has a photo of the exact moment her childhood was stolen from her: She's only eight years old, posing for her mother's boyfriend, Gary Lundquist—an elementary school teacher, neighborhood stalwart, and brutal pedophile. Later that night, Gary locks Michelle in a cage, tortures her repeatedly, and uses her to

quench his voracious and deviant sexual whims. Little does she know that this will become her new reality for the next six years. Michelle can also pinpoint the moment she reconstituted the splintered pieces of her life: She's in cap and gown, receiving her PhD in psychology—and the university's award for best dissertation. The distance between these two points is the improbable journey from torture, loss, and mental illness to healing, recovery, and triumph that is Michelle's powerful memoir, *Scared Selfless*. Michelle suffered from post-traumatic stress disorder, anxiety, and depression, and made multiple suicide attempts. She also developed multiple personalities. There was "Chelsey," the rebellious teenager; "Viscous," a tween with homicidal rage; and "Sarah," a sweet little girl who brought her teddy bear on a first date. In this harrowing tale, Michelle, who was inspired to help others heal by becoming a psychotherapist, sheds light on the all-too-real threat of child sexual abuse, its subsequent psychological effects, and the best methods for victims to overcome their ordeals and, ultimately, thrive. *Scared Selfless* is both an examination of the extraordinary feats of the mind that are possible in the face of horrific trauma as well as Michelle's courageous testament to their power.

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